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Grade 15.0 out of 16.0 (93.8%)

Question 1 | Correct Mark 1.0 out of 1.0

What colours are the needle shield and safety cap of Anapen@?

Select one:

- ☒ Black needle shield and grey safety cap. ✓
- ☐ Grey needle shield and black safety cap.

Your answer is correct.

Black needle shield and grey safety cap. Remember to pull off the black needle shield and then pull off the grey safety cap from red button before use.

The correct answer is: Black needle shield and grey safety cap.

Question 2 | Correct Mark 1.0 out of 1.0

Food intolerances can cause life-threatening allergic reactions.

Select one:

- ☐ True
- ☒ False ✓

Unlike food allergy, food intolerances do not cause life-threatening anaphylaxis.

The correct answer is 'False'.

Question 3 | Correct Mark 1.0 out of 1.0

Providing an ASCIA Action Plan for Anaphylaxis from the student's doctor or nurse practitioner is a role of the Principal.

Select one:

- ☐ True
- ☒ False ✓

It is the responsibility of the student's parent/guardian to provide an ASCIA Action Plan for Anaphylaxis completed by the student's doctor or nurse practitioner. The parent/guardian should also provide the school with an adrenaline device, if prescribed.

The correct answer is 'False'.

Question 4 | Correct Mark 1.0 out of 1.0

Anaphylaxis can be life-threatening and must be treated as a medical emergency.

Select one:

- ☒ True ✓
- ☐ False

Anaphylaxis can be life-threatening and must always be treated as a medical emergency. Adrenaline (epinephrine) is the first line treatment for anaphylaxis. This works rapidly (within minutes) to reduce throat swelling, open up the airways and maintain blood pressure. Responding quickly to anaphylaxis and giving adrenaline correctly can save a person's life.

The correct answer is 'True'.

Question 5 | Correct Mark 1.0 out of 1.0

ASCIA Action Plans provide instructions on what to do for mild to moderate allergic reactions and anaphylaxis.

Select one:

- ☒ True ✓
- ☐ False

The ASCIA Action Plans also provide instructions on what to do when waiting for an ambulance.

The correct answer is 'True'.

Question 6 | Correct Mark 1.0 out of 1.0

All staff should be aware of where the student's/child's adrenaline device and ASCIA Action Plan for Anaphylaxis are stored.

Select one:

- ☒ True ✓
- ☐ False

Staff should be aware of which students/children are at risk, how to recognise an allergic reaction, where the student's adrenaline device and ASCIA Action Plan for Anaphylaxis are stored, and how to administer an adrenaline device.

The correct answer is 'True'.

Question 7 | Correct Mark 1.0 out of 1.0

Which students/children should have an individualised anaphylaxis care plan developed? Select all that apply.

Select one or more:

- ☒ Those with a red ASCIA Action Plan for Anaphylaxis ✓
- ☒ Those with a green ASCIA Action Plan for Allergic Reactions ✓
- ☐ Those with a green ASCIA Action Plan for Drug (Medication) Allergy

Your answer is correct.

Students/children with either a red ASCIA Action Plan for Anaphylaxis or green ASCIA Action Plan for Allergic Reactions should have an individualised anaphylaxis care plan developed in consultation with the parents/guardians. Students/children with a green ASCIA Action Plan for Drug (Medication) Allergy do not require an individualised anaphylaxis care plan as medications can be avoided while in the care of the school.

The correct answers are: Those with a red ASCIA Action Plan for Anaphylaxis, Those with a green ASCIA Action Plan for Allergic Reactions

Question 8 | Correct Mark 1.0 out of 1.0

Antihistamines do not prevent the allergic reaction from progressing to anaphylaxis.

Select one:

- ☒ True ✓
- ☐ False

Non-drowsy antihistamines may be used for mild or moderate allergic reactions but they have no role in the prevention or treatment of anaphylaxis. If you are unsure if it is anaphylaxis, give adrenaline first, then other medication.

The correct answer is 'True'.

Question 9 | Correct Mark 1.0 out of 1.0

Signs of anaphylaxis always present within minutes of being exposed to a food allergen.

Select one:

- ☐ True
- ☒ False ✓

Signs of anaphylaxis can start within minutes of exposure to a food the person is allergic to, but sometimes may take up to two hours to develop.

