

# PART 8 INDOOR CYCLING - ARTISTIC CYCLING

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## TABLE OF CONTENTS

	Page
<b>Chapter I PRELIMINARY NOTES.....</b>	<b>3</b>
§ 1 Organizations .....	3
§ 2 Disciplines and age-groups .....	4
§ 3 Competition area .....	5
§ 4 Equipment .....	7
§ 5 Evaluation sheet.....	9
§ 6 Commissaires.....	11
§ 7 Tasks of the Commissaires .....	12
§ 8 Judgement of difficulty.....	13
§ 9 Judgement of difficulty valid for single and pair.....	15
§ 10 Judgement of difficulty valid for pair.....	17
§ 11 Judgement of difficulty valid for <b>artistic cycling</b> team 4 and 6 .....	18
§ 12 Judgement of performance.....	20
<b>Chapter II GUIDELINES FOR SINGLE AND PAIR ARTISTIC CYCLING .....</b>	<b>23</b>
§ 1 General guidelines on single and pair riding programmes .....	23
§ 2 General guidelines for the pair riding programme .....	24
§ 3 Guidelines for performance <b>on</b> the riding-area single and pair .....	25
§ 4 Guidelines for performance on bicycle single and pair.....	28
<b>Chapter III GUIDELINES ARTISTIC CYCLING TEAM 4 AND 6 .....</b>	<b>32</b>
<b>Chapter IV TABLE OF FIGURES SINGLE ARTISTIC CYCLING .....</b>	<b>41</b>
<b>Chapter V EXPLANATIONS OF FIGURES SINGLE ARTISTIC CYCLING .....</b>	<b>53</b>
<b>Chapter VI TABLE OF FIGURES PAIR ARTISTIC CYCLING .....</b>	<b>66</b>
<b>Chapter VII EXPLANATIONS OF FIGURES PAIR ARTISTIC CYCLING .....</b>	<b>82</b>
<b>Chapter VIII TABLE OF FIGURES ARTISTIC CYCLING TEAM 4 .....</b>	<b>98</b>
<b>Chapter IX EXPLANATIONS OF FIGURES ARTISTIC CYCLING TEAM 4.....</b>	<b>109</b>
<b>Chapter X TABLE OF FIGURES ARTISTIC CYCLING TEAM 6 .....</b>	<b>164</b>
<b>Chapter XI EXPLANATIONS OF FIGURES ARTISTIC CYCLING TEAM 6.....</b>	<b>178</b>

**TABLE OF ABBREVIATIONS / TERMS**

Abbreviations and terms used in the regulations, in alphabetical order:

1 leg	with one leg
50 cm	50 centimetres
8	eight
bw.	backward
C.	complete circle
cm	centimetres
con.	connected
count. C	counter circle
count. 8	counter eight
count. X8	counter cross eight
<b>count. s.r.</b>	<b>counter single rings</b>
dir.	direction
f.e.o.	following each other
frh.	<b>free-hand</b>
hlb.	handlebar
HC.	half circle
<b>HS</b>	<b>half surrounding</b>
indiv.	individual
mm	millimetres
n.e.o.	next to each other
one a. anot.	one after another
opp.	opposite
P.	passage
reg.	regular
rev.	reverse
S	half eight
sdw.	sideward
<b>sim.</b>	<b>simultaneous</b>
spin.	spinnings
s.r.	single rings
<b>s.r.l.</b>	<b>single rings left</b>
<b>s.r.r.</b>	<b>single rings right</b>
str.	stretch
T	tactical figure

# PART 8 INDOOR CYCLING - ARTISTIC CYCLING

## Chapter I PRELIMINARY NOTES

### § 1 Organizations

#### 8.1.001 Organization of competitions

Competitions can be organized by the International Cycling Union (UCI), the continental federations, the national federations and their subordinate bodies. For publications and invitations the UCI or national regulations are valid.

#### 8.1.002 *World Championships*

*World Championships will be organized in the age-group Elite (women/men).*

#### 8.1.003 Disciplines of competitions

- Single artistic cycling
- Pair artistic cycling
- Artistic Cycling Team 4
- Artistic Cycling Team 6

Each discipline can be organized (separate) for female and male competitors.

Mixed (women and men) teams will start in the respective male discipline.

Each **rider** is allowed to enter only once per discipline at an event (**competition or championship**).

(*text modified on 01.01.16*)

#### 8.1.004 Records

World- and continental records can be set in the age-groups Elite and Junior. These records can be achieved at world championships, continental championships and international competitions.

World- and continental records, achieved at *World- and Continental Championships*, will be **accepted** immediately.

World- and continental records, achieved at international competitions, only will be **accepted** when two UCI-Commissaires with different nationalities are present in the Commissaires Panel **responsible for the evaluation**. These records **have to be** confirmed by the UCI.

National records will be **accepted** according to the rules of the respective national federation.

(*text modified on 01.01.16*)

#### 8.1.005 **Ranking** lists

At all events the organizer **has** to publish **the results** at the end of each discipline.

(*text modified on 01.01.16*)

**8.1.006 Ranking lists of international competitions**

Ranking lists have to be submitted to the UCI-office in the required form within the defined period.

If there are riders in the Elite and the Junior age-groups (splitted by sex and disciplines) the rankings have to be submitted as combined ranking list to the UCI.

(text modified on 01.01.16)

**8.1.007 Hand-out of evaluation sheets**

After finishing a discipline the evaluation sheets/electronic judging documents have to be submitted to the corresponding person. The evaluation sheets have to be treated confidentially and may only be submitted to the concerning head of delegation, coach or rider. At *World Championships*, the evaluation sheets have to be submitted to the head of delegation.

(text modified on 01.01.16)

## § 2 Disciplines and age-groups

**8.1.008 Age-groups**

Artistic cycling competitions will be announced to:

- A. Elite over 18 years
- B. Juniors, female/male U19 (up to 18 years)
- C. Pupils, female/male, U15 (up to 14 years)
- D. Pupils, female/male, U13 (up to 12 years)
- E. Pupils, female/male, U11 (up to 10 years)

In the year of completion the corresponding age, pupils and juniors are allowed to compete in the same age-group until the end of the calendar year. It is possible to compete in the next higher age-group. Pupils of age-group U13 or U11 are also allowed to compete two age-groups higher.

It is possible for 1 rider up to 22 years (U23) to compete in an artistic cycling team 4 juniors.

It is possible for 1 rider up to 16 years (U17) to compete in an artistic cycling team 4 pupils.

It is possible for 2 riders up to 22 years (U23) to compete in an artistic cycling team 6 juniors.

It is possible for 2 riders up to 16 years (U17) to compete in an artistic cycling team 6 pupils.

(text modified on 01.01.16)

**8.1.009 Length of performance**

For all disciplines and age-groups the maximum time for the execution of the complete programme is 5 minutes.

(text modified on 01.01.16)

**Amount of figures****8.1.010** Age-groups Elite and Junior

- Single artistic cycling: max. 30 figures
- Pair artistic cycling: max. 25 figures (with a minimum of 8, but a maximum of 15 figures on one bicycle)
- Artistic Cycling Team 4: max. 25 figures
- Artistic Cycling Team 6: max. 25 figures

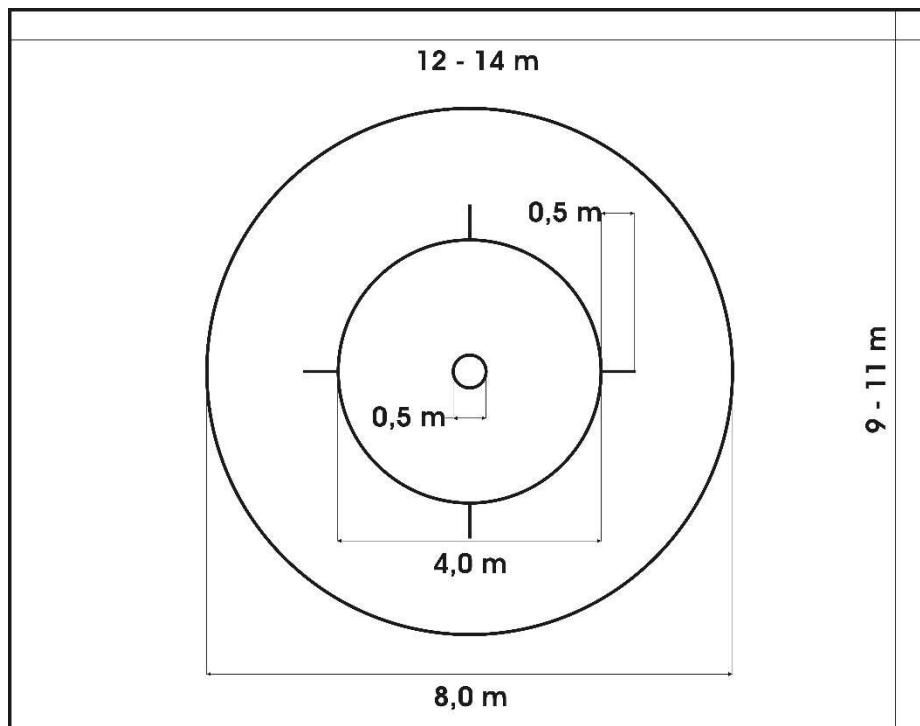
**8.1.011** Age-group pupils

- Single artistic cycling: max. 25 figures
- Pair artistic cycling: max. 20 figures (with a minimum of 4, but a maximum of 12 figures on one bicycle)
- Artistic Cycling Team 4: max. 25 figures
- Artistic Cycling Team 6: max. 25 figures

**bis** In general for pair artistic cycling, a team is required to perform figures on one, but also on two bicycles during their performance.

**§ 3 Competition area****8.1.012** Riding-area

All measures are taken at the outside of the markings. All mentioned markings have to be applied at the riding-area exactly according to this drawing.



Any markings have to have the width of 3.0 to 5.0 centimetres. They may be applied by tape, paint or can be inserted in the floor.

At international **championships and** competitions the riding-area must have the maximum dimensions.

The markings must be visible for all judges.

The matchfield-railings and the goals used for cycle ball must be placed at least 0.5 metres outside the riding-area markings during artistic cycling competitions.

The minimum distance of the riding-area from walls, columns or nonremovable objects must be at international championships 2.0 metres, at other competitions 0.5 metres.

The composition of the riding-area has to allow a correct performance.

*(text modified on 01.01.16)*

**8.1.013 Placement of the judges**

The judges must be placed at the riding-area, where they have a good view to the riding-area and their independence is guaranteed.

*(text modified on 01.01.16)*

**8.1.014 Coaching zone**

A coaching zone (for a coach and an assistant) has to be defined before the start of the competition by the Chief-Commissaire in cooperation with the organizer (2 metres width and with at least a distance of 0.5 metres to the border of the riding-area). In case of electronic judging the display of the official time must be seen from the coaching zone.

*(text modified on 01.01.16)*

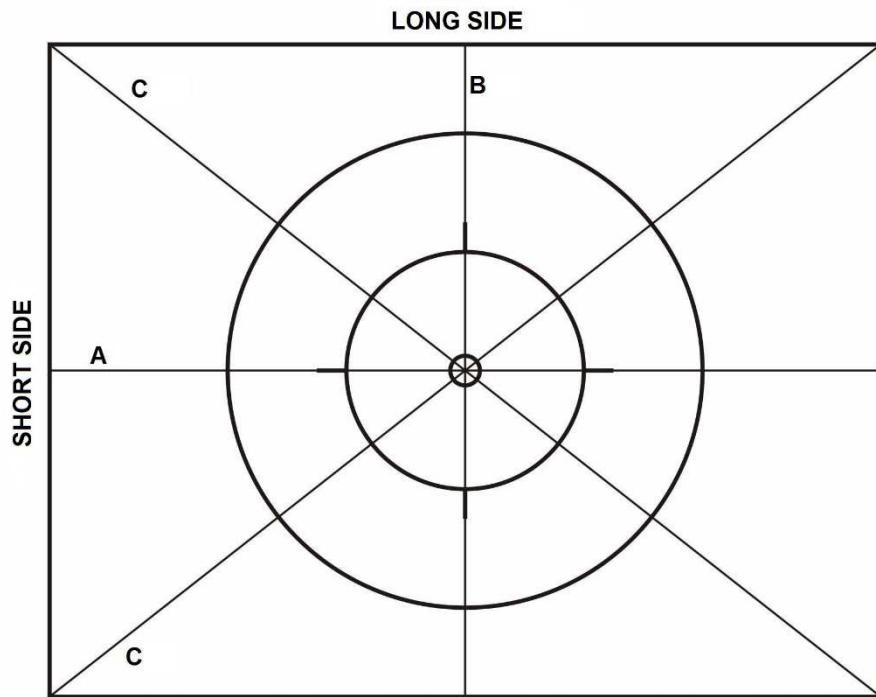
**8.1.015 Time measurement**

In case of electronic judging the display shows the official time. In case of manual judging the time and the acoustic signal has to be occurred with another visual display or a timekeeper has to announce the first minute.

*(article introduced on 01.01.16)*

**8.1.016 Support lines**

It is not allowed to apply the support lines at the riding-area. They only are used here to understand the following explanations.



- **Inner circle:** Circle around the middle point of the riding-area with a diametre of 50 centimetres.
- **Quarter stripes:** The quarter stripes (4) start at the outside of the middle circle and are positioned on the middle lines A and B. They have each a length of 50 centimetres.
- **Middle circle:** Circle **in** the middle of the riding-area with a diametre of 4.0 metres.
- **Outer circle:** Circle **in** the middle of the riding-area with a diametre of 8.0 metres.
- **Middle longitudinal axis (support line A):** Line parallel to the long side of the riding-area through the middle of the riding-area.
- **Middle transverse axis (support line B):** Line parallel to the short side of the riding-area through the middle of the riding-area.
- **Diagonal axis (support line C):** Lines from one corner to the opposite corner through the middle of the riding-area.

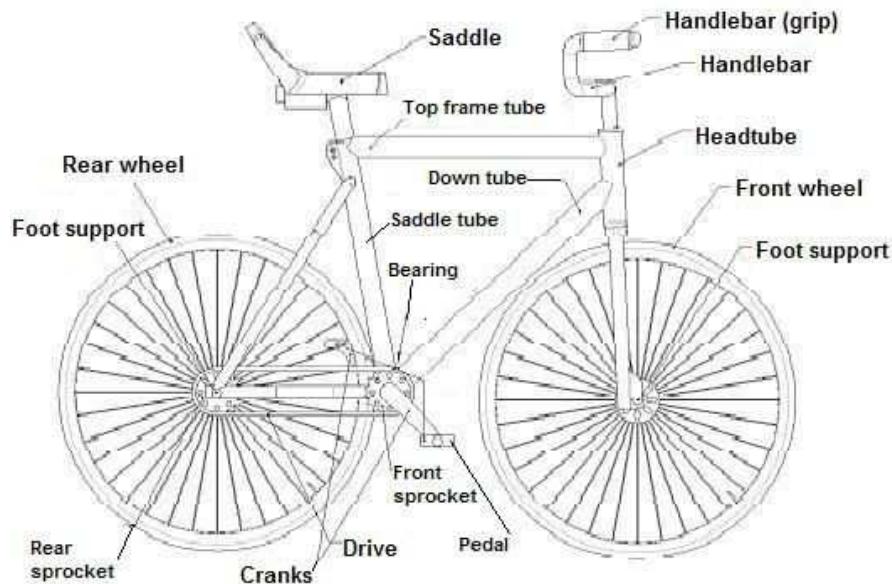
*(text modified on 01.01.16)*

**§ 4 Equipment****8.1.017 Bicycle**

All aids not **mentioned** in the document above are forbidden.

The construction of the bicycles must correspond to the following guidelines and measures. All deviations which do not correspond with the stated measures have to be approved – in advance – by the UCI.

The bicycle has to be constructed in a way that it is not possible to damage the riding-area.



- **Crank:** Length from centre bottom bracket bearing to centre pedal pivot shaft 130 – 170 mm.
- **Handlebar:** The end of the handlebar must be rounded off or closed by grips. The use of handlebar-tape instead of grips is allowed.
- **Saddle:** The saddle must be a manufactured part. Maximum length 300 mm, maximum width 220 mm, maximum bent (without weight) 60 mm.
- **Wheels:** Front and rear wheel must have the same diametre. From the height of frame of 46 cm the wheels must have a diametre of at least 24 inches, from 50 cm height of frame the wheels diametre must be at least 25 inches.
- **Transmission:** The front sprocket may not have less teeth than the rear sprocket. Alternative mechanical drives are allowed with respect to the described transmission.
- **Foot support:** In single- and pair artistic cycling it is allowed to equip the axis of both wheels, on both sides, with foot-supports, each with a maximum length of 50 mm.

*(text modified on 01.01.16)*

#### 8.1.018 Sports wear

At artistic cycling competitions the **rider(s)** must wear appropriate clothes.

#### 8.1.019 Musical accompaniment

Any riding programme may be shown accompanied by music. If riders want to perform to a particular piece of music, the rider(s) themselves have to provide the music.

## § 5 Evaluation sheet

### 8.1.020 Completing of the evaluation sheet

The top part of the evaluation sheet has to be fully completed. Care should be taken so that only one **figure** out of each group of figures a, b, c etc. may be listed on the evaluation sheet, therefore each number may only appear once.

The number of the figure, the context of the **figure** and the point values have to be filled in on the evaluation sheet exactly as in the table of **figures**. The point values will **have to be** added and the total of points registered.

It is free for the **rider(s)** to sequence the **figures** on the evaluation sheet according to her/his wishes, but during the competition the written order has to be followed exactly.

*(text modified on 01.01.16)*

### 8.1.021 Exceptions

After a raiser passage a raiser figure according to the **corresponding** end position of the passage **has always to be showed**.

**Pairs are allowed to show a maximum of 3 turns on the spot.**

The same maximum of 3 **figures** is valid for **figures** with the affix "separate" (Exception: Passages on two bicycles).

*(text modified on 01.01.16)*

**8.1.022 Evaluation sheet sample**

In all **competitions** or championships it is only allowed to use the evaluation sheet shown on **this** page.

**Evaluation-Sheet for artistic-cycling-competition**

UCI-Code:	Surname, Firstname:		Discipline:	Starting-number:				
			Pers. Record:					Pts. on:
			Federation:					
			Club:					
			Competition:					
			Day/Place:					
			Organizer:					
Seq. No.	Exercise- No.	Name of Exercise		Tact. Points	Value	Diff. %	Difficulty Pts.	Performance Signs
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
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23								
24								
25								
26								
27								
28								
29								
30								
Checked		<b>DIFFICULTY POINTS:</b> + Tactical points: TOTAL POINTS: - Total subtraction diff./performance <b>RESULT:</b> + Result judginggroup II + Result judginggroup III FINAL RESULT			Subtraction Difficulty: _____ X x 0,2 = _____ ~ x 0,5 = _____   x 1,0 = _____ O x 2,0 = _____ <b>Subtraction Perform.:</b> _____ <b>Total Subtraction:</b> _____ ; 2 oder 3 = _____ Points			
Announcer:								
Writer:								
Chief:								

(text modified on 01.01.16)

**8.1.023 Check of evaluation sheet**

If an electronic judging system used in a competition the **rider/coach** is required to check, correct and sign the evaluation sheet he received from the commissaires panel.

From 1 hour before start of the corresponding discipline it is not allowed to change the evaluation sheet anymore.

Possible disadvantages due to mistakes on the evaluation sheet are in the responsibility of the **rider**.

*(text modified on 01.01.16)*

**8.1.024 Evaluation of the results**

The registered points (at start) are the added total of the separate point values of the **figures**. When a tactical **figure** is presented the respective addition of points has to be added by the commissaires during the performance.

The total devaluation is being calculated from the devaluation of difficulty and the devaluation of performance. The total devaluation subtracted from the registered (+ tactical addition) points is the result.

The final result is being calculated by the total of the single results from the judging groups, divided by the number of judging groups and is to be rounded to two digits after the point.

If two or more **riders** should end up with the same final result, the better performance will decide about the placement. In the **case** it's the same, the **riders** will receive the same place in the ranking.

The final result of each competition has to be published as soon as possible by the Chief-Commissaire or organizer.

Results, below zero, are not to be published. Only the rankings, based on the subtractions, are to be published.

*(text modified on 01.01.16)*

## § 6 Commissaires

**8.1.025 Responsibility of the Commissaires**

Any evaluation has to be conducted under the personal responsibility of the commissaire without influence from anybody else and has to be based only on the valid regulations.

All judges are obliged to be totally neutral towards **riders**.

Once an evaluation is published by the total jury, it will have to be protected by each single commissaire.

**8.1.026 Appointment of Commissaires (= judges)**

The commissaires for international championships will be appointed by the authorized international federations. For all other competitions the national federations or the adequate divisions will be responsible for nomination of the judges.

All the commissaires appointed at competitions or championships must hold an adequate license, corresponding to the respective category.

At international competitions at least one of the judges must hold an international license.

For UCI-calendar competitions separate UCI rules are valid.

**Composition Commissaires panel****8.1.027 International Championships:**

- 1 commissaire as Chief Commissaire;
- 3 announcing Commissaires;
- 3 writing Commissaires;

The single judging group consists of an announcer and a writing judge. They must speak the same language.

**8.1.028 Other competitions:**

- 1 commissaire as Chief Commissaire;
- 2-3 announcing Commissaires;
- 2-3 writing Commissaires;

**bis** The single judging group consists of an announcer and a writing judge. It is recommended that they speak the same language.

**§ 7 Tasks of the Commissaires****8.1.029 Commissaires panel**

- All the judges are responsible for the evaluation and are **required** to sign the evaluation sheet (not necessary when an electronic judging system is used).
- The judges have to check and to approve the correct composition (measures and condition) of the riding-area to guarantee a correct performance.
- The judges are **required** to check and to sign the evaluation sheets when the manual judging system (paper) is used. Faults in the evaluation sheet must be corrected **in** advance, if possible together with the **rider** or his coach.

*(text modified on 01.01.16)*

**8.1.030 The Chief Commissaire**

- **decides on the composition of the judging groups.**
- is allowed to assemble meetings of the commissaires panel in advance or during the competitions to guarantee the performance of the panel.
- hands the evaluation sheets to the judges.
- will give a signal (acoustically or visually) for the start.
- will clock the length of the performance mechanically or electronically, and will give an acoustic signal at the end of the official **maximal** time. It is possible to transfer this task to a separate time-keeper, **which has to be** situated next to the Chief Commissaire.
- a second (spare) time system has to be used in case of malfunctions.
- in case a **rider** forgets the 'START' call at the beginning of **the** performance, the Chief Commissaire will determine the moment of starting the time.
- **is observing** the performance closely in order to be able to decide in case of interruptions or extra ordinary occurrences.
- after the **end** of each performance the Chief Commissaire verifies the evaluation sheet of each judging group.
- Is responsible that obvious judging mistakes will be corrected (if possible before the start of the next rider) by majority decision of the entire commissaires panel.

- the Chief Commissaire will check the evaluation calculations on each sheet and will sign the sheet in the case of manual judging. The Chief Commissaire is responsible for publishing the result and ensuring that the evaluation sheets **will be submitted** to the correct person.
- **in case** of a defect bicycle **and/or** an **injured rider** the Chief Commissaire will stop the official time, but will not stop the second time system. In such a case the Chief Commissaire has to determine the time **left**. He will decide whether a defect can be blamed on the rider. In this time, the possible, used repair time is part of the regular riding-time.  
It is up to the Chief Commissaire to decide whether or not **and in which position** a programme can be continued.  
In the **case** of an injury or illness a doctor should be consulted in the **case** this seemed **to be** necessary. If the rider continues the performance and the interruption was not his fault, given devaluations must be revoked by decision of the judges.

*(text modified on 01.01.16)*

**8.1.031 Announcing Commissaire**

- will follow the progress of the **programme** to judge the difficulty and accuracy of the performance. After each **figure** the announcing judge will inform the writing judge if the execution was correct or should be devalued.

*(text modified on 01.01.16)*

**8.1.032 Writing Commissaire**

- will read, clearly, the **figure** text according to the sequence on the evaluation sheet to the announcing judge.
- will write the announced **devaluation** by the announcing judge, on the correct line of the respective **figure** on the evaluation sheet.

*(text modified on 01.01.16)*

## § 8 Judgement of difficulty

**8.1.033 Decisive for the judgment of difficulty are:**

The preliminary notes, the guidelines for single **and** pair **artistic cycling**, as well **as artistic cycling** team 4 and 6 **and** the explanations in the tables of **figures**. The following regulations of the judgement of difficulty have to be used when **below** noted mistakes **occur** during the performance.

*(text modified on 01.01.16)*

**8.1.034 Sequence**

If the sequence of **figures** is not performed according to the programme, the skipped **figures** are to be **devalued with: 100%**

If more **figures** have a mixed sequence the commissaires panel will decide about the devaluations by majority decision.

*(text modified on 01.01.16)*

**8.1.035 Start of evaluation (judgement)**

As soon as the **rider(s)** enters the riding-area the evaluation will start. **Riders** will present themselves, standing **on** the riding-area.

If the **rider(s)** are not presenting themselves standing **on** the riding-area, the first figure will be devalued with: **100%**

*(text modified on 01.01.16)*

**8.1.036 Start of performance**

Each performance will start with a clear “START” call, announced by the performing **rider**. If not, there will be a devaluation:

1. for squats, jumps, **turns on the spot** and passages: **100%**
2. for all other **figures**: **50%**

*(text modified on 01.01.16)*

**8.1.037 Start of a figure**

1. Each **figure** starts with its prescribed position, if necessary with its prescribed grip connection and taking into account the explanations in the tables of **figures**. Deviations from this have to be devalued: **100%**
2. Line figures (**Artistic cycling** team 4 and 6) start independently **of** the riders distance to the riding-area’s border, **but they end 1 metre before the end of the riding-area**. A devaluation occurs corresponding the missing way of stretch.
3. Half eights start independently from the longitudinal or transverse axis after reaching the starting position of the figure, a devaluation occurs corresponding the missing way of stretch.
4. Counter circles and counter eights start independently from the touch of hands always on the inner circle, a devaluation occurs corresponding the missing way of stretch.
5. If a touch of hands over the inner circle at the beginning or at the end of a figure is required, but is not shown, devaluation of: **10%**

*(text modified on 01.01.16)*

**8.1.038 Not recognisability of figures**

All **figures** listed on the evaluation sheet have to be shown according to the explanations in these regulations. **Figures** which cannot be recognized will have to be devalued: **100%**

*(text modified on 01.01.16)*

**8.1.039 Way of stretch**

The way of stretch is the description for the whole process of a figure which is determined in the preliminary notes and/or in the explanations of figures in the corresponding tables.

All **figures** on the evaluation sheet must be entirely shown by all **rider(s)** together from beginning until the end of a figure in the defined manner of riding and modality over the entire way of stretch. For the start and end of a figure, the body balance point is relevant.

1. If the **figure** is shown less than half of the **way of stretch**, devaluation of: **100%**

2. If the **figure** is shown less than 9/10 of the **way of stretch**, devaluation of: **50%**
3. If the **figure** is shown less than the total **way of stretch**, devaluation of: **10%**
4. At line **figures** (**Artistic cycling team 4 and 6**) the **way of stretch** will be measured at the wheel which is the nearest to the border of the riding-area.
5. At **figures**, where **riders** are riding next to each other, the **way of stretch** is to be measured according to the position of the outside-rider.
6. With an incorrect descending of the front wheel over more than 1 second, the **way of stretch** ends.
7. With falling or standing on the floor over more than 1 second the **way of stretch** ends.
8. With forbidden leaning and/or pushing of over more than 1 second the **figure** ends.
9. If a rider at a half eight or 8 is missing the middle point more than 75 centimetres, a devaluation occurs corresponding the missing **way of stretch**.

*(text modified on 01.01.16)*

**8.1.040 Announced figures**

**Figures** which are announced from outside the riding-area have to be devalued: **100%**

*(text modified on 01.01.16)*

**8.1.041 End of performance**

All **figures** of a programme have to be performed within the maximal time. After the **maximal time** has elapsed the **missing way of stretch** of the corresponding figure(s) has to be devalued.

The performance ends with finishing the last figure.

*(text modified on 01.01.16)*

**8.1.042 End of evaluation**

Regulations concerning the end of evaluation see under **8.2.009** and **8.3.043** (descend from bicycle).

*(article introduced on 01.01.16)*

## § 9 Judgement of difficulty valid for single and pair

**8.1.043 Position of leg(s)**

1. Stretched legs: Deviations of stretched knees (that means straight line) of more than 20° have to be devalued: **100%**
2. Bendstands and backstand: Deviations of the free leg more than 20° downwards in comparison with the **described straight line downwards** have to be devalued: **100%**
3. Bendstands and backstand: Is the foot of the free leg lower than the leg on the pin, it has to be devalued: **100%**
4. Scales: Deviations of the described straight line from more than 10° have to be devalued: **100%**

5. L-shape holds and all other **figures** with a mandatory horizontally, stretched position of the leg(s):
  - a) Deviations of the position of the legs downwards in comparison with the described position have to be devalued: **100%**
  - b) Deviations of the position of the legs more than 20° upwards in comparison with the described position have to be devalued: **100%**
6. Straddles
  - a) Deviations of the position of the legs downwards in comparison with the described position have to be devalued: **100%**
  - b) Deviations of the position of the legs more than 20° upwards in comparison with the described position have to be devalued: **100%**
  - c) The angle of the straddle (“opening angle” of the legs) must have a minimum of 70°. Deviations have to be devalued: **100%**

*(text modified on 01.01.16)*

#### **8.1.044 Passages**

1. During a passage it is not allowed – according to preliminary notes and tables of figures - to stay (show) longer than 1 second in a position which is a known **figure**. Deviations have to be devalued: **50%**
2. During passages it is not allowed to stay (show) longer, in a position which is an unknown **figure** (according to preliminary notes and tables of **figures**), than a **way of stretch** of 2 metres. Deviations have to be devalued: **50%**

*(text modified on 01.01.16)*

#### **8.1.045 Mautejump**

1. If the rider does not reach the handlebar with his feet or only with one foot while performing the Mautejump. Devaluation: **100%**
2. If the rider reaches the handlebar with his feet while performing the Mautejump, but can't stand. Devaluation: **50%**
3. If the two metres or parts of it are missing. Devaluation: **10%**

*(article introduced on 01.01.16)*

#### **8.1.046 Final figures**

1. If a final **figure**, in which the **rider** has to pass (jump over) the handlebar, **will be interrupted** before the **rider** has passed the handlebar. Devaluation: **100%**
2. If the **figure will be interrupted** after the **rider has passed** the handlebar, but before the **rider stands on the riding-area**, in front of the bicycle. Devaluation: **50%**
3. If a final **figure**, in which the **rider** has to pass (jump over) the saddle, **will be interrupted** before the **rider has passed** the saddle. Devaluation: **100%**
4. If the **figure will be interrupted** after the **rider has passed** the saddle, but before the **rider stands on the riding-area**, behind the bicycle. Devaluation: **50%**
5. If the squat from side pedal to side pedal **will be interrupted** before the **rider has passed** the frame with his feet. Devaluation: **100%**

6. If at a handlebar straddle the legs are not in the straddle position above the handle-bar or the **rider** does not release the hands from the handlebar during the **figure**. Devaluation: **100%**
7. If at a straddlejump the legs are not stretched or one or both hands do not touch the feet. Devaluation: **100%**
8. If at straddles or straddlejumps the angle of the straddle (opening angle of the legs) is less than 70°. Devaluation: **100%**
9. Stretchjumps must be performed with stretched and closed legs. At the highest (top) position of the jump the arms have to be stretched upwards (vertical). If not, devaluation: **100%**
10. If at a handstandloop the handstand **will not performed above the handlebars** with stretched arms and stretched and closed legs/feet (a stop is not required). Devaluation: **100%**
11. If a twist is not performed over the total described body turn, the missing **way of stretch** will be devalued.
12. **If at the end of a final figure the rider is standing on the riding area, but the bicycle can not be held.** Devaluation: **10%**
13. If a **somersault** is performed with less than a half turn of the body. Devaluation: **100%**
14. **Somersault:** If the **rider**, after a correct full body turn, does not reach a stand on the riding-area. Devaluation: **50%**

*(text modified on 01.01.16)*

## § 10 Judgement of difficulty valid for pair

### 8.1.047 Single rings

Single rings may not be performed rounding the partner. Deviations have to be devalued: **50%**

### 8.1.048 Figures with obligation to perform in the middle circle

If **figures** which are to be performed with a grip connection above the inner circle (50 cm) are executed outside the middle circle (4 metres) are to be devalued: **50%**

The centre of the **figure** is decisive.

*(text modified on 01.01.16)*

### 8.1.049 Passages / jumps out of regular seat

Passages and jumps out of regular seat on two bicycles which are not performed **simultaneously; one rider** starts with a passage/jump out of regular seat after the partner already **has** reached the end position of that passage/jump out of regular seat, are to be devalued: **50%**

*(text modified on 01.01.12; 01.01.16)*

### 8.1.050 Turns on the spot

1. **Pedalling during turning from one or more riders more than ¼ crankturn, a devaluation occurs corresponding the missing way of stretch.**
2. **Turns on the spot have to be performed by each rider on an own spot with a maximum diametre of 50 cm. Deviations have to be devalued corresponding the missing way of stretch.**

3. If the required standing after the turns on the spot is missing, it has to be devalued: **10%**

*(text modified on 01.01.12; 01.01.16)*

**8.1.051 Mautejump and fronthandlebarstand turn**

1. The second **rider** has to start performing the Mautejump before the first **rider** has finished the described 2 metres way of stretch after the Mautejump otherwise devaluation: **50%**
2. The second **rider** has to start performing the fronthandlebarstand turn before the first **rider** has finished the described 2 metres way of stretch after the fronthandlebarstand turn otherwise devaluation: **50%**

*(text modified on 01.01.16)*

**8.1.052 Somersault**

The second **rider** is **required** to jump before the first **rider** is standing on the riding-area. If not devaluation: **50%**

*(text modified on 01.01.16)*

**8.1.053 Grip connection at end of figure**

If the grip connection as described, at the end of the **figure** (exception turns on the spot) is not performed while riding, devaluation: **10%**

*(text modified on 01.01.16)*

**§ 11 Judgement of difficulty valid for artistic cycling team 4 and 6**

**8.1.054 Simultaneous performance of figures**

If a **figure** will not be performed simultaneously always and solely a devaluation of difficulty has to be made.

1. If the connection and disconnection process of the grips at the start and/or the end of the **figure** and if described during the **figure** are not performed simultaneously, this has to be devalued: **10%**
2. If the last grip connection will be connected, after the first **rider** already has performed 2 metres, devaluation: **50%**
3. If the grip connection(s) as described (at the start and/or at the end or else during the **figure**) is not performed while the bicycle is riding (preliminary notes and explanations of figures), devaluation: **10%**

*(text modified on 01.01.16)*

**8.1.055 Figures with obligation to perform in the middle circle**

1. If **figures** which are to be performed with a grip connection above the inner circle (50 cm) are executed outside the middle circle (4 metres) they must be devalued: **50%**. The centre of the figure is decisive.
2. If the described inside individual / turn on of figures, which have to be performed inside the middle circle, did not start outside the middle circle, devaluation: **100%**

3. If the described outside individual or figures, which have to be performed inside the middle circle, is not leading out of the middle circle, devaluation: **10%**

*(text modified on 01.01.16)*

**8.1.056** Turns on the spot

1. Pedalling during turning from one or more riders more than  $\frac{1}{4}$  crankturn, a devaluation occurs corresponding the missing way of stretch.
2. Turns on the spot have to be performed by each rider on an own spot with a maximum diametre of 50 cm. Deviations have to be devalued corresponding the missing way of stretch.
3. If the required standing after the turns on the spot is missing, it has to be devalued: **10%**

*(text modified on 01.01.12; 01.01.16)*

**8.1.057** Turn on / in- and outside individual

1. If the required 2 metres of inside individual / turn on have not been performed, than the figure didn't start, devaluation: **100%**
2. If the required 2 metres of inside individual / turn on have not been performed completely, devaluation: **10%**
3. If the required 2 metres of outside individual have not been performed completely, devaluation: **10%**
4. If the required 2 metres of inside individual / turn on and of outside individual have not been performed completely, devaluation **10%**
5. If the turn on the spot during turn on will not be performed within a diametre of 50 cm, devaluation: **100%**
6. If during turn on the maximum allowed way of stretch of 2 metres between turn on the spot and grip connection will be exceeded, devaluation: **10%**

*(article introduced on 01.01.16)*

**8.1.058** Stars

1. If in the required endposition of the figure the headtubes of the bicycle resp. the back wheels (star outside resp. star opposite direction) are not showing to the inner circle, a positional error occurs
  - a) More than a half of the riders, devaluation: **100%**
  - b) A maximum of a half of the riders, devaluation: **50%**
2. If in the required endposition of the figure the required grip connection doesn't occur from all riders, devaluation: **100%**
3. Riding in grip connection to the endposition of the figure, it has to be devalued: **100%**
4. If the required standing after the turns on the spot is missing, it has to be devalued: **10%**

*(article introduced on 01.01.16)*

## § 12 Judgement of performance

**8.1.059** Decisive for the judgement of performance are:

The preliminary notes, the guidelines for single, pair, artistic cycling team 4 and artistic cycling team 6, the explanations in the tables of figures and following regulations of the judgement of performance which have to be used when noted mistakes occur during the performance of the **riders**.

Exceptions are the mistake-group 1f-1h (valid from entering until leaving the riding-area) and the mistake-group 2 and 3 (valid from entering the riding-area until the end of the **maximal time**).

Touching the floor or standing on the floor which is part of the **riders** presentation **has** not to be devalued (are allowed).

*(text modified on 01.01.16)*

**8.1.060** Mistake-groups 1a and 1b

Mistakes of these mistake-groups are to be devalued as they happen.

A. Slight, short, arising shortly:  
mistake sign x (X) devaluation value: 0.2 point

B. Fierce, permanently, arising longer:  
mistake sign ~ (wave) devaluation value: 0.5 point

**8.1.061** Mistake-groups 1c, 1d, 1e, 1f, 1g and 1h

A. Mistakes of these mistake-groups are to be devalued by:  
mistake sign ~ (wave) devaluation value: 0.5 point

**8.1.062** Mistake-group 2

A. Mistakes of this mistake group are to be devalued by:  
mistake sign l (line) devaluation value: 1.0 point

**8.1.063** Mistake-group 3

A. Mistakes of this mistake-group are to be devalued by:  
mistake sign O (circle) devaluation value: 2.0 points

**8.1.064** Remark on mistake-groups 1 and 2

If mistakes described in mistake-groups 1 and 2 are directly followed by mistakes of mistake-group 3, only the devaluation of mistake-group 3 may be devalued.

### **Mistake-group 1**

**8.1.065** Mistake-group 1a (x, ~)

Devaluation per kind of mistake, per **rider** and **figure** only once:

1. Hands and/or arms not stretched, or having an **incorrect** position;
2. Rowing or rotating movements of arms;
3. Jerky pedalling;
4. Incorrect posture of the upper part of the body;
5. Unsteadiness;
6. Wandering during 50 cm spinnings;
7. Post motion of bicycle, correction step, or hopping at final **figures**;
8. **Legs not stretched (less than 20°) or having an incorrect position**;
9. **Feet not stretched or having an incorrect position**.

*(text modified on 01.01.16)*

**8.1.066** Mistake-group 1b (x, ~)

Devaluation per kind of mistake and **figure** only once:

1. Different sizes of circles during half eight and all kinds of eight and opposite single rings;
2. Displacement of circles during a half eight and all kinds of an eight;
3. **Non-simultaneous execution of figures;**
4. **Incorrect direction;**
5. Unequal distances;
6. **Correction moving within grip connections during standing after turns on the spot and stars.**

*(text modified on 01.01.16)*

**8.1.067** Mistake-group 1c (~)

Devaluation per kind of mistake and **figure** only once:

1. Only once or not crossing the inner circle (= 50 cm) during an eight **with a deviation of less than 75 cm from the middle point;**
2. Not crossing the inner circle during a half eight **with a deviation of less than 75 cm from the middle point;**
3. Wrong positions on the riding-area;
4. **Deviation of the constant distance to the inner circle during circles or half circles (only single and pair) from more than 2 metres.**

*(text modified on 01.01.16)*

**8.1.068** Mistake-group 1d (~)

Devaluation per kind of mistake per **rider** only once:

1. Incorrect changing of the bicycle(s) (only pair);
2. Incorrect descending from the bicycle.

*(text modified on 01.01.16)*

**8.1.069** Mistake-group 1e (~)

Devaluation of this kind of mistake as often as **it** appear; only between the **figures**.

1. Crossing the outside marking of the riding-area.

*(text modified on 01.01.16)*

**8.1.070** Mistake-group 1f (~) (valid for single and pair)

Devaluation when this kind of mistake occurs, before the first and between the **figures**, only once:

1. Unsteadiness.

*(text modified on 01.01.16)*

**8.1.071** Mistake-group 1g (~) (valid for team 4 and team 6)

Devaluation when this kind of mistake occurs, before the first and between the **figures**, only once:

1. Unsteadiness;
2. Hands and/or arms not stretched, or have a wrong position during **free-hand figures**;
3. Non-synchronous grapple and release (by hand) of the bicycle;

4. Non-synchronous lowering and rising of the frontwheel during raiser figures.

(text modified on 01.01.16)

**8.1.072 Mistake-group 1h (~)**

**bis** Devaluation per kind of mistake per **rider** only once:

1. Incorrect presentation of the **rider(s)** before the start of the **maximal time**;
2. Incorrect descending from the bicycle after the end of the **maximal time**;
3. Incorrect presentation of the **rider(s)** after the end of the **maximal time**.

(text modified on 01.01.16)

**Mistake-group 2**

**8.1.073 Mistake-group 2 (I)**

**bis** Devaluation of mistakes per **rider** and kind of mistake, as **often** they arise (also before the first and between the **figures**):

1. Grab and release the handlebar, bicycle or team members with, one or two hands, during **free-hand figures**;
2. Lowering and raising of the front wheel during raiser **figures** or raiser passages;
3. Touching the floor or **standing on the riding-area, each foot** (maximum 1 second);
4. Leaning on/pushing of, resting on handlebar, frame or saddle with either leg(s) **or foot/feet** during squats and turning jumps;
5. Catching (with parts of body) the frame after finishing a turning jump before seizing the pedals;
6. **Rider is standing, but the bicycle falls on the riding-area (only final figures)**;
7. Not allowed touching of the partner (**only during the performance of a figure**).

(text modified on 01.01.16)

**Mistake-group 3**

**8.1.074 Mistake-group 3 (O)**

**bis** Devaluation of mistakes per **rider** and kind of mistake, as **often** they arise, also before the first and between the **figures**:

1. Falling; from entering the riding-area until the end of the **maximal time**;
2. Standing on the floor (**more than 1 second**) from start of the **maximal time** until the end of the **maximal time**;
3. Holding on objects not belonging to the team;
4. Persons entering the riding-area in order to hand over the bicycle(s) during the change of bicycle(s) at pair artistic cycling;
5. **Rider ends not standing on the riding-area (final figures)**;
6. Parking or leaving the bicycle(s) outside the coaching zone in pair artistic cycling (a bicycle is called left or parked from the moment the **riders have started the next figure**).

(text modified on 01.01.16)

## Chapter II GUIDELINES FOR SINGLE AND PAIR ARTISTIC CYCLING

### § 1 General guidelines on single and pair riding programmes

#### 8.2.001 Leaving bicycles

During the performance of the programme riders are not allowed to leave their bicycle.

The only exception is in pair artistic cycling when the **riders** change from two bicycles to one, or from one bicycle to two. There is only one change allowed during a performance.

*(text modified on 01.01.16)*

#### 8.2.002 Start of programme

As soon as the **rider(s)** enter the riding-area the evaluation will start. The riders present themselves on the riding-area standing on the surface.

The programme must start with the clear call "START"; being on the bicycle without touching the riding-area. At the call "START" the **time will be taken**.

*(text modified on 01.01.16)*

#### 8.2.003 Execution of **figures** (body posture)

During the execution of the **figures** a correct body position is required in the sense of sportmenlike artistic cycling which may not be changed during the whole performance of a figure. Exceptions are the figures where a changing of the body position is necessary.

*(text modified on 01.01.16)*

#### 8.2.004 Commands of performance

**Riders** are only allowed to give commands of performance during their own performance.

*(text modified on 01.01.16)*

#### 8.2.005 Announcing **figures**

During all disciplines announcing and/or showing the **figures** by outsiders is not allowed.

*(text modified on 01.01.16)*

#### 8.2.006 Tactical **figures** (T)

For **figures** which are described as tactical in the tables of **figures** it is allowed to extend these figures, during the performance of this **figure as described**.

*(text modified on 01.01.16)*

#### 8.2.007 Interruption of evaluation

The **rider/coach** will announce a defect of her/his bicycle, an injury or illness by lifting/raising the arm or/and by a clear call "STOP".

*(text modified on 01.01.16)*

**8.2.008 Final figures**

Final **figures** can only be performed as the last **figure** before the change of bicycles in pair artistic cycling or as the last **figure** of the programme.

The **riders** have to end the final **figure** standing on the riding-area, holding the bike with one hand, while stretching the other arm sideways (horizontally).

*(text modified on 01.01.16)*

**8.2.009 End of evaluation**

The evaluation ends after a correct dismounting of the bicycle, a presentation towards the audience while standing on the riding-area. **Hereby the** evaluation ends (even after the **maximal time**).

*(text modified on 01.01.16)*

**8.2.010 Deviations**

If deviations in these regulations occur between the drawing and the applicable text, the text will prevail in such a case.

## § 2 General guidelines for the pair riding programme

**8.2.011 Simultaneous execution of figures**

All the **figures** on two bicycles must be performed simultaneously.

*(text modified on 01.01.16)*

**8.2.012 Grip connections**

When in the explanations of **figures** "single" is not prescribed for a figure on two bicycles or in the guidelines just a touch of hands is being asked for, the figure must be shown totally or partially in grip connection.

The following kinds of grip connections are allowed:

- hand-in-hand grip,
- double-arm grip,
- double-shoulder grip.

*(text modified on 01.01.16)*

**8.2.013 Changing bicycles**

When changing from two to one or from one to two bicycles both **riders** have to dismount correctly and start their performance again without assistance.

The change has to be executed at the coaching zone.

*(text modified on 01.01.16)*

### § 3 Guidelines for performance on the riding-area single and pair

- 8.2.014** All **figures** have to be performed within the borders of the riding-area. The distance ridden at the outside of the riding-area has to be repeated inside. All **figures** have to be executed on the riding-area, **corresponding the names of the figures** and applicable **way of stretch**, as described below.

*(text modified on 01.01.16)*

- 8.2.015** **Figures** which may be shown anywhere on the riding-area  
Handlebar spinnings, handlebarstand turns, stillstands, turns, squats, jumps, spinnings, **turns on the spot**, single rings out of forehead-line, passages and final **figures**.

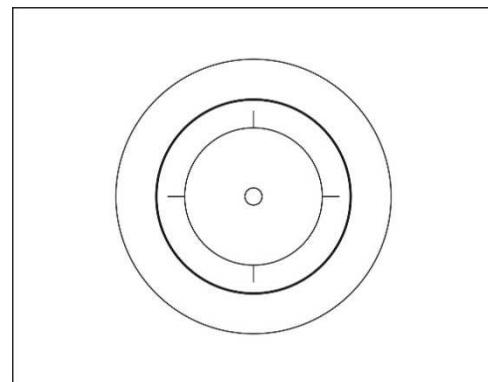
*(text modified on 01.01.16)*

#### Performance of **figures** on the riding-area

##### 8.2.016 Circle (C.)

Only the distance ridden outside the middle circle (4 metres) is valid for the evaluation. During the execution of a circle the distance to the centre of the riding-area must stay the same for the total **way of stretch**.

During circles which have to be executed separately (in pair) the distance between the two **riders** must be identical for the total **way of stretch**. A circle ends after at least one total turn (360°) around the middle circle.



*(text modified on 01.01.16)*

##### 8.2.017 Half circle (HC.)

Only the distance ridden outside the middle circle (4 metres) is valid for the evaluation. During the execution of a half circle the distance to the centre of the riding-area must stay the same for the total **way of stretch**.

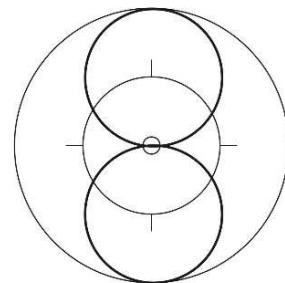
During circles which have to be executed separately (in pair) the distance between the two **riders** must stay the same for the total **way of stretch**. A half circle ends after at least a half turn (180°) around the middle circle.

*(text modified on 01.01.16)*

**8.2.018 Eight (8)**

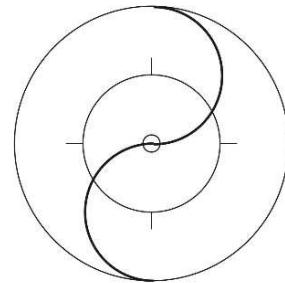
An eight is formed by two circles. Both circles must have the same diametre with a minimum of 4 metres. The inner-circle (50 cm) is to be crossed twice during the execution of an 8. The circles have to be executed each, at an opposite located half of the riding-area.

The riding-area is divided, imaginary, in 2 halves by a line through the middle of the riding-area.

**8.2.019 Half eight (S)**

A half eight is formed by two half circles. Both half circles must have the same diametre with a minimum of 4 metres. The inner circle (50 cm) is to be crossed once during the execution of a S. **The sequence of the figure starts at the longitudinal or transverse axis of the riding-area.** The half circles have to be executed at two, across from each other, placed quarters of the riding-area (one half circle at each quarter).

The riding-area is divided, imaginary, in 4 quarters by the **longitudinal and transverse axis**.

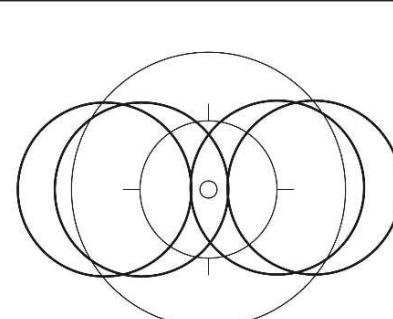


*(text modified on 01.01.16)*

**8.2.020 Counter eight (Count. 8)**

Each **rider** executes an eight in contrary to the partner. **The sequence of the figure starts at the centre of the riding-area with a touch of hands (except handstand) of the riders.** The figure ends after completing the total way of stretch with a touch of hands (except handstand) of the **riders** again at the centre of the riding-area.

*(text modified on 01.01.16)*



**8.2.021** Counter circle (Count. C)

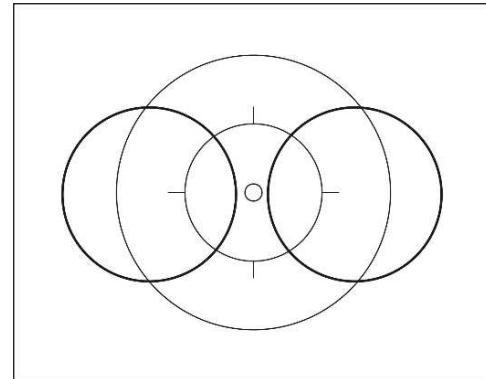
Each **rider** executes each on a separate half of the riding-area a complete circle with a minimum diametre of 4 metres around **a point**.

**The two points are lying with the same distance to the inner circle on the longitudinal axis.**

**The riding-area is divided, imaginary, by the transverse axis.**

**The sequence of the figure starts and ends at the centre of the riding-area with a touch of hands of the riders.**

**The way of stretch which is executed at the handlebar-turn belongs to the content of the total way of stretch of the counter circle.**



*(text modified on 01.01.16)*

**8.2.022** Turn on the spot

After detaching from grip connection, in the respective kind of raiser, each partner turns on the spot without pedalling. At the end of the last turn the grip connection is **required**. After that the grip connection at the end of the **figure** is completed the **riders have to stand without moving**. During releasing and closing the grip connection, the **riders** are **required** to stand still.

*(text modified on 01.01.16)*

**8.2.023** Mill

Connected through hand-in-hand grip with their left (or right) hands, the partners show the respective **figure** in the middle of the riding-area. A **way of stretch** with a minimum of one complete circle ( $360^\circ$ ) is to be performed.

At performing a mill with single-rings (s.r.) or mill-spinnings (mill. spin.) the partners have to show a grip connection at the middle of riding-area at the start of the **figure**. After this grip connection the **riders** release their hands; execute the single-rings or mill-spinnings; and grab back to the hand-in-hand grip connection in the middle of the riding-area.

**Riders** are not allowed to stand still with their bikes during releasing and closing the grip connection at the beginning and the end of the **figure** (bicycles must move during these actions).

*(text modified on 01.01.16)*

**8.2.024** Forehead-line

Partners are riding/standing, side by side, in the same direction, performing the respective **figure**. They are connected to each other by a grip connection.

*(text modified on 01.01.16)*

**8.2.025** Single rings (s.r.)

A single ring is a small circle performed at a spot on the riding-area. During the performance of this **figure** this spot is the centre of this figure. A way of stretch with a minimum of one complete circle (360°) has to be performed.

The release **of** the start-position and the grapple **into** the end position are to be performed while moving the bicycles (stillstand is not allowed during these actions).

The **figure** ends at the moment that the end-position is showed.

For following **figures** the partners are obliged to touch hands, before and after single rings, indicating the start and the end of the **figure**: Saddle-handlebarstand, Handlebarstand and Saddlestand.

During the performance of single rings in mills (middle of the riding-area) the riders have to pass the middle circle (4 metres).

*(text modified on 01.01.16)*

**8.2.026** 50-cm-Spinnings (spin.)

**bis** Spinnings have to be performed on a spot with a maximum diametre of 50 cm, according to the kind of raiser in the context of a **figure**. The spinnings start being judged when the diametre has been achieved by all **riders** (rear wheel of the bicycle spin within the diametre of 50 cm). At least 3 complete, successive, spinnings, within the mentioned diametre of 50 cm, have to be performed by all **riders**.

When spinnings are performed as part of a **figure** with described grip connection at the beginning and/or at the end of the **figure** the release and grapple of the grip connection must be performed with a moving bike (stillstand not allowed). It is allowed to change the riding-direction at the end of the **figure**.

*(text modified on 01.01.16)*

## § 4 Guidelines for performance on bicycle single and pair

**8.2.027** Position of the arms

**Figures** which do not have the word **frh.** in the text, the **riders** have to be connected with one hand to a rider with a grip connection. The other hand is connected to the handlebar (or **frh.**).

All **riders** have to show the identical way of positioning the arms. When **riders** are not connected to a partner and are connected to the handlebar with a hand, the other hand/arm has to be stretched sideways. Possible deviations are described in the explanations of **figures**.

*(text modified on 01.01.16)*

**8.2.028** Position of arms and legs (stretching etc.)

If arm(s) is mentioned in the text this means that this is related **to the elbow, wrist and finger**.

If in the text is mentioned leg(s) this means that this is related to the **knee and ankle**.

*(text modified 01.01.16)*

**8.2.029 Free-hand (frh.)**

If **free-hand** (frh.) is written in the context of a **figure**, neither the handlebar, the bicycle(s), nor the partners may be touched during the total **way of stretch** of the **figure**. Exceptions are described at the explanations of **figures**.

Arms which are not connected by a grip connection are to be stretched, horizontally, sideways by an angle of 90° to 110° towards the body (see drawing).



*(text modified on 01.01.16)*

**8.2.030 Both wheels on floor**

Except **figures** with the text “raiser” all **figures** are to be performed with both wheels on the floor during the total **way of stretch** of the **figure**.

Exceptions are described in the explanations of **figures**.



*(text modified on 01.01.16)*

**8.2.031 Raiser**

If “raiser” is written in the context of a **figure**, the total **way of stretch** of the **figure** has to be performed in the described raiser-position.

Only the rear wheel should touch the floor.



*(text modified on 01.01.16)*

**8.2.032 Forward**

All of the **figures** are to be performed in forward direction if they are not marked as backward. Exceptions are described in the explanations of **figures**.

At all **figures** with both wheels on the floor; turns, squats and jumps **forward** is determined by the bicycle. At all raiser figures the direction of the riders face is decisive for the forward direction.



*(text modified on 01.01.16)*

**8.2.033 Backward (bw.)**

When **figures** are marked with “backward” they have to be performed during the total **way of stretch** of the **figure** in the backward direction. Exceptions are described in the explanations of **figures**.

At all **figures** with both wheels on the floor; turns, squats and jumps the backward motion is determined by the movement of the rolling bicycle. At all raiser figures the direction of the riders face is decisive for the forward and backward direction.



*(text modified on 01.01.16)*

**8.2.034 Bendstands and stand bent on pin**

At all bendstands **and at stand bent on pin** head, body, leg and foot show a straight line.

The foot of the free leg has to be at least on the same level like the supporting leg.

*(text modified on 01.01.16)*

**8.2.035 Saddle handlebar-, handlebar- and saddlestands**

These **figures** will have to be performed in an upright, **free-hand** position, with sideways stretched arms and hands.

*(text modified on 01.01.16)*

**8.2.036 Straddles**

Straddles have to be performed with horizontally stretched legs. At straddles or straddlejumps the angle of the straddle (opening angle of the legs) has to have a minimum opening of 70°.

*(text modified on 01.01.16)*

**8.2.037 Squats and jumps**

All these **figures** have to be performed without bracing, pushing off and leaning onto the handlebars, frame or saddle with legs or feet.

*(text modified on 01.01.16)*

**8.2.038 Stillstands**

Stillstands have to be performed at least 3 seconds.

*(text modified on 01.01.16)*

**8.2.039 Passages (P.)**

All **passages** can be performed in any spot of the riding-area, without touching the floor and without any other assistance. The figure has to be shown from the starting position until the endposition without taking another figure position. If the described endposition is a raiser-position, the following figure must be shown in the same kind of raiser.

The start and the end of the passage has to be shown according the description of the start- and endposition in the explanations of figures.

Passages in pair artistic cycling, on two bicycles, must be performed in grip connection (except the passage backhang raiser headtube reverse / standraiser).

*(text modified on 01.01.16)*

**8.2.040 Stands and shoulderseats on one bicycle**

All the pin-, saddle handlebar-, handlebar-, saddle-, shoulderstands and shoulderseats must be performed with horizontally, sideways, stretched arms (except ring-grip), without support from the partner and in an upright position.

For the **figure** Saddle handlebarstand/Saddle handlebarstand, it is not required to have sideways stretched arms. During this **figure** it is allowed to touch or hold the partner.

For the **figure** Raiser regular seat/Stand on pins, it is not required to have sideways stretched arms for the position Stand on pins. It is allowed to touch or hold the partner **which** is in the raiser-position.

*(text modified on 01.01.16)*

- 8.2.041** Headstands, shoulderstands and handstands on one bicycle  
**Figures** with these positions have to be performed without support. It is not allowed to touch or hold the partner during the execution of these **figures**.

*(text modified on 01.01.16)*

- 8.2.042** Counterwise  
If the term "counterwise" appears in the text this means the same position is possible with the opposite foot or leg, with opposite pedal and/or opposite rear- or frontpin.

## Chapter III GUIDELINES ARTISTIC CYCLING TEAM 4 AND 6

- 8.3.001** General guidelines to riding programmes artistic cycling team 4 and 6  
All **figures** have to be performed on the riding-area.  
The distance ridden outside of the riding-area has to be repeated inside.  
All **figures** have to be performed according the explanations in the tables of **figures**.  
It is not allowed to leave the bicycles during the riding-programme.

*(text modified on 01.01.16)*

- 8.3.002** Deviations  
If deviations in these regulations occur comparing the drawing and the belonging text, in that case the text will be leading.

- 8.3.003** Execution of **figures** (body posture)  
**During the execution of the figures a correct body position is required in the sense of sportmenlike artistic cycling which may not be changed during the whole performance of a figure. Exceptions are the figures where a changing of the body position is necessary.**

*(text modified on 01.01.16)*

- 8.3.004** Commands of performance  
It is only allowed that **riders** can give commands of performance during their own performance.

*(text modified on 01.01.16)*

- 8.3.005** Announcing **figures**  
During all disciplines announcing and/or showing the **figures** by outsiders is not allowed.

*(text modified on 01.01.16)*

- 8.3.006** Interruption of evaluation  
The **rider/coach** will announce a defect of her/his bicycle, an injury or illness by lifting/raising the arm or/and by a clear call "STOP".

*(text modified on 01.01.16)*

- 8.3.007** Start of programme  
As soon as **rider(s)** enter the riding-area the evaluation will start. The riders present themselves on the riding-area standing on the surface. The programme must start with a clear call "START"; being on the bicycle without touching the riding-area. At the call "START" the maximal-time will start.

*(text modified on 01.01.16)*

**8.3.008** Tactical **figures** (T)

For **figures** which are in the tables of **figures** described as "tactical" it is allowed to extend these **figures** as described, during the performance of this **figure**.

*(text modified on 01.01.16)*

**8.3.009** Final **figures**

Final **figures** only can be performed as last **figure** and are part of the riding-programme. The **riders** have to end the final **figure** standing on the riding-area, holding the bike with one hand, while stretching the other arm sideways (horizontally).

*(text modified on 01.01.16)*

**8.3.010** Both wheels on floor

Except **figures** with the text "raiser" all **figures** are to be performed with both wheels on the floor during the total **way of stretch** of the **figure**. Exceptions are described in the explanations of **figures**.

**Figures** with both wheels on the floor means: The **rider** sits on the saddle, each foot is on a different pedal and the front- and rear wheel have contact to the floor.



*(text modified on 01.01.16)*

**8.3.011** Raiser

If "raiser" is written in the context of a **figure**, the total **way of stretch** of the **figure** has to be performed in the described raiser-position. The **rider** sits on the saddle, each foot is on a different pedal and only the rear wheel should touch the floor.



*(text modified on 01.01.16)*

**8.3.012** Forward

All the **figures** have to be performed forward during the total **way of stretch**, if they are not marked as backward. Exceptions are described in the explanations of **figures**. The forward direction has to be executed as shown in the drawing.



*(text modified on 01.01.16)*

**8.3.013** Backward (bw.)

When **figures** are marked as "backward" they have to be performed backward during the total **way of stretch**. Exceptions are described in the explanations of **figures**. The backward direction has to be executed as shown in the drawing.



*(text modified on 01.01.16)*

**8.3.014** Surroundings

If “forward” is written in the context of **figures** with surroundings, the surrounding has to be performed in anticlockwise direction.

If “backward” is written in the context of **figures** with surroundings, the surrounding has to be performed in clockwise direction.

Exceptions are described in the explanations of **figures**.

**8.3.015** Position of the arms

In **figures** which do not have **free-hand** (frh.) in the context of the **figure**, the riders have to grab with their not connected hands the handlebar and/or to ride free-hand.



All **riders** have to show an identical way of positioning the arms. If **riders** are not connected to a partner and are connected to the handlebar with one hand, the other hand/arm has to be stretched sideways. Possible deviations are described in the explanations of **figures**.

*(text modified on 01.01.16)*

**8.3.016** Grip connections

Following kinds of grip connections are allowed:

Hand-in-hand grip, double-arm grip, shoulder- or double-shoulder grip.

Possible deviations are described in the explanations of **figures**. All other grip connections are not allowed.

*(text modified on 01.01.16)*

**8.3.017** Free-hand (frh.)

If **free-hand** (frh.) is written in the explanations of a **figure**, the whole way of stretch has to be shown free-hand. A free-hand way of stretch means, that neither the handlebar, the bicycle(s), nor the partners are allowed to be touched during the total **way of stretch** of a **figure**. Possible exceptions are described in the explanations of **figures**.

Not connected arms/hands (except doors and surroundings) have to be stretched horizontally and sideways. All **free-hand** positions have to be executed with sideways stretched arms and an angle of 90° bis 110°.



*(text modified on 01.01.16)*

**Presentation of **figures** with in- and outside motions****8.3.018 Figures** with inside and outside motions

If in the context of figures is mentioned “frh. inside individual” only the **figure** itself has to be performed **free-hand**. If in the context of the **figure** is mentioned inside individual frh. respectively turn on frh. the individual 2 metres/turn on at the start of the **figure** and the **figure** itself has to be performed **free-hand**.

At **figures**, which are required to perform within the middle circle (4 metres), the inside individual/turn on motion has to start outside of the middle circle. The outside individual motion has to end outside of the middle circle.

*(text modified on 01.01.16)*

**8.3.019 Inside individual (inside indiv.)**

If in the context of the **figures** is mentioned “inside individual” all **riders** have to perform at least an individual (without grip-connection) distance of 2 metres (inside motion) before they execute the belonging **figure** according the explanations. The mentioned individual distance, the following grip-connection and the belonging **figure** have to be performed simultaneous without stops. After the grip-connection the **figure** has to be performed over the total **way of stretch** according the explanations. The **riders** are free of choice because of executing the inside individual motion and the **figure**; **free-hand**, with one or two hands at the handlebar, but they are required to use all the same kind of performance.

*(text modified on 01.01.16)*

**8.3.020 Free-hand inside individual (frh. inside indiv.)**

Free-hand inside individual means that all **riders** have to perform at least 2 metres individual and without grip connection. The figure followed by the inside motion has to be performed free-hand. After the inside individual the riders have to grab simultaneously and in motion to the figure described in the explanations of figures. The figure has to be shown free-hand. It's the choice of the rider, if they perform the inside individual with one or both hands on the handlebar, but the execution of all **riders** have to be identical.

*(text modified on 01.01.16)*

**8.3.021 Inside individual **free-hand** (frh.) / turn on frh.**

1. Inside individual **free-hand** means that the inside motion and the corresponding **figure** has to be executed **free-hand**. The individual inside motion has to be performed by all **riders** at least 2 metres individual (without grip-connection) **free-hand** before they execute the corresponding **figure**, **free-hand**, according the explanations. The mentioned individual distance, the following grip-connection and the corresponding **figure** have to be performed simultaneous **and in motion**.

2. Turn on frh. means that the turn on motion and the corresponding figure has to be executed free-hand. The turn on motion has to be performed by all riders at least 2 metres individual (without grip-connection) free-hand, than a turn on with a diametre of max. 50 cm and afterwards within a distance of 2 metres before they execute the corresponding figure, free-hand, according the explanations. The mentioned individual distance, the following grip-connection and the corresponding figure have to be performed simultaneous and in motion.

*(text modified on 01.01.16)*

**8.3.022** In- and outside individual (in- and outside indiv.)

If in the context of **figures** is mentioned “in- and outside individual” all **riders** have to perform at least an individual (without grip-connection) distance of 2 metres (inside motion) before they execute the corresponding **figure** according the explanations. After the corresponding **figure** they have to perform again an individual (without grip connection) distance of 2 metres (outside motion). The mentioned inside motion, the following grip connection, the corresponding **figure** and the outside motion have to be performed simultaneous **and in motion**. The part of the **figure** between the in- and outside motions has to be performed over the total **way of stretch** according the explanations. The **riders** are free because of executing the inside individual motion, the **figure** and the outside motion; **free-hand**, with one or two hands at the handlebar, but it has to be identical.

