

Maria Hudak

HEALTH & LIFE COACH

VARIATIONS OF YOUR LOGO



#35756C

#0D230B

#013927

#7D7F6B

YOUR CHOSEN COLORS & LOGO FONTS



Brittany
LOVELO

YOUR MAIN TYPEFACES OR FONTS IN USE

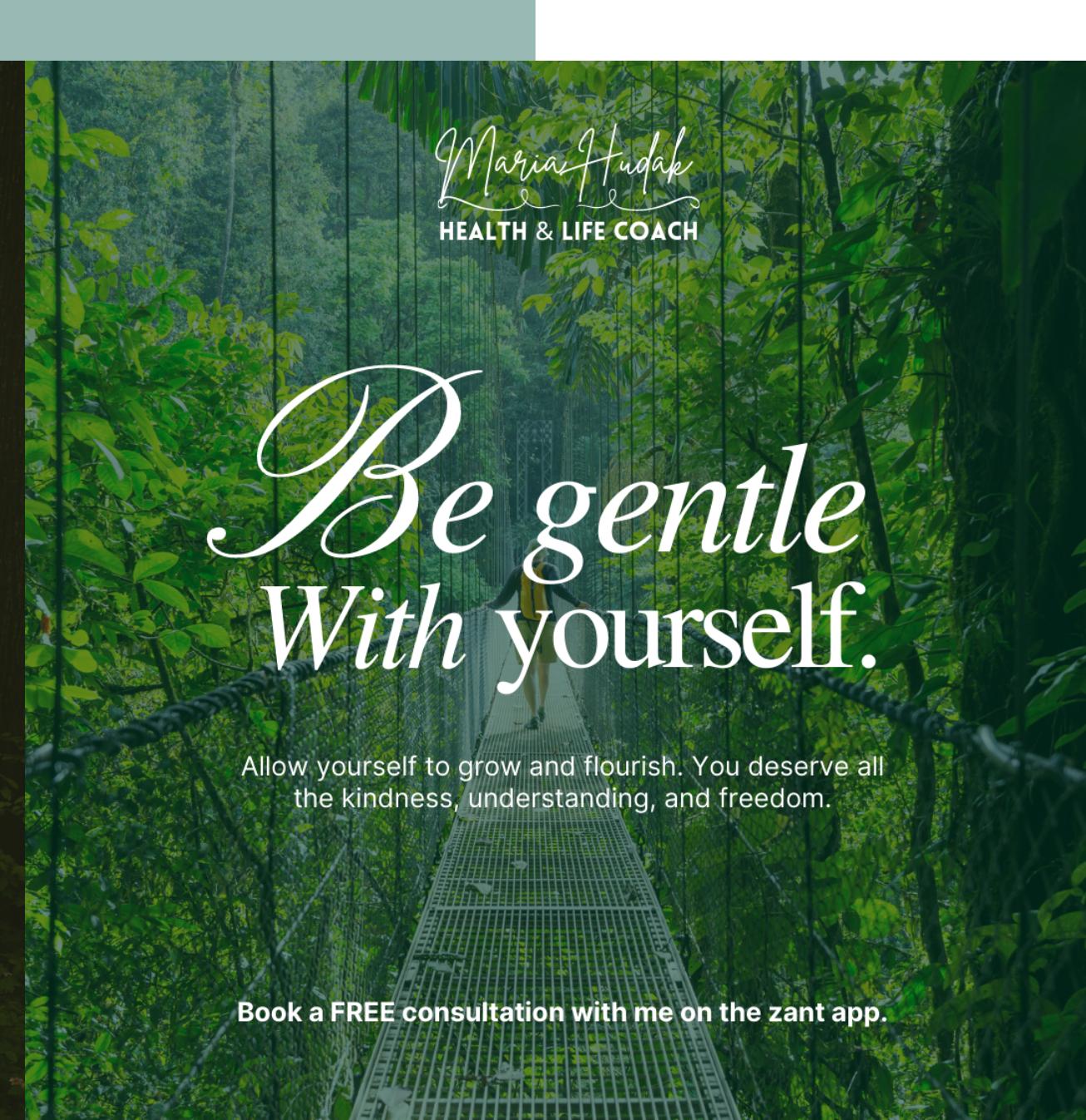
Canva Sans Medium

Today, I celebrate the beauty of embracing my evolving identity.

League Spartan

**"Define and communicate your boundaries.
Prioritize your needs and well-being for success."**

ENHANCED HEADSHOT



Maria Hudak
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"Motivation fuels the fire within, propelling us towards our goals and inspiring us to reach new heights."

"HEALTH AND WELLNESS ARE THE FOUNDATIONS FOR A VIBRANT LIFE FILLED WITH VITALITY AND JOY."



LET'S WORK TOGETHER ON:

SELF-IDENTITY
SELF-LIMITING BELIEFS
BOUNDARIES
RELATIONSHIPS
COMMUNICATION



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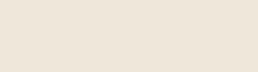
Testimonials



Maria met me where I was; she was insightful, intuitive, and knowledgeable without being pushy, judgemental, or egotistical -- By month 3 I had left my unsustainable and stressful job and landed four separate interviews in my field, one of which I accepted. I am now enjoying a well-paid job...I am finally able to feel valued in my work environment. Thanks to Maria's help, I am not only thriving at work but in my personal relationships as my family has noticed a huge difference in our home life as well.

-Client Testimony

Find Maria on the zant app
www.zant.app



SHIFTING IDENTITY

"Shifting identity is a transformative journey that empowers us to discover our true selves and embrace growth."

