# 07: Regularization

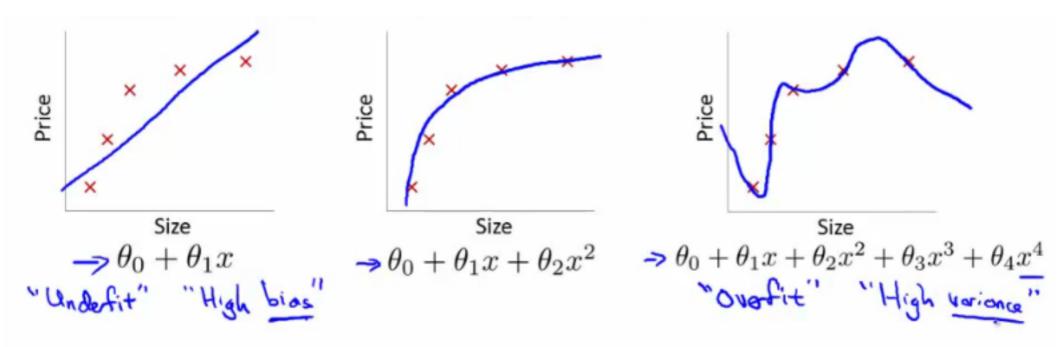
Previous Next Index

# The problem of overfitting

- So far we've seen a few algorithms work well for many applications, but can suffer from the problem of overfitting
- What is overfitting?
- What is regularization and how does it help

### Overfitting with linear regression

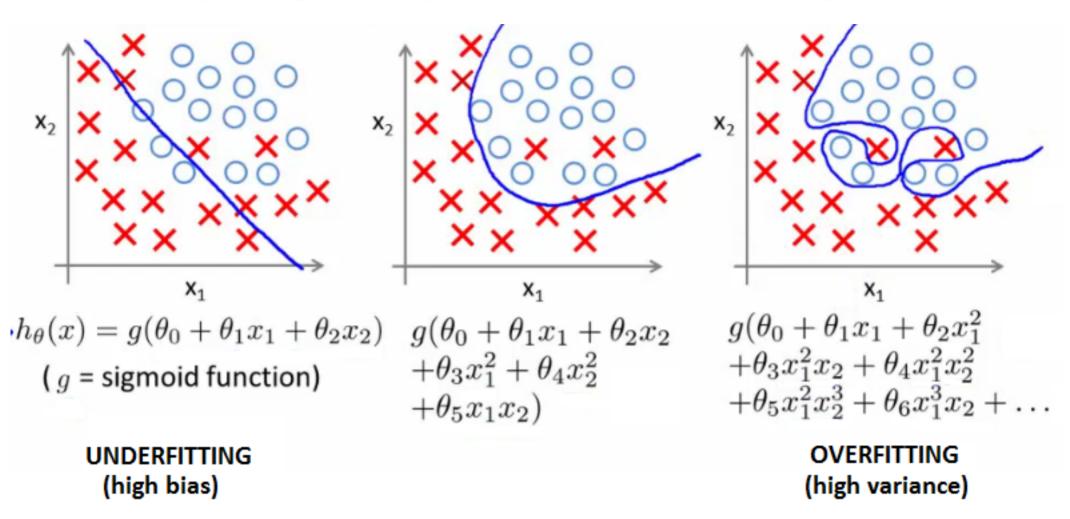
- Using our house pricing example again
  - o Fit a linear function to the data not a great model
    - This is **underfitting** also known as **high bias**
    - Bias is a historic/technical one if we're fitting a straight line to the data we have a strong preconception that there should be a linear fit
      - In this case, this is not correct, but a straight line can't help being straight!
  - Fit a quadratic function
    - Works well
  - Fit a 4th order polynomial
    - Now curve fit's through all five examples
      - Seems to do a good job fitting the training set
      - But, despite fitting the data we've provided very well, this is actually not such a good model
    - This is **overfitting** also known as **high variance**
  - Algorithm has high variance
    - High variance if fitting high order polynomial then the hypothesis can basically fit any data
    - Space of hypothesis is too large



