



# Windows 11 Randomly or Automatically Shuts Down [Fix]

Random shutdowns may be triggered by malfunctioning hardware

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- If your Windows 11 PC randomly shuts down, you might be dealing with a hardware or software failure.
- Overheating of the CPU or GPU can cause this problem. Sometimes, malware and virus attacks are the culprits.
- Tweaking your advanced power settings, turning off sleep mode, and updating your drivers can fix this issue.

Just like when [Windows 11 keeps restarting](#), Windows 11 randomly shuts down is frustrating for anyone who can't live a day without their PC.

If you've been looking for a solution for these auto shutdowns on Windows 11, you've just landed on the right page.

## Why is my computer shutting down randomly in Windows 11?

Your computer could shut down randomly without you hitting the power button for various reasons that include but are not limited to the following:

- **Overheating** – Your computer is programmed to power off when its temperature rises to a certain level to protect hardware and software

- **Malfunctioning sleep mode** – In Windows 11, the [sleep mode may become problematic](#) and result in unexpected shutdowns rather than the expected sleep.
- **Overclocking** – Your computer's components might be unable to handle the additional power requirements if it has been overclocked. Hence, randomly shutting down.
- **Faulty drivers** – Random PC shutdowns can also be caused by [outdated or defective drivers](#).
- **Hardware problem** – Your computer can shut off due to failing hardware components.

Whatever causes your Windows 11 PC to shut down abruptly, the solution to fix it is here.

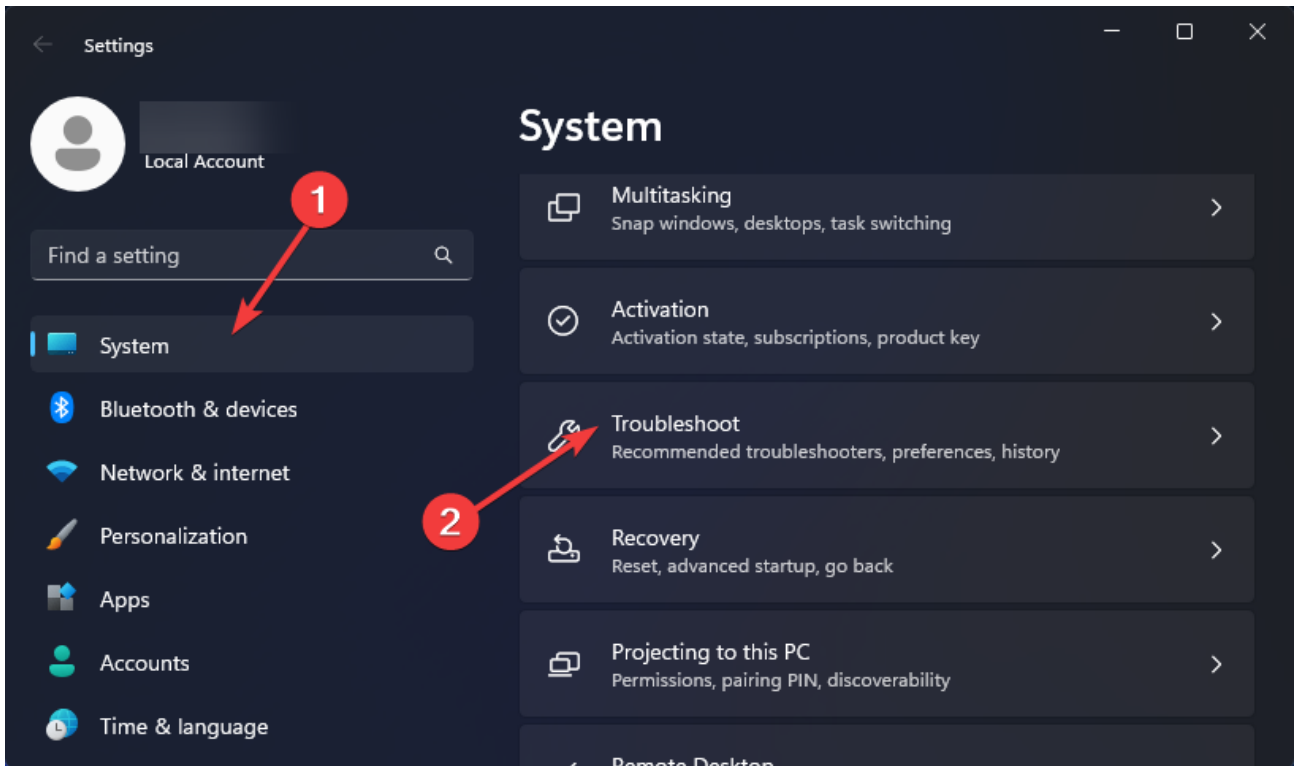
## How can I fix a random shutdown on Windows 11?

