

Codebook for jhs_dt_food_073117 Dataset

DATA SET: jhs_dt_food_073117

LABEL:

DATE CREATED: 14MAY18:15:29:50

Number of Observations: 4797

Number of Variables: 160

Organization of file: Summary of Participants

Variable Name	Label	Type	Format	Length	Mean	Range	Frequency Category	Frequency	Percent
ID	Study Participant ID Number	Char		10		-			
BKID1	Booklet1	Char		9		-			
SFFQES_GRAMS	Total Grams (g) , excl suppl	Num		8	4181.34363	427.10-15703.94		4797	100.00
SFFQES_KCAL	Energy (kcal), excl suppl	Num		8	2069.46837	602.16-4796.15		4797	100.00
SFFQES_FAT	Total Fat (g) , excl suppl	Num		8	84.563725	9.50-283.73		4797	100.00
SFFQES_TCHO	Total Carbohydrate (g) , excl suppl	Num		8	253.890763	29.03-903.57		4797	100.00
SFFQES_PRO	Total Protein (g) , excl suppl	Num		8	73.8918061	10.63-238.56		4797	100.00
SFFQES_APRO	Animal Protein (g) , excl suppl	Num		8	51.0532504	2.28-216.07		4797	100.00
SFFQES_VPRO	Vegetable Protein (g) , excl suppl	Num		8	22.8383529	3.41-77.83		4797	100.00
SFFQES_ALC	Alcohol (g) , excl suppl	Num		8	3.78627197	0.00-252.67		4797	100.00
SFFQES_CHOL	Cholesterol (mg), excl suppl	Num		8	326.235102	19.73-1614.89		4797	100.00
SFFQES_SFA	Total Saturated Fatty Acids (SFA) (g) , excl suppl	Num		8	26.6369111	2.48-98.30		4797	100.00
SFFQES_MFA	Total Monounsaturated Fatty Acids (MUFA) (g) , excl suppl	Num		8	31.1461553	3.16-107.55		4797	100.00
SFFQES_PFA	Total Polyunsaturated Fatty Acids (PUFA) (g) , excl suppl	Num		8	19.6241453	1.66-69.58		4797	100.00

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SFFQES_FRUC	Fructose (g) , excl suppl	Num		8	32.5336682	1.08-287.73		4797	100.00
SFFQES_GALA	Galactose (g) , excl suppl	Num		8	0.37154488	0.02-4.99		4797	100.00
SFFQES_GLUC	Glucose (g) , excl suppl	Num		8	29.2570325	1.03-252.07		4797	100.00
SFFQES_LACT	Lactose (g) , excl suppl	Num		8	9.82964812	0.18-124.52		4797	100.00
SFFQES_MALT	Maltose (g) , excl suppl	Num		8	2.37548795	0.10-10.97		4797	100.00
SFFQES_SUCR	Sucrose (g) , excl suppl	Num		8	52.2702543	2.01-447.13		4797	100.00
SFFQES_STAR	Starch (g) , excl suppl	Num		8	95.9163543	5.13-354.08		4797	100.00
SFFQES_DFIB	Total Dietary Fiber (g) , excl suppl	Num		8	16.4115303	3.99-105.16		4797	100.00
SFFQES_WSDF	Soluble Dietary Fiber (g) , excl suppl	Num		8	5.31589185	0.91-30.10		4797	100.00
SFFQES_IFIB	Insoluble Dietary Fiber (g) , excl suppl	Num		8	11.0616757	2.55-82.64		4797	100.00
SFFQES_PECT	Pectins (g) , excl suppl	Num		8	2.13028315	0.26-19.04		4797	100.00
SFFQES_VA	Total Vitamin A Activity (IU) (IU), excl suppl	Num		8	6994.80139	659.07-41048.59		4797	100.00
SFFQES_BCEQ	Beta-Carotene Equivalents (mcg), excl suppl	Num		8	3195.24007	182.14-21770.15		4797	100.00

