



**Kyle F. Dickson**  
**[Portfolio](#)**

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## Education

-Bonney Lake High School (High School Diploma)	June 2011
-Pierce Community College (27 credits)	2010-2011
-Brigham Young University (Bachelors in Exercise Physiology)	2014-2019

## Experience

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**Transportation Crew** **Sept. 2014-Dec. 2014, June 2015-Sept. 2015, April-Sept. 2016**  
*Northern Sales (253) 720-3770* *Sumner, WA*

- Help with the transportation of company supplies to various Alaskan destinations.
- Drive forklift, move product in and out of freight cars and into appropriate warehouse locations
- Record inventory and work with company drivers accepting shipments and verifying paperwork

**Fulfillment Center Associate** **May 2017 – September 2017**  
*NPN GROUP, INC. (385) 707-0888* *Springfield, UT*

- Worked in fulfillment center prepping orders to be mailed out on time each day
- Helped clean and organize company warehouse to make way for expanding product lines
- Checked incoming order data to avoid potential shipping errors with order preparation

**Wellness Coach/Assistant Fit4Life Coordinator** **April 2018-December 2018**  
*Brigham Young University Idaho (208) 496-7491* *Rexburg, ID*

- Worked primarily with clients from the Fit4Life program in the BYU-Idaho campus's Wellness Center
- Taught nutritional concepts to students, as well as giving advice for dieting/fitness goals
- Took lipid profile tests for students to measure cholesterol and triglyceride levels
- As Assistant Coordinator I helped oversee and plan projects for the Wellness Center's Fit4Life program which is the basis of the Wellness Center and the roles

**Full-Time Volunteer Representative** **Apr 2012- Apr 2014**  
*The Church of Jesus Christ of Latter-day Saints* *Antananarivo, Madagascar*

- Informed interested persons about my religious beliefs and taught the church doctrines/principles to those who had a desire to know more.
- Became fluent in the native Malagasy language in order to fulfill my responsibilities
- Participated in many service projects that including cleaning and painting schools, digging out dirt roads and also taught free weekly English lessons.

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## Accomplishments

- BYU-I Graduate in Exercise Physiology, 3.38 GPA
- Received special recognition cords at High School Graduation for my overall GPA
- Eagle Scout Rank (2010)
- Recipient of 2016 BECU Foundation Scholarship based on merit to community service

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## References

**Shar** (801-472-2830) – NPN GROUP, INC supervisor

**Jared Keller** (253-720-3770) –Former Northern Sales Supervisor of Transportation

**Spencer Boltz** (208) 496-7491 – Wellness Center Administrator