Codebook for simple7long Dataset

DATA SET: simple7long   LABEL: DATE CREATED: 04JUN18:13:40:30
Number of Observations: 13330
Number of Variables: 73
Organization of file: Summary of Participants

Variable Name	Label	Type	Format	Length	Mean	Range	Frequency Category	Frequency	Percent
SUBJID	PARTICIPANT ID	Char	$	7		–			
VISITDATE	Clinic Exam Visit Date	Num	MMDDYY	8	07/14/06	09/23/00-02/03/13		13330	100.00
VISIT		Num	VISIT	8	1.88844711	1	Exam 1	5306	39.80
						2	Exam 2	4205	31.55
						3	Exam 3	3819	28.65
LASTSTATUS	Contact Type / Participant Status	Char	$	50		–		13330	100.00
TOBA1	1: Smoked at least 400 cigarettes	Char	$JH_YNV	1		–		8035	60.28
						N	N. No	3579	26.85
						Y	Y. Yes	1716	12.87
TOBA3	3: Do you now smoke cigarettes	Char	$JH_YNV	1		–		11650	87.40
						N	N. No	987	7.40
						Y	Y. Yes	693	5.20
MONTHSQUIT	4a: Since you last smoked (months)	Num		8	4.41666667	0.00-17.00		84	0.63
YEARSQUIT	4b: Since you last smoked (years)	Num		8	16.3990981	0.00-68.00		887	6.65
EDU3CAT	Education Attainment Categorization	Num	EDU3CAT	8	1.43038214	–		5286	39.65
CURRENTSMOKER		Num		8	1.49315329	0.00-2.00		5258	39.44
SMK3CAT	AHA Smoking Categorization	Num	LSS3CAT	8	1.67477204	–		9053	67.91
						0	Poor Health	693	5.20

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						1	Intermediate Health	5	0.04
						2	Ideal Health	3579	26.85
IDEALHEALTHSMK	Indicator for Ideal Health via Smoking Status	Num	YNFMT	8	0.8368015	-		9053	67.91
						0	No	698	5.24
						1	Yes	3579	26.85
BMI	Body Mass Index (kg/m^2)	Num		8	31.9328656	14.63-93.48		13091	98.21
BMI3CAT	AHA BMI Categorization	Num	LSS3CAT	8	0.58582232	-		239	1.79
						0	Poor Health	7165	53.75
						1	Intermediate Health	4183	31.38
						2	Ideal Health	1743	13.08
IDEALHEALTHBMI	Indicator for Ideal Health via BMI	Num	YNFMT	8	0.13314491	-		239	1.79
						0	No	11348	85.13
						1	Yes	1743	13.08
T_KCAL	Total Calories per day	Num		8	2237.54023	602.10-4782.46		4761	35.72
T_FAT	Total Fat(g) per day	Num		8	90.231724	6.10-246.71		4761	35.72
T_PRO	Total Protein (g) per day	Num		8	80.6776584	12.53-265.28		4761	35.72
T_ALC	Total Alcohol (g) per day	Num		8	3.90015061	0.00-252.67		4761	35.72
T_SFA	Total Saturated Fatty Acid (g) per day	Num		8	28.0410899	2.48-94.54		4761	35.72

