

## THE CHALLENGE

*In March 2020, Marcus watched his \$18,000 portfolio crash to \$11,880—a 34% loss in weeks. His brain screamed "SELL!" as friends panic-sold and news predicted disaster. But Marcus had written a rule: "Never sell based on short-term movements." He kept investing \$300/month at discounted prices. By August, his portfolio hit \$24,000—higher than before the crash. Friends who panic-sold locked in losses and missed the recovery entirely.*

**How can understanding behavioral biases and choosing the right investment technology help you avoid emotional decisions that destroy wealth?**

### Learning Objectives

- Evaluate investment platforms (robo-advisors, brokerages, apps) and their appropriate use cases.
- Analyze how behavioral biases (loss aversion, recency bias, herd mentality) cause poor decisions.
- Apply strategies to counter emotional decision-making during market volatility.

## CORE CONCEPTS

Term	Definition
<b>Robo-Advisor</b>	Automated platform that builds and manages portfolios based on your goals; handles rebalancing. (0.25-0.50% fee)
<b>Loss Aversion</b>	Losses feel 2x more painful than equivalent gains feel good—causes holding losers too long, selling winners too early.
<b>Recency Bias</b>	Overweighting recent events; assuming current trends continue forever. Buy high after rises, sell low after drops.
<b>Confirmation Bias</b>	Seeking information that confirms existing beliefs while ignoring contradictory evidence.
<b>Herd Mentality</b>	Following the crowd even when it contradicts rational analysis—drives bubbles and panic selling.

**Background:** Research shows the S&P 500 returned 10.7% annually from 1992-2021, but the **average investor earned only 7.1%**—a 3.6% gap caused almost entirely by behavioral biases. Investors buy high (after rallies) and sell low (after crashes). The right investment technology can help: **robo-advisors** automate

discipline, preventing panic decisions. But technology alone isn't enough—you must understand your own biases and establish rules BEFORE market volatility hits. A pre-written rule like Marcus's can save you from decisions that feel right in the moment but destroy wealth long-term.

## APPLY IT

### PART A: PLATFORM COMPARISON

Platform Type	Annual Cost (\$10k)	Best For	Watch Out For
Robo-Advisor	\$35-\$65	Hands-off investors	Less control
Online Brokerage	\$5-\$20 (fund fees)	DIY investors	Overtrading temptation
Investment App	\$36-\$144 (subscriptions)	Beginners, micro-investing	High % cost on small balances

#### Investor Profile: Keisha (Age 24)

Just started working, \$5,000 to invest, can add \$200/month. Doesn't enjoy research, susceptible to FOMO when friends discuss hot stocks.

Best platform: \_\_\_\_\_

Because: \_\_\_\_\_

#### Investor Profile: Derek (Age 35)

Enjoys investment research, wants full control, \$50,000 portfolio, disciplined about not overtrading.

Best platform: \_\_\_\_\_

Because: \_\_\_\_\_

### PART B: BEHAVIORAL BIAS IDENTIFICATION

1. Match each scenario to its primary bias: (A) Loss Aversion (B) Recency Bias (C) Confirmation Bias (D) Herd Mentality

\_\_\_\_ After markets rose 30% last year, investor assumes continued gains and goes all-in on stocks.

\_\_\_\_ Investor refuses to sell a stock down 40% because selling would "make the loss real."

\_\_\_\_ Everyone at work is buying cryptocurrency, so investor buys without research.

\_\_\_\_ Investor only reads positive news about their favorite stock, ignoring warning signs.

### PART C: CREATING BEHAVIORAL RULES

2. Write THREE pre-commitment rules you would establish NOW (before experiencing market volatility) to prevent emotional decisions:

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**Example rules:** *"Never check portfolio more than monthly." "Continue monthly investments regardless of market conditions." "Never sell based on news headlines."*

## CHECK YOUR UNDERSTANDING

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1. The behavioral bias where losses feel twice as painful as equivalent gains feel good is called:

- ☐ A. Recency bias
- ☐ B. Loss aversion
- ☐ C. Confirmation bias
- ☐ D. Herd mentality

2. Explain why the average investor (7.1% return) significantly underperforms the S&P 500 (10.7% return) over time, using behavioral bias concepts.

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3. **Calculation:** Jasmine's confirmation bias caused her to hold a declining stock. If she had sold at \$38/share (when warning signs appeared) instead of \$25/share (eventual bottom), how much did bias cost her on 100 shares?

Show your work:

Cost of confirmation bias: \$\_\_\_\_\_

4. Why might a robo-advisor help prevent behavioral mistakes better than a self-directed brokerage account?

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5. **Reflection:** Which behavioral bias are you most susceptible to? What specific rule would you create to counter it? What investment platform seems best suited to your personality?

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