

## Codebook for simple7v3 Dataset

DATA SET: simple7v3                    LABEL:                    DATE CREATED: 04JUN18:13:40:30  
 Number of Observations: 3819  
 Number of Variables: 30  
 Organization of file: Summary of Participants

Variable Name	Label	Type	Format	Length	Mean	Range	Frequency Category	Frequency	Percent
SUBJID	PARTICIPANT ID	Char	\$	7		-			
VISITDATE	Clinic Exam Visit Date	Num	MMDDYY	8	10/18/10	02/23/09-02/03/13		3819	100.00
VISIT		Num	VISIT	8	3	3	Exam 3	3819	100.00
LASTDATE	Date	Num	MMDDYY	8				0	0.00
LASTSTATUS	Contact Type / Participant Status	Char	\$	50		-		3819	100.00
BMI	Body Mass Index (kg/m^2)	Num		8	32.1317496	15.06-92.44		3735	97.80
BMI3CAT	AHA BMI Categorization	Num	LSS3CAT	8	0.56305221	-		84	2.20
						0	Poor Health	2101	55.01
						1	Intermediate Health	1165	30.51
						2	Ideal Health	469	12.28
IDEALHEALTHBMI	Indicator for Ideal Health via BMI	Num	YNFMT	8	0.12556894	-		84	2.20
						0	No	3266	85.52
						1	Yes	469	12.28
FASTHOURS	Fasting Time (in hours)	Num		8	13.205241	0.00-40.92		3797	99.42
STATINMEDS	Statin Medication Status (Y/N)	Num	YNFMT	8	0.40337763	-		207	5.42
						0	No	2155	56.43
						1	Yes	1457	38.15

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MEDACCT	Medication Accountability	Num	MEDACCT	8	2	-		494	12.94
						2	Complete recording of all participant's medication use during the two weeks prec	3325	87.06
TOTCHOL	Fasting Total Cholesterol (mg/dL)	Num		8	197.259366	84.00-388.00		3470	90.86
CHR	Chr: Total Cholesterol - mg/dL	Num		8	196.465141	84.00-388.00		3758	98.40
TOTCHOL3CAT	AHA Total Cholesterol Categorization	Num	LSS3CAT	8	1.14755556	-		444	11.63
						0	Poor Health	477	12.49
						1	Intermediate Health	1923	50.35
						2	Ideal Health	975	25.53
IDEALHEALTHCHOL	Indicator for Ideal Health via Total Cholesterol	Num	YNFMT	8	0.28888889	-		444	11.63
						0	No	2400	62.84
						1	Yes	975	25.53
BPMEDS	Blood Pressure Medication Status (Y/N)	Num	YNFMT	8	0.74785497	-		206	5.39
						0	No	911	23.85
						1	Yes	2702	70.75
SBP	Systolic Blood Pressure (mmHg)	Num		8	127.861825	69.00-235.00		3814	99.87
DBP	Diastolic Blood Pressure (mmHg)	Num		8	74.9905611	38.00-128.00		3814	99.87

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BP3CAT	AHA Blood Pressure Categorization	Num	LSS3CAT	8	0.83582488	-		73	1.91
						0	Poor Health	981	25.69
						1	Intermediate Health	2399	62.82
						2	Ideal Health	366	9.58
IDEALHEALTHBP	Indicator for Ideal Health via Blood Pressure	Num	YNFMT	8	0.09770422	-		73	1.91
						0	No	3380	88.50
						1	Yes	366	9.58
DMMEDS	Diabetic Medication Status (Y/N)	Num	YNFMT	8	0.25518959	-		206	5.39
						0	No	2691	70.46
						1	Yes	922	24.14
HBA1C	NGSP Hemoglobin A1c (%)	Num		8	6.18889781	3.60-17.40		3738	97.88
FPG	Fasting Plasma Glucose Level (mg/dL)	Num		8	105.061095	31.00-407.00		3470	90.86
FPG3CAT	Fasting Plasma Glucose Categorization	Num	FPG3CAT	8	0.54293948	-		349	9.14
						0	Normal	1996	52.26
						1	At Risk	1064	27.86
						2	Diabetic	410	10.74
HBA1C3CAT	NGSP Hemoglobin A1c (%) Categorization	Num	HBA1C3CAT	8	0.92322097	-		81	2.12
						0	Normal	1128	29.54
						1	At Risk	1769	46.32
						2	Diabetic	841	22.02

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DIAB3CAT	Diabetes Categorization	Num	DIAB3CAT	8	1.07401533	-		36	0.94
						0	Non-Diabetic	915	23.96
						1	Pre-Diabetic	1673	43.81
						2	Diabetic	1195	31.29
GLUR	Glucose - mg/dL	Num		8	107.688132	31.00-436.00		3758	98.40
GLYHB	Glyhb: Hemoglobin A1c - %	Num		8	6.18889781	3.60-17.40		3738	97.88
GLUCOSE3CAT	AHA Glucose Categorization	Num	LSS3CAT	8	0.92598467	-		36	0.94
						0	Poor Health	1195	31.29
						1	Intermediate Health	1673	43.81
						2	Ideal Health	915	23.96
IDEALHEALTHDM	Indicator for Ideal Health via Glucose	Num	YNFMT	8	0.24187153	-		36	0.94
						0	No	2868	75.10
						1	Yes	915	23.96