



Smart BP

CSE 145 - Final Presentation
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The Problem

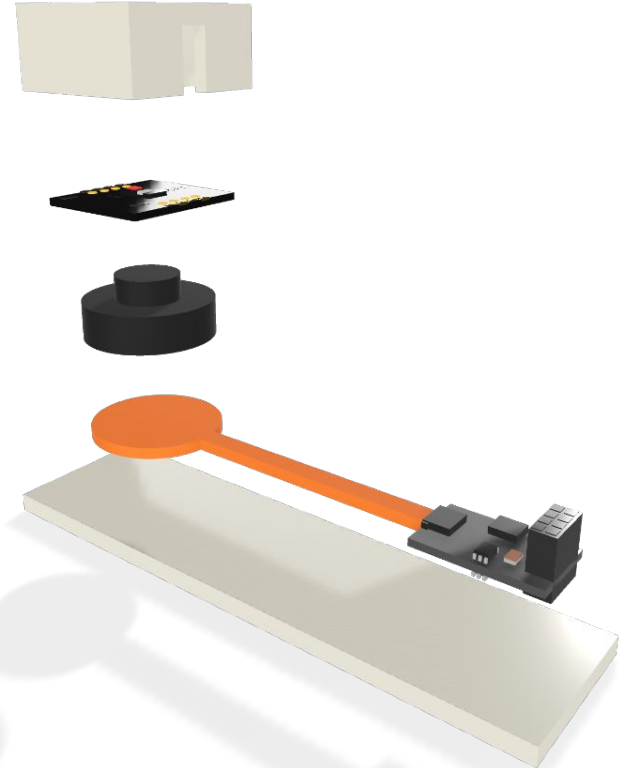
- Challenges of measuring Blood Pressure for users with comorbidities.
- Multi-measurements require bring the device everywhere.
- Lack of access to BP devices due to its high cost and lack of access to health facilities.

What did we do?

- Implemented the device with a PPG and force sensor
- Replicated the blood pressure algorithm from Chandrasekhar et al.
- Completed our MVP: We are able to take blood pressure measurements just from our index fingers on the device
- Collected a small data set
- Tested several different machine learning techniques and compared results with the replicated algorithm
- “Models” tried: Hidden Markov Model, Boosted Trees, Time Series Hashing, Dynamic Time Warping K-Nearest Neighbors (last two aren’t really “models” - just glorified pattern matching)

