



Find a Mattress You'll Love



Waking up tired and achy? Here's how to choose a bed that will lead to restful nights and brighter days.

BY JOANNE CHEN

I LOVE MY MATTRESS;

really, I do. It cuddles my body without feeling like quicksand, and buoys me up without bouncing. And I can sit on the edge without sliding off.

Because I love my mattress (more details on it later), I also love my sleep—which should be every mattress shopper's goal. After all, a high-quality mattress helps you feel supported and cushioned, which, in turn, can help you wake up feeling refreshed and pain-free.

Chances are, you can love your mattress, too. The key is to know how to shop for one, from entering a store with confidence to walking out with complete certainty that you found a mattress that's a good price and that will last a long time. On these pages, I'll share the scoop—with advice from Chris Regan, CR's lead test engineer for mattresses, as well as bedding and sleep experts—on how to do just that.



Joanne Chen has spent the past five years covering the sleep industry and trying out more than 100 mattresses. She has been a deputy home editor at CR since 2022.

ILLUSTRATIONS BY LISA SHEEHAN
AND JACK RICHARDSON



satisfied by mattress type: innerspring (including hybrids), foam, and adjustable air (see facing page).

► **Size:** Find the widest mattress that fits your budget and bedroom, so you can comfortably sprawl out. We test queen-size mattresses because they're the most popular. But if you share your bed, consider a king. After all, the width of a king is the equivalent of that of two twins. Anything less than a king, and each half of a couple might be stuck with a space that's narrower than what they slept on in a college dorm.

► **Thickness:** The standard is around 10 to 12 inches, though certain designs may be thinner or thicker. While the thicker mattress might look luxurious, know that budget models may be plumped up with fillers instead of high-quality materials, says Philip Carlitz, chief operating officer at Bedding Industries of America, which manufactures a range of widely sold brands. You might also need new (and pricier) sheets. Make sure the combined height of the mattress and box spring doesn't make it too hard to get into and out of bed.

► **Firmness:** You won't know whether a mattress's firmness level is right for you until you try it. But in general, side sleepers tend to prefer a medium-soft to medium surface—the better to cushion their weight-bearing shoulder and hip, while enjoying good support. Back or stomach sleepers can get away with something firmer because their weight is evenly distributed. Back issues? Opt for medium-firm: According to a 2021 Journal of Orthopaedics and Traumatology review paper, this may help reduce back pain.

► **Cost:** A few hundred dollars can get you a basic queen mattress, providing adequate spinal support. But CR's Regan says, "The sweet spot—a balance



Before You Go Shopping

Mattresses are a "blind" purchase: They look the same on the outside, while most of the true value is hidden on the inside. So it's natural to feel unsure, especially given the high prices.

Fortunately, you can gain confidence by familiarizing yourself with the mattress landscape. To find your perfect match, spend half an hour or so researching at home and take your time trying mattresses in-store. "You're not being fair to yourself if you spend

less than that to make a decision on something you're sleeping on for the next 10 years," says Mike O'Donnell, a mattress salesperson who has worked at Charles P. Rogers, Mattress Firm, and Mattress Warehouse.

5 KEY FACTORS

Start by considering the following.

► **Surface feel:** How much do you like to sink into your mattress? A lot or not at all? These preferences are largely

of good support along with nice pressure relief—is between \$900 and \$1,200.” In my experience reporting on mattresses, I’ve found that if you want better-quality materials (a thicker cover, denser foam, and thicker coils and more of them), you’ll often have to spend more—very generally speaking, closer to \$1,500 to \$2,500. Some of our top-rated models are in this range. Move up to \$3,000 and beyond, and you’ll find a larger array of mattresses, offering a wider range of bells and whistles, such as an organic cotton cover and natural latex foams.

MAKE YOUR LIST

Now that you have an idea of what you want, look at our ratings (on page 31). Focus on models with the best support for your size and sleep position (e.g., petite back sleeper or large side sleeper). They might not have the highest Overall Score, an average that favors those acing tests for all sleeper types. But all you need is a bed that performs well for your needs.

Next, check the firmness level. We’ve rated each mattress on a 1-to-10 scale, with 1 being the softest and 10 being the firmest. This way, you can compare mattresses across brands.

