## Pistachio Chocolate Chip Coconut Ice Cream

Author: Cook Eat Paleo Serves: about 1 quart

## Ingredients

- 1-3/4 cups full fat coconut milk
- 1-3/4 cups cashew milk
- ½ cup local raw honey
- ½ teaspoon vanilla extract
- · pinch of salt
- 1-1/2 cups shelled unsalted pistachios, divided
- ½ cup gluten-free, dairy-free mini chocolate chips

## Instructions

- 1. Add coconut milk, cashew milk, honey, vanilla, salt and 1-1/4 cups of pistachios to Vitamix and blend on high for 2 minutes. Refrigerate until thoroughly chilled.
- 2. Chop remaining ¼ pistachios and mix with chocolate chips. Put in freezer until needed.
- 3. Once coconut mixture is chilled, freeze in your <u>ice cream maker</u> according to manufacturer's directions. Add chopped pistachios and chocolate chips during last 5 minutes of churning.

Recipe by Cook Eat Paleo at http://cookeatpaleo.com/pistachio-chocolate-chip-coconut-ice-cream/