Consider two covariance matrices $\mathbf{A}_{n \times n}$ and $\mathbf{B}_{n \times n}$. We say that \mathbf{A} is *larger* than \mathbf{B} , denoted by $\mathbf{A} \geq \mathbf{B}$ or $\mathbf{A} \succeq \mathbf{B}$, if $\mathbf{A} - \mathbf{B}$ is semi-positive definite. But why do we use matrix definiteness to compare the "size" of covariance matrices?

To understand this, recall that a covariance matrix is not only symmetric, but also positive semi-definite. Let $\boldsymbol{x} = (x_1, ..., x_n)'$ be a random vector. Its covariance matrix is given by:

$$\mathbf{K} \coloneqq \mathbf{E} (\mathbf{x} - \mathbf{E} \mathbf{x}) (\mathbf{x} - \mathbf{E} \mathbf{x})'.$$

Now consider any constant vector $\mathbf{v} \in \mathbb{R}^n$. We can examine the quadratic form:

$$\mathbf{v}'\mathbf{K}\mathbf{v} = \mathbf{E}(\mathbf{v}'(\mathbf{x} - \mathbf{E}\,\mathbf{x})(\mathbf{v}'(\mathbf{x} - \mathbf{E}\,\mathbf{x}))') \ge 0$$

Therefore, the covariance matrix \mathbf{K} is always positive semi-definite.

There is another intuitive way of understanding the positive semi-definiteness. Consider the same vector \mathbf{v} and the random vector \mathbf{x} . The dot product $\mathbf{y} = \mathbf{v}'\mathbf{x}$ is a projection of the random vector from n-dimensional space on a one-dimensional space along the direction of \mathbf{v} . The variance of \mathbf{y} is given by

$$Var(y) = \mathbf{E}((\mathbf{v}'x)(\mathbf{v}'x)') - \mathbf{E}(\mathbf{v}'x)\mathbf{E}(\mathbf{v}'x)'$$
$$= \mathbf{v}'(\mathbf{E}(xx') - \mathbf{E}(x)\mathbf{E}(x)')\mathbf{v}$$
$$= \mathbf{v}'\mathbf{K}\mathbf{v}.$$

Notice that the variance of \boldsymbol{y} assumes the exact form as before. Since variance is always non-negative, the covariance matrix must be positive semi-definite.

With the two interpretations of covariance matrices in mind, let's now compare the size of two covariance matrices. Let $\mathbf{x}=(x_1,...,x_n)'$ and $\mathbf{y}=(y_1,...,y_n)'$ be random vectors, both with mean (0,...,0)' for simplicity. Let $\mathbf{A}=\mathbf{E}(\mathbf{x}\mathbf{x}')$ and $\mathbf{B}=\mathbf{E}(\mathbf{y}\mathbf{y}')$ denote their respective covariance matrices. Our goal is to compare \mathbf{A} and \mathbf{B} in some meaningful way.

A natural thought is to project both x and y onto an arbitrary direction $\mathbf{v} \in \mathbb{R}^n$, then compare the variances of these one-dimensional projections. Since each projection yields a non-negative scalar variance, we can compare these scalar values across all possible directions \mathbf{v} .

Formally, consider any vector \mathbf{v} , consider the projection $\mathbf{v}'\mathbf{x}$. Its variance is

$$\mathbf{E}((\mathbf{v}'\boldsymbol{x})^2) = \mathbf{E}(\mathbf{v}'\boldsymbol{x}\boldsymbol{x}'\mathbf{v})$$
$$= \mathbf{v}'\mathbf{E}(\boldsymbol{x}\boldsymbol{x}')\mathbf{v} = \mathbf{v}'\mathbf{A}\mathbf{v}$$

Similarly, for y we have

$$\mathbf{E}((\mathbf{v}'\mathbf{y})^2) = \mathbf{v}'\mathbf{B}\mathbf{v}.$$

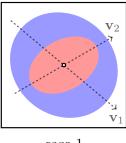
If for all \mathbf{v} , we find:

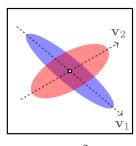
$$\mathbf{v}'\mathbf{A}\mathbf{v} - \mathbf{v}'\mathbf{B}\mathbf{v} = \mathbf{v}'(\mathbf{A} - \mathbf{B})\mathbf{v} > 0,$$

then the matrix $\mathbf{A} - \mathbf{B}$, by definition, is positive semi-definite. In this case, we say that \mathbf{A} is *larger* than \mathbf{B} in the Loewner partial ordering. That is:

If $\mathbf{A} - \mathbf{B}$ is positive semi-definite, then for all possible directions \mathbf{v} , the variance of the projection of \boldsymbol{x} exceeds or equals that of \boldsymbol{y} . This defines the Loewner ordering.

This interpretation is intuitive when visualized geometrically. Imagine two random vectors x and y in \mathbb{R}^2 , whose distributions are represented by ellipses:





case 1

case 2

Let the blue ellipse represent the distribution x with covariance matrix A, and let the red ellipse represent the distribution y with covariance matrix B.

In case 1, \mathbf{A} is larger than \mathbf{B} since the blue ellipse fully encloses the red one, indicating that in every direction, the variance of \mathbf{x} exceeds that of \mathbf{y} . However, the same statement is not true in case 2. In some directions, e.g. along \mathbf{v}_1 , the variance of \mathbf{x} is larger; in other directions, e.g. along \mathbf{v}_2 , the variance of \mathbf{y} is larger. Thus, \mathbf{A} and \mathbf{B} are not comparable by Loewner ordering, meaning that it does not make sense to say that one covariance matrix is larger than the other.