Sleep hot? See the “retains warmth” column. Do you wake up easily when a partner or pet moves around? Check the stability score, which reflects how well a mattress isolates motion.

Make a list of about six mattresses. See brand websites to learn about materials. (For instance, experts have told me that, generally speaking, lower-density memory foam may be more prone to body impressions than higher-density memory foam and that most good-quality mattresses have a memory-foam density of at least 3 pounds per cubic foot.) Also note pricing, warranties, and return policies, which can differ depending on where you buy. If you don’t find the information you need, chat or call customer service.

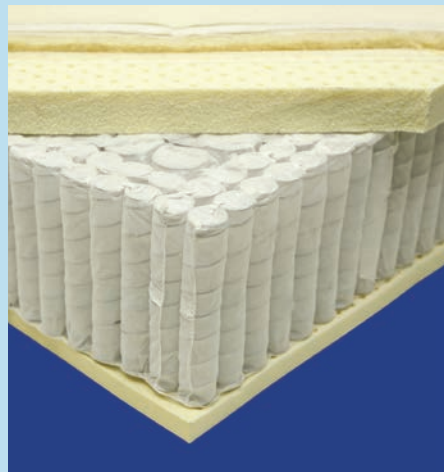
THE RIGHT MATTRESS TYPE FOR YOU

High-quality innerspring, foam, and adjustable air options can each balance excellent support with good pressure relief.

The choice comes down to which feels most comfortable for you—so you can focus less on the mattress and enjoy better sleep.

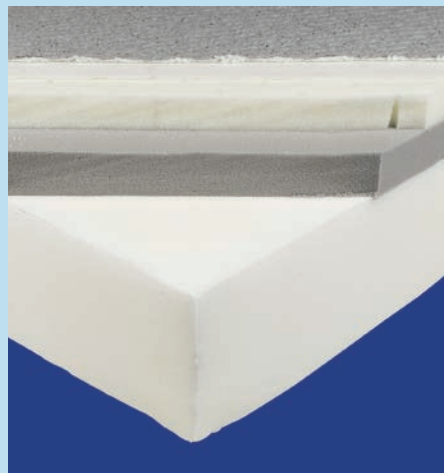
Innerspring

These models combine coils with fabric padding or a bit of foam on top for a resilient feel. If you like nestling into a cuddlier surface, consider a pillow-top (which has an extra fabric or foam layer sewn on top of the cover) or a Eurotop (which places that layer below the cover). Want your mattress both resilient and squishy? Consider a hybrid (listed under innersprings in our ratings). While there’s no official definition, **hybrids** tend to have substantially more foam than conventional innersprings.



Foam

Typically made with synthetic foams, these mattresses can range from, say, \$200 Amazon-sold models often made from less-dense materials and prone to lumpiness, to pricey Tempur-Pedics, which conform to your every curve and are less likely to sag. If you have joint issues, rolling over in these beds may be a challenge, and edge support can be poor, especially with cheaper foams. We also test natural latex foams, which cradle the body while offering some springiness.



Adjustable Air

Brands such as Sleep Number (which doesn’t appear in our ratings on page 33 because new models are being tested) and Saatva have an inflatable air chamber instead of a bottom layer of coils or support foam. The thicker the foam or fabric materials on top of that chamber, the plusher (and pricier) the bed. In some cases, you have the option of paying for one chamber on each side, so each partner can adjust it to their liking, with either a remote or a smartphone.





Where to Shop—and How

1. CHOOSE A GOOD STORE

Loving your mattress depends on not just the company that made the mattress but also who sold it to you. After all, it's the retailer that guides you as you browse. Instead of hitting every showroom in your area, be picky. "The more you go to, the more confusing it might be," says David Binke, CEO at mattress brand King Koil.

Consider which type of store you'd like to shop in. In our 2023 mattress store survey, in which more than 6,000 CR members told us about their recent experiences, stores of all

types received high scores in overall customer satisfaction. (See the top five stores from the survey at [CR.org/mattress-stores](https://www.consumerreports.org/mattress-stores).) But your best bed source depends on your situation.

