10	PESO	TALLA	EDAD	GEB CALCULADO	GEB CONSUMIDO	НСА	LIPIDOS	PROTEINAS	FIBRA	VITAMINA A	VITAMINA C	VITAMINA B9	HIERRO	POTASIO	AZUCAR	SODIO	CALCIO	SELENIO	FOSFORO	COLESTE
<u> </u>					1715 880	224 88	41 33	102 53	16 6.3	471.8 173	16.7 19.3	129.9 11.6	14.4 7.6	392.3 302.5	44.2g 10.6g	715.8mg 849.2mg	533.2 199.2	86 58.2	0 0	883.6n 478m
3 4																				
5 6																				
7																				
9																				
0 1 2																				
3 4																				
5 6					2392	263.5	106.5	89	9.8	135.4	2.3	71.3	10.6	234.6	33.6	2584.4mg	978.4	37.7	0	227.
7 8					2002	200.5	200.0		3.0	200	2.0	7 2.0	20.0	25	33.0	230	370	97.7		
9																				
1 2					2290	263	76.4	124.1	23.7	453.7	22.2	417	12.3	558.3	51.2g	52681.4mg	918.3	47.3	0	23
3 4					842.5 867.5	121.2 86.5	19.5 30.5	42.6 59	12.9 10	227.3 171.8	19.8 14.3	65.3 36.7	3.8 6.6	615.3 267.3	37g 114g	79.3mg 953.3mg	121.1 175.8	27.2 77.1	0	473.
5 6					1182	176	32	40.6	6.6	138.6	60.6	32	4	543.4	21.8g	76.5mg	189.9	6.3	0	65.4
7 8					1102	170	32	40.0	0.0	138.0	00.0	32	-	343.4	21.0g	70.5mg	109.9	0.5		05
9					2416 1700	464 269	47	91 81	8.8 16.9	481.9 701.6	21.4 141.3	450.8 243.9	20.2 14.9	442.5 1497.8	40.1g 50.1g	1546.9mg 589.2mg	1148.6 562	4.8 69	0	81.: 188.
<u>L</u>					2265	260	75.5	122.5	20.7	587.9	11.8	101.9	18.6	637.6		716.5mg	807.9mg	42	0	
3 4					1212.5	123	38.5	90.5	5.6	206.6	22.2	33	10.7	558.3	11.1g 66.6g	1083.9mg	196.3	144.3	0	569 615
5 6					1824	260.9	39	96	20.5	1008.9	134.7	150.4	15.9	920.5	2.4g	1224.7mg	943.2	75.3	0	497
7 8																				
9 0																				
1 2					1357	145	52.5	73.5	13.3	360.8	3	17.2	6.5	153.8	8.9g	2316.3mg	835.6	455	0	30
3 4					1337	143	32.3	73.3	13.3	300.8	3	17.2	0.5	133.8	0.5g	2310.31118	833.0	433		300
5	84.2	1.73	27	1652	1242.5	187	25	60	24.9	334.9	222.2	65.8	12.3	1173	37.2g	237.1mg	386.6mg	11.2	178	120.
7	63.9 127.9	1.6 1.65	30 22	1422 1747	1295 970	169.5 122	43 20	53 67.5	7 8.2	102.3 147	60 53.7	64.1 18.9	6.5 5	156.1 200	30.4g 0.5	276.6mg 638.2mg	561 401.7	0 25.4	0	68.1 129.
8 9 0	40.1	1.54	28	1192	2555	360	73	107	22	628.4	159.7	104.4	20.6	1277.4	70.5g	2741.8mg	1357	40.7	0	274.
1 2	49.3		36	1233	1575	165	56	98	20.6	483.6	59.6	124.1	10.4	721.6	23.9g	781mg	640.7	99.1	0	963
3	13.3	1.0		1230	1373	100	30		20.0	135.0	55.6	22112	2011	722.0	23.38	702g	0.1017	33.1		300
5 5					1412.5	179	41	76	17	186.7	271.1	135.8	16.1	1175	0	209.7mg	1066	22.1	0	161
<del>7</del> 8																				
) )	49.6	161	32	1272 655	2037	323.5	45	74.2	14.9	264.7	92.5	158.1	21.4	857.2	103.2	809.6	621	38.2	0	83
, - -				655 655																
3 4				655 655																
5				655 655	1290.5	100.3	69	71.6	10.6	286.8	51.7	121.2	5.8	986	8.4	1045.4	385.4	35.2	0	19
3				655 655	1290.5	100.5	09	71.0	10.0	280.8	31.7	121.2	5.8	980	0.4	1045.4	363.4	33.2	0	19
9	50.8	155.5	22	655 1324.4	1966	277.4	64.0	67	19.5	150.6	4.6	30.5	12.7	460.2	90.9	1159.1	733.8	43.5	0	22
L	30.8	133.3	22	1324.4	1620.9	185.6	64.9 69.2	84.4	18.5 12.2	319.1	87.5	331.4	16.5	469.2 879.3	80.8 40.9	573.9	1403.4	33.6	0	32 13
2 3 4				CEE	1388.3	185.5	48.4	46.8	11.4	313	33.7	104.5	4	840.6	25.3	1624.1	542.1	15.3	0	1
5				655 655 655	2660	212.7	162.5	94.9	5.9	372.6	17.9	196.1	12.9	458.7	25.3	2102.7	542.1	57.9	0	97
	60.1	157.7	34	1361 655	1215.8	147.7	39.5	65.4	9.4	789.6	70.3	204.1	7.9	882	73.6	407.4	124.1	50.8	0	99
) )	46.1	1.53	32	949.914	2177.4	277.9	80	90.2	16.6	510.6	35.1	125.7	15.2	723.1	26.8	1934.5	1617.3	69.8	0	87
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130	655	1583.3	220	55.8	49	9.9	171.9	12.7	137.4	10.4	189.3	28.4	506.9	833.1	9	0	86.4
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