

ARISEN OF HOPE

GROUP 9F CLE PT

SUBMITTED TO: SIR. RAINHEART PINUELA

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PROJECT PROPOSAL

Introduction with contribution and insights:

Angel Sumalinog- editor of the advocacy project.

Jashmine Juban- leads the group, assigned the members their tasks.

Alliana Siopan- Made her part in the introduction.

Keith Rosario- Researched for some ideas and details to be added in the project proposal.

Mark Villarosa- Shared his idea in every part of the project.

3 Objectives:

- **to spread awareness.**
- **to give help.**
- **to spread the learnings, we've learned.**

3 Specific beneficiaries:

- **for people who suffers from bullying.**
- **for people who is draining from thoughts of committing suicide.**
- **for every people who wanted to learn and to widen their minds.**

BACKGROUND OF THE ISSUE

Suicide is defined as the deliberate killing of oneself.

This might be due to a variety of factors. It can be caused by a mental disease or something as simple as trauma, too much pain, or tension that is provoked by their brains.

CAUSE

The cause of the issue in our topic in scaffold 3 which is suicide, started with discrimination when a person does a fast judgement on others. As well as when there is someone who finds it nice and pleasureable to bring down other people. Mental health problem is one of the cause of suicide and also the suicidal thoughts, stress, poverty, physical health, alcohol and etc. The preponderance of bullying occurs in elementary school, high school, and occasionally college. Conflict is said to be a common reason why kids feel compelled to bully their classmates. Bullying may range from name-calling to physical assault, or it might start as a joke till they don't know they've gone too far.

EFFECT

The Effects of suicide is that you killing yourself won't fix the problem, killing yourself would just make things worst and would possibly affect the health and well being of you're friends and families who actually cared for you. Your loved ones might experience depression, anxiety and worst thinking of killing themselves as well. Before you kill yourself, think once and think twice if it's worth to kill yourself.

STAND OF THE CHURCH

In agreement of Roman Catholic Church, If the death is Suicide, it is a evil and immortal in connection of grave matter. Church unit can do about bullying is to standing up for those who bullied.

RATIONALE

This advocacy project is people, not just for the ones who became a victim of this kind of problem and issues, but to everyone. This advocacy is to give sense to people, to spread awareness, to learn, and to help people understand and know their rights as a human being. To advocate is the real main goal. In means of identifying what causes the issue. What were the effects made. As well as to give solutions or probable solutions if these situations occur. Because we people just go with how our life flows, thus we need to be aware and to cope up in our surroundings. And that is why this advocacy project was made.

SOLUTIONS

If someone is bullying a certain person, this person should seek help.....
and open up to others to talk about it. While if us ourselves are
seeing someone getting bullied, we should give them a helping
hand. Since bully is a serious problem, it could lead to, depression,
self-harm , and in worst cases, death.

Just motivate them. Motivate them to keep living, to be the beautiful person they want to be. It works if you bring them to reality and tell them their potential. Motivate them to keep going.

Solution for suicide and depression is that the victim should look for a therapist or look for someone who is willing to listen to them. We should also motivate the victim and make him/her comfortable so that he/she could open up easily to his/her problem.



PRAYER & ACKNOWLEDGEMENT

Dear God, We pray for the guidance of people who suffers and have suffered, for people who have lost. Give them hope and strength to build their selves again. Bless their hearts and soul with happiness and bliss. Release their pain and agony that they shoulder, Lord God. We thank you Dear Lord, for bringing us back when we lose ourselves and thank you for your blessings. Amen.

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