If you're interested in a range of brands—or don't know which brands you're interested in—try a furniture and mattress store or a mattress retail chain, both of which sell a variety of popular brands. Mattress retail chains also often have good inventory, so they're a logical choice if you need to buy right away. The Original Mattress Factory was among the rare retailers in our survey to receive the topmost score for sales-help service and customer support, says Martin

Lachter, who leads our survey research on mattresses and mattress stores.

For a more curated selection, you might consider independent mattress retailers, where it's not unusual for the owners to be on the sales floor helping customers. Some retailers also manufacture their own mattresses, so you're not paying a third party. That's why I chose to buy my mattress at Charles P. Rogers in New York City, where I found my innerspring, the Estate SE-GL. If you decide to go this route, ask how long it might take for delivery. Some manufacturer-retailers may make their beds to order, so there might be a wait.

If a particular brand appeals to you, go to the branded store (such as a Saatva showroom or Casper Sleep Shop). That's your best place to have all your product questions answered and to try that brand's offerings. You'll often find the best return policies there too. Saatva rated particularly highly for sales-help service and customer support in our 2023 survey.

3. ZERO IN ON SUPPORT AND PRESSURE RELIEF

Once you've narrowed down the options, figure out which mattresses will keep your spine aligned while cushioning your pressure points. To do this, ask for a pillow (the retailer should offer a disposable pillowcase) and spend at least 10 minutes on each contender, trying every position you sleep in. If salespeople hover, let them know you'll grab them if you have questions. Don't be shy—a good pro is trained to understand the importance of spending time on a mattress before buying, says Jody Putnam, chief retail officer at Mattress Firm. Instead, do the following:

Lie on Your Back

Your spine should feel comfortably neutral, with the lower back's natural curve supported, not strained, says Ahmed Radwan, PhD, a physical therapy professor at New York's Utica University. Do your hips, knees, and shoulders feel nicely cradled? They should.



Even if you choose a top retailer from CR's surveys, it's worth a quick scan of Google or Yelp reviews to get some insight on the best store and salesperson in your area. Johnnie Morrison, who has sold mattresses in Pennsylvania retail stores for decades, says happy customers often shout out helpful salespeople in their reviews. If a name comes up consistently, ask for that person when you get to the store.

2. **NARROW YOUR OPTIONS**

Set yourself up for success at the store by wearing a comfortable top and pants; no dresses or skirts. Go in the morning (because any mattress can feel good when you're tired at the end of the day), and take your mattress list and sleep partner with you. If you're starting out with a list of six, you'll want to whittle that down to three or four favorites quickly. So take a minute in the store with each one you're considering. At this point you're simply figuring out

Buying a Mattress Online

It's always better to buy in person, and many web-based brands now have showrooms or partner walk-in retailers. But if you live far away, or you don't have time, buying online—without trying the mattress at all—may be the only way to go. Fortunately, online brands tend to have the most generous trial periods, ranging from a month to a year, and, in many cases, promise a full refund if you're not satisfied. Still, returns are a hassle, and while many brands say they'll recycle or donate the mattress, that's not always possible—and it ends up in a landfill. To avoid all this, explore the mattresses-in-a-box, as marked in our ratings (starting on page 31). Many of these models come from companies that received excellent or very good scores in our 2023 mattress store survey for attributes such as service and web support. Members purchasing a mattress on Amazon were also generally satisfied.

whether you like the general feel: Is it fluffy, springy, soft, or firm enough for you? Does it seem substantial or flimsy? Do you sink in so much that you feel stuck? Or can you move about freely?

If your first impression is “meh,” cross that mattress off your list. “That’s why the showroom experience is invaluable,” says Linda Klein, president of Charles P. Rogers. If you don’t love it there, you’re unlikely to love it at home.

