

Ordinal regression models with imputed education

| | Work life worsened | | | Work life imporved | | | Private life worsened | | | Private life improved | | |
|---|--------------------|-------|-------|--------------------|------|------|-----------------------|------|------|-----------------------|------|------|
| | OR | CI | | OR | CI | | OR | CI | | OR | CI | |
| Gender: Male | 0.91 | 0.78 | 1.07 | 0.93 | 0.79 | 1.1 | 1.05 | 0.9 | 1.22 | 0.87 | 0.74 | 1.02 |
| Country: Switzerland | 0.87 | 0.72 | 1.05 | 1.15 | 0.95 | 1.4 | 0.86 | 0.71 | 1.03 | 1.13 | 0.93 | 1.38 |
| Age: 31-40 | 0.93 | 0.69 | 1.26 | 1.04 | 0.76 | 1.41 | 0.76 | 0.56 | 1.02 | 0.93 | 0.69 | 1.27 |
| Age: 41-50 | 1.08 | 0.8 | 1.45 | 0.96 | 0.71 | 1.3 | 0.77 | 0.57 | 1.03 | 0.88 | 0.65 | 1.19 |
| Age: 51-60 | 1.23 | 0.92 | 1.64 | 0.71 | 0.53 | 0.95 | 0.75 | 0.57 | 1 | 0.8 | 0.59 | 1.07 |
| Age: 61-65 | 1.56 | 1.09 | 2.21 | 0.5 | 0.34 | 0.73 | 0.58 | 0.41 | 0.82 | 0.76 | 0.53 | 1.1 |
| edu: Secondary | 1.09 | 0.74 | 1.61 | 1.08 | 0.72 | 1.62 | 0.85 | 0.59 | 1.25 | 1.02 | 0.69 | 1.53 |
| edu: Tertiary | 1.01 | 0.68 | 1.5 | 1.3 | 0.86 | 1.97 | 0.8 | 0.55 | 1.18 | 1.14 | 0.76 | 1.71 |
| Contract.change: Short-time reduced | 3.46 | 2.68 | 4.49 | 0.68 | 0.51 | 0.89 | 1.23 | 0.95 | 1.58 | 1.32 | 1.01 | 1.72 |
| Contract.change: Short-time 0 | 9.76 | 6.88 | 13.93 | 0.53 | 0.36 | 0.76 | 1.07 | 0.78 | 1.46 | 1.56 | 1.12 | 2.18 |
| Contract.change: Job loss | 35.92 | 15.25 | 92.2 | 0.39 | 0.15 | 0.88 | 1.22 | 0.61 | 2.46 | 1.65 | 0.76 | 3.52 |
| Liv.situation: Partner/Family/Flatshare | 0.89 | 0.74 | 1.06 | 1.09 | 0.9 | 1.32 | 0.4 | 0.34 | 0.48 | 1.75 | 1.45 | 2.12 |
| Ovrl_HO: Experienced | 1.18 | 0.98 | 1.42 | 2.58 | 2.13 | 3.13 | 1.02 | 0.85 | 1.22 | 1.72 | 1.42 | 2.07 |
| Ovrl_HO: New | 1.21 | 0.98 | 1.5 | 2.76 | 2.21 | 3.45 | 1.08 | 0.87 | 1.32 | 1.41 | 1.14 | 1.76 |
| Freetime: Decreased | 2.95 | 2.33 | 3.73 | 0.96 | 0.75 | 1.22 | 2.62 | 2.09 | 3.28 | 0.85 | 0.67 | 1.08 |
| Freetime: Increased | 2.06 | 1.55 | 2.73 | 1.92 | 1.55 | 2.39 | 1.29 | 1.05 | 1.58 | 2.26 | 1.83 | 2.8 |
| Work time: Decreased | 1.62 | 1.29 | 2.04 | 0.61 | 0.48 | 0.79 | 0.9 | 0.71 | 1.13 | 0.89 | 0.7 | 1.13 |
| Work time: Increased | 1.27 | 1.04 | 1.56 | 1.33 | 1 | 1.76 | 1.13 | 0.86 | 1.48 | 1.08 | 0.81 | 1.44 |
| Caring duties: Decreased | 1.13 | 0.8 | 1.57 | 1.11 | 0.78 | 1.56 | 1.63 | 1.19 | 2.23 | 1.34 | 0.96 | 1.88 |
| Caring duties: Increased | 1.58 | 1.27 | 1.97 | 0.96 | 0.76 | 1.2 | 1.4 | 1.13 | 1.73 | 1.33 | 1.07 | 1.66 |