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SFFQES_RL	Retinol (mcg), excl suppl	Num		8	500.790677	10.03-9352.61		4797	100.00
SFFQES_VD	Vitamin D (calciferol) (mcg), excl suppl	Num		8	5.63383904	0.31-55.12		4797	100.00
SFFQES_TTC	Total Alpha-Tocopherol Equivalentents (mg), excl suppl	Num		8	10.00159	1.46-61.07		4797	100.00
SFFQES_ATC	Vitamin E (Total Alpha-Tocopherol) (mg), excl suppl	Num		8	7.75660711	1.27-33.24		4797	100.00
SFFQES_BTC	Beta-Tocopherol (mg), excl suppl	Num		8	0.53077223	0.03-3.18		4797	100.00
SFFQES_GTC	Gamma-Tocopherol (mg), excl suppl	Num		8	18.2506722	1.42-71.12		4797	100.00
SFFQES_DTC	Delta-Tocopherol (mg), excl suppl	Num		8	3.74007134	0.25-17.90		4797	100.00
SFFQES_VK	Vitamin K (phylloquinone) (mcg), excl suppl	Num		8	130.345925	11.53-1072.07		4797	100.00
SFFQES_VC	Vitamin C (ascorbic acid) (mg), excl suppl	Num		8	113.093602	7.53-884.22		4797	100.00
SFFQES_THI	Thiamin (vitamin B1) (mg), excl suppl	Num		8	1.6398092	0.29-6.48		4797	100.00
SFFQES_RIB	Riboflavin (vitamin B2) (mg), excl suppl	Num		8	1.86654065	0.28-8.02		4797	100.00
SFFQES_NIA	Niacin (vitamin B3) (mg), excl suppl	Num		8	19.9331291	3.08-84.35		4797	100.00
SFFQES_PANT	Pantothenic Acid (mg), excl suppl	Num		8	4.92164505	0.90-22.00		4797	100.00
SFFQES_VB6	Vitamin B-6 (mg), excl suppl	Num		8	1.6713803	0.28-8.62		4797	100.00

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SFFQES_FOL	Total Folate (mcg), excl suppl	Num		8	279.769087	50.01-1117.05		4797	100.00
SFFQES_VB12	Vitamin B-12 (mcg), excl suppl	Num		8	5.22840348	0.22-61.67		4797	100.00
SFFQES_CA	Calcium (mg), excl suppl	Num		8	755.727291	135.34-3776.55		4797	100.00
SFFQES_P	Phosphorus (mg), excl suppl	Num		8	1197.33329	218.62-4315.22		4797	100.00
SFFQES_MG	Magnesium (mg), excl suppl	Num		8	261.971303	68.78-902.52		4797	100.00
SFFQES_FE	Iron (mg), excl suppl	Num		8	13.4774311	2.67-52.51		4797	100.00
SFFQES_ZN	Zinc (mg), excl suppl	Num		8	10.5680865	1.67-48.09		4797	100.00
SFFQES_CU	Copper (mg), excl suppl	Num		8	1.28420317	0.33-11.46		4797	100.00
SFFQES_SE	Selenium (mcg), excl suppl	Num		8	101.195522	12.11-343.95		4797	100.00
SFFQES_NA	Sodium (mg), excl suppl	Num		8	3940.54313	571.82-13053.73		4797	100.00
SFFQES_K	Potassium (mg), excl suppl	Num		8	2543.54253	608.63-10697.38		4797	100.00
SFFQES_S04_0	SFA 4:0 (butyric acid) (g) , excl suppl	Num		8	0.5456824	0.00-3.35		4797	100.00
SFFQES_S06_0	SFA 6:0 (caproic acid) (g) , excl suppl	Num		8	0.30772818	0.00-2.02		4797	100.00