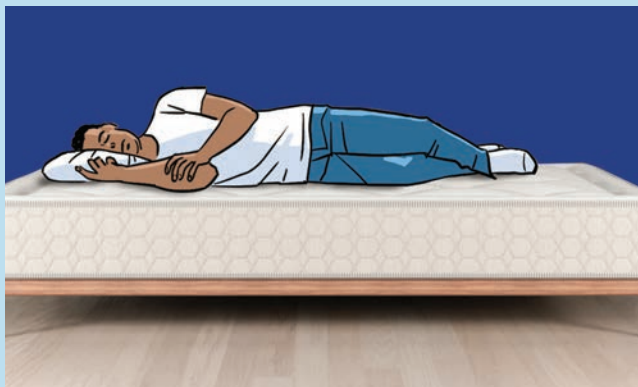
Try the bed with your partner and see how much tossing and turning (motion transfer) you can feel. Sit on the edge to make sure you don’t slide off. If your partner or pet hoards space, try lying on the perimeter too.

Good materials tend to be neatly tailored; a foam model’s covering shouldn’t sag or feel thin. “A quality manufacturer won’t display a sample with skipped stitching, uneven piping, or dents on the side,” says Carlitz at Bedding Industries of America.

Note the three or four mattresses that appeal the most to you. You’ll revisit them in step 3, below.

Turn to Each Side

With the proper pillow filling the space between your head and shoulders, your neck and spine should feel comfortably aligned, not twisted or flexed. Your shoulders and hips should feel cushioned, not compressed.



Lie on Your Stomach (if You Must)

Radwan advises avoiding sleeping on your stomach; it's bad for your neck. But if you can't help it, we think it's worth finding a mattress that minimizes harm. Skip the pillow. Make sure your spine isn't overarched and your belly and rib cage feel cushioned.





Mattress Firm, “will ask you questions to understand your sleep needs and budget, then tie your answers to various products and various price points.”

► **Never buy a mattress that’s not on sale.** There is almost always a sale. The biggest events take place around Presidents Day, Memorial Day, Fourth of July, Labor Day, and Black Friday, but smaller sales happen throughout the year. Consider shopping at the end of the month too. Depending on pay structure, store managers may need to hit sales goals—and could be more open to a deal. (Sales staff may have a different pay structure.)

► **Just ask for a better price.** Our 2023 Mattress Stores Winter Survey shows that the median amount saved when haggling was \$258. A third of those who haggled simply asked for a better price, and 61 percent of them received that.

► **Mention that you saw a better deal elsewhere.** If you found a cheaper price online or elsewhere, say so. Our survey found that 69 percent who tried this got the sale price matched.

► **Say you’ll shop around.** Even if you haven’t seen a better deal (or bothered to look), mentioning browsing at other stores may spark a price drop: Sixty-three percent of those who tried this tactic snagged a discount.



Making the Deal

According to an internal Mattress Firm survey, what worries people most when mattress shopping—in addition to making a poor choice—is overpaying. But recognizing a high-quality mattress and being familiar with what that costs (as noted in the previous pages) puts you in a better position to know whether you’re getting a fair shake. Remember, too,

it’s okay to go home and think about it, and return when you’re ready.

LANDING ON A FAIR PRICE

► **Walk away from unhelpful salespeople.** If they steer you toward a specific brand, they may be more focused on nabbing a larger commission than addressing your concerns. A helpful salesperson, says Putnam at

Do You Need These Add-Ons?

They might be offered free, or to entice you to pay extra. Here’s when to say yes—or no.

MATTRESS ENCASEMENT

This is a must. Choose a six-sided waterproof one to help protect from dust, spills, and stains. It will also prevent mildew that forms from sweat, says Philippe Knaub, chief technology officer at foam manufacturer FXI.

BOX SPRING

If you’re using a standard steel bed frame, you need a box spring to support the mattress. Otherwise, you can put your mattress directly on your platform or slatted frame, if that satisfies the condition of the warranty.


ADJUSTABLE FRAME

If it’s free, it’s often bare-bones. But you might want one that raises both your head and legs (for lower-back pressure relief). Independently moving sides (paired with a split mattress) can be helpful for raising a snoring partner’s head.

MATTRESS TOPPER

This (in a twin size) is helpful if one partner prefers a softer feel than the other. It’s also a fix for a new purchase that feels firmer than you expected. Contact customer service; they may send you one free or at a discount.

Ratings ➤ **Rest Easy** For the right fit, pick your mattress type. Check test results for the sleep position and size that best describes you, then focus on models that show a dark or light green circle in that column.