The correct answer is 'False'.

Question 10 | Correct Mark 1.0 out of 1.0

If a person is known to be at risk of anaphylaxis and you are unsure whether the person is experiencing anaphylaxis or asthma, what action should you take?

Select one:

- ☒ Give the adrenaline device first, followed by asthma reliever medication. ✓
- ☐ Give non-drowsy antihistamine first, followed by asthma reliever medication.
- ☐ Give asthma reliever medication and if no better, give the adrenaline device.

Your answer is correct.

If in doubt, always give the adrenaline FIRST. Adrenaline will also help relieve asthma symptoms.

The correct answer is: Give the adrenaline device first, followed by asthma reliever medication.

Question 11 | Correct Mark 1.0 out of 1.0

A person has been stung by a bee and is vomiting and complaining of abdominal pain. Should you give adrenaline?

Select one:

- ☒ Yes ✓
- ☐ No

Your answer is correct.

If a person is experiencing vomiting and abdominal pain and you know they have been stung by an insect, this is a sign of anaphylaxis. The adrenaline should be given, an ambulance called and you should follow the ASCIA Action Plan regarding posture and CPR if required.

The correct answer is: Yes

Question 12 | Incorrect Mark 0.0 out of 1.0

What colours are the needle end and safety release of EpiPen®?

Select one:

- ☒ Blue needle end and orange safety release ✖
- ☐ Orange needle end and blue safety release

Your answer is incorrect.

Orange needle end and blue safety release – Remember 'Blue to the sky, orange to the thigh' and pull off the blue safety release before use.

The correct answer is: Orange needle end and blue safety release

Question 13 | Correct Mark 1.0 out of 1.0

Which of the following statements is correct?

Select one:

- ☒ To give Anapen®, pull off the black needle shield, pull off the grey safety cap from red button, place needle end firmly against outer mid-thigh, press red button and hold in place for 3 seconds. ✔
- ☐ To give Anapen®, pull off the grey safety cap from red button, place needle end firmly against outer mid-thigh, press red button and hold in place for 3 seconds.
- ☐ To give Anapen®, pull off the black needle shield, place needle end firmly against outer mid-thigh, press red button and hold in place for 3 seconds.

Your answer is correct.

To give Anapen®, pull off the black needle shield, pull off the grey safety cap from red button, place needle end firmly against outer mid-thigh, press red button and hold in place for 3 seconds.

The correct answer is: To give Anapen®, pull off the black needle shield, pull off the grey safety cap from red button, place needle end firmly against outer mid-thigh, press red button and hold in place for 3 seconds.

Question 14 | Correct Mark 1.0 out of 1.0

ASCIA Action Plans can be completed by parents.

Select one:

- ☐ True
- ☒ False ✔

ASCIA Action Plans are medical documents and must be completed, signed and dated by the patient's doctor or nurse practitioner, not by parents.

The correct answer is 'False'.

Question 15 | Correct Mark 1.0 out of 1.0

Which of the following statements is correct?

Select one:

- ☒ To give EpiPen®, pull off blue safety release, place orange end against outer mid-thigh, push down hard and hold in place for 3 seconds. ✓
- ☐ To give EpiPen®, place the blue end against the outer mid-thigh, push down hard and hold in place for 3 seconds.
- ☐ To give EpiPen®, place orange end against outer mid-thigh, push down hard and hold in place for 3 seconds.

Your answer is correct.

To give EpiPen®, pull off blue safety release, place orange end against outer mid-thigh, push down hard and hold in place for 3 seconds.

The correct answer is: To give EpiPen®, pull off blue safety release, place orange end against outer mid-thigh, push down hard and hold in place for 3 seconds.

Question 16 | Correct Mark 1.0 out of 1.0

Schools should only undertake anaphylaxis training if they have a student with an ASCIA Action Plan attending the school.

Select one:

- ☐ True
- ☒ False ✓

All schools should require staff to undertake anaphylaxis training even if they do not currently have a student enrolled with an ASCIA Action Plan (with a confirmed allergy). Some students will have their first allergic reaction, including anaphylaxis, while in the care of the school and staff need to know how to recognise and respond to an allergic reaction (including anaphylaxis), and how to give an adrenaline device.

The correct answer is 'False'.

[Back to Course](#)