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FOOD & RECIPES

Baked Pepper Jack Quinoa Skillet



Broccoli and cheese team up again in this melty, mouthwatering quinoa dish.

LEVEL: Moderate

SERVES: 4

Ingredients

1 c. quinoa

4 c. water

8 oz. broccoli florets

4 c. baby spinach

½ c. light sour cream

3 clove garlic

½ tsp. salt

½ tsp. pepper

4 oz. Pepper Jack cheese

Directions

- 1 In covered 5-quart saucepot, heat quinoa and water to boiling on high. Cook as label directs. Add broccoli florets to pot 5 minutes before end of cooking time. Cook until

broccoli and quinoa are tender. Drain quinoa mixture well; toss with baby spinach, sour cream, garlic, salt, and pepper. Spread in 10-inch oven-safe skillet. Sprinkle with shredded cheese. Broil on high 3 minutes or until melted.

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