

# Mass Spectrometry-based Multi-Omics: Combinations of Proteomics, Metabolomics, and/or Lipidomics

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# Abstract

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Studies that integrate unbiased measurements across at least two omics layers are often referred to as “multiomics”. Measurable “omes” include the genome, transcriptome, proteome, and metabolome. Any combination of omic measures can be referred to as multiomics; for the scope of this review we focus on research combining proteomics and metabolomics. Mass spectrometry is the leading technique for analysis of the proteome and the metabolome. Due to improvements in sample preparation and data collection, more studies are incorporating both mass spectrometry-based proteomics and metabolomics. In this review, we discuss the perceived value of multiomics, advances in sample preparation and data collection, the current state of multiomic data integration, and clinical examples of multiomic analysis. Finally, we explore major barriers preventing democratization of mass spectrometry based multiomics to the same level as nucleic acid analysis, and we suggest solutions to break these barriers.

# Introduction

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Topics:

[Importance of omic measurement]: A major goal of biomedical research is understanding how changes in biomolecule compositions of cells and tissues lead to disease phenotypes. The genome serves as a library of possible transcripts, some of which are instructions for proteins, and proteins act on metabolites. The genome thus indirectly determines the set of possible cellular states, and the exact cellular state depends on the endogenous and exogenous environmental cues. To understand how the genome connects to phenotype, measurement of there genome must be accompanied by measurement of downstream layers of the central dogma of biochemistry. Measurement of multiple omic layers is know as multiomics.

2. concept of multiomics

3. What is proteomics

4. what is metabolomics

- polar metabolomics
- lipidomics

5. what does multi-omic integration mean?

6. Other reviews

Multiomic studies in mitochondria [\[1\]](#)

- discussion of how to prepare samples, QC, and methods to analyze the samples by MS
- includes mention of linking to functional (phenotype) readout

Multi-omics approaches to disease [\[2\]](#)

- overview of each omic technology
- first section is discusses considerations for before multiomic studies: consider the exact disease, sample size, human samples versus model organisms, plan for analysis strategy before collecting data
- second section is focus on methods for omic integration:
- third is future directions:

List of Planned Figures: 1. overview of how omic layers are related showing different ‘flavors’ of each omic analysis \* genomics \* transcriptomics \* proteomics \* metabolomics \* microbiomics

3.

## Sample Preparation for Multi-Omic Analysis

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Integrative multi-omics analysis is a powerful approach to study complex biological responses and has gained popularity in recent years. To avoid the potential

1, Sample preparation for proteomics

2, Sample preparation for metabolomics

2.1 non-targeted metabolomics

[3]

2.2 targeted metabolomics

2.3 lipidomics

[4]

3, Integrative sample preparation for multi-omics

In the context of multi-omics analyses, being able to perform multiple measurements on the same sample can also decrease experimental variation.

[5]

[6]

[7]

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