



Jiali Han, Rushan Liang,
Yanqiong Ma, Zhiqian Zhang



WHAT IS OUR APP

A mental health app :

- Provides simple **self-assessments** through multiple-choice questions.
- Shows the **assessment results** with suggestions.
- All designed to support mental well-being.



TARGET AUDIENCE

People who:

- Seeking to improve their **mental health**
- Interested in **self-assessment**
- Would benefit from a **supportive community** that shares resources and experiences related to mental health.



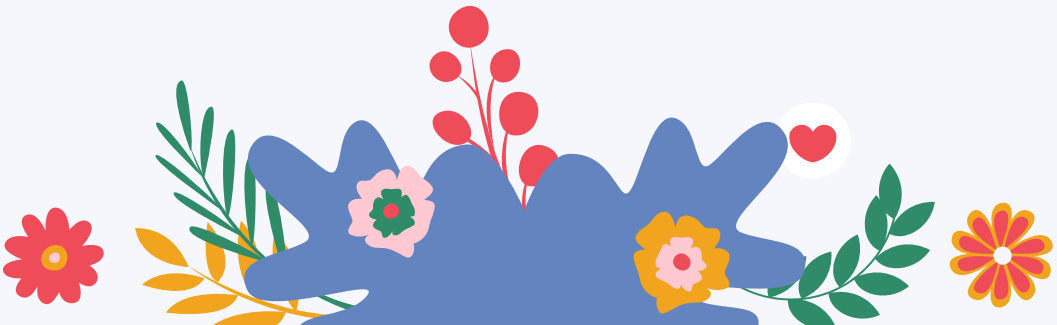


SIGNIFICANCE

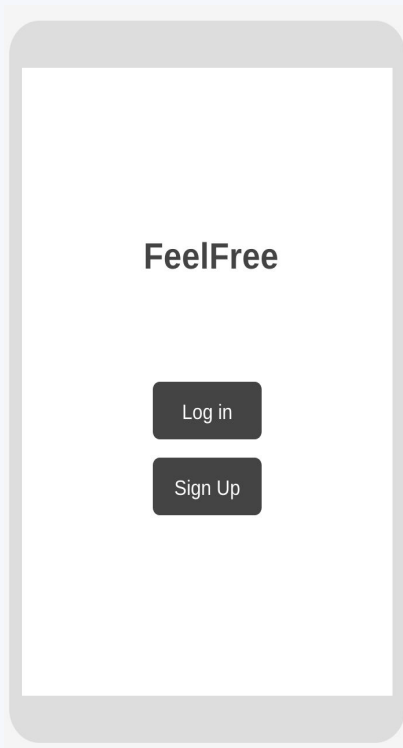
Unique Combination

- Integrates self-assessments and resource articles in one app.

Rising Demand for Accessible Mental Health Solutions

- Increasing global focus on mental well-being.
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LANDING PAGE + LOGIN & SIGN UP

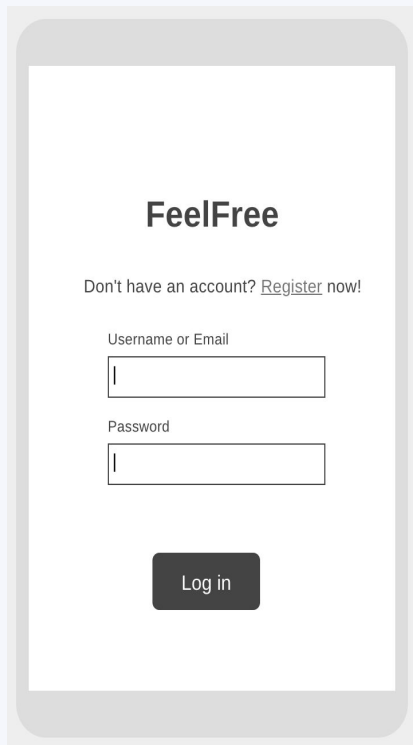


FeelFree

Log in

Sign Up

This is a landing page mockup for the 'FeelFree' app. It features the app's name at the top and two large, dark grey buttons labeled 'Log in' and 'Sign Up' stacked vertically in the center.



FeelFree

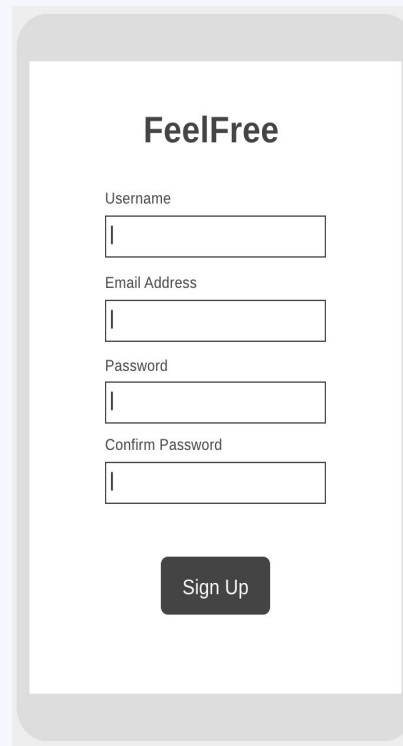
Don't have an account? [Register now!](#)

Username or Email

Password

Log in

This is a login page mockup for the 'FeelFree' app. It includes the app's name, a link to register for new users, input fields for 'Username or Email' and 'Password', and a 'Log in' button at the bottom.