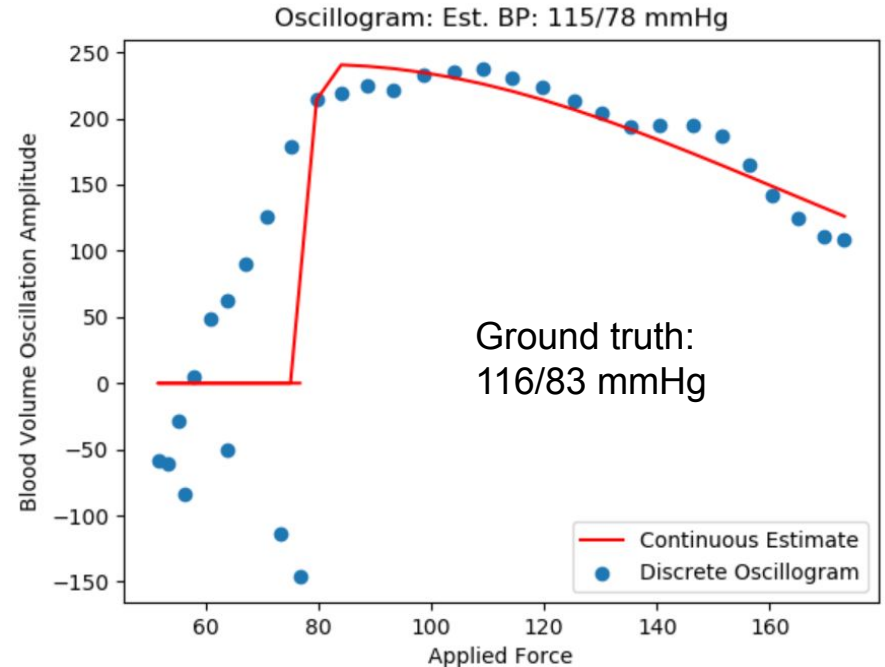
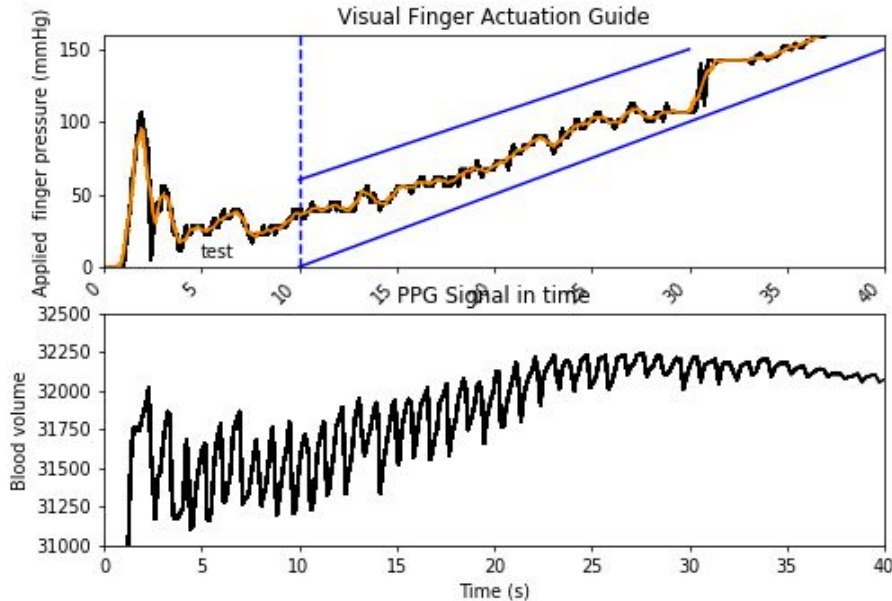
Hardware Implementation

- Assembly of Force sensor (CAL 15MM DIAMETER, 4.5N/1.0LB) and PPG sensor module (High-Sensitivity Pulse Oximeter and Heart-Rate Sensor for Wearable Health).
- Arduino Programming for access the I2C-based sensors and Python Serial Interface with modules for real-time data acquisition.



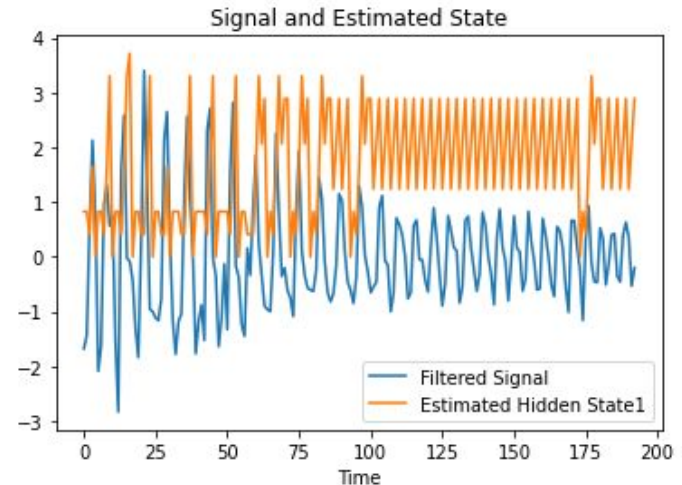
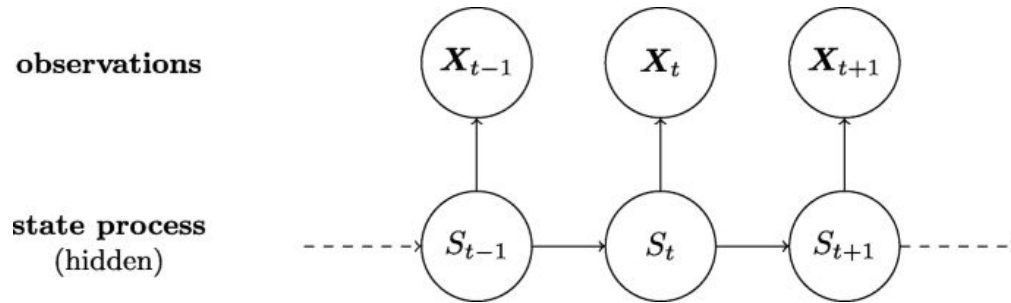
Realtime Acquisition and BP Estimation

