



## Products



### ONLY OATS Gluten-Free PANCAKE MIX

There are no empty calories in these flapjacks! A good source of fiber, they cook up in a snap and provide the pure goodness of ONLY OATS Certified Gluten-Free Oat Flour. All you need is the buttermilk and eggs... and of course, a drizzle of your favorite syrup. Yummy!

**Ingredients:** Certified Gluten-Free Oat Flour, Baking Soda, Sugar, Salt

**Shelf Life:** 18 months from date of manufacture

#### Product Features:

- Produced in a gluten-free, oat dedicated facility
- Produced in milling facility with a Food Safety System Certification (FSSC) 22000
- Produced through the Avena Purity Protocol
  - Tests below 10ppm of gluten 100% of the time.
  - Meets Gluten-Free Certification Organization (GFCO) standard and surpasses Health Canada's Gluten-Free labelling guideline.

#### Other Features:

- Free of major allergens
- Cholesterol and trans fat free
- Low in saturated fat
- High source of fiber
- Excellent source of iron
- All natural ingredients
- No additives or preservatives



Nutrition Facts		Valeur Nutritive	
Per 1/4 cup (40 g)		Dry Mix	
Par 1/4 tasse (40 g)		Mélange sec	
Amount		% Daily Value	
Teneur		% valeur quotidienne	
Calories / Calories		160	
Fat / Lipides		4 g	6 %
Saturated / saturés		0.5 g	3 %
+ Trans / trans		0 g	
Cholesterol / Cholestérol		0 mg	
Sodium / Sodium		410 mg	17 %
Carbohydrate / Glucides		27 g	9 %
Fibre / Fibres		4 g	16 %
Sugars / Sucres		1 g	
Protein / Protéines		5 g	
Vitamin A / Vitamine A		0 %	
Vitamin C / Vitamine C		0 %	
Calcium / Calcium		2 %	
Iron / Fer		15 %	

#### Certifications:



#### Packaging Details:

Retail Pack Size	1 Kg	Case Dimension	
UPC Code	663780100096	Weight: 6 Kg	Dimensions (cm): 28 x 23 x 10
Master Case Count	1	Pallet Configuration	
Master Case UPC	10663780100093	Ti: 13	Hi: 8
Inner Pack Count	6		