

Liz O'Sullivan

Contact Details:

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196 Delwood Park,
Castleknock,
Dublin 15

Date of Birth: 02 July 1984

Education:

2006 – 2010

Degree:

DIT, Kevin St. & Trinity College, Dublin

B.Sc. (Hons) Human Nutrition & Dietetics.

Final result: 1.1

Subject focus: Nutrition, Dietetics, Physiology, Biochemistry, Medical Science & Communication

Placement: 6 months practical placement carried out in Beaumont Hospital, Dublin.

Project: "11 year retrospective review of biochemical control, protein intake and growth from birth to 5 years in the Irish PKU population". Carried out in Children's University Hospital, Temple St.

2002 – 2006

Degree:

Trinity College, Dublin

B.A (Hons) Mod. Physiology.

Final result: 1.1

Project: Physiological effects of sleeping with the head of the bed elevated 18 inches in young, healthy volunteers. Carried out in St. James's Hospital, Dublin.

1996– 2002

Leaving Certificate:

Loreto College, St. Stephen's Green, Dublin 2

Attained a total of 530 points taking all honours papers. Subjects studied were English, Irish, Maths, French, Spanish, Business and Biology.

Awards:

Feb 2011

Gold Medal awarded by the Board of Trinity College, Dublin on the basis of final examination results.

Sept 2010

Awarded a Fulbright Science and Technology Scholarship providing me with the opportunity to travel to America in August 2011 to study towards a Ph.D.

May 2008

Awarded an academic scholarship by Trinity College, Dublin based on examinations in Nutritional Physiology, Nutritional Biochemistry and "Materno-foetal Nutrition and Infant Feeding".

Publications:

Oct 2008

Physiological effects of sleeping with the head of the bed elevated 18in. in young healthy volunteers. Irish Journal of Medical Sciences 177 (4) 371-377.

Relevant Experience:

Jan '11 – Present

Children's University Hospital, Temple St. Research Assistant.

- Retrospective analysis of medical/dietetic charts collecting information regarding growth and protein intake in children with phenylketonuria (PKU).
- Collating and analysing data qualitatively and quantitatively.
- Aiming to produce scientific article for publication.

Oct '10 – May '11

Pfizer Nutrition, Part-Time Nutrition Assistant

- Setting-up and manning information stalls at various baby fairs/trade shows nationwide
- Answering questions from the public/HCPs regarding infant feeding and maternal nutrition

Aug 2009 – March 2010

Beaumont Hospital, Dublin. Student Dietitian.

- 2-week rotations carried out in the areas of Cardiology, Respiratory Medicine & Cystic Fibrosis, Neurology, Gastroenterology, Upper GI Surgery & Lower GI Surgery.
- Performed supervised out-patient clinics on a weekly basis.
- Attended multi-disciplinary team meetings regularly, liaising with other HCPs.

Other Work Experience:

- March '11 – May '11 Central Statistics Office, Officer of Statistics.
- Enumeration of 450 residences for the 2011 Irish census.
 - Working independently contacting residences and answering queries.
 - Reporting on a weekly basis to a Field Supervisor.
- June/Aug 2010 Reed Recruitment, Temporary Receptionist
- Answering phones and transferring calls
 - Dealing with in-coming and out-going couriers
 - Administration- booking meeting rooms, booking car-park spaces, organising visitor passes
- June/Sept 2009 ESB Customer Supply, Change of Supplier/Meter Reading Withdrawals Unit, St. Margaret's Road, Finglas, Dublin 11.
- Adjusting erroneous meter readings in SAP Customer Database.
 - Restoring customers to ESB Customer Supply SAP Database who had been incorrectly moved to a different electricity supplier.
- Jan/June 2009 Part-time Accounts Assistant, Kylemore Foods Group, Finglas, Dublin 11.
- Processing creditors invoices in Axapta Computer System.
 - Administration/filing.
 - Reception duties and dealing with customer queries.
- June/Sept '08 & '07 Business Development Assistant, Kylemore Foods Group, Finglas, Dublin 11.
- Tendering for new business.
 - HR/Administration.
 - Reception duties, dealing with customer queries.
- June/Sept 2006 Clerical Officer, FAS, Employment Services, Ballyfermot.
- Data entry.
 - Receptionist/Customer service.
 - Switch-board operating.
- June '02- Nov '05 Part-time Clerical Officer, ESB St. Margaret's Road, Finglas.
- Receipting bill payments.
 - Solving customer queries and complaints.
 - Reconciling and lodging cash/cheques.
 - General customer service.

Additional Information:

- Full Driving Licence
- IT Skills: Proficient in MS Word, Excel, Outlook and PowerPoint, SAP and Axapta
- Language: Fluent in Irish and proficient in Spanish and French
- Positions of Responsibility:
 - Chairperson of the DIT Nutrition Society
 - Postgraduate Representative, TCD Scholars' Committee '09/'10
 - 3rd and 4th Year college class representative, Dietetics
 - 4th Year college class representative, Physiology

Referees

Ms. Amy Shaw,
Senior Dietitian,
Dept. of Nutrition & Dietetics,
Beaumont Hospital,
Dublin 9.

01) 8092357

Dr. John Kearney,
Project Supervisor,
Nutritional Epidemiology Lecturer,
Dublin Institute of Technology,
Kevin Street,
Dublin 8.

01) 4022837