**8.3.023** **Free-hand** in- and outside individual (frh. in- and outside indiv.)

**Free-hand** in- and outside individual means that the figure followed by the inside motion has to be performed free-hand. The inside and outside motion of the **riders** can be performed; free-hand, with one or two hands at the handlebar, according the choice of the **riders**, **but it has to be identical**.

All riders have to perform the individual inside motion individual (without grip connection) 2 metres before they execute the corresponding **figure**, **free-hand**, according the explanations. After the corresponding **figure** they have to perform again an individual (without grip connection) distance of at least 2 metres (outside motion). The mentioned inside motion, the following grip-connection, the corresponding **figure** and the outside motion have to be performed simultaneous **and in motion**.

**8.3.024** In- and outside individual **free-hand** (in- and outside indiv. frh.) /

**bis** turn on and outside individual (turn on and outside indiv. frh.)

1. Inside individual free-hand means that the inside motion and the corresponding figure have to be executed free-hand. All riders have to perform the individual inside motion individual (without grip-connection) at least 2 metres free-hand before they execute the corresponding **figure**, **free-hand**, according the explanations. The mentioned individual distance, the following grip connection and the corresponding figure have to be performed simultaneous and in motion.

2. Turn on frh. means that the turn on motion and the corresponding figure have to be executed free-hand. All riders have to perform the turn on motion individual (without grip connection) at least 2 metres free-hand, than a turn on with a diametre of max. 50 cm and afterwards within a distance of 2 metres before they execute the corresponding figure, free-hand, according the explanations. The mentioned individual distance, the following grip connection and the corresponding figure have to be performed simultaneous and in motion.
3. Outside individual free-hand means that the outside motion after the belonging figure have to be executed free-hand. All riders have to perform the individual outside motion individual (without grip connection) at least 2 metres free-hand according the explanations. The mentioned individual distance, grip connection and the outside motion have to be performed simultaneous and in motion.

*(text modified on 01.01.16)*

#### **8.3.025 Lowering and rising of the frontwheel**

If **riders**, in advance of the first, or between **figures** obviously lower or rise the frontwheel, **it has to occur simultaneously**.

*(text modified on 01.01.16)*

#### **8.3.026 Grab and release of the bicycle**

If **riders**, in advance of the first or between **figures** obviously release or grab the bicycle, **it has to occur simultaneously**.

*(text modified on 01.01.16)*

#### **8.3.027 Half circle (HC.)**

Only the distance ridden outside the middle circle (4 metres) is valid for the evaluation. During the execution of a half circle the distance to the centre of the riding-area must stay the same for the total way of stretch.

A half circle ends after at least a half turn (180°) around the middle circle.

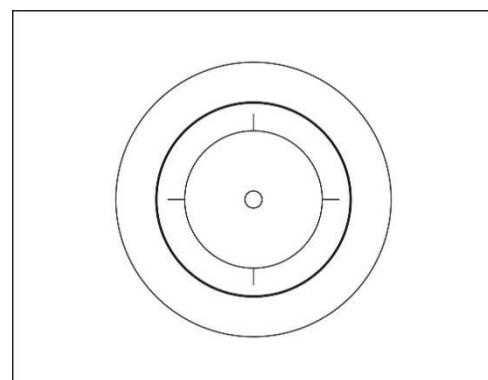
*(article introduced on 01.01.16)*

#### **8.3.028 Circle (C.)**

Only the distance ridden outside the middle-circle (4 metres) is valid for the evaluation. During the execution of a circle the distance to the centre of the riding-area must stay the same for the total way of stretch.

During circles which have to be executed separately the distance between the riders must be identical for the total way of stretch.

A circle ends after at least one total turn (360°) around the middle circle.



*(article introduced on 01.01.16)*

**8.3.029 Single ring left (s.r.l.)**

A single ring left is performed with a way of stretch of a complete circle around a spot at the riding-area. In forward direction the surrounding direction is anti-clockwise. In backward direction, the surrounding direction is clockwise. A single ring ends after all riders have performed a complete circle and return to their starting position.

*(article introduced on 01.01.16)*

**8.3.030 Single ring right (s.r.r.)**

A single ring right is performed with a way of stretch of a complete circle around a spot at the riding-area. In forward direction the surrounding direction is clockwise. In backward direction, the surrounding direction is anti-clockwise. A single ring ends after that all riders have performed a complete circle and return to their starting position.

*(article introduced on 01.01.16)*

**8.3.031 Half counter single ring (half count. s.r.)**

A half counter single ring consists of two half circles, around a spot (point) at the riding-area. Both half circles have to be performed in same size and uniform by all riders. One of the two half circles has to be performed clockwise; the other half circle has to be performed anti-clockwise. Before and after performing the change of direction the riders are required to show a minimum of 2 metres each in the respective direction.

*(article introduced on 01.01.16)*

**8.3.032 Counter single ring (count. s.r.)**

A counter single ring consists of two circles, around a spot (point) at the riding-area. Both circles have to be performed in same size and uniform by all riders. One of the two circles has to be performed clockwise; the other circle has to be performed anti-clockwise. Before and after performing the change of direction the riders are required to show a minimum of 2 metres each in the respective direction.

*(article introduced on 01.01.16)*

**8.3.033 2 connected single ring left (2 con. s.r.l.)**

A 2 connected single ring left is a surrounding around a common Point. Two riders are riding with closed grip connection and in same direction side by side. In direction forward, the surrounding direction is anti-clockwise. In direction backward, the surrounding direction is clockwise. The single ring is finished if they surrounded the point completely and return to their starting position.

*(article introduced on 01.01.16)*

**8.3.034** 2 connected single ring right (2 con. s.r.r.)

A 2 connected single ring right is a surrounding around a common Point. Two riders are riding with closed grip connection and in same direction side by side. In direction forward, the surrounding direction is clockwise. In direction backward, the surrounding direction is anti-clockwise. The single ring is finished if they surrounded the point completely and return to their starting position.

*(article introduced on 01.01.16)*

**8.3.035** Half Eight (S)

A half eight consists of two half circles, each with a minimum diametre of 4 metres, each performed around a spot at the riding-area. Both half circles to be performed in same size and uniform by all riders. One of the two half circles has to be performed clockwise; the other half circle hast to be performed anti-clockwise. The change of direction between the both half circles hast to be performed within the inner circle. Before and after performing the change of direction the riders are required to show a minimum of 2 metres each in the respective direction. A half eight starts on the longitudinal or transverse axis and ends on the same axis.

*(article introduced on 01.01.16)*

**8.3.036** Eight (8)

An eight consists of two circles, each with a minimum diametre of 4 metres, each performed around a spot at the riding-area. Both circles have to be performed in same size and uniform by all riders. One of the two circles has to be performed clockwise; the other circle hast to be performed anti-clockwise. The change of direction between the both circles hast to be performed within the inner circle. The inner circle has to be crossed twice during the execution of the figure. Before and after performing the change of direction the riders are obliged to show a minimum of 2 metres each in the respective direction.

*(article introduced on 01.01.16)*

**8.3.037** 50-cm-Spinnings (spin.)

Spinings have to be performed on a spot with a maximum diametre of 50 cm. The spinnings start being judged when the diametre has been achieved by all riders. All riders have to perform the required continuous spinnings according the description of the figure. The described amount of spinnings has to be performed completely and continuously.

When spinnings are performed as a part of a figure with grip connection at the beginning and/or at the end of the figure the grip connection hast to be released and closed in motion.

*(article introduced on 01.01.16, modified on 01.01.16)*

**8.3.038 Star inside**

All riders are standing, at the same distances between each other, without moving, around the middle of the riding-area. All are connected to each other by hand-in-hand grip connection. The bikes head tubes have to point to the middle of the riding-area. If the figure has to be shown inside individual, the grip connections have to be closed simultaneous. As soon as the grip connections are closed, the riders have to stand still.

*(article introduced on 01.01.16)*

**8.3.039 Star outside**

All riders are standing, at the same distances between each other, without moving, around the middle of the riding-area. All are connected to each other by hand-in-hand grip connection. The bikes rear wheels have to point to the middle of the riding area. If the figure has to be shown inside individual, the grip connections have to be closed simultaneous. As soon as the grip connections are closed, the riders have to stand still.

*(article introduced on 01.01.16)*

**8.3.040 ½ turn on the spot**

During the figure the grip connections will be released simultaneously and all riders perform, without pedalling, a half turn on the spot. As soon as the grip-connections are closed simultaneous, the riders have to stand still.

*(article introduced on 01.01.16)*

**8.3.041 1 (or more) turn(s) on the spot**

During the figure the grip connections will be released simultaneously and all riders perform, without pedalling, one (or more) turn(s) on the spot. As soon as the grip connections are closed simultaneous, the riders have to stand still.

*(article introduced on 01.01.16)*

**8.3.042 Longline/shortline/diagonal pull**

Line figures start 1 metre of the riders distance to the riding-areas's border, but they end 1 metre from the opposite border of the riding-area. The way of stretch has to be straight.

*(article introduced on 01.01.16)*

**8.3.043 Descend from bicycle at end of performance**

At the end of the performance all **riders** have to descend the bicycle simultaneous and present themselves, while standing on the riding-area, towards the audience. After leaving the riding-area the evaluation ends (even after the maximal time).

## Chapter IV TABLE OF FIGURES SINGLE ARTISTIC CYCLING

**8.4.001** The values mentioned after "T" can be reached by tactical **enlargement** of the belonging **figure**.

**8.4.002** **Figure**s with both wheels on floor

Figure No. / Name of figure			Point value
1001	a	Reg. seat HC.	0,5
1001	b	Reg. seat C.	0,7
1001	c	Reg. seat frh. HC.	0,7
1001	d	Reg. seat frh. C.	0,9
1002	a	Reg. seat bw. HC.	2,1
1002	b	Reg. seat bw. C.	2,3
1002	c	Reg. seat bw. <b>frh.</b> handlebar spinning <b>s.r.</b>	3,0
1003	a	Reg. seat rev. HC.	1,2
1003	b	Reg. seat rev. C.	1,4
1004	a	Reg. seat rev. bw. HC.	1,9
1004	b	Reg. seat rev. bw. C.	2,1
1004	c	Reg. seat rev. bw. S	2,8
1004	d	Reg. seat rev. bw. 8	3,6
1004	e	Reg. seat rev. bw. <b>frh.</b> handlebar spinning <b>s.r.</b>	3,6
1011	a	Steering with feet HC.	0,7
1011	b	Steering with feet C.	0,9
1011	c	Steering with feet frh. HC.	0,9
1011	d	Steering with feet frh. C.	1,1
1012	a	Lady seat HC.	0,8
1012	b	Lady seat C.	1,0
1012	c	Lady seat frh. HC.	1,2
1012	d	Lady seat frh. C.	1,4
1013	a	Lady seat bw. HC.	2,5
1013	b	Lady seat bw. C.	2,7
1016	a	Handlebarseat HC.	1,8
1016	b	Handlebarseat C.	2,0
1016	c	Handlebarseat frh. HC.	2,0
1016	d	Handlebarseat frh. C.	2,2
1016	e	Handlebarseat frh. S	2,6
1016	f	Handlebarseat frh. 8	3,4
1017	a	Handlebarseat rev. HC.	1,2
1017	b	Handlebarseat rev. C.	1,4
1017	c	Handlebarseat rev. frh. HC.	1,4
1017	d	Handlebarseat rev. frh. C.	1,6
1021	a	Split HC.	0,9
1021	b	Split C.	1,1
1021	c	Split frh. HC.	1,1

Figure No. / Name of figure			Point value
1021	d	Split frh. C.	1,3
1022	a	Split bw. HC.	2,6
1022	b	Split bw. C.	2,8
1023	a	Split rev. HC.	1,3
1023	b	Split rev. C.	1,5
1023	c	Split rev. frh. HC.	1,5
1023	d	Split rev. frh. C.	1,7
1024	a	Split rev. bw. HC.	2,6
1024	b	Split rev. bw. C.	2,8
1031	a	Frontstand HC.	1,8
1031	b	Frontstand C.	2,0
1031	c	Frontstand frh. HC.	2,0
1031	d	Frontstand frh. C.	2,2
1031	e	Frontstand frh. S	2,6
1031	f	Frontstand frh. 8	3,4
1032	a	Backstand HC.	2,0
1032	b	Backstand C.	2,2
1036	a	Side pedal stand HC.	1,3
1036	b	Side pedal stand C.	1,5
1037	a	Sidestand foot cranking HC.	1,2
1037	b	Sidestand foot cranking C.	1,4
1038	a	Sidestand HC.	1,2
1038	b	Sidestand C.	1,4
1038	c	Sidestand frh. HC.	1,4
1038	d	Sidestand frh. C.	1,6
1039	a	Sidestand rev. HC.	1,6
1039	b	Sidestand rev. C.	1,8
1039	c	Sidestand rev. frh. HC.	1,8
1039	d	Sidestand rev. frh. C.	2,0
1040	a	Side kneeling foot cranking HC.	1,2
1040	b	Side kneeling foot cranking C.	1,4
1041	a	Frameseat HC.	1,3
1041	b	Frameseat C.	1,5
1046	a	Stand on pins HC.	1,3
1046	b	Stand on pins C.	1,5
1046	c	Stand on pins frh. HC.	2,1
1046	d	Stand on pins frh. C.	2,3
1046	e	Stand on pins frh. S	2,7
1047	a	Stand bent on pin HC.	1,6
1047	b	Stand bent on pin C.	1,8

Figure No. / Name of figure			Point value
1047	c	Stand bent on pin frh. HC.	3,0
1047	d	Stand bent on pin frh. C.	3,2
1048	a	Stand bent on pin bw. HC.	3,0
1048	b	Stand bent on pin bw. C.	3,2
1051	a	Bent knee seat HC.	1,3
1051	b	Bent knee seat C.	1,5
1053	a	Knee on saddle HC.	1,9
1053	b	Knee on saddle C.	2,1
1054	a	Knee on saddle bw. HC.	3,8
1054	b	Knee on saddle bw. C.	4,0
1061	a	Stand bent on saddle HC.	1,7
1061	b	Stand bent on saddle C.	1,9
1062	a	Stand bent on saddle bw. HC.	3,4
1062	b	Stand bent on saddle bw. C.	3,6
1063	a	Stand bent on frame HC.	1,7
1063	b	Stand bent on frame C.	1,9
1064	a	Stand bent on frame bw. HC.	3,4
1064	b	Stand bent on frame bw. C.	3,6
1065	a	Stand bent on frame rev. HC.	2,1
1065	b	Stand bent on frame rev. C.	2,3
1066	a	Stand bent on handlebar rev. HC.	2,2
1066	b	Stand bent on handlebar rev. C.	2,3
1071	a	Pedal side stand rev. HC,	1,2
1071	b	Pedal side stand rev. C.	1,4
1076	a	Framestand HC.	1,1
1076	b	Framestand C.	1,3
1076	c	Framestand frh. HC.	2,5
1076	d	Framestand frh. C.	2,7
1076	e	Framestand frh. S	3,1
1077	a	Framestand rev. frh. HC.	3,1
1077	b	Framestand rev. frh. C.	3,3
1081	a	Fronthang HC.	1,5
1081	b	Fronthang C.	2,1
1082	a	Fronthang bw. HC.	3,4
1083	a	Backhang HC.	1,3
1083	b	Backhang C.	1,5
1083	c	Backhang frh. HC.	1,5

Figure No. / Name of figure	Point value
1083 d Backhang frh. C.	1,7
1084 a Backhang bw. HC.	2,4
1091 a Lying on handlebar HC.	2,1
1091 b Lying on handlebar C.	2,3
1092 a Lying on saddle HC.	1,3
1092 b Lying on saddle C.	1,5
1092 c Lying on saddle handlebar HC.	1,5
1092 d Lying on saddle handlebar C.	1,7
1093 a Waterscale under saddle HC.	1,6
1093 b Waterscale under saddle C.	1,8
1093 c Waterscale on saddle HC.	1,8
1093 d Waterscale on saddle C.	2,0
1096 a Walk on frontwheel $\frac{1}{4}$ circle	2,4
1101 a Saddle handlebarstand HC.	2,9
1101 b Saddle handlebarstand C.	3,1
1101 c Saddle handlebarstand S	3,6
1101 d Saddle handlebarstand 8	4,1
1102 a Saddle handlebarstand bw. HC.	6,5
1102 b Saddle handlebarstand bw. C.	6,9
1102 c Saddle handlebarstand bw. S	7,8
1102 d Saddle handlebarstand bw. 8	9,2
1103 a Saddlestand HC.	5,7
1103 b Saddlestand C.	6,1
1103 c Saddlestand S	6,5
1103 d Saddlestand 8	7,3
1104 a Fronthandlebarstand HC..	3,5
1104 b Fronthandlebarstand C.	3,9
1104 c Fronthandlebarstand S	4,3
1104 d Fronthandlebarstand 8	5,1
1104 e Fronthandlebarstand HC. out of reg. seat	4,1
1104 f Fronthandlebarstand C. out of reg. seat	4,5
1104 g Fronthandlebarstand S out of reg. seat	4,9
1104 h Fronthandlebarstand 8 out of reg. seat.	5,7
1104 i Fronthandlebarstand $\frac{1}{2}$ turn	5,1
1104 j Fronthandlebarstand 1 turn T (6,4 - 6,9 - 7,4 - 7,9)	5,9
1104 k Fronthandlebarstand $\frac{1}{2}$ turn T (7,2 - 7,7 - 8,2 - 8,7)	6,7
1104 l Fronthandlebarstand 2 turns T (8,0 - 8,5 - 9,0 - 9,5)	7,5
1104 m Fronthandlebarstand $\frac{1}{2}$ turn out of reg. seat	5,7
1104 n Fronthandlebarstand 1 turn out of reg. seat T (7,0 - 7,5 - 8,0 - 8,5)	6,5
1104 o Fronthandlebarstand $\frac{1}{2}$ turn out of reg. seat T (7,8 - 8,3 - 8,8 - 9,3)	7,3
1104 p Fronthandlebarstand 2 turns out of reg. seat T (8,6 - 9,1 - 9,6 - 10,1)	8,1

Shown	Given				Shown	Given			
	1104i	1104j	1104k	1104l		1104m	1104n	1104o	1104p
	½	1	1 ½	2		½	1	1 ½	2
½	<b>5,1</b>				½	<b>5,7</b>			
1		<b>5,9</b>			1		<b>6,5</b>		
1½		<b>6,4</b>	<b>6,7</b>		1½		<b>7,0</b>	<b>7,3</b>	
2		<b>6,9</b>	<b>7,2</b>	<b>7,5</b>	2		<b>7,5</b>	<b>7,8</b>	<b>8,1</b>
2½		<b>7,4</b>	<b>7,7</b>	<b>8,0</b>	2½		<b>8,0</b>	<b>8,3</b>	<b>8,6</b>
3		<b>7,9</b>	<b>8,2</b>	<b>8,5</b>	3		<b>8,5</b>	<b>8,8</b>	<b>9,1</b>
3½			<b>8,7</b>	<b>9,0</b>	3½			<b>9,3</b>	<b>9,6</b>
4				<b>9,5</b>	4				<b>10,1</b>

Figure No. / Name of figure

				Point value
1105	a	Handlebarstand rev. HC.		4,4
1105	b	Handlebarstand rev. C.		4,6
1105	c	Handlebarstand rev. S		5,1
1105	d	Handlebarstand rev. 8		5,6
1111	a	Saddle support scale HC.		
1111	b	Saddle support scale C.		3,1
1111	c	Saddle support scale S		3,5
1111	d	Saddle support scale 8		5,1
1112	a	Handlebar support scale HC.		2,5
1112	b	Handlebar support scale C.		3,1
1112	c	Handlebar support scale S		3,5
1112	d	Handlebar grip scale, legs front HC.		3,5
1112	e	Handlebar grip scale, legs front C.		4,2
1112	f	Handlebar grip scale, legs front S		4,6
1112	g	Handlebar grip scale, legs front 8		6,4
1112	h	Handlebar grip scale, legs rear HC.		4,1
1112	i	Handlebar grip scale, legs rear C.		4,8
1112	j	Handlebar grip scale, legs rear S		5,2
1112	k	Handlebar grip scale, legs rear 8		7,0
1115	a	Handlebar L-shape hold HC.		2,8
1115	b	Handlebar L-shape hold C.		3,2
1115	c	Handlebar L-shape hold S		3,6
1115	d	Handlebar L-shape hold 8		4,8
1116	a	Handlebar L-shape hold rev. HC.		3,2
1116	b	Handlebar L-shape hold rev. C.		3,6
1116	c	Handlebar L-shape hold rev. S		4,0
1116	d	Handlebar L-shape hold rev. 8		5,2
1117	a	L-shape hold sideways HC.		3,8
1117	b	L-shape hold sideways C.		4,4
1117	c	L-shape hold sideways bw. HC.		6,5
1117	d	L-shape hold sideways bw. C.		7,1

Figure No. / Name of figure			Point value
1118 a	Handlebar support straddle HC.		3,3
1118 b	Handlebar support straddle C.		3,9
1118 c	Saddle support straddle HC.		4,2
1118 d	Saddle support straddle C.		4,8
1121 a	Headstand HC.		4,4
1121 b	Headstand C.		4,6
1122 a	Shoulderstand HC.		4,2
1122 b	Shoulderstand C.		4,4
1123 a	Saddle handlebar handstand HC.		7,0
1123 b	Saddle handlebar handstand C.		7,8
1123 c	Saddle handlebar handstand S		8,6
1123 d	Saddle handlebar handstand 8		10,2
1123 e	L-shape hold sdw. saddle handlebar handstand HC. <b>T (9,8 - 10,4)</b>		8,6
1123 f	L-shape hold sdw. saddle handlebar handstand C. <b>T (10,8 - 11,4)</b>		9,6
1123 g	L-shape hold sdw.saddle handlebar handstand S <b>T (11,6 - 12,2)</b>		10,4
1123 h	L-shape hold sdw.saddle handlebar handstand 8 <b>T (13,6 - 14,2)</b>		12,4
1123 i	L-shape hold sdw.swiss saddle handlebar handstand HC.		10,4
1123 j	L-shape hold sdw.swiss saddle handlebar handstand C.		11,4
1123 k	L-shape hold sdw.swiss saddle handlebar handstand S		12,2
1123 l	L-shape hold sdw.swiss saddle handlebar handstand 8		14,2
1123 m	L-shape hold sdw.german saddle handlebar handstand HC.		11,0
1123 n	L-shape hold sdw.german saddle handlebar handstand C.		12,0
1123 o	L-shape hold sdw.german saddle handlebar handstand S.		12,8
1123 p	L-shape hold sdw.german saddle handlebar handstand 8.		14,8

GIVEN				
SHOWN		1123e	1123f	1123g
	1123i	<b>9,8</b>		
	1123j		<b>10,8</b>	
	1123k			<b>11,6</b>
	1123l			<b>13,6</b>
	1123m	<b>10,4</b>		
	1123n		<b>11,4</b>	
	1123o			<b>12,2</b>
	1123p			<b>14,2</b>

Figure No. / Name of figure			Point value
1124 a	Handlebar handstand HC.		7,2
1124 b	Handlebar handstand C.		8,0
1124 c	Handlebar handstand S		8,8
1124 d	Handlebar handstand 8		10,4
1124 e	L-shape hold handlebar handstand HC. <b>T (10,0 - 10,6)</b>		8,8
1124 f	L-shape hold handlebar handstand C. <b>T (11,0 - 11,6)</b>		9,8
1124 g	L-shape hold handlebar handstand S <b>T (11,8 - 12,4)</b>		10,6
1124 h	L-shape hold handlebar handstand 8 <b>T (13,8 - 14,4)</b>		12,6
1124 i	L-shape hold swiss handlebar handstand HC.		10,6

Figure No. / Name of figure		Point value
1124 j	L-shape hold swiss handlebar handstand C.	11,6
1124 k	L-shape hold swiss handlebar handstand S	12,4
1124 l	L-shape hold swiss handlebar handstand 8	14,4
1124 m	L-shape hold german handlebar handstand HC.	11,2
1124 n	L-shape hold german handlebar handstand C.	12,2
1124 o	L-shape hold german handlebar handstand S.	13,0
1124 p	L-shape hold german handlebar handstand 8.	15,0

		Given			
		1124e	1124f	1124g	1124h
1124i	<b>10,0</b>				
1124j		<b>11,0</b>			
1124k			<b>11,8</b>		
1124l				<b>13,8</b>	
1124m	<b>10,6</b>				
1124n		<b>11,6</b>			
1124o			<b>12,4</b>		
1124p				<b>14,4</b>	

Figure No. / Name of figure		Point value
1141 a	Stillstand on pedals	1,0
1141 b	Stillstand on pedals frh.	1,2
1141 c	Stillstand pedal frontwheel	1,3
1141 d	Stillstand pedal frontwheel frh.	1,5

(text modified on 01.01.12; 01.01.16)

#### 8.4.003 Sidestand turn, squats and jumps

Figure No. / Name of figure		Point value
1151 a	Sidestand turn	1,7
1156 a	Reg. seat squat	1,7
1156 b	Reg. seat squat bw.	3,1
1157 a	Fronthang squat with use of pin	1,8
1157 b	Fronthang squat	2,0
1157 c	Fronthang squat bw.	3,5
1158 a	Backhang squat with use of pin	1,7
1158 b	Backhang squat	1,9
1158 c	Backhang squat bw.	3,5
1159 a	Handlebarseat rev. squat	1,7
1159 b	Handlebarseat rev. squat bw.	2,9
1171 a	Handlebarseat rev. scissors jump	2,2
1171 b	Backhang scissors jump	2,6

<b>Figure No. / Name of figure</b>		<b>Point value</b>
1172	a Turning jump sidestand handlebarseat rev.	2,0
1172	b Turning jump reg. seat handlebarseat rev.	2,3
1172	c Turning jump handlebarseat rev. reg. seat	2,3
1172	d Turning jump reg. seat stand bent on frame rev.	2,8
1172	e Turning reg. seat, jump, scissors jump	3,8
1173	a Turning jump sidestand front wheel walk	2,2
1173	b Turning jump reg. seat front wheel walk	2,8
1174	a Turning jump sidestand backhang	1,8
1174	b Turning jump reg. seat backhang	2,2
1174	c Turning jump backhang reg. seat	2,3
1175	a Turning jump 1 turn	4,2
1175	b Turning jump 2 turns T (6,3 - 7,0 - 7,7 - 8,4 - 9,1)	5,6
1175	c Turning jump 3 turns T (7,6 - 8,3 - 9,0 - 9,7 - 10,4)	6,9
1175	d Turning jump 4 turns T (8,8 - 9,5 - 10,2 - 10,9 - 11,6)	8,1
1175	e Turning jump 5 turns T (9,9 - 10,6 - 11,3 - 12,0 - 12,7)	9,2

		<b>Given</b>				
<b>Shown</b>		1175a	1175b	1175c	1175d	1175e
		1	2	3	4	5
	1	<b>4,2</b>				
	2		<b>5,6</b>			
	3		<b>6,3</b>	<b>6,9</b>		
	4		<b>7,0</b>	<b>7,6</b>	<b>8,1</b>	
	5		<b>7,7</b>	<b>8,3</b>	<b>8,8</b>	<b>9,2</b>
	6		<b>8,4</b>	<b>9,0</b>	<b>9,5</b>	<b>9,9</b>
	7		<b>9,1</b>	<b>9,7</b>	<b>10,2</b>	<b>10,6</b>
	8			<b>10,4</b>	<b>10,9</b>	<b>11,3</b>
	9				<b>11,6</b>	<b>12,0</b>
	10					<b>12,7</b>

<b>Figure No. / Name of figure</b>		<b>Point value</b>
1181	a Pedal jump	1,9
1186	a Maute jump	7,3

(text modified on 01.01.16)

#### 8.4.004 Raiser figures

<b>Figure No. / Name of figure</b>		<b>Point value</b>
1201	a Raiser reg. seat HC.	2,4
1201	b Raiser reg. seat C.	2,6
1201	c Raiser reg. seat frh. HC.	2,5
1201	d Raiser reg. seat frh. C.	2,7
1201	e Raiser reg. seat 1 leg HC.	3,1
1201	f Raiser reg. seat 1 leg C.	3,3
1201	g Raiser reg. seat 1 leg frh. HC.	3,4
1201	h Raiser reg. seat 1 leg frh. C.	3,6
1202	a Raiser reg. seat bw. HC.	4,3

Figure No. / Name of figure	Point value
1202 b Raiser reg. seat bw. C.	4,5
1202 c Raiser reg. seat bw. frh. HC.	4,6
1202 d Raiser reg. seat bw. frh. C.	4,8
1202 e Raiser reg. seat bw. 1 leg HC.	5,7
1202 f Raiser reg. seat bw. 1 leg C.	6,5
1202 g Raiser reg. seat bw. 1 leg frh. HC.	6,7
1202 h Raiser reg. seat bw. 1 leg frh. C.	7,5
1202 i Raiser reg. seat spin. bw. frh.	5,3
1203 a Raiser reg. seat rev. frh. HC.	3,1
1203 b Raiser reg. seat rev. frh. C.	3,5
1203 c Raiser reg. seat rev. frh. S	3,9
1203 d Raiser reg. seat rev. frh. 8	5,1
1203 e Raiser reg. seat rev. frh. 1 leg frh. HC.	3,9
1203 f Raiser reg. seat rev. frh. 1 leg frh. C.	4,6
1203 g Raiser reg. seat rev. spin. frh.	5,7
1204 a Raiser reg. seat rev. bw. frh. HC.	4,8
1204 b Raiser reg. seat rev. bw. frh. C.	5,2
1204 c Raiser reg. seat rev. bw. frh. S	6,3
1204 d Raiser reg. seat rev. bw. frh. 8	7,8
1211 a Raiser lady seat HC.	3,1
1211 b Raiser lady seat C.	3,3
1211 c Raiser lady seat frh. HC.	3,4
1211 d Raiser lady seat frh. C.	3,6
1212 a Raiser lady seat bw. HC.	5,4
1212 b Raiser lady seat bw. C.	6,2
1212 c Raiser lady seat bw. frh. HC.	6,4
1212 d Raiser lady seat bw. frh. C.	7,2
1216 a Raiser stand on pin HC.	3,0
1216 b Raiser stand on pin C.	3,2
1216 c Raiser stand on pin frh. HC.	3,3
1216 d Raiser stand on pin frh. C.	3,5
1216 e Raiser sidestand HC.	3,2
1216 f Raiser sidestand C.	3,4
1216 g Raiser sidestand frh. HC.	3,5
1216 h Raiser sidestand frh. C.	3,7
1217 a Raiser stand on pin bw. HC.	5,2
1217 b Raiser stand on pin bw. C.	6,0
1217 c Raiser stand on pin bw. frh. HC.	6,2
1217 d Raiser stand on pin bw. frh. C.	7,0
1217 e Raiser stand on pin spin. bw.	7,2
1217 f Raiser sidestand bw. HC.	4,8
1217 g Raiser sidestand bw. C.	5,6
1219 a Raiser stand on pin rev. HC.	3,9
1219 b Raiser stand on pin rev. C.	4,7
1219 c Raiser sidestand rev. bw. HC.	4,2
1219 d Raiser sidestand rev. bw. C.	5,0

Figure No. / Name of figure	Point value
1226 a Raiser handlebarseat HC.	2,5
1226 b Raiser handlebarseat C.	2,7
1226 c Raiser handlebarseat frh. HC.	2,6
1226 d Raiser handlebarseat frh. C.	2,8
1227 a Raiser handlebarseat bw. HC.	4,3
1227 b Raiser handlebarseat bw. C.	4,5
1227 c Raiser handlebarseat bw. frh. HC.	4,4
1227 d Raiser handlebarseat bw. frh. C.	4,6
1227 e Raiser handlebarseat spin. bw. frh.	5,1
1228 a Raiser handlebarseat rev. frh. HC.	3,0
1228 b Raiser handlebarseat rev. frh. C.	3,4
1228 c Raiser handlebarseat rev. frh. S	3,8
1228 d Raiser handlebarseat rev. frh. 8	5,0
1228 e Raiser handlebarseat rev. spin. frh.	5,5
1229 a Raiser handlebarseat rev. bw. frh. HC.	4,8
1229 b Raiser handlebarseat rev. bw. frh. C.	5,2
1229 c Raiser handlebarseat rev. bw. frh. S	5,9
1229 d Raiser handlebarseat rev. bw. frh. 8	7,4
1236 a Raiser headtube frh. HC.	2,6
1236 b Raiser headtube frh. C.	2,8
1236 c Raiser headtube 1 leg frh. HC.	3,0
1236 d Raiser headtube 1 leg frh. C.	3,2
1236 e Raiser headtube spin. frh.	5,1
1237 a Raiser headtube bw. frh. HC.	4,4
1237 b Raiser headtube bw. frh. C.	4,6
1237 c Raiser headtube spin. bw. frh.	5,1
1238 a Raiser headtube rev. frh. HC.	3,0
1238 b Raiser headtube rev. frh. C.	3,4
1238 c Raiser headtube rev. spin. frh.	5,5
1239 a Raiser headtube rev. bw. frh. HC.	4,8
1239 b Raiser headtube rev. bw. frh. C.	5,2
1246 a Standraiser HC.	4,0
1246 b Standraiser C.	4,6
1247 a Standraiser bw. HC.	5,3
1247 b Standraiser bw. C.	5,9
1247 c Standraiser spin. bw.	6,5
1248 a Standraiser rev. HC.	4,2
1248 b Standraiser rev. C.	4,8
1248 c Standraiser rev. spin.	6,5
1249 a Standraiser rev. bw. HC.	5,5
1249 b Standraiser rev. bw. C.	6,1

Figure No. / Name of figure	Point value
1249 c Standraiser rev. bw. S	6,8
1249 d Standraiser rev. bw. 8	8,8

(text modified on 01.01.16)

#### 8.4.005 Raiser passages

Figure No. / Name of figure	Point value
1281 a P. fronthang raiser headtube	5,0
1281 b P. raiser headtube fronthang	2,4
1282 a P. fronthang standraiser rev.	7,0
1282 b P. standraiser rev. fronthang	3,0
1283 a P. raiser reg. seat raiser handlebarseat	3,1
1283 b P. raiser handlebarseat raiser reg. seat	2,1
1284 a P. raiser reg. seat raiser headtube	5,3
1284 b P. raiser headtube raiser reg. seat	4,3
1285 a P. raiser reg. seat raiser standraiser rev.	6,4
1285 b P. standraiser rev. raiser reg. seat	4,7
1286 a P. raiser handlebarseat raiser headtube	3,6
1286 b P. raiser headtube raiser handlebarseat	2,7
1287 a P. raiser headtube standraiser rev.	4,1
1287 b P. standraiser rev. raiser headtube	1,9
1288 a P. backhang raiser headtube rev.	3,7
1288 b P. raiser headtube rev. backhang	1,4
1289 a P. backhang standraiser	6,1
1289 b P. standraiser backhang	2,4
1290 a P. reg. seat rev. raiser handlebarseat rev.	5,1
1290 b P. raiser handlebarseat rev. reg. seat rev.	1,7
1291 a P. raiser handlebarseat rev. standraiser	6,8
1291 b P. standraiser raiser handlebarseat rev.	5,1
1292 a P. raiser headtube rev. raiser handlebarseat rev.	3,9
1292 b P. raiser handlebarseat rev. raiser headtube rev.	5,8
1293 a P. standraiser raiser headtube rev.	1,8
1293 b P. raiser headtube rev. standraiser	3,6

(text modified on 01.01.16)

#### 8.4.006 Final figures

Figure No. / Name of figure	Point value
1301 a Reg. seat handlebar squat	1,4

Figure No. / Name of figure	Point value
1301 b Side pedal stand squat over bike	1,9
1301 c Reg. seat handlebar straddle	3,5
1301 d Reg. seat handlebar squat ½ twist	2,5
1301 e Handlebarseat rev. handlebar squat	1,6
1301 f Handlebarseat rev. handlebar straddle	3,7
1301 g Stand bent on saddle handstandloop	6,6
1301 h Reg. seat handstandloop	7,7
1301 i Fronthandlebarstand stretchjump over bike	4,3
1301 j Fronthandlebarstand stretchjump in front of bike ½ twist	5,1
1301 k Fronthandlebarstand straddlejump behind the bike	4,7
1301 l Handlebarstand rev. stretchjump in front of bike	4,6
1301 m Handlebarstand rev. stretchjump in front of bike 1 twist	6,2
1301 n Handlebarstand rev. somersault bw. hooked legs	8,6
1301 o Handstand bicycle lying down	4,1
1301 p L-shape hold swiss handstand bicycle lying down	6,1

(text modified on 01.01.16)

## Chapter V EXPLANATIONS OF FIGURES SINGLE ARTISTIC CYCLING

### 8.5.001 Figures with both wheels on the floor

#### **Reg. seat**

Regular seat on saddle, both feet each on a pedal. Chest directed to handlebar.

**1002c:** with continuous handlebarspinning, a complete **single ring** must be performed **free-hand**.



1001  
1002

#### **Reg. seat rev.**

Regular seat reversed on saddle, both feet each on a pedal. Back directed to the handlebar.

**1004e:** with continuous handlebarspinning, a complete **single ring** must be performed **free-hand**.



1003  
1004

#### **Steering with feet**

Regular seat on saddle, both feet on the handlebar.



1011

#### **Lady seat**

Regular seat on saddle, one foot on a pedal. The free leg must be stretched over the top tube to the opposite side of the bicycle and below the handlebar. The handlebar may not be touched by the leg or foot.



1012  
1013

#### **Handlebarsseat**

Seat on handlebar, back directed to the saddle. The free leg must be stretched forward, horizontally. Other foot hooked to the down tube.



1016

#### **Handlebarsseat rev.**

Reversed seat on handlebar, both feet each on a pedal. Chest directed to the saddle.



1017

#### **Split**

Left foot standing on left rear-pin, right foot standing on right front-pin (or counterwise). Chest directed to the handlebar. The handlebar may not be touched with the leg.



1021  
1022

#### **Split rev.**

Right foot standing on the left rear-pin, left foot standing on the right-frontpin (or counterwise). Chest directed to the saddle. The handlebar may not be touched with the leg.



1023  
1024

#### **Frontstand**

Stand in front of the handlebar, back directed to the saddle. One foot on frontpin, other foot hooked to the down tube.



1031

**Backstand**

Stand with one foot on frontpin, handlebar in front of the rider. Chest directed to the saddle. The free leg must be stretched in moving-direction. Legs may not touch the handlebar. Riders head, body, leg and foot must show a straight line.



1032

**Side pedal stand**

Stand with both feet on one pedal (legs closed next to each other). Chest directed to the handlebar.



1036

**Sidestand foot cranking**

One foot standing on left rear-pin, other foot on left pedal (or counterwise). Chest directed to the handlebar.



1037

**Sidestand**

Stand with one foot on left rear-pin, other foot on left front-pin (or counterwise). Chest directed to the handlebar. The handlebar may not be touched with the leg.



1038

**Sidestand rev.**

Reversed stand with one foot on left rear-pin, other foot on left front-pin (or counterwise). Chest directed to the saddle. The handlebar may not be touched with the leg.



1039

**Side kneeling foot cranking**

Sidewards kneeling on saddle with one knee. Other foot on pedal.



1040

**Frameseat**

Pushing one foot through the frame and placing foot on front-pin. Free leg stretched forward, while sitting on the down tube.



1041

**Stand on pins**

Standing with both feet each on a rear-pin. Both knees behind the saddle.



1046

**Stand bent on pin**

One foot standing on rear-pin, trunk bent forward, free leg stretched to the back in straight line with the trunk.



1047

1048

**Bent knee seat**

In squat position with one foot on top tube, free leg horizontally stretched forward, back directed to the saddle.



1051

**Knee on saddle**

Knee on saddle, trunk bent forward, free leg stretched to the back in straight line with the trunk.



1053

1054

**Stand bent on saddle**

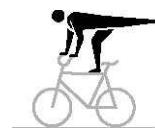
One foot standing on the saddle, trunk bent forward, free leg stretched to the back in straight line with the trunk.



1061  
1062

**Stand bent on frame**

One foot standing on the top tube, trunk bent forward, free leg stretched to the back in straight line with the trunk.



1063  
1064

**Stand bent on frame rev.**

Reversed stand with one foot on the top tube, trunk bent downwards, free leg stretched in moving-direction in straight line with the trunk.



1065

**Stand bent on handlebar rev.**

Reversed stand with one foot on the handlebar, trunk bent downwards. One hand on saddle, other hand on handlebar. Free leg stretched in moving-direction in straight line with the trunk.



1066

**Pedal side stand rev.**

Reversed on bicycle with one leg through the frame, both feet standing on each a pedal. Chest directed to the saddle.



1071

**Framestand**

Standing upright with one foot standing on the down tube, other foot standing on the saddle tube. Chest directed to handlebar. Feet may not touch each other, legs may not touch the handlebar.



1076

**Framestand rev.**

Standing reversed with one foot on the down tube, other foot on the saddle tube. Chest directed to the saddle. Feet may not touch each other, legs may not touch the handlebar.



1077

**Fronthang**

Both hands leaning, behind the back, on the handlebar, frontwheel between the legs. Both feet on each a pedal.



1081  
1082

**Backhang**

In front of the headtube hanging on the handlebar. Chest directed to the saddle, frame between the legs, both feet on each a pedal.



1083  
1084

**Lying on handlebar**

Lying with front of body on the handlebar, head directed to the saddle. Closed legs stretched horizontally in moving direction.



1091

**Lying on saddle, Lying on saddle and handlebar**

**a-b:** Lying with front of body on the saddle, closed stretched legs to the back.

**c-d:** Lying with front of body on saddle, arms stretched sideways **free-hand** on handlebar-grips. Closed legs stretched horizontally to the back.



1092

**Waterscale**

Lying with back of body **straight line** on handlebar, stretched legs or feet under (**a** and **b**), or on (**c** and **d**) saddle.



1093

**Walk on front wheel  $\frac{1}{4}$  circle**

Walking with both feet on front wheel tyre, both hands on handlebar. Chest directed to the saddle. The **way of stretch** for this **figure** has to be at least  $\frac{1}{4}$  circle.



1096

**Saddle handlebarstand**

Standing free, upright stretched with one foot on saddle and the other foot on the handlebar.

1101  
1102**Saddlestand**

Standing free, upright stretched with both feet on saddle.



1103

**Fronthandlebarstand, Fronthandlebarstand turn T**

Standing free, upright with both feet on handlebar-grips, back directed to the saddle.

**From one turn on the tactical enlargement of the fronthandlebarstand turn(s) is possible up to four half turns in maximum.**

**e - h:** The **rider** jumps from regular seat to fronthandlebarstand.

**i - l:** From fronthandlebarstand with half or multiple front wheel turn to fronthandlebarstand or handlebarstand reverse. After the last turn, the end position must be held for at least 2 metres.

**m - p:** The **rider** jumps from regular seat to fronthandlebarstand; further according **figure i - l**.



1104

**Handlebarstand rev.**

Standing, reversed, free, upright stretched with both feet on handle-bar-grips, chest directed to the saddle.



1105

**Saddle support scale**

One hand on saddle, elbow supporting the body, other hand on handlebar (handlebar-grip may be used as support for the fore-arm). Head directed in moving-direction, closed legs stretched horizontally to the back.  
**Legs and upper part of the body have to build a straight line.**



1111

**Handlebar support scale**

One hand on handlebar, elbow supporting the body, other hand on saddle. Head directed to saddle, closed legs stretched horizontally in moving direction. **Legs and upper part of the body have to build a straight line.**


 1112 a  
 1112 b  
 1112 c  
 1112 d
**Handlebar grip scale, legs front**

Both hands on handlebar, elbows supporting the body. Closed legs stretched horizontally in moving-direction. Head directed to the saddle. **Legs and upper part of the body have to build a straight line.**


 1112 d  
 1112 e  
 1112 f  
 1112 g
**Handlebar grip scale, legs rear**

Both hands on handlebar, elbows supporting the body. Closed legs stretched horizontally above the saddle. Head directed to moving-direction. **Legs and upper part of the body have to build a straight line.**


 1112 h  
 1112 i  
 1112 j  
 1112 k
**Handlebar L-shape hold**

Arms stretched, hands on handlebar-grips. Legs closed and horizontally stretched in moving direction. Back directed to the saddle.



1115

**Handlebar L-shape hold rev.**

Reversed position on bicycle. Arms stretched, hands on handlebar-grips. Legs closed and horizontally stretched. Chest directed to the saddle.



1116

**L-shape hold sideways**

Arms stretched, one hand on saddle, other hand on handlebar. Legs closed and horizontally stretched sideways. Fore-arm or wrist may not lean against handlebar-grip.

1117

**Handlebar support straddle, Saddle support straddle.**

**a-b:** Arms stretched, hands on handlebar-grips. Legs horizontally stretched, straddled on the outside of the arms.

**c-d:** Arms stretched, hands on saddle. Legs horizontally straddled and stretched without touching the handlebar.



1118

**Headstand**

Headstand on the saddle, both hands on the handlebar. Legs closed and vertically stretched.



1121

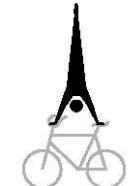
**Shoulderstand**

Shoulderstand with one shoulder on saddle or top tube, both hands on the handlebar. Legs closed and vertically stretched.

1122

**Saddle handlebar handstand**

Handstand with one hand on handlebar and other hand on saddle. Arms stretched, legs closed and vertically stretched. The fore-arm or the wrist may not be leaned against the handlebar-grip.

 1123 a  
 1123 b  
 1123 c  
 1123 d

**L-shape hold sideways saddle handlebar handstand (T)**

From the L-shape hold sideways, which has to be performed for at least 2 metres, going directly to handstand without touching the frame with foot/feet. The handstand must be performed as described in figures 1123a-d and held through the whole way of stretch.

 1123 e  
 1123 f  
 1123 g  
 1123 h

The tactical enlargement is possible for the kind of execution as Swiss saddle handlebar handstand which has to be performed like the figures 1123i-l.

The tactical enlargement is possible for the kind of execution as German saddle handlebar handstand which has to be performed like the figures 1123m-p.

**L-shape hold sideways Swiss saddle handlebar handstand**

From the L-shape hold sideways, which has to be performed for at least 2 metres, going directly to handstand with stretched legs over the frame but without touching the frame and/or handlebar with foot/feet. After passing the frame, with stretched and straddled legs to the handstand, which has to be performed as described in figures 1123a-d and held through the whole way of stretch.

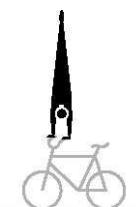
 1123 i  
 1123 j  
 1123 k  
 1123 l

**L-shape hold sideways German saddle handlebar handstand**

From the L-shape sideways, which has to be performed for at least 2 metres, going directly to handstand with stretched, closed legs over the frame without touching the frame or else with foot/feet. After passing the frame with stretched, closed legs to the handstand, which has to be performed as described in figures 1123a-d and held through the whole way of stretch.

 1123 m  
 1123 n  
 1123 o  
 1123 p
**Handlebar handstand**

Handstand with both hands on handlebar-grips. Arms stretched, legs closed and vertically stretched.

 1124 a  
 1124 b  
 1124 c  
 1124 d


**L-shape hold handlebar handstand (T)** 1124 e  
 From L-shape hold or L-shape hold rev., which have to be performed for at least 2 metres, going directly to handstand without touching the handlebar and/or frame with foot/feet. The handstand must be performed as described in figures 1124a-d and held through the whole way of stretch.  
 1124 f  
 1124 g  
 1124 h

The tactical enlargement is possible for the kind of execution as Swiss handlebar handstand which has to be performed like the exercises 1124i-l.

The tactical enlargement is possible for the kind of execution as German handlebar handstand which has to be performed like the exercises 1124m-p.

**L-shape hold Swiss handlebar handstand** 1124 i  
 From L-shape hold or L-shape hold rev., which has to be performed for at least 2 metres, going directly to handstand with stretched legs over the handlebar without touching the handlebar and/or frame with foot/feet. After passing the handlebar, with stretched and straddled legs to the handstand, which has to be performed as described in figures 1124a-d and held through the whole way of stretch.  
 1124 j  
 1124 k  
 1124 l

**L-shape hold German handlebarstand** 1124 m  
 From the L-shape hold or L-shape hold rev., which has to be performed for at least 2 metres, going directly to handstand with stretched, closed legs over the handlebar without touching the handlebar or else with foot/feet. After passing the handlebar with stretched, closed legs to the handstand, which has to be performed as described in figures 1124a-d and held through the whole way of stretch.  
 1124 n  
 1124 o  
 1124 p

#### Stillstand on pedals, Stillstand pedal front wheel

**a-b:** Standing with both feet, only, on each a pedal. Back directed to the saddle. The stillstand has to be performed for at least 3 seconds.

**c-d:** Standing with one foot, only, on a pedal, the other foot on front wheel tyre. Back directed to the saddle. The stillstand has to be performed for at least 3 seconds.



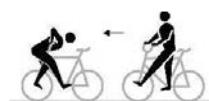
1141

(text modified on 01.01.12; 01.01.16)

#### 8.5.002 Sidestand turn, squats and jumps

##### Sidestand turn

Chest directed to handlebar, right foot on right front-pin and left foot on the right pedal (or counterwise). With half turn of handlebar and front wheel to backhang. While performing the turn, the foot may not leave the pedal.



1151 a

**Reg. seat squat**

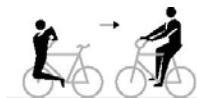
- a: While riding forward, squat from regular seat over the handlebar to riding forward in fronthang.  
 b: While riding backwards, squat from regular seat over the handle-bar to riding backwards in fronthang.



1156

**Fronthang squat**

- a: While riding forward, squat from fronthang over the handlebar to riding forward in regular seat. Pushing off one foot from a front-pin is allowed.  
 b: Like a: but without pushing off from front-pin.  
 c: While riding backwards, squat from fronthang over the handlebar to riding backwards in regular seat.



1157

**Backhang squat**

- a: While riding forward, squat from backhang over handlebar to riding forward in handlebarseat reverse. Pushing off one foot from a frontpin is allowed.  
 b: Like a: but without pushing off front front-pin.  
 c: While riding backwards, squat from backhang over handlebar to riding backwards in handlebarseat reverse.



1158

**Handlebarseat rev. squat**

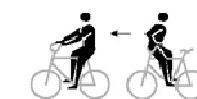
- a: While riding forward, squat from handlebarseat reverse over handlebar to riding forward in backhang.  
 b: While riding backwards, squat from handlebarseat reverse over handlebar to riding backwards in backhang.



1159

**Handlebarseat rev. Scissors jump**

While riding forward from handlebarseat reverse crossing stretched legs above the saddle. Then changing grips to riding forward in regular seat. Turning the upper part of the body while crossing or grip-changing. Intermediate sitting, after crossing, on frame or handlebar is allowed.



1171 a

**Backhang scissors jump**

While riding forward, squat from backhang over the handlebar without an intermediate seat in position handlebarseat rev., crossing stretched legs above the saddle. Then changing grips to riding forward in regular seat. Turning the upper part of the body while crossing or grip-changing. Intermediate sitting, after crossing, on frame or handlebar is allowed.



1171 b

**Turning jump / Turning-scissors jump**

- a:** While riding forward from sidestand foot-cranking jump with half turn of handlebar and front wheel, then squat over handlebar to riding forward in handlebar reverse. During the jump it is not allowed to leave the foot on the pedal.
- b:** While riding forward from regular seat jump with half turn of handlebar and front wheel, then squat over handlebar to riding forward in handlebar reverse. During the jump it is not allowed to leave the foot on the pedal.
- c:** While riding forward from handlebars seat reverse squat over the handlebar, immediately followed by jump with half turn of the handlebar and front wheel to riding forward in regular seat.
- d:** While riding forward from regular seat jump with half turn of handlebar and front wheel to riding forward in stand bent on frame reverse.
- e:** While riding forward from regular seat jump with half turn of handlebar and frontwheel over the handlebar, without an intermediate seat in position handlebars seat rev., crossing stretched legs over the saddle, and changing grips to riding forward in regular seat. Turning the upper part of the body while crossing or grip-changing. Intermediate sitting, after crossing, on frame or handlebar is allowed.



1172

**Turning jump**

- a:** While riding forward from sidestand foot cranking jump with half turn of handlebar and front wheel to riding forward in walk on front wheel. During the jump it is not allowed to leave the foot on the pedal.
- b:** While riding forward from regular seat jump with half turn of handlebar and front wheel to riding forward in walk on front wheel.



1173

**Turning jump**

- a:** While riding forward from sidestand foot cranking with half turn of the handlebar and front wheel to riding in backhang. During the jump it is not allowed to leave the foot on the pedal.
- b:** While riding forward from regular seat with half turn of the handlebar and front wheel to riding backhang.
- c:** While riding forward from backhang with half turn of the handlebar and front wheel to riding regular seat“.



1174

**Turning jump (T)**

The tactical **enlargement** of the turning jumps is possible from **two to seven**, **three to eight**, **four to nine** and from **five to ten** turning jumps.

- a:** While riding forward from regular seat jump with whole turn of the front wheel to riding forward in regular seat.
- b-e:** While riding forward from regular seat jump with, continuous multiple turns to riding forward in regular seat.



1175

**Pedal jump**

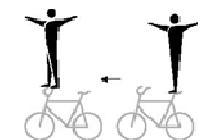
From side pedal stand jump simultaneously with both feet over the top tube to side pedal stand on the other side of the bicycle.



1181

**Maute jump**

Jump from saddlestand to front handlebar stand which has to be performed, after the jump, for at least 2 metres.



1186

*(text modified on 01.01.16)*

**8.5.003 Raiser figures****Raiser reg. seat**

**a-d/i:** Regular raiser with seat on saddle, chest directed to handlebar, both feet on each a pedal.

**e-h:** Regular raiser with seat on saddle, chest directed to handlebar, one foot on pedal. The free leg has to be stretched and may not touch the bicycle.



1201

1202

**Raiser reg. seat rev.**

**a-d/g:** Reversed regular raiser with seat on saddle, back directed to handlebar, both feet on each a pedal.

**e-f:** Reversed regular raiser with seat on saddle, back directed to handlebar, one foot on pedal. The free leg has to be stretched and may not touch the bicycle.



1203

1204

**Raiser lady seat**

Raiser with seat on saddle, chest directed to handlebar, one foot on pedal. The free leg must be stretched over the top tube to the opposite side of the bicycle, below the handlebar without the foot wedging the front wheel.



1211

1212

**Raiser stand on pin / raiser stand on pin bw.**

**1216a-d/1217a-e:** Raiser standing with left foot on left rear-pin and with right foot on right pedal (or counterwise). Chest directed to handlebar.



1216

1217

**Raiser sidestand / raiser sidestand bw.**

**1216e-h/1217f-g:** Raiser standing with one foot on the right rear-pin and with the other on the right pedal (or counterwise). Chest directed to handlebar.



1216

1217

**Raiser stand on pin rev.**

Raiser standing with right foot on left rear-pin and left foot on the right pedal (or counterwise). Back directed to handlebar.



1219 a

1219 b

**Raiser sidestand rev.**

Raiser standing with one foot on right rear-pin and the other foot on right pedal (or counterwise). Back directed to the handlebar.



1219 c

1219 d

**Raiser handlebarseat**

Raiser with seat on the lower part of the handlebar (front wheel with crossed position), both feet on each a pedal. Chest directed to the front wheel.



1226  
1227

**Raiser handlebarseat rev.**

Reversed raiser with seat on the lower part of the handlebar (front wheel with crossed position), both feet on each a pedal. Back directed to the front wheel.



1228  
1229

**Raiser head tube**

Raiser sitting on the head tube, both feet on each a pedal. Front wheel in front of oneself.



1236 a  
1236 b  
1236 e  
1237

**Raiser head tube 1 leg**

Raiser sitting on the head tube, one foot on pedal. The free leg has to be stretched and may not touch the bicycle.



1236 c  
1236 d

**Raiser head tube rev.**

Reversed raiser sitting on the head tube, both feet on each a pedal. Front wheel behind oneself.



1238  
1239

**Standraiser**

Raiser. Saddle pointing downwards, holding front wheel with one hand in front of oneself. Standing with both feet on each a pedal.



1246  
1247

**Standraiser rev.**

Reversed raiser. Saddle pointed downwards, holding front wheel with one hand behind oneself. Standing with both feet on each a pedal.



1248  
1249

**8.5.004 Raiser passages**

**Passages**

Execution according **8.2.039 "Passages"**

1281-  
1293

**8.5.005 Final figures**

It is only allowed to perform one final **figure** as last **figure** of the riders program. The **rider** has to end the **figure** standing on the riding-area (except for **figure o** and **p**), holding the bicycle in one hand. The other hand has to be stretched, horizontally sideways.

**Reg. seat handlebar squat**

1301 a

From position regular seat squat over the handlebar to standing with both feet on the floor. During the jump it is not allowed to release the handlebar with one or two hands.

**Side pedal stand squat over the bike**

1301 b

From position side pedal stand (both feet on one pedal) squat over the frame to standing with both feet on the floor. During the jump it is not allowed to release the handlebar with one or two hands.

**Reg. seat handlebar straddle**

1301 c

From position regular seat jump with straddled legs over the handlebar to standing with both feet on the floor. During the jump the **rider** it is not allowed to touch or hold the handlebar with one or both hands.

**Reg. seat handlebar squat ½ twist**

1301 d

From position regular seat squat over the handlebar with a ½ twist to standing with both feet on the floor. The ½ twist has to end before the rider is standing on the floor. After the jump over the handlebar the rider has to release the handlebar until the end of the ½ twist.

**Handlebarseat rev. handlebar squat**

1301 e

From position handlebarseat reverse squat over the handlebar to standing with both feet on the floor. During the jump it is not allowed to release the handlebar with one or two hands.

**Handlebarseat rev. handlebar straddle**

1301 f

From position handlebarseat reverse jump with straddled legs over the handlebar to standing with both feet on the floor. During the jump the **rider** it is not allowed to touch or hold the handlebar with one or both hands.

**Stand bent on saddle handstandloop**

1301 g

From position stand bent on saddle with handstandloop to standing with both feet on the floor. The handstand has to be performed with stretched arms and stretched and closed legs/feet above the handlebar. A short stop of the loop at this position is no obligation. After the handstand both hands have to be released from the handlebar, after the following rotation of the body the **rider** has to land with both feet at the floor.

**Reg. seat handstandloop**

1301 h

From position regular seat jump, without stop, with handstandloop to standing with both feet on the floor. The handstand has to be performed with stretched arms and stretched and closed legs/feet above the handlebar. A short stop of the loop at this position is no obligation. After the handstand both hands have to be released from the handlebar, after the following rotation of the body the **rider** has to land with both feet at the floor.

**Fronthandlebarstand stretchjump over bike**

1301 i

From position fronthandlebarstand with stretchjump upwards, with complete stretched body and closed legs, to standing with both feet on the floor, behind the bicycle.

**Fronthandlebarstand stretchjump in front of bike ½ twist**

1301 j

From position fronthandlebarstand with stretchjump upwards, with complete stretched body and closed legs, and a ½ twist to standing with both feet on the floor, in front of the bicycle.

**Fronthandlebarstand straddlejump behind the bike**

1301 k

From position fronthandlebarstand with straddle-jump, with straddled and horizontally stretched legs, to standing with both feet at the floor, behind the bicycle. At the stretched-straddled position the hands have to touch each one foot.

**Handlebarstand rev. stretchjump in front of bike**

1301 l

From position handlebarstand reverse with stretchjump upwards, with complete stretched body and closed legs, to standing with both feet on the floor, in front of the bicycle.

**Handlebarstand rev. stretchjump in front of bike 1 twist**

1301 m

From position handlebarstand reverse with stretchjump upwards, with complete stretched body and closed legs, and 1 twist to standing with both feet on the floor, in front of the bicycle.

**Handlebarstand rev. somersault bw. hooked legs**

1301 n

From position handlebarstand reverse **somersault**-jump backwards with hooked legs to standing with both feet on the floor, in front of bicycle.

**Handstand bicycle lying down**

1301 o

Handstand on bicycle lying down on floor with stretched arms, stretched and closed legs. The fore-arms or wrists may not lean **on handlebar, saddle or pedal**. The handstand has to be performed for at least 3 seconds.

**L-shape hold swiss handstand bicycle lying down**

1301 p

From position L-shape hold performed on the bicycle lying down on the riding-area, which has to be shown for at least 3 seconds, going to handstand with stretched legs over the frame but without touching the bicycle with foot/feet. After passing the frame/bicycle, with stretched and straddled legs and stretched arms direct to the handstand, which has to be performed like the **figure 1301o**. The handstand has to be shown for at least 3 seconds.

