

## Goals of Application

- Increase productivity and efficiency
- Reduce distractions
- Minimize User Input while working

# Start Here

Do this | x x x x x  
Do that | x x

Pomodoro's Complete: 6

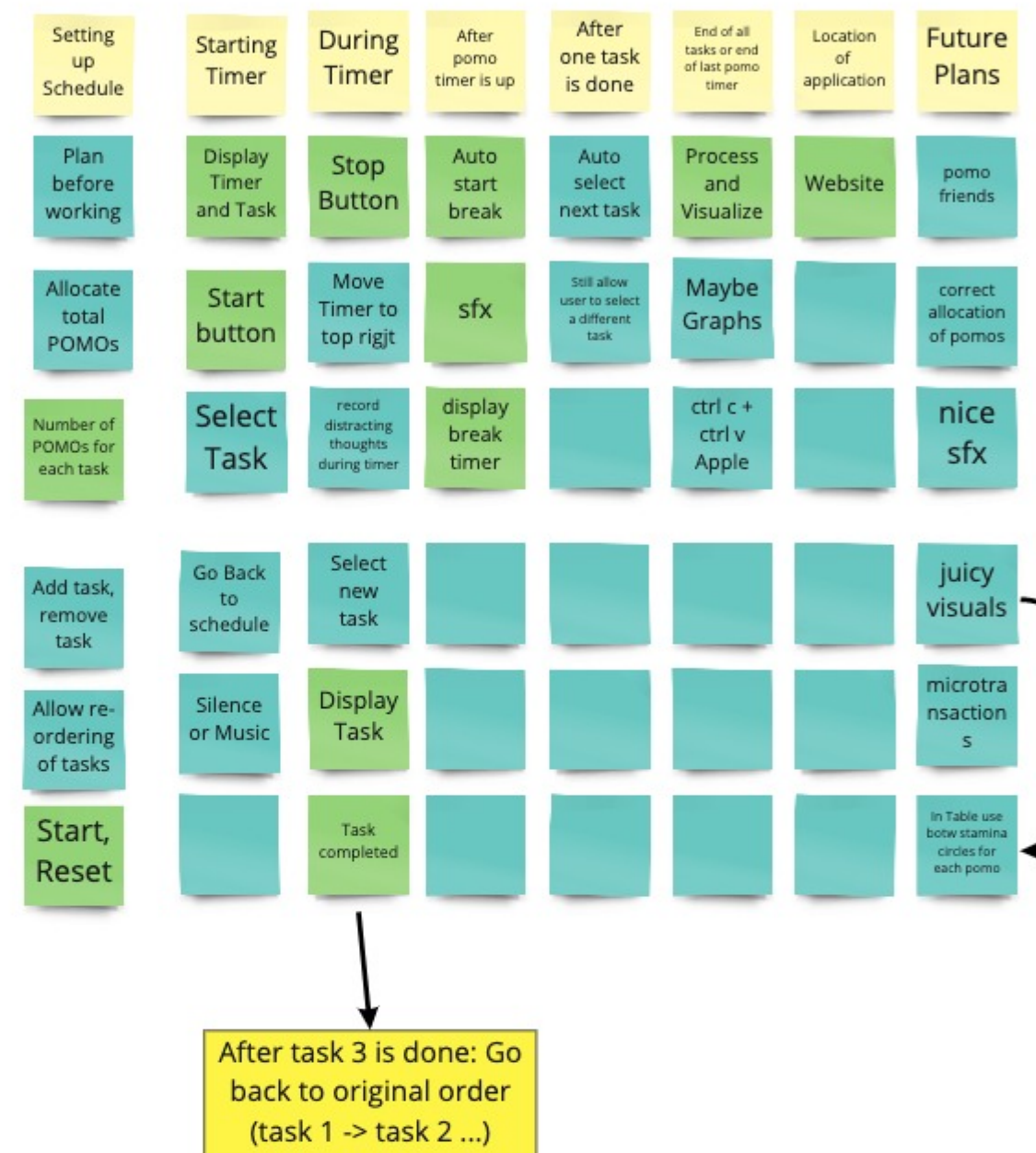
### POMO Technique

What is the POMO Technique?  
1. Break up time into work and break sessions  
2. One Pomodoro = One Work Session = 25mins; Then take 5 min break  
3. After 4 Pomos take a 15-30min break

