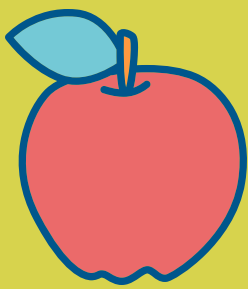


Chemicals

ORGANIC VS NON-ORGANIC



ANTIOXIDANTS

17% more in organically grown produce. Can help prevent a wide range of illnesses.



ASCORBIC ACID

Found higher in organic foods. Also known as Vitamin C.



BETA-CAROTENE

Precursor for Vitamin A. Also found higher in organic foods



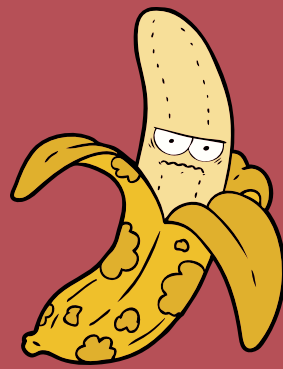
ALPHA-TOCOPHEROL

A form of Vitamin E.



25 PESTICIDES

25 organic-approved pesticides found in organic farming vs. 900 in conventional non-organic farming



GLYPHOSPHATE

Extremely toxic. FDA set acceptable levels of glyphosphate in food very high due to chemical corporate lobbyists.



GLUFOSINATE

Found in canola/beets. Toxic and causes birth defects.



RBGH

Growth hormone found in dairy. Known to lead to high risk of prostate and breast cancer.



SEWAGE SLUDGE

Encouraged to be used as fertilizer. Can contain up to 60,000 different chemicals(asbestos, DDT, etc.)



IRRADIATION

Radiation on food meant to make food safer. Instead, numerous trials and cases in Congressional Hearings. Contains numerous contaminants.

GO TO "LocalUCSDFarmers.com" for more info on your local farmer's markets and organic produce.

Sources: <http://www.holisticmed.com/toxic/pesticides.html#irradiation>
<http://non-gmoreport.com/articles/debunking-alternate-facts-pesticides-organic/>
<http://www.worldofchemicals.com/457/chemistry-articles/meet-the-organic-molecules-in-organic-foods.html>