*(text modified on 01.01.16)*

## Chapter VI TABLE OF FIGURES PAIR ARTISTIC CYCLING

**8.6.001** The values mentioned after "T" can be reached by tactical extension of the belonging figure.

**8.6.002** Figures with both wheels on floor on two bicycles

Figure No. / Name of figure			Point value
2001	a	Reg. seat HC.	0,4
2001	b	Reg. seat C.	0,5
2001	c	Reg. seat frh. HC.	0,8
2001	d	Reg. seat frh. C.	0,9
2001	e	Reg. seat mill	0,5
2001	f	Reg. seat mill frh.	0,9
2001	g	Reg. seat mill s.r. frh.	1,5
2002	a	Reg. seat bw. HC.	0,8
2002	b	Reg. seat bw. C.	1,0
2002	c	Reg. seat s.r. bw.	2,4
2004	a	Reg. seat mill bw.	0,9
2004	b	Reg. seat mill s.r. bw.	2,0
2005	a	Reg. seat rev. HC.	0,7
2005	b	Reg. seat rev. C.	0,8
2005	c	Reg. seat rev. frh. HC.	1,1
2005	d	Reg. seat rev. frh. C.	1,2
2011	a	Steering with feet HC.	0,8
2011	b	Steering with feet C.	0,9
2011	c	Steering with feet frh. HC.	1,0
2011	d	Steering with feet frh. C.	1,2
2012	a	Lady seat HC.	0,7
2012	b	Lady seat C.	0,8
2012	c	Lady seat frh. HC.	1,1
2012	d	Lady seat frh. C.	1,2
2013	a	Lady seat bw. HC.	1,4
2013	b	Lady seat bw. C.	1,5
2021	a	Handlebarseat HC.	1,8
2021	b	Handlebarseat C.	2,0
2021	c	Handlebarseat frh. HC.	2,0
2021	d	Handlebarseat frh. C.	2,2
2022	a	Handlebarseat rev. HC.	0,9
2022	b	Handlebarseat rev. C.	1,0
2022	c	Handlebarseat rev. frh. HC.	1,3
2022	d	Handlebarseat rev. frh. C.	1,5
2026	a	Split HC.	0,7
2026	b	Split C.	0,8
2026	c	Split frh. HC.	1,1

Figure No. / Name of figure	Point value
2026 d Split frh. C.	1,2
2027 a Split rev. HC.	1,3
2027 b Split rev. C.	1,5
2027 c Split rev. frh. HC.	1,5
2027 d Split rev. frh. C.	1,7
2031 a Frontstand HC.	1,8
2031 b Frontstand C.	2,0
2031 c Frontstand frh. HC.	2,0
2031 d Frontstand frh. C.	2,2
2036 a Sidestand foot cranking HC.	0,9
2036 b Sidestand foot cranking C.	1,0
2037 a Sidestand HC.	0,8
2037 b Sidestand C.	1,0
2037 c Sidestand frh. HC.	1,2
2037 d Sidestand frh. C.	1,4
2046 a Stand on pins HC.	0,8
2046 b Stand on pins C.	1,0
2046 c Stand on pins frh. HC.	1,7
2046 d Stand on pins frh. C.	1,9
2047 a Stand bent on pin HC.	1,1
2047 b Stand bent on pin C.	1,2
2047 c Stand bent on pin frh. HC.	1,9
2047 d Stand bent on pin frh. C.	2,1
2051 a Bent knee seat HC.	1,2
2051 b Bent knee seat C.	1,3
2052 a Knee on saddle HC.	1,2
2052 b Knee on saddle C.	1,3
2061 a Lying on saddle HC.	1,1
2061 b Lying on saddle C.	1,2
2061 c Lying on saddle handlebar HC.	1,9
2061 d Lying on saddle handlebar C.	2,1
2062 a Waterscale under saddle HC.	1,5
2062 b Waterscale under saddle C.	1,7
2062 c Waterscale on saddle HC.	2,2
2062 d Waterscale on saddle C.	2,4
2066 a Framestand HC.	1,1
2066 b Framestand frh. HC.	1,9
2066 c Framestand frh. C.	2,1
2067 a Saddle handlebarstand separate HC.	2,9
2067 b Saddle handlebarstand separate C.	3,3
2067 c Saddle handlebarstand HC.	2,9

Figure No. / Name of figure	Point value
2067 d Saddle handlebarstand C.	3,3
2067 e Saddle handlebarstand s.r.	3,9
2067 f Saddle handlebarstand count. 8	4,4
2068 a Saddle handlebarstand bw. separate HC.	5,8
2068 b Saddle handlebarstand bw. separate C.	6,4
2069 a Saddlestand separate HC.	4,2
2069 b Saddlestand separate C.	4,5
2069 c Saddlestand HC.	4,1
2069 d Saddlestand C.	4,3
2069 e Saddlestand s.r.	5,8
2069 f Saddlestand count. 8	6,7
2070 a Fronthandlebarstand separate HC.	3,7
2070 aa Fronthandlebarstand separate HC. out of regular seat	4,5
2070 b Fronthandlebarstand separate C.	3,9
2070 ba Fronthandlebarstand separate C. out of regular seat	4,7
2070 c Fronthandlebarstand HC.	3,7
2070 ca Fronthandlebarstand HC. out of regular seat	4,5
2070 d Fronthandlebarstand C.	3,9
2070 da Fronthandlebarstand C. out of regular seat	4,7
2070 e Fronthandlebarstand s.r.	4,8
2070 ea Fronthandlebarstand s.r. out of regular seat	5,6
2070 f Fronthandlebarstand count. 8	5,4
2070 fa Fronthandlebarstand count. 8 out of regular seat	6,2
2070 g Fronthandlebarstand $\frac{1}{2}$ turn	6,8
2070 ga Fronthandlebarstand $\frac{1}{2}$ turn out of regular seat	7,6
2070 h Fronthandlebarstand 1 turn T (8,0 - 8,5 - 9,0 - 9,5)	7,5
2070 ha Fronthandlebarstand 1 turn out of reg. seat T (8,8 - 9,3 - 9,8 - 10,3)	8,3
2070 i Fronthandlebarstand $1\frac{1}{2}$ turns T (8,8 - 9,3 - 9,8 - 10,3)	8,3
2070 ia Fronthandlebarstand $1\frac{1}{2}$ turns out of reg. seat T (9,6 - 10,1 - 10,6 - 11,1)	9,1
2070 j Fronthandlebarstand 2 turns T (9,5 - 10,0 - 10,5 - 11,0)	9,0
2070 ja Fronthandlebarstand 2 turns out of reg. seat T (10,3 - 10,8 - 11,3 - 11,8)	9,8
2070 k Count. C fronthandlebarstand $\frac{1}{2}$ turn	6,5
2070 ka Count. C fronthandlebarstand $\frac{1}{2}$ turn out of reg. seat	7,3
2070 l Count. C fronthandlebarstand 1 turn T (7,7 - 8,2 - 8,7 - 9,2)	7,2
2070 la Count. C fronthandlebarstand 1 turn out of reg. seat T (8,5 - 9,0 - 9,5 - 10,0)	8,0
2070 m Count. C fronthandlebarstand $1\frac{1}{2}$ turns T (8,5 - 9,0 - 9,5 - 10,0)	8,0
2070 ma Count. C fronthandlebarstand $1\frac{1}{2}$ turns out of regular seat T (9,3 - 9,8 - 10,3 - 10,8)	8,8
2070 n Count. C fronthandlebarstand 2 turns T (9,2 - 9,7 - 10,2 - 10,7)	8,7
2070 na Count. C fronthandlebarstand 2 turns out of regular seat T (10,0 - 10,5 - 11,0 - 11,5)	9,5

		Given						Given			
Shown		2070g	2070h	2070i	2070j		2070k	2070l	2070m	2070n	
	$\frac{1}{2}$	1	$1\frac{1}{2}$	2		$\frac{1}{2}$	1	$1\frac{1}{2}$	2		
	6,8					6,5					
	1	7,5				7,2					
	1½	8,0	8,3			7,7	8,0				
	2	8,5	8,8	9,0		8,2	8,5	8,7			
	2½	9,0	9,3	9,5		8,7	9,0	9,2			
	3	9,5	9,8	10,0		9,2	9,5	9,7			
	3½		10,3	10,5			10,0	10,2			
	4				11,0				10,7		

		Given						Given			
Shown		2070ga	2070ha	2070ia	2070ja		2070ka	2070la	2070ma	2070na	
	$\frac{1}{2}$	1	$1\frac{1}{2}$	2		$\frac{1}{2}$	1	$1\frac{1}{2}$	2		
	7,6					7,3					
	1	8,3				8,0					
	1½	8,8	9,1			8,5	8,8				
	2	9,3	9,6	9,8		9,0	9,3	9,5			
	2½	9,8	10,1	10,3		9,5	9,8	10,0			
	3	10,3	10,6	10,8		10,0	10,3	10,5			
	3½		11,1	11,3			10,8	11,0			
	4				11,8				11,5		

**Figure No. / Name of figure**

			Point value
2071	a	Handlebarstand rev. separate HC.	3,9
2071	b	Handlebarstand rev. separate C.	4,1
2071	c	Handlebarstand rev. HC.	3,9
2071	d	Handlebarstand rev. C.	4,1
2071	e	Handlebarstand rev. s.r.	5,0
2071	f	Handlebarstand rev. count. 8	5,7
2073	a	Headstand separate HC.	4,4
2073	b	Headstand separate C.	4,6
2074	a	Shoulderstand separate HC.	4,2
2074	b	Shoulderstand separate C.	4,4
2076	a	Saddle handlebar handstand separate HC.	9,2
2076	b	Saddle handlebar handstand separate C.	9,6
2076	c	Saddle handlebar handstand count. 8	11,4
2076	d	L-shape hold sdw. saddle handlebar handstand separate HC. <b>T (12,0 - 12,6)</b>	10,8
2076	e	L-shape hold sdw. saddle handlebar handstand separate C. <b>T (12,4 - 13,0)</b>	11,2
2076	f	L-shape hold sdw. saddle handlebar handstand separate count. 8 <b>T (14,2 - 14,8)</b>	13,0

Figure No. / Name of figure			Point value
2076 g	L-shape hold sdw. swiss saddle handlebar handstand separate HC.		12,6
2076 h	L-shape hold sdw. swiss saddle handlebar handstand separate C.		13,0
2076 i	L-shape hold sdw. swiss saddle handlebar handstand separate count. 8		14,8
2076 j	L-shape hold sdw. german saddle handlebar handstand HC.		13,2
2076 k	L-shape hold sdw. german saddle handlebar handstand C.		13,6
2076 l	L-shape hold sdw. german saddle handlebar handstand count. 8		15,4

Shown	Given		
		2076d	2076e
	2076g	12,0	
	2076h		12,4
	2076i		14,2
	2076j	12,6	
	2076k		13,0
2076l			14,8

Figure No. / Name of figure			Point value
2077 a	Handlebar handstand separate HC.		9,1
2077 b	Handlebar handstand separate C.		9,5
2077 c	Handlebar handstand count. 8		11,3
2077 d	L-shape hold handlebar handstand separate HC. T (11,9 - 12,5)		10,7
2077 e	L-shape hold handlebar handstand separate C. T (12,3 - 12,9)		11,1
2077 f	L-shape hold handlebar handstand separate count. 8 T (14,1 - 14,7)		12,9
2077 g	L-shape hold swiss handlebar handstand separate HC.		12,5
2077 h	L-shape hold swiss handlebar handstand separate C.		12,9
2077 i	L-shape hold swiss handlebar handstand separate count. 8		14,7
2077 j	L-shape hold german handlebar handstand HC.		13,1
2077 k	L-shape hold german handlebar handstand C.		13,5
2077 l	L-shape hold german handlebar handstand count. 8		15,3

Shown	Given		
		2077d	2077e
	2077g	11,9	
	2077h		12,3
	2076i		14,1
	2076j	12,5	
	2076k		12,9
2076l			14,7

Figure No. / Name of figure			Point value
2081 a	Maute jump separate		10,2
2091 a	Stillstand on pedals		0,8
2091 b	Stillstand on pedals frh.		1,2

2091	c	Stillstand pedal frontwheel	1,1
2091	d	Stillstand pedal frontwheel frh.	1,6

(text modified on 01.01.12; 01.01.16)

### 8.6.003 Raiser **figures** on two bicycles

Figure No. / Name of figure			Point value
2131	a	Raiser reg. seat HC.	1,5
2131	b	Raiser reg. seat C.	1,7
2131	c	Raiser reg. seat frh. HC.	1,9
2131	d	Raiser reg. seat frh. C.	2,1
2131	e	Raiser reg. seat s.r.	3,1
2131	f	Raiser reg. seat s.r. frh.	3,6
2132	a	Raiser reg. seat bw. frh. HC.	2,3
2132	b	Raiser reg. seat bw. frh. C.	2,5
2132	c	Raiser reg. seat s.r. bw. frh.	4,5
2133	a	Raiser reg. seat mill	1,6
2133	b	Raiser reg. seat mill frh.	2,0
2133	c	Raiser reg. seat mill s.r.	2,7
2133	d	Raiser reg. seat mill s.r. frh.	3,3
2134	a	Raiser reg. seat mill bw. frh.	2,3
2134	b	Raiser reg. seat mill bw. s.r. frh.	4,1
2134	c	Raiser reg. seat mill spin. bw. frh.	5,5
2135	a	Raiser reg. seat rev. frh. HC.	2,3
2135	b	Raiser reg. seat rev. frh. C.	2,5
2135	c	Raiser reg. seat rev. s.r. frh.	4,7
2136	a	Raiser reg. seat rev. bw. frh. HC.	2,9
2136	b	Raiser reg. seat rev. bw. frh. C.	3,1
2136	c	Raiser reg. seat rev. s.r. bw. frh.	5,7
2137	a	Raiser reg. seat rev. mill frh.	2,4
2137	b	Raiser reg. seat rev. mill s.r. frh.	4,3
2137	c	Raiser reg. seat rev. mill spin. frh.	6,0
2138	a	Raiser reg. seat rev. mill bw. frh.	2,9
2138	b	Raiser reg. seat rev. mill s.r. bw. frh.	5,3
2147	a	Raiser lady seat s.r. bw. frh.	6,6
2151	a	Raiser stand on pin HC.	2,2
2151	b	Raiser stand on pin C.	2,4
2152	a	Raiser stand on pin s.r. bw.	5,4
2154	a	Raiser stand on pin mill s.r. bw.	5,0
2161	a	Raiser handlebarseat HC.	1,7
2161	b	Raiser handlebarseat C.	1,9

Figure No. / Name of figure			Point value
2161	c	Raiser handlebarseat frh. HC.	2,1
2161	d	Raiser handlebarseat frh. C.	2,3
2161	e	Raiser handlebarseat s.r. frh.	3,8
2162	a	Raiser handlebarseat bw. frh. HC.	2,5
2162	b	Raiser handlebarseat bw. frh. C.	2,7
2162	c	Raiser handlebarseat s.r. bw. frh.	4,7
2163	a	Raiser handlebarseat mill	1,8
2163	b	Raiser handlebarseat mill frh.	2,2
2163	c	Raiser handlebarseat mill s.r. frh.	3,4
2164	a	Raiser handlebarseat mill bw. frh.	2,9
2164	b	Raiser handlebarseat mill s.r. bw. frh.	4,3
2164	c	Raiser handlebarseat mill spin. bw. frh.	5,5
2165	a	Raiser handlebarseat rev. frh. HC.	2,3
2165	b	Raiser handlebarseat rev. frh. C.	2,5
2165	c	Raiser handlebarseat rev. s.r. frh.	4,4
2166	a	Raiser handlebarseat rev. bw. frh. HC.	2,8
2166	b	Raiser handlebarseat rev. bw. frh. C.	3,0
2166	c	Raiser handlebarseat rev. s.r. bw. frh.	5,0
2167	a	Raiser handlebarseat rev. mill frh.	2,4
2167	b	Raiser handlebarseat rev. mill s.r. frh.	4,0
2167	c	Raiser handlebarseat rev. mill spin. frh.	5,6
2168	a	Raiser handlebarseat rev. mill bw. frh.	3,2
2168	b	Raiser handlebarseat rev. mill s.r. bw. frh.	4,8
2176	a	Raiser headtube frh. HC.	1,6
2176	b	Raiser headtube frh. C.	1,8
2176	c	Raiser headtube s.r. frh.	3,2
2177	a	Raiser headtube bw. frh. HC.	2,1
2177	b	Raiser headtube bw. frh. C.	2,3
2177	c	Raiser headtube s.r. bw. frh.	4,1
2178	a	Raiser headtube mill frh.	1,8
2178	b	Raiser headtube mill s.r. frh.	2,7
2179	a	Raiser headtube mill bw. frh.	2,1
2179	b	Raiser headtube mill s.r. bw. frh.	3,7
2179	c	Raiser headtube mill spin. bw. frh.	5,0
2180	a	Raiser headtube rev. frh. HC.	2,4
2180	b	Raiser headtube rev. frh. C.	2,6
2180	c	Raiser headtube rev. s.r. frh.	4,2
2181	a	Raiser headtube rev. bw. frh. HC.	2,9
2181	b	Raiser headtube rev. bw. frh. C.	3,1
2181	c	Raiser headtube rev. s.r. bw. frh.	5,1

Figure No. / Name of figure			Point value
2182	a	Raiser headtube rev. mill frh.	2,5
2182	b	Raiser headtube rev. mill s.r. frh.	3,8
2182	c	Raiser headtube rev. mill spin. frh.	5,9
2183	a	Raiser headtube rev. mill bw. frh.	3,0
2183	b	Raiser headtube rev. mill s.r. bw. frh.	4,7
2191	a	Standraiser HC.	2,6
2191	b	Standraiser C.	2,8
2191	c	Standraiser s.r.	4,4
2192	a	Standraiser bw. HC.	2,9
2192	b	Standraiser bw. C.	3,1
2192	c	Standraiser s.r. bw.	4,9
2193	a	Standraiser mill	2,7
2193	b	Standraiser mill s.r.	4,0
2194	a	Standraiser mill bw.	2,9
2194	b	Standraiser mill s.r. bw.	4,5
2194	c	Standraiser mill spin. bw.	5,9
2195	a	Standraiser rev. HC.	2,9
2195	b	Standraiser rev. C.	3,1
2195	c	Standraiser rev. s.r.	4,7
2196	a	Standraiser rev. bw. HC.	3,2
2196	b	Standraiser rev. bw. C.	3,4
2196	c	Standraiser s.r. bw.	5,4
2197	a	Standraiser rev. mill	3,0
2197	b	Standraiser rev. mill s.r.	4,3
2197	c	Standraiser rev. mill spin.	6,3
2198	a	Standraiser rev. mill bw.	3,2
2198	b	Standraiser rev. mill s.r. bw.	5,0

#### 8.6.004 Turns on **the** spot on two bicycles

Figure No. / Name of figure			Point value
2211	a	Raiser handlebarseat 1 turn	4,6
2211	b	Raiser handlebarseat 2 turns T (6,8 - 7,3)	6,3
2211	c	Raiser handlebarseat 3 turns T (7,8)	7,2
2212	a	Raiser handlebarseat rev. 1 turn	4,9
2212	b	Raiser handlebarseat rev. 2 turns T (7,0 - 7,5)	6,5
2212	c	Raiser handlebarseat rev. 3 turns T (8,1)	7,5
2213	a	Raiser headtube 1 turn	4,4
2213	b	Raiser headtube 2 turns T (6,5 - 7,0)	6,0
2213	c	Raiser headtube 3 turns T (7,6)	7,0

<b>Figure No. / Name of figure</b>			<b>Point value</b>
2214	a	Raiser headtube rev. 1 turn	4,9
2214	b	Raiser headtube rev. 2 turns T (7,0 - 7,5)	6,5
2214	c	Raiser headtube rev. 3 turns T (8,1)	7,5
2215	a	Standraiser 1 turn	5,2
2215	b	Standraiser 2 turns T (7,4 - 7,9)	6,9
2215	c	Standraiser 3 turns T (8,4)	7,8
2216	a	Standraiser rev. 1 turn	5,5
2216	b	Standraiser rev. 2 turns T (7,7 - 8,2)	7,2
2216	c	Standraiser rev. 3 turns T (8,7)	8,1

(text modified 01.01.12)

#### 8.6.005 Passages on two bicycles

<b>Figure No. / Name of figure</b>			<b>Point value</b>
2236	a	P. raiser reg. seat handlebarseat	1,9
2236	b	P. raiser handlebarseat raiser reg. seat	1,9
2237	a	P. raiser reg. seat raiser headtube	2,9
2237	b	P. raiser headtube raiser reg. seat	2,9
2238	a	P. raiser handlebarseat raiser headtube	2,4
2238	b	P. raiser headtube raiser handlebarseat	2,4
2239	a	P. raiser headtube standraiser rev.	2,1
2239	b	P. standraiser rev. raiser headtube	2,1
2240	a	P. standraiser raiser headtube rev.	2,1
2240	b	P. raiser headtube rev. standraiser	2,2
2241	a	P. raiser headtube rev. raiser handlebarseat rev.	3,4
2241	b	P. raiser handlebarseat rev. raiser headtube rev.	3,5
2242	a	P. backhang standraiser separate	5,7
2243	a	P. backhang raiser headtube rev. separate	4,6

#### 8.6.006 Final **figures** on two bicycles

<b>Figure No. / Name of figure</b>			<b>Point value</b>
2250	a	Handlebarstand rev. <b>somersault</b> bw. hooked legs	12,1

(text modified on 01.01.16)

#### 8.6.007 **Figures** on one bicycle

<b>Figure No. / Name of figure</b>			<b>Point value</b>
2261	a	Reg. seat / Stand on pins HC.	0,3
2261	b	Reg. seat / Stand on pins C.	0,4
2261	c	Reg. seat / Saddlestand HC.	0,7

<b>Figure No. / Name of figure</b>		<b>Point value</b>
2261	d Reg. seat / Saddlestand C.	0,9
2266	a Reg. seat / Shoulderseat HC.	0,7
2266	b Reg. seat / Shoulderseat C.	0,9
2266	c Reg. seat frh. / Shoulderseat HC.	1,6
2266	d Reg. seat frh. / Shoulderseat C.	1,9
2267	a Reg. seat bw. / Shoulderseat HC.	1,9
2267	b Reg. seat bw. / Shoulderseat C.	2,2
2268	a Reg. seat / Shoulderstand HC.	2,0
2268	b Reg. seat / Shoulderstand C.	2,3
2268	c Reg. seat frh. / Shoulderstand HC.	3,0
2268	d Reg. seat frh. / Shoulderstand C.	3,4
2269	a Reg. seat bw. / Shoulderstand HC.	3,7
2269	b Reg. seat bw. / Shoulderstand C.	4,1
2270	a Reg. seat / Chest suspended hang HC.	1,3
2270	b Reg. seat / Chest suspended hang C.	1,5
2270	c Reg. seat frh. / Chest suspended hang HC.	2,1
2270	d Reg. seat frh. / Chest suspended hang C.	2,4
2271	a Reg. seat bw. / Chest suspended hang HC.	2,3
2271	b Reg. seat bw. / Chest suspended hang C.	2,6
2276	a Reg. seat / Handlebarstand HC.	1,2
2276	b Reg. seat / Handlebarstand C.	1,3
2277	a Reg. seat / Handlebar handstand HC.	5,5
2277	b Reg. seat / Handlebar handstand C.	5,9
2281	a Reg. seat rev. / Shoulderseat HC.	1,1
2281	b Reg. seat rev. / Shoulderseat C.	1,3
2282	a Reg. seat rev. bw. / Shoulderseat HC.	1,9
2282	b Reg. seat rev. bw. / Shoulderseat C.	2,1
2283	a Reg. seat rev. / Shoulderstand HC.	2,7
2283	b Reg. seat rev. / Shoulderstand C.	3,0
2285	a Reg. seat rev. / Chest suspended hang HC.	1,7
2285	b Reg. seat rev. / Chest suspended hang C.	1,9
2286	a Reg. seat rev. bw. / Chest suspended hang HC.	2,5
2286	b Reg. seat rev. bw. / Chest suspended hang C.	2,7
2296	a Handlebarseat / Stand on pins HC.	1,1
2296	b Handlebarseat / Stand on pins C.	1,2
2296	c Handlebarseat frh. / Stand on pins HC.	1,6
2296	d Handlebarseat frh. / Stand on pins C.	1,8
2296	e Handlebarseat / Saddlestand HC.	1,8
2296	f Handlebarseat / Saddlestand C.	2,0
2296	g Handlebarseat frh. / Saddlestand HC.	2,3

Figure No. / Name of figure	Point value
2296 h Handlebarseat frh. / Saddlestand C.	2,5
2301 a Handlebarseat rev. / Stand on pins HC.	0,8
2301 b Handlebarseat rev. / Stand on pins C.	0,9
2301 c Handlebarseat rev. frh. / Stand on pins HC.	1,3
2301 d Handlebarseat rev. frh. / Stand on pins C.	1,4
2302 a Handlebarseat rev. / Saddle handlebarstand HC.	1,3
2302 b Handlebarseat rev. / Saddle handlebarstand C.	1,4
2302 c Handlebarseat rev. frh. / Saddle handlebarstand HC.	1,8
2302 d Handlebarseat rev. frh. / Saddle handlebarstand C.	1,9
2302 e Handlebarseat rev. / Saddlestand HC.	1,4
2302 f Handlebarseat rev. / Saddlestand C.	1,7
2302 g Handlebarseat rev. frh. / Saddlestand HC.	2,0
2302 h Handlebarseat rev. frh. / Saddlestand C.	2,3
2303 a Handlebarseat rev. / Shoulderseat HC.	1,3
2303 b Handlebarseat rev. / Shoulderseat C.	1,5
2303 c Handlebarseat rev. frh. / Shoulderseat HC.	1,9
2303 d Handlebarseat rev. frh. / Shoulderseat C.	2,2
2304 a Handlebarseat rev. / Shoulderstand HC.	2,9
2304 b Handlebarseat rev. / Shoulderstand C.	3,2
2304 c Handlebarseat rev. frh. / Shoulderstand HC.	3,6
2304 d Handlebarseat rev. frh. / Shoulderstand C.	3,9
2305 a Handlebarseat rev. / Chest suspended hang HC.	1,8
2305 b Handlebarseat rev. / Chest suspended hang C.	2,0
2305 c Handlebarseat rev. frh. / Chest suspended hang HC.	2,4
2305 d Handlebarseat rev. frh. / Chest suspended hang C.	2,6
2306 a Handlebarseat rev. / Headstand HC.	2,7
2306 b Handlebarseat rev. / Headstand C.	2,9
2311 a Frontstand / Stand on pins HC.	0,9
2311 b Frontstand / Stand on pins C.	1,0
2311 c Frontstand frh. / Stand on pins HC.	1,4
2311 d Frontstand frh. / Stand on pins C.	1,6
2311 e Frontstand / Saddlestand HC.	1,6
2311 f Frontstand / Saddlestand C.	1,8
2311 g Frontstand frh. / Saddlestand HC.	2,1
2311 h Frontstand frh. / Saddlestand C.	2,3
2316 a Split / Shoulderseat HC.	1,0
2316 b Split / Shoulderseat C.	1,2
2316 c Split frh. / Shoulderseat HC.	1,6
2316 d Split frh. / Shoulderseat C.	1,8
2317 a Sidestand / Sidestand ring grip HC.	1,4
2317 b Sidestand / Sidestand ring grip C.	1,6
2319 a Stand bent on saddle / Stand bent on handlebar rev. HC.	1,8
2319 b Stand bent on saddle / Stand bent on handlebar rev. C.	2,0

Figure No. / Name of figure			Point value
2321	a	Frameseat / Stand bent on saddle HC.	1,1
2321	b	Frameseat / Stand bent on saddle C.	1,2
2322	a	Frameseat / Saddle handlebarstand HC.	1,5
2322	b	Frameseat / Saddle handlebarstand C.	1,7
2322	c	Frameseat / Saddlestand HC.	1,8
2322	d	Frameseat / Saddlestand C.	2,0
2323	a	Frameseat / Saddle support scale HC.	2,4
2323	b	Frameseat / Saddle support scale C.	2,8
2331	a	Fronthang / Stand bent on saddle HC.	1,0
2331	b	Fronthang / Stand bent on saddle C.	1,2
2332	a	Fronthang / Saddle handlebarstand HC.	1,5
2332	b	Fronthang / Saddle handlebarstand C.	1,7
2332	c	Fronthang / Saddlestand HC.	1,8
2332	d	Fronthang / Saddlestand C.	2,0
2334	a	Fronthang / Headstand HC.	2,8
2334	b	Fronthang / Headstand C.	3,0
2334	c	Fronthang / Saddle handlebar handstand HC.	6,6
2334	d	Fronthang / Saddle handlebar handstand C.	7,0
2341	a	Backhang / Stand on pins HC.	0,9
2341	b	Backhang / Stand on pins C.	1,0
2342	a	Backhang / Saddle handlebarstand HC.	1,4
2342	b	Backhang / Saddle handlebarstand C.	1,5
2342	c	Backhang / Saddlestand HC.	1,7
2342	d	Backhang / Saddlestand C.	1,9
2343	a	Backhang / Handlebarstand HC.	1,8
2343	b	Backhang / Handlebarstand C.	1,9
2346	a	Backhang / Headstand HC.	2,7
2346	b	Backhang / Headstand C.	2,9
2346	c	Backhang / Saddle handlebar handstand HC.	6,6
2346	d	Backhang / Saddle handlebar handstand C.	7,0
2351	a	Lying on handlebar / Stand bent on saddle HC.	1,3
2351	b	Lying on handlebar / Stand bent on saddle C.	1,5
2351	c	Lying on handlebar / Saddlestand HC.	2,2
2351	d	Lying on handlebar / Saddlestand C.	2,4
2352	a	Lying on saddle / Handlebarstand HC.	1,9
2352	b	Lying on saddle / Handlebarstand C.	2,0
2352	c	Lying on saddle / Handlebar handstand HC.	6,0
2352	d	Lying on saddle / Handlebar handstand C.	6,4
2353	a	Waterscale / Stand bent on saddle HC.	1,5
2353	b	Waterscale / Stand bent on saddle C.	1,6

Figure No. / Name of figure				Point value
2353	c	Waterscale / Saddlestand HC.		2,2
2353	d	Waterscale / Saddlestand C.		2,4
2356	a	Saddle handlebarstand / Saddle handlebarstand HC.		3,0
2356	b	Saddle handlebarstand / Saddle handlebarstand C.		3,2
2356	c	Saddle handlebarstand / Saddle handlebarstand S		3,6
2356	d	Saddle handlebarstand / Saddle handlebarstand 8		4,1
2357	a	Saddle handlebarstand / Stand on pins HC.		2,5
2357	b	Saddle handlebarstand / Stand on pins C.		2,6
2357	c	Saddle handlebarstand / Saddlestand HC.		3,1
2357	d	Saddle handlebarstand / Saddlestand C.		3,2
2357	e	Saddle handlebarstand / Handlebarstand HC.		3,7
2357	f	Saddle handlebarstand / Handlebarstand C.		3,8
2358	a	Handlebarstand / Stand on pins HC.		3,2
2358	b	Handlebarstand / Stand on pins C.		3,4
2358	c	Handlebarstand $\frac{1}{2}$ turn / Stand on pins		5,9
2358	d	Handlebarstand 1 turn / Stand on pins T (7,2 - 7,7 - 8,2 - 8,7)		6,7
2358	e	Handlebarstand $\frac{1}{2}$ turns / Stand on pins T (8,0 - 8,5 - 9,0 - 9,5)		7,5
2358	f	Handlebarstand 2 turns / Stand on pins T (8,8 - 9,3 - 9,8 - 10,3)		8,3
2358	g	Handlebarstand out of reg. seat / Stand on pins HC.		4,0
2358	h	Handlebarstand out of reg. seat / Stand on pins C.		4,1
2358	i	Handlebarstand $\frac{1}{2}$ turn out of reg. seat / Stand on pins		6,7
2358	j	Handlebarstand 1 turn out of reg. seat / Stand on pins T (8,0 - 8,5 - 9,0 - 9,5)		7,5
2358	k	Handlebarstand $\frac{1}{2}$ turns out of reg. seat / Stand on pins T (8,8 - 9,3 - 9,8 - 10,3)		8,3
2358	l	Handlebarstand 2 turns out of reg. seat / Stand on pins T (9,6 - 10,1 - 10,6 - 11,1)		9,0

Given				
Shown	2358c	2358d	2358e	2358f
	$\frac{1}{2}$	1	$1\frac{1}{2}$	2
	$\frac{1}{2}$	<b>5,9</b>		
	1	<b>6,7</b>		
	$1\frac{1}{2}$	<b>7,2</b>	<b>7,5</b>	
	2	<b>7,7</b>	<b>8,0</b>	<b>8,3</b>
	$2\frac{1}{2}$	<b>8,2</b>	<b>8,5</b>	<b>8,8</b>
	3	<b>8,7</b>	<b>9,0</b>	<b>9,3</b>
	$3\frac{1}{2}$		<b>9,5</b>	<b>9,8</b>
	4			<b>10,3</b>

Given				
Shown	2358i	2358j	2358k	2358l
	$\frac{1}{2}$	1	$1\frac{1}{2}$	2
	$\frac{1}{2}$	<b>6,7</b>		
	1	<b>7,5</b>		
	$1\frac{1}{2}$	<b>8,0</b>	<b>8,3</b>	
	2	<b>8,5</b>	<b>8,8</b>	<b>9,1</b>
	$2\frac{1}{2}$	<b>9,0</b>	<b>9,3</b>	<b>9,6</b>
	3	<b>9,5</b>	<b>9,8</b>	<b>10,1</b>
	$3\frac{1}{2}$		<b>10,3</b>	<b>10,6</b>
	4			<b>11,1</b>

Figure No. / Name of figure				Point value
2359	a	Handlebarstand / Saddlestand ring grip HC.		3,6
2359	b	Handlebarstand / Saddlestand ring grip C.		3,7
2359	c	Handlebarstand / Saddlestand HC.		4,9
2359	d	Handlebarstand / Saddlestand C.		5,1
2359	e	Handlebarstand / Saddlestand S		5,6
2359	f	Handlebarstand / Saddlestand 8		6,1

Figure No. / Name of figure			Point value
2366	a	Handlebar L-shape hold / Stand on pins HC.	3,0
2366	b	Handlebar L-shape hold / Stand on pins C.	3,5
2366	c	Handlebar L-shape hold / Saddlestand HC.	3,8
2366	d	Handlebar L-shape hold / Saddlestand C.	4,2
2366	e	Handlebar L-shape hold / Saddle support straddle HC.	5,0
2366	f	Handlebar L-shape hold / Saddle support straddle C.	5,4
2366	g	Handlebar support straddle / Saddle support straddle HC.	6,0
2366	h	Handlebar support straddle / Saddle support straddle C.	6,4
2371	a	Headstand / Handlebarstand HC.	3,8
2371	b	Headstand / Handlebarstand C.	4,1
2372	a	Headstand / Frame shoulderstand HC.	5,1
2372	b	Headstand / Frame shoulderstand C.	5,5
2373	a	Headstand / Handlebar support straddle HC.	6,1
2373	b	Headstand / Handlebar support straddle C.	6,5
2374	a	Headstand / Handlebar handstand HC.	8,5
2374	b	Headstand / Handlebar handstand C.	9,0
2374	c	Headstand / Handlebar handstand S	9,8
2374	d	Headstand / Handlebar handstand 8	10,6
2374	e	Headstand / Handlebar support straddle handlebar handstand HC.	11,0
2374	f	Headstand / Handlebar support straddle handlebar handstand C.	11,5
2374	g	Headstand / Handlebar support straddle handlebar handstand S	12,3
2374	h	Headstand / Handlebar support straddle handlebar handstand 8	13,1
2376	a	Saddle handlebar handstand / Handlebarstand HC.	7,7
2376	b	Saddle handlebar handstand / Handlebarstand C.	8,1
2376	c	Handlebar handstand / Saddlestand HC.	7,6
2376	d	Handlebar handstand / Saddlestand C.	8,0
2377	a	Handlebar handstand / Saddle handlebar handstand HC.	10,6
2377	b	Handlebar handstand / Saddle handlebar handstand C.	11,0
2391	a	Stillstand on pedals / Shoulderseat	1,3
2391	b	Stillstand on pedals frh. / Shoulderseat	1,8
2391	c	Stillstand on pedals / Shoulderstand	2,7
2391	d	Stillstand on pedals frh. / Shoulderstand	3,2

(text modified on 01.01.16)

#### 8.6.008 Raiser figures on one bicycle

Figure No. / Name of figure			Point value
2411	a	Raiser reg. seat / Stand on pins HC.	2,2
2411	b	Raiser reg. seat / Stand on pins C.	2,4
2412	a	Raiser reg. seat / Shoulderseat HC.	2,9
2412	b	Raiser reg. seat / Shoulderseat C.	3,1
2412	c	Raiser reg. seat frh. / Shoulderseat HC.	3,5

Figure No. / Name of figure	Point value
2412 d Raiser reg. seat frh. / Shoulderseat C.	3,8
2413 a Raiser reg. seat bw. frh. / Shoulderseat HC.	4,1
2413 b Raiser reg. seat bw. frh. / Shoulderseat C.	4,4
2413 c Raiser reg. seat spin. bw. frh. / Shoulderseat	6,1
2414 a Raiser reg. seat / Chest suspended hang HC.	3,1
2414 b Raiser reg. seat / Chest suspended hang C.	3,3
2414 c Raiser reg. seat frh. / Chest suspended hang HC.	3,8
2414 d Raiser reg. seat frh. / Chest suspended hang C.	4,2
2415 a Raiser reg. seat bw. frh. / Chest suspended hang HC.	4,4
2415 b Raiser reg. seat bw. frh. / Chest suspended hang C.	4,6
2416 a Raiser reg. seat / Shoulderstand HC.	4,8
2416 b Raiser reg. seat / Shoulderstand C.	5,1
2416 c Raiser reg. seat frh. / Shoulderstand HC.	5,6
2416 d Raiser reg. seat frh. / Shoulderstand C.	6,0
2417 a Raiser reg. seat bw. frh. / Shoulderstand HC.	6,5
2417 b Raiser reg. seat bw. frh. / Shoulderstand C.	7,0
2418 a Raiser reg. seat rev. frh. / Shoulderseat HC.	3,9
2418 b Raiser reg. seat rev. frh. / Shoulderseat C.	4,3
2418 c Raiser reg. seat rev. spin. frh. / Shoulderseat	6,5
2419 a Raiser reg. seat rev. bw. frh. / Shoulderseat HC.	4,9
2419 b Raiser reg. seat rev. bw. frh. / Shoulderseat C.	5,3
2420 a Raiser reg. seat rev. frh. / Chest suspended hang HC.	4,1
2420 b Raiser reg. seat rev. frh. / Chest suspended hang C.	4,5
2421 a Raiser reg. seat rev. bw. frh. / Chest suspended hang HC.	5,1
2421 b Raiser reg. seat rev. bw. frh. / Chest suspended hang C.	5,5
2422 a Raiser reg. seat rev. frh. / Shoulderstand HC.	6,7
2422 b Raiser reg. seat rev. frh. / Shoulderstand C.	7,1
2426 a Raiser handlebarseat / Shoulderseat HC.	3,4
2426 b Raiser handlebarseat / Shoulderseat C.	3,7
2426 c Raiser handlebarseat frh. / Shoulderseat HC.	4,0
2426 d Raiser handlebarseat frh. / Shoulderseat C.	4,4
2427 a Raiser handlebarseat bw. frh. / Shoulderseat HC.	4,7
2427 b Raiser handlebarseat bw. frh. / Shoulderseat C.	5,0
2427 c Raiser handlebarseat spin. bw. frh. / Shoulderseat	6,9
2428 a Raiser handlebarseat / Shoulderstand HC.	5,5
2428 b Raiser handlebarseat / Shoulderstand C.	5,9
2428 c Raiser handlebarseat frh. / Shoulderstand HC.	6,3
2428 d Raiser handlebarseat frh. / Shoulderstand C.	6,7
2429 a Raiser handlebarseat bw. frh. / Shoulderstand HC.	7,4

Figure No. / Name of figure			Point value
2429	b	Raiser handlebar seat bw. frh. / Shoulderstand C.	8,0
2436	a	Raiser headtube frh. / Shoulderseat HC.	3,6
2436	b	Raiser headtube frh. / Shoulderseat C.	4,0
2437	a	Raiser headtube bw. frh. / Shoulderseat HC.	4,2
2437	b	Raiser headtube bw. frh. / Shoulderseat C.	4,6
2437	c	Raiser headtube spin. bw. frh. / Shoulderseat	6,4
2438	a	Raiser headtube frh. / Shoulderstand HC.	6,0
2438	b	Raiser headtube frh. / Shoulderstand C.	6,4
2439	a	Raiser headtube bw. frh. / Shoulderstand HC.	7,0
2439	b	Raiser headtube bw. frh. / Shoulderstand C.	7,6
2446	a	Raiser headtube rev. frh. / Shoulderseat HC.	4,3
2446	b	Raiser headtube rev. frh. / Shoulderseat C.	4,7
2446	c	Raiser headtube rev. spin. frh. / Shoulderseat	7,0
2447	a	Raiser headtube rev. bw. frh. / Shoulderseat HC.	5,3
2447	b	Raiser headtube rev. bw. frh. / Shoulderseat C.	5,7
2448	a	Raiser headtube rev. frh. / Shoulderstand HC.	6,4
2448	b	Raiser headtube rev. frh. / Shoulderstand C.	6,8
2449	a	Raiser headtube rev. bw. frh. / Shoulderstand HC.	7,9
2449	b	Raiser headtube rev. bw. frh. / Shoulderstand C.	8,5

**8.6.009** Passages on one bicycle

Figure No. / Name of figure			Point value
2471	a	P. raiser reg. seat raiser handlebar seat / Shoulderseat	4,8
2471	b	P. raiser reg. seat raiser handlebar seat / Shoulderstand	6,7
2472	a	P. raiser reg. seat raiser headtube / Shoulderseat	7,0
2472	b	P. raiser reg. seat raiser headtube / Shoulderstand	9,7
2473	a	P. raiser handlebar seat raiser headtube / Shoulderseat	5,9
2473	b	P. raiser handlebar seat raiser headtube / Shoulderstand	8,2

## Chapter VII EXPLANATIONS OF FIGURES PAIR ARTISTIC CYCLING

### 8.7.001 Figures with both wheels on floor on two bicycles

#### **Reg. seat**

Regular seat on saddle, both feet on each a pedal. Chest directed to handlebar.



2001  
2002  
2003  
2004

#### **Reg. seat rev.**

Reversed seat on saddle, both feet on each a pedal. Back directed to handlebar.



2005

#### **Steering with feet**

Regular seat on saddle, both feet on handlebar.



2011

#### **Lady seat**

Regular seat on saddle, one foot on pedal. The free leg must be stretched over the top tube to the opposite side of the bicycle and below the handlebar. The handlebar may not be touched by the leg or foot.



2012  
2013

#### **Handlebars seat**

Seat on handlebar, back directed to the saddle. The free leg must be stretched forward, horizontally. Other foot hooked to the down tube.



2021

#### **Handlebars seat rev.**

Reversed seat on handlebar, both feet each on a pedal. Chest directed to the saddle.



2022

#### **Split**

Left foot standing on left rear-pin, right foot standing on right front-pin (or counterwise). Chest directed to the handlebar. The handlebar may not be touched with the leg.



2026

#### **Split rev.**

Right foot standing on the left rear-pin, left foot standing on the right-frontpin (or counterwise). Chest directed to the saddle. The handlebar may not be touched with the leg.



2027

#### **Frontstand**

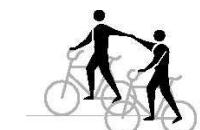
Stand in front of the handlebar, back directed to the saddle. One foot on frontpin, other foot hooked to the down tube.



2031

#### **Sidestand foot cranking**

One foot standing on left rear-pin, other foot on left pedal (or counterwise). Chest directed to the handlebar.



2036

**Sidestand**

Stand with one foot on left rear-pin, other foot on left front-pin (or counterwise). Chest directed to the handlebar. The handlebar may not be touched with the leg.



2037

**Stand on pins**

Standing with both feet each on a rear-pin. Both knees behind the saddle



2046

**Stand bent on pin**

One foot standing on rear-pin, trunk bent forward, free leg stretched to the back in straight line with the trunk.



2047

**Bent knee seat**

In squat position with one foot on top tube, free leg horizontally stretched forward, back directed to the saddle.



2051

**Knee on saddle**

Knee on saddle, trunk bent forward, free leg stretched to the back in straight line with the trunk.



2052

**Lying on saddle; Lying on saddle and handlebar**

**a-b:** Lying with front of body on the staddle, closed stretched legs to the back.

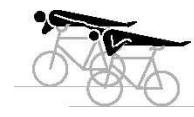


2061

**c-d:** Lying with front of body on saddle, arms stretched sideways **free-hand** on handlebar-grips. Closed legs stretched horizontally to the back.

**Waterscale**

Lying with back of body **in a straight line** on the handlebar, stretched legs or feet under (**a** and **b**), or on (**c** and **d**) the saddle.



2062

**Framestand**

Standing upright with one foot standing on the down tube, other foot standing on the saddle tube. Chest directed to handlebar. Feet may not touch each other, legs may not touch the handlebar.



2066

**Saddle handlebarstand**

Standing free, upright stretched with one foot on saddle and the other foot on the handlebar.



2067

2068

**Saddlestand**

Standing free, upright stretched with both feet on saddle.



2069

**Fronthandlebarstand, Fronthandlebarstand turn (T)**

From one turn of the tactical enlargement of the fronthandlebarstand turn(s) is possible up to four half turns in maximum.

**a-f:** Standing free, upright with both feet on handlebar-grips, back directed to the saddle.

**g-j:** From fronthandlebarstand with half or multiple front wheel turn to fronthandlebarstand or handlebarstand reverse. After the last turn, the end position must be held for at least 2 metres.

**aa-ja:** The **riders** jump from regular seat to fronthandlebarstand; further execution according **the figure a-e; g-j.**



2070

**Counter circle fronthandlebarstand (T)**

**k-n:** From fronthandlebarstand with half or multiple front wheel turn(s) to fronthandlebarstand or handlebarstand reverse. Execution of the **figure** according the guidelines for counter circle. After the last turn, but before the **required** hand touch at the end of the **figure**, the end position must be held for at least 2 **metres**.

**ka-na:** The **riders** jump from regular seat to fronthandlebarstand; further execution according **the figure k-n.**

2070 k  
2070 l  
2070 m  
2070 n

**Handlebarstand rev.**

Standing, reversed, free, upright stretched with both feet on handle-bar-grips, chest directed to the saddle.



2071

**Headstand**

Separate performed headstand on the saddle, both hands on the handlebar. Legs closed and vertically stretched.



2073

**Shoulderstand**

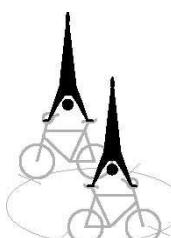
Separate performed shoulderstand with one shoulder on saddle or top tube, both hands on the handlebar. Legs closed and vertically stretched.



2074

**Saddle handlebar handstand**

Separate performed handstand with one hand on handlebar and other hand on saddle. Arms stretched, legs closed and vertically stretched. The fore-arm or the wrist may not be leaned against the handlebar-grip.



2076 a  
2076 b  
2076 c

**L-shape hold sideways saddle handlebar handstand (T)**

From the L-shape hold sideways, which has to be performed for at least 2 metres, going directly to the handstand without touching the frame with foot/feet. The handstand must be performed as described in the figures **2076a-c** and held through the whole **way of stretch**.

**2076 d  
2076 e  
2076 f**

The tactical enlargement is possible for the kind of execution as Swiss saddle handlebar handstand, which has to be performed like the figures **2076g-i**. The tactical enlargement is possible for the kind of execution as German saddle handlebar handstand, which has to be performed like the figures **2076j-l**.

**L-shape hold sideways Swiss saddle handlebar handstand**

**2076 g  
2076 h  
2076 i**

From the L-shape hold sideways, which has to be performed for at least 2 metres, going directly to handstand with stretched legs over the frame but without touching the frame and/or handlebar with foot/feet. After passing the frame, with stretched and straddled legs to the handstand, which has to be performed as described in the figures **2076a-c** and held through the whole **way of stretch**.

**L-shape hold sideways German saddle handlebar handstand**

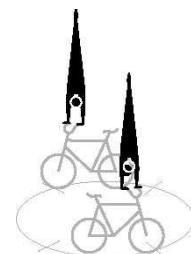
**2076 j  
2076 k  
2076 l**

From the L-shape sideways, which has to be performed for at least 2 metres, going directly to handstand with stretched, closed legs over the frame without touching the frame or else with foot/feet. After passing the frame with stretched, closed legs to the handstand, which has to be performed as described in the figures **2076a-c** and held through the whole **way of stretch**.

**Handlebar handstand**

Separate performed handstand with both hands on handlebar-grips. Arms stretched, legs closed and vertically stretched.

**2077 a  
2077 b  
2077 c**



**L-shape hold handlebar handstand (T)**2077 d  
2077 e  
2077 f

From L-shape hold or L-shape hold rev, which have to be performed for at least 2 metres, going directly to handstand without touching the handlebar and/or frame with foot/feet. The handstand must be performed as described in figures 2077a-c and held through the whole way of stretch.

The tactical enlargement is possible for the kind of execution as Swiss handlebar handstand, which has to be performed like the figures 2077g-i. The tactical enlargement is possible for the kind of execution as German handlebar handstand, which has to be performed like the figures 2077j-l.

**L-shape hold Swiss handlebar handstand**2077 g  
2077 h  
2077 i

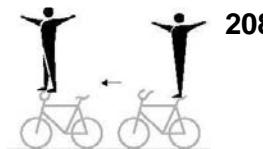
From L-shape hold or L-shape hold rev, which has to be performed for at least 2 metres, going directly to handstand with stretched legs over the handlebar without touching the handlebar and/or frame with foot/feet. After passing the handlebar, with stretched and straddled legs to the handstand, which has to be performed as described in the figures 2077a-c and held through the whole way of stretch.

**L-shape hold German handlebar**2077 j  
2077 k  
2077 l

From the L-shape hold or L-shape hold rev, which has to be performed for at least 2 metres, going directly to handstand with stretched, closed legs over the handlebar without touching the handlebar or else with foot/feet. After passing the handlebar with stretched, closed legs to the handstand, which has to be performed as described in the figures 2077a-c and held through the whole way of stretch.

**Maute jump**

Jump from saddlestand **separate** to fronthandlebarstand which has to be performed, after the jump, for at least 2 metres. The jumps have to be performed simultaneously. It is only allowed to perform the jumps riding opposite to each other during execution of a circle or after a counter eight. Riders do not have to touch before and after the jump.



2081

**Stillstand on pedals, Stillstand pedal front wheel**

2091

**a-b:** Standing with both feet, only, on each a pedal. Back directed to the saddle. The stillstand has to be performed for at least 3 seconds.



**c-d:** Standing with one foot, only, on a pedal, the other foot on front wheel tyre. Back directed to the saddle. The stillstand has to be performed for at least 3 seconds.

(text modified 01.01.12; 01.01.16)

**8.7.002 Raiser figures on two bicycles****Raiser reg. seat**

Regular raiser with seat on saddle, chest directed to handlebar, both feet on each a pedal.



2131  
2132  
2133  
2134

**Raiser reg. seat rev.**

Reversed regular raiser with seat on saddle, back directed to handlebar, both feet on each a pedal.



2135  
2136  
2137  
2138

**Raiser lady seat**

Raiser with seat on saddle, chest directed to handlebar, one foot on pedal. The free leg must be stretched over the top tube to the opposite side of the bicycle, below the handlebar without the foot wedging the front wheel.



2147

**Raiser stand on pins**

Raiser standing with left foot on left rear-pin and with right foot on right pedal (or counterwise). Chest directed to handlebar.



2151  
2152  
2154

**Raiser handlebarseat**

Raiser with seat on the lower part of the handlebar (front wheel with crossed position), both feet on each a pedal. Chest directed to the front wheel.



2161  
2162  
2163  
2164

**Raiser handlebarseat rev.**

Reversed raiser with seat on the lower part of the handlebar (front wheel with crossed position), both feet on each a pedal. Back directed to the front wheel.



2165  
2166  
2167  
2168

**Raiser head tube**

Raiser sitting on the head tube, both feet on each a pedal. Front wheel in front of oneself.



2176  
2177  
2178  
2179

**Raiser head tube rev.**

Reversed raiser sitting on the head tube, both feet on each a pedal. Front wheel behind oneself.



2180  
2181  
2182  
2183

**Standraiser**

Raiser. Saddle pointing downwards, holding front wheel with one hand in front of oneself. Standing with both feet on each a pedal.



2191  
2192  
2193  
2194

**Standraiser rev.**

Reversed raiser. Saddle pointed downwards, holding front wheel with one hand behind oneself. Standing with both feet on each a pedal.



2195  
2196  
2197  
2198

**8.7.003 Turns on the spot on two bicycles****Turns on the spot (T)**

The tactical enlargement of the turns on the spot is possible from 2 turns up to 4 turns.

Execution according **8.3.022 Turns on spot.**

*(text modified on 01.01.16)*

2211  
2212  
2213  
2214  
2215  
2216

**8.7.004 Passages on two bicycles****Passages**

Execution according **8.2.039 Passages.**

2236  
2237  
2238  
2239  
2240  
2241  
2242  
2243

**8.7.005 Final figures on two bicycles****Handlebarstand rev. somersault bw. hooked legs**

From position handlebarstand reverse somersault-jump backwards with hooked legs to standing with the feet on the floor, in front of bicycle. Both somersault have to be performed simultaneously. It is only allowed to perform the somersault riding opposite to each other during execution of a circle or after a counter eight. Riders do not have to touch before and after the somersault.

*(text modified on 01.01.16)*

2250 a

**8.7.006 Figures on one bicycle****Reg. seat / Stand on pins, Saddlestand**

**a-b:** Regular seat on saddle, **one foot on each** pedal. Chest directed to handlebar / Stand with both feet on each a rear-pin. Both knees behind the saddle.

**c-d:** Like **a-b** until slash / Standing with feet on saddle.



2261

**Reg. seat / Shoulderseat**

Regular seat on saddle, **one foot on each pedal**. Chest directed to handlebar / Sitting on the partner's shoulders.



2266  
2267

**Reg. seat / Shoulderstand**

Regular seat on saddle, **one foot on each** pedal. Chest directed to handlebar / Standing with feet on the partner's shoulders.



2268  
2269

**Reg. seat / Chest suspended hang**

Regular seat on saddle, **one foot on each** pedal. Chest directed to handlebar / Hanging with chest-grip on the partner's back, head downwards, upwards stretched legs in straight line with the body.



2270  
2271

**Reg. seat / Handlebarstand**

Regular seat on saddle, one foot on each pedal. Chest directed to the handlebar / Standing with feet on handlebar-grips.



2276

**Reg. seat / Handlebar handstand**

Regular seat on saddle, **both feet each on** pedal. Chest directed to the handlebar / Handstand on handlebar-grips, arms stretched, legs closed and vertically stretched.



2277

**Reg. seat rev. / Shoulderseat**

Reversed regular seat on saddle, **one foot on each** pedal. Back directed to the handlebar / Sitting on the partner's shoulders.



2281  
2282

**Reg. seat rev. / Shoulderstand**

Reversed regular seat on saddle **one foot on each** pedal. Back directed to the handlebar / Standing with feet on the partner's shoulders.



2283

**Reg. seat rev. / Chest suspended hang**

Reversed regular seat on saddle, **one foot on each** pedal. Back directed to the handlebar / Hanging with chest-grip on the partner's back, head downwards, upwards stretched legs in straight line with the body.



2285  
2286

**Handlebarseat / Stand on pins, Saddlestand**

**a-d:** Seat on handlebar, back directed to saddle, free leg stretched forward horizontally. Other foot hooked to down tube. / Standing with feet each on a rear-pin. Both knees behind the saddle.

**e-h:** Like **a-d** until slash / Standing with feet on the saddle.



2296

**Handlebarseat rev. / Stand on pins**

Reversed seat on handlebar, **one foot on each** pedal. Chest directed to saddle / Standing with feet each on a rear-pin. Both knees behind the saddle.



2301

**Handlebarseat rev. / Saddle- handlebarstand, Saddlestand**

**a-d:** Reversed seat on handlebar, **one foot on each** pedal. Chest directed to saddle / Standing with one foot on saddle, other foot on the handlebar.

**e-h:** Like **a-d** until slash / Standing with feet on saddle.



2302

**Handlebarseat rev. / Shoulderseat**

Reversed seat on handlebar, one foot on each pedal. Chest directed to saddle / Sitting on the partner's shoulders.



2303

**Handlebarseat rev. / Shoulderstand**

Reversed seat on handlebar, **one foot on each** pedal. Chest directed to saddle / Standing with feet on the partner's shoulders.



2304

**Handlebarseat rev. / Chest suspended hang**

Reversed seat on handlebar, **one foot on each** pedal. Chest directed to saddle / Hanging with chest-grip on the partner's back, head downwards, upwards stretched legs in straight line with the body.



2305

**Handlebarseat rev. / Headstand**

Reversed seat on handlebar, **one foot on each** pedal. Chest directed to saddle / Headstand on the saddle, hands on handlebar. Both legs closed and vertically stretched.



2306

**Frontstand / Stand on pins, Saddlestand**

**a-d:** Stand in front of the handlebar, back directed to saddle. One foot on front-pin, other foot hooked to down tube. / Standing with **each foot on a** rear-pin. Both knees behind the saddle.

**e-h:** Like **a-d** until slash / Standing with feet on the saddle.



2311

**Split / Shoulderseat**

Left foot standing on left rear-pin, right foot standing on right front-pin (or counterwise). Chest directed to handlebar. The handlebar may not be touched with the leg / Sitting on the partner's shoulders.



2316

**Sidestand / Sidestand, Ring grip**

Stand with one foot on left rear-pin and the other foot on left front-pin (or counterwise). Chest directed to handlebar. The handlebar may not be touched with the leg / Similar stand on the opposite side of the bike. Partners are connected by hand-in-hand grip-connection to a ring, with stretched arms.



2317

**Stand bent on saddle / Stand bent on handlebar**

Stand with foot on saddle, trunk bent forward to handlebar, free leg stretched to the back in straight line with the trunk / Stand with foot on the handlebar, trunk bent forward to saddle, free leg stretched in straight line with the trunk in moving direction.



2319

**Frameseat / Stand bent on saddle**

Pushing one foot through the frame and placing **the** foot on front-pin. Free leg stretched forward, while sitting on the down tube / Stand with foot on saddle, trunk bent forward to handlebar, free leg stretched to the back in straight line with the trunk.



2321

**Frameseat / Saddle handlebarstand, Saddlestand**

**a-b:** Pushing one foot through the frame and placing **the** foot on front-pin. Free leg stretched forward, while sitting on the down tube / Standing with one foot on saddle, other foot on the handlebar.

**c-d:** Like **a-b** until slash / Standing with feet on the saddle.



2322

**Frameseat / Saddle support scale**

Pushing one foot through the frame and placing **the** foot on **the** front-pin. Free leg stretched forward, while sitting on the down tube / One hand on saddle, elbow supporting the body, other hand on **the** handlebar (handlebar-grip may be used as support for the fore-arm). Head directed in moving-direction, closed legs stretched horizontally to the back. **The upper part of the body and legs have to build a straight line.**



2323

**Fronthang / Stand bent on saddle**

Both hands leaning, behind the back, on the handlebar, frontwheel between the legs. **One foot on each** pedal / Stand with foot on saddle, trunk bent forward to handlebar, free leg stretched to the back in straight line with the trunk.



2331

**Fronthang / Saddle handlebarstand, Saddlestand**

**a-b:** Both hands leaning, behind the back, on the handlebar, frontwheel between the legs. **One foot on each** pedal / Standing with one foot on saddle, other foot on the handlebar.

**c-d:** Like **a-b** until slash / Standing with feet on the saddle.



2332

**Fronthang / Headstand, Saddle handlebar handstand**

**a-b:** Both hands leaning, behind the back, on the handlebar, frontwheel between the legs. **One foot on each pedal** / Headstand on the saddle, hands on handlebar. Both legs closed and vertically stretched.

**c-d:** Like **a-b** until slash / Handstand with one hand on handlebar and other hand on saddle. Arms stretched, legs closed and vertically stretched. The fore-arm or the wrist may not be leaned against the handlebar-grip.



2334

**Backhang / Stand on pins**

In front of the headtube hanging on the handlebar. Chest directed to the saddle, frame between the legs, **both feet on each a pedal** / Standing with **each foot** on a rear-pin. Both knees behind the saddle.



2341

**Backhang / Saddle handlebarstand, Saddlestand**

**a-b:** In front of the headtube hanging on the handlebar. Chest directed to the saddle, frame between the legs, **one foot on each pedal** / Standing with one foot on saddle, other foot on the handlebar.

**c-d:** Like **a-b** until slash / Standing with feet on the saddle.



2342

**Backhang / Handlebarstand**

In front of the headtube hanging on the handlebar. Chest directed to the saddle, frame between the legs, **one foot on each pedal** / Standing with feet on handlebar-grips.



2343

**Backhang / Headstand, Saddle handlebar handstand**

**a-b:** In front of the headtube hanging on the handlebar. Chest directed to the saddle, frame between the legs, **one foot on each pedal** / Headstand on the saddle, hands on handlebar. Both legs closed and vertically stretched.

**c-d:** Like **a-b** until slash / Handstand with one hand on handlebar and other hand on saddle. Arms stretched, legs closed and vertically stretched. The fore-arm or the wrist may not be leaned against the handlebar-grip.



2346

**Lying on handlebar/ Stand bent on saddle, Saddle-stand**

**a-b:** Lying with front of body on the handlebar, head directed to the saddle. Closed legs stretched horizontally in moving direction / Stand with foot on saddle, trunk bent forward to handlebar, free leg stretched to the back in straight line with the trunk.

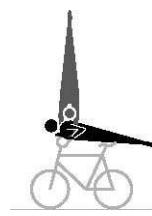
**c-d:** Like **a-b** until slash / Standing with feet on the saddle.



2351

**Lying on saddle / Handlebarstand, Handlebar-handstand**

2352



**a-b:** Lying with front of body on the saddle, closed stretched legs to the back / Standing with feet on handlebar-grips.

**c-d:** Like **a-b** until slash / Handstand on handlebar-grips, arms stretched, legs closed and vertically stretched.

**Waterscale / Stand bent on saddle, Saddlestand**

2353

**a-b:** Lying with back of body in a straight line on handlebar, stretched legs or feet under the saddle / Stand with feet on the saddle, trunk bent forward to handlebar, free leg stretched to the back in straight line with the trunk.

**c-d:** Like **a-b**: until slash / Standing with feet on the saddle.

**Saddle handlebarstand / Saddle handlebarstand**

2356

Standing with one foot on the saddle, other foot on the handlebar.

**Saddle handlebarstand / Stand on pins, Saddlestand, Handlebarstand**

2357

**a-b:** Standing with one foot on the saddle, other foot on the handlebar / Standing with each foot on a rear-pin. Both knees behind the saddle.

**c-d:** Like **a-b** until slash / Standing with feet on the saddle.

**e-f:** Like **a-b**: until slash / Standing with feet on handlebar-grips.

**Handlebarstand / Stand on pins**2358 a  
2358 b

Standing with feet on handlebar-grips / Standing with feet each on a rear-pin. Both knees behind the saddle.

**Handlebarstand-turn (T) - multiple / Stand on pins**

2358 c

From one turn of the tactical enlargement of the fronthandlebarstand turn(s) is possible up to four half turns in maximum.

2358 d

**c-f:** From fronthandlebarstand with half or multiple front wheel turn to fronthandlebarstand or handlebarstand reverse. After the last turn, the end position must be held for at least 2 metres / Standing with each foot on a rear-pin. Both knees behind the saddle.

2358 e

**g-h:** The **rider** jumps from regular seat to fronthandlebarstand; further according figures **a-b**.

2358 f

**i-l:** The **rider** jumps from regular seat to fronthandlebarstand; further according figures **c-f**.

2358 g

2358 h

2358 i

2358 j

2358 k

2358 l

**Handlebarstand / Saddlestand**

**a-b:** Standing with feet on handlebar-grips / Standing with feet on the saddle. **Riders** are connected by hand-in-hand grip-connection to a ring, with stretched arms.

**c-f:** Like **a-b** but without grip-connection.



2359

**Handlebar L-shape hold / Stand on pins, Saddlestand, Saddle support straddle**

**a-b:** Arms stretched, hands on handlebar-grips. Legs closed and horizontally stretched in moving direction. Back directed to the saddle / Standing with both feet each on a rear-pin. Both knees behind the saddle.

**c-d:** Like **a-b** until slash / Standing with both feet on the saddle.

**e-f:** Like **a-b** until slash / Arms stretched, hands on saddle. Legs horizontally straddled and stretched without touching the **rider** or the handlebar.



2366 a  
2366 b  
2366 c  
2366 d  
2366 e  
2366 f

**Handlebar support straddle / Saddle support straddle**

Arms stretched, hands on handlebar-grips. Legs horizontally stretched, straddled on the outside of the arms / Arms stretched, hands on saddle. Legs horizontally straddled and stretched without touching the partner or the handlebar.

2366 g  
2366 h**Headstand / Handlebarstand**

Headstand on the saddle, hands on handlebar. Both legs closed and vertically stretched / Standing with feet on handlebar-grips.



2371

**Headstand / Frame shoulderstand**

Headstand on the saddle, hands on handlebar. Both legs closed and vertically stretched / Shoulderstand with one shoulder on saddle or top tube, both hands on the handlebar. Legs closed and vertically stretched.



2372

**Headstand / Handlebar support straddle**

Headstand on the saddle, hands on handlebar. Both legs closed and vertically stretched / Arms stretched, hands on handlebar-grips. Legs horizontally stretched, straddled on the outside of the arms.



2373

**Headstand / Handlebar handstand**

Headstand on the saddle, hands on handlebar. Both legs closed and vertically stretched / Handstand on handlebar-grips, arms stretched, legs closed and vertically stretched.



2374 a  
2374 b  
2374 c  
2374 d

**Headstand / Handlebar support straddle, Handlebar handstand**

**2374 e  
2374 f  
2374 g  
2374 h**

Headstand on the saddle, hands on handlebar. Both legs closed and vertically stretched / From L-shape hold, which has to be performed for at least 2 metres (partner in headstand), going directly to handstand with stretched and straddled legs without touching the handlebar and/or frame with foot/feet. The handstand must be performed as described in the figures **2374a-d** and held through the whole way of stretch.

**Saddle handlebar handstand / Handlebarstand**

Handstand with one hand on handlebar and other hand on saddle. Arms stretched, legs closed and vertically stretched. The fore-arm or the wrist may not be leaned against the handlebar-grip / Standing with feet on handlebar-grips.

**2376 a  
2376 b**

**Handlebar handstand / Saddlestand**

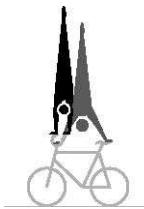
Handstand on handlebar-grips, arms stretched, legs closed and vertically stretched / Standing with feet on the saddle.

**2376 c  
2376 d**

**Handlebar handstand / Saddle handlebar handstand**

Handstand on handlebar-grips, arms stretched, legs closed and vertically stretched / Handstand with one hand on handlebar and other hand on saddle. Arms stretched, legs closed and vertically stretched. The fore-arm or the wrist may not be leaned against the handlebar-grip.

**2377**

**Stillstand on pedals / Shoulderseat, Shoulderstand**

**a-b:** Standing with feet, only, on each a pedal. Back directed to the saddle. The stillstand has to be performed for at least 3 seconds / Sitting on the partner's shoulders.

**c-d:** Like **a-b** until slash / Standing with feet on the partner's shoulders.

**2391**



(text modified on 01.01.16)

**8.7.007 Raiser figures on one bicycle****Raiser reg. seat / Stand on pins**

Regular raiser with seat on saddle, chest directed to handlebar, **one foot on each** pedal / Standing with one foot on a rear-pin, or **one foot** each on a rear-pin.

**2411**

**Raiser reg. seat / Shoulderseat**

Regular raiser with seat on saddle, chest directed to handlebar, both feet on each a pedal / Sitting on the partner's shoulders.

**2412  
2413**



**Raiser reg. seat / Chest suspended hang**

Regular raiser with seat on saddle, chest directed to handlebar, feet on each a pedal / Hanging with chest-grip on the partner's back, head downwards, upwards stretched legs in straight line with the body.



2414  
2415

**Raiser reg. seat / Shoulderstand**

Regular raiser with seat on saddle, chest directed to handlebar, Feet on each a pedal / Standing with feet on the partner's shoulders.



2416  
2417

**Raiser reg. seat rev. / Shoulderseat**

Reversed regular raiser with seat on saddle, back directed to handlebar, **one foot on each** pedal / Sitting on the partner's shoulders.



2418  
2419

**Raiser reg. seat rev. / Chest suspended hang**

Reversed regular raiser with seat on saddle, back directed to handlebar, **one foot on each** pedal / Hanging with chest-grip on the partner's back, head downwards, upwards stretched legs in straight line with the body.



2420  
2421

**Raiser reg. seat rev. / Shoulderstand**

Reversed regular raiser with seat on saddle, back directed to handlebar, **one foot on each** pedal / Standing with feet on the partner's shoulders.



2422

**Raiser handlebarseat / Shoulderseat**

Raiser with seat on the lower part of the handlebar (front wheel with crossed position), **one foot on each** pedal. Chest directed to the front wheel / Sitting on the partner's shoulders.



2426  
2427

**Raiser handlebarseat / Shoulderstand**

Raiser with seat on the lower part of the handlebar (front wheel with crossed position), **one foot on each** pedal / Standing with **feet** on the partner's shoulders.



2428  
2429

**Raiser head tube / Shoulderseat**

Raiser sitting on the head tube, **one foot on each** pedal. Front wheel in front of oneself / Sitting on the partner's shoulders.



2436  
2437

**Raiser head tube / Shoulderstand**

Raiser sitting on the head tube, **one foot on each** pedal.  
Front wheel in front of oneself / Standing with feet on the partner's shoulders.



2438  
2439

**Raiser head tube rev. / Shoulderseat**

Reversed raiser with seat on the lower part of the handlebar (front wheel with crossed position), **one foot on each** pedal. Back directed to the front wheel / Sitting on the partner's shoulders.



2446  
2447

**Raiser head tube rev. / Shoulderstand**

Reversed raiser with seat on the lower part of the handlebar (front wheel with crossed position), **one foot on each** pedal. Back directed to the front wheel / Standing with feet on the partner's shoulders.



2448  
2449

(text modified on 01.01.16)

**8.7.008 Passages on one bicycle****Passages**

Execution according **8.2.039 "Passages"**.

2471  
2472  
2473

## Chapter VIII TABLE OF FIGURES ARTISTIC CYCLING TEAM 4

### 8.8.001 Artistic Cycling Team 4

The values after "T" can be reached by tactical extension of the belonging figure.

