Template

Research methods used/recommended in ageing research, actively involvin
different categories of users (i.e., older people, informal carers of older
people, professionals working with older people etc)

Research method	(for	example	e F	<i>Focus</i>	groups)
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Description of the method

Short text (one paragraph) describing the method

Advantages when used in ageing research actively involving users

A few bullet points, such as "Group setting may inspire wider input and points of view from the users" etc

Challenges when used in ageing research actively involving users

A few bullet points, such as "Some users may be uncomfortable sharing their views in a group setting" etc

Examples from recent research

In study X the focus group method was used with users Y with the aim of ... etc

References

Core references for the method, references of studies within the field of ageing and health research where it has been used...

[All in all, about one page per method]