Brand + Model		Overall Score	Price	Survey Results		Test Results								Features				
				Comfort	Owner satisfaction	Petite side sleeper	Average side sleeper	Large/tall side sleeper	Petite back sleeper	Average back sleeper	Large/tall back sleeper	Durability	Stabilization	Firmness rating	Mattress-in-a-box	Latex foam	Retains warmth	
INNERSPRING																		
✓	Avocado Green	84	\$1,900	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	7	•	•		
💰	Denver Mattress Doctor's Choice Plush	82	\$800	⬇	⬇	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	3				
✓	SleepFresh Hybrid	82	\$1,300	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	3	•			
✓	Casper Original Hybrid	82	\$1,445	⬆	⬆	⬆	⬆	⬆	⬇	⬇	⬆	⬆	⬆	3	•			
✓	Charles P. Rogers Lifetime 8 Hybrid	81	\$3,200	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	5	•	•		
✓	Parachute Eco Comfort	81	\$2,400	–	–	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	5	•			
✓	Ethan Allen EA Signature Platinum Plush	81	\$3,420	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	5		•		
✓	Avocado Green Mattress Pillowtop	79	\$2,400	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬇	⬆	⬆	5	•	•	•	
💰	Zoma Hybrid	78	\$800	–	–	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	3	•			
💰	Beautyrest BR-800 12" Medium Firm	78	\$770	⬇	⬇	⬆	⬆	⬇	⬆	⬆	⬆	⬆	⬆	6				
✓	Casper Wave Hybrid	78	\$2,300	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬇	⬆	⬆	2	•			
✓	Big Fig The Mattress for a Bigger Figure	77	\$1,600	⬆	⬆	⬆	⬇	⬇	⬆	⬆	⬆	⬆	⬆	6	•	•	•	
💰	Emma CliMax Hybrid	77	\$800	–	–	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	4	•			
✓	Tempur-Pedic Cloud Medium Hybrid	76	\$2,200	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	3	•			
✓	Charles P. Rogers Real Bed	76	\$1,200	⬆	⬆	⬆	⬆	⬇	⬆	⬆	⬆	⬆	⬆	3		•		
✓	Leesa Legend Hybrid	76	\$2,100	⬆	⬆	⬆	⬇	⬇	⬆	⬆	⬆	⬆	⬆	3	•			
✓	Leesa Sapira Hybrid	76	\$1,700	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	4	•			
✓	Avocado Eco Organic	76	\$1,200	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	4	•	•		
💰	Beautyrest Silver BRS900-TSS Medium Firm Tight Top	76	\$900	⬇	⬇	⬆	⬆	⬇	⬆	⬆	⬆	⬆	⬆	4				
✓	Awara Natural Hybrid	75	\$1,100	–	–	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	3	•	•		
✓	Tuft & Needle Nod Hybrid MAT-NODH-01-Q	75	\$1,000	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	4	•			
✓	Eco Terra Hybrid Latex Medium	75	\$1,050	–	–	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	3	•	•		
💰	Signature Design by Ashley Chime 12" Plush Hybrid	75	\$330	–	–	⬆	⬆	⬇	⬆	⬆	⬆	⬆	⬆	3	•			
✓	Helix Sleep Dusk Luxe	75	\$1,800	⬆	⬆	⬆	⬆	⬇	⬆	⬆	⬇	⬆	⬆	4	•			
✓	Diamond Intention Hybrid	75	\$2,200	–	–	⬇	⬇	⬇	⬆	⬆	⬇	⬆	⬆	2	•			
✓	MLily Mprove 3.0	75	\$3,000	–	–	⬆	⬆	⬆	⬆	⬆	⬇	⬆	⬆	3	•			
✓	Lull Luxe Hybrid	75	\$1,500	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	4	•			
✓	Nolah Natural 11"	75	\$1,200	–	–	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	4	•	•		
💰	Molblly 12"	74	\$300	–	–	⬆	⬆	⬆	⬆	⬆	⬇	⬆	⬆	3	•			
✓	Spindle Organic Hybrid	74	\$1,200	–	–	⬇	⬇	⬇	⬆	⬆	⬆	⬆	⬆	3	•	•		
✓	Brooklyn Bedding Titan for Plus Size Sleep	74	\$1,000	⬆	⬆	⬆	⬇	⬇	⬆	⬆	⬆	⬆	⬆	4	•			

