

NorthStar Online Format

Welcome Everyone to the NorthStar Online Group of Narcotic's Anonymous

This meeting typically meets on Thursday at 7PM EST, New York, but we have decided to extend to every night of the week, including our regularly scheduled meeting on Thursdays. All of these meetings are at the same time, with the same Zoom Meeting ID#

Because of the size of this meeting we will skip introductions, but please feel free to introduce yourself and let us know where you're from in the chat section

Tonight's format will be _____

Once we open up the meeting or sharing please "raise your hand" to be added to the queue. To raise your hand simply go to the participants, find your name and click "raise hand" you can also "lower your hand" this way too. Please keep your hands raised to remain in the queue. Please lower your hand to be removed from the queue

This meeting will be using a 3 &/or 5 minute timer. One of our co-hosts will let you know when you know once your time is nearing an end, please wrap up your share at that time. Part of sharing is sharing the time. This is a 90 MIN meeting and will end at 8:30 EST, New York. However, we will leave the meeting open for a little while after for people to fellowship/ chat.

*Remind everyone, "Your microphone should remain muted for the entirety of the meeting unless you are sharing. Please use "jazz hands" to recognize members at the start and end of their share and avoid unmuting to say, "Thank you."

I've got _____ on mute police, _____ on timer, _____ on queue, and _____ working the chat

Now we will have our readings. I have asked _____ to read....

(Link to NA By Phone readings for screen share)

Who is an Addict-

What is the NA Program-

Why are We Here-

How it Works-

12 Traditions-

We Do Recover-

JFT Card-

JFT Daily Meditation-

And now I will read out of the _____.

Our seventh tradition states that we ought to be fully self-supporting declining outside contributions. The money collected goes to pay for rent of the meeting space, literature, and to carry the message on a worldwide basis. Visitors should not give, but donations from members are welcome. You can donate via Venmo @northstaronlinegroup and the last four digits of the associated phone number are 1519

- *Remind everyone to raise their hands if they want to be added to the queue
 - *Remind everyone that part of sharing is sharing the time
 - *Remind everyone to use Jazz Hands instead of unmuting when they're not sharing
 - *Open meeting
 - *When calling on someone to share, remind them to unmute themselves.
 - *After everyone has shared call for announcements
 - *Ask participants to unmute and close meeting with serenity prayer
- Trusted Servant Schedule

Sunday

Chair/Queue/Mute: Kris R.

Timer/Chat/Video:

Backup Support:

Monday

Chair/Queue/Mute: Sam L.

Timer/Chat/Video:

Backup Support:

Tuesday

Chair/Queue/Mute: Danielle D

Timer/Chat/Video:

Backup Support:

Wednesday

Chair/Queue/Mute: Jessie N.

Timer/Chat/Video:

Backup Support:

Thursday

Chair/Queue/Mute: Sam L.

Timer/Chat/Video:

Backup Support:

Friday

Chair/Queue/Mute: Wilvena G.
Timer/Chat/Video:
Backup Support:

Saturday

Chair/Queue/Mute: Jessie N.
Timer/Chat/Video:
Backup Support: