HOW TO MAKE VEGAN PARMESAN CHEESE

Prep time	Total time
5 mins	5 mins

Easy, 4 ingredient vegan parmesan cheese that's perfect on top of pastas, pizza and anywhere you'd usually use parmesan cheese!

Author: Minimalist Baker Recipe type: Vegan, Cheese Cuisine: Vegan, Gluten Free

Serves: ~1 cup



Ingredients

- 3/4 cup (90 g) raw cashews
- 3 Tbsp (9 g) nutritional yeast
- 3/4 tsp sea salt
- 1/4 tsp garlic powder

Instructions

- 1. Add all ingredients to a food processor and mix/pulse until a fine meal is achieved. Store in the refrigerator to keep fresh. Lasts for several weeks.
- 2. I love vegan parmesan on top of *chilaquiles*, *vegan pizza*, *breadsticks*, *pastas* and *gratins*. It's also a great addition to *vegan meatballs* and can be converted into *mexican cheese 3 ways*!

Notes

*This is not my original recipe, but one I learned from other vegan bloggers and have adapted for my own use!

Nutrition Information

Serving size: 1 Tbsp Calories: 44 Fat: 3g Saturated fat: 0.6g Carbohydrates: 3g Sodium: 92mg Fiber: 0.7g Protein: 1.8g

Recipe by Minimalist Baker at http://minimalistbaker.com/how-to-make-vegan-parmesan-cheese/