To stop Windows 11 from random shutdowns, start with these basic troubleshooting steps:

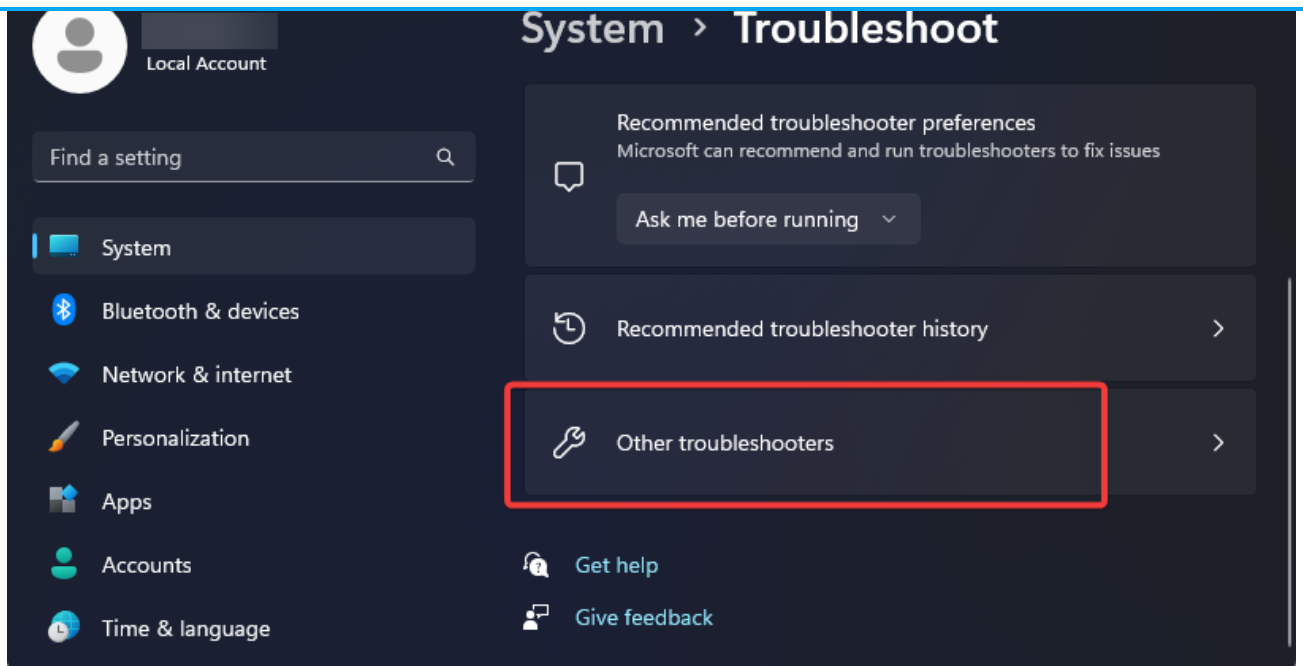
- Ensure your cables are connected correctly, or switch to a different power source. That should fix it if they are the root of the problem.
- Updating Windows to the latest version could be all you need if the problem is due to some bugs
- Use your PC in a well-ventilated room. Avoid direct sunlight or anything that could heat your PC. If your computer fans are dirty, cleaning it can be the solution.
- Use your antivirus to [scan and remove viruses from your computer](#). You can also use Microsoft Windows Defender to banish unwelcome guests from your computer.

