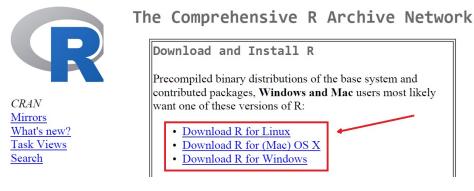
Download and install R:

To download **R**, visit CRAN (https://cran.r-project.org/), the comprehensive R archive network. CRAN is composed of a set of mirror servers distributed around the world and is used to distribute **R** and **R** packages.



Download and install RStudio:

RStudio is an integrated development environment, or IDE, for R programming. Download and install it from https://www.rstudio.com/products/rstudio/download/#download.

Install Tidyverse: Install some basic **R** packages. An **R** package is a collection of functions, data, and documentation that extends the capabilities of base **R**. You can install the complete tidyverse by typing

install.packages("tidyverse")