| | Mental well-being | | | Self-rated health | | |
|---|-------------------|------|------|-------------------|------|------|
| | OR | CI | | OR | CI | |
| Work worsened: Neither/nor | 0.71 | 0.58 | 0.88 | 0.91 | 0.72 | 1.14 |
| Work worsened: Agree | 0.61 | 0.49 | 0.76 | 0.76 | 0.6 | 0.97 |
| Work improved: Neither/nor | 0.9 | 0.71 | 1.13 | 0.85 | 0.66 | 1.08 |
| Work improved: Agree | 1.07 | 0.81 | 1.41 | 0.94 | 0.7 | 1.27 |
| Private worsened: Neither/nor | 0.8 | 0.65 | 0.99 | 0.67 | 0.53 | 0.83 |
| Private worsened: Agree | 0.61 | 0.5 | 0.75 | 0.67 | 0.54 | 0.83 |
| Private improved: Neither/nor | 1.04 | 0.83 | 1.29 | 1.04 | 0.82 | 1.32 |
| Private improved: Agree | 1.4 | 1.08 | 1.8 | 1.1 | 0.83 | 1.46 |
| Gender: Male | 1.04 | 0.89 | 1.22 | 0.84 | 0.71 | 1 |
| Country: Switzerland | 0.92 | 0.76 | 1.1 | 1.62 | 1.33 | 1.98 |
| Age: 31-40 | 1.07 | 0.79 | 1.43 | 0.84 | 0.61 | 1.17 |
| Age: 41-50 | 1.25 | 0.94 | 1.68 | 0.6 | 0.44 | 0.83 |
| Age: 51-60 | 1.55 | 1.16 | 2.06 | 0.46 | 0.34 | 0.63 |
| Age: 61-65 | 2.24 | 1.59 | 3.16 | 0.46 | 0.32 | 0.68 |
| edu: Secondary | 1.18 | 0.82 | 1.7 | 0.91 | 0.61 | 1.36 |
| edu: Tertiary | 1.13 | 0.77 | 1.64 | 0.83 | 0.55 | 1.25 |
| Contract.change: Short-time reduced | 0.95 | 0.73 | 1.24 | 0.9 | 0.68 | 1.19 |
| Contract.change: Short-time 0 | 0.57 | 0.41 | 0.79 | 0.5 | 0.35 | 0.71 |
| Contract.change: Job loss | 0.73 | 0.35 | 1.52 | 0.79 | 0.35 | 1.83 |
| Liv.situation: Partner/Family/Flatshare | 1.15 | 0.96 | 1.38 | 1.14 | 0.94 | 1.39 |
| Ovrl_HO: Experienced | 1.05 | 0.88 | 1.26 | 0.99 | 0.81 | 1.2 |
| Ovrl_HO: New | 1.14 | 0.92 | 1.4 | 1.07 | 0.85 | 1.33 |
| Freetime: Decreased | 0.81 | 0.65 | 1.02 | 0.92 | 0.72 | 1.18 |
| Freetime: Increased | 1.23 | 1.01 | 1.51 | 1.45 | 1.16 | 1.82 |
| Work time: Decreased | 1.14 | 0.9 | 1.44 | 1.02 | 0.79 | 1.32 |
| Work time: Increased | 1.2 | 0.91 | 1.58 | 1.17 | 0.87 | 1.58 |
| Caring duties: Decreased | 1.06 | 0.77 | 1.47 | 0.82 | 0.58 | 1.17 |
| Caring duties: Increased | 1 | 0.8 | 1.24 | 1.06 | 0.84 | 1.34 |