### 5 Stages

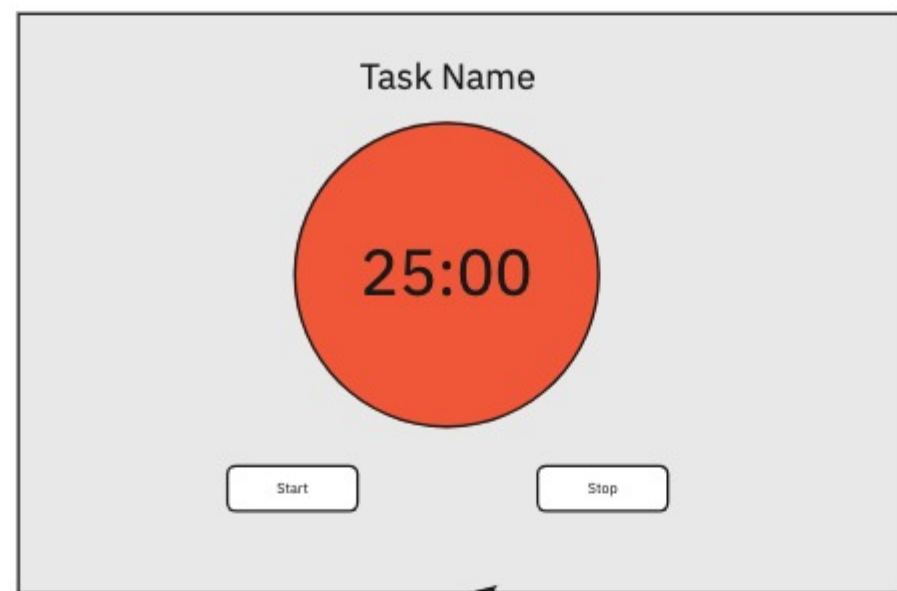
1. Planning
  - When - Start of Day
  - Why - Decide day's activities
  - identify how many Pomos you would like to complete
  - Table:
    - a. Task Name
    - b. Estimated # of Pomos
    - c. Actual # of Pomos
2. Tracking
  - When - Throughout the Day
  - Why - Gather Data on metrics
  - Metrics Recorded:
    - Sessions Completed
    - Distracting Thoughts
    - External Distractions
3. Recording
  - When - At the end of the day
  - Why - Compile archive of daily observations
  - Compile Data into a sheet
4. Processing
  - When - End of the day
  - Why - Transform raw data into info
  - Data manipulated, processed, and transformed to get insights
5. Visualizing
  - When - End of the day
  - Why - present the information in a format that facilitates
    - Create Visualizations from Data
    - Analyzing your habits:
      - when you work best
      - when you don't work best
      - Find optimum conditions

