

Avocado and Matcha Green Tea Protein Smoothie



🕒 0 - 5 Mins



1 tsp matcha green tea powder

150ml unsweetened almond milk

½ avocado

2-3 tsp Sukrin Almond Flour

2 tsp Sukrin Gold

Ice



Preparation

Low in fat and carbs, with protein and fibre.

Cooking Instructions

- Simply whizz in a blender and serve immediately.