## 1. Run the Power troubleshooter

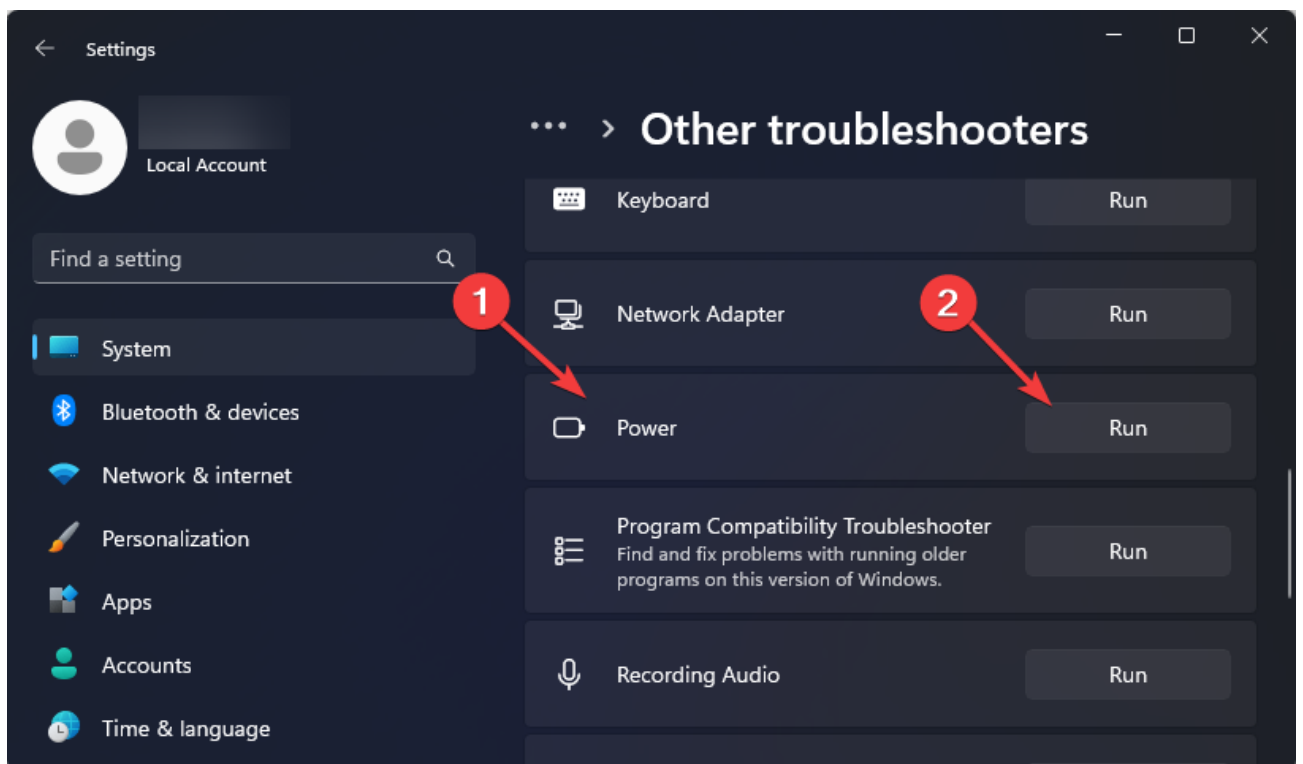
1. Press the **Windows** + **I** on your keyboard to open *Settings*, select the **System** tile, and scroll down to choose *Troubleshoot* on the right pane.



2. Next, select **Other troubleshooters**.



3. Scroll down to locate **Power** and click on the *Run* button to start the troubleshooting.



4. Wait for Windows to detect the issue, then follow the on-screen instruction to apply the fixes.

## 2. Disable fast startup

1. Press **Windows** + **R** on your keyboard to open the Run dialog, type *control* into the command box, and click the **OK** button.

2. Go to **System and Security**.

3. Next, select **Power Options**.

4. Click on **Choose what the power buttons do** on the left sidebar.

5. Next, click on **Change settings that are currently unavailable**.

6. Uncheck the box next to **Turn on fast startup (recommended)** and click on the *Save changes* button.

7. Restart your PC and check if your PC no longer shuts down randomly.

**Read more about this topic**

- 9 Ways to Fix IPv6 No Internet Access
- What is Event ID 158 & How to Fix it Quickly

### 3. Change advanced power settings

1. Click on the **Windows** icon on your taskbar, enter *Control Panel* into the **Search box**, and select the *Best match* result.





2. Select **System and Security** on the left pane, and click on *Power Options*.

4. Next, click on **Change advanced power settings**.



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Click the *Apply* then **OK** button to save your changes.

