

Codebook for simple7v1 Dataset

DATA SET: simple7v1 LABEL:
 Number of Observations: 5306 DATE CREATED: 04JUN18:13:40:27
 Number of Variables: 71
 Organization of file: Summary of Participants

Variable Name	Label	Type	Format	Length	Mean	Range	Frequency Category	Frequency	Percent
SUBJID	PARTICIPANT ID	Char	\$	7		-			
VISITDATE	Clinic Exam Visit Date	Num	MMDDYY	8	09/22/02	09/23/00-04/05/04		5306	100.00
VISIT		Num	VISIT	8	1	1	Exam 1	5306	100.00
LASTSTATUS		Char	\$	50		-		5306	100.00
TOBA1	1: Smoked at least 400 cigarettes	Char	\$JH_YNV	1		-		11	0.21
						N	N. No	3579	67.45
						Y	Y. Yes	1716	32.34
TOBA3	3: Do you now smoke cigarettes	Char	\$JH_YNV	1		-		3626	68.34
						N	N. No	987	18.60
						Y	Y. Yes	693	13.06
MONTHSQUIT	4a: Since you last smoked (months)	Num		8	4.41666667	0.00-17.00		84	1.58
YEARSQUIT	4b: Since you last smoked (years)	Num		8	16.3990981	0.00-68.00		887	16.72
EDU3CAT	Education Attainment Categorization	Num	EDU3CAT	8	1.43038214	-		5286	99.62
CURRENTSMOKER		Num		8	1.49315329	0.00-2.00		5258	99.10
SMK3CAT	AHA Smoking Categorization	Num	LSS3CAT	8	1.67477204	-		1029	19.39
						0	Poor Health	693	13.06
						1	Intermediate Health	5	0.09
						2	Ideal Health	3579	67.45

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IDEALHEALTHSMK	Indicator for Ideal Health via Smoking Status	Num	YNFMT	8	0.8368015	-		1029	19.39
					0	No		698	13.15
					1	Yes		3579	67.45
BMI	Body Mass Index (kg/m^2)	Num		8	31.7519111	14.63-91.80		5292	99.74
BMI3CAT	AHA BMI Categorization	Num	LSS3CAT	8	0.61205593	-		14	0.26
					0	Poor Health		2822	53.19
					1	Intermediate Health		1701	32.06
					2	Ideal Health		769	14.49
IDEALHEALTHBMI	Indicator for Ideal Health via BMI	Num	YNFMT	8	0.14531368	-		14	0.26
					0	No		4523	85.24
					1	Yes		769	14.49
T_KCAL	Total Calories per day	Num		8	2237.54023	602.10-4782.46		4761	89.73
T_FAT	Total Fat(g) per day	Num		8	90.231724	6.10-246.71		4761	89.73
T_PRO	Total Protein (g) per day	Num		8	80.6776584	12.53-265.28		4761	89.73
T_ALC	Total Alcohol (g) per day	Num		8	3.90015061	0.00-252.67		4761	89.73
T_SFA	Total Saturated Fatty Acid (g) per day	Num		8	28.0410899	2.48-94.54		4761	89.73
T_TCHO	Total Carbohydrates (g) per day	Num		8	279.473221	21.22-872.53		4761	89.73

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T_NA	Total Sodium (mg) per day	Num		8	3444.01737	481.59-12819.99		4761	89.73
T_FIB	Total Dietary Fiber (g) per day	Num		8	22.3734713	2.65-88.63		4761	89.73
FRU_GM	Total grams of fruit per day	Num		8	347.881397	0.00-709.00		4757	89.65
VEG_GM	Total grams of vegetable per day	Num		8	289.510608	0.00-1976.13		4759	89.69
WHG_GM	Total grams of whole grain per day	Num		8	62.8369742	0.00-546.80		4759	89.69
PROCMT_GM	Total grams of processed meat per day	Num		8	20.2337906	0.00-292.07		4586	86.43
NUT_GM	Total grams of nuts per day	Num		8	7.72858959	0.00-127.00		4128	77.80
BEV_GM	Total grams of beverages per day	Num		8	314.833981	0.00-1096.00		4695	88.48
FISH_GM	Total grams of fish per day	Num		8	21.1899408	0.00-458.36		4761	89.73
DATE	Date of data collection	Num	MMDDYY	8	09/28/02	01/27/00-10/06/04		4761	89.73
T_FRU	Total fruit equiv/serving per day	Num		8	2.98779423	0.00-31.76		4761	89.73
T_VEG	Total vegetable equiv/serving per day	Num		8	4.0103939	0.00-25.79		4761	89.73
T_WHGRAIN	Total whole grain equiv/serving per day	Num		8	1.06747223	0.00-6.71		4761	89.73

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DS_FRUVEG	S7 Criteria: Eat 4.5 serv/day of Frt&Veg based on 2000 kcals (0=no;1=yes)	Num		8	0.68178954	0.00-1.00		4761	89.73
T_PMEAT_WK	Total processed meat serving per week	Num		8	5.5725279	0.00-69.05		4761	89.73
T_NUTS_WK	Total nuts equiv/servings per week	Num		8	3.10767051	0.00-58.90		4761	89.73
DS_FISH	S7 Criteria: Eat Fish 2-(3.5oz) serv a week based on 2000 kcals (0=no;1=yes)	Num		8	0.21214031	0.00-1.00		4761	89.73
T_FISH_WK	Total fish (not fried) serving per week	Num		8	5.2974852	0.00-114.59		4761	89.73
DS_WG	S7 Criteria: Eat Whole Grains +3oz equiv/day based on 2000 kcals (0=no;1=yes)	Num		8	0.04347826	0.00-1.00		4761	89.73
DS_NA	S7 Criteria: Limiting sodium to < 1,500 mg/day based on 2000 kcals (0=no;1=yes)	Num		8	0.00252048	0.00-1.00		4761	89.73
SWTBEV_K	Sweetened beverages calories per day	Num		8	239.001383	0.00-4514.73		4761	89.73
SWTBEV_OZ	Sweetened beverages: fluid ounces per day	Num		8	18.9934874	0.00-358.79		4761	89.73
T_SWTBEV_WK	Total Sweetened beverages servings per week	Num		8	11.0795343	0.00-209.29		4761	89.73

