Avena Bulk Ingredients



Certified Gluten-Free INSTANT OAT FLAKES

AVENA Certified Gluten-Free INSTANT OAT FLAKES are manufactured from 100% de-hulled, cleaned oats processed under sanitary conditions in accordance to the good manufacturing practices and requirements of The Canadian Food Inspection Agency (CFIA).

Ingredient: Certified Gluten-Free whole grain oats

Product Features:

- Free of major allergens
- · Free of genetically modified ingredients
- Produced in a gluten-free, oat dedicated facility
- Produced in milling facility that is Food Safety System Certification (FSSC) 22000
- Produced through Avena Purity Protocol.
 - o Tests below 10ppm of gluten 100% of the time.
 - Meets Gluten-Free Certification Organization (GFCO) standard and surpasses Health Canada's Gluten-Free labelling quideline.

Shelf Life: 18 months from date of manufacture

Per 1 serving (45 g) / pour 1 serving (45 g)		
		Daily Valu quotidienn
Calories / Calori	es 170	
Fat / Lipides 3 g		5%
Saturated / saturated + Trans / trans		3%
Polyunsaturated	d / Polyinsaturés 1.	5 g
Omega-6 / on	néga-6 1.5 g	
Omega-3 / on	néga-3 0 g	
Monounsaturate	ed / Monoinsaturés	1 g
Cholesterol / Ch	olestérol 0 mg	
Sodium / Sodiun	n 25 mg	1%
Carbohydrate / G	Slucides 31 g	10 %
Fibre / Fibres 5	g	20 %
Sugars / Sucres	0 g	
Protein / Protéin	es 5 g	
Vitamin A / Vitam	ine A	0 %
Vitamin C / Vitam	ine C	0 %
Calcium / Calcium	1	2 %
Iron / Fer		15 %

Certifications:









Packaging Details:

- Food grade woven polypropylene totes
- 50 lb. kraft paper polylined bags

Request for More Information:

• E-mail to:

cbendig@avenafoods.com

Subject: Request for More Information