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SFFQES_S08_0	SFA 8:0 (caprylic acid) (g) , excl suppl	Num		8	0.24994884	0.00-1.64		4797	100.00
SFFQES_S10_0	SFA 10:0 (capric acid) (g) , excl suppl	Num		8	0.45298441	0.01-2.62		4797	100.00
SFFQES_S12_0	SFA 12:0 (lauric acid) (g) , excl suppl	Num		8	0.86313928	0.02-13.10		4797	100.00
SFFQES_S14_0	SFA 14:0 (myristic acid) (g) , excl suppl	Num		8	2.16018428	0.14-10.89		4797	100.00
SFFQES_S16_0	SFA 16:0 (palmitic acid) (g) , excl suppl	Num		8	14.6084207	1.48-54.63		4797	100.00
SFFQES_S17_0	SFA 17:0 (margaric acid) (g) , excl suppl	Num		8	0.07442743	0.00-0.48		4797	100.00
SFFQES_S18_0	SFA 18:0 (stearic acid) (g) , excl suppl	Num		8	6.75256861	0.60-26.33		4797	100.00
SFFQES_S20_0	SFA 20:0 (arachidic acid) (g) , excl suppl	Num		8	0.12776295	0.01-0.76		4797	100.00
SFFQES_S22_0	SFA 22:0 (behenic acid) (g) , excl suppl	Num		8	0.10941304	0.00-1.41		4797	100.00
SFFQES_M14_1	MUFA 14:1 (myristoleic acid) (g) , excl suppl	Num		8	0.06206534	0.00-0.74		4797	100.00
SFFQES_M16_1	MUFA 16:1 (palmitoleic acid) (g) , excl suppl	Num		8	1.46265773	0.09-6.78		4797	100.00
SFFQES_M18_1	MUFA 18:1 (oleic acid) (g) , excl suppl	Num		8	28.9667374	2.85-98.86		4797	100.00
SFFQES_M20_1	MUFA 20:1 (gadoleic acid) (g) , excl suppl	Num		8	0.26621929	0.01-1.47		4797	100.00
SFFQES_M22_1	MUFA 22:1 (erucic acid) (g) , excl suppl	Num		8	0.20300347	0.00-3.25		4797	100.00

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SFFQES_P18_2	PUFA 18:2 (linoleic acid) (g) , excl suppl	Num		8	17.2680538	1.37-67.06		4797	100.00
SFFQES_P18_3	PUFA 18:3 (linolenic acid) (g) , excl suppl	Num		8	1.78627109	0.21-6.87		4797	100.00
SFFQES_P18_4	PUFA 18:4 (parinaric acid) (g) , excl suppl	Num		8	0.02767734	0.00-0.38		4797	100.00
SFFQES_P20_4	PUFA 20:4 (arachidonic acid) (g) , excl suppl	Num		8	0.18582468	0.01-0.89		4797	100.00
SFFQES_P20_5	PUFA 20:5 (eicosapentaenoic acid [EPA]) (g) , excl suppl	Num		8	0.12812977	0.00-1.45		4797	100.00
SFFQES_P22_5	PUFA 22:5 (docosapentaenoic acid [DPA]) (g) , excl suppl	Num		8	0.0367592	0.00-0.41		4797	100.00
SFFQES_P22_6	PUFA 22:6 (docosahexaenoic acid [DHA]) (g) , excl suppl	Num		8	0.10716024	0.00-1.63		4797	100.00
SFFQES_TRYP	Tryptophan (g) , excl suppl	Num		8	0.81493812	0.11-2.85		4797	100.00
SFFQES_THRE	Threonine (g) , excl suppl	Num		8	2.78742807	0.37-10.16		4797	100.00
SFFQES_ISOL	Isoleucine (g) , excl suppl	Num		8	3.25413493	0.41-10.80		4797	100.00
SFFQES_LEUC	Leucine (g) , excl suppl	Num		8	5.77277381	0.74-19.69		4797	100.00
SFFQES_LYSI	Lysine (g) , excl suppl	Num		8	4.97473104	0.46-19.70		4797	100.00
SFFQES_METH	Methionine (g) , excl suppl	Num		8	1.6951396	0.19-5.96		4797	100.00