- To recap, if we have too many features then the learned hypothesis may give a cost function of exactly zero
  - But this tries too hard to fit the training set
  - Fails to provide a general solution unable to generalize (apply to new examples)

#### Overfitting with logistic regression

- Same thing can happen to logistic regression
  - Sigmoidal function is an underfit
  - But a high order polynomial gives and overfitting (high variance hypothesis)



#### **Addressing overfitting**

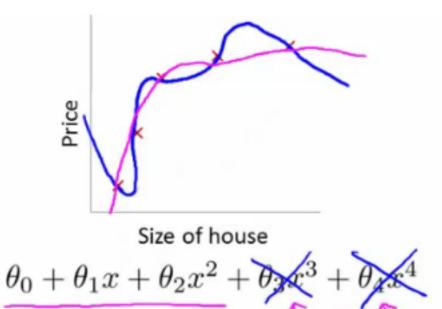
- Later we'll look at identifying when overfitting and underfitting is occurring
- Earlier we just plotted a higher order function saw that it looks "too curvy"
  - Plotting hypothesis is one way to decide, but doesn't always work
  - Often have lots of a features here it's not just a case of selecting a degree polynomial, but also harder to plot the data and visualize to decide what features to keep and which to drop
  - If you have lots of features and little data overfitting can be a problem
- How do we deal with this?
  - o 1) Reduce number of features
    - Manually select which features to keep
    - Model selection algorithms are discussed later (good for reducing number of features)
    - But, in reducing the number of features we lose some information
      - Ideally select those features which minimize data loss, but even so, some info is lost
  - o 2) Regularization
    - Keep all features, but reduce magnitude of parameters  $\theta$
    - Works well when we have a lot of features, each of which contributes a bit to predicting y

## Cost function optimization for regularization

- $\bullet$  Penalize and make some of the  $\theta$  parameters really small
  - $\circ$  e.g. here  $\theta_3$  and  $\theta_4$

$$\min_{\theta} \frac{1}{2m} \sum_{i=1}^{m} (h_{\theta}(x^{(i)}) - y^{(i)})^2 + \log \Theta_3^2 + \log \Theta_4^2$$

- The addition in blue is a modification of our cost function to help penalize  $\theta_3$  and  $\theta_4$ 
  - $\circ$  So here we end up with  $\theta_3$  and  $\theta_4$  being close to zero (because the constants are massive)
  - So we're basically left with a quadratic function



- In this example, we penalized two of the parameter values
  - More generally, regularization is as follows
- Regularization
  - Small values for parameters corresponds to a simpler hypothesis (you effectively get rid
    of some of the terms)
  - A simpler hypothesis is less prone to overfitting
- Another example
  - Have 100 features  $x_1, x_2, ..., x_{100}$
  - o Unlike the polynomial example, we don't know what are the high order terms
    - How do we pick the ones to pick to shrink?
  - With regularization, take cost function and modify it to shrink all the parameters
    - Add a term at the end
      - This regularization term shrinks every parameter
      - By convention you don't penalize  $\theta_0$  minimization is from  $\theta_1$  onwards

$$J(\theta) = \frac{1}{2m} \left[ \sum_{i=1}^{m} (h_{\theta}(x^{(i)}) - y^{(i)})^2 + \lambda \right]$$

- In practice, if you include  $\theta_0$  has little impact
- $\lambda$  is the regularization parameter
  - Controls a trade off between our two goals
    - 1) Want to fit the training set well
    - 2) Want to keep parameters small
- With our example, using the **regularized objective** (i.e. the cost function with the regularization term) you get a much smoother curve which fits the data and gives a much better hypothesis