Figure No. / Name of figure		Point value
4001	a 4 f.e.o. HC.	0,3
4001	b 4 f.e.o. C.	0,5
4001	c 4 f.e.o. HC. 4 s.r.l.	0,9
4001	d 4 f.e.o. C. 4 s.r.l.	1,1
4001	e 4 f.e.o. HC. 4 s.r.r.	0,8
4001	f 4 f.e.o. C. 4 s.r.r.	1,0
4001	g 4 f.e.o. HC. 2 s.r.l. 2 s.r.r.	0,9
4001	h 4 f.e.o. C. 2 s.r.l. 2 s.r.r.	1,1
4002	a 4 f.e.o. HC. bw.	1,8
4002	b 4 f.e.o. C. bw.	2,0
4002	c 4 f.e.o. HC. 4 s.r.l. bw.	3,0
4002	d 4 f.e.o. C. 4 s.r.l. bw.	3,2
4003	a 4 f.e.o. HC. raiser	2,3
4003	b 4 f.e.o. C. raiser	2,6
4003	c 4 f.e.o. HC. raiser frh.	2,6
4003	d 4 f.e.o. C. raiser frh.	2,9
4003	e 4 f.e.o. HC. 4 s.r.l. raiser	3,8
4003	f 4 f.e.o. C. 4 s.r.l. raiser	4,1
4003	g 4 f.e.o. HC. 4 s.r.l. raiser frh.	4,1
4003	h 4 f.e.o. C. 4 s.r.l. raiser frh.	4,4
4004	a 4 f.e.o. HC. raiser bw. frh.	5,0
4004	b 4 f.e.o. C. raiser bw. frh.	5,8
4004	c 4 f.e.o. HC. 4 s.r.l. raiser bw. frh.	6,6
4004	d 4 f.e.o. C. 4 s.r.l. raiser bw. frh.	7,2
4004	e 4 f.e.o. HC. 2 s.r.l. 2 s.r.r. raiser bw. frh.	7,7
4004	f 4 f.e.o. HC. 4 s.r.l. 4 s.r.r. raiser bw. frh.	10,7
4006	a 4 f.e.o. <b>diagonal pull</b>	0,9
4006	b 4 f.e.o. <b>diagonal pull</b> 2 s.r.l. 2 s.r.r.	1,5
4007	a 4 f.e.o. S	1,7
4007	b 4 f.e.o. 8	2,1
4007	c 4 f.e.o. 8 through	2,5
4008	a 4 f.e.o. S bw.	4,0
4008	b 4 f.e.o. 8 bw.	4,6
4008	c 4 f.e.o. 8 through bw.	5,2
4010	a 4 f.e.o. S raiser bw. frh.	9,2
4010	b 4 f.e.o. 8 raiser bw. frh.	9,9
4010	c 4 f.e.o. 8 through raiser bw. frh.	9,6
4011	a 4 f.e.o. <b>longline</b>	0,9
4011	b 4 f.e.o. <b>longline</b> 2 s.r.l. 2 s.r.r.	1,5

Figure No. / Name of figure	Point value
4012 a 2 f.e.o. longline opp. dir.	0,9
4012 b 2 f.e.o. longline opp. dir. two mills	1,5
4013 a 2 n.e.o. longline opp. dir.	0,9
4013 b 2 n.e.o. longline opp. dir. 4 s.r.l.	1,4
4013 c 2 n.e.o. longline opp. dir. through	1,0
4013 d 2 n.e.o. longline opp. dir. trough 4 s.r.l.	1,6
4013 e 2 n.e.o. longline opp. dir. through two mills	1,8
4014 a 2 f.e.o. diagonal pull opp. dir.	0,9
4014 b 2 f.e.o. diagonal pull opp. dir. two mills	1,5
4017 a 4 n.e.o. shortline	0,8
4017 b 4 n.e.o. shortline 4 s.r.l.	1,6
4018 a 4 n.e.o. shortline bw.	2,0
4018 b 4 n.e.o. shortline 4 s.r.l. bw.	3,5
4019 a 4 n.e.o. shortline raiser	2,4
4019 b 4 n.e.o. shortline raiser frh.	2,7
4019 c 4 n.e.o. shortline 4 s.r.l. raiser	4,2
4024 a 2 con. wingmill HS 3 spin. raiser bw. frh.	10,4
4024 b 2 con. wingmill 3 spin. raiser bw. frh.	10,8
4024 c Remmlinger spin. raiser bw. frh.	13,8
4026 a 2 f.e.o. half double circle	0,5
4026 b 2 f.e.o. double circle	0,7
4026 c 2 f.e.o. half double circle 4 s.r.l.	1,1
4026 d 2 f.e.o. double circle 4 s.r.l.	1,3
4027 a 2 f.e.o. half double circle bw.	1,6
4027 b 2 f.e.o. double circle bw.	1,9
4027 c 2 f.e.o. half double circle 4 s.r.l. bw.	2,7
4027 d 2 f.e.o. double circle 4 s.r.l. bw.	2,9
4028 a 2 f.e.o. half double circle raiser	2,2
4028 b 2 f.e.o. double circle raiser	2,5
4028 c 2 f.e.o. half double circle raiser frh.	2,7
4028 d 2 f.e.o. double circle raiser frh.	3,0
4028 e 2 f.e.o. half double circle 4 s.r.l. raiser	3,6
4028 f 2 f.e.o. double circle 4 s.r.l. raiser	3,9
4028 g 2 f.e.o. half double circle 4 s.r.l. raiser frh.	4,0
4028 h 2 f.e.o. double circle 4 s.r.l. raiser frh.	4,3
4029 a 2 f.e.o. half double circle raiser bw. frh.	4,9
4029 b 2 f.e.o. double circle raiser bw. frh.	5,5
4029 c 2 f.e.o. half double circle 4 s.r.l. raiser bw. frh.	7,1
4029 d 2 f.e.o. double circle 4 s.r.l. raiser bw. frh.	7,5
4031 a 2 f.e.o. shortline	0,9
4031 b 2 f.e.o. shortline 4 s.r.l.	1,4

Figure No. / Name of figure	Point value
4032 a 2 f.e.o. shortline bw.	2,8
4032 b 2 f.e.o. shortline 4 s.r.l. bw.	3,6
4044 a 2 n.e.o. shortline opp. dir.	0,9
4044 b 2 n.e.o. shortline opp. dir. 4 s.r.l.	1,4
4044 c 2 n.e.o. shortline opp. dir. through	1,0
4044 d 2 n.e.o. shortline opp. dir. through 4 s.r.l.	1,6
4044 e 2 n.e.o. half shortline opp. dir. count. s.r.	1,3
4044 f 2 n.e.o. shortline opp. dir. count. s.r	1,7
4045 a 2 n.e.o. shortline opp. dir. bw.	2,2
4045 b 2 n.e.o. shortline opp. dir. through bw.	2,4
4045 c 2 n.e.o. half shortline opp. dir. count. s.r.bw.	3,0
4045 d 2 n.e.o. shortline opp. dir. count. s.r. bw.	3,5
4047 a 2 n.e.o. shortline opp. dir. raiser	2,7
4047 b 2 n.e.o. shortline opp. dir. raiser frh.	3,2
4047 c 2 n.e.o. shortline opp. dir. through raiser	2,8
4047 d 2 n.e.o. shortline opp. dir. through raiser frh.	3,3
4047 e 2 n.e.o. half shortline opp. dir. count. s.r. raiser bw. frh.	9,4
4047 f 2 n.e.o. shortline opp. dir. count. s.r. raiser bw. frh.	10,5
4047 g 2 n.e.o. shortline opp. dir. count. s.r. through raiser bw. frh.	11,8
4071 a 2 con. HC.	0,9
4071 b 2 con. C.	1,1
4071 c 2 con. HC. 2 con. s.r.l.	1,4
4071 d 2 con. C. 2 con. s.r.l.	1,6
4071 e 2 con. HC. 4 s.r.l.	1,8
4071 f 2 con. C. 4 s.r.l.	2,0
4072 a 2 con. HC. bw.	1,2
4072 b 2 con. C. bw.	1,4
4072 c 2 con. HC. 2 con. s.r.l. bw.	1,9
4072 d 2 con. C. 2 con. s.r.l. bw.	2,1
4072 e 2 con. HC. 4 s.r.l. bw.	3,1
4072 f 2 con. C. 4 s.r.l. bw.	3,3
4073 a 2 con. HC. raiser	1,6
4073 b 2 con. C. raiser	1,8
4073 c 2 con. HC. raiser frh.	1,8
4073 d 2 con. C. raiser frh.	2,1
4073 e 2 con. HC. 2 con. s.r.l. raiser	2,5
4073 f 2 con. C. 2 con. s.r.l. raiser	2,8
4073 g 2 con. HC. 2 con. s.r.l. raiser frh.	2,6
4073 h 2 con. C. 2 con. s.r.l. raiser frh.	3,0
4073 i 2 con. HC. 4 s.r.l. raiser	4,1
4073 j 2 con. C. 4 s.r.l. raiser	4,4
4073 k 2 con. HC. 4 s.r.l. raiser frh.	4,4
4073 l 2 con. C. 4 s.r.l. raiser frh.	4,7
4074 a 2 con. HC. raiser bw. frh.	2,0
4074 b 2 con. C. raiser bw. frh.	2,5

Figure No. / Name of figure	Point value
4074 c 2 con. HC. 2 con. s.r.l. raiser bw. frh.	3,0
4074 d 2 con. C. 2 con. s.r.l. raiser bw. frh.	3,3
4074 e 2 con. HC. 4 s.r.l. raiser bw. frh.	6,4
4074 f 2 con. C. 4 s.r.l. raiser bw. frh.	6,7
4082 a 2 con. f.e.o. longline raiser bw. frh.	2,6
4082 b 2 con. f.e.o. longline 2 s.r.l. 2 s.r.r. raiser bw. frh.	8,3
4082 c <b>2 con. Longline opp. dir. 4 s.r.r. through raiser bw. frh.</b>	10,6
4086 a 2 con. shortline	0,8
4086 b 2 con. shortline 2 con. s.r.l.	1,3
4086 c 2 con. shortline 2 con. s.r.r.	1,5
4086 d 2 con. shortline 4 s.r.l.	1,9
4087 a 2 con. shortline bw.	1,6
4087 b 2 con. shortline 2 con. s.r.l. bw.	2,4
4087 c 2 con. shortline 4 s.r.l. bw.	3,1
4088 a 2 con. shortline raiser	1,8
4088 b 2 con. shortline raiser frh.	2,1
4088 c 2 con. shortline 2 con. s.r.l. raiser	2,7
4088 d 2 con. shortline 2 con. s.r.l. raiser frh.	2,8
4088 e 2 con. shortline 4 s.r.l. raiser	4,5
4088 f 2 con. shortline 4 s.r.l. raiser frh.	4,8
4089 a 2 con. shortline raiser bw. frh.	2,3
4089 b 2 con. shortline 2 con. s.r.l. raiser bw. frh.	3,3
4089 c 2 con. shortline 4 s.r.l. raiser bw. frh.	6,8
4096 a 2 con. half shortline count. s.r.	1,1
4096 b 2 con. shortline count. s.r.	1,7
4097 a 2 con. half shortline count. s.r. bw.	2,0
4097 b 2 con. shortline count. s.r. bw.	2,6
4098 a 2 con. half shortline count. s.r. raiser	2,8
4098 b 2 con. shortline count. s.r. raiser	3,4
4098 c 2 con. half shortline count. s.r. raiser frh.	3,0
4098 d 2 con. shortline count. s.r. raiser frh.	3,6
4099 a 2 con. half shortline count. s.r. raiser bw. frh.	3,7
4099 b 2 con. shortline count. s.r. raiser bw. frh.	4,0
4105 a 2 con. shortline <b>opp. dir.</b>	1,1
4105 b 2 con. shortline <b>opp. dir.</b> 2 con. s.r.l.	1,6
4105 c 2 con. shortline <b>opp. dir.</b> 4 s.r.l.	2,1
4106 a 2 con. shortline <b>opp. dir.</b> bw.	2,0
4106 b 2 con. shortline <b>opp. dir.</b> 2 con. s.r.l. bw.	2,7
4106 c 2 con. shortline <b>opp. dir.</b> 4 s.r.l. bw.	3,7
4107 a 2 con. shortline <b>opp. dir.</b> raiser	2,4
4107 b 2 con. shortline <b>opp. dir.</b> raiser frh.	2,5

Figure No. / Name of figure	Point value
4107 c 2 con. shortline <b>opp. dir.</b> 2 con. s.r.l. raiser	3,2
4107 d 2 con. shortline <b>opp. dir.</b> 2 con. s.r.l. raiser frh.	3,4
4107 e 2 con. shortline <b>opp. dir.</b> 4 s.r.l. raiser	5,0
4107 f 2 con. shortline <b>opp. dir.</b> 4 s.r.l. raiser frh.	5,2
4108 a 2 con. shortline <b>opp. dir.</b> raiser bw. frh.	2,9
4108 b 2 con. shortline <b>opp. dir.</b> 4 s.r.l. raiser bw. frh.	7,2
4116 a Surrounding 1 around 1	1,5
4117 a Surrounding 1 around 1 bw.	2,1
4121 a Two mills	1,2
4121 b Two mills 4 s.r.r.	1,9
4122 a Two mills bw.	1,5
4122 b Two mills bw. inside indiv.	2,6
4122 c Two mills bw. in- a. outside indiv.	2,9
4123 a Two mills raiser	2,2
4123 b Two mills raiser frh.	2,4
4123 c Two mills raiser frh. inside indiv.	3,6
4123 d Two mills raiser inside indiv. frh.	3,9
4123 e Two mills raiser frh. in- a. outside indiv.	3,8
4123 f Two mills raiser in- a. outside indiv. frh.	4,1
4124 a Two mills raiser bw. frh.	2,5
4124 b Two mills raiser bw. inside indiv. frh.	5,2
4124 c Two mills raiser bw. in- a. outside indiv. frh.	5,7
4124 d Two mills 4 s.r.r. raiser bw. in- a. outside indiv. frh.	7,2
4133 a Two insiderings raiser	2,4
4133 b Two insiderings raiser inside indiv.	3,8
4133 c Two insiderings raiser inside indiv. frh.	4,1
4133 d Two insiderings raiser in- a. outside indiv.	4,1
4133 e Two insiderings raiser in- a. outside indiv. frh.	4,4
4134 a Two insiderings raiser bw.	2,7
4134 b Two insiderings raiser bw. inside indiv. frh.	5,5
4134 c Two insiderings raiser bw. in- a. outside indiv. frh.	6,0
4134 d Two mills 3 spin. raiser bw. in- a. outside indiv. frh.	9,2
4134 e Two insiderings 3 spin. raiser bw. in- a. outside indiv. frh.	10,4
4151 a 4 con. HC.	0,8
4151 b 4 con. C.	1,2
4151 c 4 con. HC. 2 con. s.r.l.	1,8
4151 d 4 con. C. 2 con. s.r.l.	2,0
4151 e 4 con. HC. 4 s.r.l.	2,1
4151 f 4 con. C. 4 s.r.l.	2,4
4152 a 4 con. HC. bw.	1,5
4152 b 4 con. C. rw	1,7
4152 c 4 con. HC. 2 con. s.r.l. bw.	2,4

Figure No. / Name of figure	Point value
4152 d 4 con. C. 2 con. s.r.l. bw.	2,6
4152 e 4 con. HC. 4 s.r.l. bw.	3,6
4152 f 4 con. C. 4 s.r.l. bw.	3,8
4153 a 4 con. HC. raiser	2,1
4153 b 4 con. C. raiser	2,4
4153 c 4 con. HC. raiser frh.	2,3
4153 d 4 con. C. raiser frh.	2,7
4153 e 4 con. HC. 2 con. s.r.l. raiser	3,0
4153 f 4 con. C. 2 con. s.r.l. raiser	3,3
4153 g 4 con. HC. 2 con. s.r.l. raiser frh	3,1
4153 h 4 con. C. 2 con. s.r.l. raiser frh	3,4
4153 i 4 con. HC. 4 s.r.l. raiser	4,9
4153 j 4 con. C. 4 s.r.l. raiser	5,2
4153 k 4 con. HC. 4 s.r.l. raiser frh.	5,3
4153 l 4 con. C. 4 s.r.l. raiser frh.	5,6
4154 a 4 con. HC. raiser bw. frh.	2,9
4154 b 4 con. C. raiser bw. frh.	3,2
4154 c 4 con. HC. 2 con. s.r.l. raiser bw. frh.	3,7
4154 d 4 con. C. 2 con. s.r.l. raiser bw. frh.	4,0
4154 e 4 con. HC. 4 s.r.l. raiser bw. frh.	7,4
4154 f 4 con. C. 4 s.r.l. raiser bw. frh.	7,7
4154 g 4 con. HC. 3 spin. raiser bw. frh.	10,1
4154 h 4 con. C. 3 spin. raiser bw. frh.	10,5
4161 a 4 con. shortline	1,0
4161 b 4 con. shortline 2 con. s.r.l.	1,6
4161 c 4 con. shortline 2 con. s.r.r.	1,8
4161 d 4 con. shortline 4 s.r.l.	2,1
4161 e 4 n.e.o. half shortline count. s.r.	1,0
4161 f 4 n.e.o. shortline count. s.r.	1,2
4162 a 4 con. shortline bw.	1,7
4162 b 4 con. shortline 2 con. s.r.l. bw.	2,6
4162 c 4 con. shortline 2 con. s.r.r. bw.	3,2
4162 d 4 con. shortline 4 s.r.l. bw.	3,3
4163 a 4 con. shortline raiser	2,2
4163 b 4 con. shortline raiser frh.	2,4
4163 c 4 con. shortline 2 con. s.r.l. raiser	3,3
4163 d 4 con. shortline 2 con. s.r.l. raiser frh.	3,5
4163 e 4 con. shortline 4 s.r.l. raiser	5,3
4163 f 4 con. shortline 4 s.r.l. raiser frh.	5,6
4164 a 4 con. shortline raiser bw. frh.	3,0
4164 b 4 con. shortline 2 con. s.r.l. raiser bw. frh	3,6
4164 c 4 con. shortline 4 s.r.l. raiser bw. frh.	7,7
4164 d 4 con. shortline 2 s.r.l. 2 s.r.r. raiser bw. frh.	8,8
4164 e 4 n.e.o. half shortline count. s.r. raiser bw. frh.	9,5
4164 f 4 n.e.o. shortline count. s.r. raiser bw. frh.	11,2
4171 a Surrounding 3 con. around 1	1,7

Figure No. / Name of figure	Point value
4172 a Surrounding 3 con. around 1 bw.	2,3
4173 a Surrounding 3 con. around 1 raiser	2,9
4173 b Surrounding 3 con. around 1 raiser frh.	3,1
4174 a Surrounding 3 con. around 1 raiser bw. frh.	3,6
4181 a Coach HC.	1,3
4181 b Coach C.	1,5
4182 a Coach HC. raiser	2,7
4182 b Coach C. raiser	2,9
4183 a Snake HC.	1,3
4183 b Snake C.	1,5
4191 a Chain HC.	1,0
4191 b Chain C.	1,2
4192 a Chain HC. raiser frh.	2,8
4192 b Chain C. raiser frh.	3,2
4196 a Saddlegrip HC.	1,2
4196 b Saddlegrip C.	1,4
4197 a Saddlegrip pass through	2,4
4198 a Saddlegripring	1,8
4198 b Saddlegripring 4 s.r.r.	2,2
4199 a Saddlegripring bw.	2,5
4199 b Saddlegripring bw. inside indiv.	3,3
4199 c Saddlegripring bw. in- a. outside indiv.	3,5
4211 a 2 con. wingmill	1,2
4211 b 2 con. wingmill HS 2 con. s.r.r.	1,7
4211 c 2 con. wingmill 2 con. s.r.r.	1,9
4211 d 2 con. wingmill HS 4 s.r.r.	2,3
4211 e 2 con. wingmill 4 s.r.r.	2,5
4212 a 2 con. wingmill bw.	1,8
4212 b 2 con. wingmill HS 2 con. s.r.r. bw.	2,7
4212 c 2 con. wingmill 2 con. s.r.r. bw.	2,9
4212 d 2 con. wingmill bw. inside indiv.	3,1
4212 e 2 con. wingmill bw. in- a. outside indiv.	3,3
4213 a 2 con. wingmill raiser	2,4
4213 b 2 con. wingmill raiser frh.	2,5
4213 c 2 con. wingmill raiser frh. inside indiv.	3,7
4213 d 2 con. wingmill raiser inside indiv. frh.	3,8
4213 e 2 con. wingmill raiser frh. in- a. outside indiv.	4,1
4213 f 2 con. wingmill raiser in- a. outside indiv. frh.	4,3

Figure No. / Name of figure	Point value
4214 a 2 con. wingmill raiser bw. frh.	3,5
4214 b 2 con. wingmill raiser bw. inside indiv. frh.	5,4
4214 c 2 con. wingmill raiser bw. in- a. outside indiv. frh.	5,6
4214 d <b>2 con. wingmill</b> mill with 2 s.r.r. raiser bw. frh.	6,3
4214 e 2 con. wingmill HS 2 con. s.r.r. raiser bw. frh.	5,9
4214 f 2 con. wingmill 2 con. s.r.r. raiser bw. frh.	6,2
4214 g 2 con. wingmill HS 4 s.r.r. raiser bw. frh.	7,3
4214 h 2 con. wingmill HS 4 s.r.r. raiser bw. inside indiv. frh.	7,7
4214 i 2 con. wingmill HS 4 s.r.r. raiser bw. in- a. outside indiv. frh.	8,0
4214 j 2 con. wingmill 4 s.r.r. raiser bw. frh.	7,7
4214 k 2 con. wingmill 4 s.r.r. raiser bw. inside indiv. frh.	8,0
4214 l 2 con. wingmill 4 s.r.r. raiser bw. in- a. outside indiv. frh.	8,4
4223 a 2 con. wingring raiser	2,6
4223 b 2 con. wingring raiser frh.	2,8
4224 a 2 con. wingring raiser bw. frh.	3,4
4230 a <b>2 con. wingmill</b> mill with 2 f.e.o. C.	1,3
4231 a <b>2 con. wingmill</b> mill with 2 f.e.o. C. bw.	2,8
4232 a <b>2 con. wingmill</b> mill with 2 f.e.o. C. raiser	3,5
4232 b <b>2 con. wingmill</b> mill with 2 f.e.o. C. raiser frh.	3,7
4232 c <b>2 con. wingring</b> insidering with 2 f.e.o. C. raiser	3,7
4232 d <b>2 con. wingring</b> insidering with 2 f.e.o. C. raiser frh.	3,9
4233 a <b>2 con. wingmill</b> mill with 2 f.e.o. C. raiser bw. frh.	4,9
4233 b <b>2 con. wingring</b> insidering with 2 f.e.o. C. raiser bw. frh.	5,2
4233 c <b>2 con. wingmill</b> mill with 3 spin. raiser bw. frh.	8,3
4241 a Mill	1,9
4241 b Mill 4 s.r.r.	2,7
4242 a Mill bw.	2,7
4242 b Mill bw. inside indiv.	4,0
4242 c Mill bw. in- a. outside indiv.	4,2
4243 a Mill raiser	2,7
4243 b Mill raiser frh.	2,9
4243 c Mill raiser frh. inside indiv.	4,4
4243 d Mill raiser inside indiv. frh.	4,6
4243 e Mill raiser frh. in- a. outside indiv.	4,8
4243 f Mill raiser in- a. outside indiv. frh.	5,1
4244 a Mill raiser bw. frh.	3,9
4244 b Mill raiser bw. inside indiv. frh.	6,7
4244 c Mill raiser bw. in- a. outside indiv. frh.	7,3
4244 d Mill 4 s.r.r. raiser bw. frh.	10,3
4244 e Mill 4 s.r.r. raiser bw. in- a. outside indiv. frh.	11,1
4251 a Insidering around 1 raiser	3,1

Figure	No. / Name of figure	Point value
4251	b Insidering around 1 raiser inside indiv.	4,7
4251	c Insidering around 1 raiser inside indiv. frh.	4,8
4251	d Insidering around 1 raiser in- a. outside indiv.	5,3
4251	e Insidering around 1 raiser in- a. outside indiv. frh.	5,4
4252	a Insidering around 1 raiser bw.	4,0
4252	b Insidering around 1 raiser bw. inside indiv. frh.	7,1
4252	c Insidering around 1 raiser bw. in- a. outside indiv. frh.	7,7
4258	a Insidering raiser	2,5
4258	b Insidering raiser inside indiv.	4,3
4258	c Insidering raiser inside indiv. frh.	4,4
4258	d Insidering raiser in- a. outside indiv.	4,8
4258	e Insidering raiser in- a. outside indiv. frh.	4,9
4259	a Insidering raiser bw.	3,6
4259	b Insidering raiser bw. inside indiv. frh.	6,1
4259	c Insidering raiser bw. in- a. outside indiv. frh.	6,5
4259	<b>d Insidering raiser bw. turn on frh.</b>	<b>8,5</b>
4259	<b>e Insidering raiser bw. turn on a. outside indiv. frh.</b>	<b>8,9</b>
4267	a Ring with opp. grips raiser	2,8
4267	b Ring with opp. grips HS / Insidering HS raiser	3,3
4268	a Ring with opp. grips raiser bw.	3,8
4268	b Ring with opp. grips HS / Insidering HS raiser bw.	4,3
4272	a Outsidering raiser	3,0
4272	b Outsidering raiser inside indiv.	4,8
4272	c Outsidering raiser inside indiv. frh.	4,9
4272	d Outsidering raiser in- a. outside indiv.	5,2
4272	e Outsidering raiser in- a. outside indiv. frh.	5,3
4272	f Outsidering HS / Insidering HS raiser	3,6
4273	a Outsidering raiser bw.	4,0
4273	b Outsidering raiser bw. inside indiv. frh.	7,2
4273	c Outsidering raiser bw. in- a. outside indiv. frh.	8,0
4273	d Outsidering HS / Insidering HS raiser bw.	4,5
4280	a Half door	1,2
4280	b Door	1,9
4280	c Half opp. dir. door	1,5
4280	d Opp. dir. door	2,2
4280	e Opp. dir. door sim.	3,3
4281	a Half door bw.	2,5
4281	b Door bw.	3,4
4281	c Half opp. dir. door bw.	2,6
4281	d Opp. dir. door bw.	3,5
4281	e Opp. dir. door sim. bw.	4,5
4281	f Opp. dir. door Count. s.r. sim. bw.	6,4
4282	a Half door raiser	2,7

Figure	No. / Name of figure	Point value
4282	b Door raiser	3,2
4282	c Half door raiser frh.	3,0
4282	d Door raiser frh.	3,5
4283	a Half door raiser bw. frh.	5,0
4283	b Door raiser bw. frh.	5,7
4284	a Opp. dir. door sim. raiser bw. frh.	7,8
4284	b Mill with opp. dir. door sim. raiser bw. frh.	8,7
4285	a Half opp. dir. door raiser	3,0
4285	b Opp.dir. door raiser	3,6
4285	c Half opp. dir. door raiser frh.	3,3
4285	d Opp. dir. door raiser frh.	3,9
4286	a Half opp. dir. door raiser bw. frh.	5,3
4286	b Opp. dir. door raiser bw. frh.	6,0
4287	a Opp. dir. door sim. raiser	5,1
4287	b Opp. dir. door sim. raiser frh.	5,4
4288	a Mill with half opp. dir. door raiser bw. frh.	5,7
4288	b Mill with opp. dir. door raiser bw. frh.	6,8
4291	a Double door	1,6
4292	a Double door bw.	4,0
4292	b Snake double door bw.	5,7
4293	a Double door raiser bw. frh.	7,5
4293	b Turbine double door raiser bw. frh.	9,1
4294	a Snake double door raiser bw. frh.	9,2
4294	b Turbine snake double door raiser bw. frh. opp. dir.	10,5
4296	a Count. s.r. door bw.	5,3
4297	a Count. s.r. door raiser bw. frh.	9,2
4298	a Opp. dir. door count. s.r. sim. raiser bw. frh.	10,8
4298	b Mill with opp. dir. door count. s.r. sim. raiser bw. frh.	12,0
4307	a Half doorring raiser bw.	4,8
4307	b Doorring raiser bw.	6,4
4307	c Doorring raiser bw. opp.dir.	8,0
4316	a Star inside	2,4
4316	b Star inside 4 s.r.l.	2,7
4317	a Star inside raiser	4,2
4317	b Star inside raiser inside indiv.	5,1
4317	c Star inside raiser inside indiv. frh.	5,3
4317	d Star inside raiser bw. inside indiv. frh.	9,2

Figure No. / Name of figure			Point value
4326	a	Star outside	2,4
4326	b	Star outside bw. inside indiv.	4,3
4326	c	Star outside 4 s.r.l. bw. inside indiv.	4,5
4327	a	Star opp. dir. raiser inside indiv.	4,8
4327	b	Star opp. dir. raiser inside indiv. frh.	5,0
4327	c	Star opp. dir. raiser bw. inside indiv. frh.	9,5
4328	a	Star outside raiser	4,0
4328	b	Star outside raiser bw. inside indiv. frh.	6,7
4328	c	Star outside 4 s.r.l. raiser bw. inside indiv. frh.	8,2
4331	a	Star inside ½ turn on the spot raiser	6,2
4331	b	Star inside 1 turn on the spot raiser	8,0
4341	a	2 con. raiser ½ turn on the spot T (5,9 - 6,2)	5,6
4341	b	2 con. raiser 1 turn on the spot T (7,1 - 7,5)	6,8
4341	c	2 con. raiser 1½ turns on the spot T (7,8)	7,4
4341	d	2 con. raiser 2 turns on the spot	8,3
4342	a	4 con. raiser ½ turn on the spot T (6,3 - 6,6)	6,0
4342	b	4 con. raiser 1 turn on the spot T (7,7 - 8,0)	7,3
4342	c	4 con. raiser 1½ turns on the spot T (8,6)	8,2
4342	d	4 con. raiser 2 turns on the spot	9,0

Shown	Given				
		4341a	4341b	4341c	4341d
½	5,6				
1	5,9	6,8			
1½	6,2	7,1	7,4		
2		7,5	7,8	8,3	

Shown	Given				
		4342a	4342b	4342c	4342d
½	6,0				
1	6,3	7,3			
1½	6,6	7,7	8,2		
2		8,0	8,6	9,0	

(text modified on 01.01.16)

## Chapter IX EXPLANATIONS OF FIGURES ARTISTIC CYCLING

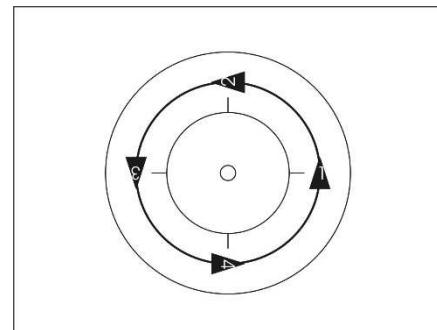
### TEAM 4

#### 8.9.001 Artistic Cycling Team 4

##### 4 following each other half circle

All **riders are** riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle.

A **figure** ends when, the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

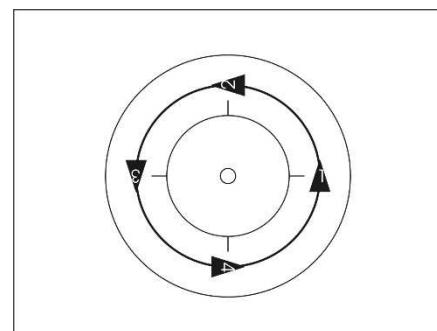


4001 a  
4002 a  
4003 a  
4003 c  
4004 a

##### 4 following each other circle

All **riders are** riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle.

The **figure** ends, when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

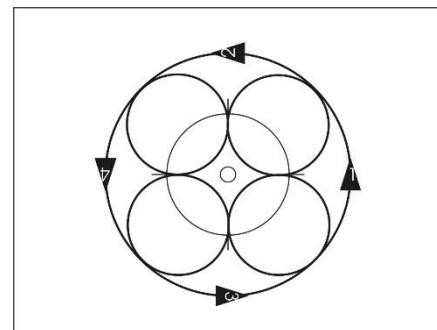


4001 b  
4002 b  
4003 b  
4003 d  
4004 b

##### 4 following each other half circle 4 single rings left

All **riders are** riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle. During the figure the **riders** have to perform simultaneously four same sized and uniform single ring left. The half circle has to be performed **at least** 2 metre **before** and 2 metre **after** the single ring left.

A **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



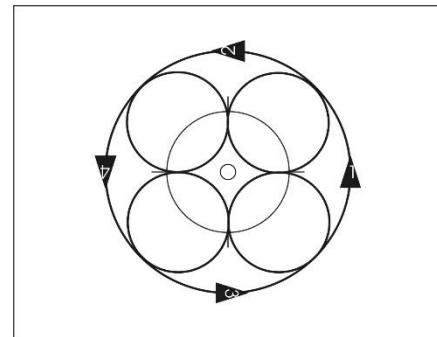
4001 c  
4002 c  
4003 e  
4003 g  
4004 c

Single ring left (8.3.029)

**4 following each other circle 4 single rings left**

All **riders are** riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle. During the figure the **riders** have to perform simultaneously four same sized, and uniform single ring left. The circle has to be performed **at least** 2 metre **before** and 2 metre **after** the single ring left.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

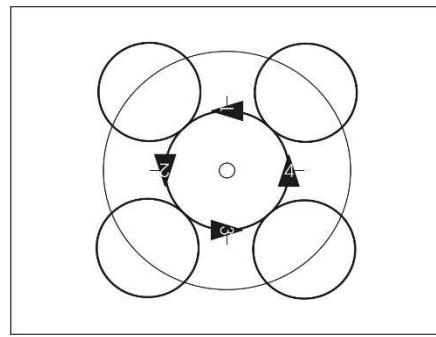


4001 d  
4002 d  
4003 f  
4003 h  
4004 d

**Single ring left (8.3.029)****4 following each other half circle 4 single rings right**

All **riders are** riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-meter-circle. During the figure the **riders** have to perform simultaneously four same sized, and uniform single ring right. The half circle has to be performed **at least** 2 metre **before** and 2 metre **after** the single ring right.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

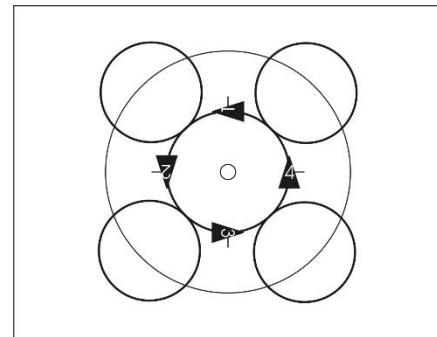


4001 e

**Single ring right (8.3.030)****4 following each other circle 4 single rings right**

All **riders are** riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle. During the figure the **riders** have to perform simultaneously four same sized, and uniform single ring right. The circle has to be performed **at least** 2 metre **before** and 2 metre **after** the single ring right.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



4001 f

**Single ring right (8.3.030)**

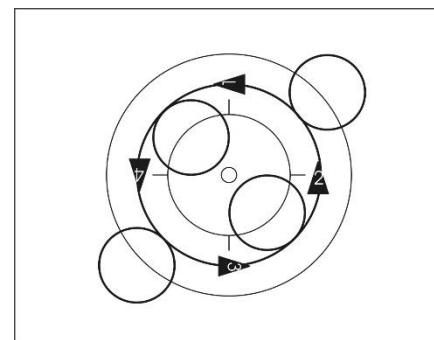
**4 following each other half circle 2 s.r.l. 2 s.r.r.**

All **riders** are riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle. During the figure the **riders** have to perform simultaneously two same sized and uniform single ring right and two same sized and uniform single ring left. The **riders** which are riding on the same axis have to perform the same type of single ring. The circle has to be performed **at least** 2 metre **before** and 2 metre **after** the single ring right and single ring left.

A **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

Single ring left (**8.3.029**)

Single ring right (**8.3.030**)



**4001 g  
4004 e**

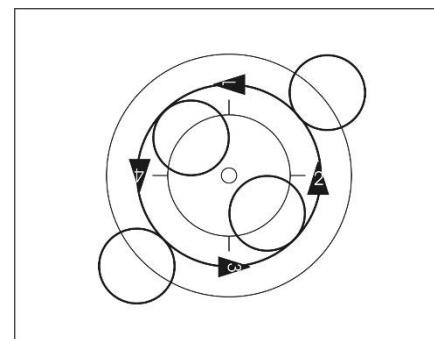
**4 following each other circle 2 s.r.l. 2 s.r.r.**

All **riders** are riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle. During the figure the **riders** have to perform simultaneously two same sized and uniform single ring right and two same sized and uniform single ring left. The **riders** which are riding on the same axis have to perform the same type of single ring. The circle has to be performed **at least** 2 metre **before** and 2 metre **after** the single ring right and single ring left.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

Single ring left (**8.3.029**)

Single ring right (**8.3.030**)

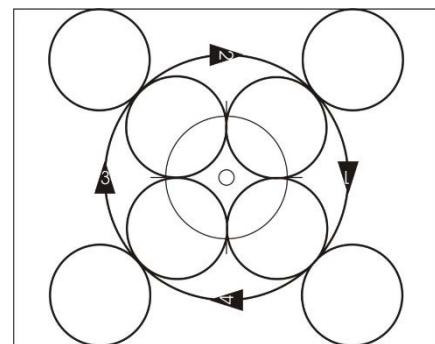


**4001 h**

**4 following each other half circle 4  
s.r.l. 4 s.r.r.**

All **riders** are riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle. During the figure the **riders** have to perform simultaneously 4 single ring left and afterwards 4 single ring right same sized and uniform. The circle has to be performed **at least** 2 metre **before** the single ring left and 2 metre **after** the single ring right.

The figure ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



4004 f

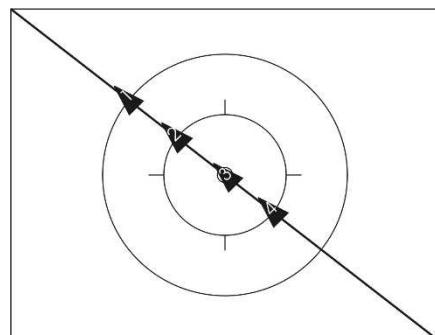
Single ring left (8.3.029)

Single ring right (8.3.030)

**4 following each other diagonal pull**

All riders are following each other crossing the riding-area, from a corner in a straight line over the middle of the riding-area to the opposite corner.

The distance between rider 1, 2, 3 and 4 may not be more than 2 metres. The **way of stretch** for the **diagonal pull**, for each rider will start at the distance of 1 metre from the starting corner until 1 metre before the opposite corner.



4006 a

**4 following each other diagonal pull**

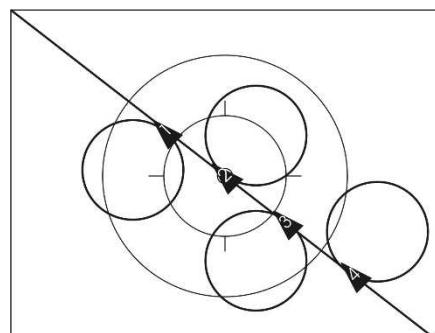
**2 s.r.l. 2 s.r.r.**

All riders are following each other crossing the riding-area, from a corner in a straight line over the middle of the riding-area to the opposite corner.

The distance between rider 1, 2, 3 and 4 may not be more than 2 metres.

During the figure the **riders** have to perform 2 single rings right and 2 single rings left simultaneously. **Rider** 1 and 3 and **rider** 2 and 4 have to perform the same type of a single ring.

The 4 following each other cross line has to be performed **at least** 2 metres **before** of and 2 metres **after** the single rings. The **way of stretch** for the **diagonal pull**, for each rider, will start at the distance of 1 metre from the starting corner until 1 metre before the opposite corner.



4006 b

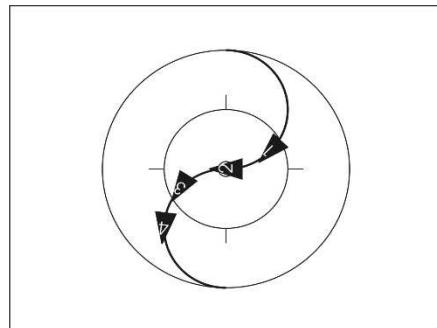
Single ring left (8.3.029)

Single ring right (8.3.030)

**4 following each other half eight**

All **riders** following each other, on one common half eight. The distance between rider 1, 2, 3 and 4 may not be more than 2 metres and **has to** be identical.

Half Eight (**8.3.035**)

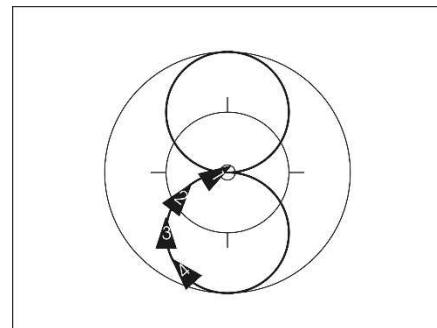


**4007 a  
4008 a  
4010 a**

**4 following each other eight**

All **riders** following each other, on one common half eight. The distance between rider 1, 2, 3 and 4 may not be more than 2 metres and **has to** be identical.

Eight (**8.3.036**)



**4007 b  
4008 b  
4010 b**

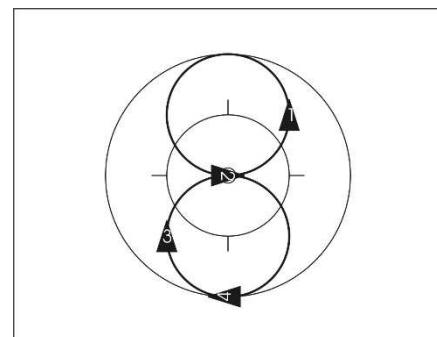
**4 following each other eight through**

All riders are riding at the same distance between each other and at they have all the same distance to a spot on one half of the riding-area.

**Rider** 1 and 3 perform an eight without changing the distances between each other. After completing the eight they circle the spot at least **once**. **Rider** 2 and 4 circle the spot at least **once**.

After circling the spot they perform an eight without changing the distance between each other. The **figure** ends at the moment that all riders are riding at the same distances towards each other, while circling the spot. The distance of each rider to the spot must be the same.

Eight (**8.3.036**)



**4007 c  
4008 c  
4010 c**

**4 following each other longline**

4011

All riders are riding at the same distance between each other on the line which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 may not occur more than 2 metres and must be identical to the distance between rider 2 and 3 and between rider 3 and 4.

If in the text is mentioned, 2 single rings left 2 single rings right, during the figure 2 single rings right and 2 single rings left simultaneous from each group have to be executed with the same size and uniform. Rider 1 and 3 and rider 2 and 4 have to perform the same type of a single ring. The longline has to be performed at least 2 metres before of and 2 metres after the single rings.

Longline (8.3.042)

Single ring left (8.3.029)

Single ring right (8.3.030)

**2 following each other longline opposite direction**

4012

Each 2 riders are riding following each other. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4 and may not occur more than 2 metres. One group will start from the short side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other short side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure.

If in the text is mentioned, two mills, during the figure two mills simultaneous from each group have to be executed. As soon as all riders are on the same level, the new groups have to connect simultaneous into a mill. The riders are connected with their left hands and are riding with same distances to each other a complete circle (360°) around a spot. The longline opposite direction has to be performed at least 2 metres before of and 2 metres after the mills.

Longline (8.3.042)

**2 next to each other longline opposite direction**

4013

Each 2 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All riders are riding on an axis parallel to the long side of the riding-area. One group will start from the short side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other short side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure.

If in the text is mentioned, 4 single rings left, during the figure 4 single rings left simultaneous from each group have to be executed with the same size and uniform.

If in the text is mentioned, through, after half of the way of stretch the rider is riding through the space which is built from two riders.

If in the text is mentioned, two mills, during the figure two mills simultaneous group executed. As soon as all riders are on the same level, the new groups have to connect simultaneous into a mill. The riders are connected with their left hands and are riding with same distances to each other a complete circle (360°) around a spot.

The longline opposite direction has to be performed at least 2 metres before of and 2 metres after the single rings or after the mills.

Longline (8.3.042)

Single ring left (8.3.029)

**2 following each other diagonal pull opposite direction**

4014

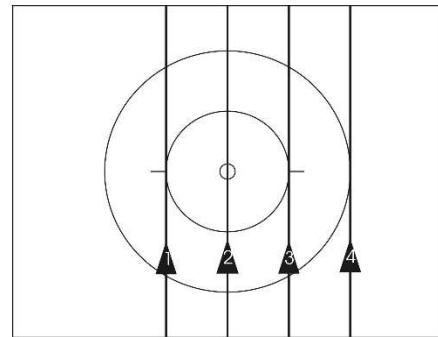
Each 2 riders are riding following each other. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4 and may not occur more than 2 metres. One group will start from one corner of the riding-area and ride to the opposite corner of the riding-area. The other group will start from the other corner and will ride to the opposite corner of the riding-area.

If in the text is mentioned, two mills, during the figure two mills simultaneous from each group have to be executed. As soon as all riders are on the same level, the new groups have to connect simultaneous into a mill. The riders are connected with their left hands and are riding with same distances to each other a complete circle (360°) around a spot. The diagonal pull opposite direction has to be performed at least 2 metres before of and 2 metres after the mills.

Diagonal pull (8.3.042)

**4 next to each other shortline**

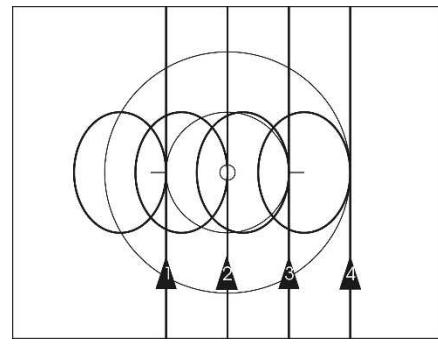
All riders are riding next to each other, without grip connection, each on an own imaginary axis parallel to the short side of the riding-area and each on the same axis parallel which runs towards the long side of the riding-area. The distance between rider 1, 2, 3, and 4 must be identical. The way of stretch for the shortline will start at 1 metre distance from the long side of the riding-area until 1 metre distance before the opposite border of the riding-area.



4017 a  
4018 a  
4019 a  
4019 b

**4 next to each other shortline 4 single rings left**

All riders are riding next to each other, without grip connection, each on an own imaginary axis parallel to the short side of the riding-area and each on the same axis parallel which runs towards the long side of the riding-area. The distance between rider 1, 2, 3, and 4 must be identical. During the figure, each rider performs simultaneously a same sized and uniform single ring left. The shortline has to be performed 2 metres in front of and 2 metres towards the single ring left.



4017 b  
4018 b  
4019 c

The way of stretch for the shortline will start at 1 metre distance from the long side of the riding-area until 1 metre distance before the opposite border of the riding-area.

Single ring left (8.3.029)

**2 connected wingmill half surrounding 3 spinnings**

Two riders of each group are connected by grip connection and are riding side by side. Both groups are riding **with** same distances between each other on the same axis, while riding at the same distances around the centre of the riding-area. **The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4.** The inside riders of the groups are connected to each other by **their left hands**, above the centre of the riding-area.

During the figure the grip connections have to be released simultaneously and in motion. Each **rider** performs 3 spinnings simultaneously and on the same axis. After the spinnings the **riders** have to **close** the grip connection simultaneously and in motion. **Before releasing and after closing the grip connection the wingmill has to be performed at least 2 metres.**

The **figure** ends not before a half surrounding around the centre of the riding-area is performed.

**Spinnings (8.3.037)**

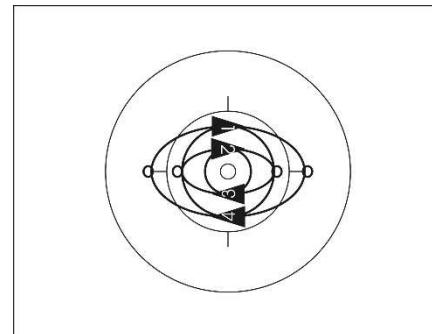
**2 connected wingmill 3 spinnings**

Two riders of each group are connected by grip connection and are riding side by side. Both groups are riding **with** same distances between each other on the same axis, while riding at the same distances around the centre of the riding-area. **The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4.** The inside riders of the groups are connected to each other by **their left hands**, above the centre of the riding-area.

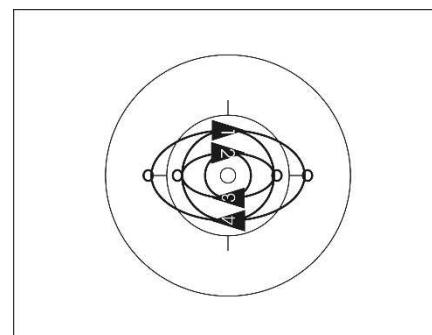
During the figure the grip connections have to be released simultaneously and in motion. Each **rider** performs 3 spinnings simultaneously and on the same axis. After the spinnings the **riders** have to **close** the grip connection simultaneously and in motion. **Before releasing and after closing the grip connection the wingmill has to be performed at least 2 metres.**

The **figure** ends not before a complete surrounding around the centre of the riding-area is performed.

**Spinnings (8.3.037)**



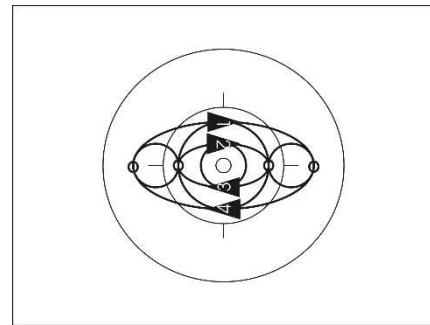
4024 a



4024 b

**Remmlinger Spinnings**

Starting position is the 2 connected wingmill. During the **figure** all grip connections have to be **released** simultaneously. After **releasing** the grip connections all riders perform 3 spinnings on an imaginary axis which leads through the middle of the riding-area. After completing the spinnings the inside riders perform a **mill**, **connected with their left hands above the middle of the riding-area for at least a way of stretch of a complete circle**. Then the two riders **release** the grip connection again and all riders will perform, simultaneously 1 spinning on an imaginary axis which leads through the middle of the riding-area. The outside riders will show continuous spinnings from the first spinnings until the last required spinning of this figure. The **figure** ends with a simultaneous performed hand-in-hand grip connection to the position **two mills**.



4024 c

**2 connected wingmill**

Two riders of each group are connected by grip connection and are riding side by side on an axis. The distances between rider 1 and 2 has to be identical to the distances of riders 3 and 4. Both groups are riding with same distances between each other on the same axis, while riding at the same distances around the centre of the riding-area. The inside riders of the groups are connected to each other by **their left hands**, above the centre of the riding-area.

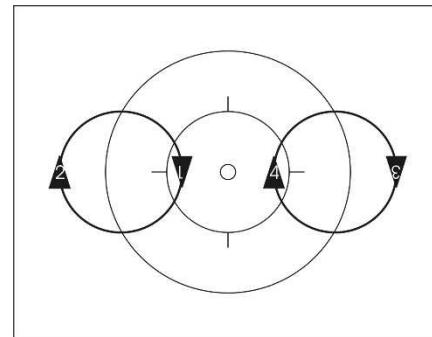
**Spinnings (8.3.037)****Two Mills**

Each two riders are riding at equal distances following each other around a spot on the riding-area. The used spots for the mills have the same distances to the centre of the riding-area and are **situated** on the longitudinal axis. The riders of each group **are connected with their left hands**. **The riding-area will be divided by the transverse axis**. The mills will start as soon as the grip connections are closed. Each 2 riders (one of each group) are riding on the same longitudinal axis during the **figure**.

**2 following each other half double circle**

**Each 2 riders** following each other with same distances to each other while both **are** surrounding the same point on the riding-area. The centre of each point (one for each group) is situated the same distance to the centre of the riding-area on the longitudinal axis. Each two riders (one of each group) are riding on the same longitudinal axis during the **figure**. This axis **runs** parallel towards the long side of the riding-area during the whole **way of stretch** of the circle.

The riding-area is divided by the transverse axis. The diametre of each circle of the double circle **has to be at least** 4 metres. **The figure** ends when the point is surrounded half.

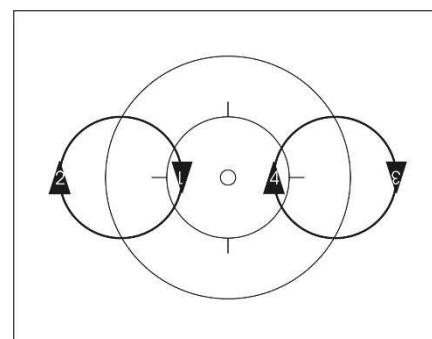


4026 a  
4027 a  
4028 a  
4028 c  
4029 a

**2 following each other double circle**

**Each 2 riders** following each other at the same distances to each other while both **are** surrounding the same point on the riding-area. The centre of each point (one for each group) is situated the same distance to the centre of the riding-area on the longitudinal axis. Each two riders (one of each group) are riding on the same longitudinal axis during the **figure**. This axis **runs** parallel towards the long side of the riding-area during the whole **way of stretch** of the circle.

The riding-area is divided by the transverse axis. The diametre of each circle of the double circle **has to be at least** 4 metres. **The figure** ends when the point is surrounded completely.



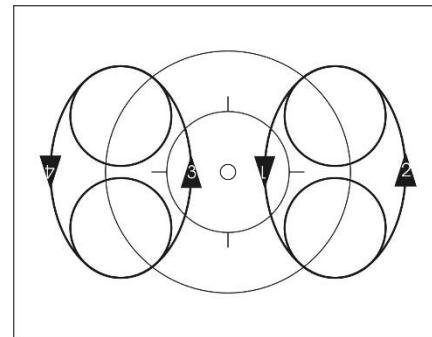
4026 b  
4027 b  
4028 b  
4028 d  
4029 b

**2 following each other half double circle 4 single rings left**

Each 2 riders following each other at the same distances to each other while both are surrounding the same point on the riding-area. The centre of each point (one for each group) is situated the same distance to the centre of the riding-area on the longitudinal axis. Each two riders (one of each group) are riding on the same longitudinal axis during the **figure**. This axis runs parallel towards the long side of the riding-area during the whole **way of stretch** of the circle. The riding-area is divided by the transverse axis. The diametre of each circle of the double circle has to be at least 4 metres.

During the figure, each **rider** performs simultaneously a same sized and uniform single ring left.

The half double circle has to be performed 2 metres **before** and 2 metres **after** the single ring left. **The figure** ends when the point is surrounded half.



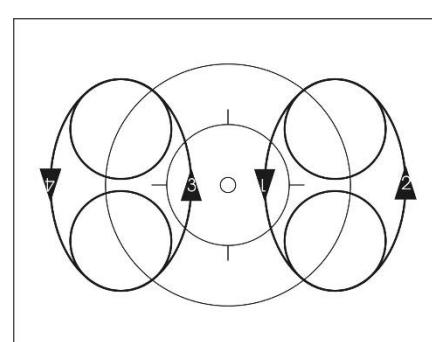
**4026 c  
4027 c  
4028 e  
4028 g  
4029 c**

**Single ring left (8.3.029)****2 following each other double circle  
4 single rings left**

Each 2 riders following each other at the same distances to each other while both are surrounding the same point on the riding-area. The centre of each point (one for each group) is situated the same distance to the centre of the riding-area on the longitudinal axis. Each two riders (one of each group) are riding on the same longitudinal axis during the **figure**. This axis runs parallel towards the long side of the riding-area during the whole **way of stretch** of the circle. The riding-area is divided by the transverse axis. The diametre of each circle of the double circle has to be at least 4 metres.

During the figure, each **rider** performs simultaneously a same sized and uniform single ring left.

The half double circle has to be performed 2 metres **before** and 2 metres **after** the single ring left. **The figure** ends when the point is surrounded completely.

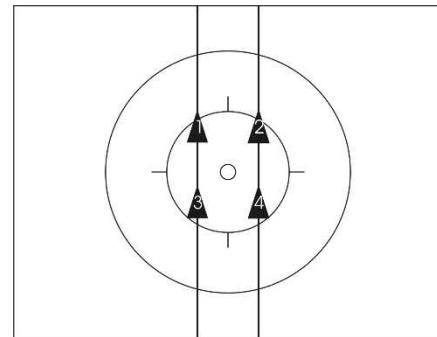


**4026 d  
4027 d  
4028 f  
4028 h  
4029 d**

**Single ring left (8.3.029)**

**2 following each other shortline**

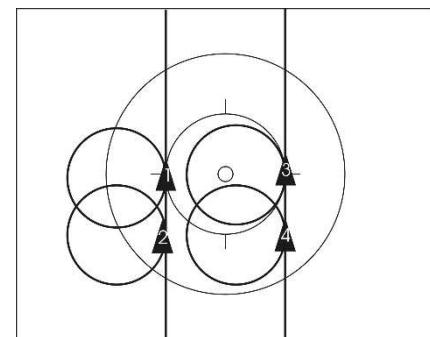
Each 2 riders are riding next to each other without grip connection. Rider 1 and 3 and rider 2 and 4 are riding on the same axis parallel to the short side of the riding-area. Rider 1 and 2 and rider 3 and 4 are riding on the same axis which runs parallel to the long side of the riding-area. The distance between the riders which are following each other may not be more than 2 metres. The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre distance before the opposite border of the riding-area.



4031 a  
4032 a

**2 following each other shortline 4 single rings left**

Each 2 riders are riding next to each other without grip connection. Rider 1 and 3 and rider 2 and 4 are riding on the same axis parallel to the short side of the riding-area. Rider 1 and 2 and rider 3 and 4 are riding on the same axis which runs parallel to the long side of the riding-area. The distance between the riders which are following each other may not be more than 2 metres. During the figure, each rider performs a single ring left simultaneously and uniform. The shortline has to be performed at least 2 metres before and 2 metres after the single ring left.

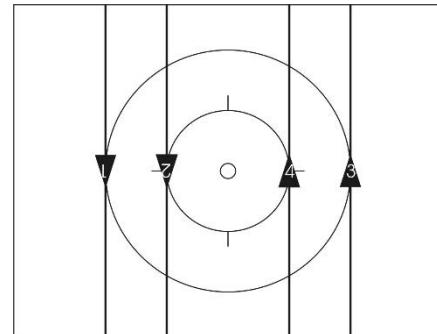


4031 b  
4032 b

The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre distance before the opposite border of the riding-area.

**Single ring left (8.3.029)****2 next to each other short line opposite direction**

Each 2 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All riders are riding on an axis parallel to the short side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure. The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre distance before the opposite border of the riding-area.



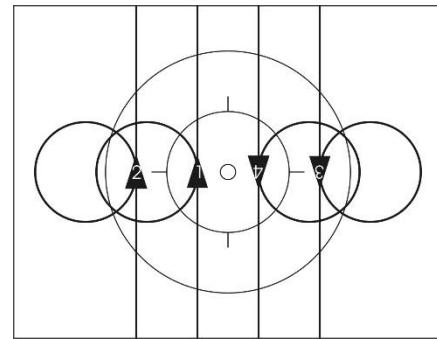
4044 a  
4045 a  
4047 a  
4047 b

**2 next to each other shortline  
opposite direction 4 s.r.l.**

Each 2 riders are riding next to each other without grip connection on one axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All riders are riding on an axis parallel to the short side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figures. During the figure, each athlete performs a single ring left simultaneously and uniform. The shortline has to be performed 2 metres before and 2 metres after the single ring left.

The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre distance before of the opposite border of the riding-area.

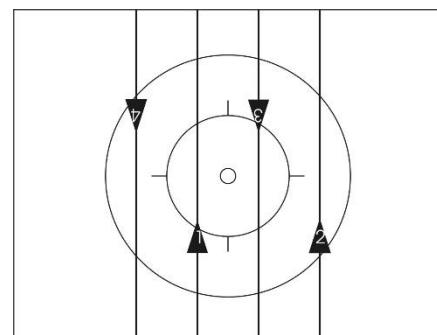
Single ring left (8.3.029)



4044 b

**2 next to each other shortline  
opposite direction through**

Each 2 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All riders are riding on an axis parallel to the short side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure. Half way, at the middle of the riding-area, one rider of each group, will ride through the space between the two facing riders. The way of stretch for all short line exercises will start 1 metre from the long side of the riding-area until 1 metre distance before the opposite border of the riding-area.

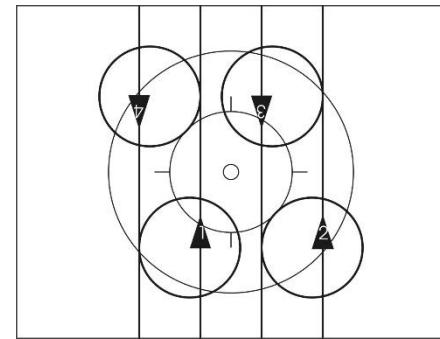


4044 c  
4045 b  
4047 c  
4047 d

**2 next to each other shortline opposite direction through 4 single rings left**

Each 2 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All riders are riding on an axis parallel to the short side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure. Half way, at the middle of the riding-area, one rider of each group, will ride through the space between the two facing riders. During the figure, each rider performs a single ring left simultaneously and uniform. The shortline has to be performed at least 2 metres before and 2 metres after the single ring left.

The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre distance before the opposite border of the riding-area.

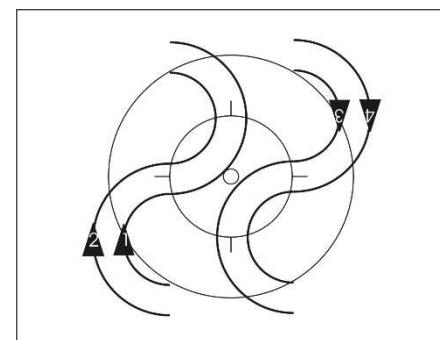


4044 d

**Single ring left (8.3.029)**

**2 next to each other shortline opposite half counter single ring**

Each 2 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. Both groups of riders perform a half counter single ring. Both groups are riding with the same speed during this figure. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area.



4044 e

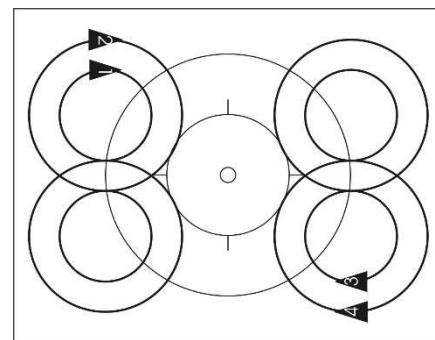
4045 c

4047 e

**Half counter single ring (8.3.031)**

**2 next to each other shortline opposite counter single ring**

Each 2 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. Both groups of **riders** perform a counter single ring. Both groups are riding with the same speed during this **figure**. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area and back. The other group will start from the other long side and will ride to the opposite side of the riding-area and back.



4044 f  
4045 d  
4047 f

**Counter single ring (8.3.032)**

**2 next to each other shortline opposite direction counter single ring through** 4047 g

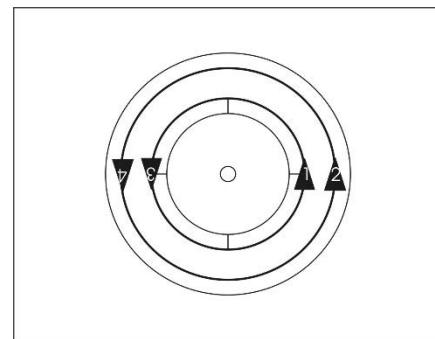
Each 2 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4. Both groups of riders perform a counter single ring. Both groups are riding with the same speed during this figure. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area and back. The other group will start from the other long side and will ride to the opposite side of the riding-area and back. During the figure all riders are riding on the longitudinal axis and they are riding through the space which is built from two riders. During the "riding through the space" all riders have to be situated within the 4-metre-circle.

**Shortline opposite direction counter single ring through**

Each 2 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. Both groups of riders perform a counter single ring (without defined diameter, but all single rings must have the same size). One group will start from the long side of the riding-area and ride to the opposite side of the riding-area and back. The other group will start from the other long side and will ride to the opposite side of the riding-area and back. In the middle of the riding-area the groups have to cross twice.

**2 connected half circle**

Each two **riders** are riding side by side with grip connection they build a group of **riders**. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4. Both groups are riding with same distance to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle.

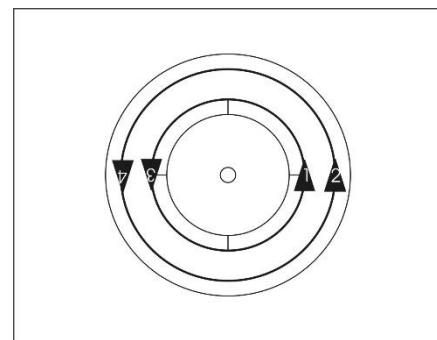


4071 a  
4072 a  
4073 a  
4073 c  
4074 a

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

**2 connected circle**

Each two riders are riding side by side with grip connection they build a group of **riders**. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4. Both groups are riding with same distance to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle. The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-meter-circle.



4071 b  
4072 b  
4073 b  
4073 d  
4074 b

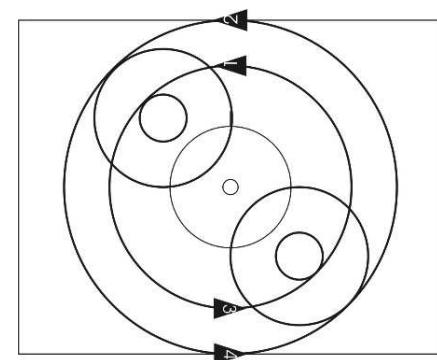
**2 connected half circle 2 connected single ring left**

Each two riders are riding side by side with grip connection they build a group of **riders**. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4. Both groups are riding with same distance to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle.

The two groups of **riders** perform simultaneously a 2 connected single ring left with the same size and uniform.

The half circle has to be performed 2 metres before and 2 metres after the single ring left.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



4071 c  
4072 c  
4073 e  
4073 g  
4074 c

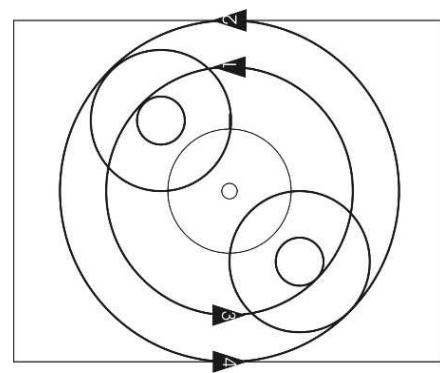
**2 connected single ring left (8.3.033)****2 connected circle 2 connected single ring left**

Each two riders are riding side by side with grip connection they build a group of **riders**. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4. Both groups are riding with same distance to each other and at same distance to the 4-metre-circle, at the outside of the 4-meter-circle.

The two groups of **riders** perform simultaneously a 2 connected single ring left with the same size and uniform.

The circle has to be performed 2 metres before and 2 metres after the single ring left.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

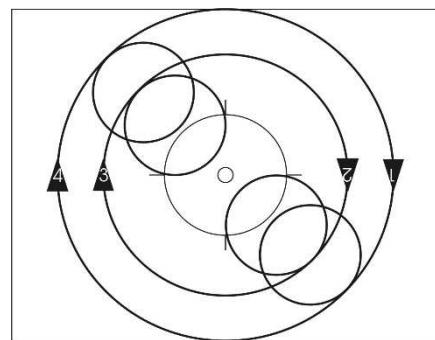


4071 d  
4072 d  
4073 f  
4073 h  
4074 d

**2 connected single ring left (8.3.033)**

**2 connected half circle 4 single rings left**

Each two riders are riding side by side with grip connection they build a group of **riders**. The distance **between rider 1 and two** has to be identical to the distance between rider 3 and 4. Both groups are riding at same distance to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle.



4071 e  
4072 e  
4073 i  
4073 k  
4074 e

During the figure, the grip connections have to be released simultaneously and in motion. Each **rider** performs a single ring left simultaneously and uniform.

After the single rings left, the athletes have to **close** the grip connections simultaneously and in motion.

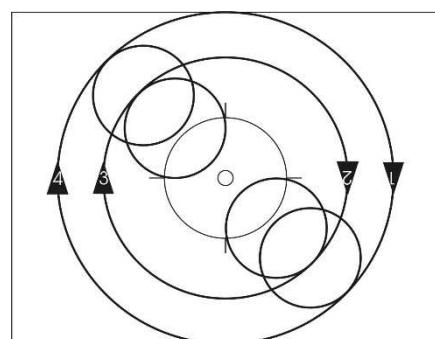
The half circle has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

## Single ring left (8.3.029)

**2 connected circle 4 single rings left**

Each two riders are riding side by side with grip connection they build a group of **riders**. The distance **between rider 1 and two** has to be identical to the distance between rider 3 and 4. Both groups are riding at same distance to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle.



4071 f  
4072 f  
4073 j  
4073 l  
4074 f

During the figure, the grip connections have to be released simultaneously and in motion. Each **rider** performs a single ring left simultaneously and uniform.

After the single rings left, the **riders** have to **close** the grip connections simultaneously and in motion.