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SFFQES_CYST	Cystine (g) , excl suppl	Num		8	1.04275108	0.12-4.49		4797	100.00
SFFQES_PHEN	Phenylalanine (g) , excl suppl	Num		8	3.20364916	0.42-9.95		4797	100.00
SFFQES_TYRO	Tyrosine (g) , excl suppl	Num		8	2.48224358	0.30-8.08		4797	100.00
SFFQES_VALI	Valine (g) , excl suppl	Num		8	3.71109235	0.49-12.12		4797	100.00
SFFQES_ARGI	Arginine (g) , excl suppl	Num		8	4.17007577	0.50-15.21		4797	100.00
SFFQES_HIST	Histidine (g) , excl suppl	Num		8	2.02397876	0.26-8.52		4797	100.00
SFFQES_ALAN	Alanine (g) , excl suppl	Num		8	3.66942831	0.49-13.45		4797	100.00
SFFQES_ASPI	Aspartic Acid (g) , excl suppl	Num		8	6.65375512	0.81-21.65		4797	100.00
SFFQES_GLUT	Glutamic Acid (g) , excl suppl	Num		8	13.2743339	1.75-43.54		4797	100.00
SFFQES_GLYC	Glycine (g) , excl suppl	Num		8	3.19361354	0.41-13.27		4797	100.00
SFFQES_PROL	Proline (g) , excl suppl	Num		8	4.52079344	0.50-16.12		4797	100.00
SFFQES_SERI	Serine (g) , excl suppl	Num		8	3.28988968	0.44-10.84		4797	100.00
SFFQES_ASPT	Aspartame (mg), excl suppl	Num		8	70.6894362	0.00-2649.91		4797	100.00
SFFQES_SACC	Saccharin (mg), excl suppl	Num		8	3.69570819	0.00-395.80		4797	100.00

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SFFQES_CAF	Caffeine (mg), excl suppl	Num		8	118.8116	0.00-2394.22		4797	100.00
SFFQES_PHYT	Phytic Acid (mg), excl suppl	Num		8	556.687055	76.95-2769.50		4797	100.00
SFFQES_OXAL	Oxalic Acid (mg), excl suppl	Num		8	120.56321	17.45-577.89		4797	100.00
SFFQES_MH3	3-Methylhistidine (mg), excl suppl	Num		8	18.4101715	0.10-116.92		4797	100.00
SFFQES_SP	Sucrose Polyester (g) , excl suppl	Num		8	0	0.00-0.00		4797	100.00
SFFQES_ASH	Ash (g) , excl suppl	Num		8	20.0129793	4.20-52.70		4797	100.00
SFFQES_W	Water (g) , excl suppl	Num		8	3790.90931	312.31-14730.32		4797	100.00
SFFQES_VARE	Total Vitamin A Activity (RE) (mcg), excl suppl	Num		8	1033.33107	137.04-10340.39		4797	100.00
SFFQES_F181T	TRANS 18:1 (trans-octadecenoic acid) (g) , excl suppl	Num		8	3.82397103	0.19-17.47		4797	100.00
SFFQES_F182T	TRANS 18:2 (trans-octadecadienoic acid) (g) , excl suppl	Num		8	0.55575828	0.04-2.28		4797	100.00
SFFQES_F161T	TRANS 16:1 (trans-hexadecenoic acid) (g) , excl suppl	Num		8	0.03291033	0.00-0.23		4797	100.00
SFFQES_TTFA	Total Trans-Fatty Acids (TRANS) (g) , excl suppl	Num		8	4.48454016	0.24-20.22		4797	100.00
SFFQES_BCAR	Beta-Carotene (provitamin A carotenoid) (mcg), excl suppl	Num		8	2980.03616	171.32-21614.91		4797	100.00