Brand + Model		Overall Score	Price	Survey Results	Test Results								Features			
				Comfort Owner satisfaction	Petite side sleeper	Average side sleeper	Large/tall side sleeper	Petite back sleeper	Average back sleeper	Large/tall back sleeper	Durability	Stabilization	Firmness rating	Mattress-in-a-box	Latex foam	Retains warmth

INNERSPRING *Continued*

✓ Tuft & Needle Hybrid With Pillow Top	74	\$2,000	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	4	•		•
✓ My Green Mattress Natural Escape	74	\$1,800	-	-	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	5	•	•	
✓ Beautyrest Black L-Class	74	\$2,600	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	6			
✓ Puffy Lux Hybrid	74	\$1,500	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	1	•		•
✓ Sealy Posturepedic Plus Opportune II	74	\$1,100	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	4			
✓ Bedgear M3 1.0 Medium Firm	74	\$2,500	-	-	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	5	•		
💰 Allswell Luxe Hybrid	74	\$700	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	7	•		
✓ Ethan Allen EA Signature Firm	74	\$2,300	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	6			
💰 Sealy Posturepedic Summer Rose 12" Medium	74	\$500	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	6			
✓ Serta Perfect Sleeper Elite Trelleburg II 11.5" Firm	73	\$1,200	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	5			
✓ Diamond Transformation Hybrid	73	\$3,000	-	-	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	2	•		
✓ Stearns & Foster Estate 13.5" Extra Firm	73	\$2,400	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	6			
✓ Birch by Helix Natural	73	\$1,450	-	-	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	3	•	•	
✓ Helix Sleep Midnight Luxe	73	\$1,900	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	4	•		
✓ Serta iComfort CF 2000 12.5" Hybrid Firm	73	\$1,800	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	4			
✓ Kingsdown Passions Aspiration Pillow-Top	73	\$1,200	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	2			
✓ Denver Mattress Doctor's Choice Euro Top	73	\$900	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	3			
✓ WinkBeds The Plus	73	\$1,700	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	4	•	•	
✓ Saatva HD	73	\$2,800	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	2		•	•

FOAM

✓ Essentia Stratami	81	\$3,500	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	6	•	•	
💰 Earthfoam Organic Medium	81	\$1,000	-	-	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	7	•	•	
✓ Casper Original	81	\$1,200	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	5	•		•
💰 Sleep on Latex Pure Green Firm	80	\$1,000	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	7	•	•	•
✓ Avocado Latex Mattress	79	\$3,000	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	5	•	•	
✓ Spindle 10" Organic Latex	79	\$2,300	-	-	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	5	•	•	
✓ Essentia Classic REM5 Organic 8"	79	\$4,200	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	3	•	•	
✓ Tempur-Pedic Cloud Medium	79	\$2,000	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	5	•		
✓ Cocoon by Sealy Chill Memory Foam	79	\$1,200	-	-	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	5	•		
✓ Reverie Dream Supreme II Hybrid Sleep System Medium/Firm	78	\$4,200	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	3		•	
✓ Tuft & Needle Mint	78	\$1,800	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	⬆	3	•		

Brand + Model		Overall Score	Price	Survey Results	Test Results								Features				
				Comfort	Petite side sleeper	Average side sleeper	Large/tall side sleeper	Petite back sleeper	Average back sleeper	Large/tall back sleeper	Durability	Stabilization	Firmness rating	Mattress-in-a-box	Latex foam	Retains warmth	
				Owner satisfaction													

