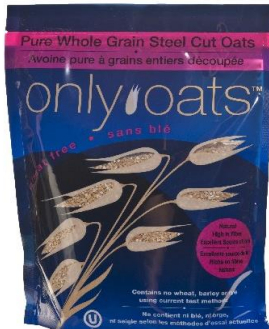




## Products



### ONLY OATS Certified Gluten-Free STEEL CUT OATS

Nutritious and delicious! High fiber ONLY OATS Certified Gluten-Free Steel Cut Oats have a hearty texture and an almost nutty flavor! They take a little longer to cook than quick oat flakes or rolled oats, but the taste is worth it and nutritionally they have an even lower glycemic index making them a great choice for a diabetic diet.

**Ingredients:** Certified Gluten-Free Oats

**Shelf Life:** 18 months from date of manufacture

#### Product Features:

- Free of major allergens
- Free of genetically modified ingredients
- Produced in a gluten-free, oat dedicated facility
- Produced in milling facility with a Food Safety System Certification (FSSC) 22000
- Produced through the Avena Purity Protocol
  - Tests below 10ppm of gluten 100% of the time.
  - Meets Gluten-Free Certification Organization (GFCO) standard and surpasses Health Canada's Gluten-Free labelling guideline.

#### Other Features:

- No sugar added
- Cholesterol and trans fat free
- Low in saturated fat
- High source of fiber
- Excellent source of iron
- All natural ingredients
- No additives or preservatives



Nutrition Facts Valeur nutritive		
Per 1 serving (45 g) pour 1 serving (45 g)		
Amount Teneur		% Daily Value % valeur quotidienne
<b>Calories / Calories 170</b>		
<b>Fat / Lipides 3 g</b>		<b>4 %</b>
Saturated / saturés 0.5 g		
+ Trans / trans 0 g		<b>3 %</b>
<b>Cholesterol / Cholestérol 0 mg</b>		
<b>Sodium / Sodium 15 mg</b>		<b>1 %</b>
<b>Carbohydrate / Glucides 31 g</b>		<b>10 %</b>
Fibre / Fibres 5 g		<b>21 %</b>
Sugars / Sucres 0 g		
<b>Protein / Protéines 5 g</b>		
Vitamin A / Vitamine A		0 %
Vitamin C / Vitamine C		0 %
Calcium / Calcium		2 %
Iron / Fer		8 %

#### Certifications:



#### Packaging Details:

Retail Pack Size	1 Kg	Case Dimension	
UPC Code	663780100027	Weight: 6 Kg	Dimensions (cm): 28 x 23 x 10
Master Case Count	1	Pallet Configuration	
Master Case UPC	10663780100024	Ti: 13	Hi: 8
Inner Pack Count	6		