

## SCREENING FOR CHRONIC KIDNEY DISEASE

*The purpose of this survey is to identify your risk of having Chronic Kidney Disease (CKD) based on your answer for some simple questions below.*

**Question 1:** Which age group are you in?

- A. 0-60                      B. 60-70                      C. Older than 70

**Question 2: Do you have Hypertension?** (High blood pressure)

- ☐ Yes ☐ No

**Question 3:** Has a doctor ever told you that you had angina pectoris, myocardial infarction, or stroke?

- ☐ Yes ☐ No

### Question 4: Do you have Diabetes?

- ☐ Yes ☐ No

### Question 5: What's your gender?

- ☐ Female ☐ Male

**Question 6:** Which race group are you belong to?

- White
- African American
- Hispanic
- Others

**Question 7:** Have you ever received any treatment for **Anemia** in the past 3 months?

- ☐ Yes ☐ No

**Question 8:** Which of the following best describe your activity level?

- A. Mostly sit  
C. Lift light load or climb stairs often
- B. Stand or walk a lot  
D. Heavy work or heavy loads

## SCORE CALCULATION

**Each answer is associated with a specific score. Add them up to see your final score.**

**Question 1:** (25 points) Which age group are you in?

- A. 0-60: **0** point      B. 60-70: **15** points      C. Older than 70: **25** points

**Question 2:** (20 points) Do you have **Hypertension**? (High blood pressure)

- ☐ Yes = **20** points      ☐ No = **0** point

**Question 3:** (15 points) Has a doctor ever told you that you had angina pectoris, myocardial infarction, or stroke?

- ☐ Yes = **15** points      ☐ No = **0** point

**Question 4:** (15 points) Do you have **Diabetes**?

- ☐ Yes = **15** points      ☐ No = **0** point

**Question 5:** (10 points) What's your gender?

- ☐ Female = **10** points      ☐ Male = **5** points

**Question 6:** (5 points) Which race group are you belong to?

- ☐ White = **5** points      ☐ African American = **0** point  
☐ Hispanic = **2** points      ☐ Others = **0** point

**Question 7:** (5 points) Have you ever received any treatment for **Anemia** in the past 3 months?

- ☐ Yes = **5** points      ☐ No = **0** point

**Question 8:** (5 points) Which of the following best describe your activity level?

- A. Mostly sit = **5** points      B. Stand or walk a lot = **4** points  
C. Lift light load or climb stairs often = **2** points      D. Heavy work or heavy loads = **0** points

**If your total score:**

- **0 to 60:** Don't worry! Your risk of having CKD is fairly low.
- **60 to 80:** You are at high risk of having CKD. We suggest you take CKD test to have correct result.
- **80 to 100:** You are at extremely high risk of having CKDs. We highly recommend you take CKD test at your earliest convenience.

*(For classification purpose, scores in the first category are classified as low probability of having CKD (**probability = 0**) and scores in the last two categories, from 60 to 100, are classified as high probability of having CKD (**probability = 1**))*

**Caution:** This screening tool is not intended to be used as the only source that indicates the presence of CKD. A positive attitude, regular workouts and healthy diet plan would always keep you away from the hospital!