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T_TCHO	Total Carbohydrates (g) per day	Num		8	279.473221	21.22-872.53		4761	35.72
T_NA	Total Sodium (mg) per day	Num		8	3444.01737	481.59-12819.99		4761	35.72
T_FIB	Total Dietary Fiber (g) per day	Num		8	22.3734713	2.65-88.63		4761	35.72
FRU_GM	Total grams of fruit per day	Num		8	347.881397	0.00-709.00		4757	35.69
VEG_GM	Total grams of vegetable per day	Num		8	289.510608	0.00-1976.13		4759	35.70
WHG_GM	Total grams of whole grain per day	Num		8	62.8369742	0.00-546.80		4759	35.70
PROCMT_GM	Total grams of processed meat per day	Num		8	20.2337906	0.00-292.07		4586	34.40
NUT_GM	Total grams of nuts per day	Num		8	7.72858959	0.00-127.00		4128	30.97
BEV_GM	Total grams of beverages per day	Num		8	314.833981	0.00-1096.00		4695	35.22
FISH_GM	Total grams of fish per day	Num		8	21.1899408	0.00-458.36		4761	35.72
DATE	Date of data collection	Num	MMDDYY	8	09/28/02	01/27/00-10/06/04		4761	35.72
T_FRU	Total fruit equiv/serving per day	Num		8	2.98779423	0.00-31.76		4761	35.72
T_VEG	Total vegetable equiv/serving per day	Num		8	4.0103939	0.00-25.79		4761	35.72

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T_WHGRAIN	Total whole grain equiv/serving per day	Num		8	1.06747223	0.00-6.71		4761	35.72
DS_FRUVEG	S7 Criteria: Eat 4.5 serv/day of Frt&Veg based on 2000 kcals (0=no;1=yes)	Num		8	0.68178954	0.00-1.00		4761	35.72
T_PMEAT_WK	Total processed meat serving per week	Num		8	5.5725279	0.00-69.05		4761	35.72
T_NUTS_WK	Total nuts equiv/servings per week	Num		8	3.10767051	0.00-58.90		4761	35.72
DS_FISH	S7 Criteria: Eat Fish 2-(3.5oz) serv a week based on 2000 kcals (0=no;1=yes)	Num		8	0.21214031	0.00-1.00		4761	35.72
T_FISH_WK	Total fish (not fried) serving per week	Num		8	5.2974852	0.00-114.59		4761	35.72
DS_WG	S7 Criteria: Eat Whole Grains +3oz equiv/day based on 2000 kcals (0=no;1=yes)	Num		8	0.04347826	0.00-1.00		4761	35.72
DS_NA	S7 Criteria: Limiting sodium to < 1,500 mg/day based on 2000 kcals (0=no;1=yes)	Num		8	0.00252048	0.00-1.00		4761	35.72
SWTBEV_K	Sweetened beverages calories per day	Num		8	239.001383	0.00-4514.73		4761	35.72
SWTBEV_OZ	Sweetened beverages: fluid ounces per day	Num		8	18.9934874	0.00-358.79		4761	35.72
T_SWTBEV_WK	Total Sweetened beverages servings per week	Num		8	11.0795343	0.00-209.29		4761	35.72

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DS_SWTBEV	S7 Criteria: Drink Swt Bev (incl swt tea) less than 36floz/week based on 2000 kcals (0=no;1=yes)	Num		8	0.43037177	0.00-1.00		4761	35.72
DS	Simple 7 Diet Metric - Total Score	Num		8	1.37030036	0.00-4.00		4761	35.72
NUMCOMPONENTS	Number of components that meet LS7 Criteria	Num		8	1.37030036	0.00-4.00		4761	35.72
NUTRITION3CAT	AHA Nutrition Categorization	Num	LSS3CAT	8	0.447385	-		8569	64.28
						0	Poor Health	2681	20.11
						1	Intermediate Health	2030	15.23
						2	Ideal Health	50	0.38
IDEALHEALTHNUTRITION	Indicator for Ideal Health via Nutrition	Num	YNFMT	8	0.010502	-		8569	64.28
						0	No	4711	35.34
						1	Yes	50	0.38
FASTHOURS	Fasting Time (in hours)	Num		8	12.691095	0.00-61.00		13266	99.52
STATINMEDS	Statin Medication Status (Y/N)	Num	YNFMT	8	0.27178602	-		581	4.36
						0	No	9284	69.65
						1	Yes	3465	25.99
MEDACCT	Medication Accountability	Num	MEDACCT	8	1.86824637	-		1429	10.72
						0	Incomplete recording of participant's medication use during two weeks preceding	363	2.72

