

## Codebook for simple7v2 Dataset

DATA SET: simple7v2                           LABEL:  
 Number of Observations: 4205               DATE CREATED: 04JUN18:13:40:28  
 Number of Variables: 30  
 Organization of file: Summary of Participants

Variable Name	Label	Type	Format	Length	Mean	Range	Frequency Category	Frequency	Percent
SUBJID	PARTICIPANT ID	Char	\$	7		.-.			
VISITDATE	Clinic Exam Visit Date	Num	MMDDYY	8	06/20/07	10/06/05-12/27/08		4205	100.00
VISIT		Num	VISIT	8	2	2	Exam 2	4205	100.00
LASTDATE	Date	Num	MMDDYY	8				0	0.00
LASTSTATUS	Contact Type / Participant Status	Char	\$	50		.-.		4205	100.00
BMI	Body Mass Index (kg/m^2)	Num		8	31.9857147	14.67-93.48		4064	96.65
BMI3CAT	AHA BMI Categorization	Num	LSS3CAT	8	0.57258858	.		141	3.35
						0	Poor Health	2242	53.32
						1	Intermediate Health	1317	31.32
						2	Ideal Health	505	12.01
IDEALHEALTHBMI	Indicator for Ideal Health via BMI	Num	YNFMT	8	0.12426181	.		141	3.35
						0	No	3559	84.64
						1	Yes	505	12.01
FASTHOURS	Fasting Time (in hours)	Num		8	12.1789642	0.00-61.00		4177	99.33
STATINMEDS	Statin Medication Status (Y/N)	Num	YNFMT	8	0.33127413	.		320	7.61
						0	No	2598	61.78
						1	Yes	1287	30.61

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MEDACCT	Medication Accountability	Num	MEDACCT	8	2	-		890	21.17
						2	Complete recording of all participant's medication use during the two weeks prec	3315	78.83
TOTCHOL	Fasting Total Cholesterol (mg/dL)	Num		8	196.07658	70.00-413.00		2690	63.97
CHR	Chr: Total Cholesterol - mg/dL	Num		8	195.368932	70.00-413.00		3090	73.48
TOTCHOL3CAT	AHA Total Cholesterol Categorization	Num	LSS3CAT	8	1.1989122	.		1631	38.79
						0	Poor Health	366	8.70
						1	Intermediate Health	1330	31.63
						2	Ideal Health	878	20.88
IDEALHEALTHCHOL	Indicator for Ideal Health via Total Cholesterol	Num	YNFMT	8	0.34110334	.		1631	38.79
						0	No	1696	40.33
						1	Yes	878	20.88
BPMEDS	Blood Pressure Medication Status (Y/N)	Num	YNFMT	8	0.70888031	.		320	7.61
						0	No	1131	26.90
						1	Yes	2754	65.49
SBP	Systolic Blood Pressure (mmHg)	Num		8	128.413949	76.15-236.00		4194	99.74
DBP	Diastolic Blood Pressure (mmHg)	Num		8	74.2495301	39.00-127.00		4194	99.74

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BP3CAT	AHA Blood Pressure Categorization	Num	LSS3CAT	8	0.86565335	.		126	3.00
						0	Poor Health	1035	24.61
						1	Intermediate Health	2557	60.81
						2	Ideal Health	487	11.58
IDEALHEALTHBP	Indicator for Ideal Health via Blood Pressure	Num	YNFMT	8	0.11939201	.		126	3.00
						0	No	3592	85.42
						1	Yes	487	11.58
DMMEDS	Diabetic Medication Status (Y/N)	Num	YNFMT	8	0.23403708	.		321	7.63
						0	No	2975	70.75
						1	Yes	909	21.62
HBA1C	NGSP Hemoglobin A1c (%)	Num		8	6.07214403	4.10–15.70		3055	72.65
FPG	Fasting Plasma Glucose Level (mg/dL)	Num		8	104.880297	37.00–491.00		2690	63.97
FPG3CAT	Fasting Plasma Glucose Categorization	Num	FPG3CAT	8	0.53011152	.		1515	36.03
						0	Normal	1562	37.15
						1	At Risk	830	19.74
						2	Diabetic	298	7.09
HBA1C3CAT	NGSP Hemoglobin A1c (%) Categorization	Num	HBA1C3CAT	8	0.84222586	.		1150	27.35
						0	Normal	1095	26.04
						1	At Risk	1347	32.03
						2	Diabetic	613	14.58

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DIAB3CAT	Diabetes Categorization	Num	DIAB3CAT	8	1.06654836	.		824	19.60
						0	Non-Diabetic	908	21.59
						1	Pre-Diabetic	1340	31.87
						2	Diabetic	1133	26.94
GLUR	Glucose - mg/dL	Num		8	106.240129	37.00-491.00		3090	73.48
GLYHB	Glyhb: Hemoglobin A1c - %	Num		8	6.07214403	4.10-15.70		3055	72.65
GLUCOSE3CAT	AHA Glucose Categorization	Num	LSS3CAT	8	0.93345164	.		824	19.60
						0	Poor Health	1133	26.94
						1	Intermediate Health	1340	31.87
						2	Ideal Health	908	21.59
IDEALHEALTHDM	Indicator for Ideal Health via Glucose	Num	YNFMT	8	0.2685596	.		824	19.60
						0	No	2473	58.81
						1	Yes	908	21.59