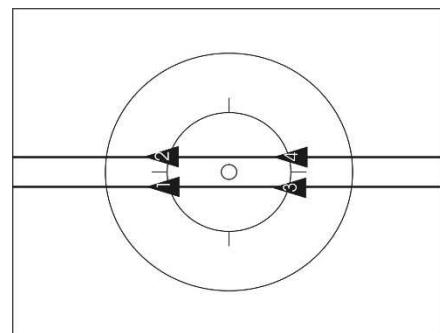
The circle has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

## Single ring left (8.3.029)

**2 connected following each other****longline**

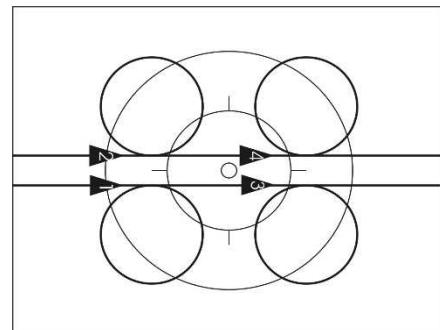
Each 2 riders are connected to each other **with grip connection**. **Rider 1 and 3 and rider 2 and 4** are following each other, riding on the same axis parallel to the long side of the riding-area. Rider 1 and 2 and rider 3 and 4 are riding as group on the same axis which **runs** parallel to the short side of the riding-area. The **way of stretch** for all longline **figures** will start at 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.



4082 a

**2 connected following each other****longline 2 single rings left 2 single rings right**

Each 2 riders are connected to each other **with grip connection** **Rider 1 and 3 and rider 2 and 4** are following each other, riding on the same axis which **runs** parallel to the long side of the riding-area. Rider 1 and 2 and rider 3 and 4 are riding on the same axis parallel to the short side of the riding-area.



4082 b

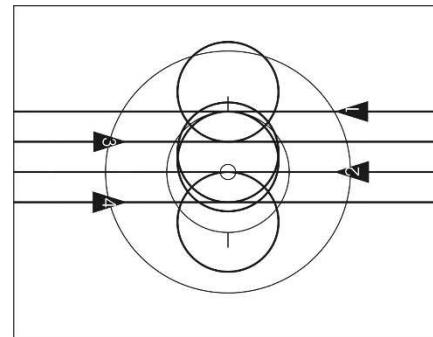
During the figure, the grip connections have to be released simultaneously and in motion, the **riders** have to perform 2 single rings left and 2 single rings right **with the same size** and uniform. **Rider 1 and 3 and rider 2 and 4** have to perform the same type of single ring. After the single rings, the **riders** have to close the grip connections simultaneously and in motion. The **way of stretch** for all **longline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

Single ring left (8.3.029)

Single ring right (8.3.030)

**2 connected longline opposite direction 4 single rings right through**

Each 2 riders are connected to each other **with** grip connection and are riding next to each other on an axis which **runs** parallel to the short side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All riders are riding on an axis parallel to the long side of the riding-area. One group will start from the short side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other short side and will ride to the opposite side of the riding-area. **During the figure** the grip connections will all released simultaneously while riding and one rider of each group, will ride through the **space** between the two facing riders. Being all on one line all riders will perform, simultaneous a same shaped, single ring right; all with the same diametre. After performing the single rings, being again on one line, the groups will connect again, simultaneously and in motion. After being connected again the riders will finish the **longline**. The **way of stretch** for all **longline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

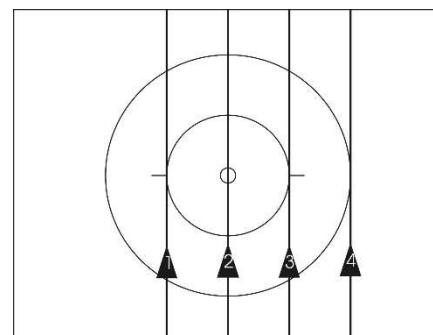


4082 c

**Single ring right (8.3.030)**

**2 connected shortline**

Each 2 riders are connected to each other **with** grip connection. Each rider is riding on an axis parallel to the short side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All **riders** are riding on the same axis which **runs** parallel to the long side of the riding-area. The **way of stretch** for all **shortline figures**

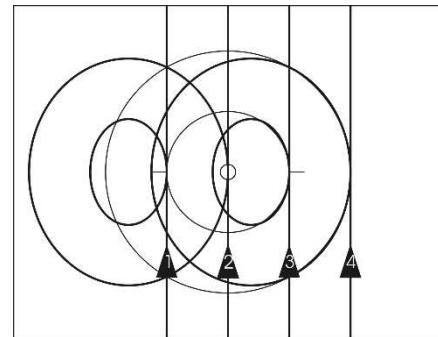


4086 a  
4087 a  
4088 a  
4088 b  
4089 a

will start at 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

**2 connected shortline 2 connected single rings left**

Each 2 riders are connected to each other **with** grip connection. Each rider is riding on an axis parallel to the short side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All **riders** are riding on the same axis which **runs** parallel to the long side of the riding-area.



**4086 b  
4087 b  
4088 c  
4088 d  
4089 b**

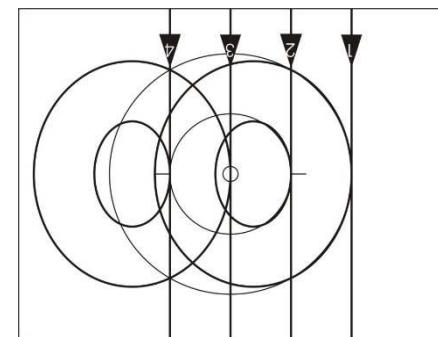
During the figure the two groups of **riders** perform simultaneously a 2 connected single ring left **with same size and uniform**.

The figure has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **way of stretch** for all **shortline figures** will start 1 metre distance from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

2 connected single ring left (**8.3.033**)**2 connected shortline 2 connected single rings right**

Each 2 riders are connected to each other **with** grip connection. Each rider is riding on an axis parallel to the short side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All **riders** are riding on the same axis which **runs** parallel to the long side of the riding-area.



**4086 c**

During the figure the two groups of **riders** perform simultaneously a 2 connected single ring right **with same size and uniform**.

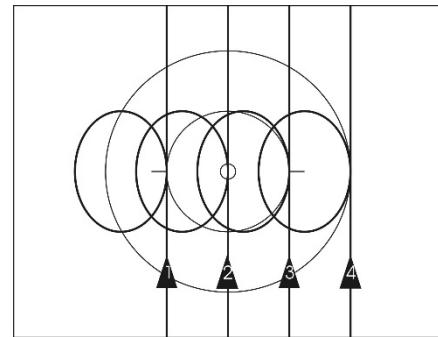
The figure has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **way of stretch** for all **shortline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

2 connected single ring right (**8.3.034**)

**2 connected shortline 4 single rings left**

Each 2 riders are connected to each other **with** grip connection. Each rider is riding on an axis parallel to the short side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All **riders** are riding on the same axis which **runs** parallel to the long side of the riding-area.



4086 d  
4087 c  
4088 e  
4088 f  
4089 c

During the figure, the grip connections have to be released **simultaneously** and in motion. Each **rider** performs simultaneously a single ring left **with same size and uniform**.

After the single rings left, the **riders** have to restore the grip connections simultaneously and in motion.

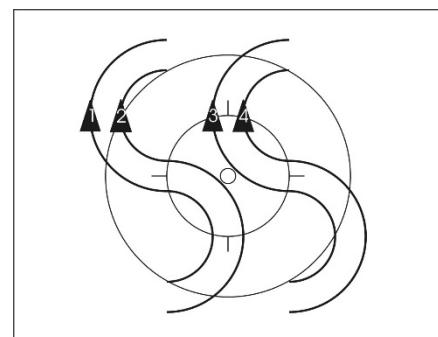
The **shortline** has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **way of stretch** for all **shortline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

**Single ring left (8.3.029)**

**2 connected shortline half counter single ring**

Each 2 riders are riding as a group next to each other with closed grip connection. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. Both groups are on an axis which **runs** parallel to the long side of the riding-area. Both groups of **riders** perform a half counter single ring.

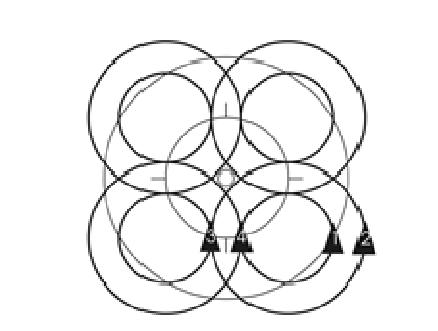


4096 a  
4097 a  
4098 a  
4098 c  
4099 a

**Half counter single ring (8.3.031)**

**2 connected shortline counter single ring**

Each 2 riders are riding as a group next to each other with closed grip connection. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. Both groups are on an axis which **runs** parallel to the long side of the riding-area. Both groups of **riders** perform a counter single ring.

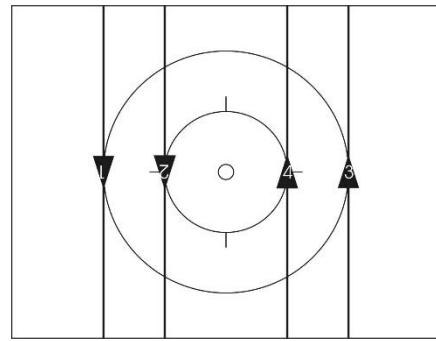


4096 b  
4097 b  
4098 b  
4098 d  
4099 b

**Counter single ring (8.3.032)**

**2 connected shortline opposite**

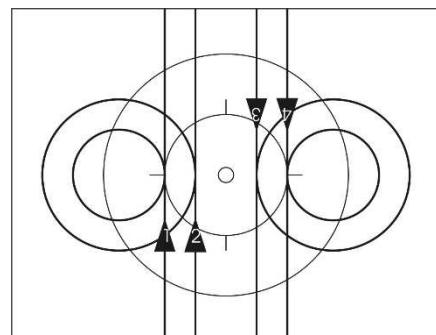
Each 2 riders are connected to each other **with** grip connection. Each rider is riding on an axis parallel to the short side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All **riders** are riding on the same axis which **runs** parallel to the long side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with same speed during this **figure**. The **way of stretch** for all **shortline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.



4105 a  
4106 a  
4107 a  
4107 b  
4108 a

**2 connected shortline opposite 2 connected single rings left**

Each 2 riders are connected to each other **with** grip connection. Each rider is riding on an axis parallel to the short side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All **riders** are riding on the same axis which **runs** parallel to the long side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with same speed during this **figure**. During the figure the two groups of **riders** perform simultaneously and uniform a 2 connected single ring left. The figure has to be performed 2 metres **before** and 2 metres **after** the single ring left. The **way of stretch** for all **shortline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

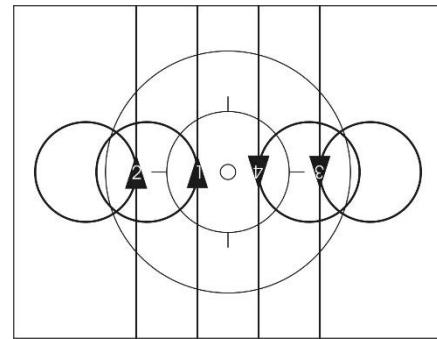


4105 b  
4106 b  
4107 c  
4107 d

2 connected single ring left (8.3.033)

**2 connected shortline opposite 4 single rings left**

Each 2 riders are connected to each other **with** grip connection. Each rider is riding on an axis parallel to the short side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between riders 3 and 4. All **riders** are riding on the same axis which **runs** parallel to the long side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with same speed during this **figure**.



4105 c  
4106 c  
4107 e  
4107 f  
4108 b

During the figure, the grip connections have to be released simultaneously and in motion. Each **rider** performs a single ring left simultaneously and uniform.

After the single rings left, the **riders** have to **close** the grip connections simultaneously and in motion.

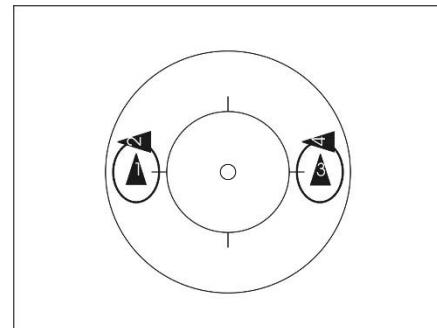
The **shortline** has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **way of stretch** for all **shortline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

**Single ring left (8.3.029)**

**Surrounding 1 around 1**

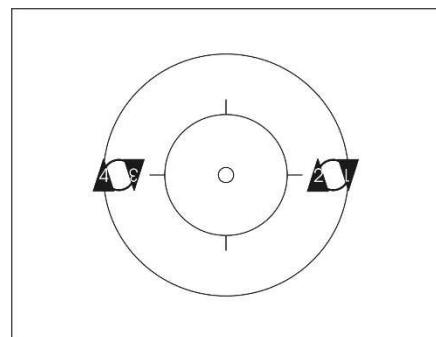
Each two riders are riding next to each other, are connected by hand-in-hand-grip and form two groups of **riders**. The two groups are riding on, the same, imaginary axis, through the middle of riding-area. The inside rider is standing, without pedalling, on a spot, while the partner is riding a complete circle around the inside rider. The **figure** ends after a complete circle around the surrounding rider



4116 a  
4117 a

**Two mills**

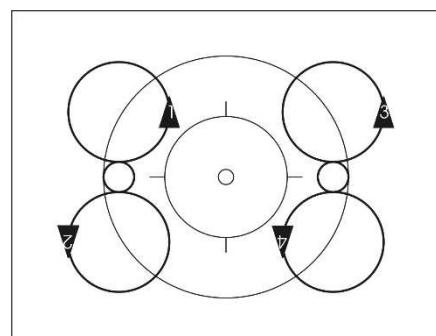
Each two riders are riding at equal distances following each other around a spot on the riding-area. Each two riders are connected with their left hands. Both spots are located on the longitudinal axis with the same distances from the centre of the riding-area. The mills will start as all riders are connected with their left hands. Each 2 riders (one of each group) are riding on the same longitudinal axis during the figure, which runs parallel to the long side of the riding-area. The figure ends after a complete surrounding and reaching the starting position again.



- 4121 a
- 4122 a
- 4122 b
- 4122 c
- 4123 a
- 4123 b
- 4123 c
- 4123 d
- 4123 e
- 4123 f
- 4124 a
- 4124 b
- 4124 c

**Two mills 4 single rings right**

Each two riders are riding at equal distances following each other around a spot on the riding-area. Each two riders are connected with their left hands. Both spots are located on the longitudinal axis with the same distances from the centre of the riding-area. The mills will start as all riders are connected with their left hands. Each 2 riders (one of each group) are riding on the same longitudinal axis during the figure, which runs parallel to the long side of the riding-area.



- 4121 b
- 4124 d

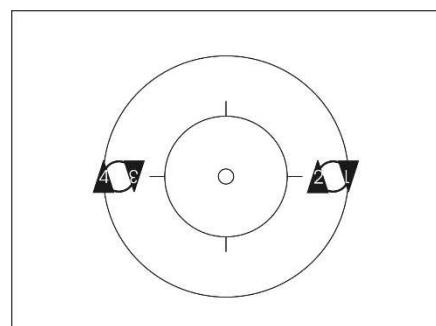
During the figure the grip connections have to be released simultaneously and in motion. Each rider performs simultaneously a single ring right with same size and uniform. After the single rings the riders have to close the grip connection simultaneously and in motion.

The mills have to be performed 2 metres before and 2 metres after the single ring right.

The figure ends after a complete surrounding and reaching the starting position again.

**Single ring right (8.3.030)****Two inside rings**

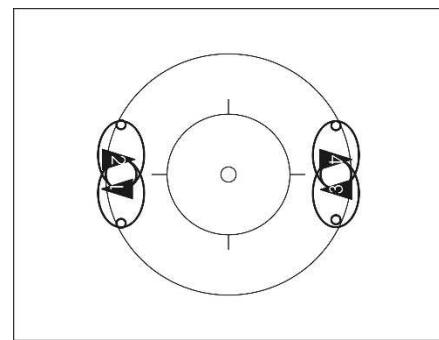
Each two riders are riding at equal distances following each other around a spot at the riding-area. Each rider of each group is connected with his right hand the left hand and with the left hand the right hand of his partner. Both spots are located on the longitudinal axis with the same distances from the centre of the riding-area. The rings will start as all riders are connected. Each 2 riders (one of each group) are riding on the same longitudinal axis during the figure, which runs parallel to the long side of the riding-area. The figure ends after a complete surrounding and reaching the starting position again.



- 4133 a
- 4133 b
- 4133 c
- 4133 d
- 4133 e
- 4134 a
- 4134 b
- 4134 c

**Two mills 3 spinnings**

Each two riders are riding at equal distances following each other around a spot on the riding-area. The riders of each group are connected with their left hands. The mills will start as all riders are connected. Each 2 riders (one of each group) are riding on the same longitudinal axis during the figure, which runs parallel to the long side of the riding-area.



4134 d

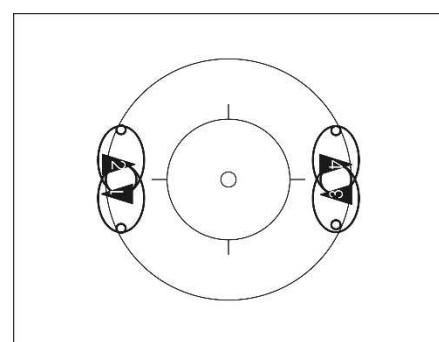
During the figure the grip connections of each group has to be released simultaneously and in motion. Each rider performs simultaneously 3 spinnings. After the spinnings the riders have to close the grip connection simultaneously and in motion.

The figure has to be performed 2 metres before and 2 metres after the spinnings.

The figure ends after a complete surrounding and reaching the starting position again.

**Spinnings (8.3.037)****Two inside rings 3 spinnings**

Each two riders are riding at equal distances following each other around a spot at the riding-area. Each rider of each group is connected with his right hand the left hand and with the left hand the right hand of his partner. Both spots are located on the longitudinal axis with the same distances from the centre of the riding-area. The rings will start as all riders are connected. Each 2 riders (one of each group) are riding on the same longitudinal axis during the figure, which runs parallel to the long side of the riding-area.



4134 e

During the figure the grip connections of each group have to be released simultaneously and in motion. Each rider performs simultaneously 3 spinnings. After the spinnings the riders have to close the grip connection simultaneously and in motion.

The figure has to be performed 2 metres before and 2 metres after the spinnings.

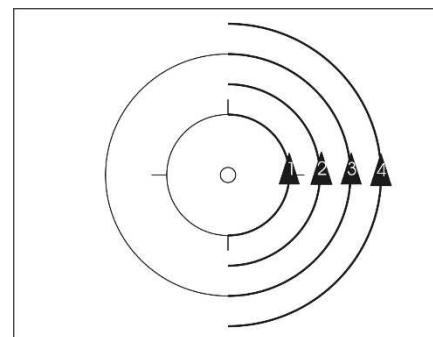
The figure ends after a complete surrounding and reaching the starting position again.

**Spinnings (8.3.037)**

**4 connected half circle**

All **riders** are riding with closed grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider** 1 and **rider** 2, the distance between **rider** 2 and **rider** 3 and the distance between **rider** 3 and **rider** 4 has to be identical.

**The figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

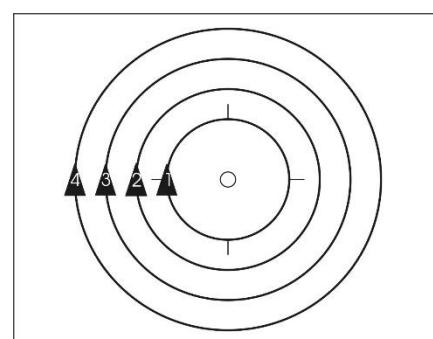


4151 a  
4152 a  
4153 a  
4153 c  
4154 a

**4 connected circle**

All riders are riding with closed grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider** 1 and **rider** 2, the distance between **rider** 2 and **rider** 3 and the distance between **rider** 3 and **rider** 4 has to be identical.

**The figure** ends, when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



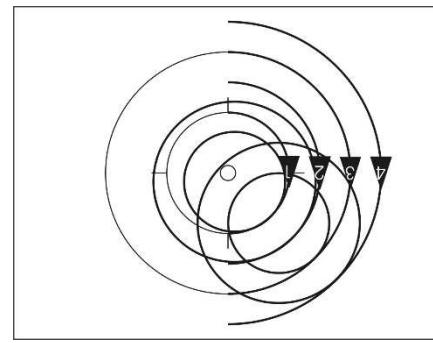
4151 b  
4152 b  
4153 b  
4153 d  
4154 b

**4 connected half circle 2 connected single rings left**

All **riders** are riding with closed grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider** 1 and **rider** 2, the distance between **rider** 2 and **rider** 3 and the distance between **rider** 3 and **rider** 4 has to be identical.

During the figure the grip connection between **rider** 2 and 3 has to be released. The two groups of **riders** perform simultaneously and uniform a 2 connected single ring left. The **figure** has to be performed 2 metres **before** and 2 metres **after** the single ring left.

**The figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



4151 c  
4152 c  
4153 e  
4153 g  
4154 c

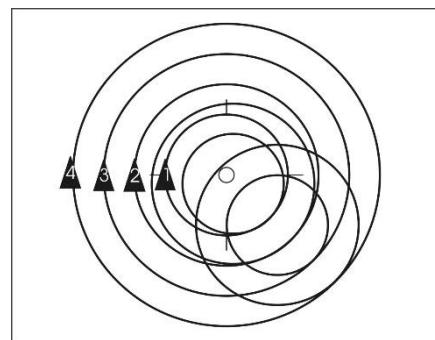
2 connected single ring left (8.3.033)

**4 connected circle 2 connected single rings left**

All **riders** are riding with closed grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider 1** and **rider 2**, the distance between **rider 2** and **rider 3** and the distance between **rider 3** and **rider 4** has to be identical.

During the figure the grip connection between **rider 2** and **rider 3** has to be released. The two groups of **riders** perform simultaneously and uniform a 2 connected single ring left. The **figure** has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



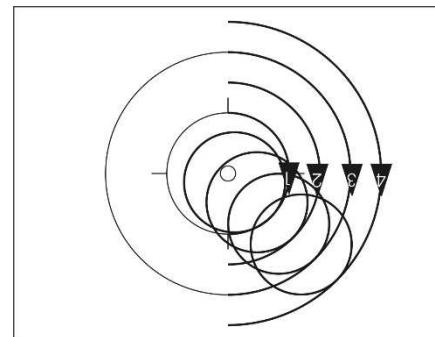
4151 d  
4152 d  
4153 f  
4153 h  
4154 d

**2 connected single ring left (8.3.033)****4 connected half circle 4 single rings left**

All riders are riding with closed grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider 1** and **rider 2**, the distance between **rider 2** and **rider 3** and the distance between **rider 3** and **rider 4** has to be identical.

During the figure the grip connections between all riders have to be released simultaneously and in motion. All **riders** perform simultaneously and uniform a single ring left. The figure has to be performed 2 metres before and 2 metres after the single rings left.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



4151 e  
4152 e  
4153 i  
4153 k  
4154 e

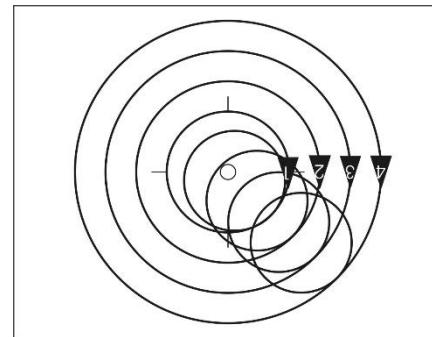
**Single ring left (8.3.029)**

**4 connected circle 4 single rings left**

All **riders** are riding with closed grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider** 1 and **rider** 2, the distance between **rider** 2 and **rider** 3 and the distance between **rider** 3 and **rider** 4 has to be identical.

During the figure the grip connections between all riders have to be released simultaneously and in motion. All **riders** perform simultaneously and uniform a single ring left. The figure has to be performed 2 metres before and 2 metres after the single rings left.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



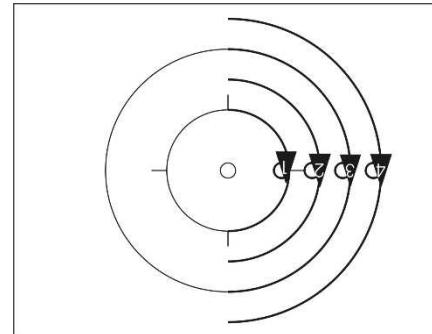
4151 f  
4152 f  
4153 j  
4153 l  
4154 f

**Single ring left (8.3.029)****4 connected half circle 3 spinnings**

All riders are riding with closed grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider** 1 and **rider** 2, the distance between **rider** 2 and **rider** 3 and the distance between **rider** 3 and **rider** 4 has to be identical. During the figure the grip connections have to be released simultaneously and in motion. Each **rider** performs simultaneously 3 spinnings. After the spinnings **riders** have to close the grip connection simultaneously and in motion.

The figure has to be performed 2 metres before and 2 metres after the spinnings.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



4154 g

**Spinnings (8.3.037)**

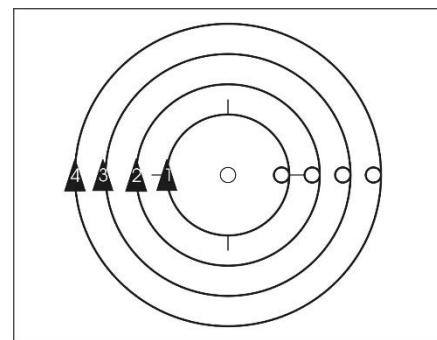
**4 connected circle 3 spinnings**

All riders are riding with closed grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider 1** and **rider 2**, the distance between **rider 2** and **rider 3** and the distance between **rider 3** and **rider 4** has to be identical.

During the figure the grip connections have to be released simultaneously and in motion. Each **rider** performs simultaneously 3 spinnings. After the spinnings **riders** have to **close** the grip connection simultaneously and in motion.

The figure has to be performed 2 metres before and 2 metres after the spinnings.

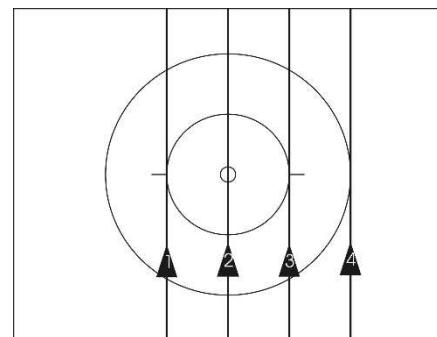
The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



4154 h

**Spinnings (8.3.037)****4 connected shortline**

All riders are connected to each other with grip connection and are riding on the same axis parallel to the short side of the riding-area. The distance between rider 1 and 2 has to be identical to the distance between rider 2 and 3 and between rider 3 and 4. The **way of stretch** for all **shortline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

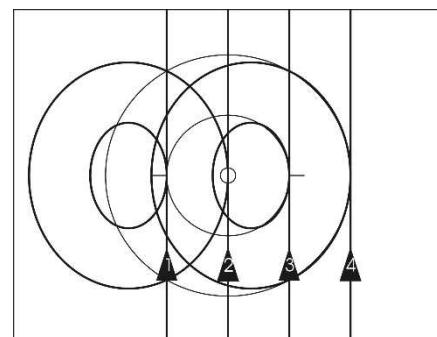
4161 a  
4162 a  
4163 a  
4163 b  
4164 a**4 connected shortline 2 connected single rings left**

All riders are connected to each other with grip connection and are riding on the same axis parallel to the short side of the riding-area. The distance between rider 1 and 2 has to be identical to the distance between rider 2 and 3 and between rider 3 and 4. The **way of stretch** for all **short line figures** will start at 1 metre distance

from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

During the figure the grip connection between **rider 2** and **rider 3** has to be released. The two groups of **riders** perform simultaneously a 2 connected single ring left **with same size and uniform**.

The **shortline** has to be performed 2 metres **before** and 2 metres **after** the single ring left.

4161 b  
4162 b  
4163 c  
4163 d  
4164 b**2 connected single ring left (8.3.033)**

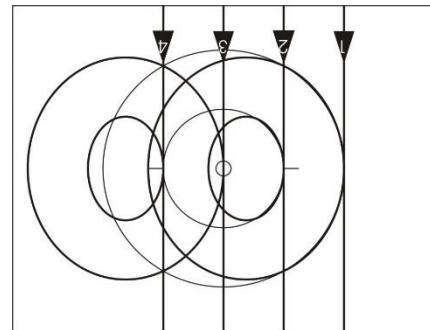
**4 connected shortline 2 connected single rings right**

All riders are connected to each other **with** grip connection and are riding on the same axis parallel to the short side of the riding-area. The distance between rider 1 and 2 has to be identical to the distance between rider 2 and 3 and between rider 3 and 4.

During the figure the grip connection between **rider 2** and **rider 3** **has** to be released. The two groups of **riders** perform simultaneously a 2 connected single ring right **with same size and uniform**.

The **shortline** has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **way of stretch** for all **shortline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.



**4161 c  
4162 c**

**2 connected single ring right (8.3.034)****4 connected shortline 4 single rings left**

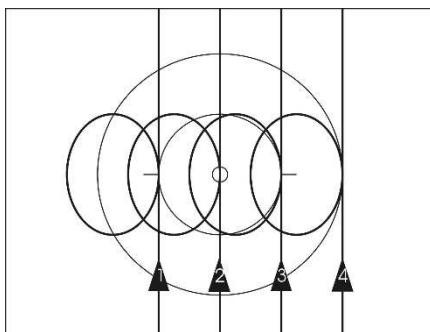
All riders are connected to each other **with** grip connection and are riding on the same axis parallel to the short side of the riding-area. The distance between rider 1 and 2 has to be identical to the distance between rider 2 and 3 and between rider 3 and 4. During the figure, the grip connections have to be **released** simultaneously

and in motion. Each **rider** performs a single ring left simultaneously and uniform.

After the single rings left, the **riders** have to **close** the grip connections simultaneously and in motion.

The **shortline** has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **way of stretch** for all **shortline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.



**4161 d  
4162 d  
4163 e  
4163 f  
4164 c**

**Single ring left (8.3.029)**

**4 connected shortline 2 connected single rings left 2 connected single rings right**

All riders are connected to each other with grip connection and are riding on the same axis parallel to the short side of the riding-area. The distance between rider 1 and 2 has to be identical to the distance between rider 2 and 3 and between rider 3 and 4.

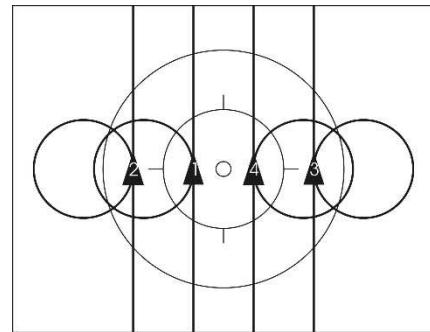
During the figure, the grip connections have to be released simultaneously and in motion. Each rider performs simultaneously a same sized and uniform single ring. Rider 1 and 2 are performing a single ring left and rider 3 and 4 are performing a single ring right.

After the single rings, the riders have to close the grip connections simultaneously and in motion. The shortline has to be performed 2 metres before and 2 metres after the single ring left.

The way of stretch for all shortline figures will start 1 metre from the short side of the riding-area until 1 metre before the opposite border of the riding-area.

Single ring left (8.3.029)

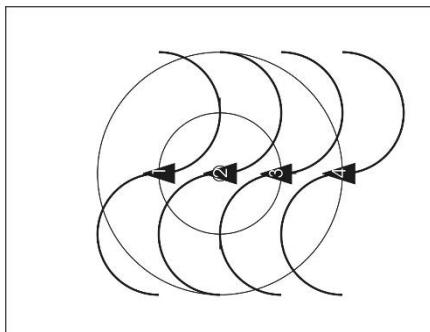
Single ring right (8.3.030)



4164 d

**4 next to each other shortline half counter single ring**

All riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between rider 2 and 3 and to the distance between rider 3 and 4. All riders perform a half counter single ring.

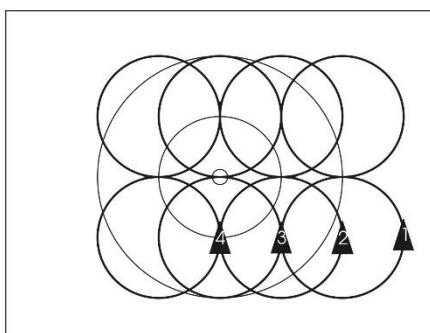


4161 e  
4164 e

Half counter single ring (8.3.031)

**4 next to each other short line counter single ring**

All riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between rider 2 and 3 and to the distance between rider 3 and 4. All riders perform a counter single ring.



4161 f  
4164 f

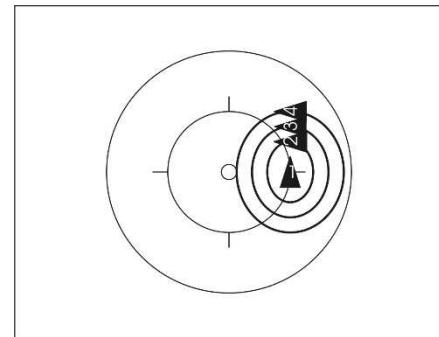
Counter single ring (8.3.032)

**Surrounding 3 around 1**

All riders are riding next to each other and are connected by hand-in-hand-grip-connection.

The inside rider is standing on a spot (without pedalling), while the other three riders are riding next to each other, on one line, a complete circle around the inside rider. The distance between rider 2 and 3 has to be identical to the distance between riders 3 and 4.

The **figure** ends after a complete circle around the surrounded rider.



4171 a  
4172 a  
4173 a  
4173 b  
4174 a

**Coach half circle**

All **riders** are riding around the 4-metre-circle.

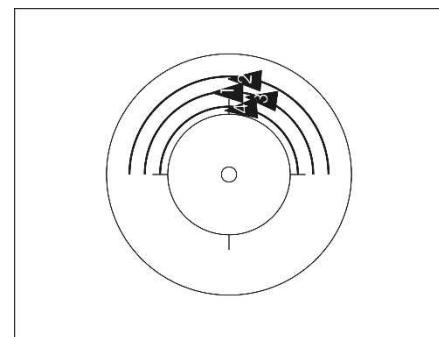
**Rider 1 grabs** with the right hand to the left bicycle handlebar-grip of **rider 2**.

**Rider 2 grabs** with his **left** hand backwards to the right shoulder of **rider 3**.

**Rider 3 grabs** with the left hand, to the right shoulder of **rider 4**.

**Rider 4 grabs** with the right hand to the left shoulder of **rider 1**.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



4181 a

**Coach circle**

All **riders** are riding around the 4-metre-circle.

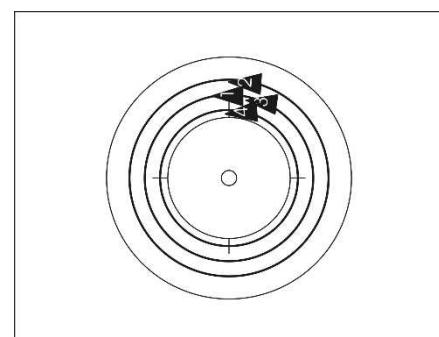
**Rider 1 grabs** with the right hand to the left bicycle handlebar-grip of **rider 2**.

**Rider 2 grabs** with his **left** hand backwards to the right shoulder of **rider 3**.

**Rider 3 grabs** with the left hand, to the right shoulder of **rider 4**.

**Rider 4 grabs** with the right hand to the left shoulder of **rider 1**.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



4181 b

**Coach half circle raiser**

All **riders** are riding around the 4-metre-circle.

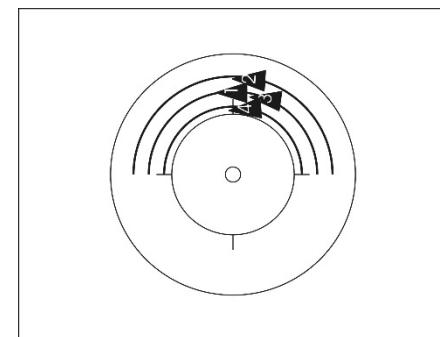
**Rider 1 grabs** with **his** right hand to the left hand of **rider 2**.

**Rider 2 grabs** with **his** left hand to the right hand of **rider 3**.

**Rider 3 grabs** with **his** left hand to the right hand of **rider 4**.

**Rider 4 grabs** with **the** left hand to the left hand of **rider 1**.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



4182 a

**Coach circle raiser**

All **riders** are riding around the 4-metre-circle.

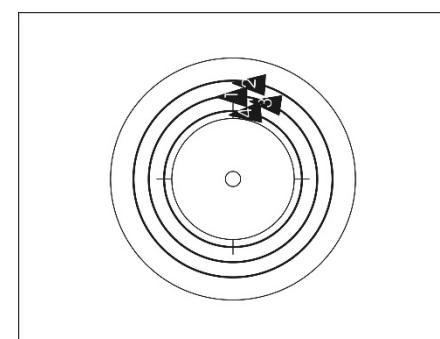
**Rider 1 grabs** with **his** right hand to the left hand of **rider 2**.

**Rider 2 grabs** with **his** left hand to the right hand of **rider 3**.

**Rider 3 grabs** with **his** left hand to the right hand of **rider 4**.

**Rider 4 grabs** with **his** left hand to the left hand of **rider 1**.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



4182 b

**Snake half circle**

All **riders** are riding around the 4-metre-circle in left-right position.

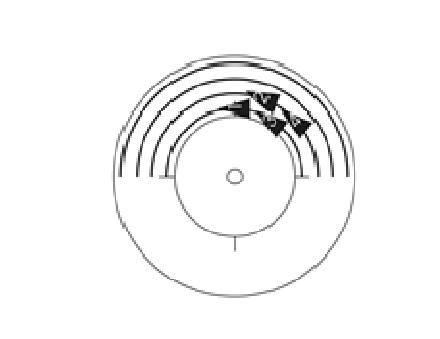
**Rider 1 grabs** with **his** right hand to the bicycle handlebar of **rider 2**.

**Rider 2 grabs** with **his** left hand to the bicycle handlebar of **rider 3**.

**Rider 3 grabs** with **his** right hand to the bicycle handlebar of **rider 4**.

**Rider 4 grabs** with both hands **his own** bicycle handlebar.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



4183 a

**Snake circle**

All **riders** are riding around the 4-metre-circle in left-right position.

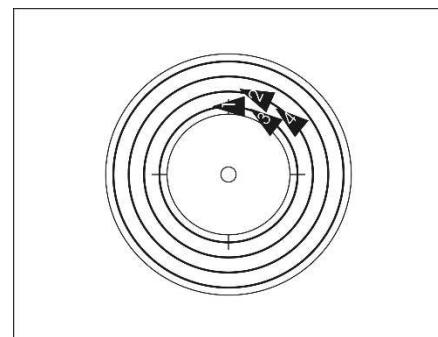
**Rider 1** grabs with his right hand to the bicycle handlebar of **rider 2**.

**Rider 2** grabs with his left hand to the bicycle handlebar of **rider 3**.

**Rider 3** grabs with his right hand to the bicycle handlebar of **rider 4**.

**Rider 4** grabs with both hands his own bicycle handlebar.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



4183 b

**Chain half circle**

All **riders** are riding around the 4-metre-circle in left-right position.

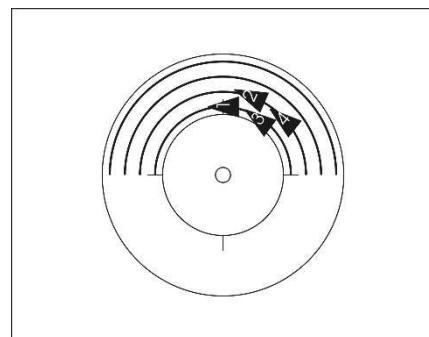
**Rider 1** grabs with both hands **with his** own bicycle handlebar.

**Rider 2** grabs with **his** left hand the right shoulder of **rider 1**.

**Rider 3** grabs with **his** right hand the left shoulder of **rider 2**.

**Rider 4** grabs with **his** left hand the right shoulder of athlete 3.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



4191 a

**Chain circle**

All **riders** are riding around the 4-metre-circle in left-right position.

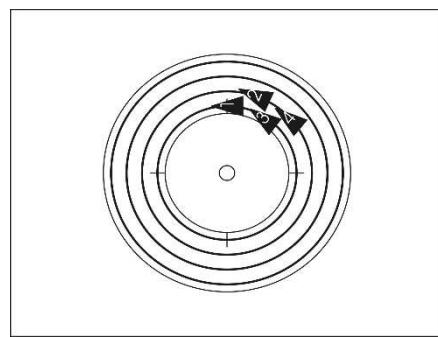
**Rider 1** grabs with both hands his own bicycle handlebar.

**Rider 2** grabs with his left hand the right shoulder of **rider 1**.

**Rider 3** grabs with his right hand the left shoulder of **rider 2**.

**Rider 4** grabs with his left hand the right shoulder of athlete 3.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



4191 b

**Chain circle raiser**

4192

All **riders** are riding around the 4-metre-circle in left-right position.

**Rider 1** grabs with his right hand the right hand of **rider 2**. **Rider 2** grabs with his left hand the left hand of **rider 3**. **Rider 3** grabs with his right hand the right hand of **rider 4**. The hands which are not connected have be stretched sideways.

The **figure chain raiser half circle** ends, when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

The **figure chain raiser circle** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

**Saddlegrip half circle**

All **riders** are riding around the 4-metre-circle shifted in steps to the back.

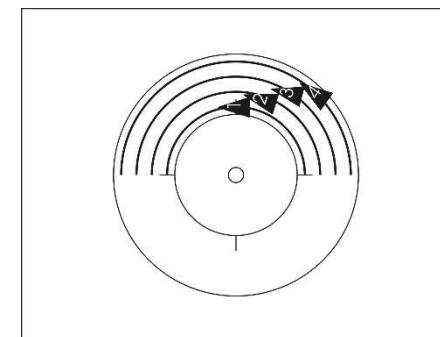
**Rider 1** grabs with both hands **his** own bicycle handlebar

**Rider 2** grabs with **his** left hand the saddle of **rider 1**.

**Rider 3** is **grabs** with **his** left hand the saddle of **rider 2**.

**Rider 4** is **grabs** with **his** left hand the saddle of **rider 3**.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



4196 a

**Saddlegrip Circle**

All **riders** are riding around the 4-metre-circle shifted in steps to the back.

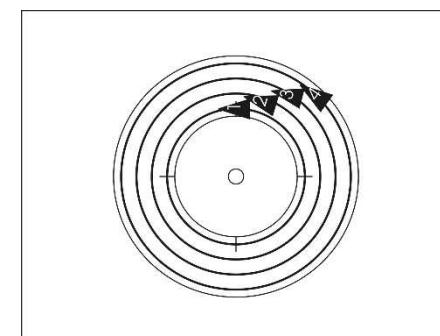
**Rider 1** grabs with both hands his own bicycle handlebar

**Rider 2** grabs with his left hand he saddle of **rider 1**.

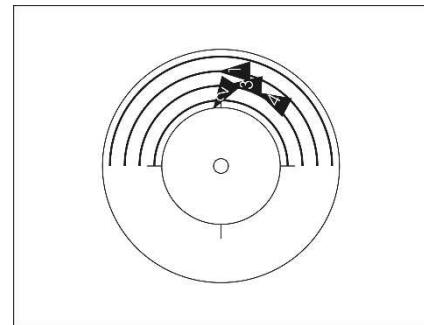
**Rider 3** is grabs with his left hand the saddle of **rider 2**.

**Rider 4** is grabs with his left hand the saddle of **rider 3**.

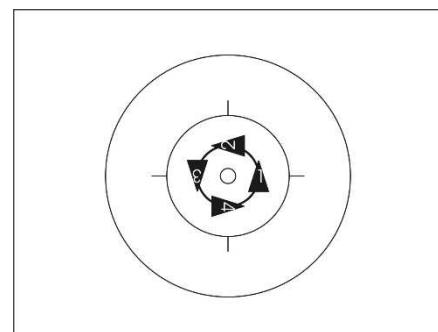
The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



4196 b

**Saddlegrip pass through****Startposition is saddlegrip.****Rider 1 and 2 are connected by their left hands.****Rider 2, 3, and 4 are still connected to each other by saddlegrip and will pass rider 1 at the inside.****In this way the riders execute a pass through.****The figure ends at the moment that all riders are performing a saddlegrip or a saddlegrip-ring.**

4197 a

**Saddlegrip****All riders are riding around the 4-metre-circle shifted in steps to the back.****Rider 1 is connected with both hands to his own bicycle handlebar Rider 2 grabs with his left hand the saddle of rider 1. Rider 3 grabs with his left hand the saddle of rider 2. Rider 4 grabs with his left hand the saddle of rider 3.****Saddlegrip-ring****All riders are riding behind each other around the centre of the riding-area.****The distances have to be identical. Rider 1 grabs with his left hand the saddle of rider 4. Rider 2 grabs with his left hand the saddle of rider 1. Rider 3 grabs with his left hand the saddle of rider 2. Rider 4 grabs with his left hand the saddle of rider 3.****Saddlegrip-ring****All riders are riding behind each other around the centre of the riding-area.****The distances have to be identical.****Rider 1 grabs with his left hand the saddle of rider 4.****Rider 2 grabs with his left hand the saddle of rider 1.****Rider 3 grabs with his left hand the saddle of rider 2.****Rider 4 grabs with his left hand the saddle of rider 3.**4198 a  
4199 a  
4199 b  
4199 c**The figure ends after the way of stretch of a complete circle around the centre of the riding-area.**

**Saddlegrip-ring 4 single rings right**

All **riders** are riding behind each other around the centre of the riding-area.

**The distances have to be identical.**

**Rider 1** grabs with his left hand the saddle of **rider 4**.

**Rider 2** grabs with his left hand the saddle of **rider 1**.

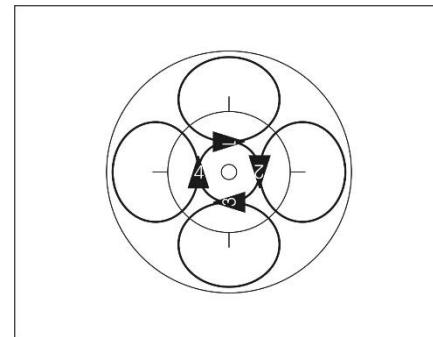
**Rider 3** grabs with his left hand the saddle of **rider 2**.

**Rider 4** grabs with his left hand the saddle of **rider 3**.

During the figure the grip connections have to be released simultaneously and in motion. Each **rider** performs simultaneously a same sized and uniform single ring right.

After the single rings the **riders** have to **close** the grip connection simultaneously and in motion. The saddlegrip-ring has to be performed 2 metres **before** and 2 metres **after** the single rings right.

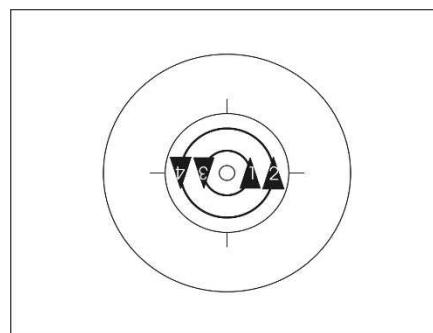
The **figure** ends after the **way of stretch** of a complete circle around the centre of the riding-area.



4198 b

**Single ring right (8.3.030)****2 connected Wingmill**

Two **riders** of each group are connected by grip-connection and are riding side by side. The distances between **rider 1 and 2** has to be identical to the distances between **rider 3 and 4**. Both groups are riding with the same distances between each other on the same axis, while riding around the centre of the riding-area. The inside riders of the groups are connected to each other by **their** left hands, above the centre of the riding-area.



4211 a  
4212 a  
4212 d  
4212 e  
4213 a  
4213 b  
4213 c  
4213 d  
4213 e  
4213 f  
4214 a  
4214 b  
4214 c

The **figure** ends after the **way of stretch** of a complete surrounding around the centre of the riding-area.

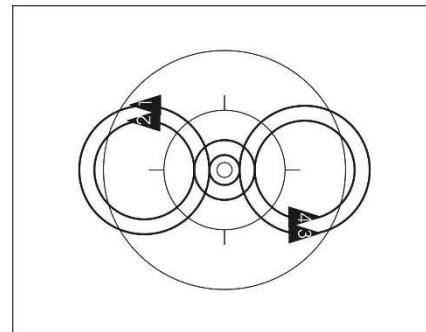
**2 connected wingmill half surrounding 2 connected single rings right**

Two riders of each group are connected by grip-connection and are riding side by side. The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4. Both groups are riding with same distances between each other on the same axis, while riding around the centre of the riding-area. The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area.

During the figure the grip connection between the inside riding riders has to be released. The two groups of riders perform a 2 connected single ring right simultaneously and uniform. After the single rings the riders have to close the grip connection simultaneously and in motion.

The half surrounding has to be performed 2 metres before of and 2 metres after the single rings.

The figure ends after the way of stretch of a half surrounding around the centre of the riding-area.



4211 b  
4212 b  
4214 e

**2 connected single ring right (8.3.034)**

**2 connected wingmill 2 connected single rings right**

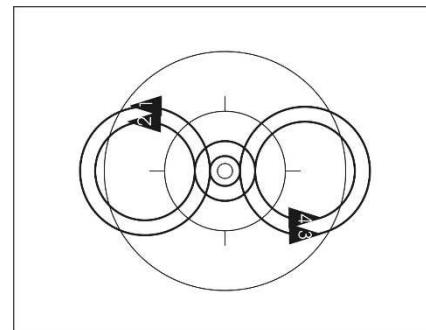
Two riders of each group are connected by grip-connection and are riding side by side. The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4. Both groups are riding with same distances between each other on the same axis, while riding around the centre of the riding-area. The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area.

During the figure the grip connection between the inside riding riders has to be released. The two groups of riders perform a 2 connected single ring right simultaneously and uniform.

After the single rings the riders have to close the grip connection simultaneously and in motion.

The surrounding has to be performed 2 metres before of and 2 metres after the single rings.

The figure ends after the way of stretch of a complete surrounding around the centre of the riding-area.

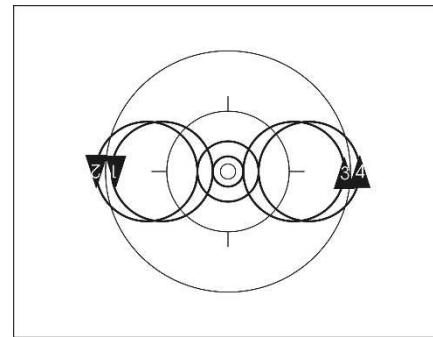


4211 c  
4212 c  
4214 f

**2 connected single ring right (8.3.034)**

**2 connected wingmill half surrounding 4 single rings right**

Two riders of each group are connected by grip connection and are riding side by side. The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4. Both groups are riding with same distances between each other on the same axis, while riding around the centre of the riding-area. The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area.



4211 d  
4214 g  
4214 h  
4214 i

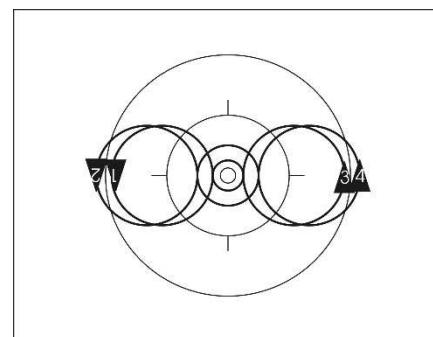
During the figure the grip connections have to be released simultaneously and in motion. Each rider performs a single ring right simultaneously and uniform. After the single rings the riders have to close the grip connection simultaneously and in motion.

The half surrounding has to be performed 2 metres before of and 2 metres after the single rings.

The figure ends after the way of stretch of a half surrounding around the centre of the riding-area.

**Single ring right (8.3.030)****2 connected wingmill 4 single rings right**

Two riders of each group are connected by grip connection and are riding side by side. The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4. Both groups are riding with same distances between each other on the same axis, while riding around the centre of the riding-area.



4211 e  
4214 j  
4214 k  
4214 l

The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area.

During the figure the grip connections have to be released simultaneously and in motion. Each rider performs a single ring right simultaneously and uniform. After the single rings the riders have to close the grip connection simultaneously and in motion.

The wingmill has to be performed 2 metres before of and 2 metres after the single rings.

The figure ends after the way of stretch of a complete surrounding around the centre of the riding-area.

**Single ring right (8.3.030)**

**2 connected wingmill mill with 2 single rings right**

Two riders of each group are connected by grip connection and are riding side by side. The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4. Both groups are riding with same distances between each other on the same axis, while riding around the centre of the riding-area. The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area.

During the figure the 2 outside riding riders have to release their grip connections simultaneously and in motion and perform a same sized and uniform single ring right. During the single rings right the 2 inside riding riders have to surround the centre of the riding-area at least once completely. After the single rings right the wingmill has to be closed simultaneously and in motion. The wingmill has to be performed 2 metres before of and 2 metres after the single rings.

The figure ends, after all grip connections are closed.

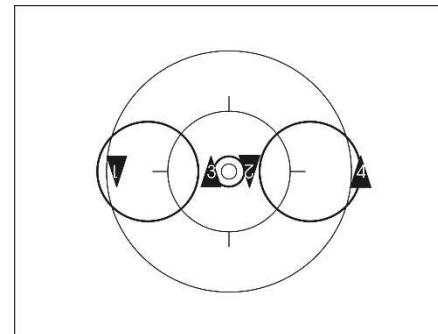
**Single ring right (8.3.030)**

**2 connected wingring**

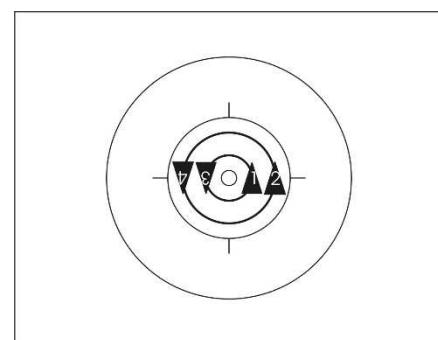
Two riders of each group are connected by grip-connection and are riding side by side. The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4. Both groups are riding with same distances between each other on the same axis, while riding around the centre of the riding-area. The inside riders of the groups are connected with their right hand to the left hand of their partner with hand-in-hand grip connection.

The figure begins, when all grip connections are closed.

The figure ends after the way of stretch of a complete surrounding around the centre of the riding-area.



4214 d



4223 a  
4223 b  
4224 a

**2 connected wingmill mill with 2 following each other circle**

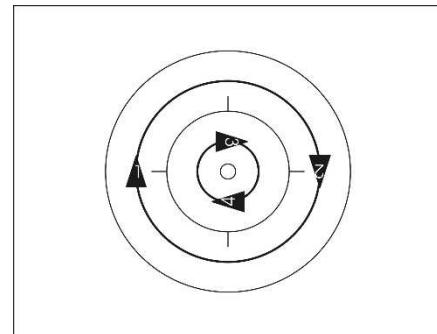
Two riders of each group are connected by grip connection and are riding side by side. The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4. Both groups are riding with same distances between each other on the same axis, while riding around the centre of the riding-area.

The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area.

During the figure the 2 outside riding riders have to release their grip connections simultaneously and in motion and ride with same distances between each other and at same distances to the 4-metre-circle, once completely around the 4-metre-circle. During the outside riders are riding around the 4-metre-circle the 2 inside riding riders have to surround the centre of the riding-area at least once completely.

After the circle is finished, the wingmill has to be closed simultaneously and in motion.

The figure ends, after all grip connections are closed.



4230 a  
4231 a  
4232 a  
4232 b  
4233 a

**2 connected wingring insidering with 2 following each other circle**

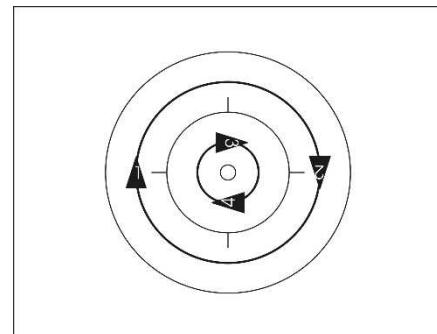
Two riders of each group are connected by grip connection and are riding side by side. The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4. Both groups are riding with same distances between each other on the same axis, while riding around the centre of the riding-area.

The inside riders of the groups are connected with their right hand to the left hand of their partner with hand-in-hand grip connection.

During the figure the 2 outside riding riders have to release their grip connections simultaneously and in motion and ride with same distances between each other and at same distances to the 4-metre-circle, once completely around the 4-metre-circle. The 2 inside riding riders have to surround in the meantime the centre of the riding-area at least once completely.

After the circle is finished, the wingring has to be closed simultaneously and in motion.

The figure ends, after all grip connections are closed.



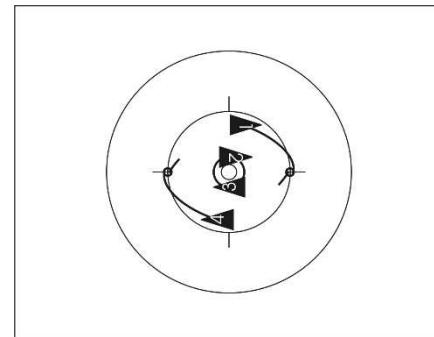
4232 c  
4232 d  
4233 b

**2 connected wingmill mill with 3 spinnings**

Two riders of each group are connected by grip connection and are riding side by side. The distance between rider 1 and 2 has to be identical to the distance between riders 3 and 4. Both groups are riding with same distances between each other on the same axis, while riding around the centre of the riding-area. The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area.

During the figure the 2 outside riding riders have to release their gripconnections simultaneously and in motion and perform 3 spinnings simultaneous one the same axis, which goes though the centre of the riding-area. After the spinnings the grip connections have to be closed simultaneously and in motion. The 2 inside riding riders have to surround in the meantime the centre of the riding-area at least once completely. The wingmill has to be performed 2 metres before and 2 metres after the spinnings.

The figure ends, after all grip connections are closed.

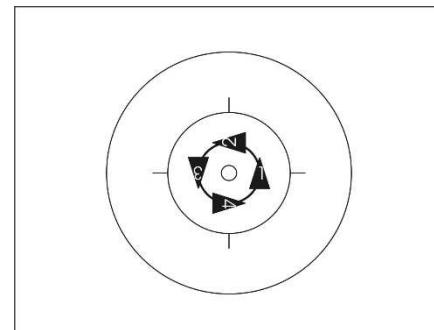


4233 c

**Spinnings (8.3.037)**

**Mill**

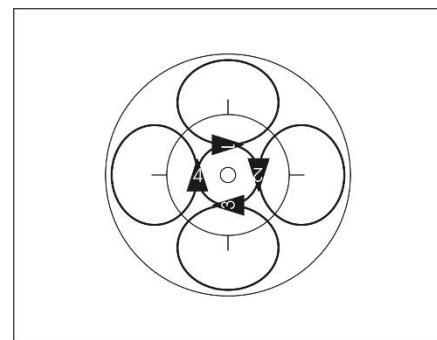
All riders are following each other with same distances to each other while riding around the centre of the riding-area. All riders have the same distance to the centre of the riding-area. During the figure all riders are connected with their left hands, above the centre of the riding-area. The figure has to be performed within the 4-metre-circle. The figure ends not before a complete surrounding around the centre of the riding-area is performed.



4241 a  
4242 a  
4242 b  
4242 c  
4243 a  
4243 b  
4243 c  
4243 d  
4243 e  
4243 f  
4244 a  
4244 b  
4244 c

**Mill 4 single rings right**

All riders are following each other **with** same distances to each other while riding around the centre of the riding-area. All riders have the same distance to the centre of the riding area. During the **figure** all riders are connected by **their left hands**, above the centre of the riding-area. **The figure has to be performed within the 4-metre-circle.**



4241 b  
4244 d  
4244 e

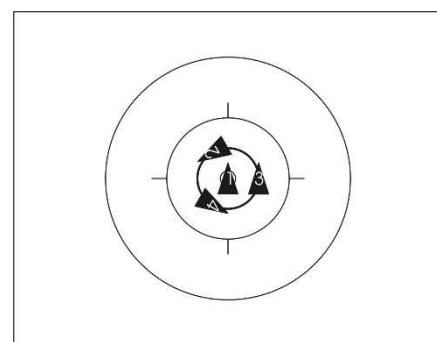
During the figure the grip connections have to be released simultaneously and in motion. Each **rider** performs simultaneously a same sized and uniform single ring right. After the single rings the **riders** have to **close** the grip connection simultaneously and in motion.

The mill has to be performed 2 metres **before** of and 2 metres **after** the single ring right.

The **figure** ends not before a complete surrounding around the centre of the riding-area is performed.

**Single ring right (8.3.030)****Insidering around 1**

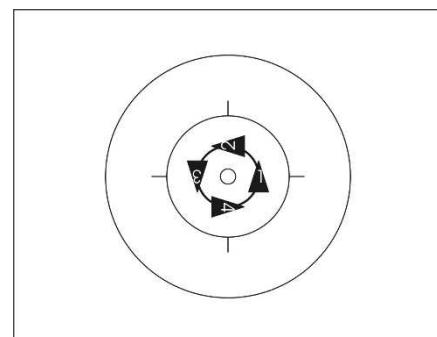
Three riders are riding with same distances between each other around the centre of the riding-area. **Each of the three riders grabs** with his right hand the left hand of the **rider** in front of **him**. The fourth **rider** is connected (kind of connection is free) to only one of the **three riders** and turns around his own longitudinal axis without pedaling. The **figure** ends after executing the **way of stretch** of a complete circle around the centre of the riding-area. **The figure has to be performed within the 4-metre-circle.**



4251 a  
4251 b  
4251 c  
4251 d  
4251 e  
4252 a  
4252 b  
4252 c

**Insidering**

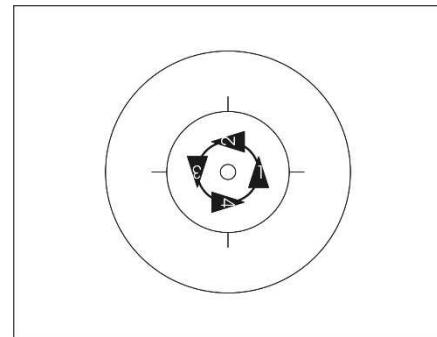
All riders are riding at the same distance, following each other, around the centre of the riding-area. Each **rider grabs** with the right hand the left hand of the **rider in front of him**. **The figure has to be performed within the 4-metre-circle.** The **figure** ends after executing the **way of stretch** of a complete circle around the centre of the riding-area.



4258 a  
4258 b  
4258 c  
4258 d  
4258 e  
4259 a  
4259 b  
4259 c

**Ring with opposite grips**

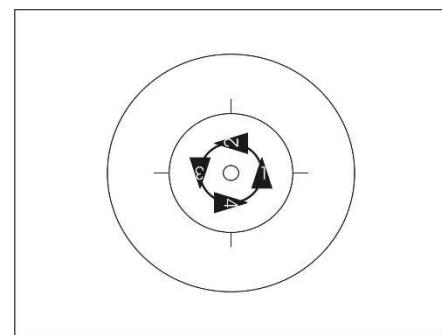
All riders are riding at the same distance, following each other, around the centre of the riding-area. Rider 1 and rider 3 grab with their left hands into the left hands of the riders in front of them. Rider 2 and rider 4 grab with their right hands into the right hands of the riders in front of them. The figure ends after executing the way of stretch of a complete circle around the centre of the riding-area.



4267 a  
4268 a

**Ring with opposite grips HS followed by insidering HS**

Starting position is the ring with opposite grips. After performing the way of stretch of a half circle all riders have to release and to close simultaneously and in motion their grip connection into the position inside ring. The figure ends after the way of stretch of a half circle in the position inside ring.



4267 b  
4268 b

**Ring with opposite grips**

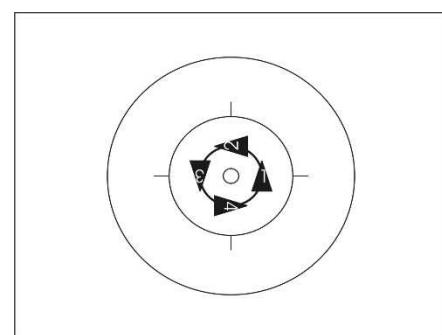
All riders are riding with same distance, following each other, around the centre of the riding-area. Rider 1 and rider 3 grab with their left hands the left hand of the riders in front of them. Rider 2 and rider 4 grab with their right hands the right hand of the riders in front of them. The figure has to be performed within the 4-metre-circle.

**Insidering**

All riders are riding with same distance, following each other, around the centre of the riding-area. Each rider grabs with the right hand the left hand of the rider which is riding in front of him. The figure has to be performed within the 4-metre-circle.

**Outsidering**

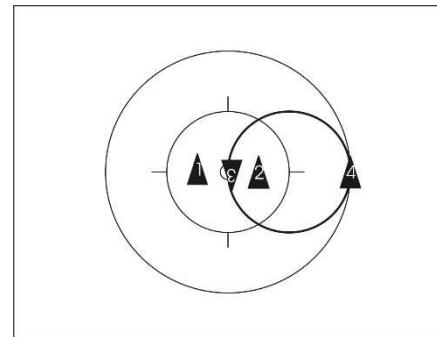
All riders are riding with same distance, following each other, around the centre of the riding-area. Each rider grabs with his left hand the right hand of the rider in front of him. The figure has to be performed within the 4-metre-circle. The figure ends after executing the way of stretch of a complete circle around the centre of the riding-area.



4272 a  
4272 b  
4272 c  
4272 d  
4272 e  
4273 a  
4273 b  
4273 c

**Half door**

Two riders are standing on the longitudinal or transverse axis of the riding-area. They are connected by hand-in-hand grip connection, above the middle of the riding-area. The other arms of the **connected** riders are stretched sideways, horizontally. **So they are building a door.** The other two riders are riding with same distances following each other through the door each once. One of the two riders which are building the door, will be surrounded.

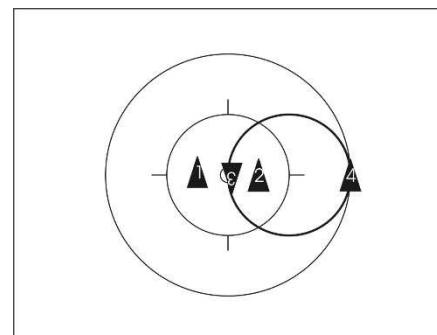


4280 a  
4281 a  
4282 a  
4282 c  
4283 a

The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.

**Door**

Two riders are standing on the longitudinal or transverse axis of the riding-area. They are connected by hand-in-hand grip connection, above the middle of the riding-area. The other arms of the **connected** riders are stretched sideways, horizontally. **So they are building a door.** The other two riders are riding at same distances following each other through the door each twice. One of the two riders which are building the door, will be surrounded.