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DS_SWTBEV	S7 Criteria: Drink Swt Bev (incl swt tea) less than 36floz/week based on 2000 kcals (0=no;1=yes)	Num		8	0.43037177	0.00-1.00		4761	89.73
DS	Simple 7 Diet Metric - Total Score	Num		8	1.37030036	0.00-4.00		4761	89.73
NUMCOMPONENTS	Number of components that meet LS7 Criteria	Num		8	1.37030036	0.00-4.00		4761	89.73
NUTRITION3CAT	AHA Nutrition Categorization	Num	LSS3CAT	8	0.447385	-		545	10.27
					0	Poor Health		2681	50.53
					1	Intermediate Health		2030	38.26
					2	Ideal Health		50	0.94
IDEALHEALTHNUTRITION	Indicator for Ideal Health via Nutrition	Num	YNFMT	8	0.010502	-		545	10.27
					0	No		4711	88.79
					1	Yes		50	0.94
FASTHOURS	Fasting Time (in hours)	Num		8	12.7264235	0.00-46.20		5292	99.74
STATINMEDS	Statin Medication Status (Y/N)	Num	YNFMT	8	0.13728104	-		54	1.02
					0	No		4531	85.39
					1	Yes		721	13.59
MEDACCT	Medication Accountability	Num	MEDACCT	8	1.7019578	-		45	0.85
					0	Incomplete recording of participant's medication use during two weeks preceding		363	6.84
					1	Participant reported that no medication had been taken in 2 weeks preceding the		842	15.87

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					2	Complete recording of all participant's medication use during the two weeks prec		4056	76.44
TOTCHOL	Fasting Total Cholesterol (mg/dL)	Num		8	199.314642	66.00-470.00		4815	90.75
CHR	Chr: Total Cholesterol - mg/dL	Num		8	198.763097	66.00-470.00		5192	97.85
TOTCHOL3CAT	AHA Total Cholesterol Categorization	Num	LSS3CAT	8	1.30353039	-		519	9.78
					0	Poor Health		706	13.31
					1	Intermediate Health		1922	36.22
					2	Ideal Health		2159	40.69
IDEALHEALTHCHOL	Indicator for Ideal Health via Total Cholesterol	Num	YNFMT	8	0.45101316	-		519	9.78
					0	No		2628	49.53
					1	Yes		2159	40.69
BPMEDS	Blood Pressure Medication Status (Y/N)	Num	YNFMT	8	0.5236737	-		47	0.89
					0	No		2505	47.21
					1	Yes		2754	51.90
SBP	Systolic Blood Pressure (mmHg)	Num		8	127.484662	77.98-228.36		5285	99.60
DBP	Diastolic Blood Pressure (mmHg)	Num		8	75.7034554	36.03-117.38		5285	99.60

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BP3CAT	AHA Blood Pressure Categorization	Num	LSS3CAT	8	0.98310554	-		38	0.72
					0	Poor Health		1115	21.01
					1	Intermediate Health		3127	58.93
					2	Ideal Health		1026	19.34
IDEALHEALTHBP	Indicator for Ideal Health via Blood Pressure	Num	YNFMT	8	0.19476082	-		38	0.72
					0	No		4242	79.95
					1	Yes		1026	19.34
DMMEDS	Diabetic Medication Status (Y/N)	Num	YNFMT	8	0.15927688	-		51	0.96
					0	No		4418	83.26
					1	Yes		837	15.77
HBA1C	NGSP Hemoglobin A1c (%)	Num		8	5.97784537	3.60–17.40		5096	96.04
FPG	Fasting Plasma Glucose Level (mg/dL)	Num		8	100.045342	36.00–503.00		4830	91.03
FPG3CAT	Fasting Plasma Glucose Categorization	Num	FPG3CAT	8	0.3573499	-		476	8.97
					0	Normal		3539	66.70
					1	At Risk		856	16.13
					2	Diabetic		435	8.20
HBA1C3CAT	NGSP Hemoglobin A1c (%) Categorization	Num	HBA1C3CAT	8	0.69878336	-		210	3.96
					0	Normal		2450	46.17
					1	At Risk		1731	32.62
					2	Diabetic		915	17.24
DIAB3CAT	Diabetes Categorization	Num	DIAB3CAT	8	0.78343828	-		65	1.23
					0	Non-Diabetic		2303	43.40

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					1	Pre-Diabetic		1770	33.36
					2	Diabetic		1168	22.01
GLUCOSE	Glucose mg/dL	Num		8	101.935893	30.00-512.00		5210	98.19
GLYHB	Glyhb: Hemoglobin A1c - %	Num		8	5.97784537	3.60-17.40		5096	96.04
GLUCOSE3CAT	AHA Glucose Categorization	Num	LSS3CAT	8	1.21656172	-		65	1.23
					0	Poor Health		1168	22.01
					1	Intermediate Health		1770	33.36
					2	Ideal Health		2303	43.40
IDEALHEALTHDM	Indicator for Ideal Health via Glucose	Num	YNFMT	8	0.43941996	-		65	1.23
					0	No		2938	55.37
					1	Yes		2303	43.40