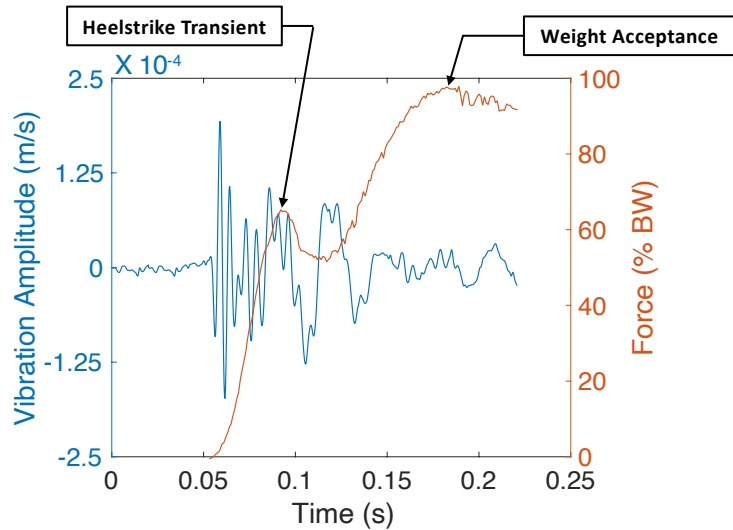


(a) Footstep GRF Phases



(b) GRF with Vibration Overlay