FOAM *Continued*

✓ BedInABox Tranquillum	77	\$1,200	!	!	^	^	!	^	^	^	^	^	6	•		
\$ Molecule Core	77	\$800	-	-	^	^	^	^	^	^	^	^	8	•		
\$ Bedgear S3 Performance	77	\$800	-	-	^	!	!	^	^	^	^	^	5	•		•
\$ Lull The Lull	76	\$800	^	^	^	^	!	^	^	^	^	^	5	•		
✓ GhostBed The GhostBed	76	\$1,000	^	^	^	^	^	^	^	^	^	^	7	•	•	
\$ Novaform 10" SoFresh Responsive Foam	76	\$530	^	^	^	^	^	^	^	^	^	^	5	•		
✓ GhostBed Luxe	75	\$1,500	^	^	^	^	!	^	^	!	^	^	4	•		
✓ Wright 1.27 Memory Foam	75	\$2,500	-	-	^	^	^	^	^	!	^	^	3	•		
✓ Purple Plus	75	\$1,500	^	^	^	^	^	^	^	^	^	^	3	•		
\$ OleeSleep Aquarius 10"	75	\$420	-	-	^	^	^	^	^	^	^	!	5	•		•
✓ Serta SleepToGo	74	\$800	!	!	^	^	^	^	^	^	^	!	5	•		•
✓ Saatva Zenhaven Latex	74	\$2,600	^	^	^	!	!	^	^	^	^	!	3		•	
✓ Tuft & Needle T&N Original Mattress	74	\$1,000	^	^	^	^	^	^	!	!	^	^	6	•		
✓ Leesa Studio by Leesa	74	\$750	^	^	^	!	!	^	^	^	^	^	4	•		•
✓ Luxi The Luxi One	74	\$1,000	-	-	^	^	^	^	^	!	^	^	2	•		
✓ Serta iComfort CF3000	73	\$2,200	!	!	^	!	!	^	^	^	^	!	4			
✓ Tempur-Pedic Tempur-ProAdapt Firm	73	\$2,500	^	^	^	!	!	^	^	^	^	!	7			
✓ Novaform 14" Serafina Pearl Cool Comfort Medium Gel Memory Foam	73	\$780	^	^	^	^	^	^	^	^	^	!	4	•		•
✓ Purple NewDay	73	\$1,100	^	^	^	!	!	^	^	^	^	^	6	•		
\$ Siena Memory Foam	73	\$600	-	-	^	^	!	^	^	^	^	^	4	•		
✓ Selectabed Ultrabed Original	73	\$800	-	-	!	!	!	^	^	^	^	^	7			
✓ Novosbed The Novosbed Memory Foam	73	\$1,000	^	^	^	^	!	^	^	^	^	!	6	•		
✓ Sealy Posturepedic Plus Foam Albany Soft 13"	73	\$1,650	^	!	^	^	!	^	^	^	^	!	3			

ADJUSTABLE AIR

✓ Saatva Solaire	78	\$3,300	^	^	^	^	^	^	^	^	^	^	4		•	
-------------------------	----	---------	---	---	---	---	---	---	---	---	---	---	---	--	---	--

> Digital and All Access members can find the latest, complete ratings at [CR.org/mattresses](https://www.consumerreports.org/mattresses).

HOW WE TEST: Overall Score combines test results with survey data for comfort and owner satisfaction. **Survey results** includes two brand-level ratings based on members' feedback on 65,845 mattresses purchased between 2013 and 2023. For the **comfort** score, members rated their mattresses with a 6-point ratings system from very

poor to excellent. **Owner satisfaction** is based on a 6-point system from completely dissatisfied to completely satisfied. In cases without sufficient data, indicated by a gray dash (—), the model gets weighted category-average scores for comfort and satisfaction. **Side sleeper** reflects a mattress' ability to keep a side sleeper's spine

horizontal. **Back sleeper** reflects an ability to maintain the natural curve of a back sleeper's spine. We used test dummies measuring 5 feet, 1 inch tall and 121 pounds for the petite sleeper scores; and almost 6 feet, 3 inches tall and 220 pounds for the large/tall sleeper scores. Average sleeper scores are an average of petite and

large/tall scores. **Durability** gauges how well a mattress keeps its shape, height, firmness, and support after a simulated eight to 10 years of use. A high **stabilization** score means little or no vibration is transferred across the mattress. We rate **firmness** on a scale of 1 to 10, with 1 being the softest and 10 being the firmest.

Copyright of Consumer Reports is the property of Consumer Reports, Inc. and its content may not be copied or emailed to multiple sites or posted to a listserv without the copyright holder's express written permission. However, users may print, download, or email articles for individual use.