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SFFQES_ACAR	Alpha-Carotene (provitamin A carotenoid) (mcg), excl suppl	Num		8	354.956283	7.26-2724.14		4797	100.00
SFFQES_BCRY	Beta-Cryptoxanthin (provitamin A carotenoid) (mcg), excl suppl	Num		8	75.4508447	0.82-1742.40		4797	100.00
SFFQES_LZ	Lutein + Zeaxanthin (mcg), excl suppl	Num		8	2194.99735	194.95-19932.64		4797	100.00
SFFQES_LYCO	Lycopene (mcg), excl suppl	Num		8	3370.97509	0.00-121295.03		4797	100.00
SFFQES_DFE	Dietary Folate Equivalents (mcg), excl suppl	Num		8	314.307626	51.82-1363.95		4797	100.00
SFFQES_NFOL	Natural Folate (mcg), excl suppl	Num		8	230.422726	47.44-1082.53		4797	100.00
SFFQES_SFOL	Synthetic Folate (mcg), excl suppl	Num		8	49.3464605	0.00-627.17		4797	100.00
SFFQES_VARAE	Total Vitamin A Activity (RAE) (mcg), excl suppl	Num		8	767.060038	120.30-9846.50		4797	100.00
SFFQES_KJ	Energy (kilojoules) (kj), excl suppl	Num		8	8658.65799	2519.45-20067.12		4797	100.00
SFFQES_NIAEQ	Niacin Equivalents (mg), excl suppl	Num		8	33.5199483	4.88-117.21		4797	100.00
SFFQES_TSUGAR	Total Sugars (g) , excl suppl	Num		8	126.637787	9.13-799.48		4797	100.00
SFFQES_OMEGA3	Omega-3 Fatty Acids (g) , excl suppl	Num		8	2.08595498	0.21-8.27		4797	100.00
SFFQES_MN	Manganese (mg), excl suppl	Num		8	2.98416257	0.55-17.25		4797	100.00
SFFQES_VITE	Vitamin E (IU) (IU), excl suppl	Num		8	11.6580907	1.86-62.80		4797	100.00

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SFFQES_NATATOC	Natural Alpha-Tocopherol (mg), excl suppl	Num		8	7.61708927	1.27-33.24		4797	100.00
SFFQES_SYNATOC	Synthetic Alpha-Tocopherol (mg), excl suppl	Num		8	0.31003734	0.00-45.01		4797	100.00
SFFQES_DAID	Daidzein (mg), excl suppl	Num		8	0.15814729	0.00-2.19		4797	100.00
SFFQES_GENI	Genistein (mg), excl suppl	Num		8	0.18569857	0.00-3.51		4797	100.00
SFFQES_GLYT	Glycitein (mg), excl suppl	Num		8	0.02142169	0.00-0.59		4797	100.00
SFFQES_COUM	Coumestrol (mg), excl suppl	Num		8	0.11117659	0.00-1.74		4797	100.00
SFFQES_BIOA	Biochanin A (mg), excl suppl	Num		8	0.02603439	0.00-0.41		4797	100.00
SFFQES_FORMON	Formononetin (mg), excl suppl	Num		8	0.00085299	0.00-0.02		4797	100.00
SFFQES_ASUGAR	Added Sugars (g) , excl suppl	Num		8	83.4416613	2.07-728.18		4797	100.00
SFFQES_ACESK	Acesulfame Potassium (mg), excl suppl	Num		8	0	0.00-0.00		4797	100.00
SFFQES_SUCL	Sucralose (mg), excl suppl	Num		8	0	0.00-0.00		4797	100.00
SFFQES_ACHO	Available Carbohydrate (g) , excl suppl	Num		8	236.978425	23.42-885.11		4797	100.00
SFFQES_GIG	Glycemic Index (glucose reference) , excl suppl	Num		8	963.150219	144.91-4883.12		4797	100.00