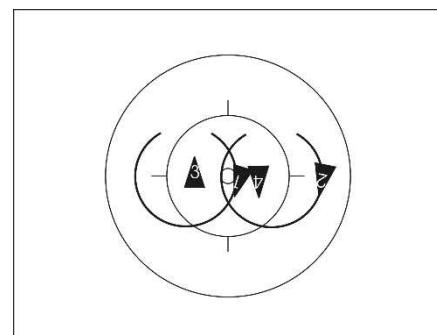


4280 b  
4281 b  
4282 b  
4282 d  
4283 b

The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.

**Half opposite direction door**

Two riders are standing on the longitudinal or transverse axis of the riding-area. They are connected by hand-in-hand grip connection, which is situated above the middle of the riding-area. The other arms of the connected riders are stretched sideways, horizontally. So they are building a door.



4280 c  
4281 c  
4285 a  
4285 c  
4286 a

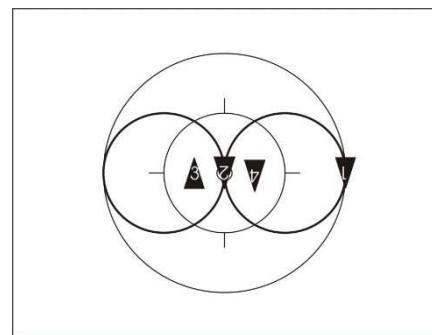
The other two riders are riding on the same, imaginary axis which runs parallel to the short or long side of the riding-area. Each of these riders will ride through the door once. One of the two riders which are building the door, will be surrounded.

The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.

**Opposite direction door**

Two riders are standing on the longitudinal or transverse axis of the riding-area. They are connected by hand-in-hand grip connection, above the middle of the riding-area. The other arms of the connected riders are stretched sideways, horizontally. So they are building a door. The other two riders are riding on the same, imaginary, axis which runs parallel to the short or long side of the riding-area. Each of these riders will have to ride through the door twice. One of the two riders which are building the door, will be surrounded.

The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.

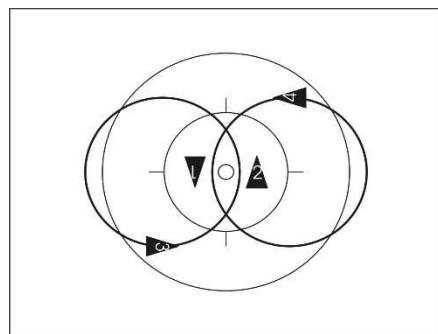


**4280 d  
4281 d  
4285 b  
4285 d  
4286 b**

**Opposite direction door****simultaneously**

Two riders are standing on the longitudinal or transverse axis of the riding-area. They are connected by hand-in-hand grip connection, which is located above the middle of the riding-area. The other arms of the connected riders are stretched sideways, horizontally. So they are building a door. The other two riders will ride each twice, simultaneous, through the door, while surrounding one of the riders building a door.

The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.



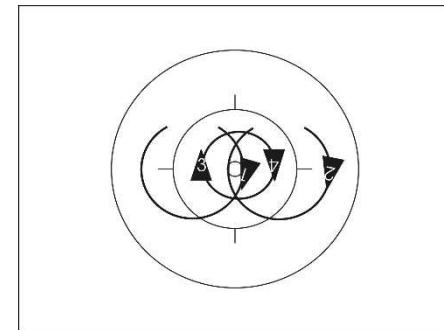
**4280 e  
4281 e  
4284 a  
4287 a  
4287 b**

**Mill with half opposite direction door**

Two riders are connected with their left hands and are performing a mill at the middle of the riding-area. Their right arms are stretched sideways, horizontally.

The two other riders are riding each once through the door the mill is building. The two riders are shifted a half way of their stretch each on one half of the riding-area. The riding-area will be divided of the longitudinal and transverse axis. For the door passing the own half of the riding-area may be left.

The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The mill has to ride at least until the riders which were passing the door, have finished their total way of stretch.



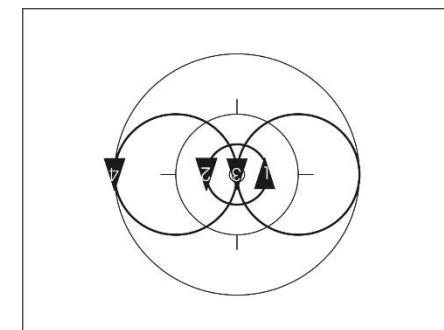
4288 a

**Mill with opposite direction door**

Two riders are connected with their left hands and are performing a mill at the middle of the riding-area. Their right arms are stretched sideways, horizontally.

The two other riders are riding each twice through the door the mill is building. The two riders are shifted a half way of their stretch each on one half of the riding-area. The riding-area will be divided of the longitudinal and transverse axis. For the door passing the own half of the riding-area may be left.

The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The mill has to ride at least until the riders which were passing the door, have finished their total way of stretch.



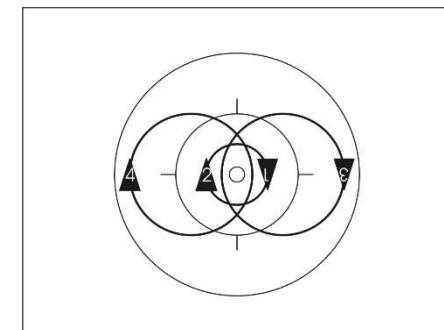
4288 b

**Mill with opposite direction door simultaneously**

Two riders are connected with their left hands and are performing a mill at the middle of the riding-area. Their right arms are stretched sideways, horizontally.

The two other riders will pass, each twice, simultaneously the door. Each of the passing riders is performing a circle with same size and same speed.

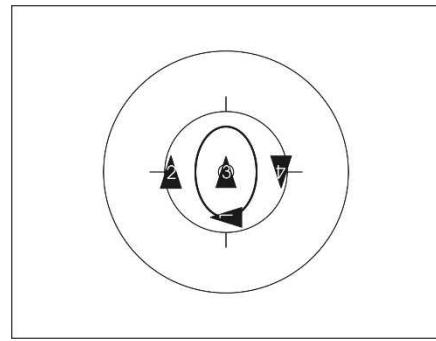
The way of stretch for the passing riders starts 2 metres before the first rider is passing the door and ends 2 metres after the last rider has passed the door. The mill has to ride until the mentioned way of stretch of the passing riders is completed.



4284 b

**Double door**

Three riders are standing on the longitudinal or transverse axis of the riding-area and are connected by hand-in-hand grip connection performing a double door. The central rider is standing in the middle of the riding-area. The not connected arms of the riders building a double door, are stretched sideways, horizontally.

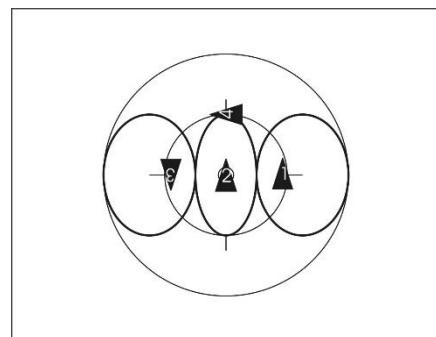


4291 a  
4292 a  
4293 a

The distance between rider 2 and 3 and the distance between rider 3 and 4 has to be identical. Rider 1 has to ride through each of the two doors twice, The way of stretch for the passing rider 4 starts 2 metres before the first passing and ends 2 metres after the last passing of the door. The double door has to stand still until the mentioned way of stretch of the passing rider is completed.

**Snake double door**

Three riders are standing on the longitudinal or transverse axis of the riding-area and are connected by hand-in-hand grip connection building a double door. The central rider is standing at the middle of the riding-area. The not connected arms of the standing riders are stretched sideways, horizontally. The distance between the standing riders has to be identical. Rider 4 is required to pass alternately each of the two doors twice, changing the riding-direction after each pass through. The way of stretch for the passing rider 4 starts latest 2 metres before the first passing and ends earliest 2 metres after the last passing of the door. The riders which are performing the door have to stand still at least the passing rider has reached his starting position again.



4292 b  
4294 a

**Turbine snake double door opposite direction**

4294b

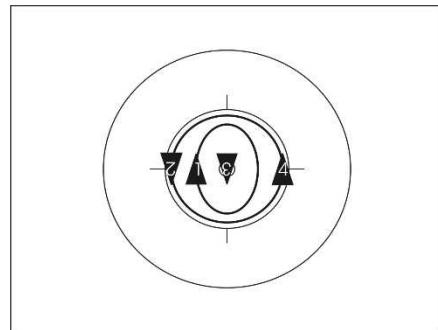
Three riders are next to each other on a straight line and are connected by hand-in-hand grip-connection. The not connected arms of these riders are stretched sideways, horizontally. The position of the central rider is the middle of the riding-area and he is standing on this spot without pedalling. The two outside riders are riding forward, around the central rider and will turn the rider on the spot (middle of the riding-area); performing a turbine.

Rider 4 is required to pass in opposite direction the both moving spaces, who are performing a turbine. He has to pass each of the two doors twice backward, changing the riding-direction after each pass through.

The way of stretch for the passing rider 4 starts latest 2 metres before the first passing and ends earliest 2 metres after the last passing of the door. The turbine is riding at least the passing rider has reached his starting position again.

**Turbine double door**

Three riders are next to each other on a straight line and are connected by hand-in-hand grip connection. The **not connected** arms of these riders are stretched sideways, horizontally. The **position of the central rider** is the middle of the riding-area and **he** is standing on this spot without pedalling. The two outside riders are riding forward, around the central rider and will turn the rider on the spot (middle of the riding-area); performing a turbine. Rider 4 is **required** to ride backwards, twice through each door, **riding** around the central rider. **The way of stretch for the passing rider 4 starts 2 metres before the first passing and ends 2 metres after the last passing of the door.** The riders which are performing the turbine **have to ride until the passing rider has completed the mentioned way of stretch.**

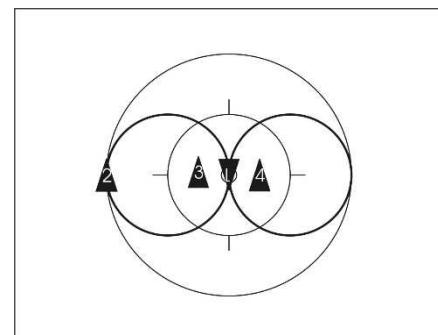


4293 b

**Counter single ring door**

Two riders are standing on the **longitudinal or transverse axis** of the riding-area. They are connected by hand-in-hand grip above the middle of the riding-area. **The not connected arms** are stretched sideways, horizontally. **So the riders are building a door.**

The two other riders will pass the door twice **with** same distances following each other performing a counter single ring same size and uniform. **The way of stretch for the passing riders starts latest 2 metres before the first rider is passing the door and ends earliest 2 metres after the last rider has passed the door.** The riders which are performing the door have to stand still at least the passing riders have reached their starting position again.

4296 a  
4297 a**Counter single ring (8.3.032)**

**Opposite direction door Counter single rings simultaneous**

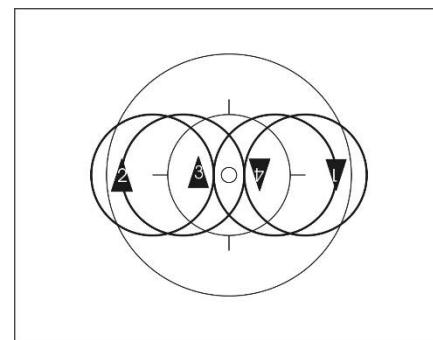
Two riders are standing on the longitudinal or transverse axis of the riding-area. They are connected by hand-in-hand grip above the middle of the riding-area. The not connected arms are stretched, sideways, horizontally. So the riders are building a door.

The two other riders will pass, each twice, simultaneously the door. Each of the passing riders is performing a counter single ring same size and uniform.

The passing riders will start their way of stretch while riding in the same direction each on the other half of the riding-area. The riding-area will be divided of the longitudinal and transverse axis.

The way of stretch for the passing riders starts latest 2 metres before the first rider is passing the door and ends earliest 2 metres after the last rider has passed the door.

The riders which are performing the door have to stand still at least the passing riders have reached their starting position again.



4281 f  
4298 a

**Counter single ring (8.3.032)**

**Mill with opposite direction door counter single ring simultaneous**

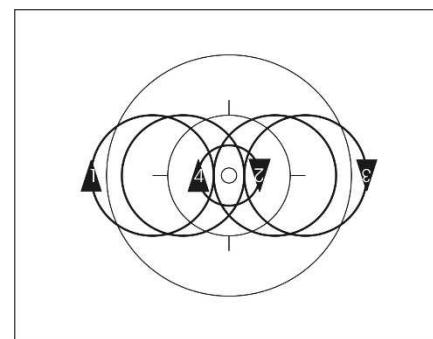
Two riders are connected with their left hands and are performing a mill on middle of the riding-area. Their right arms are stretched sideways, horizontally.

The two other riders will pass, each twice, simultaneously the door. Each of the passing riders is performing a counter single ring same size and uniform.

The passing riders will start their way of stretch while riding in the same direction each on the other half of the riding-area. The riding-area will be divided of the longitudinal and transverse axis.

The way of stretch for the passing riders starts latest 2 metres before the first rider is passing the door and ends earliest 2 metres after the last rider has passed the door.

The mill has to ride at least the passing riders have reached their starting position again.

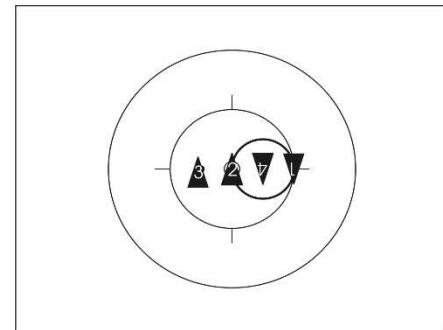


4298 b

**Counter single ring (8.3.032)**

**Half door ring**

Two **riders** are standing on the longitudinal or transverse axis. They are connected to each other **with their left hands** through a hand-in-hand grip connection above the middle of the riding-area. The **not connected arms of the riders** are stretched sideways, horizontally. So the riders are building a door.



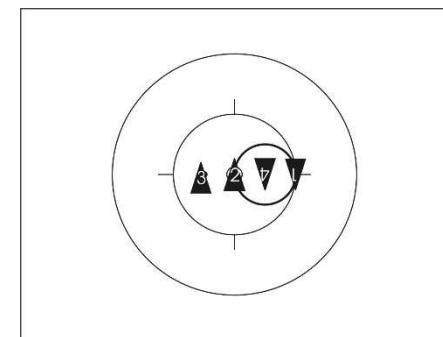
4307 a

The two other **riders** are riding at equal distances following each other **each once** through the door. Each of the two **riders** is **connected** with his right hand to the left hand of the the other rider.

The **riders which** are performing the door **have to stand still until the passing** **riders have completed the mentioned way of stretch.**

**Door ring**

Two **riders** are standing on the longitudinal or transverse axis. They are connected to each other **with their left hands** through a hand-in-hand grip connection above the middle of the riding-area. The **not connected arms of the riders** are stretched sideways, horizontally. So the riders are building a door.



4307 b

The two other **riders** are riding at equal distances following each other each once through the door. Each of the two **riders** is connected with his right hand to the left hand of the the other rider.

The **riders which** are performing the door **have to stand still until the passing** **riders have completed the mentioned way of stretch.**

**Door ring opposite direction**

4307 c

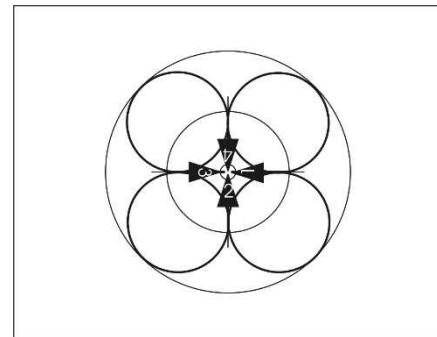
Two **riders** are standing within the 4-metre-circle. They are connected to each other with their left hands. So the **riders** are building a door. The **inside rider** is standing on the middle of the riding-area, without pedalling, on a spot, while the partner is riding forward a complete circle around the **inside rider**. The **not connected arms of the riders** are stretched sideways, horizontally.

The two other **riders** are riding at equal distances following each other each once backward through the door. Each of the two **riders** is connected with his right hand to the left hand of the the other rider. So they are building a ring.

The figure ends after a complete surrounding of the door riding **riders** and after each ring riding **rider** at least passed the door twice.

**Star inside 4 single rings**

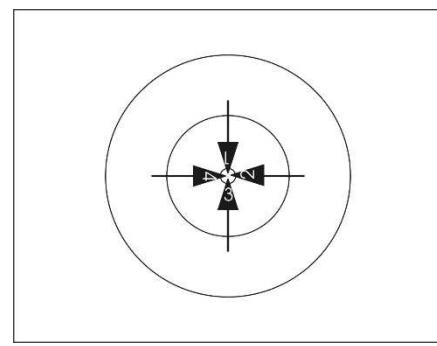
All riders are following each other, with the same distances between each other, around the 4-metre-circle. During the **figure** all riders perform a **single ring left simultaneously and uniform**. After finishing the single rings all riders will ride to the middle of the riding-area and perform all, simultaneously, a star by hand-in-hand grip connection. The bikes head tubes have to point to the middle of the riding-area. Each rider has to connect a hand-in-hand grip connection with two other riders.



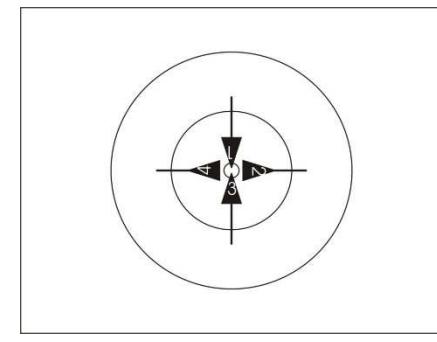
4316 b

**Single ring left (8.3.029)****Star inside**

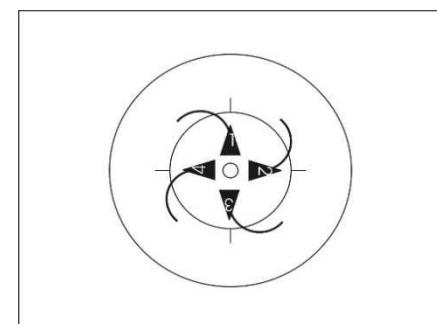
All riders are standing, on the same distances between each other, without moving, around the middle of the riding-area. All are connected to each other by hand-in-hand grip-connection. The bikes head tubes have to point to the middle of the riding-area.


 4316 a  
 4317 a  
 4317 b  
 4317 c
**Star opposite direction**

All riders are standing, at the same distances between each other, without moving, around the middle of the riding-area. All are connected to each other by hand-in-hand grip connection. The bikes head tubes of rider 1 and 3, and the rear wheels of rider 2 and 4 have to point to the middle of the riding-area.

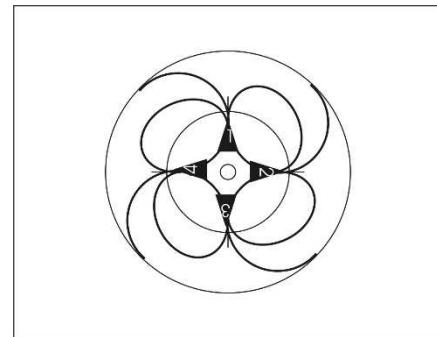

 4327 a  
 4327 b  
 4327 c
**Star outside**

All riders are standing, at the same distances between each other, without moving, around the middle of the riding-area. All are connected to each other by hand-in-hand grip connection. The bikes rear wheels have to point to the middle of the riding-area.


 4326 a  
 4326 b  
 4328 a  
 4328 b

**Star outside 4 single rings left**

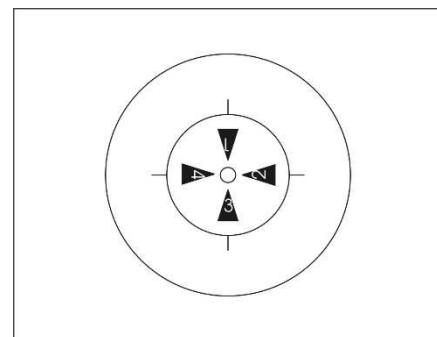
All riders are following each other, with same distances between each other, around the 4-metre-circle. During the **figure** all riders perform a **single ring left simultaneously and uniform**. After finishing the single rings all riders will ride to the middle of the riding-area and perform all, simultaneously, a star by hand-in-hand grip connection. The bikes rear wheels have to point to the middle of the riding-area.



**4326 c**  
**4328 c**

**Single ring left (8.3.029)****Star inside ½ turn on the spot**

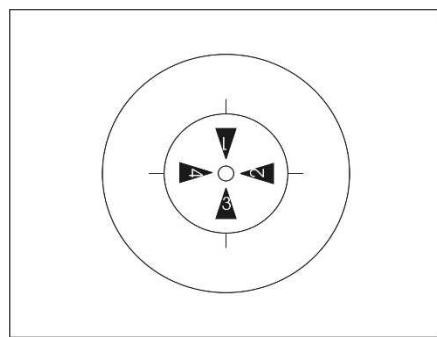
Starting position is the **star inside**. From the position star inside all riders disconnect the grip connection and perform a half turn on the spot. After the turn all the riders connect with a grip connection to the end position **star outside**. The figure ends in the **star outside**.



**4331 a**

**Star inside (8.3.038)****½ turn on the spot (8.3.040)****Star outside 8.3.039)****Star inside 1 turn on the spot**

Starting position is the **star inside**. From the position star inside all riders disconnect the grip connection and perform one turn on the spot. After the turn all the riders connect with a grip connection to the end position **star inside**. The figure ends in the **star inside**.



**4331 b**

**Star inside (8.3.038)****1 turn on the spot (8.3.041)**

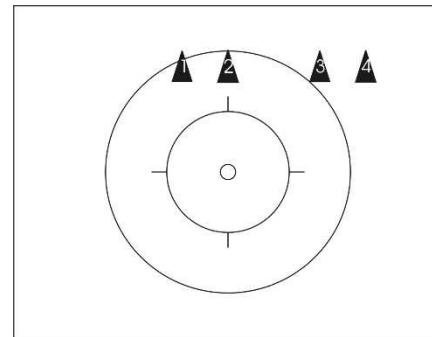
**2 connected raiser turn on the spot  
(T)**

From a half turn on the tactical enlargement of the turn(s) on the spot is possible up to four half turns in maximum.

2 groups of each 2 riders. The riders of each group are connected by hand-in-hand grip connection. All riders are standing on an axis on the riding-area.

The distance between rider 1 and 2 has to be identical as the distance between riders 3 and 4.

During the figure the grip connections will be released simultaneously and all riders will perform, simultaneously, without pedalling, turn(s) on the spot. After the turns on the spot all riders connect simultaneously by hand-in-hand grip connection. When the grip connection are closed all riders have to stand still, without moving the bikes or their selves.



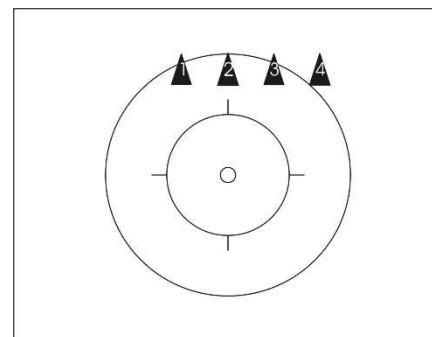
4341 a  
4341 b  
4341 c  
4341 d

**4 connected raiser turn on the spot  
(T)**

From a half turn on the tactical enlargement of the turn(s) on the spot is possible up to four half turns in maximum.

All riders are connected to each other by hand-in-hand grip connection and are standing on axis on the riding-area. The distance between rider 1 and 2 has to be identical to the riders 2 and 3. But also between riders 3 and 4.

During the figure the grip connections will be released simultaneously and all riders will perform, simultaneously, without pedalling, turn(s) on the spot. After the turns on the spot all riders will connect simultaneously by hand-in-hand grip connection. When the grip connection are closed all riders have to stand still, without moving the bikes or their selves



4341 e  
4342 a  
4342 b  
4342 c  
4342 d

*(text modified on 01.01.16)*

## Chapter X TABLE OF FIGURES ARTISTIC CYCLING TEAM 6

### 8.10.001 Artistic Cycling Team 6

The values after "T" can be reached by tactical extension of the belonging figure.

Figure No. / Name of figure	Point value
6001 a 6 f.e.o. HC.	0,4
6001 b 6 f.e.o. C.	0,6
6001 c 6 f.e.o. HC. 6 s.r.l.	1,0
6001 d 6 f.e.o. C. 6 s.r.l.	1,2
6001 e 6 f.e.o. HC. 3 s.r.l. 3 s.r.r.	1,0
6001 f 6 f.e.o. C. 3 s.r.l. 3 s.r.r.	1,2
6001 g 6 f.e.o. HC. 6 s.r.r.	0,9
6001 h 6 f.e.o. C. 6 s.r.r.	1,1
6002 a 6 f.e.o. HC bw.	1,8
6002 b 6 f.e.o. C. bw.	2,0
6002 c 6 f.e.o. HC. 6 s.r.l. bw.	3,0
6002 d 6 f.e.o. C. 6 s.r.l. bw.	3,2
6003 a 6 f.e.o. HC. raiser	2,3
6003 b 6 f.e.o. C. raiser	2,6
6003 c 6 f.e.o. HC. raiser frh.	2,6
6003 d 6 f.e.o. C. raiser frh.	2,9
6003 e 6 f.e.o. HC. 6 s.r.l. raiser	3,8
6003 f 6 f.e.o. C. 6 s.r.l. raiser	4,1
6003 g 6 f.e.o. HC. 6 s.r.l. raiser frh.	4,1
6003 h 6 f.e.o. C. 6 s.r.l. raiser frh.	4,4
6004 a 6 f.e.o. HC. raiser bw. frh.	5,3
6004 b 6 f.e.o. C. raiser bw. frh.	5,9
6004 c 6 f.e.o. HC. 6 s.r.l. raiser bw. frh.	6,9
6004 d 6 f.e.o. C. 6 s.r.l. raiser bw. frh.	7,5
6006 a 6 f.e.o. diagonal pull	0,9
6006 b 6 f.e.o. diagonal pull 3 s.r.l. 3 s.r.r.	1,5
6007 a 6 f.e.o. S	1,1
6007 b 6 f.e.o. 8	1,5
6007 c 6 f.e.o. 8 through	2,5
6008 a 6 f.e.o. S bw.	3,2
6008 b 6 f.e.o. 8 bw.	3,9
6008 c 6 f.e.o. 8 through bw.	5,2
6010 a 6 f.e.o. S raiser bw. frh.	7,6
6010 b 6 f.e.o. 8 raiser bw. frh.	8,3
6010 c 6 f.e.o. 8 through raiser bw. frh.	10,4
6011 a 6 f.e.o. longline	0,9
6011 b 6 f.e.o. longline 3 s.r.l. 3 s.r.r.	1,5

Figure No. / Name of figure	Point value
6012 a 3 f.e.o. longline opp. dir.	0,9
6012 b 3 f.e.o. longline opp. dir. three mills	1,5
6013 a 3 n.e.o. longline opp. dir.	0,9
6013 b 3 n.e.o. longline opp. dir. 6 s.r.l.	1,4
6013 c 3 n.e.o. longline opp. dir. through	1,0
6013 d 3 n.e.o. longline opp. dir. through 6 s.r.l.	1,6
6013 e 3 n.e.o. longline opp. dir. through three mills	1,8
6014 a 3 f.e.o. diagonal pull opp. dir.	0,9
6014 b 3 f.e.o. diagonal pull opp. dir. three mills	1,5
6017 a 6 n.e.o. shortline	0,8
6017 b 6 n.e.o. shortline 6 s.r.l.	1,6
6018 a 6 n.e.o. shortline bw.	2,0
6018 b 6 n.e.o. shortline 6 s.r.l. bw.	3,5
6019 a 6 n.e.o. shortline raiser	2,4
6019 b 6 n.e.o. shortline raiser frh.	2,7
6019 c 6 n.e.o. shortline 6 s.r.l. raiser	4,2
6019 d 6 n.e.o. shortline 6 s.r.l. raiser frh.	4,5
6026 a 3 f.e.o. double circle	0,7
6026 b 3 f.e.o. double circle 6 s.r.l.	1,3
6027 a 3 f.e.o. double circle bw.	1,9
6027 b 3 f.e.o. double circle 6 s.r.l. bw.	2,9
6028 a 3 f.e.o. double circle raiser	2,5
6028 b 3 f.e.o. double circle raiser frh.	3,0
6028 c 3 f.e.o. double circle 6 s.r.l. raiser	3,9
6028 d 3 f.e.o. double circle 6 s.r.l. raiser frh.	4,3
6029 a 3 f.e.o. double circle raiser bw. frh.	6,2
6029 b 3 f.e.o. double circle 6 s.r.l. raiser bw. frh.	7,0
6039 a 3 n.e.o. shortline opp. dir.	0,9
6039 b 3 n.e.o. shortline opp. dir. 6 s.r.l.	1,4
6039 c 3 n.e.o. shortline opp. dir. through	1,0
6039 d 3 n.e.o. shortline opp. dir. through 6 s.r.l.	1,6
6039 e 3 n.e.o. shortline opp. dir. through three mills	1,8
6039 f 3 n.e.o. half shortline opp. dir. count. s.r.	1,3
6039 g 3 n.e.o. shortline opp. dir. count. s.r.	1,7
6040 a 3 n.e.o. shortline opp. dir. bw.	2,2
6040 b 3 n.e.o. shortline opp. dir. through bw.	2,4
6040 c 3 n.e.o. half shortline opp. dir. count. s.r. bw.	3,0
6040 d 3 n.e.o. shortline opp. dir. count. s.r. bw.	3,5
6041 a 3 n.e.o. shortline opp. dir. raiser	2,7
6041 b 3 n.e.o. shortline opp. dir. raiser frh.	3,2
6041 c 3 n.e.o. shortline opp. dir. through raiser	2,8

Figure No. / Name of figure	Point value
6041 d 3 n.e.o. shortline opp. dir. through raiser frh.	3,3
6042 a 3 n.e.o. half shortline opp. dir. count. s.r. raiser bw. frh.	9,4
6042 b 3 n.e.o. shortline opp. dir. count. s.r. raiser bw. frh.	10,5
6052 a 2 f.e.o. shortline	0,9
6052 b 2 f.e.o. shortline 6 s.r.l.	1,4
6053 a 2 f.e.o. shortline bw.	2,8
6053 b 2 f.e.o. shortline 6 s.r.l. bw.	3,6
6061 a Triple C.	1,8
6062 a Triple C. bw.	3,6
6063 a Triple C. raiser	3,4
6063 b Triple C. raiser frh.	3,9
6064 a Triple C. raiser bw. frh.	6,0
6081 a 2 con. HC.	0,7
6081 b 2 con. C.	0,9
6081 c 2 con. HC. 2 con. s.r.l.	1,4
6081 d 2 con. C. 2 con. s.r.l.	1,6
6081 e 2 con. HC. 6 s.r.l.	2,6
6081 f 2 con. C. 6 s.r.l.	2,8
6082 a 2 con. HC. bw.	1,2
6082 b 2 con. C. bw.	1,4
6082 c 2 con. HC. 2con. s.r.l. bw.	1,9
6082 d 2 con. C. 2con. s.r.l. bw.	2,1
6082 e 2 con. HC. 6 s.r.l. bw.	3,1
6082 f 2 con. C. 6 s.r.l. bw.	3,3
6083 a 2 con. HC. raiser	1,6
6083 b 2 con. C. raiser	1,8
6083 c 2 con. HC. raiser frh.	1,8
6083 d 2 con. C. raiser frh.	2,1
6083 e 2 con. HC. 2 con. s.r.l. raiser	2,5
6083 f 2 con. C. 2 con. s.r.l. raiser	2,8
6083 g 2 con. HC. 2 con. s.r.l. raiser frh.	2,6
6083 h 2 con. C. 2 con. s.r.l. raiser frh.	3,0
6083 i 2 con. HC. 6 s.r.l. raiser	4,1
6083 j 2 con. C. 6 s.r.l. raiser	4,4
6083 k 2 con. HC. 6 s.r.l. raiser frh.	4,5
6083 l 2 con. C. 6 s.r.l. raiser frh.	4,8
6084 a 2 con. HC. raiser bw. frh.	2,3
6084 b 2 con. C. raiser bw. frh.	2,7
6084 c 2 con. HC. 2con. s.r.l. raiser bw. frh.	3,1
6084 d 2 con. C. 2con. s.r.l. raiser bw. frh.	3,4
6084 e 2 con. HC. 6 s.r.l. raiser bw. frh.	6,1
6084 f 2 con. C. 6 s.r.l. raiser bw. frh.	6,5

Figure No. / Name of figure		Point value
6092	a 2 con. f.e.o. longline raiser bw. frh.	2,6
6092	b 2 con. f.e.o. longline 3 s.r.l. 3 s.r.r. raiser bw. frh.	8,0
6096	a 2 con. shortline	0,8
6096	b 2 con. shortline 2 con. s.r.l.	1,3
6096	c 2 con. shortline 2 con. s.r.r.	1,5
6096	d 2 con. shortline 6 s.r.l.	1,9
6097	a 2 con. shortline bw.	1,6
6097	b 2 con. shortline 2 con. s.r.l. bw.	2,4
6097	c 2 con. shortline 6 s.r.l. bw	3,1
6098	a 2 con. shortline raiser	1,8
6098	b 2 con. shortline raiser frh.	2,1
6098	c 2 con. shortline 2 con. s.r.l. raiser	2,7
6098	d 2 con. shortline 2 con. s.r.l. raiser frh.	2,8
6098	e 2 con. shortline 6 s.r.l. raiser	4,5
6098	f 2 con. shortline 6 s.r.l. raiser frh.	4,8
6099	a 2 con. shortline raiser bw. frh.	2,3
6099	b 2 con. shortline 2 con. s.r.l. raiser bw. frh.	3,3
6099	c 2 con. shortline 6 s.r.l. raiser bw. frh.	6,6
6106	a 2 con. half <b>shortline</b> count. s.r.	1,1
6106	b 2 con. <b>shortline</b> count. s.r.	1,7
6107	a 2 con. half <b>shortline</b> count. s.r. bw.	2,0
6107	b 2 con. <b>shortline</b> count. s.r. bw.	2,6
6108	a 2 con. half <b>shortline</b> count. s.r. raiser	2,8
6108	b 2 con. <b>shortline</b> count. s.r. raiser	3,4
6108	c 2 con. half <b>shortline</b> count. s.r. raiser frh.	3,0
6108	d 2 con. <b>shortline</b> count. s.r. raiser frh.	3,6
6109	a 2 con. half <b>shortline</b> count. s.r. raiser bw. frh.	3,7
6109	b 2 con. <b>shortline</b> count. s.r. raiser bw. frh.	4,0
6121	a Three mills	1,2
6122	a Three mills bw.	1,5
6122	b Three mills bw. inside indiv.	2,6
6122	c Three mills bw. <b>in- a. outside</b> indiv.	2,9
6123	a Three mills raiser	2,3
6123	b Three mills raiser frh.	2,5
6123	c Three mills raiser frh. inside indiv.	3,7
6123	d Three mills raiser inside indiv. frh.	4,0
6123	e Three mills raiser frh. <b>in- a. outside</b> indiv.	3,9
6123	f Three mills raiser <b>in- a. outside</b> indiv. frh.	4,2
6124	a Three mills raiser bw. frh.	3,1
6124	b Three mills raiser bw. inside indiv. frh.	5,7

Figure No. / Name of figure	Point value
6124 c Three mills raiser bw. in- a. outside indiv. frh.	6,0
6133 a Three insiderings raiser	2,5
6133 b Three insiderings raiser inside indiv.	3,8
6133 c Three insiderings raiser inside indiv. frh.	4,1
6133 d Three insiderings raiser in- a. outside indiv.	4,1
6133 e Three insiderings raiser in- a. outside indiv. frh.	4,4
6134 a Three insiderings raiser bw.	3,1
6134 b Three insiderings raiser bw. inside indiv. frh.	5,8
6134 c Three insiderings raiser bw. in- a. outside indiv. frh.	6,2
6151 a 3 con. HC.	0,9
6151 a 3 con. HC. raiser	1,9
6151 c 3 con. HC. 6 s.r.l.	1,9
6151 d 3 con. C. 6 s.r.l.	2,1
6152 a 3 con. HC. bw.	1,2
6152 b 3 con. C. bw.	1,4
6152 c 3 con. HC. 6 s.r.l. bw.	3,4
6152 d 3 con. C. 6 s.r.l. bw.	3,6
6153 a 3 con. HC. raiser	1,9
6153 b 3 con. C. raiser	2,2
6153 c 3 con. HC. raiser frh.	2,1
6153 d 3 con. C. raiser frh.	2,4
6153 e 3 con. HC. 6 s.r.l. raiser	4,2
6153 f 3 con. C. 6 s.r.l. raiser	4,5
6153 g 3 con. HC. 6 s.r.l. raiser frh.	4,7
6153 h 3 con. C. 6 s.r.l. raiser frh.	5,0
6154 a 3 con. HC. raiser bw. frh.	2,5
6154 b 3 con. C. raiser bw. frh.	3,0
6154 c 3 con. HC. 6 s.r.l. raiser bw. frh.	6,2
6154 d 3 con. C. 6 s.r.l. raiser bw. frh.	6,6
6165 a 3 con. shortline	0,8
6165 b 3 con. shortline 6 s.r.l.	2,0
6166 a 3 con. shortline bw.	1,7
6166 b 3 con. shortline 6 s.r.l. bw.	3,7
6167 a 3 con. shortline raiser	2,1
6167 b 3 con. shortline raiser frh.	2,3
6167 c 3 con. shortline 6 s.r.l. raiser	4,5
6167 d 3 con. shortline 6 s.r.l. raiser frh.	4,7
6168 a 3 con. shortline raiser bw. frh.	2,9
6168 b 3 con. shortline 6 s.r.l. raiser bw. frh.	6,4
6170 a 3 con. shortline opp. dir.	1,0
6170 b 3 con. shortline opp. dir. 6 s.r.l.	2,1

Figure No. / Name of figure	Point value
6171 a 3 con. shortline opp. <b>dir.</b> bw.	1,8
6171 b 3 con. shortline opp. <b>dir.</b> 6 s.r.l. bw.	3,9
6172 a 3 con. shortline opp. <b>dir.</b> raiser	2,1
6172 b 3 con. shortline opp. <b>dir.</b> raiser frh.	2,3
6172 c 3 con. shortline opp. <b>dir.</b> 6 s.r.l. raiser	4,6
6172 d 3 con. shortline opp. <b>dir.</b> 6 s.r.l. raiser frh.	4,8
6173 a 3 con. shortline opp. <b>dir.</b> raiser bw. frh.	3,0
6173 b 3 con. shortline opp. <b>dir.</b> 6 s.r.l. raiser bw. frh.	6,6
6186 a Surrounding 2 con. around 1	1,2
6187 a Surrounding 2 con. around 1 bw.	2,4
6196 a Two chains HC.	0,8
6196 b Two chains C.	1,1
6197 a Two chains HC. raiser	2,2
6197 b Two chains C. raiser	2,4
6197 c Two chains HC. raiser frh.	2,5
6197 d Two chains C. raiser frh.	2,7
6201 a Two saddlegrip HC.	0,8
6201 b Two saddlegrip C.	1,1
6208 a Two turbines raiser	2,4
6208 b Two turbines raiser frh.	2,6
6208 c Two turbines raiser frh. inside indiv.	3,8
6208 d Two turbines raiser inside indiv. frh.	4,1
6208 e Two turbines raiser frh. in- a. outside indiv.	4,0
6208 f Two turbines raiser in- a. outside indiv. frh.	4,2
6209 a Two turbines raiser bw. frh.	2,7
6209 b Two turbines raiser bw. inside indiv. frh.	5,9
6209 c Two turbines raiser bw. in- a. outside indiv. frh.	6,4
6209 d Two turbines 3 spin. raiser bw. in- a. outside indiv. frh.	7,5
6216 a Two mills	1,5
6217 a Two mills bw.	1,9
6217 b Two mills bw. inside indiv.	3,0
6217 c Two mills bw. in- a. outside indiv.	3,3
6218 a Two mills raiser	2,5
6218 b Two mills raiser frh.	2,7
6218 c Two mills raiser frh. inside indiv.	4,1
6218 d Two mills raiser inside indiv. frh.	4,3
6218 e Two mills raiser frh. in- a. outside indiv.	4,3
6218 f Two mills raiser in- a. outside indiv. frh.	4,6
6219 a Two mills raiser bw. frh.	3,0
6219 b Two mills raiser bw. inside indiv. frh.	6,1

Figure No. / Name of figure	Point value
6219 c Two mills raiser bw. in- a. outside indiv. frh.	6,4
6228 a Two insiderings raiser	2,6
6228 b Two insiderings raiser inside indiv.	4,4
6228 c Two insiderings raiser inside indiv. frh.	4,6
6228 d Two insiderings raiser in- a. outside indiv.	4,6
6228 e Two insiderings raiser in- a. outside indiv. frh.	4,8
6229 a Two insiderings raiser bw.	3,0
6229 b Two insiderings raiser bw. inside indiv. frh.	5,8
6229 c Two insiderings raiser bw. in- a. outside indiv. frh.	6,3
6236 a Two outsiderings raiser	3,1
6236 b Two outsiderings raiser inside indiv.	4,8
6236 c Two outsiderings raiser inside indiv. frh.	5,0
6236 d Two outsiderings raiser in- a. outside indiv.	5,0
6236 e Two outsiderings raiser in- a. outside indiv. frh.	5,2
6236 f Two outsiderings HS / insiderings HS raiser	3,6
6237 a Two outsiderings raiser bw.	3,9
6237 b Two outsiderings raiser bw. inside indiv. frh.	6,7
6237 c Two outsiderings raiser bw. in- a. outside indiv. frh.	7,2
6237 d Two outsiderings HS / insiderings HS raiser bw.	4,3
6251 a Two stars outside bw. inside indiv.	4,0
6252 a Two stars outside raiser bw. inside indiv. frh.	7,3
6271 a 6 con. HC.	1,7
6271 b 6 con. C.	1,9
6271 c 6 con. HC. 2 con. s.r.l.	2,2
6271 d 6 con. C. 2 con. s.r.l.	2,5
6271 e 6 con. HC. 6 s.r.l.	2,6
6271 f 6 con. C. 6 s.r.l.	2,9
6272 a 6 con. HC. bw.	2,1
6272 b 6 con. C. bw.	2,4
6272 c 6 con. HC. 2 con. s.r.l. bw.	3,0
6272 d 6 con. C. 2 con. s.r.l. bw.	3,2
6272 e 6 con. HC. 6 s.r.l. bw.	4,4
6272 f 6 con. C. 6 s.r.l. bw.	4,6
6273 a 6 con. HC. raiser	2,7
6273 b 6 con. C. raiser	2,9
6273 c 6 con. HC. raiser frh.	2,8
6273 d 6 con. C. raiser frh.	3,0
6273 e 6 con. HC. 2 con. s.r.l. raiser	3,1
6273 f 6 con. C. 2 con. s.r.l. raiser	3,4
6273 g 6 con. HC. 2 con. s.r.l. raiser frh.	3,2
6273 h 6 con. C. 2 con. s.r.l. raiser frh.	3,6
6273 i 6 con. HC. 6 s.r.l. raiser	5,3
6273 j 6 con. C. 6 s.r.l. raiser	5,5
6273 k 6 con. HC. 6 s.r.l. raiser frh.	5,4

Figure No. / Name of figure	Point value
6273 I 6 con. C. 6 s.r.l. raiser frh.	5,6
6274 a 6 con. HC. raiser bw. frh.	3,5
6274 b 6 con. C. raiser bw. frh.	3,7
6274 c 6 con. HC. 2 con. s.r.l. raiser bw. frh.	3,8
6274 d 6 con. C. 2 con. s.r.l. raiser bw. frh.	4,1
6274 e 6 con. HC. 6 s.r.l. raiser bw. frh.	7,1
6274 f 6 con. C. 6 s.r.l. raiser bw. frh.	7,5
6281 a 6 con. shortline	2,0
6281 b 6 con. shortline 2 con. s.r.l.	2,5
6281 c 6 con. shortline 6 s.r.l.	2,9
6281 d 6 n.e.o. half <b>shortline</b> count. s. r.	1,0
6281 e 6 n.e.o. <b>shortline</b> count. s.r.	1,2
6282 a 6 con. shortline bw.	2,3
6282 b 6 con. shortline 2 con. s.r.l. bw.	3,1
6282 c 6 con. shortline 6 s.r.l. bw.	4,6
6283 a 6 con. shortline raiser	2,9
6283 b 6 con. shortline raiser frh.	3,0
6283 c 6 con. shortline 2 con. s.r.l. raiser	3,4
6283 d 6 con. shortline 2 con. s.r.l. raiser frh.	3,6
6283 e 6 con. shortline 6 s.r.l. raiser	5,6
6283 f 6 con. shortline 6 s.r.l. raiser frh.	5,7
6284 a 6 con. shortline raiser bw. frh.	3,5
6284 b 6 con. shortline 2 con. s.r.l. raiser bw. frh.	4,1
6284 c 6 con. shortline 6 s.r.l. raiser bw. frh.	7,5
6284 d 6 n.e.o. half <b>shortline</b> count. s.r. raiser bw. frh.	8,9
6284 e 6 n.e.o. <b>shortline</b> count. s.r. raiser bw. frh.	10,3
6291 a Surrounding 5 con. around 1	2,4
6292 a Surrounding 5 con. around 1 bw.	3,0
6293 a Surrounding 5 con. around 1 raiser	3,2
6293 b Surrounding 5 con. around 1 raiser frh.	3,3
6294 a Surrounding 5 con. around 1 raiser bw. frh.	3,8
6301 a Coach HC.	1,7
6301 b Coach C.	1,9
6302 a Coach HC. raiser	2,7
6302 b Coach C. raiser	3,0
6311 a Snake HC.	1,7
6311 b Snake C.	1,9
6316 a Chain HC.	1,7
6316 b Chain C.	1,9

<b>Figure</b>	<b>No. / Name of figure</b>	<b>Point value</b>
6317 a	Chain HC. raiser frh.	2,8
6317 b	Chain C. raiser frh.	3,2
6318 a	Chain HC. raiser bw. frh.	3,2
6318 b	Chain C. raiser bw. frh.	3,7
6321 a	Saddlegrip HC.	1,6
6321 b	Saddlegrip C.	1,8
6322 a	Saddlegrip pass through	2,0
6323 a	Saddlegripring	2,0
6323 b	Saddlegripring 6 s.r.r.	2,5
6324 a	Saddlegripring bw.	2,7
6324 b	Saddlegripring bw. inside indiv.	4,6
6324 c	Saddlegripring bw. in- a. outside indiv.	4,8
6331 a	2 con. wingmill opp. dir. door bw.	4,6
6331 b	2 con. wingmill opp. dir. door sim. bw.	5,1
6332 a	2 con. wingmill opp. dir. door raiser	4,7
6332 b	2 con. wingmill opp. dir. door raiser frh.	5,0
6332 c	2 con. wingmill opp. dir. door sim. raiser	5,4
6332 d	2 con. wingmill opp. dir. door sim. raiser frh.	5,7
6333 a	2 con. wingmill opp. dir. door raiser bw. frh.	6,9
6333 b	2 con. wingmill opp. dir. door sim. raiser bw. frh.	7,6
6341 a	3 con. wingmill	1,6
6341 b	3 con. wingmill HS 6 s.r.r.	2,3
6341 c	3 con. wingmill 6 s.r.r.	2,6
6342 a	3 con. wingmill bw.	2,2
6342 b	3 con. wingmill bw. inside indiv.	4,2
6342 c	3 con. wingmill bw. in- a. outside indiv.	4,5
6343 a	3 con. wingmill raiser	2,4
6343 b	3 con. wingmill raiser frh.	2,6
6343 c	3 con. wingmill raiser frh. inside indiv.	3,9
6343 d	3 con. wingmill raiser inside indiv. frh.	4,3
6343 e	3 con. wingmill raiser frh. in- a. outside indiv.	4,4
6343 f	3 con. wingmill raiser in- a. outside indiv. frh.	4,7
6344 a	3 con. wingmill raiser bw.	3,2
6344 b	3 con. wingmill raiser bw. frh.	3,4
6344 c	3 con. wingmill raiser bw. inside indiv. frh.	5,8
6344 d	3 con. wingmill raiser bw. in- a. outside indiv. frh.	6,1
6345 a	3 con. wingmill HS 6 s.r.r. raiser bw. frh.	8,3
6345 b	3 con. wingmill 6 s.r.r. raiser bw. frh.	8,5
6351 a	2 con. wingmill	1,7

Figure No. / Name of figure	Point value
6351 b 2 con. wingmill HS 2 con. s.r.r.	2,0
6351 c 2 con. wingmill 2 con. s.r.r.	2,2
6351 d 2 con. wingmill HS 6 s.r.r.	2,4
6351 e 2 con. wingmill 6 s.r.r.	2,6
6352 a 2 con. wingmill bw.	2,3
6352 b 2 con. wingmill HS 2 con. s.r.r. bw.	2,7
6352 c 2 con. wingmill 2 con. s.r.r. bw.	2,9
6352 d 2 con. wingmill bw. inside indiv.	4,3
6352 e 2 con. wingmill bw. in- a. outside indiv.	4,6
6353 a 2 con. wingmill raiser	2,4
6353 b 2 con. wingmill raiser frh.	2,6
6353 c 2 con. wingmill raiser frh. inside indiv.	4,1
6353 d 2 con. wingmill raiser inside indiv. frh.	4,5
6353 e 2 con. wingmill raiser frh. in- a. outside indiv.	4,5
6353 f 2 con. wingmill raiser in- a. outside indiv. frh.	4,9
6354 a 2 con. wingmill raiser bw.	3,2
6354 b 2 con. wingmill raiser bw. frh.	3,4
6354 c 2 con. wingmill raiser bw. inside indiv. frh.	5,9
6354 d 2 con. wingmill raiser bw. in- a. outside indiv. frh.	6,3
6355 a 2 con. wingmill HS 2 con. s.r.r. raiser bw. frh.	3,7
6355 b 2 con. wingmill 2 con. s.r.r. raiser bw. frh.	3,9
6355 c 2 con. wingmill HS 6 s.r.r. raiser bw. frh.	8,3
6355 d 2 con. wingmill 6 s.r.r. raiser bw. frh.	8,9
6362 a 2 con. wingring bw.	2,5
6363 a 2 con. wingring raiser	2,6
6363 b 2 con. wingring raiser frh.	2,8
6364 a 2 con. wingring raiser bw.	3,5
6364 b 2 con. wingring raiser bw. frh.	3,9
6371 a 3 con. wingmill mill with 4 f.e.o. C. bw.	3,2
6371 b 3 con. wingring insidering with 4 f.e.o. C. bw.	3,3
6372 a 3 con. wingmill mill with 4 f.e.o. C. raiser	3,6
6372 b 3 con. wingmill mill with 4 f.e.o. C. raiser frh.	3,9
6372 c 3 con. wingring insidering with 4 f.e.o. C. raiser	3,8
6372 d 3 con. wingring insidering with 4 f.e.o. C. raiser frh.	4,1
6373 a 3 con. wingmill mill with 4 f.e.o. C. raiser bw. frh.	5,6
6373 b 3 con. wingring insidering with 4 f.e.o. C. raiser bw. frh.	5,9
6376 a 2 con. wingmill mill with 3 f.e.o. C. bw.	3,0
6376 b 2 con. wingring insidering with 3 f.e.o. C. bw.	3,2
6377 a 2 con. wingmill mill with 3 f.e.o. C. raiser	3,5
6377 b 2 con. wingmill mill with 3 f.e.o. C. raiser frh.	3,8
6377 c 2 con. wingring insidering with 3 f.e.o. C. raiser	3,6

Figure No. / Name of figure	Point value
6377 d 2 con. wingring insidering with 3 f.e.o. C. raiser frh.	3,9
6378 a 2 con. wingmill mill with 3 f.e.o. C. raiser bw. frh.	5,4
6378 b 2 con. wingring insidering with 3 f.e.o. C. raiser bw. frh.	5,6
6378 c 2 con. wingmill mill with 3 spin. raiser bw. frh.	9,0
6386 a Mill	2,2
6386 b Mill 6 s.r.r.	3,0
6387 a Mill bw.	2,8
6387 b Mill bw. inside indiv.	5,1
6387 c Mill bw. in- a. outside indiv.	5,5
6388 a Mill raiser	3,2
6388 b Mill raiser frh.	3,4
6388 c Mill raiser frh. inside indiv.	5,0
6388 d Mill raiser inside indiv. frh.	5,4
6388 e Mill raiser frh. in- a. outside indiv.	5,2
6388 f Mill raiser in- a. outside indiv. frh.	5,7
6389 a Mill raiser bw. frh.	3,8
6389 b Mill raiser bw. inside indiv. frh.	7,6
6389 c Mill raiser bw. in- a. outside indiv. frh.	8,0
6396 a Insidering around 2 raiser	2,0
6396 b Insidering around 2 raiser inside indiv.	4,7
6396 c Insidering around 2 raiser inside indiv. frh.	5,1
6396 d Insidering around 2 raiser in- a. outside indiv.	5,2
6396 e Insidering around 2 raiser in- a. outside indiv. frh.	5,3
6397 a Insidering around 2 raiser bw. frh.	4,1
6397 b Insidering around 2 raiser bw. inside indiv. frh.	7,4
6397 c Insidering around 2 raiser bw. in- a. outside indiv. frh.	7,7
6403 a Insidering raiser	3,0
6403 b Insidering raiser inside indiv.	4,0
6403 c Insidering raiser inside indiv. frh.	4,4
6403 d Insidering raiser in- a. outside indiv.	4,6
6403 e Insidering raiser in- a. outside indiv. frh.	5,0
6404 a Insidering raiser bw.	4,1
6404 b Insidering raiser bw. inside indiv. frh.	6,4
6404 c Insidering raiser bw. in- a. outside indiv. frh.	6,7
6412 a Ring with opp. grips raiser	3,3
6412 b Ring with opp. grips HS / Insidering HS raiser	3,9
6413 a Ring with opp. grips raiser bw.	4,3
6413 b Ring with opp. grips HS / Insidering HS raiser bw.	4,9
6417 a Outsidering raiser	3,9
6417 b Outsidering raiser inside indiv.	5,0
6417 c Outsidering raiser inside indiv. frh.	5,4

Figure	No. / Name of figure	Point value
6417	d Outsidering raiser in- a. outside indiv.	5,5
6417	e Outsidering raiser in- a. outside indiv. frh.	5,9
6417	f Outsidering HS / Insidering HS raiser	4,5
6418	a Outsidering raiser bw.	4,9
6418	b Outsidering raiser bw. inside indiv. frh.	7,4
6418	c Outsidering raiser bw. in- a. outside indiv. frh.	7,9
6418	d Outsidering HS / Insidering HS raiser bw.	5,3
6425	a Half door	1,0
6425	b Door	1,4
6425	c Half opp. dir. door	1,8
6425	d Opp. dir. door	2,0
6425	e Opp. dir. door sim.	2,5
6426	a Half door bw.	3,5
6426	b Door bw.	3,9
6426	c Half opp. dir. door bw.	4,1
6426	d Opp. dir. door bw.	4,3
6426	e Opp. dir. door sim. bw.	5,2
6427	a Half door raiser	3,9
6427	b Door raiser	4,5
6427	c Half door raiser frh.	4,2
6427	d Door raiser frh.	4,8
6427	e Half opp. dir. door raiser	4,8
6427	f Opp. dir. door raiser	5,4
6427	g Half opp. dir. door raiser frh.	5,1
6427	h Opp. dir. door raiser frh.	5,7
6427	i Opp. dir. door sim. raiser	5,6
6427	j Opp. dir. door sim. raiser frh.	5,9
6428	a Half door raiser bw. frh.	6,0
6428	b Door raiser bw. frh.	6,8
6428	c Half opp. dir. door raiser bw. frh.	7,7
6428	d Opp. dir. door raiser bw. frh.	8,5
6428	e Opp. dir. door sim. raiser bw. frh.	8,9
6428	f Mill with half opp. dir. door raiser bw. frh.	8,6
6428	g Mill with opp. dir. door raiser bw. frh.	9,2
6428	h Mill with opp. dir. door sim. raiser bw. frh.	9,5
6436	a Double door	2,2
6436	b Double door opp. dir.	2,0
6437	a Double door bw.	5,2
6437	b Double door opp. dir. bw.	4,8
6438	a Double door raiser bw. frh.	9,2
6438	b Double door opp. dir. raiser bw. frh.	8,5
6452	a Half door ring raiser	3,5
6452	b Door ring raiser	4,2

Figure No. / Name of figure	Point value
6453 a Half door ring raiser bw.	5,0
6453 b Door ring raiser bw.	6,0
6462 a Half double door ring raiser	4,1
6462 b Double door ring raiser	4,8
6463 a Half double door ring raiser bw.	6,4
6463 b Double door ring raiser bw.	6,8
6471 a Star inside 6 s.r.l.	2,5
6472 a Star inside raiser	3,3
6472 b Star inside raiser inside indiv.	4,9
6472 c Star inside raiser inside indiv. frh.	5,3
6472 d Star inside raiser bw. inside indiv. frh.	7,7
6481 a Star outside bw. inside indiv.	4,9
6481 b Star outside 6 s.r.l. bw. inside indiv.	5,7
6482 a Star opp. dir.	2,0
6482 b Star opp. dir. raiser	3,6
6482 c Star opp. dir. raiser inside indiv. frh.	5,8
6482 d Star outside raiser	4,1
6482 e Star outside raiser bw. inside indiv. frh.	7,2
6482 f Star outside 6 s.r.l. raiser bw. inside indiv. frh.	8,4
6485 a Two stars inside raiser $\frac{1}{2}$ turn on the spot	5,9
6486 a Star inside raiser $\frac{1}{2}$ turn on the spot	6,1
6486 b Star inside raiser 1 turn on the spot	7,2
6496 a 2 con. raiser $\frac{1}{2}$ turn on the spot T (5,9 - 6,5)	5,6
6496 b 2 con. raiser 1 turn on the spot T (7,1)	6,8
6496 c 2 con. raiser $1\frac{1}{2}$ turns on the spot	7,4
6496 d 3 con. raiser $\frac{1}{2}$ turn on the spot T (6,3 - 6,9)	5,9
6496 e 3 con. raiser 1 turn on the spot T (7,4)	7,1
6496 f 3 con. raiser $1\frac{1}{2}$ turns on the spot	7,7
6496 g 6 con. raiser $\frac{1}{2}$ turn on the spot T (6,9 - 7,5)	6,4
6496 h 6 con. raiser 1 turn on the spot T (8,0)	7,6
6496 i 6 con. raiser $1\frac{1}{2}$ turns on the spot	8,3

Shown	Given		
	6496a	6496b	6496c
$\frac{1}{2}$	<b>5,6</b>		
1	<b>5,9</b>	<b>6,8</b>	
$1\frac{1}{2}$	<b>6,5</b>	<b>7,1</b>	<b>7,4</b>

Shown	Given		
	6496d	6496e	6496f
$\frac{1}{2}$	<b>5,9</b>		
1	<b>6,3</b>	<b>7,1</b>	
$1\frac{1}{2}$	<b>6,9</b>	<b>7,4</b>	<b>7,7</b>

Shown	Given		
	6496g	6496h	6496i
$\frac{1}{2}$	<b>6,4</b>		
1	<b>6,9</b>	<b>7,6</b>	
$1\frac{1}{2}$	<b>7,5</b>	<b>8,0</b>	<b>8,3</b>

(text modified on 01.01.16)

## Chapter XI EXPLANATIONS OF FIGURES ARTISTIC CYCLING TEAM

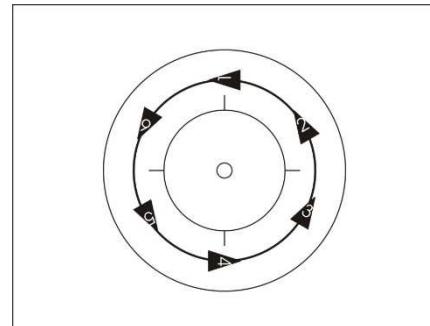
### 6

#### 8.11.001 Artistic Cycling Team 6

##### **6 following each other half circle**

All **riders are** riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle.

A **figure** ends when, the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

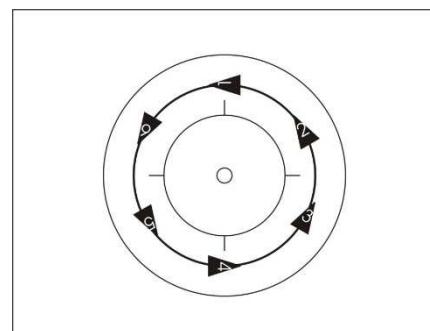


6001 a  
6002 a  
6003 a  
6003 c  
6004 a

##### **6 following each other Circle**

All **riders are** riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle.

A **figure** ends when, the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

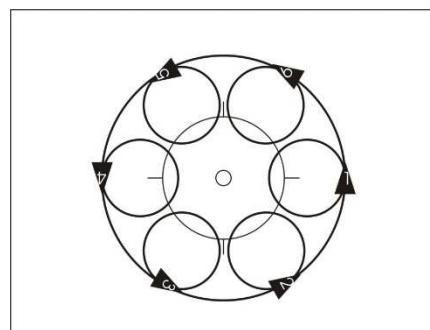


6001 b  
6002 b  
6003 b  
6003 d  
6004 b

##### **6 following each other half circle 6 single rings left**

All **riders are** riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle. During the figure the **riders** have to perform simultaneously four same sized and uniform single ring left. The half circle has to be performed **at least** 2 metre **before** and 2 metre **after** the single rings.

A **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



6001 c  
6002 c  
6003 e  
6003 f  
6004 c

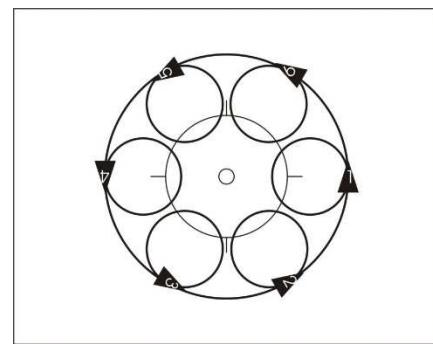
Single ring left (8.3.029)

**6 following each other circle 6 single rings left**

All **riders** are riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle. During the figure the **riders** have to perform simultaneously four same sized and uniform single ring left. The half circle has to be performed **at least** 2 metre **before** and 2 metre **after** the single rings.

A **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

Single ring left (8.3.029)

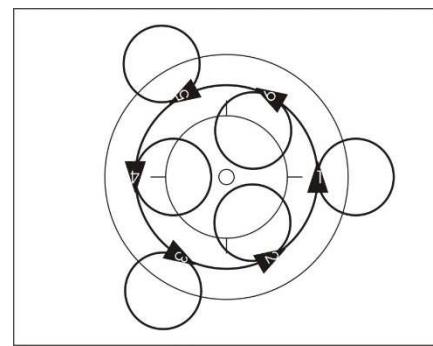


**6001 d  
6002 d  
6003 f  
6003 h  
6004 d**

**6 following each other half circle 3 single rings left 3 single rings right**

All **riders** are riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-meter-circle. During the figure the **riders** have to perform simultaneously three same sized and uniform single rings right and three same sized and uniform single rings left. The **riders** which are riding on the same axis have to perform the same type of single ring. The circle has to be performed 2 metres **before** and 2 metres **after** the single rings.

The **figure** ends, when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



**6001 e**

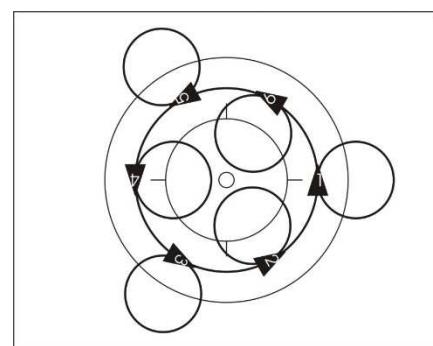
Single ring left (8.3.029)

Single ring right (8.3.030)

**6 following each other circle 3 single ring left 3 single ring right**

All **riders** are riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle. During the figure the **riders** have to perform simultaneously three same sized and uniform single rings right and three same sized and uniform single rings left. The **riders** which are riding on the same axis have to perform the same type of single ring. The circle has to be performed 2 metres **before** and 2 metres **after** the single rings.

The **figure** ends, when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



**6001 f**

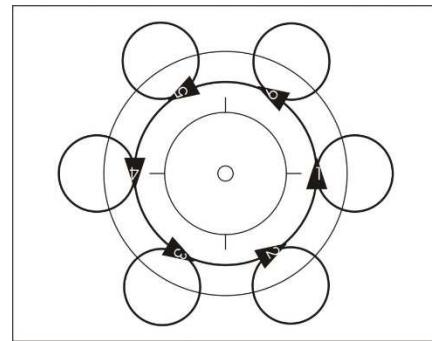
Single ring left (8.3.029)

Single ring right (8.3.030)

**6 following each other half circle 6 single rings right**

All **riders** are riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle. During the figure the **riders** have to perform simultaneously four same sized and uniform single rings right. The half circle has to be performed 2 metres **before** and 2 metres **after** the single rings.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



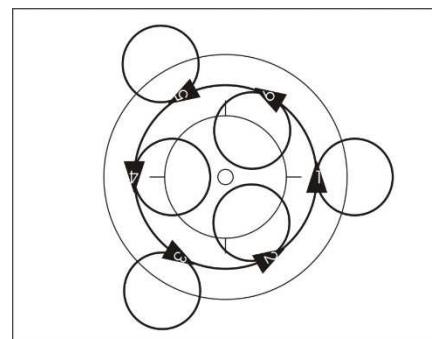
6001 g

**Single ring right (8.3.030)**

**6 following each other circle 6 single rings right**

All team members riding with same distances between each other and at same distances to the 4-metre-circle, outside of the 4-metre-circle. During the figure the **riders** have to perform simultaneously four same sized, and uniform singles ring right. The circle has to be performed 2 metre **before** and 2 metre **after** the single ring right.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



6001 h

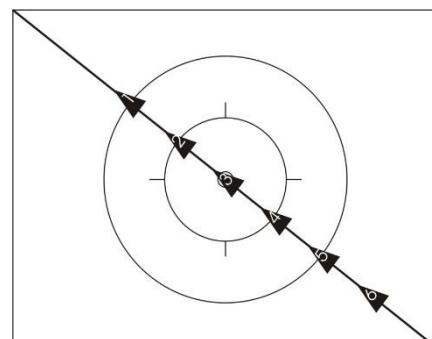
**Single ring right (8.3.030)**

**6 following each diagonal pull**

All riders are following each other crossing the riding-area, from a corner in a straight line over the middle of the riding-area to the opposite corner.