6. On the same pop-up window, navigate to **Processor power management**, double-click to expand it, and select *Minimum processor state*. Change the value of the **On battery** and *Plugged in* options to 0%. Click the **Apply** then *OK* button to save your changes.

Note that this solution is only for laptop users but is very effective in getting rid of the Windows 11 auto shutdown problem.

#### 4. Turn off sleep mode

1. Press  +  keys on your keyboard to open **Settings**.
2. Go to the **System** tile on the left pane, then scroll down to select *Power & battery* on the right.

3. Under **Screen and sleep**, set *On battery power, put my device to sleep after* and **When plugged in, put my device to sleep after** options to *Never*.

Some Windows 11 users complained of power settings not being available under **Screen and sleep**. If this is your case, follow this guide to [quickly fix missing](#)

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If the PC shuts down randomly, but it's not overheating, you may be just entering sleep mode.

## 5. Run the SFC and DISM commands

1. Press the **Windows** icon on your taskbar, type **cmd** into the *Search box*, right-click on the **Best match result** and select the *Run as administrator* option.

2. Type in the following command and hit :

```
sfc /scannow
```

3. Wait for the process to complete, then paste this next command and press  :

```
DISM /Online /Cleanup-Image /RestoreHealth
```

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Check this post for more information on [how to use the DISM command to fix Windows](#). The guide is for Windows 10, but the steps are the same on Windows 11.

## 6. Perform a System Restore

1. Click on the **Windows** icon on your taskbar, type *Create a restore point* into the **Search box** and select the *Best match* result.

2. On the *System Properties* window, click on the **System Restore...** button.



3. Click the **Next** button.



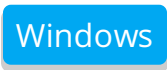

4. Select the available restore point and click the **Next** button.

6. System Restore will automatically restart your computer to effect the changes. Wait for the process to complete then check if the problem has been fixed.

If the problem persists after using all the above solutions, [resetting Windows 11](#), manually or automatically is the next resort.

Another worth-knowing method that can repair your PC and fix shutting-down issues is a PC optimization tool designed for system restore operation.

## 7. Reset PC to factory settings

1. Press  +  on your keyboard to open *Settings*, select the **System** tile, and scroll down to choose *Recovery* on the right pane.

2. Under **Recovery options**, click the *Reset PC* button next to **Reset this PC**.

3. Next, choose **Keep my files** to reset all system settings default without removing any personal file.

4. Follow the on-screen instruction to complete the process.

Sometimes, the [reset PC feature might not work on Windows 11](#). If you encounter this, follow the linked guide to fix it.

## **Can unexpected shutdown damage your computer?**

A sudden shutdown can damage the PC's hardware and software, though the effects on the latter are more profound. The damage is minor for hardware unless the computer is repeatedly shut down the same way over an extended period. The hard drive is usually the worst affected component.

But when it comes to software, an unexpected shutdown can wreak havoc. It's one of the primary reasons behind [corrupt system files](#), which leads to a range of other issues, sometimes even a [Blue Screen of Death](#). Also, you lose unsaved data due to an unexpected shutdown.

## **Where can I find shutdown logs?**



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and click on the relevant search result.

2. Expand **Windows Logs** from the navigation pane, and then select *System* under it.



3. You can now view all the shutdown logs on the right.

You can [check the error logs](#) to ascertain the shutdown history of the PC and identify any issues encountered during the process. Here are a few Event IDs you should be aware of for a better understanding of the shutdown logs:



- **Event ID 6008:** Indicates an improper shutdown. So, you should verify what caused it and take the necessary steps to prevent future occurrences.
- **Event ID 1074:** Indicates a built-in or third-party application initiated the shutdown. It could just as well be Windows Update, but you may verify that same.
- **Event ID 41:** Indicates that the PC underwent a reboot without shutting down properly.

That's about it. Hopefully, you can stop random shutdowns on your Windows 11 device with one of these solutions.

Sometimes, the [shutdown box pops up randomly on Windows 11](#) due to system glitches. Follow the linked guide to fix it.

After you solve this annoying problem, you might want to look at [the best Windows 11 productivity apps to boost your PC performance](#).

Reach out in the comments section below for any questions or suggestions.

### Still experiencing troubles? Fix them with this tool:

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Some driver-related issues can be solved faster by using a tailored driver solution. If you're still having problems with your drivers, simply install **OutByte Driver Updater** and get it up and running immediately. Thus, let it update all drivers and fix other PC issues in no time!