Jessica Long-Heinicke

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CSD 380

Module 5

A diagram of a flowchart

AI-generated content may be incorrect.

I can eliminate 15 minutes of work by converting the manual meal plan and ingredient check with apps that will assist me with the workload. I can also eliminate almost an hour of time by simply putting in a grocery order for curbside pickup and not shopping myself. Another huge chunk of time to cut would be just cooking once a week vs cooking every day. This would end up saving me almost 200 minutes of work a week. I can also invest in a dishwasher instead of handwashing dishes and save another 100 hours of work during the week.