



THE HARMONY PLACE INVITES YOU TO

A Walk in the Park - Shedding Light on the Effects of Trauma and PTSD

We at The Harmony Place would be honored to have you at our inaugural "Walk in the Park" event to raise awareness and shed light on the effects of trauma and PTSD. The event will commence with a community walk in the park alongside Etra Lake followed by speakers including trauma/PTSD specialists and survivors sharing their stories of perseverance and triumph. There will also be poetry reading, information on resources and available help, and much more.

WHERE: Etra Lake Park - East Windsor, NJ 08520

WHEN: September 14th, 9:30 a.m. - 3:00 p.m.

WHY: To benefit survivors of trauma and PTSD

PRICE: Age 0 - 5 free, 6 - 12 \$12,
13 and older \$20

HOW: Click [HERE](#) to register for the event!

THE HARMONY PLACE
Where Healing Happens