The distance between rider 1 and 2, may not be more than 2 metres and has to be identical to the distance between rider 2 and 3, between the riders 3 and 4, between the riders 4 and 5 and between the riders 5 and 6.

The way of stretch for the **diagonal pull**, for each rider, will start 1 metre from the starting corner until 1 metre **before** the opposite corner.



6006 a

**6 following each other diagonal pull  
3 s.r.l. 3 s.r.r.**

All riders are following each other crossing the riding-area, from a corner in a straight line over the middle of the riding-area to the opposite corner.

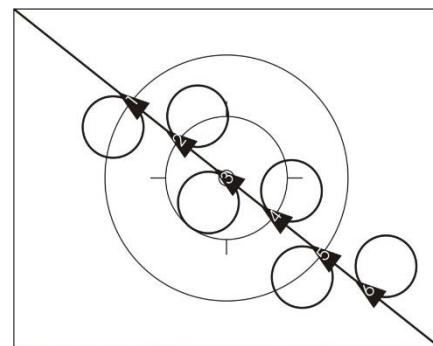
The distance between rider 1 and 2, may not be more than 2 metres and has to be identical to the distance between rider 2 and 3, between the riders 3 and 4, between the riders 4 and 5 and between the riders 5 and 6. The way of stretch for the diagonal pull, for each rider, will start at the distance of 1 metre from the starting corner until 1 metre before the opposite corner.

During the figure the **riders** have to perform 3 single rings right and 3 single rings left simultaneously. Rider 1, 3 and 5 and rider 2, 4 and 6 have to perform the same type of a single ring.

The figure has to be performed at least 2 metres before of and 2 metres after the single rings.

Single ring left (8.3.029)

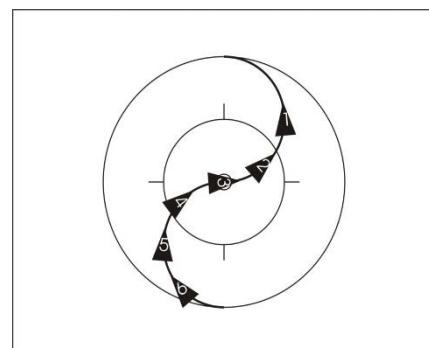
Single ring right (8.3.030)



**6006 b**

**6 following each other half eight**

All **riders** following each other, on one common half eight. The distance between rider 1 and 2, may not be more than 2 metres and has to be identical to the distance between rider 2 and 3, between the riders 3 and 4, between the riders 4 and 5 and between the riders 5 and 6.

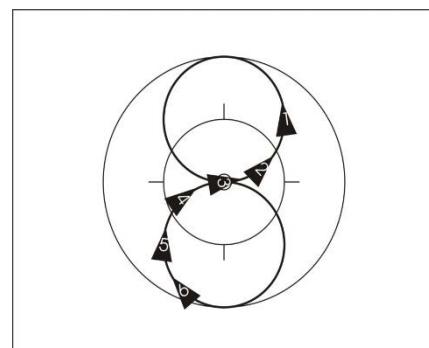


**6007 a  
6008 a  
6010 a**

Half Eight (8.3.035)

**6 following each other eight**

All **riders** following each other, on one common eight. The distance between rider 1 and 2, may not be more than 2 metres and has to be identical to the distance between rider 2 and 3, between the riders 3 and 4, between the riders 4 and 5 and between the riders 5 and 6.



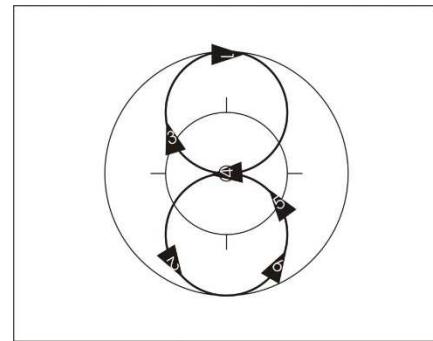
**6007 b  
6008 b  
6010 b**

Eight (8.3.036)

**6 following each other eight through**

All riders are riding at the same distance between each other and at they have all the same distance to a spot on one half of the riding-area.

**Riders** 1, 3 and 5 perform an eight without changing the distances between each other. After completing the eight they circle the spot at least one time. **Riders** 2, 4 and 6 circle the spot at least one time. After circling the spot they perform an eight without changing the distance between each other. The **figure** ends at the moment that all riders are riding at the same distances towards each other, while circling the spot. The distance of each rider to the spot must be the same.



**6007 c  
6008 c  
6010 c**

**Eight (8.3.036)****6 following each other longline**

**6011**

All riders are riding at the same distance between each other on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 may not occur more than 2 metres and must be the same as between rider 2 and 3, between rider 3 and 4, between rider 4 and 5 and between rider 5 and 6.

If in the text is mentioned, 3 single rings left 3 single rings right, during the figure 3 single rings right and 3 single rings left simultaneous from each group have to be executed with the same size and uniform. Rider 1, 3 and 5 on one side, and rider 2, 4 and 6 on the other side have to perform the same kind of single ring. The longline has to be performed at least 2 metres before of and 2 metres after the single rings.

**Longline (8.3.042)****Single ring left (8.3.029)****Single ring right (8.3.030)****3 following each other longline opposite direction**

**6012**

Each 3 riders are riding following each other. The distance between rider 1, 2 and 3 must be identical to the distance between riders 4, 5 and 6 and may not occur more than 2 metres. One group will start from the short side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other short side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure.

If in the text is mentioned three mills, during the figure three mills simultaneous from each group have to be executed. As soon as all riders are on the same level, the new groups have to connect simultaneous into a mill. The riders are connected with their left hands and are riding with same distances to each other a complete circle (360°) around a spot. The longline opposite direction has to be performed at least 2 metres before of and 2 metres after the three mills.

**Longline (8.3.042)**

**3 next to each other longline opposite direction**

6013

Each 3 riders are riding next to each other without grip connection on one axis which runs parallel to the long side of the riding-area. The distance between riders 1 and 2 must be identical to the distance between riders 2 and 3 also between riders 4 and 5 and between riders 5 and 6. All riders are riding on an axis parallel to the long side of the riding-area. One group will start from the short side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other short side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure.

If in the text is mentioned, 6 single rings left, during the figure 6 single rings left simultaneous from each group have to be executed with same size and uniform.

If in the text is mentioned, through, after half of the way of stretch the riders are riding through the space which is built from three riders.

If in the text is mentioned, three mills, during the figure three mills simultaneous from each group have to be executed. As soon as all riders are on the same level, the new groups have to connect simultaneous into a mill. The riders are connected with their left hands and are riding with same distances to each other a complete circle (360°) around a spot.

The longline opposite direction has to be performed at least 2 metres before of and 2 metres after the single rings or after the mills.

Longline (8.3.042)

Single ring left (8.3.029)

**3 following each other diagonal pull opposite direction**

6014

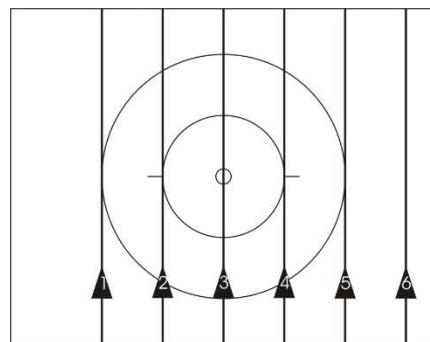
Each 3 riders are riding following each other. The distance between rider 1, 2 and 3 must be identical to the distance between riders 4, 5 and 6 and may not occur more than 2 metres. One group will start from one corner of the riding-area and ride to the opposite corner of the riding-area. The other group will start from the other corner and will ride to the opposite corner of the riding-area.

If in the text is mentioned three mills, during the figure three mills simultaneous from each group have to be executed. As soon as all riders are on the same level, the new groups have to connect simultaneous into a mill. The riders are connected with their left hands and are riding with same distances to each other a complete circle (360°) around a spot. The longline opposite direction has to be performed at least 2 metres before of and 2 metres after the mills.

Diagonal pull (8.3.042)

**6 next to each other shortline**

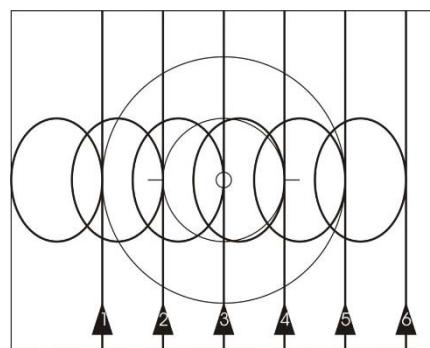
All riders are riding next to each other, without grip connection, each on an own imaginary axis parallel to the short side of the riding-area, and each on the same axis parallel which runs towards the long side of the riding-area. The distance between rider 1 and 2 has to be identical with the distance between rider 2 and 3, between rider 3 and 4, between rider 4 and 5 and between rider 5 and 6. The way of stretch for the shortline will start 1 metre from the long side of the riding-area until 1 metre distance before the opposite border of the riding-area.



6017 a  
6018 a  
6019 a  
6019 b

**6 next to each other shortline 6 single rings left**

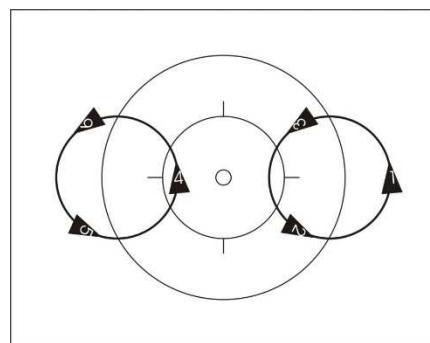
All riders are riding next to each other, without grip connection, each on an axis parallel to the short side of the riding-area and each on the same axis parallel which runs towards the long side of the riding-area. The distance between rider 1 and 2 has to be identical with the distance between rider 2 and 3, between rider 3 and 4, between rider 4 and 5 and between rider 5 and 6. During the figure, each rider performs simultaneously a same sized and uniform single ring left. The figure has to be performed 2 metre before and 2 metre after the single rings. The way of stretch for the shortline will start 1 metre from the long side of the riding-area until 1 metre distance before the opposite border of the riding-area.



6017 b  
6018 b  
6019 c  
6019 d

**Single ring left (8.3.029)****3 following each other double circle**

Each 3 riders following each other at the same distances to each other while both are surrounding the same point on the riding-area. The centre of each point (one for each group) is situated the same distance to the centre of the riding-area on the longitudinal axis. Each three riders (one of each group) are riding on the same longitudinal axis during the whole way of stretch of the circle.



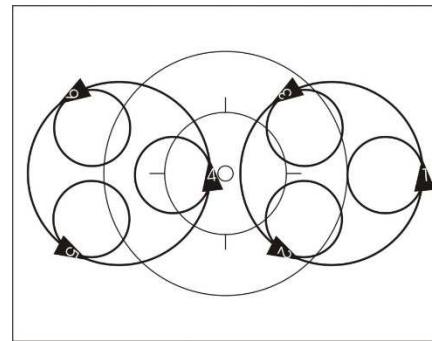
6026 a  
6027 a  
6028 a  
6028 b  
6029 a

The riding-area is divided by the transverse axis. The diametre of each circle of the double circle as a minimum of 4 metre.

The figure ends, when the point is surrounded completely.

**3 following each other double circle****6 s.r.l.**

Each 3 riders following each other at the same distances to each other while both are surrounding the same point on the riding-area. The centre of each point (one for each group) is situated the same distance to the centre of the riding-area on the longitudinal axis. Each three riders (one of each group) are riding on the same longitudinal axis during the whole way of stretch of the circle.



**6026 b  
6027 b  
6028 c  
6028 d  
6029 b**

The riding-area is divided by the transverse axis. The diametre of each circle of the double circle as a minimum of 4 metre.

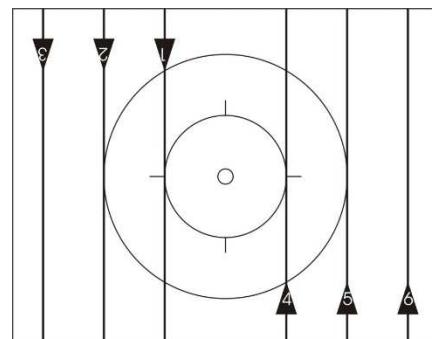
During the figure, each rider performs simultaneously a same sized and uniform single ring left.

The double circle has to be performed 2 metres before and 2 metres after the single ring left.

The figure ends when the point is rounded completely.

**Single ring left (8.3.029)****3 next to each other shortline opposite direction**

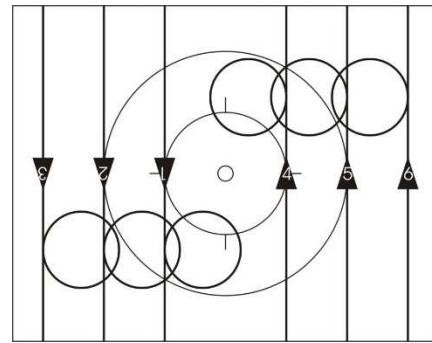
Each 3 riders are riding as group next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 has to be identical with the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. All riders are riding on an axis parallel to the short side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure. The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre before the opposite border of the riding-area.



**6039 a  
6040 a  
6041 a  
6041 b**

**3 next to each other shortline  
opposite direction 6 single rings left**

Each 3 riders are riding as group next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 has to be identical with the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. All riders are riding on an axis parallel to the short side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure.



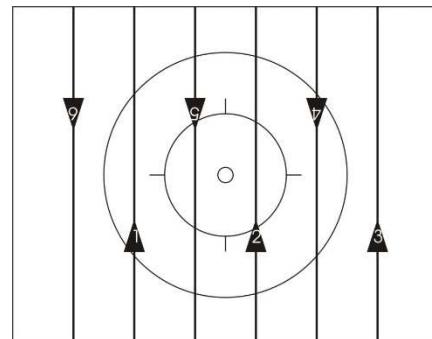
6039 b

During the figure, each rider performs simultaneously a same sized and uniform single ring left. The figure has to be performed 2 metre before and 2 metre after the single rings.

The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre before the opposite border of the riding-area.

**Single ring left (8.3.029)****3 next to each other shortline  
opposite direction through**

Each 3 riders are riding as group next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 has to be identical with the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. All riders are riding on an axis parallel to the short side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure. Half way, at the middle of the riding-area, one rider of each group, will ride through the space between the two facing riders.

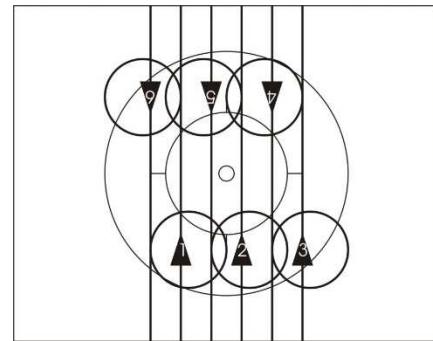
6039 c  
6040 b  
6041 c  
6041 d

The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre before the opposite border of the riding-area.

**3 next to each other shortline opposite direction through 6 single rings left**

Each 3 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 has to be identical with the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. All riders

are riding on an axis parallel to the short side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure. Half way, at the middle of the riding-area, two riders of each group, will ride through the space between the three facing riders. During the figure, each rider performs a single ring left simultaneously and uniform. The shortline has to be performed at least 2 metres before and 2 metres after the single ring left. The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre distance before the opposite border of the riding-area.



6039 d

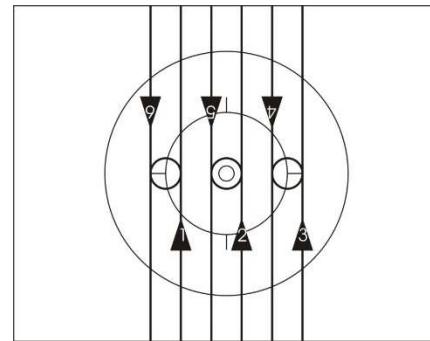
**Single ring left (8.3.029)**

**3 next to each other shortline opposite direction through 3 mills**

Each 3 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 has to be identical with the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. All riders are riding on an axis parallel to the short side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure. Half way, at the middle of the riding-area, two riders of each group, will ride through the space between the three facing riders.

While passing the other group, each three riders are connecting their left hands to a mill simultaneously and in motion. Three mills have to be performed completely.

The way of stretch for all shortline figures will start at 1 metre distance from the long side of the riding-area until 1 metre distance before the opposite border of the riding-area.



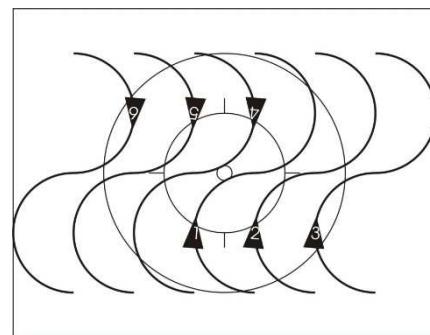
6039 e

**Three Mills**

Each two riders are riding at equal distances following each other around a spot on the riding-area. The used spots for the mills have the same distance to the centre of the riding-area and are situated on the longitudinal axis. The third spot is situated on the centre of the riding-area. Each rider of each group are building simultaneously a mill, with their left hands. The mills will start as soon as the grip connections are closed. Each 3 riders (one of each group) are riding on the same longitudinal axis during the figure. This axis runs parallel (with different distances) towards the long side of the riding-area during the whole way of stretch of the circle. The figure ends after a complete surrounding and reaching the starting position again.

**3 next to each other shortline opposite direction half counter single ring**

Each 3 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 has to be identical to the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. Both groups of riders perform a half counter single ring. Both groups are riding with the same speed during this figure. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area.

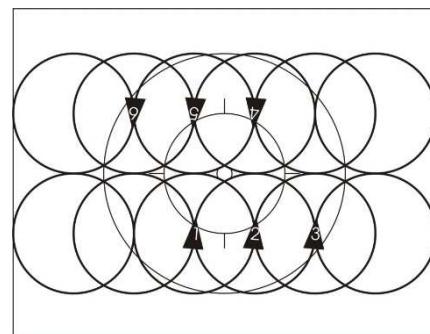


6039 f  
6040 c  
6042 a

Half counter single ring (8.3.031)

**3 next to each other shortline opposite direction counter single ring**

Each 3 riders are riding next to each other without grip connection on an axis which runs parallel to the long side of the riding-area. The distance between rider 1 and 2 has to be identical to the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. Both groups of riders perform a counter single ring. Both groups are riding with the same speed during this figure. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area.

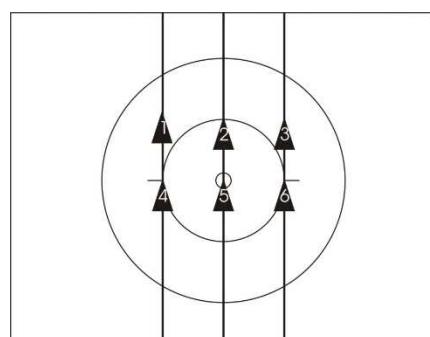


6039 g  
6040 d  
6042 b

Counter single ring (8.3.032)

**2 following each other shortline**

Each 3 riders are riding next to each other without grip connection. Rider 1, 2 and 3 and rider 4, 5 and 6 are riding as a group on the same axis which runs parallel to the long side of the riding-area. Rider 1 and 4, Rider 2 and 5 and Rider 3 and 6 are riding on the same axis parallel to the short side of the riding-area. The distance between the riders which are following each other may not be more than 2 metres. The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre before of the opposite border of the riding-area.



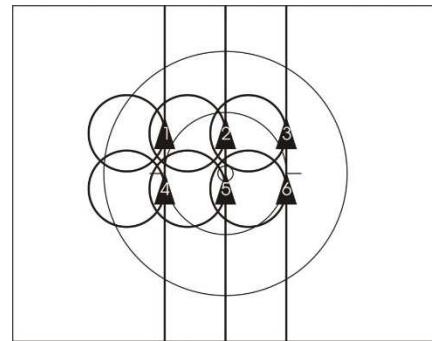
6052 a  
6053 a

**2 following each other shortline 6  
single rings left**

Each 3 riders are riding next to each other without grip connection. Rider 1, 2 and 3 and rider 4, 5 and 6 are riding as a group on the same axis which runs parallel to the long side of the riding-area. Rider 1 and 4, Rider 2 and 5 and Rider 3 and 6 are riding on the same axis parallel to the short side of the riding-area. The distance between the riders which are following each other may not be more than 2 metres. The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre before of the opposite border of the riding-area.

During the figure, each rider performs simultaneously a same sized and uniform single ring left. The way of stretch for all shortline figures will start 1 metre from the long side of the riding-area until 1 metre before of the opposite border of the riding-area.

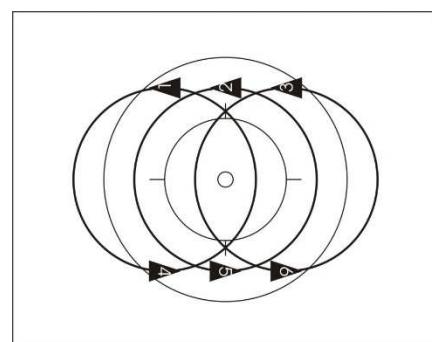
Single ring left (8.3.029)



6052 b  
6053 b

**Triple circle**

Each two riders following each other with same distances to each other while they are surrounding the same point on the riding-area. The centre of two points (one for each group) is situated with same distance to the centre of the riding-area on the longitudinal axis. One point is located on the centre of the riding-area. Each three riders (one of each group) are riding on the same longitudinal axis during the figure. The diametre of each circle of the triple circle must have at least a minimum of 4 metres. The different circles of the triple circle are overlapping. The figure ends when the point is rounded completely.

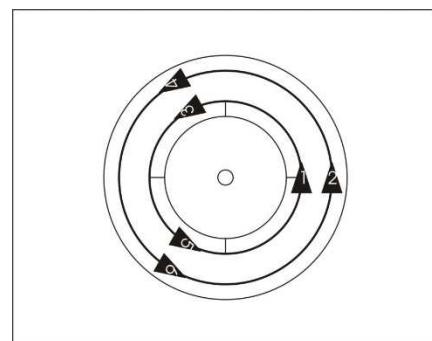


6061 a  
6062 a  
6063 a  
6063 b  
6064 a

**2 connected half circle**

Each two riders are riding side by side with grip connection they build a group of riders. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and rider 5 and 6. All groups are riding with same distances to each other and with same distances to the 4-metre-circle outside of the 4-metre-circle.

The figure ends when the 4-metre-circle is rounded half.

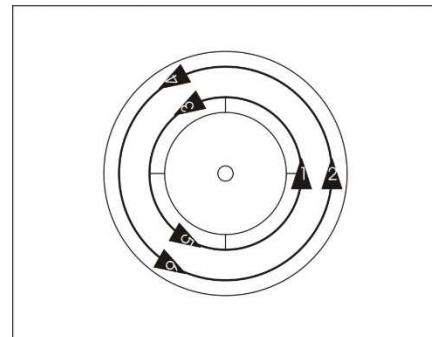


6081 a  
6082 a  
6083 a  
6083 c  
6084 a

**2 connected circle**

**Each two riders are** riding side by side with grip connection they build a group of **riders**. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and rider 5 and 6. All groups are riding **with** same distances to each other and **with** same distances to the 4-metre-circle outside of the 4-metre-circle.

The figure ends when the 4-metre-circle is rounded completely.



6081 b  
6082 b  
6083 b  
6083 d

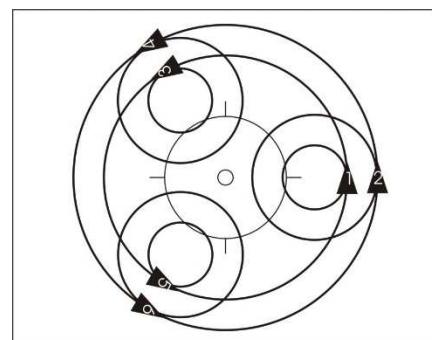
**2 connected half circle 2 connected single rings left**

**Each two riders are** riding side by side with grip connection they build a group of **riders**. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and rider 5 and 6. All groups are riding **with** same distances to each other and **with** same distances to the 4-metre-circle outside of the 4-metre-circle.

During the figure the three groups of **riders** perform simultaneously and uniform a 2 connected single ring left.

The half circle has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The figure ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



6081 c  
6082 c  
6083 e  
6083 g

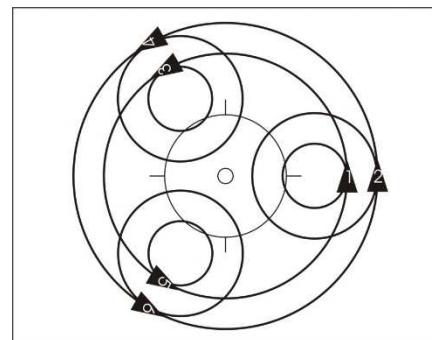
**2 connected single ring left (8.3.033)****2 connected circle 2 connected single rings left**

**Each two riders are** riding side by side with grip connection they build a group of **riders**. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and rider 5 and 6. All groups are riding **with** same distances to each other and **with** same distances to the 4-metre-circle outside of the 4-metre-circle.

During the figure the three groups of **riders** perform simultaneously and uniform a 2 connected single ring left.

The circle has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The figure ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

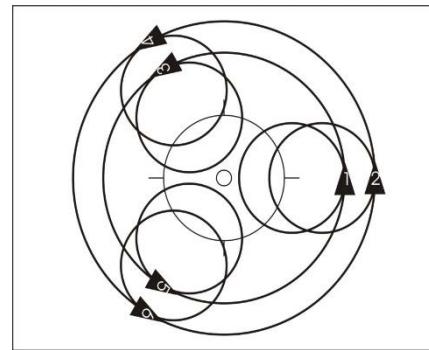


6081 d  
6082 d  
6083 f  
6083 h

**2 connected single ring left (8.3.033)**

**2 connected half circle 6 single rings left**

Each two riders are riding side by side with grip connection they build a group of **riders**. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and rider 5 and 6. All groups are riding **with** same distances to each other and **with** same distances to the 4-metre-circle outside of the 4-metre-circle.



**6081 e  
6082 e  
6083 i  
6083 k  
6084 e**

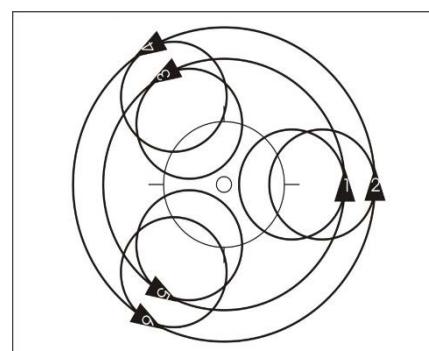
During the figure, the grip connections have to be released simultaneously and in motion. Each **rider** performs a single ring left simultaneously and uniform. After the single rings left, the **riders** have to **close** the grip connections simultaneously and in motion.

The half circle has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

Single ring left (**8.3.029**)**2 connected circle 6 single rings left**

Each two riders are riding side by side with grip connection they build a group of **riders**. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and rider 5 and 6. All groups are riding **with** same distances to each other and **with** same distances to the 4-metre-circle outside of the 4-metre-circle.



**6081 f  
6082 f  
6083 j  
6083 l  
6084 f**

During the figure, the grip connections have to be released simultaneously and in motion. Each **rider** performs a single ring left simultaneously and uniform. After the single rings left, the **riders** have to **close** the grip connections simultaneously and in motion.

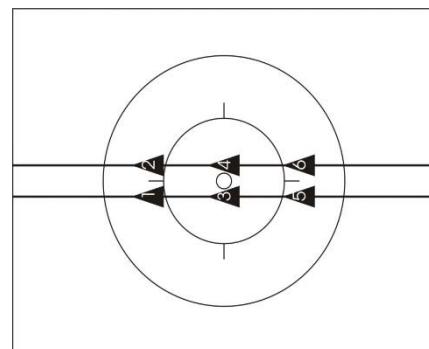
The circle has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

Single ring left (**8.3.029**)

**2 connected following each other****longline**

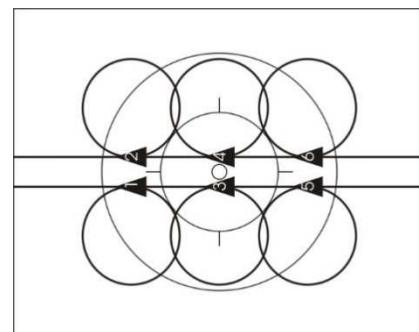
Each 2 riders are connected to each other **with** grip connection. The riders 1, 3 and 5 and the riders 2, 4 and 6 are riding on the same axis parallel to the long side of the riding-area. Rider 1 and 2, 3 and 4 and rider 5 and 6 are riding as groups on the same axis which **runs** parallel to the short side of the riding-area. The **way of stretch** for all **longline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** of the opposite border of the riding-area.



6092 a

**2 connected following each other  
longline 3 single rings right 3 single rings left**

Each 2 riders are connected to each other **with** grip connection. The riders 1, 3 and 5 and the riders 2, 4 and 6 are riding on the same axis parallel to the long side of the riding-area. Rider 1 and 2, 3 and 4 and rider 5 and 6 are riding as groups on the same axis which **runs** parallel to the short side of the riding-area.



6092 b

During the figure the grip connections have to be released simultaneously and in motion. **Rider** 1, 3 and 5 perform a single ring single ring left and **rider** 2, 4 and 6 perform a single ring right simultaneously.

The **single rings have to be performed with same size and uniform**. After the single rings the **riders** have to **close** the grip connections simultaneously and in motion.

The **longline** has to be performed 2 metres **before** and 2 metres **after** the single rings.

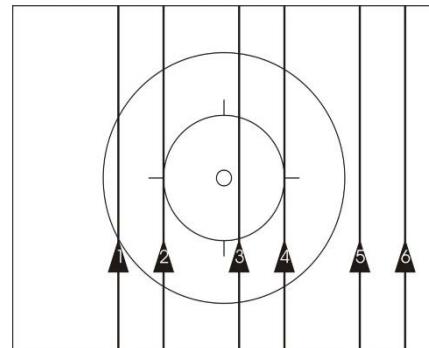
The **way of stretch** for all **longline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** of the opposite border of the riding-area.

Single ring left (**8.3.029**)

Single ring right (**8.3.030**)

**2 connected shortline**

Each 2 riders are connected to each other with grip connection, each rider is riding on an axis parallel to the short side of the riding-area. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and to the distance between rider 5 and 6. All **riders** are riding on the same axis which **runs** parallel to the long side of the riding-area. The **way of stretch** for all **short line exercises** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.



**6096 a  
6097 a  
6098 a  
6098 b  
6099 a**

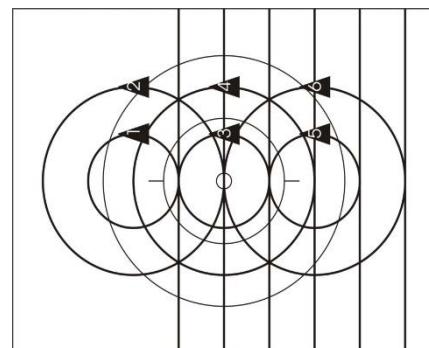
**2 connected shortline 2 connected single rings left**

Each 2 riders are connected to each other with grip connection, each rider is riding on an axis parallel to the short side of the riding-area. The distance between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and to the distance between rider 5 and 6. All **riders** are riding on the same axis which **runs** parallel to the long side of the riding-area.

During the figure **each of the group has to perform** simultaneously a **2 connected single ring left with same size and uniform**.

The shortline has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **way of stretch** for all **shortline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

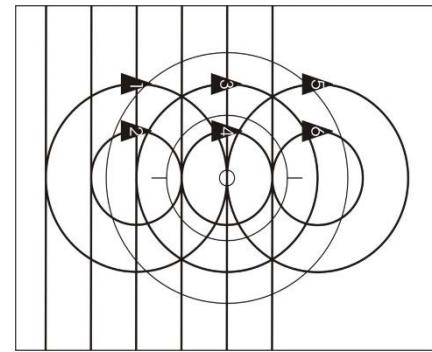


**6096 b  
6097 b  
6098 c  
6098 d  
6099 b**

**2 connected single ring left (8.3.033)**

**2 connected shortline 2 connected single rings right**

Each 2 riders are connected to each other by a grip connection, each rider is riding on an axis parallel to the short side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between rider 3 and 4 and to the distance between rider 5 and 6. All **riders** are riding on the same axis which **runs** parallel to the long side of the riding-area.



6096 c

During the figure **each of the group has to perform** simultaneously a **2 connected single ring right with same size and uniform**.

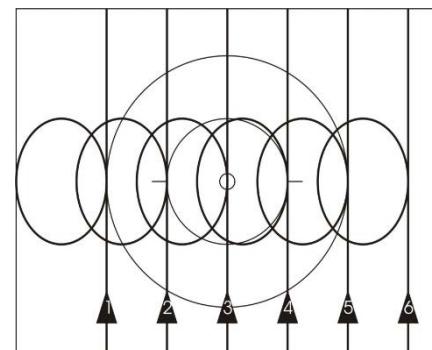
The shortline has to be performed 2 metres **before** and 2 metres **after** the single ring right.

The **way of stretch** for all **shortline figures** will start 1 metre from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

**2 connected single ring right (8.3.034)**

**2 connected shortline 6 single rings left**

Each 2 riders are connected to each other by a grip connection, each rider is riding on an axis parallel to the short side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between rider 3 and 4 and to the distance between rider 5 and 6. All **riders** are riding on the same axis which **runs** parallel to the long side of the riding-area.



6096 d

6097 c

6098 e

6098 f

6099 c

During the figure, the grip connections have to be released simultaneously and in motion. Each **rider** performs a single ring left simultaneously and uniform.

After the single rings left, the **riders** have to **close** the grip connections simultaneously and in motion.

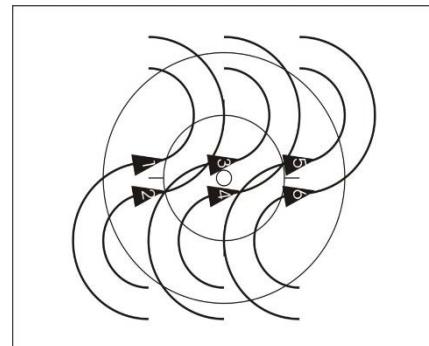
The **shortline** has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **way of stretch** for all **shortline figures** will start at 1 metre distance from the short side of the riding-area until 1 metre **before** the opposite border of the riding-area.

**Single ring left (8.3.029)**

**2 connected shortline half counter single ring**

Each 2 riders are riding next to each other with grip connection. The distance between rider 1 and 2 must be identical to the distance between rider 3 and 4 and the distance between 5 and 6. All groups are on an axis which runs parallel to the long side of the riding-area. All groups of riders perform a half counter single ring.

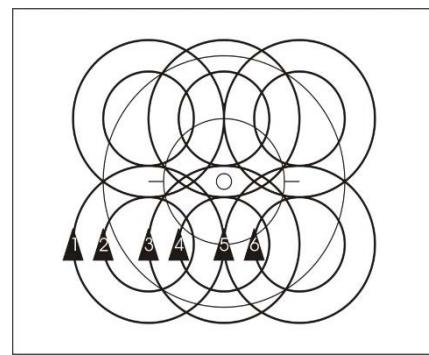


6106 a  
6107 a  
6108 a  
6108 c  
6109 a

Half counter single ring (8.3.031)

**2 connected shortline counter single ring**

Each 2 riders are riding as a group next to each other with grip connection. The distance between rider 1 and 2 must be identical to the distance between rider 3 and 4 and the distance between 5 and 6. All groups are on an axis which runs parallel to the long side of the riding-area. All groups of riders perform a counter single ring.

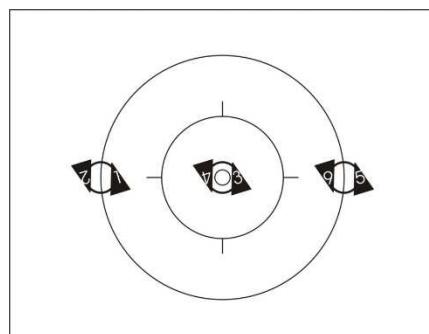


6106 b  
6107 b  
6108 b  
6108 d  
6109 b

Counter single ring (8.3.032)

**Three Mills**

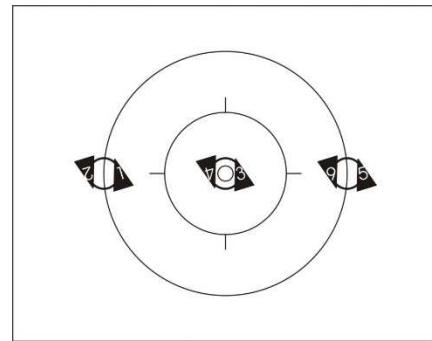
Each 2 riders are riding at equal distances following each other around a spot at the riding-area. The used spots for the mills have the same distance to the centre of the riding-area and are situated on the longitudinal axis. The third spot is situated on the centre of the riding-area. All riders of each group are connected with their left hands. The mills will start when all riders are connected. Each 3 riders (one of each group) are riding on the same longitudinal axis during the figure. This axis runs parallel (with different distances) towards the long side of the riding-area during the whole way of stretch of the circle. The figure ends, when the point is rounded completely and the starting position is reached again.



6121 a  
6122 a  
6122 b  
6122 c  
6123 a  
6123 b  
6123 c  
6123 d  
6123 e  
6123 f  
6124 a  
6124 b  
6124 c

**Three inside rings**

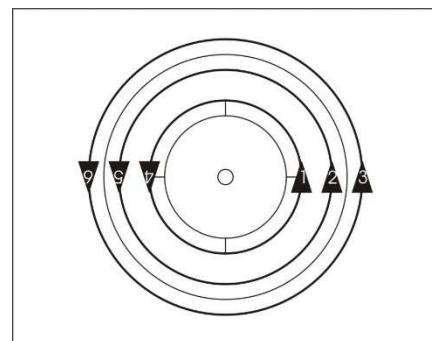
Each 2 riders are riding at equal distances following each other around a spot at the riding-area. Each rider of each group is connected with his right hand to the left hand of his partner. The used spots for the rings have the same distance to the centre of the riding-area and are situated on the longitudinal axis. The third spot is situated on the centre of the riding-area. The rings will start when all riders are connected. Each 3 riders (one of each group) are riding on the same longitudinal axis during the figure. This axis runs parallel towards the long side of the riding-area during the whole way of stretch. The figure ends, when the point is rounded completely and the starting position is reached again.



6133 a  
6133 b  
6133 c  
6133 d  
6133 e  
6134 a  
6134 b  
6134 c

**3 connected half circle**

Three riders are riding side by side with grip connection they build a group. The distance between rider 1 and 2 has to be identical to the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. Both groups are riding at same distances to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle.

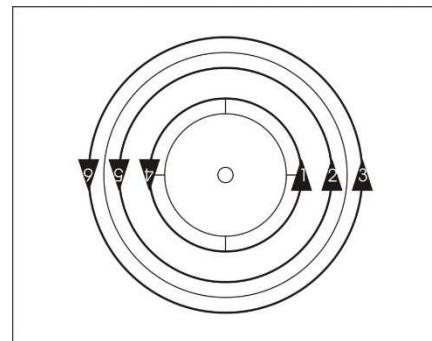


6151 a  
6152 a  
6153 a  
6153 c  
6154 a

The figure ends, when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

**3 connected circle**

Three riders are riding side by side with grip connection they build a group. The distance between rider 1 and 2 has to be identical to the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. Both groups are riding at same distances to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle.

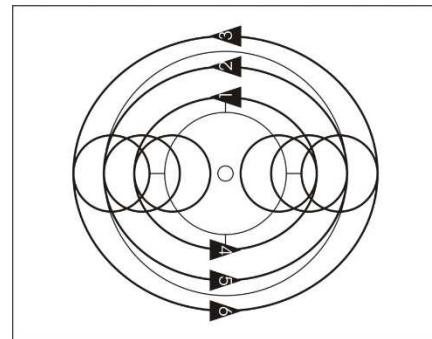


6151 b  
6152 b  
6153 b  
6153 d  
6154 b

The figure ends, when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

**3 connected half circle 6 single rings left**

Three **riders** are riding side by side with grip connection they build a group. The distance between rider 1 and 2 has to be identical to the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. Both groups are riding at same distances to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle.



6151 c  
6152 c  
6153 e  
6153 g  
6154 c

During the figure, the grip connections have to be released simultaneously and in motion. Each **rider** performs **simultaneously a single ring left with same size and uniform**. After the single rings left, the **riders** have to **close** the grip connections simultaneously and in motion.

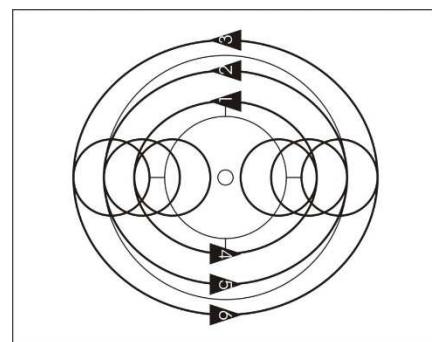
The **figure** has to be performed 2 metres **before** and 2 metre **after** the single rings.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

## Single ring left (8.3.029)

**3 connected circle 6 single rings left**

Three **riders** are riding side by side with grip connection they build a group. The distance between rider 1 and 2 has to be identical to the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. Both groups are riding at same distances to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle.



6151 d  
6152 d  
6153 f  
6153 h  
6154 d

During the figure, the grip connections have to be released simultaneously and in motion. Each **rider** performs a **simultaneously a single ring left with the same size and uniform**. After the single rings left, the **riders** have to restore the grip connections simultaneously and in motion.

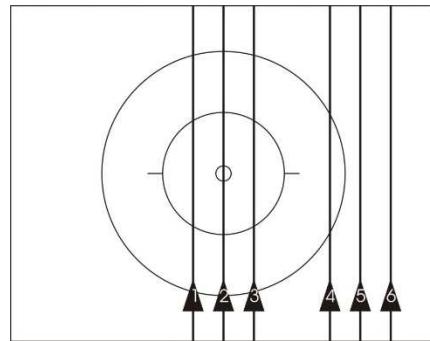
The **exercise** has to be performed 2 metres **before** and 2 metres **after** the single rings.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

## Single ring left (8.3.029)

**3 connected shortline**

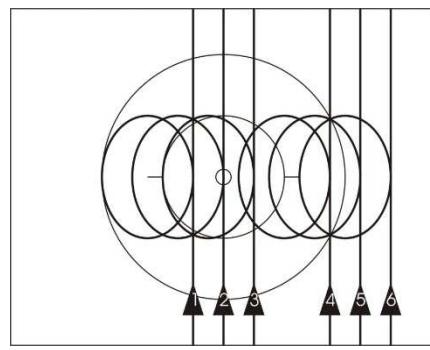
Each 3 riders are connected to each other by a grip connection, each rider is riding on an axis parallel to the short side of the riding-area. 1 and 2 has to be identical to the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. All riders are riding on the same axis which runs parallel to the long side of the riding-area. The way of stretch for all shortline figures will start 1 metre from the short side of the riding-area until 1 metre before the opposite border of the riding-area.



6165 a  
6166 a  
6167 a  
6167 b  
6168 a

**3 connected shortline 6 single rings left**

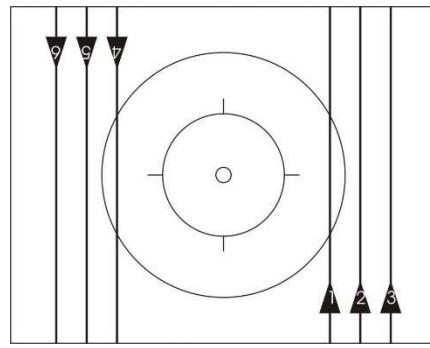
Each 3 riders are connected to each other by a grip connection, each rider is riding on an axis parallel to the short side of the riding-area. 1 and 2 has to be identical to the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. All riders are riding on the same axis which runs parallel to the long side of the riding-area. During the figure, the grip connections have to be released simultaneously and in motion. Each rider performs simultaneously a single ring left with same size and uniform. After the single rings left, the riders have to close the grip connections simultaneously and in motion. The shortline has to be performed 2 metres before and 2 metres after the single ring left. The way of stretch for all shortline figures will start at 1 metre distance from the short side of the riding-area until 1 metre before the opposite border of the riding-area.



6165 b  
6166 b  
6167 c  
6167 d  
6168 b

**Single ring left (8.3.029)****3 connected shortline opposite direction**

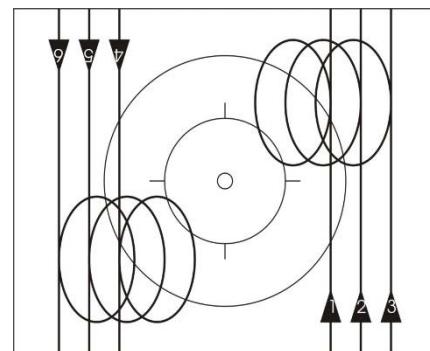
Each 3 riders are connected to each other by a grip connection, each rider is riding on an axis parallel to the short side of the riding-area. 1 and 2 has to be identical to the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. All riders are riding on the same axis which runs parallel to the long side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure. The way of stretch for all shortline figures will start 1 metre from the short side of the riding-area until 1 metre before the opposite border of the riding-area.



6170 a  
6171 a  
6172 a  
6172 b  
6173 a

**3 connected shortline opposite 6 single rings left**

Each 3 riders are connected to each other by a grip connection, each rider is riding on an axis parallel to the short side of the riding-area. 1 and 2 has to be identical to the distance between rider 2 and 3, between rider 4 and 5 and between rider 5 and 6. All riders are riding on the same axis which runs parallel to the long side of the riding-area. One group will start from the long side of the riding-area and ride to the opposite side of the riding-area. The other group will start from the other long side and will ride to the opposite side of the riding-area. Both groups are riding with the same speed during this figure. During the figure, the grip connections have to be released simultaneously and in motion. Each rider performs simultaneously a single ring left with same size and uniform. After the single rings left, the riders have to close the grip connections simultaneously and in motion. The shortline has to be performed 2 metres before and 2 metres after the single ring left. The way of stretch for all shortline figures will start at 1 metre distance from the short side of the riding-area until 1 metre before the opposite border of the riding-area.



6170 b  
6171 b  
6172 c  
6172 d  
6173 b

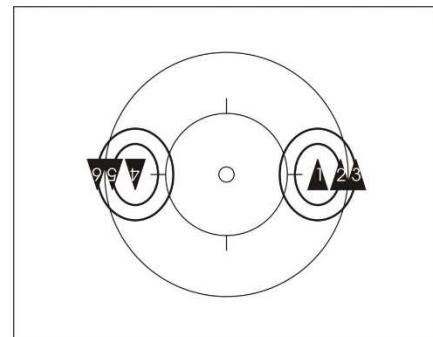
**Single ring left (8.3.029)**

**2 connected around 1**

Three riders are riding side by side with grip connection they build a group of riders. The two groups are riding on the same, imaginary axis, through the middle of riding-area.

The inside riders are standing on a spot (without pedalling), while the other two riders are riding next to each other on one line, a complete circle around the inside rider. The distance between rider 1 and 2 has to be identical to the distance between riders 4 and 5. The distance between rider 2 and 3 has to be identical to the distance between riders 5 and 6.

The figure ends after completing the way of stretch of a complete circle.



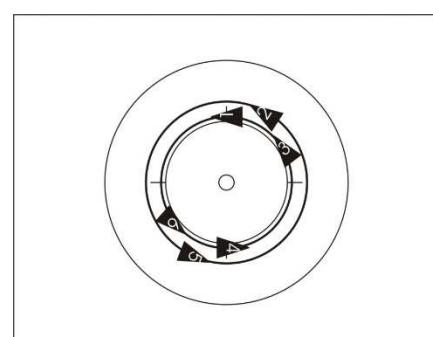
6186 a  
6187 a

**Two chains half circle**

Three riders each are riding around the 4 metre circle in left-right position.

Rider 2 and 5 are connected with their left hands to the right shoulders of rider 1 and 4. Rider 3 and 6 are connected with their right hands to the left shoulders of rider 2 and 5.

The figure ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



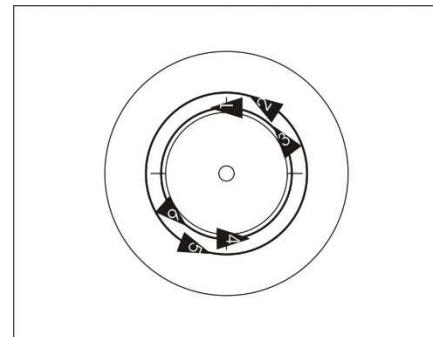
6196 a

**Two chains circle**

Three **riders** each are riding around the 4 metre circle in left-right position.

**Rider** 2 and 5 are connected with their left hands to the right shoulders of **rider** 1 and 4. **Rider** 3 and 6 are connected with their right hands to the left shoulders of **rider** 2 and 5.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



6196 b

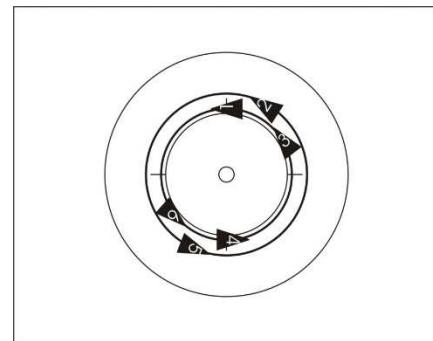
**Two chains half circle raiser**

Three **riders** each are riding around the 4 metre circle in left-right position.

**Both groups** are riding at same distances to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle. **Rider** 1 is connected with the right hand to the right hand of **rider** 2. **Rider** 2 is connected with the left hand to the right hand of **rider** 3. **Rider** 4 is

connected with his right hand to the right hand of **rider** 5. **Rider** 5 is connected with his left hand to the right hand of **rider** 6.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

6197 a  
6197 c**Two chains circle raiser**

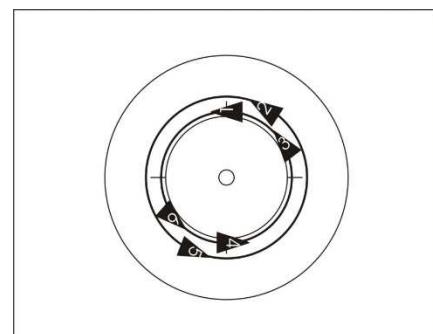
Three **riders** each are riding around the 4 metre circle in left-right position.

**Both groups** are riding at same distances to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle.

**Rider** 1 is connected with the right hand to the right hand of **rider** 2. **Rider** 2 is connected with the left hand to the right hand of **rider** 3. **Rider** 4 is

connected with his right hand to the right hand of **rider** 5. **Rider** 5 is connected with his left hand to the right hand of **rider** 6.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

6197 b  
6197 d

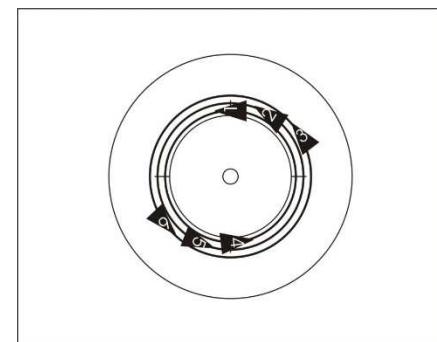
**Two saddle-grip half circle**

Three **riders** each are riding around the 4 metre circle in left-right position.

**Both groups are riding at same distances to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle.**

Rider 1 is connected with both hands to **his** own bicycle handlebar. Rider 2 is connected with **his** left hand to the saddle of **rider 1**. Rider 3 is connected with **his** left hand to the saddle of **rider 2**. Rider 4 is connected with both hands to **his** own bicycle handlebar. Rider 5 is connected with **his** left hand to the saddle of **rider 4**. Rider 6 is connected with **his** left hand to the saddle of **rider 5**.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



6201 a

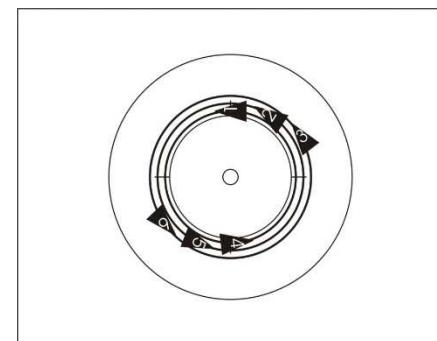
**Two saddle-grip circle**

Three **riders** each are riding around the 4 metre circle in left-right position.

**Both groups are riding at same distances to each other and at same distance to the 4-metre-circle, at the outside of the 4-metre-circle.**

Rider 1 is connected with both hands to **his** own bicycle handlebar. Rider 2 is connected with **his** left hand to the saddle of **rider 1**. Rider 3 is connected with **his** left hand to the saddle of **rider 2**. Rider 4 is connected with both hands to **his** own bicycle handlebar. Rider 5 is connected with **his** left hand to the saddle of **rider 4**. Rider 6 is connected with **his** left hand to the saddle of **rider 5**.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



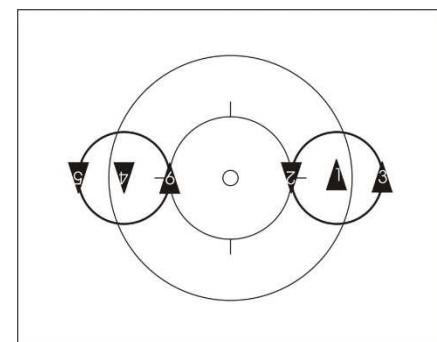
6201 b

**Two Turbines**

Three **riders** are next to each other on an axis around a spot at the riding-area and are connected by hand-in-hand grip connection. The central rider is standing on this spot without pedalling. The used spots for the turbines have the same distance to the centre of the riding-area and are situated on the longitudinal axis. The two outside riders are riding in the same direction around the central rider and will turn the rider on the spot; performing a turbine.

Each rider (one of each group) are riding on the same longitudinal axis during the **figure**. This axis **runs** parallel towards the long side of the riding-area during the whole **way of stretch** of the circle.

The **figure** is finished if the starting position is reached.



6208 a

6208 b

6208 c

6208 d

6208 e

6208 f

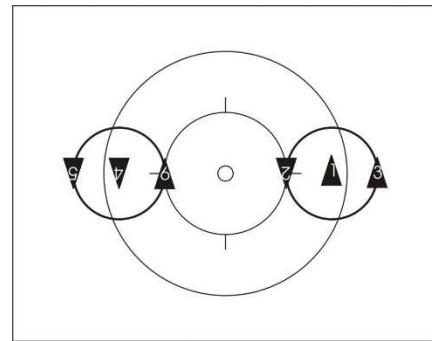
6209 a

6209 b

6209 c

**Two Turbines 3 spinnings**

Three riders are next to each other on an axis around a spot at the riding-area and are connected by hand-in-hand grip connection. The central rider is standing on this spot without pedalling. The used spots for the turbines have the same distance to the centre of the riding-area and are situated on the longitudinal axis. The two outside riders are riding in the same direction around the central rider and will turn the rider on the spot; performing a turbine.



6209 d

Each rider (one of each group) are riding on the same longitudinal axis during the figure. This axis runs parallel towards the long side of the riding-area during the whole way of stretch of the circle.

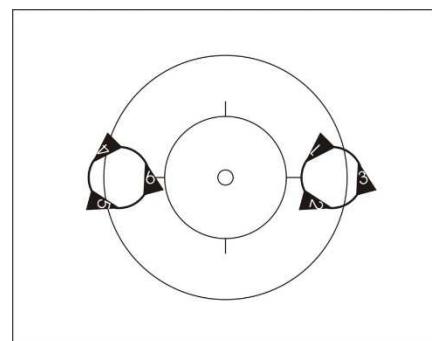
During the figure, the grip connections have to be released simultaneously and in motion and the two central riders have to perform three spinnings simultaneously.

After the spinnings the grip connections have to be closed simultaneously and in motion. The Turbine has to be performed 2 metres before and 2 metres after the spinnings.

The figure ends when after a complete surrounding the starting position is reached.

**Spinnings (8.3.037)****Two Mills**

Each three riders are riding at equal distances following each other around a spot at the riding-area. They are connected with their left hands. The used spots for the mills have the same distances to the centre of the riding-area and are situated on the longitudinal axis. The mills will start at when all grip connections are closed.

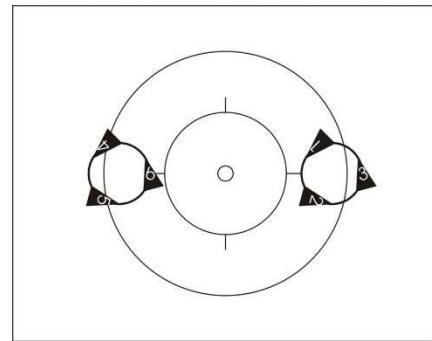


6216 a  
6217 a  
6217 b  
6217 c  
6218 a  
6218 b  
6218 c  
6218 d  
6218 e  
6218 f  
6219 a  
6219 b  
6219 c

Each 2 riders (one of each group) are riding on the same longitudinal axis during the figure. This axis runs parallel towards the long side of the riding-area during the whole way of stretch of the circle. The figure ends after a complete surrounding when the starting position is reached.

**Two inside rings**

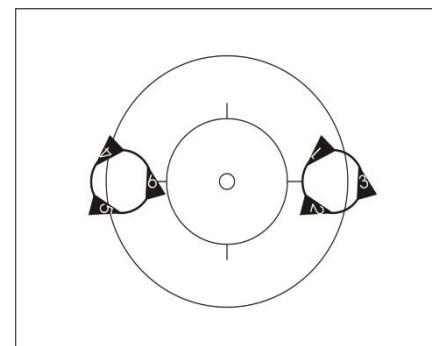
Each three riders are riding at equal distances following each other around a spot at the riding-area. **The used spots for the rings have the same distance to the centre of the riding-area and are situated on the longitudinal axis.** Each rider of each group **grabs with his right hand the left hand of the rider in front of him.** Both rings will start when all grip connections are **closed.** Each 2 riders (one of each group) are riding on the same longitudinal axis during the **figure.** This axis runs parallel towards the long side of the riding-area during the whole **way of stretch** of the circle. The **figure ends after a complete surrounding when the starting position is reached.**



**6228 a  
6228 b  
6228 c  
6228 d  
6228 e  
6229 a  
6229 b  
6229 c**

**Two outside rings**

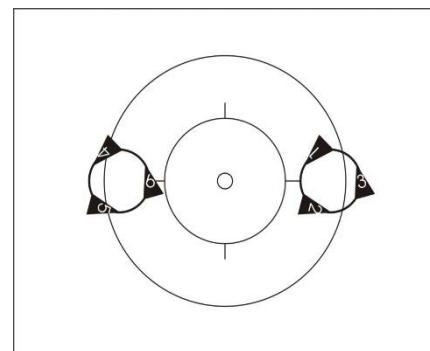
Each three riders are riding at equal distances following each other around a spot at the riding-area. **The used spots for the rings have the same distance to the centre of the riding-area and are situated on the longitudinal axis.** Each rider of each group **grabs with his left hand the right hand of the rider in front of him.** Both rings will start when all grip connections are **closed.** Each 2 riders (one of each group) are riding on the same longitudinal axis during the **figure.** This axis runs parallel towards the long side of the riding-area during the whole **way of stretch** of the circle. The **figure ends after a complete surrounding when the starting position is reached.**



**6236 a  
6236 b  
6236 c  
6236 d  
6236 e  
6237 a  
6237 b  
6237 c**

**Two outside rings half surrounding followed by two inside rings half surrounding**

The starting position are two outside rings. After **at least** a half surrounding the **riders change** into two inside rings. Releasing the grip connections of the **outside rings into the inside rings have to occur simultaneously and in motion**. The **figure** ends after the **way of stretch** of a half circle inside ring **is performed**.



6236 f  
6237 d

**Two outside rings**

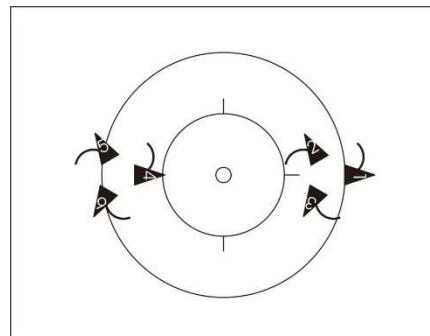
Each three riders are riding at equal distances following each other around a spot at the riding-area. **The used spots for the rings have the same distance to the centre of the riding-area and are situated on the longitudinal axis**. Each rider of each group **grabs with his left hand the right hand of the rider in front of him**. Both rings will start **when all grip connections are closed**. Each 2 riders (one of each group) are riding on the same longitudinal axis during the **figure**. This axis runs parallel towards the long side of the riding-area during the whole **way of stretch** of the circle. The **figure** ends **after a complete surrounding** when the starting position is reached.

**Two inside rings**

Each three riders are riding at equal distances following each other around a spot at the riding-area. **The used spots for the rings have the same distance to the centre of the riding-area and are situated on the longitudinal axis**. Each rider of each group **grabs with his right hand the left hand of the rider in front of him**. Both rings will start **when all grip connections are closed**. Each 2 riders (one of each group) are riding on the same longitudinal axis during the **figure**. This axis runs parallel towards the long side of the riding-area during the whole **way of stretch** of the circle. The **figure** ends **after a complete surrounding** when the starting position is reached.

**Two stars outside**

Three riders each are **connected and standing without moving around a common spot**. The rear wheels of the bikes show in **direction of a point** which is **situated with same distance to the centre of the riding-area and on the longitudinal axis**.

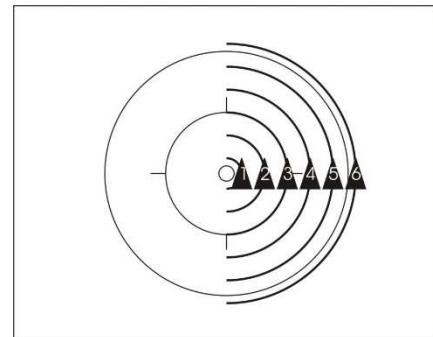


6251 a  
6252 a

**6 connected half circle**

All **riders** are riding with grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider 1** and 2 has to be identical to the distance between riders 2 and 3, between riders 3 and 4, between riders 4 and 5 and between riders 5 and 6. In maximum two riders are allowed to ride within the 4-metre-circle.

The figure ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

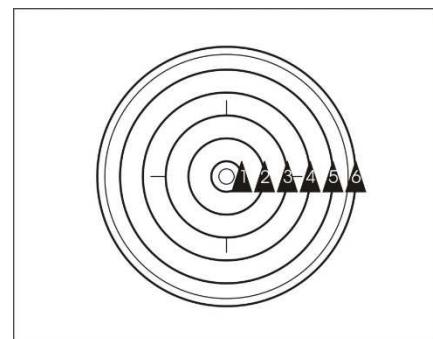


**6271 a  
6272 a  
6273 a  
6273 c  
6274 a**

**6 connected circle**

All **riders** are riding with grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider 1** and 2 has to be identical to the distance between riders 2 and 3, between riders 3 and 4, between riders 4 and 5 and between riders 5 and 6. In maximum two riders are allowed to ride within the 4-metre-circle.

The figure ends when the 4-metre-circle is rounded at the outside of the 4-metre-circle.

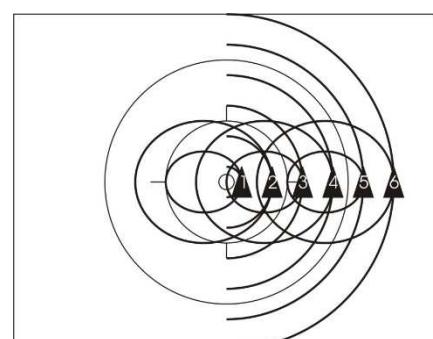


**6271 b  
6272 b  
6273 b  
6273 d  
6274 b**

**6 connected half circle 2 connected single rings left**

All **riders** are riding with grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider 1** and 2 has to be identical to the distance between riders 2 and 3, between riders 3 and 4, between riders 4 and 5 and between riders 5 and 6. In maximum two riders are allowed to ride within the 4-metre-circle. During the figure the grip connections between **rider 2** and 3 and **rider 4** and 5 have to be released. The three groups of **riders** perform a **2 connected single ring left** simultaneously and uniform. The half circle has to be performed 2 metres before and 2 metres **after** the single ring left.

The figure ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



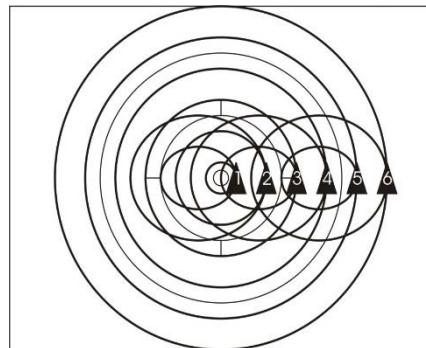
**6271 c  
6272 c  
6273 e  
6273 g  
6274 c**

2 connected single ring left (8.3.033)

**6 connected circle 2 connected single rings left**

All **riders** are riding with grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider 1** and 2 has to be identical to the distance between riders 2 and 3, between riders 3 and 4, between riders 4 and 5 and between riders 5 and 6. In maximum two riders are allowed to ride within the 4-metre-circle. During the figure the grip connections between **rider 2** and 3 and **rider 4** and 5 have to be released. The three groups of **riders** perform a **2 connected single ring left** simultaneously and uniform. The circle has to be performed 2 metres before and 2 metres **after** the single ring left.

The **figure** ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

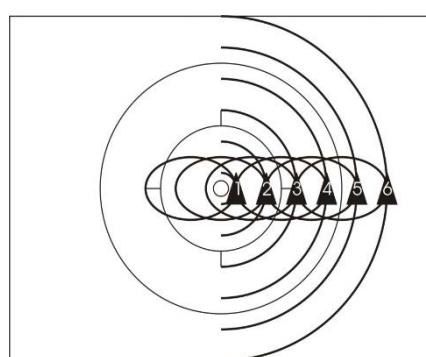


6271 d  
6272 d  
6273 f  
6273 h  
6274 d

**2 connected single ring left (8.3.033)****6 connected half circle 6 single rings left**

All **riders** are riding with grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider 1** and 2 has to be identical to the distance between riders 2 and 3, between riders 3 and 4, between riders 4 and 5 and between riders 5 and 6. In maximum two riders are allowed to ride within the 4-metre-circle. During the figure, the grip connections have to be released simultaneously and in motion and all **riders** have to perform a single ring left simultaneously and uniform. After the single rings left, the **riders** have to close the grip connections simultaneously and in motion. The half circle has to be performed 2 metres **before** and 2 metres after the single rings left.