FeelFree

Username

Email Address

Password

Confirm Password

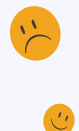
Sign Up

This is a sign up page mockup for the 'FeelFree' app. It features the app's name, followed by four input fields labeled 'Username', 'Email Address', 'Password', and 'Confirm Password'. A 'Sign Up' button is located at the bottom.



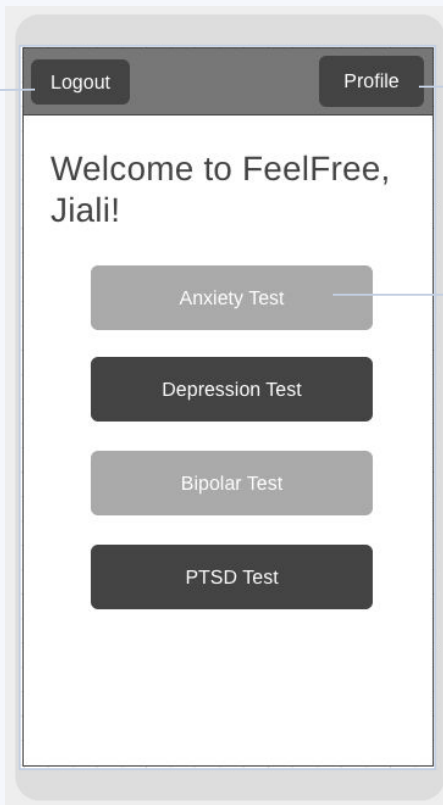
LANDING PAGE + LOGIN & SIGN UP



- Starting from the landing page, the user is able to **sign up for a new account** or **log in**.
 - Clicking on the “Log in” button would redirect to the **login screen**.
 - The sign-up button redirects to the third wireframe presented with **input fields** to fill out a **user’s information**
 - After logging in or signing up, the screen will be directed to **HOME PAGE** as shown on the next slide.
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HOME PAGE

Directs to
LANDING page



Directs to
PROFILE page

Directs to
ASSESSMENT page

PROFILE

PROFILE



Name: Kori Jordan

Email: kori111@gmail.com

Edit Profile

EDIT PROFILE



Name

Kori Jordan

Email


kori111@gmail.com

Save Changes

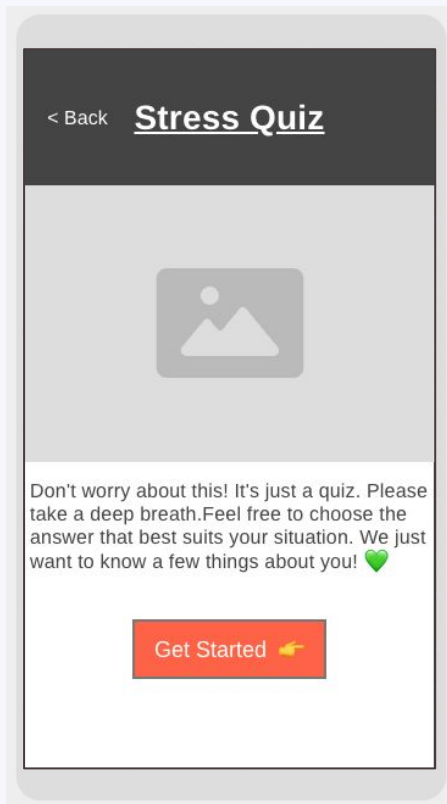


PROFILE



- PROFILE is accessed from navigation bar button on homepage.
 - **"Edit Profile" button** redirected to EDIT PROFILE screen.
 - On the edit profile page, users can edit their personal information, including:
 - taking a new profile picture or uploading one from their gallery
 - editing their name and email.
 - Tapping the **"Edit" icon** for the photo will prompt the user for access to their camera and photo roll.
 - After making changes, user can click **"Save Changes" button** to save their updated information.
- 

ASSESSMENT



< Back Stress Quiz

Don't worry about this! It's just a quiz. Please take a deep breath. Feel free to choose the answer that best suits your situation. We just want to know a few things about you! 🍀

Get Started ➡



Take your time 🍀

Question 1/12:

I feel overwhelmed by my own emotions.

Strongly Agree

Agree

Neutral

Disagree

Strongly Disagree


Next question ➡

Once finished all questions the button directs to Test Result page.