- ο If  $\lambda$  is very large we end up penalizing ALL the parameters ( $\theta_1$ ,  $\theta_2$  etc.) so all the parameters end up being close to zero
  - If this happens, it's like we got rid of all the terms in the hypothesis
    - This results here is then underfitting
  - So this hypothesis is too biased because of the absence of any parameters (effectively)
- So,  $\lambda$  should be chosen carefully not too big...
  - $\circ$  We look at some automatic ways to select  $\lambda$  later in the course

## Regularized linear regression

- Previously, we looked at two algorithms for linear regression
  - Gradient descent
  - Normal equation
- Our linear regression with regularization is shown below

$$J(\theta) = \frac{1}{2m} \left[ \sum_{i=1}^{m} (h_{\theta}(x^{(i)}) - y^{(i)})^2 + \lambda \sum_{j=1}^{n} \theta_j^2 \right]$$

$$\min_{\theta} J(\theta)$$

- Previously, gradient descent would repeatedly update the parameters  $\theta_j$ , where j = 0,1,2...n simultaneously
  - Shown below

Repeat 
$$\{$$
 
$$\theta_0 := \theta_0 - \alpha \frac{1}{m} \sum_{i=1}^m (h_\theta(x^{(i)}) - y^{(i)}) x_0^{(i)}$$
 
$$\theta_j := \theta_j - \alpha \qquad \frac{1}{m} \sum_{i=1}^m (h_\theta(x^{(i)}) - y^{(i)}) x_j^{(i)}$$
 
$$(j = \mathbf{X}, 1, 2, 3, \dots, n) \}$$

- We've got the  $\theta_0$  update here shown explicitly
  - $\circ$  This is because for regularization we don't penalize  $\theta_0$  so treat it slightly differently
- How do we regularize these two rules?
  - $\circ~$  Take the term and add  $\lambda/m~^*~\theta_i$ 
    - Sum for every  $\theta$  (i.e. j = o to n)
  - This gives regularization for gradient descent
- We can show using calculus that the equation given below is the partial derivative of the regularized  $J(\theta)$

$$\theta_{j} := \theta_{j} - \alpha \quad \left[ \frac{1}{m} \sum_{i=1}^{m} (h_{\theta}(x^{(i)}) - y^{(i)}) x_{j}^{(i)} + \frac{\lambda}{m} \Theta_{j} \right]$$

$$\frac{1}{2} \sum_{i=1}^{m} (h_{\theta}(x^{(i)}) - y^{(i)}) x_{j}^{(i)} + \frac{\lambda}{m} \Theta_{j} \right]$$

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- The update for  $\theta_i$ 
  - $\circ \theta_i$  gets updated to
    - $\theta_i$   $\alpha$  \* [a big term which also depends on  $\theta_j$ ]
- So if you group the  $\theta_i$  terms together

$$\theta_j := \theta_j (1 - \alpha \frac{\lambda}{m}) - \alpha \frac{1}{m} \sum_{i=1}^m (h_\theta(x^{(i)}) - y^{(i)}) x_j^{(i)}$$

• The term

$$(1 - \alpha \frac{\lambda}{m})$$

- Is going to be a number less than 1 usually
- Usually learning rate is small and m is large
  - So this typically evaluates to (1 a small number)
  - So the term is often around 0.99 to 0.95
- This in effect means  $\theta_j$  gets multiplied by 0.99
  - $\circ~$  Means the squared norm of  $\theta_j$  a little smaller
  - The second term is exactly the same as the original gradient descent

## Regularization with the normal equation

- Normal equation is the other linear regression model
  - Minimize the  $J(\theta)$  using the normal equation
  - $\circ$  To use regularization we add a term (+  $\lambda$  [n+1 x n+1]) to the equation
    - $[n+1 \times n+1]$  is the n+1 identity matrix

$$O = \left( \begin{array}{c} \chi^{T} \chi + \lambda \\ \end{array} \right) \left( \begin{array}{c} \lambda^{T} \chi \\ \end{array} \right) \left( \begin{array}{c} \lambda^{T$$