- Continuous PPG sensing and force sensing.
- Force sensing is acquired with users continuously increasing the applied force in the device.



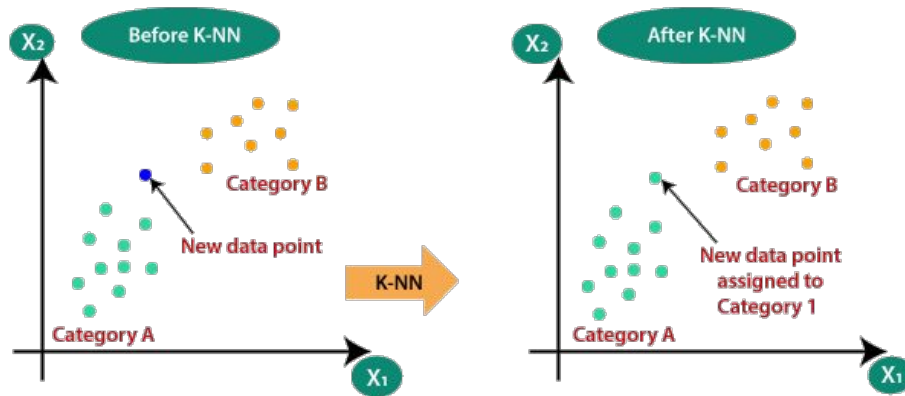
Most promising model tried so far: Hidden Markov Model

- Idea: Blood pressure is related to the oscillations in the PPG signal when pressure is applied
- Oscillations can be dictated by a “hidden state”. We try to actually learn the hidden state sequence
- Use the learned models to classify people into “normal BP” and “elevated BP”
- **Ongoing:** How can we get a real-valued blood pressure number?



Runner Up: Time Series Hashing/KNN

- Compress the signals into multiple binary codes using “bag of patterns” and weighted jaccard hashing
- New signals get hashed, then hashed database is searched using K-Nearest Neighbors, get K most “similar” signal and statistics retrieved
- Predict BP and BP class with weighted majority vote
- **Problem: Doesn't try to understand blood pressure or signals at all. Will make doctors unhappy, even if accuracy is high**

