

StoryWorthy

EW storytelling is writing our name in the wet cement, more settlers than we were made to believe, like writing in a logbook on a trail, like "watch out for rattle snakes!"

CH2 Change is a necessary element of a story - if not, it's an anecdote (a drinking / vacation story)

CH2 The Dinner Test

(Look at the unclued for dialogue story beginning)

CH3 Homework 4 Life

PROCESS	OUTCOME
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CH4 Crash & Burn

CH5 First Last Best Worst

CH7 Each story is told to highlight a 5-second moment in your life.
Everything else around it is used to highlight that moment, and removed if it doesn't

CH8 5-second moment = your end, opposite + beginning.

CH9 stakes:

- Does the audience want to hear my next sentence?
- If I stopped speaking right now, would anyone care?
- Am I more compelling than sex or video games?
- Stories strategies - elephant, backpack, crystal ball, bouldercrumb, hourglasses

CH10 Malifying the Story - inaccuracies

- You can do it, if only for the benefit of the audience
- Five permissible lies of storytelling containing no one word, recursive, common, relatable, creative
- Omission - if it adds nothing to your 5-second moment cut it
- Compression - pushing time & space for less complexity
- Assumption - you forgot details, make it the most likely (unpeeling)
- Progression - order of events to be more meaningful, highlight moment
- Conflation - Push emotions of events into one moment as opposed to gradual

HOW: Give me confidence that all the content I produce is just stories. If it helps someone smile, and it's hard to, it's worth telling. And they all start WHY: I always fear robbing others' times. I feel it threat my storytelling. I like idea of leaving memories for family, friends we are all celebrating. WHEN: When I record/document etc. when I run through life, feel like I'm going too fast, when I'm discouraged about my content.

HOW: Make sure stories have element of change - even small
WHY: Tell meaningful & entertaining stories
WHEN: when telling a story!

HOW: When telling a story - have beats and plan, not script, not perform
WHY: To not sound inauthentic/rehearsed/performer.
WHEN: YouTube videos, real-life story telling.

HOW: Record story/ anecdotes each day, everyday.
WHY: Recognize every moment of significance - or turn insignificant → significant
WHEN: Everyday, everyday. When I get onto my computer in the morning or anytime.

HOW: Find stories, uncover inner thoughts.
WHY: keep memories, tell better stories. Remember hidden thoughts.
WHEN: Regularly. I should commit to this. It could excite me to use my journal. Maybe weekly.

HOW: Find stories, remember past.
WHY: Same as above
WHEN: Also weekly

HOW: Help simplify scope of a story.
WHY: I always overdo it. Have trouble cutting the fluff.
WHEN: When writing my story.

→ late addition

HOW: Make my stories more compelling.
WHY: Keep audience engaged, be a good story teller.
WHEN: YouTube videos, speeches, written stories, blog posts.

HOW: Help w/ story embellishment & conscience lol.
WHY: Be more precise / keep audience focused, engaged, and attentive
WHEN: When crafting / writing a story. → the editing part.