The **figure** ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

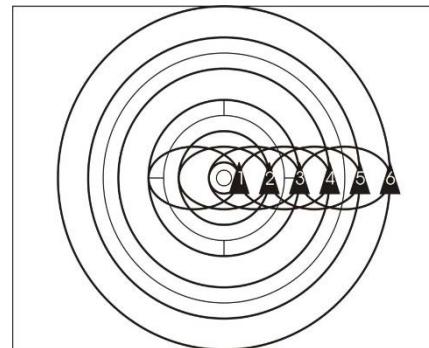


6271 e  
6272 e  
6273 i  
6273 k  
6274 e

**Single ring left (8.3.029)**

**6 connected circle 6 single rings left**

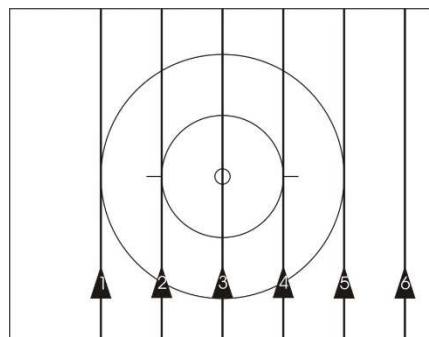
All **riders** are riding with grip connection side by side on an axis, which goes through the center of the riding-area, around the 4-metre-circle. The distance between **rider 1** and 2 has to be identical to the distance between **riders 2 and 3**, between **riders 3 and 4**, between **riders 4 and 5** and between **riders 5 and 6**. In maximum two **riders** are allowed to ride within the 4-metre-circle. During the figure, the grip connections have to be released simultaneously and in motion **and all riders** have to perform a single ring left simultaneously and uniform. After the single rings left, the **riders** have to **close** the grip connections simultaneously and in motion. The half circle has to be performed 2 metres **before** and 2 metres after the single rings left. The figure ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



**6271 f  
6272 f  
6273 j  
6273 l  
6274 f**

**Single ring left (8.3.029)****6 connected shortline**

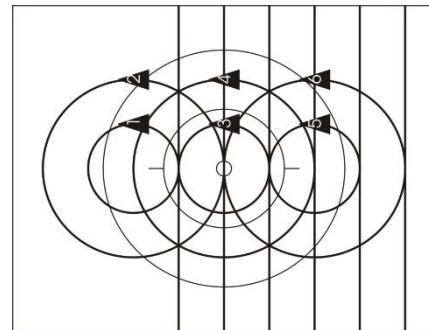
All **riders** are connected to each other **with** grip connection and are riding on the same axis parallel to the short side of the riding-area. The distances between **rider 1** and 2 has to be identical to the distance between **riders 2 and 3**, between **riders 3 and 4**, between **riders 4 and 5** and between **riders 5 and 6**. The way of stretch for all shortline **figures** will start 1 metre from the short side of the riding-area until 1 metre before the opposite border of the riding-area.



**6281 a  
6282 a  
6283 a  
6283 b  
6284 a**

**6 connected shortline 2 connected single rings left**

All riders are connected to each other with grip connection and are riding on the same axis parallel to the short side of the riding-area. The distances between rider 1 and 2 has to be identical to the distance between riders 2 and 3, between riders 3 and 4, between riders 4 and 5 and between riders 5 and 6. During the figure the grip connection between rider 2 and rider 3 and between rider 4 and 5 have to be released simultaneously and in motion.



6281 b  
6282 b  
6283 c  
6283 d  
6284 b

The three groups of riders have to perform simultaneously a 2 connected single ring left with same size and uniform.

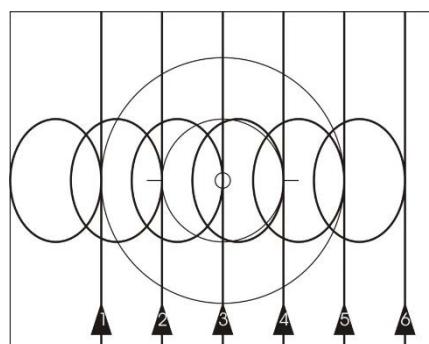
After the single rings the riders have to close the grip connection simultaneously and in motion.

The way of stretch for all shortline figures will start 1 metre from the short side of the riding-area until 1 metre before the opposite border of the riding-area.

2 connected single ring left (8.3.033)

**6 connected shortline 6 single rings left**

All riders are connected to each other with grip connection and are riding on the same axis parallel to the short side of the riding-area. The distances between rider 1 and 2 has to be identical to the distance between riders 2 and 3, between riders 3 and 4, between riders 4 and 5 and between riders 5 and 6. During the figure, the grip connections have to be released simultaneously and in motion and all riders have to perform a single ring left simultaneously and uniform. After the single rings left, the riders have to close the grip connections simultaneously and in motion.



6281 c  
6282 c  
6283 e  
6283 f  
6284 c

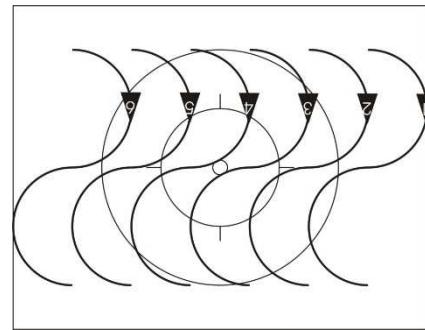
The shortline has to be performed 2 metres before and 2 metres after the single rings left.

The way of stretch for all shortline figures will start 1 metre from the short side of the riding-area until 1 metre before the opposite border of the riding-area.

Single ring left (8.3.029)

**6 next to each other shortline half counter single ring**

All riders are riding next to each other without grip connection on **an axis** which **runs** parallel to the long side of the riding-area. The distance between rider 1 and 2 must be identical to the distance between rider 2 and 3 to the distance between rider 3 and 4 to the distance between 4 and 5 and to the distance between rider 5 and 6. All **riders** perform a half counter single ring.

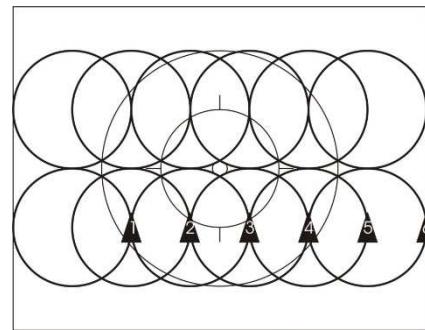


6281 d  
6284 d

Half counter single ring (8.3.031)

**6 next to each other shortline counter single ring**

All riders are riding next to each other without grip connection on **an axis** which moves parallel to the long side of the riding-area. **The distance between rider 1 and 2 must be identical to the distance between rider 2 and 3 to the distance between rider 3 and 4 to the distance between 4 and 5 and to the distance between rider 5 and 6.** All **riders** perform a counter single ring.



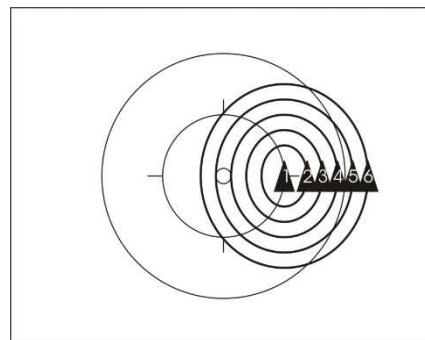
6281 e  
6284 e

Counter single ring (8.3.032)

**Surrounding 5 around 1**

All riders are riding next to each other **with** grip connection.

The inside rider is standing on a spot (without pedaling), while the other **five** riders are riding next to each other, in one line, a complete circle around the inside rider. **The distance between rider 2 and 3 has to be identical to the distance between rider 3 and 4, between rider 4 and 5 and between rider 5 and 6.**



6291 a  
6292 a  
6293 a  
6293 b  
6294 a

The **figure** ends after completing surrounding around the inside rider.

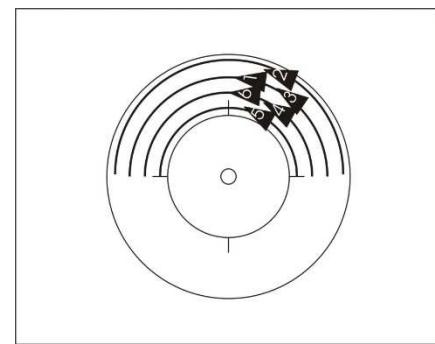
**Coach half circle**

All **riders** are riding around the 4-metre-circle.

**Rider 1** is connected with **his** right hand to the left bicycle handlebar-grip of **rider 2**. **Rider 2** is grabs with **his** left hand backward to the right shoulder of **rider 3**. **Rider 3** **grabs** with his left hand, to the right shoulder of **rider 4**. **Rider 4** **grabs** with **his** left hand towards to the right shoulder of **rider 5**.

**Rider 5** **grabs** with **his** right hand towards to the left shoulder of **rider 6**. **Rider 6** **grabs** with the right hand to the shoulder of **rider 1**.

The figure ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



6301 a

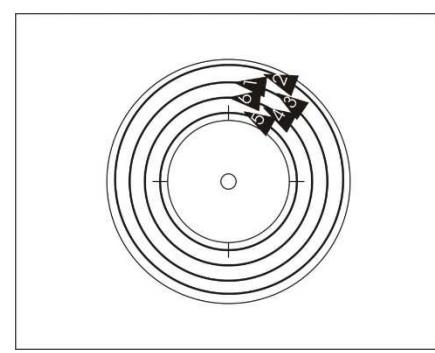
**Coach circle**

All **riders** are riding around the 4-metre-circle.

**Rider 1** is connected with **his** right hand to the left bicycle handlebar-grip of **rider 2**. **Rider 2** is grabs with **his** left hand backward to the right shoulder of **rider 3**. **Rider 3** **grabs** with his left hand, to the right shoulder of **rider 4**. **Rider 4** **grabs** with **his** left hand towards to the right shoulder of **rider 5**.

**Rider 5** **grabs** with **his** right hand towards to the left shoulder of **rider 6**. **Rider 6** **grabs** with the right hand to the shoulder of **rider 1**.

The figure ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



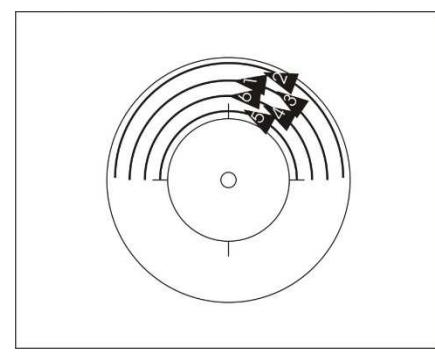
6301 b

**Coach half circle raiser**

All **riders** are riding around the 4-metre-circle

**Rider 1** **grabs** with **his** right hand the right hand of **rider 2**. **Rider 2** **grabs** with his left Hand the right hand of **rider 3**. **Rider 3** **grabs** with **his** left hand the right hand of **rider 4**. **Rider 4** **grabs** with **his** left hand the right hand of **rider 5**. **Rider 5** **grabs** with his left hand the left hand of **rider 6**. **Rider 6** **grabs** with his right hand the left hand of **rider 1**.

The figure ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



6302 a

**Coach circle raiser**

All **riders** are riding around the 4-metre-circle

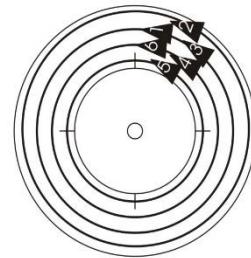
**Rider 1** grabs with his right hand the right hand of **rider 2**. **Rider 2** grabs with his left Hand the right hand of **rider 3**.

**Rider 3** grabs with his left hand the right hand of **rider 4**. **Rider 4** grabs with his left hand the right hand of **rider 5**.

**Rider 5** grabs with his left hand the left hand of **rider 6**. **Rider 6** grabs with his right hand the left hand of **rider 1**.

The figure ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

6302 b

**Snake half circle**

All **riders** are riding around the 4-metre circle in left-right position.

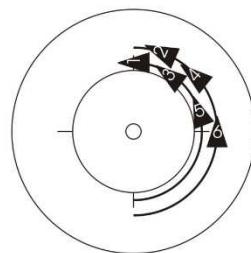
**Rider 1** grabs with his right hand to the Handlebar of **rider 2**. **Rider 2** grabs with his left hand to the handlebar of **rider 3**.

**Rider 3** grabs with his right hand to the handlebar of **rider 4**. **Rider 4** grabs with his left Hand to the handlebar of **rider 5**.

**Rider 5** grabs with his right hand to the handlebar of **rider 6**. **Rider 6** grabs with both hands to his own handlebar.

The figure ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.

6311 a

**Snake Circle**

All **riders** are riding around the 4-metre circle in left-right position.

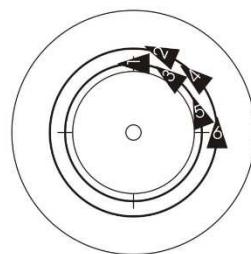
**Rider 1** grabs with his right hand to the Handlebar of **rider 2**. **Rider 2** grabs with his left hand to the handlebar of **rider 3**.

**Rider 3** grabs with his right hand to the handlebar of **rider 4**. **Rider 4** grabs with his left Hand to the handlebar of **rider 5**.

**Rider 5** grabs with his right hand to the handlebar of **rider 6**. **Rider 6** grabs with both hands to his own handlebar.

The figure ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.

6311 b



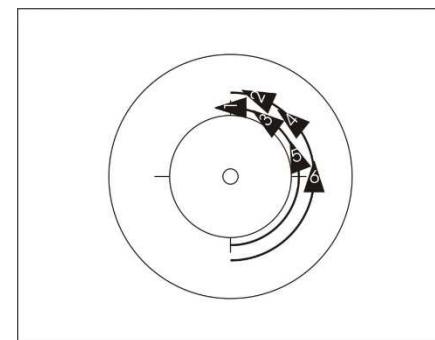
**Chain half circle**

All **riders** are riding around the 4-metre-circle in left-right position.

**Rider 1** grabs with both hands his handlebar. **Rider 2** grabs with his left hand to the right shoulder of **rider 1**. **Rider 3** grabs with his right hand to the left shoulder of **rider 2**. **Rider 4** grabs with his left hand to the right shoulder of **rider 3**. **Rider 5** grabs with his right hand to the left shoulder of **rider 4**.

**Rider 6** grabs with his left hand to the right shoulder of **rider 5**.

The figure ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



6316 a

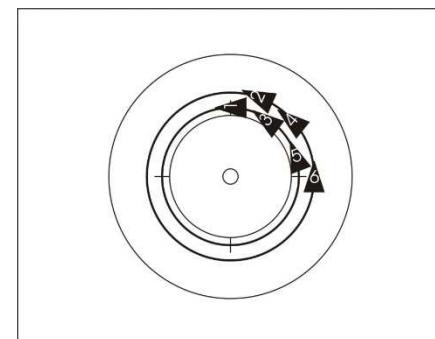
**Chain Circle**

All **riders** are riding around the 4-metre-circle in left-right position.

**Rider 1** grabs with both hands his handlebar. **Rider 2** grabs with his left hand to the right shoulder of **rider 1**. **Rider 3** grabs with his right hand to the left shoulder of **rider 2**. **Rider 4** grabs with his left hand to the right shoulder of **rider 3**. **Rider 5** grabs with his right hand to the left shoulder of **rider 4**.

**Rider 6** grabs with his left hand to the right shoulder of **rider 5**.

The figure ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



6316 b

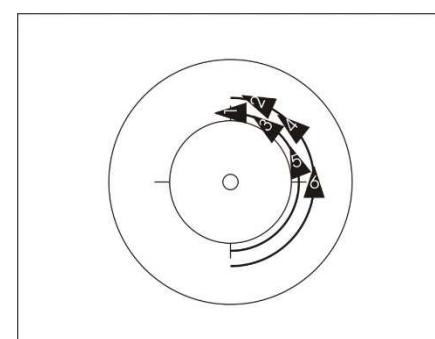
**Chain half circle raiser**

All **riders** are riding around the 4-metre-circle in left-right position.

**Rider 1** grabs with his right hand the right Hand of **rider 2**. **Rider 2** grabs with his left hand the left hand of **rider 3**. **Rider 3** grabs with his right hand the right hand of **rider 4**. **Rider 4** grabs with his left hand the left hand of **rider 5**. **Rider 5** grabs with his right hand the right hand of **rider 6**.

All not connected arms have to be stretched sideways and horizontally.

The figure ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



6317 a

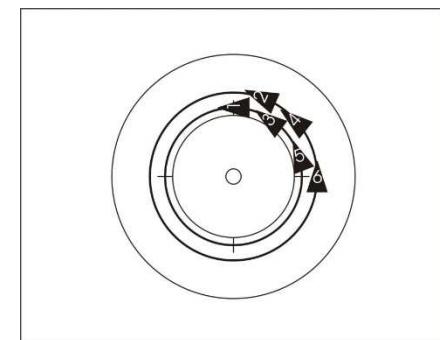
6318 a

**Chain circle raiser**

All **riders** are riding around the 4-metre-circle in left-right position.

**Rider 1** grabs with his right hand the right Hand of **rider 2**. **Rider 2** grabs with his left hand the left hand of **rider 3**. **Rider 3** grabs with his right hand the right hand of **rider 4**. **Rider 4** grabs with his left hand the left hand of **rider 5**. **Rider 5** grabs with his right hand the right hand of **rider 6**.

All not connected arms have to be stretched sideways and horizontally. The figure ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



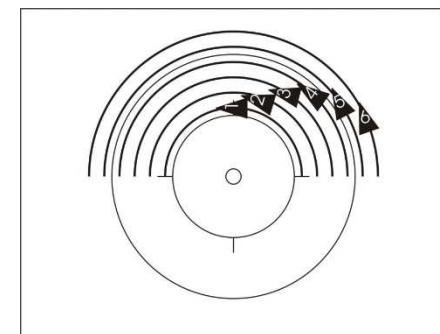
**6317 b  
6318 b**

**Saddlegrip half circle**

All **riders** are riding around the 4-metre-circle in left-right position.

**Rider 1** grabs with both hands his handlebar. **Rider 2** grabs with his left hand the saddle of **rider 1**. **Rider 3** grabs with his left hand the saddle of **rider 2**. **Rider 4** grabs with his left hand the saddle of **rider 3**. **Rider 5** grabs with his left hand the saddle of **rider 4**. **Rider 6** grabs with his left hand the saddle of **rider 5**.

The figure ends when the 4-metre-circle is rounded half at the outside of the 4-metre-circle.



**6321 a**

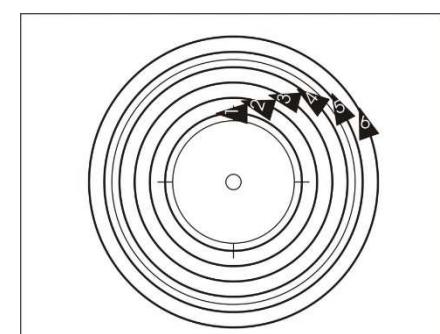
**Saddlegrip Circle**

All **riders** are riding around the 4-metre-circle in left-right position.

**Rider 1** grabs with both hands his handlebar. **Rider 2** grabs with his left hand the saddle of **rider 1**. **Rider 3** grabs with his left hand the saddle of **rider 2**. **Rider 4** grabs with his left hand the saddle of **rider 3**. **Rider 5** grabs with his left hand the saddle of **rider 4**.

**Rider 6** grabs with his left hand the saddle of **rider 5**.

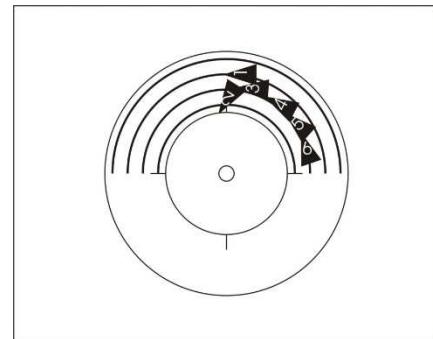
The figure ends when the 4-metre-circle is rounded completely at the outside of the 4-metre-circle.



**6321 b**

**Saddlegrip pass through**

Starting position is the saddlegrip. Rider 1 and 2 are connected to each other with their left hands. Riders 2, 3, 4, 5 and 6 are connected to each other by saddle grip and will pass rider 1 at the inside. This way the riders execute a "pass through". The figure when all riders are performing a saddlegrip or a saddlegrip-ring.



6322 a

**Saddlegrip**

All riders are riding around the 4-metre-circle in left-right position.

Rider 1 grabs with both hands his handlebar. Rider 2 grabs with his left hand the saddle of rider 1. Rider 3 grabs with his left hand the saddle of rider 2. Rider 4 grabs with his left hand the saddle of rider 3. Rider 5 grabs with his left hand the saddle of rider 4.

Rider 6 grabs with his left hand the saddle of rider 5.

**Saddlegrip-ring**

All riders are riding behind each other at the same distance between each other while riding around the centre of the riding-area.

Rider 1 grabs with his left hand the saddle of rider 6. Rider 2 grabs with his left hand the saddle of rider 1. Rider 3 grabs with his left hand the saddle of rider 2. Rider 4 grabs with his left hand the saddle of rider 3. Rider 5 grabs with his left hand the saddle of rider 4. Rider 6 grabs with his left hand the saddle of rider 5.

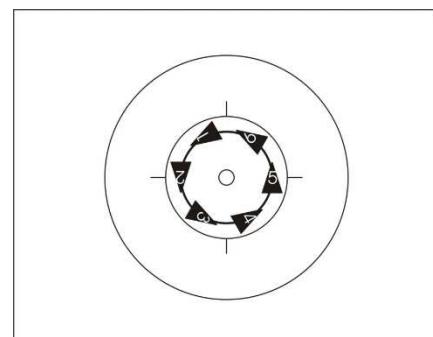
**Saddlegrip-ring**

All riders are riding behind each other at the same distance between each other while riding around the centre of the riding-area.

Rider 1 grabs with his left hand the saddle of rider 6. Rider 2 grabs with his left hand the saddle of rider 1.

Rider 3 grabs with his left hand the saddle of rider 2. Rider 4 grabs with his left hand the saddle of rider 3.

Rider 5 grabs with his left hand the saddle of rider 4. Rider 6 grabs with his left hand the saddle of rider 5.



6323 a  
6324 a  
6324 b  
6324 c

The figure ends after the way of stretch of a complete circle around the centre of the riding-area.

**Saddlegrip-ring 6 single rings right**

All **riders** are riding behind each other at the same distance between each other while riding around the centre of the riding-area.

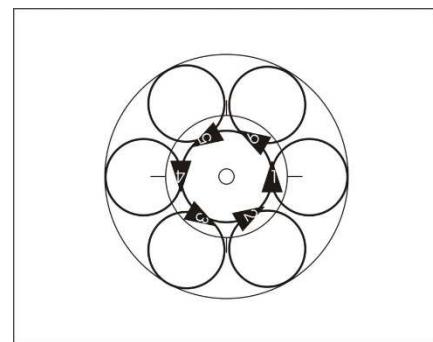
**Rider 1** grabs with his left hand the saddle of **rider 6**. **Rider 2** grabs with his left hand the saddle of **rider 1**. **Rider 3** grabs with his left hand the saddle of **rider 2**. **Rider 4** grabs with his left hand the saddle of **rider 3**.

**Rider 5** grabs with his left hand the saddle of **rider 4**. **Rider 6** grabs with his left hand the saddle of **rider 5**.

During the figure, the grip connections have to be released. Each **rider** has to perform a **single ring right** with same size and uniform.

The saddlegrip-ring has to be performed 2 metres **before** and 2 metres **after** the single ring left.

The **figure** ends after the **way of stretch** of a complete circle around the centre of the riding-area.



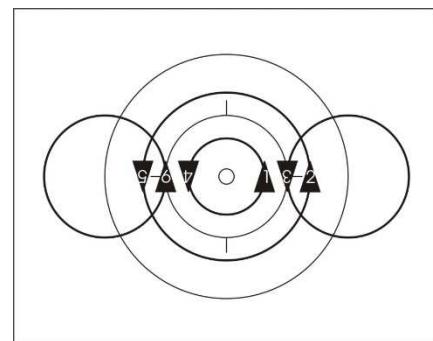
6323 b

**Single ring right (8.3.030)****2 connected wingmill opposite direction door**

Two riders of each group are connected by grip-connection and are riding side by side. The distances between **rider 1** and **2** has to be identical to the distance between **rider 3** and **4**. Both groups are riding with same distances between each other on the same axis around the centre of the riding-area. The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area, performing a **wingmill**.

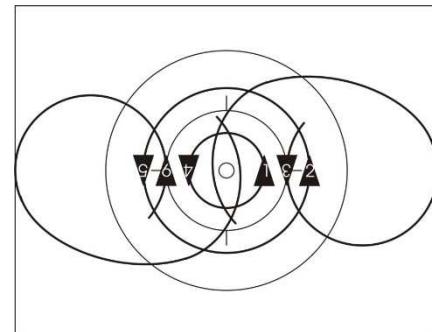
The two other riders are riding on the same, imaginary, axis which runs parallel to the short or long side of the riding-area. Each of the passing riders has to perform simultaneous twice a circle with same diameter and same speed through the outside doors of the wingmill. The way of stretch for the passing riders starts 2 metres before the first passing of the door and ends 2 metres after the last passing of the door.

The wingmill has to move until the mentioned **way of stretch** of the passing riders is completed.


 6331 a  
 6332 a  
 6332 b  
 6333 a

**2 connected wingmill opposite direction door simultaneously**

Two riders of each group are connected by grip-connection and are riding side by side. The distances between rider 1 and 2 has to be identical to the distance between rider 3 and 4. Both groups are riding with same distances between each other on the same axis around the centre of the riding-area. The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area, performing a wingmill.



6331 b  
6332 c  
6332 d  
6333 b

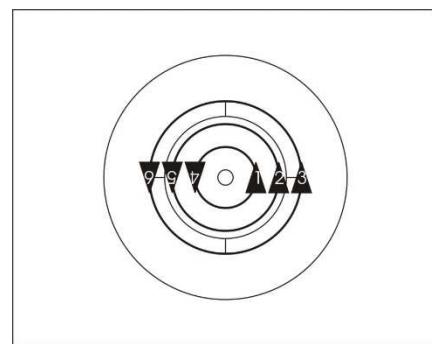
The two other riders are riding on the same, imaginary, axis which runs parallel to the short or long side of the riding-area. Each of the passing riders has to perform simultaneous twice a circle with same diametre and same speed through the doors of the wingmill.

The riders have to ride once simultaneously through the two outside doors and once simultaneously through the middle door. The way of stretch for the passing riders starts 2 metres before the first passing of the door and ends 2 metres after the last passing of the door.

The wingmill has to move until the mentioned way of stretch of the passing riders is completed.

**3 connected wingmill**

Each three riders of are connected by grip-connection and are riding side by side on an axis. The distances between rider 1 and 2 and between rider 2 and 3 has to be identical to the distances of rider 4 and 5 and between rider 5 and 6. Both groups are riding with same distances between each other at the same axis, while riding at the same distances around the centre of the riding-area. The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area.

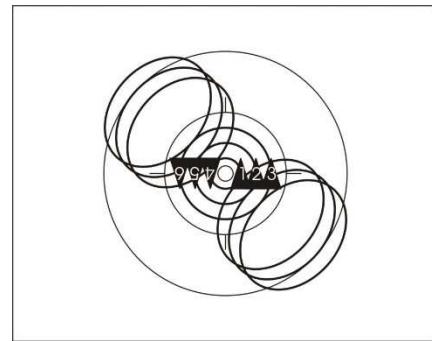


6341 a  
6342 a  
6342 b  
6342 c  
6343 a  
6343 b  
6343 c  
6343 d  
6343 e  
6343 f  
6344 a  
6344 b  
6344 c  
6344 d

The figure ends after a complete surrounding around the centre of the riding-area.

**3 connected wingmill half surrounding 6 single rings right**

Each three riders of are connected by grip connection and are riding side by side **on an axis**. The distances between rider 1 and 2 and between rider 2 and 3 must be identical to the distances of rider 4 and 5 and between rider 5 and 6. Both groups are riding with same distances between each other at the same axis, while riding at the same distances around the centre of the riding-area. The inside riders of the groups are connected to each other by **their left hands**, above the centre of the riding-area.



**6341 b  
6345 a**

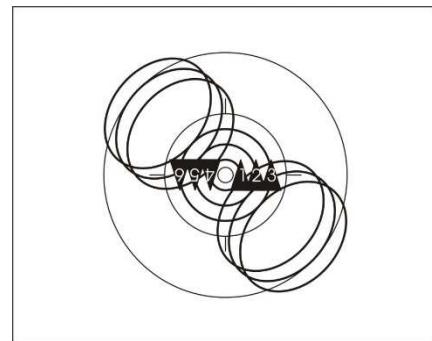
During the figure the grip connections have to be released simultaneously and in motion. Each **rider** performs a single ring right simultaneously and uniform. After the single rings the **riders** have to **close** the grip connection simultaneously and in motion.

The **3 connected wingmill** has to be performed 2 metres before and 2 metres after the **single rings right**.

The **figure** ends after a half surrounding around the centre of the riding-area.

Single ring right (**8.3.030**)**3 connected wingmill 6 single rings right**

Each three riders of are connected by grip-connection and are riding side by side **on an axis**. The distances between rider 1 and 2 and between rider 2 and 3 must be identical to the distances of rider 4 and 5 and between rider 5 and 6. Both groups are riding with same distances between each other at the same axis, while riding at the same distances around the centre of the riding-area. The inside riders of the groups are connected to each other by **their left hands**, above the centre of the riding-area.



**6341 c  
6345 b**

During the figure the grip connections have to be released simultaneously and in motion. Each **rider** performs a single ring right simultaneously and uniform. After the single rings the **riders** have to **close** the grip connection simultaneously and in motion.

The **3 connected wingmill** has to be performed 2 metres before and 2 metres after the **single rings right**.

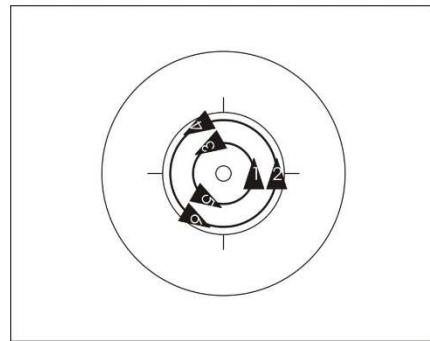
The **figure** ends **after** a complete surrounding around the centre of the riding-area.

Single ring right (**8.3.030**)

**2 connected wingmill**

Each two riders of each group are connected and are riding side by side **on an axis**. The distances between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and between rider 5 and 6. All groups are riding **with** same distances between each other, while riding at the same distances around the centre of the riding-area. The inside riders of the groups are connected to each other by **their** left hands, above the centre of the riding-area.

The **figure** ends **after** a complete surrounding around the centre of the riding-area.



- 6351 a
- 6352 a
- 6352 d
- 6352 e
- 6353 a
- 6353 b
- 6353 c
- 6353 d
- 6353 e
- 6353 f
- 6354 a
- 6354 b
- 6354 c
- 6354 d

**2 connected wingmill half surrounding 2 connected single rings right**

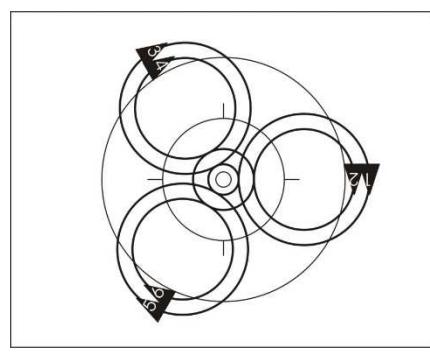
Each two riders of each group are connected and are riding side by side **on an axis**. The distances between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and between rider 5 and 6. All groups are riding **with** same distances between each other, while riding at the same distances around the centre of the riding-area. The inside riders of the groups are connected to each other by **their** left hands, above the centre of the riding-area.

During the figure the grip connection between the inside riding riders have to be released **simultaneous and in motion**. The three groups of **riders** perform a **2 connected single ring right with same size and uniform**.

**After the 2 connected single rings right the riders have to close the grip connection simultaneously and in motion.**

The **2 connected wingmill** has to be performed 2 metres **before** and 2 metres **after** the single rings

The **figure** ends after a half surrounding around the centre of the riding-area.



- 6351 b
- 6352 b
- 6355 a

**2 connected single ring right (8.3.034)**

**2 connected wingmill 2 connected  
single rings right**

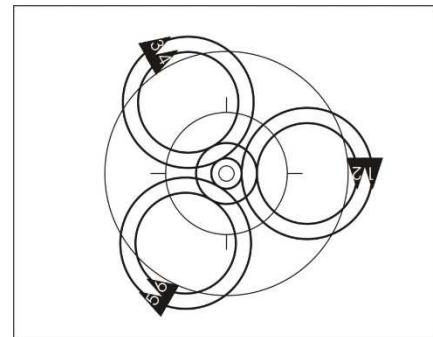
Each two riders of each group are connected and are riding side by side on an axis. The distances between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and between rider 5 and 6. All groups are riding with same distances between each other, while riding at the same distances around the centre of the riding-area. The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area.

During the figure the grip connection between the inside riding riders have to be released simultaneous and in motion. The three groups of riders perform a 2 connected single ring right with same size and uniform.

After the 2 connected single rings right the riders have to close the grip connection simultaneously and in motion.

The 2 connected wingmill has to be performed 2 metres before and 2 metres after the single rings

The figure ends after a complete surrounding around the centre of the riding-area.



6351 c  
6352 c  
6355 b

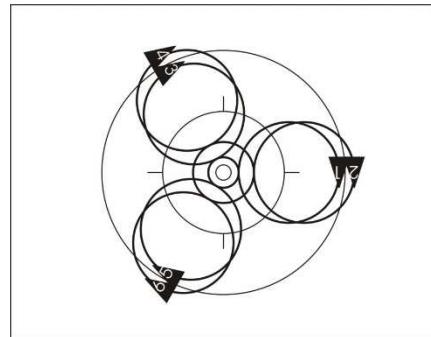
**2 connected wingmill half  
surrounding 6 single rings right**

Each two riders of each group are connected and are riding side by side on an axis. The distances between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and between rider 5 and 6. All groups are riding with same distances between each other, while riding at the same distances around the centre of the riding-area. The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area.

During the figure the grip connections have to be released simultaneously and in motion. Each rider performs a single ring right simultaneously and uniform. After the single rings the riders have to close the grip connection simultaneously and in motion.

The 2 connected wingmill has to be performed 2 metres before and 2 metres after the single rings

The figure ends after a half surrounding around the centre of the riding-area.



6351 d  
6355 c

Single ring right (8.3.030)

**2 connected wingmill 6 single rings right**

Each two riders of each group are connected and are riding side by side **on an axis**. The distances between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and between rider 5 and 6. All groups are riding **with** same distances between each other, while riding at the same distances around the centre of the riding-area. The inside riders of the groups are connected to each other by **their left hands**, above the centre of the riding-area.

During the figure the grip connections have to be released simultaneously and in motion. Each **rider** performs a single ring right simultaneously and uniform. After the single rings the **riders** have to **close** the grip connection simultaneously and in motion.

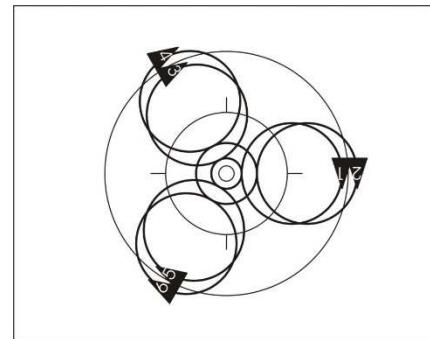
The **2 connected wingmill** has to be performed 2 metres **before** and 2 metres **after** the single rings

The **figure** ends after a complete surrounding around the centre of the riding-area.

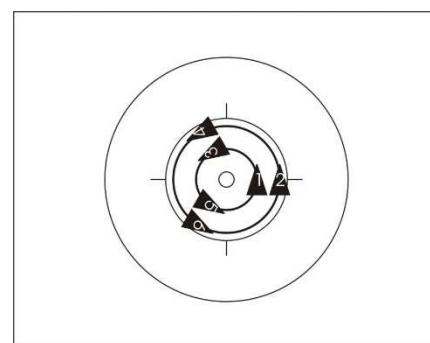
Single ring right (**8.3.030**)

**2 connected wingring**

Each two riders of each group are connected by grip-connection and are riding side by side **on an axis**. The distances between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and between rider 5 and 6. All groups are riding **with** same distances between each other around the centre of the riding-area. The inside riders of the groups are connected with their right hand to the left hand of their partner in front. The **figure** ends after a complete surrounding around the centre of the riding-area.



6351 e  
6355 d

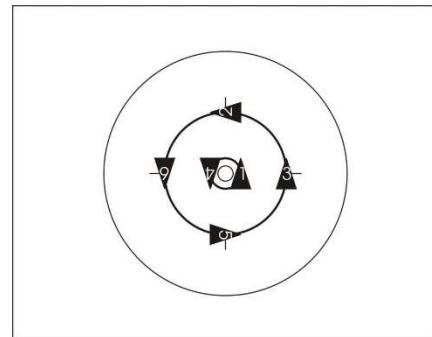


6362 a  
6363 a  
6363 b  
6364 a  
6364 b

**3 connected wingmill mill with 4 following each other circle**

Each three riders of are connected by grip connection and are riding side by side **on an axis**. The distances between rider 1 and 2 and between rider 2 and 3 must be identical to the distances of rdier 4 and 5 and between rider 5 and 6. Both groups are riding **with same distances** between each other **on** the same axis, while riding at the same distances around the centre of the riding-area. The inside riders of the groups are connected **with their left hands**, above the centre of the riding-area.

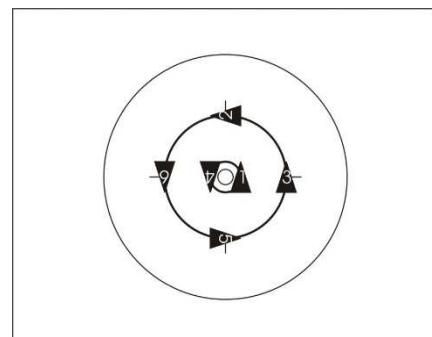
During the figure the 4 outside riding riders have to release their grip connections simultaneously and in motion and ride with same distances between each other and at same distances to the 4-metre-circle **once completely** around the 4-metre-circle. During the outside riders **are riding** around the 4-metre-circle the 2 inside riding riders have to surround the centre of the riding-area at least **once completely**. **The grip connections have to be released before starting the circle simultaneously and in motion.** After finishing the circle the grip connections have to be closed simultaneously and in motion. The figure ends after reaching the position of the wingmill again.



6371 a  
6372 a  
6372 b  
6373 a

**3 connected wingring insidering with 4 following each other circle**

Each three riders of each group are connected by grip connection and are riding side by side **on an axis**. The **distances between rider 1 and 2 and between rider 2 and 3 has to be identical to the distance between rider 4 and 5 and between rider 5 and 6.** All groups are riding **with same distances** between each other around the centre of the riding-area. The inside riders of the groups are connected with their right hand to the left hand of their partner in front.



6371 b  
6372 c  
6372 d  
6373 b

During the figure the 4 outside riding riders have to release their grip connections simultaneously and in motion and ride with same distances between each other and at same distances to the 4-metre-circle **once completely** around the 4-metre-circle. During the outside riders **are riding** around the 4-metre-circle the 2 inside riding riders have to surround the centre of the riding-area at least **once completely**. **The grip connections have to be released before starting the circle simultaneously and in motion.** After finishing the circle the grip connections have to be closed simultaneously and in motion. The figure ends after reaching the position of the wingring again.

### 2 connected wingmill mill with 3 spinnings

Each two riders of each group are connected and are riding side by side on an axis. The distances between rider 1 and 2 has to be identical to the distance between rider 3 and 4 and between rider 5 and 6. All groups are riding with same distances between each other, while riding at the same distances around the centre of the riding-area. The inside riders of the groups are connected to each other by their left hands, above the centre of the riding-area.

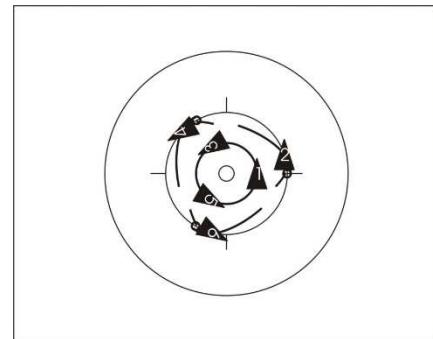
During the figure the 3 outside riding riders have to release their grip connections simultaneously and in motion and perform 3 spinnings simultaneously. After the spinnings the grip connections have to be closed simultaneously and in motion. The 3 inside riding riders have to surround in the meantime the centre of the riding-area at least once completely. Before releasing and after closing the grip connection the wingmill has to be performed at least 2 metres.

The figure ends, after all grip connections are closed.

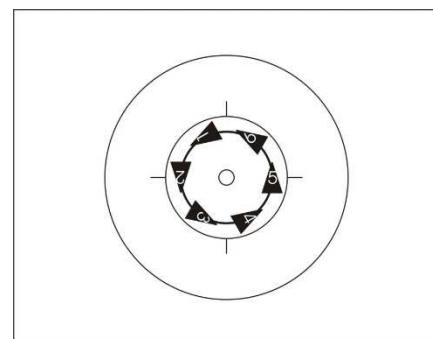
### Spinnings (8.3.037)

#### Mill

All riders are following each other with same distances to each other while riding around the centre of the riding-area. All riders have the same distance to the centre of the riding-area. During the figure all riders are connected with their left hands, above the centre of the riding-area. The figure has to be performed within the 4-metre-circle. The figure ends not before a complete surrounding around the centre of the riding-area is performed.



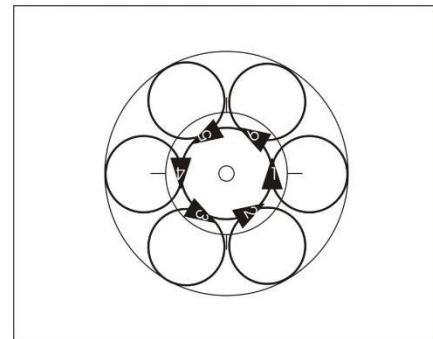
6378 c



6386 a  
6387 a  
6387 b  
6387 c  
6388 a  
6388 b  
6388 c  
6388 d  
6388 e  
6388 f  
6389 a  
6389 b  
6389 c

**Mill 6 single rings right**

All riders are following each other **with** same distances to each other while riding around the centre of the riding-area. All riders have the same distance to the centre of the riding-area. During the **figure** all riders are connected by **their left hands**, above the centre of the riding-area. **The figure has to be performed within the 4-metre-circle.**



6386 b

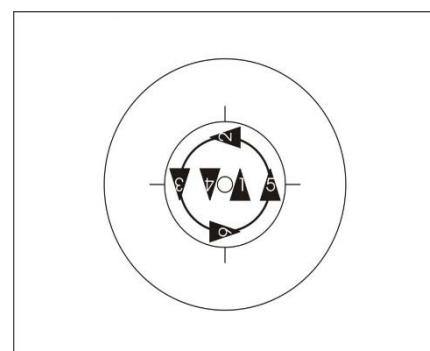
During the figure the grip connections have to be released simultaneously and in motion. Each **rider** performs simultaneously a same sized and uniform single ring right. After the single rings the **riders** have to **close** the grip connection simultaneously and in motion.

The mill has to be performed 2 metres **before** of and 2 metres **after** the single ring right.

The **figure** ends not before a complete surrounding around the centre of the riding-area is performed.

**Single ring right (8.3.030)****Insidering around 2**

Four **riders** are riding with same distances between each other around the centre of the riding-area. **Each of the four riders** grabs with **his right hand** the left hand of the **rider** in front of **him**. The two other **riders** are standing without moving around the middlepoint of the riding-area. They are connected with their right hand to the left hand of the partner.

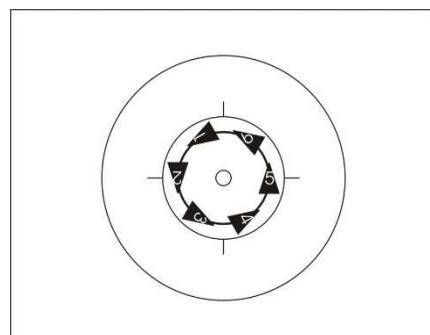


**6396 a  
6396 b  
6396 c  
6396 d  
6396 e  
6397 a  
6397 b  
6397 c**

The **figure** ends after executing the **way of stretch** of a complete circle around the centre of the riding-area. **The figure has to be performed within the 4-metre-circle.**

**Insidering**

All riders are riding at the same distance, following each other, around the centre of the riding-area. Each rider grabs with the right hand the left hand of the rider **in front of him**. **The figure has to be performed within the 4-metre-circle.** The **figure** ends after executing the **way of stretch** of a complete circle around the centre of the riding-area.

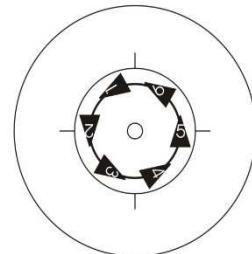


**6403 a  
6403 b  
6403 c  
6403 d  
6403 e  
6404 a  
6404 b  
6404 c**

**Ring with opposite grips**

All riders are riding at the same distance, following each other, around the centre of the riding-area. Rider 1, 3 and rider 5 grab with their left hands into the left hands of the riders in front of them. Rider 2, 4 and rider 6 grab with their right hands into the right hands of the riders in front of them. The figure ends after executing the way of stretch of a complete circle around the centre of the riding-area.

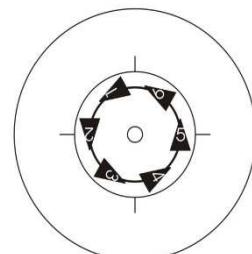
The figure has to be executed within the 4-metre-circle.



**6412 a  
6413 a**

**Ring with opposite grips half surrounding followed by insidering half surrounding**

Starting position is the ring with opposite grips. After performing the way of stretch of a half circle all riders have to release and to close simultaneously and in motion their grip connection into the position inside ring. The figure ends after the way of stretch of a half circle in the position inside ring.



**6412 b  
6413 b**

**Ring with opposite grips**

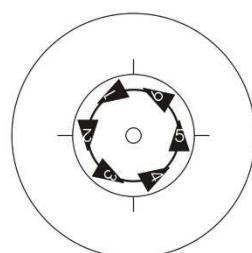
All riders are riding at the same distance, following each other, around the centre of the riding-area. Rider 1, 3 and rider 5 grab with their left hands into the left hands of the riders in front of them. Rider 2, 4 and rider 6 grab with their right hands into the right hands of the riders in front of them. The figure has to be performed within the 4-metre-circle.

**Insidering**

All riders are riding at the same distance, following each other, around the centre of the riding-area. Each rider grabs with the right hand the left hand of the rider in front of him. The figure has to be performed within the 4-metre-circle.

**Outsidering**

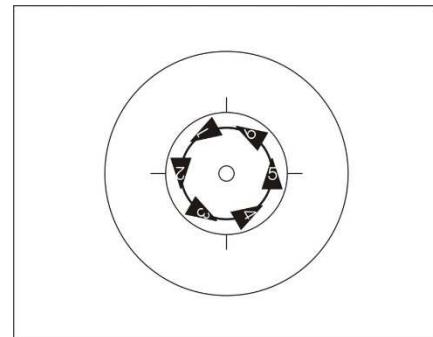
All riders are riding with same distance, following each other, around the centre of the riding-area. Each rider grabs with his left hand the right hand of the rider in front of him. The figure has to be performed within the 4-metre-circle. The figure ends after executing the way of stretch of a complete circle around the centre of the riding-area.



**6417 a  
6417 b  
6417 c  
6417 d  
6417 e  
6417 f  
6418 a  
6418 b  
6418 c**

**Outsidering half surrounding followed by insidering half surrounding**

Starting position is the outsidering. After performing the **way of stretch** of a half circle all riders release simultaneously their grip connection and grab simultaneously and in motion to the position inside ring (again grip connection). The **figure** ends after the **way of stretch** of a half circle in the position inside ring.



6417 f  
6418 d

**Outsidering**

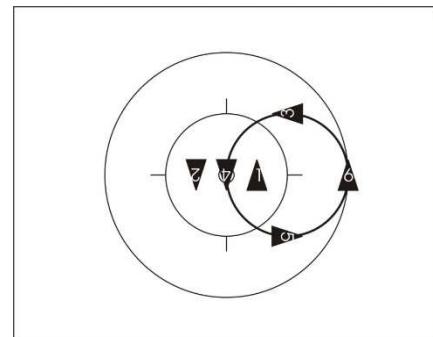
All riders are riding **with** same distance, following each other, around the centre of the riding-area. Each rider grabs with **his** left hand the right hand of the rider in front **of him**. **The figure has to be performed within the 4-metre-circle.**

**Insidering**

All riders are riding at the same distance, following each other, around the centre of the riding-area. Each rider grabs with the right hand the left hand of the rider **in front of him**. **The figure has to be performed within the 4-metre-circle.**

**Half door**

Two **riders** are standing on the longitudinal or transverse axis. They are connected to each other **with their left hands** through a hand-in-hand grip-connection above the middle of the riding-area. The **not connected arms of the riders** are stretched sideways, horizontally. **So the riders are building a door.**



6425 a  
6426 a  
6427 a  
6427 c  
6428 a

The four other **riders** are riding at equal distances following each other **each once** through the door. Each of the **two** riders is **connected** with **his** right hand to the left hand of the the other rider.

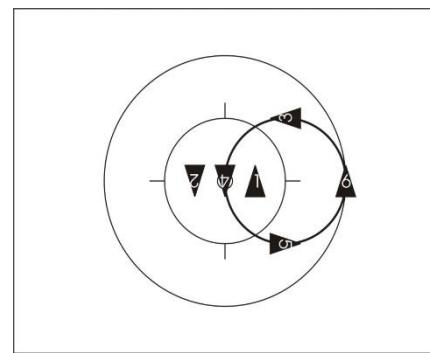
**The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.**

**Door**

Two **riders** are standing on the longitudinal or transverse axis. They are connected to each other **with their left hands** through a hand-in-hand grip connection above the middle of the riding-area. The **not connected arms of the riders** are stretched sideways, horizontally. So the riders are building a door.

The four other **riders** are riding at equal distances following each other **each twice** through the door. Each of the two **riders** is **connected** with his right hand to the left hand of the other rider.

The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.



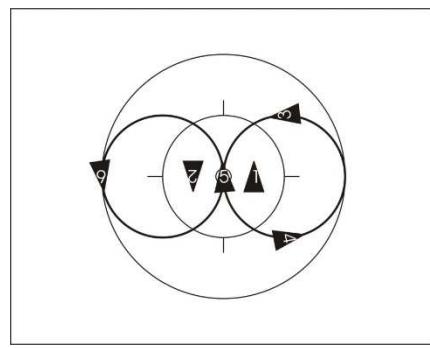
**6425 b  
6426 b  
6427 b  
6427 d  
6428 b**

**Half opposite direction door**

Two **riders** are standing on the longitudinal or transverse axis of the riding-area. They are connected by hand-in-hand grip connection, which is **situated** above the middle of the riding-area. The other arms of the standing riders are stretched sideways, horizontally. So they are building a door.

Two **riders** form a group (two groups are shifted  $\frac{1}{4}$  circle) and are riding with same distances following each other. Each of these **riders** will ride through the door once.

The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.



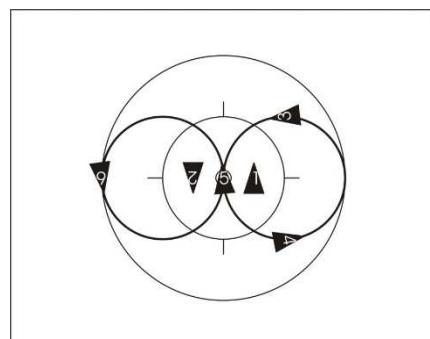
**6425 c  
6426 c  
6427 e  
6427 g  
6428 c**

**Opposite direction door**

Two **riders** are standing on the longitudinal or transverse axis of the riding-area. They are connected by hand-in-hand grip connection, which is **situated** above the middle of the riding-area. The other arms of the standing riders are stretched sideways, horizontally. So they are building a door.

Two **riders** form a group (two groups are shifted  $\frac{1}{4}$  circle) and are riding with same distances following each other. Each of these **riders** will ride through the door twice.

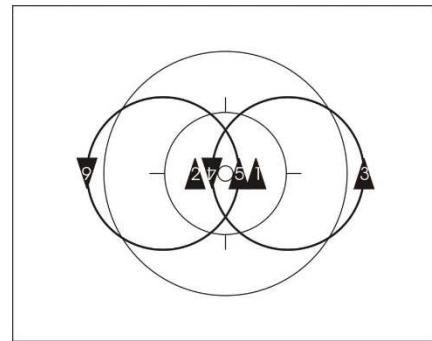
The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.



**6425 d  
6426 d  
6427 f  
6427 h  
6428 d**

**Opposite direction door simultaneously**

Two riders are standing on the **longitudinal** or **transverse** axis of the riding-area. They are connected by hand-in-hand grip connection, which is **situated** above the middle of the riding-area. The other arms of the standing riders are stretched sideways, horizontally. So they are building a door.



6425 e  
6426 e  
6427 i  
6427 j  
6428 e

Two riders form a group (two groups) and are riding with same distances following each other. Each of these riders will ride through the door twice simultaneously.

At the moment riders pass the door this will be always performed simultaneously by two riders; one rider from each group.

The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.

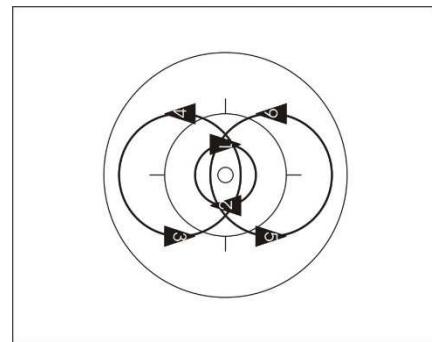
**Mill opposite direction door**

Two riders are connected with their left hands and are performing a mill in the middle of the riding-area. Their right arms are stretched sideways, horizontally.

Two riders form a group (two groups) and are riding **with** same distances following each other twice through the door; formed by the moving mill. At the moment riders **pass the door of the mill**

**it has always to be performed simultaneously by two riders;** one rider from each group.

The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The mill has to move at least until the riders which were passing the door, have finished their total way of stretch.

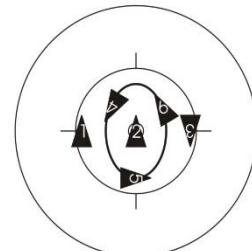


6428 h

**Double door**

Three riders are standing on the **longitudinal** or **transverse** axis of the riding-area and are connected by hand-in-hand grip performing a double door. The central rider is standing at the middle of the riding-area. The distance between **rider 1 and 2** has to be identical to the distance between **rider 2 and 3**. The other arms of the standing riders are stretched sideways, horizontally. So they are building a double door.

The other 3 riders have to ride with same distances following each other through each space of the two doors twice, while circling around the rider in standing in the middle. The figure starts 2 metres before the first rider is riding through the door and ends 2 metres after the second rider has passed the door. The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.



**6436 a  
6437 a  
6438 a**

**Double door opposite direction**

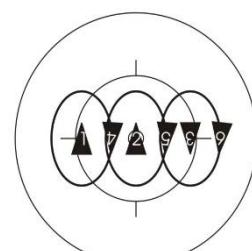
Three riders are standing on the **longitudinal** or **transverse** axis of the riding-area and are connected by hand-in-hand grip performing a double door. The central rider is standing at the middle of the riding-area. The distance between **rider 1 and 2** has to be identical to the distance between **rider 2 and 3**. The other arms of the standing riders are stretched sideways, horizontally. So they are building a double door.

The other three riders are riding on a, imaginary, axis which runs parallel to the short or long side of the riding-area. Each rider will surround one of the riders building a double door.

During the figure each rider has to pass at least twice a space of the double door.

The figure starts 2 metres before the first rider is passing the door and ends 2 metres after the last rider has passed the door.

The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.



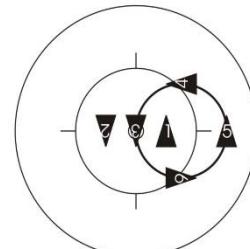
**6436 b  
6437 b  
6438 b**

**Half doorring**

Two riders are standing on the **longitudinal** or **transverse** axis of the riding-area. They are connected with their left hands by hand in- hand grip connection, which is situated above the middle of the riding-area. The other arms are stretched, sideways, horizontally. **So they are building a door.**

The other four riders are riding, **with** same distances following each other once through the door. The passing riders are connected by their left hand to the right hand of the rider in front of him.

**The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.**



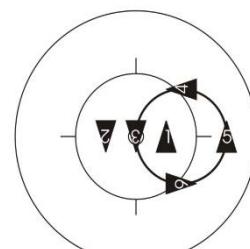
**6452 a  
6453 a**

**Doorring**

Two riders are standing on the **longitudinal** or **transverse** axis of the riding-area. They are connected with their left hands by hand in- hand grip connection, which is situated above the middle of the riding-area. The other arms are stretched, sideways, horizontally. **So they are building a door.**

The other four riders are riding, **with** same distances following each other twice through the door. The passing riders are connected by their left hand to the right hand of the rider in front of him.

**The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.**



**6452 b  
6453 b**

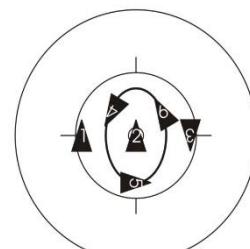
**Half double doorring**

Three riders are standing on the **longitudinal-** or **transverse** axis and are connected by hand-in-hand grip. The rider in the middle is standing on the centre of the riding-area. **So they are building a double door.** The not connected arms are stretched sideways, horizontally.

The other three riders are riding, **with** same distances to each other, each once, through both **spaces** of the door.

**The passing riders are connected with their left hands to the right hands of the rider in front.**

**The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.**



**6462 a  
6463 a**

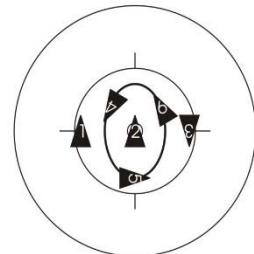
**Double dooring**

Three riders are standing on the **longitudinal** or **transverse** axis and are connected by hand-in-hand grip. The rider in the middle is standing on the centre of the riding-area. So they are building a double door. The not connected arms are stretched sideways, horizontally.

The other three riders are riding, **with** same distances to each other, each twice, through both **spaces** of the door.

The passing riders are connected with their left hands to the right hands of the rider in front.

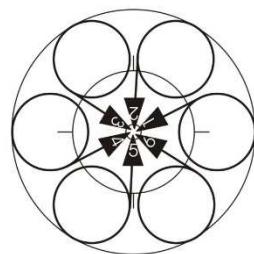
The door has to stand still at least until the riders which were passing the door, have finished their total way of stretch.



**6462 b  
6463 b**

**Star inside 6 single rings left**

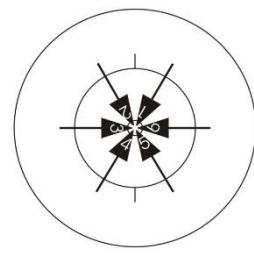
All riders are following each other, with the same distances between each other, around the 4-metre-circle. During the **figure** all riders perform a single ring left **with same size and uniform**. After finishing the single rings all riders will ride to the middle of the riding-area and perform all, simultaneously, a star by hand-in-hand grip connection. **Each rider has to be connected with two other riders.** The bike head tubes have to point to the middle of the riding-area.



**6471 a**

**Single ring left (8.3.029)****Star inside**

All riders are standing, **with** same distances between each other, without moving, around the middle of the riding-area. All are connected to each other by hand-in-hand grip connection. The bike head tube have to point to the middle of the riding-area.



**6472 a  
6472 b  
6472 c  
6472 d**

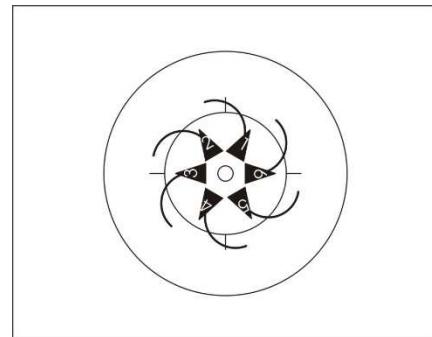
**Star opposite direction**

All riders are standing, **with** same distances between each other, without moving, around the middle of the riding-area. All are connected to each other by hand-in-hand grip-connection. The bike head tube of rider 1 and the rear wheel of rider 4, the rear wheel of rider 2 and the and the bike head tube of rider 5 and the bike head tube of rider 3 and the rear wheel of rider 6 have to point to the middle of the riding-area.

**6482 a  
6482 b  
6482 c**

**Star outside**

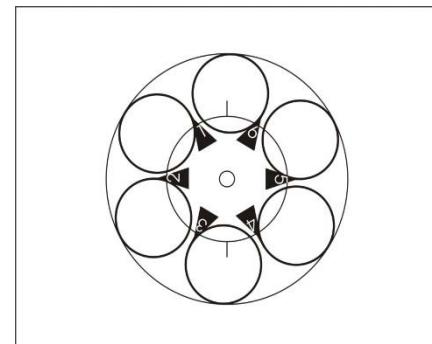
All riders are standing, **with** same distances between each other, without moving, around the middle of the riding-area. All are connected to each other by hand-in-hand grip connection. The bike rear wheels have to point to the middle of the riding-area.



**6481 a  
6482 d  
6482 e**

**Star outside 6 single rings left**

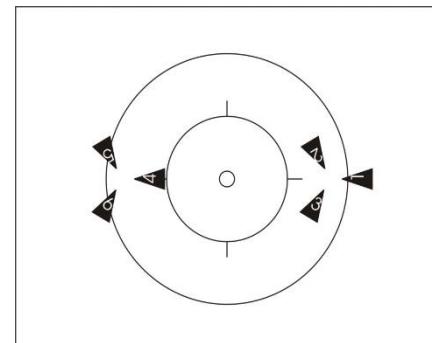
All riders are following each other, with same distances between each other, around the 4-metre-circle. During the **figure** all riders perform a single ring left with **same size and uniform**. After finishing the single rings all riders will ride to the middle of the riding-area and perform all, simultaneously, a star by hand-in-hand grip connection. The bike rear wheels have to point to the middle of the riding-area.



**6481 b  
6482 f**

**Single ring left (8.3.029)****Two stars inside ½ turn on the spot**

Starting position **are** two stars inside. From the position two stars inside all riders disconnect the grip connection and perform a half turn on the spot. **The figure ends with two stars outside.**



**6485 a**

**Two stars inside**

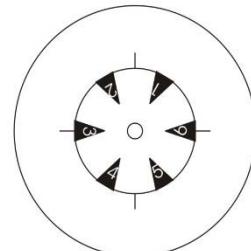
**Three riders each are standing, with same distances between each other, without** moving, around a spot of the riding-area. They are connected to each other by hand-in-hand grip connection. The bike head tubes have to point to the spots of the riding-area. The used spots for the stars have the same distances to the centre of the riding-area and are located at the longitudinal axis.

**½ turn on the spot (8.3.040)****Two stars outside**

**Three riders each are standing, with** same distances between each other, without moving, around a spot of the riding-area. They are connected to each other by hand-in-hand grip connection. The bikes rear wheels have to point to the spots of the riding-area. The used spots for the stars have the same distances to the centre of the riding-area and are located at the longitudinal axis.

**Star inside ½ turn on the spot**  
 Starting position is the star inside.  
 From the position star inside all riders disconnect the grip connection and perform a half turn on the spot. The figure ends in the star outside.

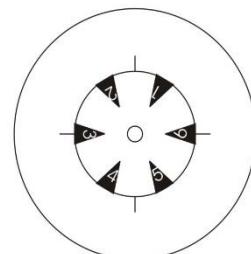
Star inside (8.3.038)  
 ½ turn on the spot (8.3.040)  
 Star outside (8.3.039)



6486 a

**Star inside 1 turn on the spot**  
 Starting position is the Star inside.  
 From the position star inside all riders disconnect the grip connection and perform one turn on the spot. The figure ends in the star inside.

Star inside (8.3.038)  
 1 turn on the spot (8.3.041)

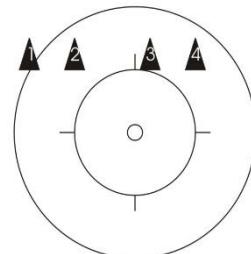


6486 b

**2 connected raiser turn on the spot (T)**

From a half tour on the tactical enlargement of the turn(s) on the spot is possible up to three half turns in maximum.

Three groups of each 2 riders. The riders of each group are connected by hand-in-hand grip. All riders are situated on the same imaginary axis at the riding-area. The distance between rider 1 and 2 is the same as the distance between rider 3 and 4 and the same as the distance between rider 5 and 6. During the figure the grip connections will be released simultaneously and all riders perform a turn on the spot. **The grip connections have to be closed simultaneously, the riders have to stand still without moving.**



6496 a

6496 b

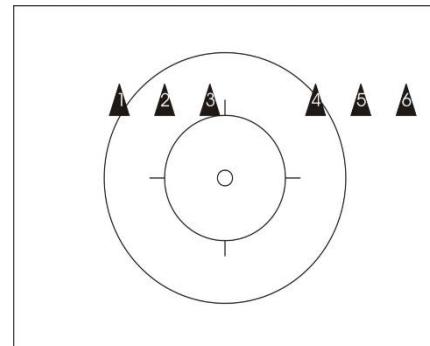
6496 c

**3 connected raiser turn on the spot  
(T)**

From a half tour on the tactical enlargement of the turn(s) on the spot is possible up to three half turns in maximum.

2 groups of each 3 riders. The riders of each group are connected by hand-in-hand grip. All riders are situated on the same imaginary axis at the riding-area. The distance between rider 1 and 2, between rider 2 and 3, between rider 4

and 5 and between rider 5 and 6 has to be identical. During the figure the grip connections will be released simultaneously and all riders perform a turn on the spot. **The grip connections have to be closed simultaneously, the riders have to stand still without moving.**

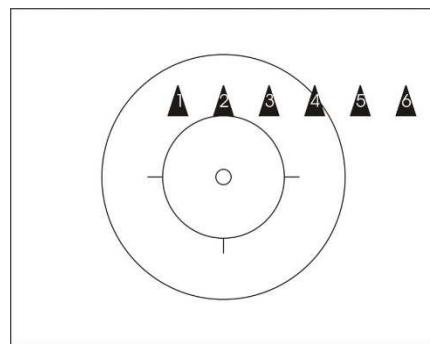


**6496 d  
6496 e  
6496 f**

**6 connected raiser turn on the spot  
(T)**

From a half tour on the tactical enlargement of the turn(s) on the spot is possible up to three half turns in maximum.

All riders are connected to each other by hand-in-hand grip and are standing on the same imaginary axis at the riding-area. The distance between rider 1 and 2, between 2 and 3, between 3 and 4, between 4 and 5, between 5 and 6 has to be identical. During the figure the grip connections will be released simultaneously and all riders will perform, a turn on the spot. **The grip connections have to be closed simultaneously, the riders have to stand still without moving.**



**6496 g  
6496 h  
6496 i**

*(text modified on 01.01.16)*