### Brain-Storming Assignment (Introductory Ideas)

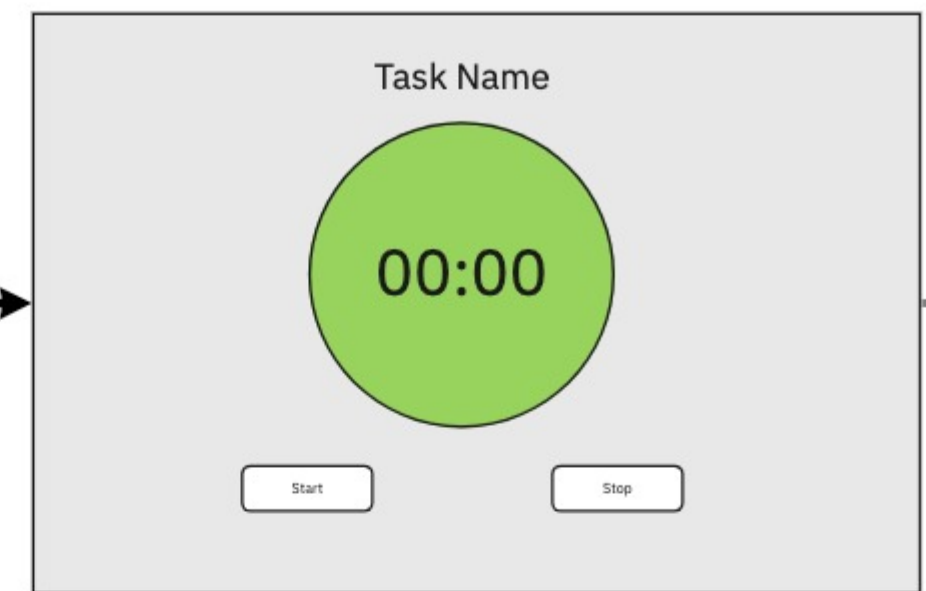
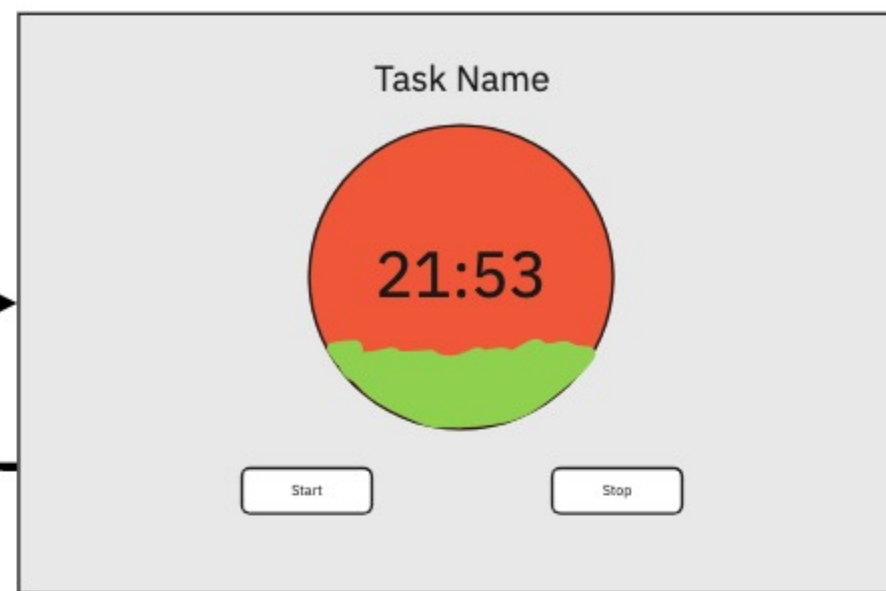


# Design Ideas

## Basic Timer (Website)

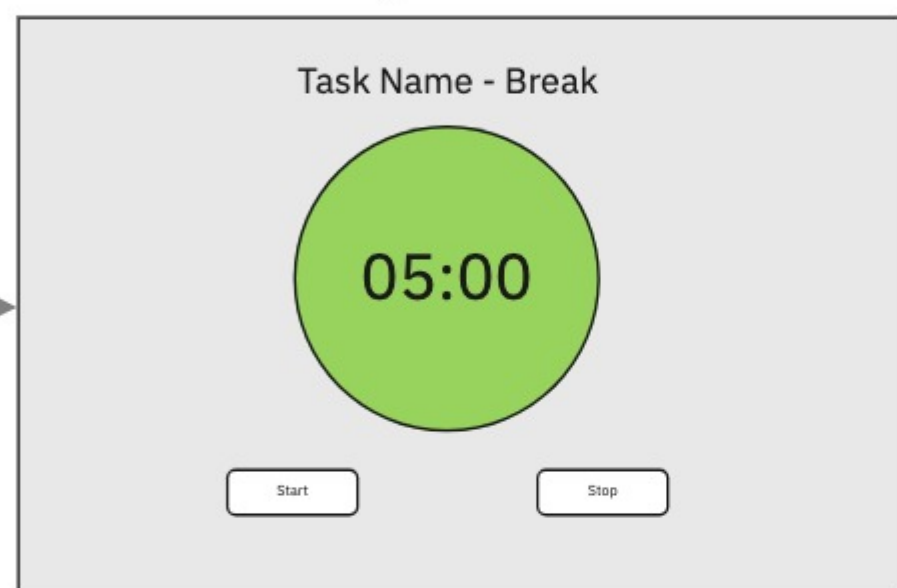


## While Timer is ticking



~~When Break is done~~

Automatically start 5 min break



While Break timer is ticking...



BOTW  
stamina  
bar instead  
of circle?

Trees?

