

Colorado State University Resources & Policies

Universal Design for Learning/Accommodation of Needs

CSU is committed to the principle of universal learning. This means that our classroom, our virtual spaces, our practices, and our interactions should be as inclusive as possible. Mutual respect, civility, and the ability to listen and observe others carefully are crucial to universal learning.

If you are a student who will need accommodations in this class, please contact your instructor to discuss your individual needs. Any accommodation must be discussed in a timely manner. A verifying memo from The Student Disability
Center (SDC) may be required before any accommodation is provided.

The Student Disability Center (SDC) has the authority to verify and confirm the eligibility of students with disabilities for the majority of accommodations. While some accommodations may be provided by other departments, a student is not automatically eligible for those accommodations unless their disability can be verified and the need for the accommodation confirmed, either through SDC or through acceptable means defined by the particular department. Faculty and staff may consult with the SDC staff whenever there is doubt as to the appropriateness of an accommodative request by a student with a disability.

The goal of SDC is to normalize disability as part of the culture of diversity at Colorado State University. The characteristic of having a disability simply provides the basis of the support that is available to students. The goal is to ensure students with disabilities have the opportunity to be as successful as they have the capability to be.

Support and services are offered to student with functional limitations due to visual, hearing, learning, or mobility disabilities as well as to students who have specific physical or mental health conditions due to epilepsy, diabetes, asthma,



AIDS, psychiatric diagnoses, etc. Students who are temporarily disabled are also eligible for support and assistance.

Any student who is enrolled at CSU, and who self-identifies with SDC as having a disability, is eligible for support from SDC. Specific accommodations are determined individually for each student and must be supported by appropriate documentation and/or evaluation of needs consistent with a particular type of disability. SDC reserves the right to ask for any appropriate documentation of disability in order to determine a student's eligibility for accommodations as well as in support for specific accommodative requests. The accommodative process begins once a student meets with an accommodation's specialist in the SDC.

Copyrighted Course Materials

Consult the instructor's syllabus for the rights and responsibilities related to creative works.

Undocumented Student Support

Any CSU student who faces challenges or hardships due to their legal status in the United States and believes that it may impact their academic performance in this course is encouraged to visit <u>Student Support Services for Undocumented, DACA & ASSET</u> for resources and support. Additionally, only if you feel comfortable, please notify your professor so they may pass along any additional resources they may possess.

Food Insecurity

Any CSU student (along with faculty and staff) who is experiencing food insecurity can receive support from the Rams Against Hunger program. Services include a food pantry, a meal-swipe program, pocket pantries, and in-person assistance with navigating federal aid eligibility. The RAH page includes numerous resources as well as county, state and federal programs which are described and linked.

Title IX/Interpersonal Violence

For the full statement regarding role and responsibilities about reporting harassment, sexual harassment, sexual misconduct, domestic violence, dating

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violence, stalking, and the retaliation policy please go to: <u>Title IX – Sexual Assault,</u> <u>Sexual Violence, Sexual Harassment</u>.

If you feel that your rights have been compromised at CSU, several resources are available to assist:

- Student Resolution Center, 200 Lory Student Center, 491-7165
- Office of Equal Opportunity, 101 Student Services, 491-5836

A note about interpersonal violence: If you or someone you know has experienced sexual assault, relationship violence and/or stalking, know that you are not alone. As instructors, we are required by law to notify university officials about disclosures related to interpersonal violence. Confidential victim advocates are available 24 hours a day, 365 days a year to provide support related to the emotional, physical, physiological and legal aftermath of interpersonal violence. Contact the Victim Assistance Team at: 970-492-4242.

Religious Observances

CSU does not discriminate on the basis of religion. Reasonable accommodation should be made to allow individuals to observe their established religious holidays.

Please see CSU's Religious Observances Calendar.

Students seeking an exemption from attending class or completing assigned course work for a religious holiday will need to fill out the <u>Religious</u>

<u>Accommodation Request Form</u> and turn it in to the Division of Student Affairs, located on the second level of the Administration building.

Once turned in, the Division of Student Affairs will review the request and contact the student accordingly. If approved, the student will receive a memo from the Dean of Students to give to their professor or course instructor.

Students are asked to turn in the request forms as soon as the conflict is noticed. Similarly, unanticipated conflicts requiring a religious observance, such as a death in the family, can also be reviewed.



CSU Principles of Community

Inclusion: We create and nurture inclusive environments and welcome, value and affirm all members of our community, including their various identities, skills, ideas, talents and contributions.

Integrity: We are accountable for our actions and will act ethically and honestly in all our interactions.

Respect: We honor the inherent dignity of all people within an environment where we are committed to freedom of expression, critical discourse, and the advancement of knowledge.

Service: We are responsible, individually and collectively, to give of our time, talents, and resources to promote the well-being of each other and the development of our local, regional, and global communities.

Social Justice: We have the right to be treated and the responsibility to treat others with fairness and equity, the duty to challenge prejudice, and to uphold the laws, policies and procedures that promote justice in all respects.

Diversity and Inclusion

Consult the instructor's syllabus for the course specific diversity statement.