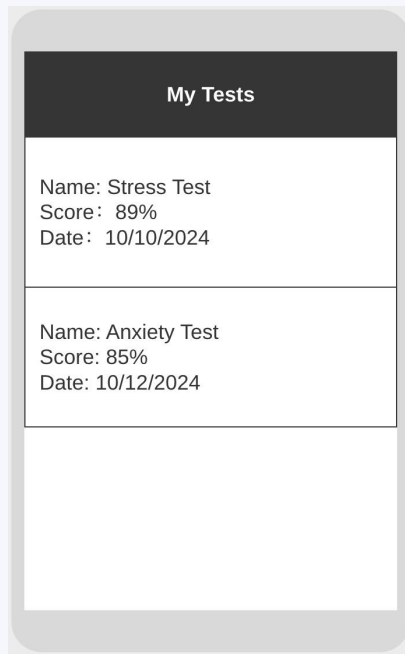
ASSESSMENT



- ASSESSMENT is accessed from navigation bar button on home page.
 - **"Back" button** redirected to home screen.
 - On the assessment **home page**, user can tap the **"Get Started" button** to start this assessment.
 - On the assessment **question page**, user can read the question then choose the best option from 5 multiple options that suits his/her situation.
 - After choosing the question, user can click **"Next Question" button** to save their answer and go to the next question.
- 



TEST RESULT

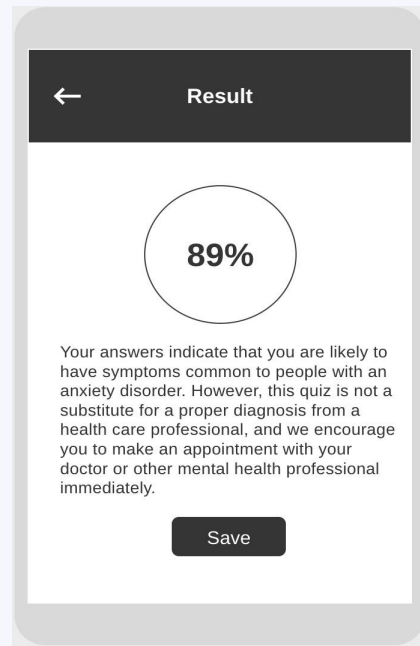


My Tests

Name: Stress Test
Score: 89%
Date: 10/10/2024

Name: Anxiety Test
Score: 85%
Date: 10/12/2024

Summary Page



← Result

89%

Your answers indicate that you are likely to have symptoms common to people with an anxiety disorder. However, this quiz is not a substitute for a proper diagnosis from a health care professional, and we encourage you to make an appointment with your doctor or other mental health professional immediately.

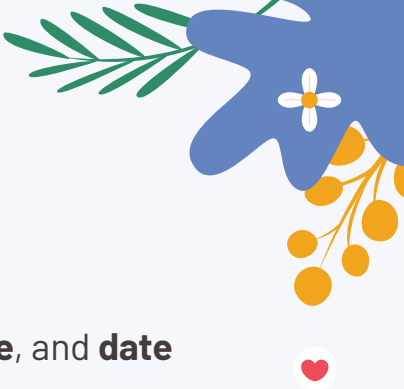
Save

Detail Page






Tests Result Pages

- **The summary page** displays a list of completed tests with their **name**, **score**, and **date** for easy reference.
 - Click on a **list** will take you to **the detail page**.
 - **The detail page** shows a detailed test result with a specific **score** and **advice**. It includes a **save button** for users to store their results for future reference.
 - Use the **“back arrow” button** to return to the profile.
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BACKEND

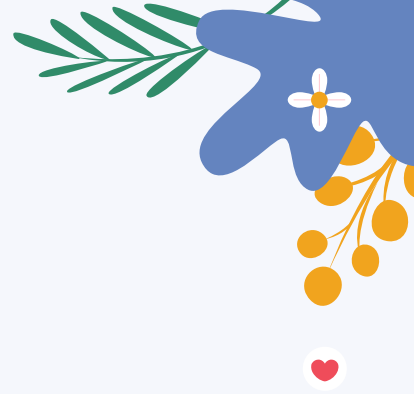
- **User Authentication:** We plan to implement user authentication through Google Firebase Authentication, ensuring secure and easy login for users.
 - **Database:** We will utilize Firebase Realtime Database to store all user-related data, including username, running statistics, experience level, and goals or intentions.
 - **Mental Health Assessments:** To store and manage users' mental health assessment data securely, we could integrate Google Cloud Firestore for scalable and real-time data handling. Additionally, Firebase Cloud Functions will help process assessment results, while ensuring data privacy and security.
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SENSOR

- The app will allow users to upload a profile picture by providing **access to the camera** for taking a new photo and the **access to photo roll** for selecting an existing image.





Concluding Remarks



10/15 - 10/25

Implement User Log in and Sign up

01

02

11/4 - 11/15

Implement Assessment and Test result

03

04

10/25-11/3

Implement User Profile Setup

11/15 - 11/30

Refinement, Testing, Presentation