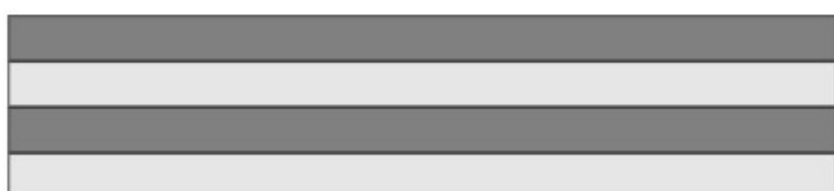
Tomatoes?

Growing  
tomato?

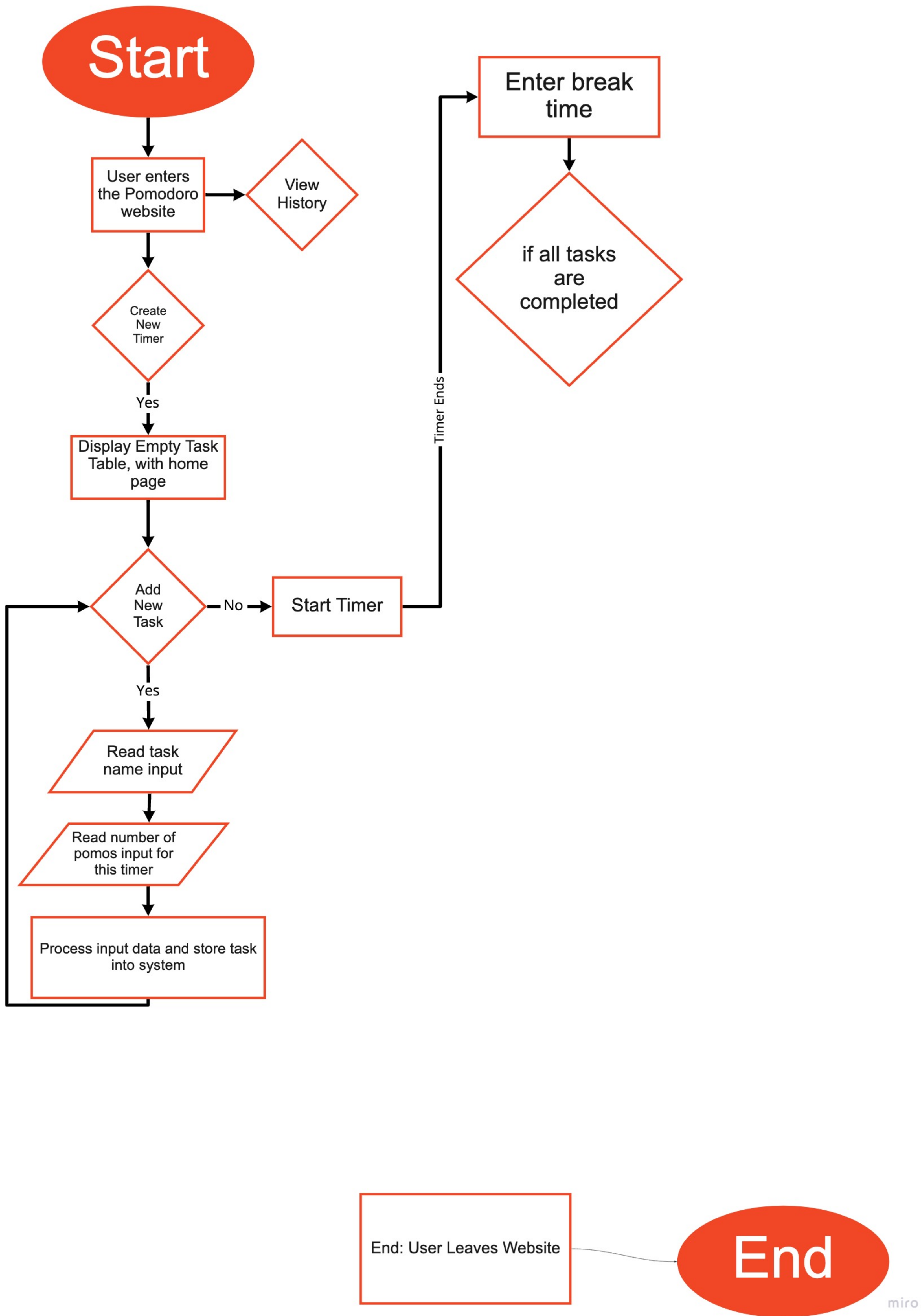
## Scheduler/Main Page Idea