#### **Regularization for logistic regression**

- We saw earlier that logistic regression can be prone to overfitting with lots of features
- Logistic regression cost function is as follows;

$$J(\theta) = -\left[\frac{1}{m} \sum_{i=1}^{m} y^{(i)} \log h_{\theta}(x^{(i)} + (1 - y^{(i)}) \log (1 - h_{\theta}(x^{(i)}))\right]$$

• To modify it we have to add an extra term

$$+\frac{5m}{\lambda}\sum_{i=1}^{\infty}\Theta_{i}^{2}$$

- This has the effect of penalizing the parameters  $\theta_1$ ,  $\theta_2$  up to  $\theta_n$ 
  - Means, like with linear regression, we can get what appears to be a better fitting lower order hypothesis
- How do we implement this?
  - Original logistic regression with gradient descent function was as follows

$$\theta_j := \theta_j - \alpha \qquad \frac{1}{m} \sum_{i=1}^m (h_\theta(x^{(i)}) - y^{(i)}) x_j^{(i)}$$
$$(j = 0, 1, 2, 3, \dots, n)$$

- Again, to modify the algorithm we simply need to modify the update rule for  $\theta_1$ , onwards
  - Looks cosmetically the same as linear regression, except obviously the hypothesis is very different

$$\theta_j := \theta_j (1 - \alpha \frac{\lambda}{m}) - \alpha \frac{1}{m} \sum_{i=1}^m (h_\theta(x^{(i)}) - y^{(i)}) x_j^{(i)}$$

### Advanced optimization of regularized linear regression

• As before, define a costFunction which takes a  $\theta$  parameter and gives jVal and gradient back

• use fminunc

- Pass it an @costfunction argument
- Minimizes in an optimized manner using the cost function
- jVal
  - Need code to compute  $J(\theta)$ 
    - Need to include regularization term
- Gradient
  - Needs to be the partial derivative of  $J(\theta)$  with respect to  $\theta_i$
  - Adding the appropriate term here is also necessary

#### function [jVal, gradient] = costFunction(theta)

$$\begin{aligned} \mathsf{jVal} &= \texttt{[code to compute } J(\theta) \texttt{]} \;; \\ J(\theta) &= \left[ -\frac{1}{m} \sum_{i=1}^m y^{(i)} \log \left( h_\theta(x^{(i)}) + (1-y^{(i)}) \log 1 - h_\theta(x^{(i)}) \right] + \frac{\lambda}{2m} \sum_{j=1}^n \theta_j^2 \right] \\ \mathsf{gradient}(\mathbf{1}) &= \texttt{[code to compute } \frac{\partial}{\partial \theta_0} J(\theta) \texttt{]} \;; \\ \frac{1}{m} \sum_{i=1}^m (h_\theta(x^{(i)}) - y^{(i)}) x_0^{(i)} \\ \mathsf{gradient}(\mathbf{2}) &= \texttt{[code to compute } \frac{\partial}{\partial \theta_1} J(\theta) \texttt{]} \;; \\ \frac{1}{m} \sum_{i=1}^m (h_\theta(x^{(i)}) - y^{(i)}) x_1^{(i)} + \frac{\lambda}{m} \theta_1 \\ \mathsf{gradient}(\mathbf{3}) &= \texttt{[code to compute } \frac{\partial}{\partial \theta_2} J(\theta) \texttt{]} \;; \\ \vdots & \frac{1}{m} \sum_{i=1}^m (h_\theta(x^{(i)}) - y^{(i)}) x_2^{(i)} + \frac{\lambda}{m} \theta_2 \\ \vdots & \vdots & \vdots \end{aligned}$$

$$\mathsf{gradient}(\mathbf{n+1}) &= \texttt{[code to compute } \frac{\partial}{\partial \theta_n} J(\theta) \texttt{]} \;; \end{aligned}$$

- Ensure summation doesn't extend to to the lambda term!
  - It doesn't, but, you know, don't be daft!