

# Virtual Reminiscence Therapy – Memory Recollection

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As I was researching different AR and VR topics I might be interested to present to the class, I noticed there are few solutions that do not deal with either personal interests or educational interests. Then I found a company called VRTU. VRTU (short for Virtual Reminiscence Therapy) is an extension of Reminiscence Therapy which is a method for treating dementia. Reminiscence Therapy involves reconstructing scenes from the patient's past in whatever way possible which might trigger memories for the patient. There are approximately 5.5 million American's living with dementia in 2017, and every 66 seconds someone in the United States develops dementia. The current methods of therapy for dementia are expensive and not accessible to everyone, and modern medicine isn't making any fast breakthroughs. VRTU is here with a solution.



VRTU is meant to be a method of Reminiscence Therapy also helping it live up to its other name, Time Travel Therapy. Although it would be amazing, VRTU does not let one travel through time. However, it does let the user experience a nostalgic feel in a historical environment familiar to the user. Trials using this method have shown increased patient communication and enhanced memory recollection. This technology can help millions of people get the treatment they need.