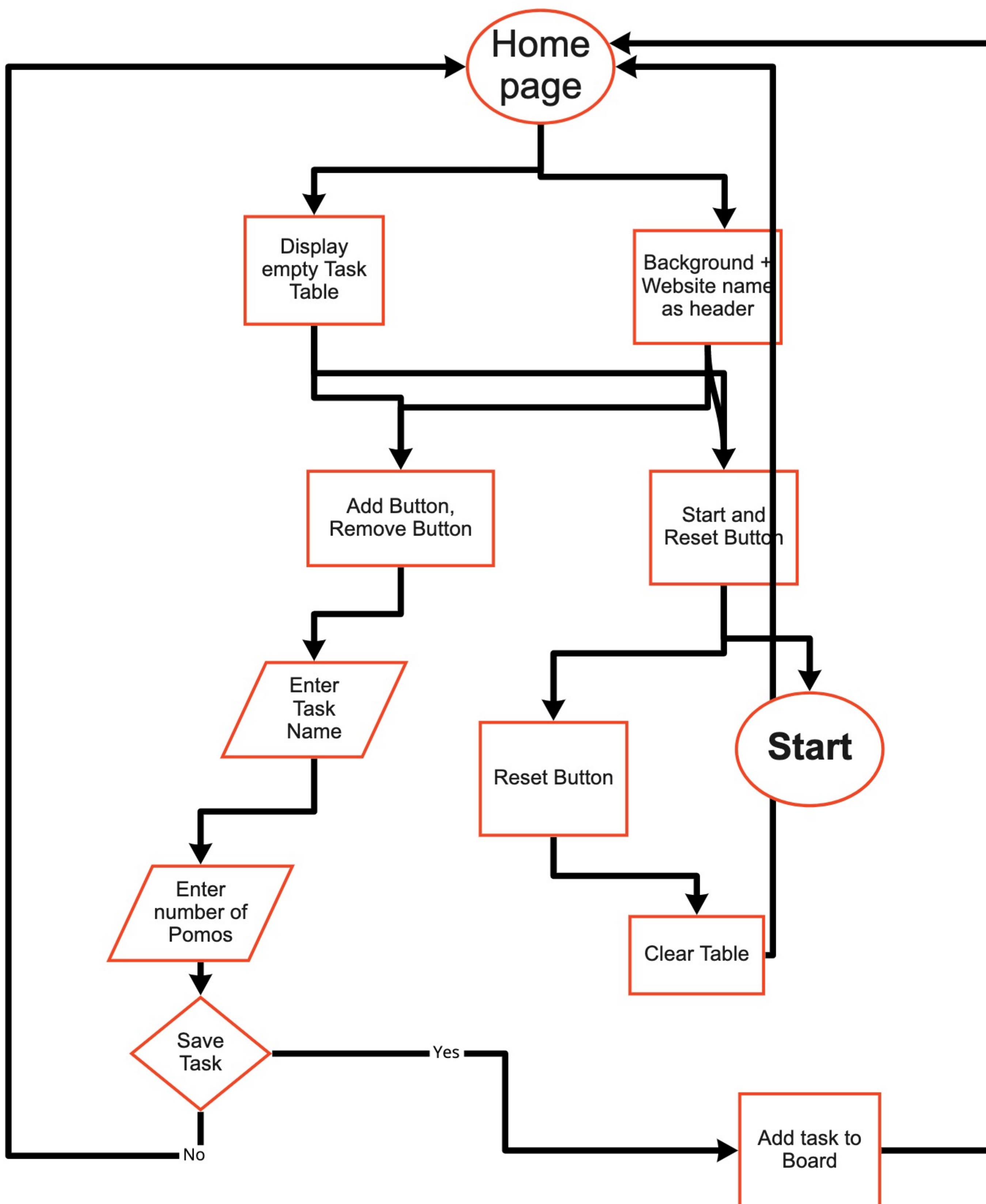


## Schedule









TODO:

1. Add functionality for remove task button
2. Define relation of homepage with main site