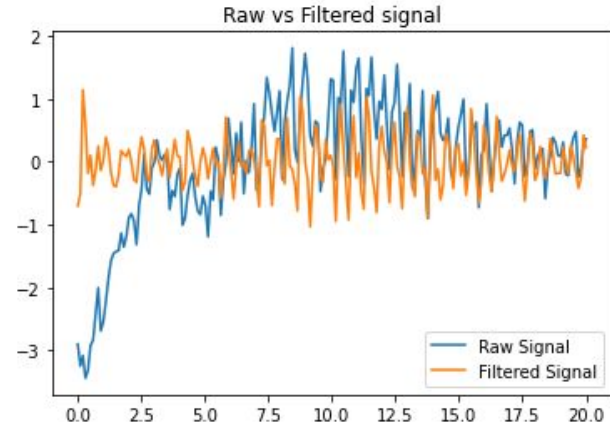
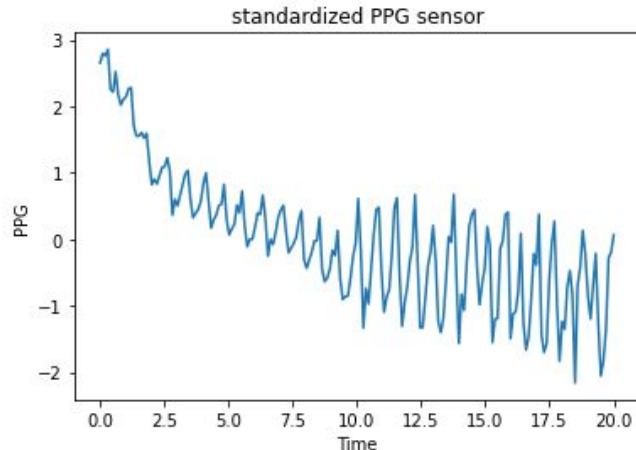


Preliminary Results (32 signals)

- **Baseline Algorithm:**
 - Systolic/Diastolic Avg Error: 5-10 Hgmm
 - Standard Deviation: B I G (anywhere between 10-30 Hgmm depending on initial params)
- **Hidden Markov Model**
 - Classification Accuracy: 3 mistakes
 - 2 False Positives (Said High BP when actually low BP)
 - 1 False Negative (Said low BP when actually high BP)
- **KNN/Hashing**
 - Systolic/Diastolic Avg Error: 0.5 Hgmm (whoa)
 - Standard Deviation: 8.6 (systolic) / 6.7 (diastolic)
 - Classification Accuracy: 4 mistakes
 - 2 FP, 1 FN
- **Boosted Trees: Similar to KNN/Hashing**

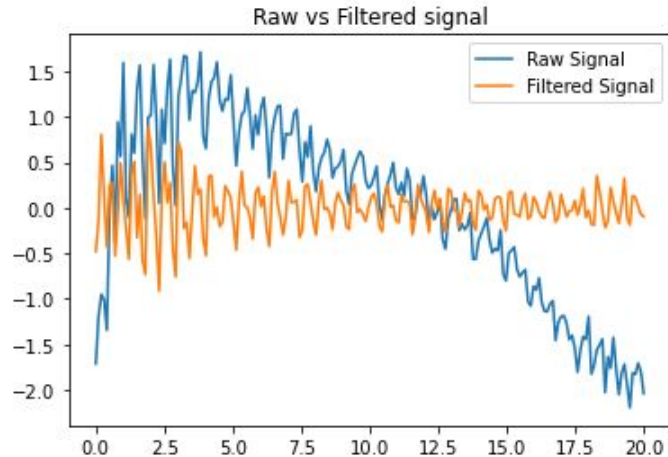
Problems Faced and Major Challenges

- The PPG sensor on the finger gave extremely noisy measurements
- Led to numerical stability issues in Chandrasekhar's BP algorithm
- Also affects the accuracy of the ML models
- Careful filtering required to address
- Also tried some signal compression to “squeeze out” the noise



Problems Faced and Major Challenges

- Limited time = Limited data
- Met our goal: got at least 30 signals, but not enough
- No way to apply powerful deep learning methods
- Approach: Simpler ML models, Leave-one-out-cross validation, statistical analysis, consider classification instead of “prediction”

