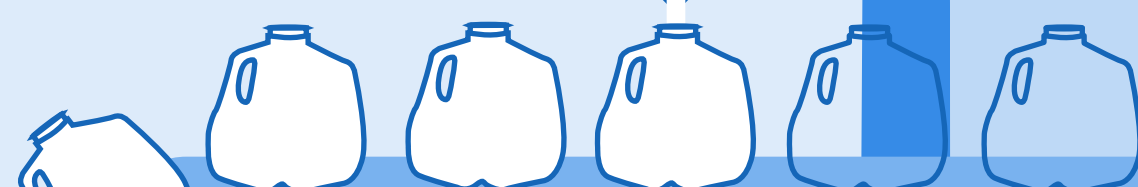
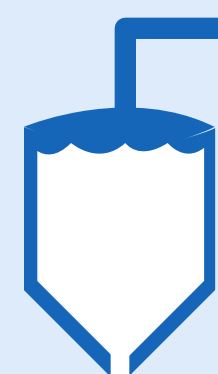
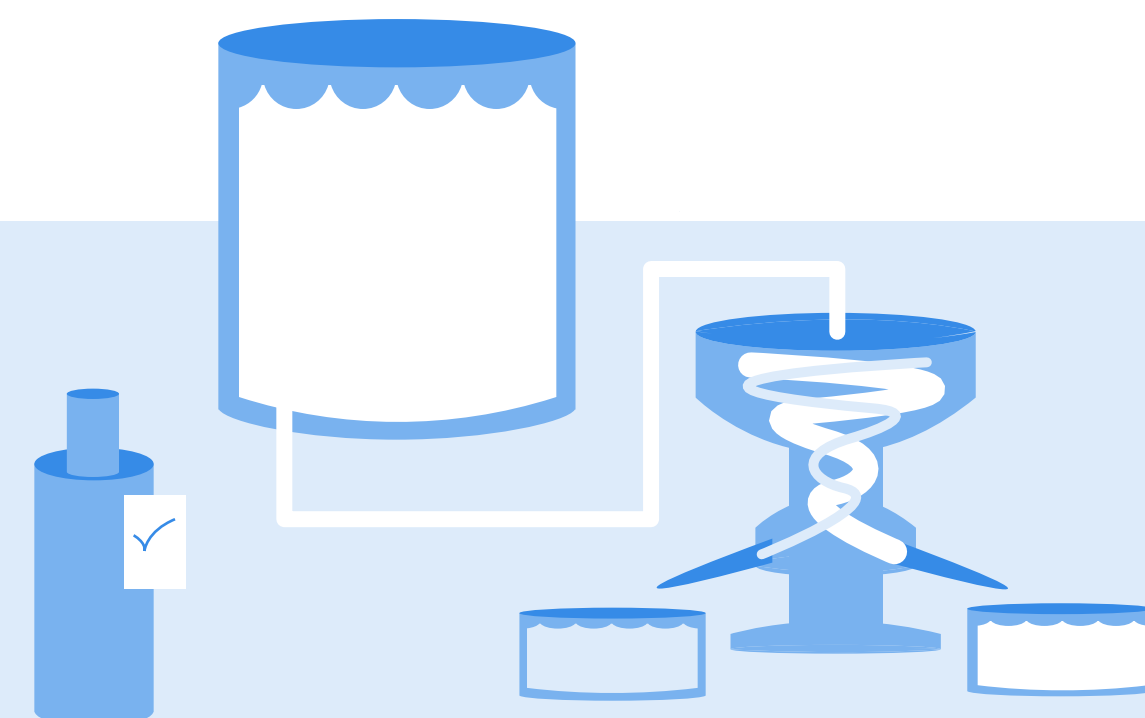
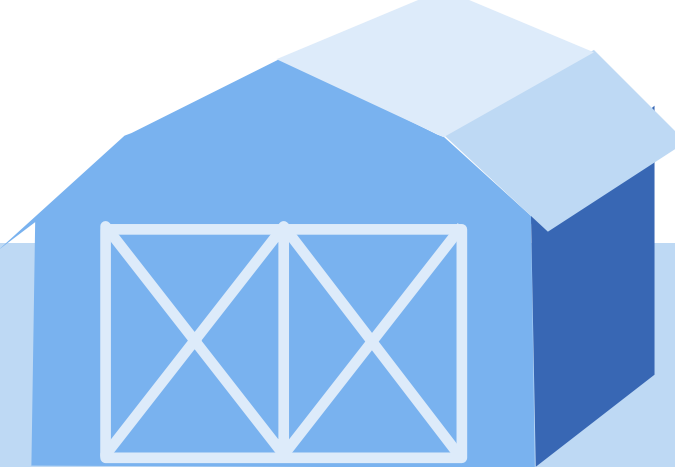
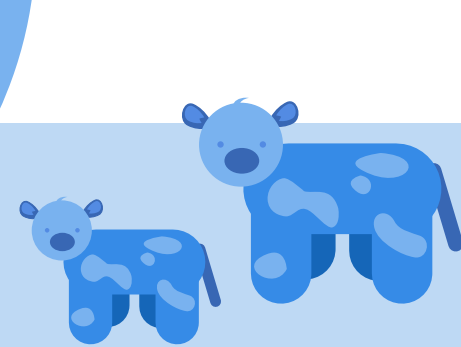


milk



Milk production began thousands of years ago when people started keeping animals like cows, goats, and sheep for their milk. Early on, milk was either drunk fresh or turned into cheese and yogurt. By the Middle Ages, better milking methods and animal care improved milk quality. The 19th century introduced pasteurization by Louis Pasteur, which made milk safer by killing harmful bacteria. In the 20th century, advances like large-scale dairy farms, refrigeration, and automated milking systems greatly increased production efficiency. Today, milk production continues to advance with new technology, sustainable practices, and a focus on animal welfare and food safety.