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						1	Participant reported that no medication had been taken in 2 weeks preceeding the	842	6.32
						2	Complete recording of all participant's medication use during the two weeks prec	10696	80.24
TOTCHOL	Fasting Total Cholesterol (mg/dL)	Num		8	197.871162	66.00-470.00		10975	82.33
CHR	Chr: Total Cholesterol - mg/dL	Num		8	197.174751	66.00-470.00		12040	90.32
TOTCHOL3CAT	AHA Total Cholesterol Categorization	Num	LSS3CAT	8	1.22941505	–		2594	19.46
						0	Poor Health	1549	11.62
						1	Intermediate Health	5175	38.82
						2	Ideal Health	4012	30.10
IDEALHEALTHCHOL	Indicator for Ideal Health via Total Cholesterol	Num	YNFMT	8	0.37369598	–		2594	19.46
						0	No	6724	50.44
						1	Yes	4012	30.10
BPMEDS	Blood Pressure Medication Status (Y/N)	Num	YNFMT	8	0.64356824	–		573	4.30
						0	No	4547	34.11
						1	Yes	8210	61.59
SBP	Systolic Blood Pressure (mmHg)	Num		8	127.886071	69.00-236.00		13293	99.72
DBP	Diastolic Blood Pressure (mmHg)	Num		8	75.0401934	36.03-128.00		13293	99.72

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BP3CAT	AHA Blood Pressure Categorization	Num	LSS3CAT	8	0.90437638	–		237	1.78
						0	Poor Health	3131	23.49
						1	Intermediate Health	8083	60.64
						2	Ideal Health	1879	14.10
IDEALHEALTHBP	Indicator for Ideal Health via Blood Pressure	Num	YNFMT	8	0.1435118	–		237	1.78
						0	No	11214	84.13
						1	Yes	1879	14.10
DMMEDS	Diabetic Medication Status (Y/N)	Num	YNFMT	8	0.20922208	–		578	4.34
						0	No	10084	75.65
						1	Yes	2668	20.02
HBA1C	NGSP Hemoglobin A1c (%)	Num		8	6.06843301	3.60-17.40		11889	89.19
FPG	Fasting Plasma Glucose Level (mg/dL)	Num		8	102.812466	31.00-503.00		10990	82.45
FPG3CAT	Fasting Plasma Glucose Categorization	Num	FPG3CAT	8	0.45823476	–		2340	17.55
						0	Normal	7097	53.24
						1	At Risk	2750	20.63
						2	Diabetic	1143	8.57
HBA1C3CAT	NGSP Hemoglobin A1c (%) Categorization	Num	HBA1C3CAT	8	0.80620742	–		1441	10.81
						0	Normal	4673	35.06
						1	At Risk	4847	36.36
						2	Diabetic	2369	17.77

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DIAB3CAT	Diabetes Categorization	Num	DIAB3CAT	8	0.94921403	-		925	6.94
						0	Non-Diabetic	4126	30.95
						1	Pre-Diabetic	4783	35.88
						2	Diabetic	3496	26.23
GLUCOSE	Glucose mg/dL	Num		8	101.935893	30.00-512.00		5210	39.08
GLYHB	Glyhb: Hemoglobin A1c - %	Num		8	6.06843301	3.60-17.40		11889	89.19
GLUCOSE3CAT	AHA Glucose Categorization	Num	LSS3CAT	8	1.05078597	-		925	6.94
						0	Poor Health	3496	26.23
						1	Intermediate Health	4783	35.88
						2	Ideal Health	4126	30.95
IDEALHEALTHDM	Indicator for Ideal Health via Glucose	Num	YNFMT	8	0.33260782	-		925	6.94
						0	No	8279	62.11
						1	Yes	4126	30.95
LASTDATE	Date	Num	MMDDYY	8				0	0.00
GLUR	Glucose - mg/dL	Num		8	107.034755	31.00-491.00		6848	51.37