PACER Center's KiDS AGAINST BULLYING®
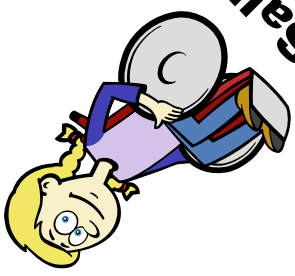
Kindness Catcher

This super fun kindness catcher will provide ideas for being kind.

Matt
PACER's National Bullying Prevention Center

Sally
PACER.org/bullying

Respect

Acceptance

Unity

Support

Offer to help someone

Be patient when others do things differently

Write a kind note to someone

Smile and say hello to someone

Be sure to say, "Thank you"

Give a nice compliment

Hope

Inclusion

Remember to say, "Please"

Ask, "How's your day going?"

Friend

Kindness

Carmen

Pip

©2020, PACER Center