Student Parents/Guardians/Caregivers

CSU recognizes that student parents/guardians and caregivers face distinctive challenges in succeeding academically, and we are committed to supporting those of you who are parents to achieve course learning outcomes. If you encounter challenges in meeting course expectations – for example, fulfilling attendance and participation requirements or submitting assignments due to a child or person in your care's illness, essential appointment, school closure, etc. – please contact your instructor as soon as possible (beforehand if feasible or as soon afterward you reasonably can if not). Work with your instructor to develop a plan for you to make up missed work. Also, please see the course syllabus for related course policies. If you need to bring your child or person you care for to class, for example because you're nursing or planned childcare became unavailable, check



with your instructor about whether you may do so if you believe it's feasible for you to participate in class and support your child or person in your care.

Group work assignments should be designed to provide flexible approaches to participating, and all groups should develop plans that enable all members to contribute equitably. If your group encounters challenges in doing so, please reach out to your instructor to devise a solution.

Finally, know that <u>pregnant and parenting students are guaranteed equal</u>
<u>educational opportunities by Title IX</u>; know your rights, the protections provided,
and how to advocate for yourself.

Student Case Management

<u>Student case management</u> (SCM) is available to help students with extenuating life circumstances and connect them with resources. In some cases, after you and your instructor discuss your situation, your instructor may request verifiable documentation for class absences from the SCM office if you request considerations for absences or missed coursework.

Mental Health and Wellness

CSU is a community that cares. You are not alone. CSU Health Network Mental Health Services has trained professionals who can help. Your student fees provide access to a wide range of mental health and well-being support services.

Call Mental Health Services at (970) 491-6053, and they will work together with you to find out which services are right for you.

CSU Health Network Mental Health Services

Student mental health and well-being resources

If you are concerned about a friend or peer, use **Tell Someone** by calling (970) 491-1350 or visiting <u>Tell Someone</u> to share your concerns with a professional who can discreetly connect the distressed individual with the proper resources. Rams Take Care of Rams. Reach out and ask for help if you or someone you know is having a difficult time.

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ADDITIONAL RESOURCES - updated by Erin Nishimura 8/18/24

Bias Reporting

Colorado State University has set up a <u>Bias Reporting System</u> to address incidents of bias and discrimination.

Finding Community – Identity/Affinity Groups and General

The Graduate Student Council is endeavoring to start a series of graduate-focused **identity and affinity groups** on campus such as:

- Grad QTs (LGBTQ based community)
 - o email: GRAD_QTs_Info@mail.colostate.edu
- GSC Justice, Equity, Diversity, and Inclusion (JEDI) Subcommittee
 - o email: GRAD_GSC_JEDI_INFO@mail.colostate.edu
- GSC International Student Subcommittee
 - o email: GRAD ISBGSC INFO@mail.colostate.edu
- Graduate Students of Color
 - o email: GRAD_GSC_GSOC_INFO@mail.colostate.edu

Please also consider joining:

- SACNAS (Society for the Advancement of Chicanos, Hispanics, and Native Americans in Science). It started as a society to support Chicanos, Hispanics, Latine, and Native Americans and has expanded to foster meaningful relationships across all identities and to promote equity & inclusion.
- <u>CSU PRIDE Employee Network</u> There is a graduate student sub-network.
 Coffee! Events! Mentorship! This is a no-gate-keeping LGBTQIAA+ campus-wide organization.
- International Student and Scholars Services

Any in-person connection can help:

• In person connections help foster a sense of belonging and this can happen across identities built around anything, really. Sports, hobbies, department-specific, or within-cohort communities all work – just find what resonates with you. Support one another.

Grad Student Council (GSC)

- Provides help with student funding through travel grants, scholarships
- Advocates for better working conditions and compensations



- Works to foster a sense of worth and camaraderie among grad students
- Listens to the needs and concerns of grad students

Student Resolution Center

<u>The Student Resolution Center</u> assists, educates, and supports student through Conflict Resolution Management and by investigating Code of Conduct violations. Conflict Resolution Management is voluntary, neutral, and confidential support for students navigating disputes, challenges, or interpersonal conflict. Services include coaching, consultation, mediation, and restorative justice.

Off-Campus Support

The Off Campus Life Center assists with all aspects of housing and commuting.

Pocket Pantries

<u>Rams Against Hunger</u> hosts several pocket pantries around campus. Just stop by and pick up a free snack anytime.

SUMMER 2024- ALL POCKET PANTRY HOURS ARE SUJECT TO CHANGE BASED ON THE SUMMER HOURS OF THEIR CORRESPONDING BUILDINGS/OFFICES!

- Lory Student Center-level 200 ASCSU Plaza-side entrance
 Please "swipe" your CSU ID to enter the Pocket Pantry doors
- University Housing Aggie Village Family Apartments
 Aggie Village Family Center 501 West Prospect St, Building 24
- University Housing University Village Center Apartments
 1600 West Plum, Building 24.
- Student Diversity Programs and Services (SDPS) Kitchens Lory Student Center, Levels 200 & 300
- Fostering Success/Student Achievement
 Stadium, Collaborative for student Success, access through lobby
- CSU Mental Health Services
 3rd Floor, CSU Health Network
- Adult Learner and Veteran Services

 Lory Student Center