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SFFQES_GIB	Glycemic Index (bread reference) , excl suppl	Num		8	1376.54401	207.17-6977.11		4797	100.00
SFFQES_GLG	Glycemic Load (glucose reference) , excl suppl	Num		8	142.093724	14.04-548.51		4797	100.00
SFFQES_GLB	Glycemic Load (bread reference) , excl suppl	Num		8	203.089449	20.07-783.75		4797	100.00
SFFQES_CHOLINE	Choline (mg), excl suppl	Num		8	330.478155	42.32-1144.54		4797	100.00
SFFQES_BETAINE	Betaine (mg), excl suppl	Num		8	126.31067	8.36-799.76		4797	100.00
SFFQES_ERYTH	Erythritol (g) , excl suppl	Num		8	0.00154254	0.00-0.05		4797	100.00
SFFQES_INOS	Inositol (g) , excl suppl	Num		8	0.1942377	0.00-3.15		4797	100.00
SFFQES_ISOM	Isomalt (g) , excl suppl	Num		8	0	0.00-0.00		4797	100.00
SFFQES_LACTL	Lactitol (g) , excl suppl	Num		8	0	0.00-0.00		4797	100.00
SFFQES_MALTITOL	Maltitol (g) , excl suppl	Num		8	0	0.00-0.00		4797	100.00
SFFQES_MANI	Mannitol (g) , excl suppl	Num		8	0.16007017	0.00-3.77		4797	100.00
SFFQES_PINI	Pinitol (g) , excl suppl	Num		8	0.00588306	0.00-0.06		4797	100.00
SFFQES_SORB	Sorbitol (g) , excl suppl	Num		8	0.30583626	0.00-10.43		4797	100.00
SFFQES_XYLI	Xylitol (g) , excl suppl	Num		8	0.01261219	0.00-0.26		4797	100.00

Codebook for jhs_dt_food_073117 Dataset

DATA SET: jhs_dt_food_073117

LABEL:

DATE CREATED: 14MAY18:15:29:50

Number of Observations: 4797

Number of Variables: 160

Organization of file: Summary of Participants

Variable Name	Label	Type	Format	Length	Mean	Range	Frequency Category	Frequency	Percent
SFFQES_NITROGEN	Nitrogen (g) , excl suppl	Num		8	11.9316974	1.72-38.54		4797	100.00
SFFQES_CLA_TOTAL	Total Conjugated Linoleic Acid (CLA 18:2) (g) , excl suppl	Num		8	0.14469016	0.01-0.73		4797	100.00
SFFQES_CLA_C9T11	CLA cis-9, trans-11 (g) , excl suppl	Num		8	0.11741352	0.01-0.60		4797	100.00
SFFQES_CLA_T10C12	CLA trans-10, cis-12 (g) , excl suppl	Num		8	0.02642327	0.00-0.13		4797	100.00
SFFQES_TAG	Tagatose (mg), excl suppl	Num		8	1.38185497	0.00-15.79		4797	100.00
SFFQES_VD2	Vitamin D2 (ergocalciferol) (mcg), excl suppl	Num		8	0.00169708	0.00-0.03		4797	100.00
SFFQES_VD3	Vitamin D3 (cholecalciferol) (mcg), excl suppl	Num		8	5.63215032	0.31-55.12		4797	100.00
PCT_FAT_ES	Total fat, % energy	Num		8	35.7833293	6.57-66.15		4797	100.00
PCT_PRO_ES	Total protein, % energy, excl suppl	Num		8	14.1131063	3.93-33.43		4797	100.00
PCT_CHO_ES	Total carbohydrates, % energy, excl suppl	Num		8	48.9671047	10.44-88.89		4797	100.00
PCT_ALC_ES	Total alcohol, % energy, excl suppl	Num		8	1.13645973	0.00-43.09		4797	100.00