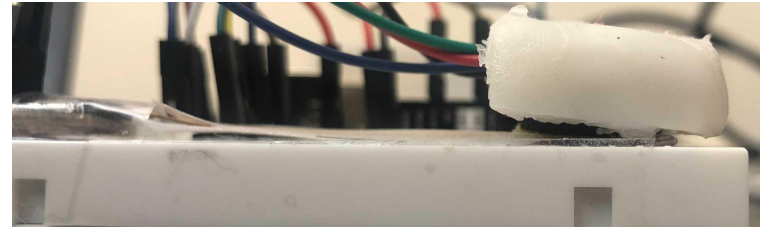
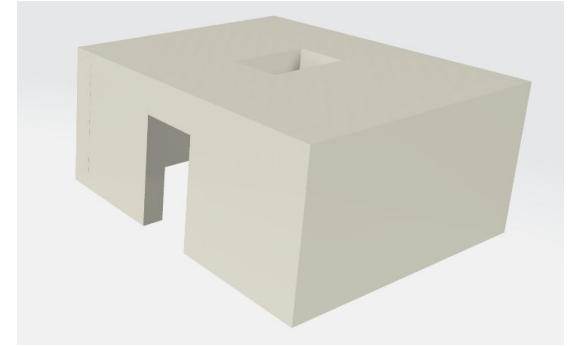
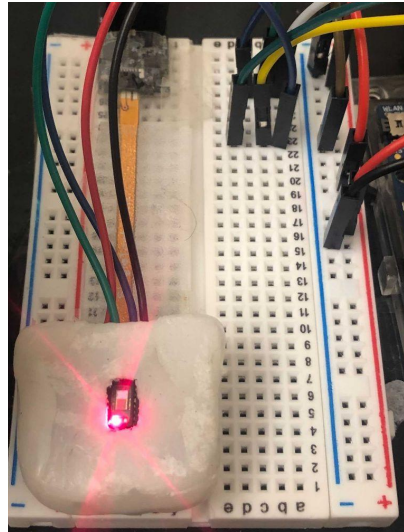
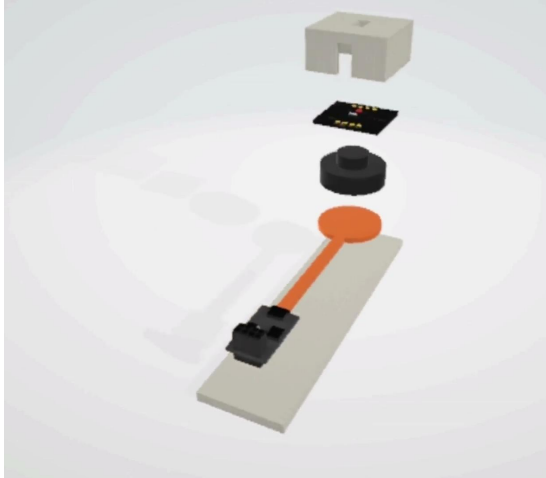


Blood Pressure Categories

BLOOD PRESSURE CATEGORY	SYSTOLIC mm Hg (upper number)		DIASTOLIC mm Hg (lower number)
NORMAL	LESS THAN 120	and	LESS THAN 80
ELEVATED	120 – 129	and	LESS THAN 80
HIGH BLOOD PRESSURE (HYPERTENSION) STAGE 1	130 – 139	or	80 – 89
HIGH BLOOD PRESSURE (HYPERTENSION) STAGE 2	140 OR HIGHER	or	90 OR HIGHER
HYPERTENSIVE CRISIS (consult your doctor immediately)	HIGHER THAN 180	and/or	HIGHER THAN 120

Problems Faced and Major Challenges

- The PPG sensor on the finger gave extremely noisy measurements
- Adaptation of a flat surface to help reduce that



What we did not do

- Smartphone implementation using the camera
- Settled on a “final” model for predicting BP given PPG and pressure measurements
- Integrated the different ML models into software for real-time testing (Happening this weekend)
- Obtained a large, varied dataset with more people, possible our data is an “easy” problem” (Still fixable?)

Conclusion

- This device may not be indicated for using with older adults or people with Parkinson's disease, since the sensing was extremely noisy and this causes uncertainties with the BP estimation.
- We were able to have our MVP met with the BP estimation from the replication of Chandrasekhar et al. work, and some added ML estimation.
- The larger data collection will happen in the Summer quarter for the poster submission (possibly CHI or IMWUT, deadlines in August/September).