



Products



ONLY OATS Certified Gluten-Free ROLLED OATS

Yummy ideas start with Rolled Oats! Nutritious ideas too! ONLY OATS Certified Gluten-Free Rolled Oats are high in fiber, low in fat and full of minerals such as iron and calcium. They add a nutritional punch to your favorite muffin, cookie or crisp recipe, and are part of a healthy breakfast. What a great way to start the day!

Ingredients: Certified Gluten-Free Oats

Shelf Life: 18 months from date of manufacture

Product Features:

- Free of major allergens
- Free of genetically modified ingredients
- Produced in a gluten-free, oat dedicated facility
- Produced in milling facility with a Food Safety System Certification (FSSC) 22000
- Produced through the Avena Purity Protocol
 - Tests below 10ppm of gluten 100% of the time.
 - Meets Gluten-Free Certification Organization (GFCO) standard and surpasses Health Canada's Gluten-Free labelling guideline.

Other Features:

- No sugar added
- Cholesterol and trans fat free
- Low in saturated fat
- High source of fiber
- Excellent source of iron
- All natural ingredients
- No additives or preservatives



| Nutrition Facts Valeur nutritive | |
|--|---------------------------------------|
| Per 1 serving (40 g) / pour 1 serving (40 g) | |
| Amount Teneur | % Daily Value % valeur quotidienne |
| Calories / Calories 150 | |
| Fat / Lipides 2.5 g | 4 % |
| Saturated / saturés 0.5 g + Trans / trans 0 g | 2 % |
| Polyunsaturated / Polyinsaturés 1 g | |
| Omega-6 / oméga-6 1 g | |
| Omega-3 / oméga-3 0 g | |
| Monounsaturated / Monoinsaturés 0.9 g | |
| Cholesterol / Cholestérol 0 mg | |
| Sodium / Sodium 20 mg | 1 % |
| Carbohydrate / Glucides 28 g | 9 % |
| Fibre / Fibres 4 g | 16 % |
| Sugars / Sucres 0 g | |
| Protein / Protéines 4 g | |
| Vitamin A / Vitamine A 0 % | |
| Vitamin C / Vitamine C 0 % | |
| Calcium / Calcium 2 % | |
| Iron / Fer 8 % | |

Certifications:



Packaging Details:

| Retail Pack Size | 1 Kg | Case Dimension | |
|-------------------|----------------|----------------------|-------------------------------|
| UPC Code | 663780100027 | Weight: 6 Kg | Dimensions (cm): 28 x 23 x 10 |
| Master Case Count | 1 | Pallet Configuration | |
| Master Case UPC | 10663780100024 | Ti: 13 | Hi: 8 |
| Inner Pack Count | 6 | | |