

PEANUT BUTTER AND BASIL SANDWICH

Peanut butter and basil were meant to be together. That's why I put them in a sandwich. This was great on fresh baguette, but would also be fantastic on regular sandwich bread. This recipe requires less than 5 ingredients and takes 5 minutes to prepare.

Author: Minimalist Baker

Serves: 1

Ingredients

- Half of a fresh baguette or two slices of wheat bread
- 1-2 Tablespoons naturally, peanut butter (I used crunchy)
- Large handful of fresh basil
- drizzle of honey (or agave for vegan, although optional)

Instructions

1. Toast the baguette or bread lightly (optional) and then layer it with peanut butter, basil, and a drizzle of honey. Devour immediately.

Notes

* This could also be made on a wheat wrap * Honey is optional but recommended * Eat immediately or make the morning of for lunch

* Questions about substitutions, equipment, or troubleshooting? Check out our [Recipe FAQ](#) page.

Nutrition Information

Serving size: 1 sandwich Calories: 389 Fat: 16.9 Saturated fat: 3 Carbohydrates: 48
Sugar: 8.7 Fiber: 4 Protein: 13.3

Recipe by Minimalist Baker at <http://minimalistbaker.com/peanut-butter-and-basil-sandwich/>

