Final Project Proposal: Proximity to Fast Food Locations as a Detriment to Citizens' Health

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On a primary basis, this project will investigate if indicators of unhealthy living (obesity, diabetes, cardiac illness rates) generally correlate with a county's concentration of fast-food restaurants on a nationwide level. A thorough secondary consideration will determine the influence, on the same unhealthy indicators, of other factors, such as income, access to grocery stores and taxes on unhealthy products.

This project will be broken down into four sections.

- The first section looks at some of the big picture visualization; obesity rates around a few regions. Just to make sure that our geopandas and everything else works.
- The second section explore the relationship between income and obesity, specficially, whether the
 percentage of income spent on fast food is correlated with obesity and diabetic rates.
- The third section explores the concentration of fast food restaurants versus our healthy indicators, and see if proximity induces people to spend more on fast food.
- The last section scales up the code, and see if other variables are just as important in our analysis.

```
In [2]: import fiona
In [3]: # import the essentials
   import pandas as pd
   import numpy as np
   import matplotlib.pyplot as plt

# import the mapping packages
   from IPython.display import display, Image
   import geopandas as gpd
   from shapely.geometry import Point, Polygon

   from mpl_toolkits.axes_grid1.inset_locator import zoomed_inset_axes
   from mpl_toolkits.axes_grid1.inset_locator import mark_inset
In [4]: import os
In [5]: cwd = os.getcwd()
```

0. Clean up the data

In this section I clean up the demographic, restaurant, health indicators and income datasets and merge them on each county's FIPS code.

In [15]: # Clean up health data

```
df health = df health.drop(['RECFAC09', 'RECFAC14',
                                      'PCH RECFAC 09 14', 'RECFACPTH09',
                                      'RECFACPTH14', 'PCH RECFACPTH 09 14'], axis = 1)
         df health = df health.rename(index = str , columns = ({'PCT DIABETES ADULTS08'
          :'diabetes 08',
                                                                  'PCT DIABETES ADULTS13'
          : 'diabetes 13',
                                                                  'PCT OBESE ADULTS08':
          'obese 08',
                                                                  'PCT OBESE ADULTS13':
          'obese 13',
                                                                  'PCT HSPA15': 'hsactive
          _15',
                                                                 }))
          df_health.set_index('FIPS', inplace = True)
In [16]: # Clean up restaurants data
         df_food = df_food.drop(['PCH_FFR_09_14', 'FFRPTH09',
                                  'FFRPTH14', 'PCH_FFRPTH_09_14',
                                  'PCH FSR_09_14', 'FSRPTH09',
                                  'FSRPTH14', 'PCH FSRPTH 09 14'], axis = 1)
         df food = df food.rename(index = str, columns = {'FFR09':'fast 09',
                                                  'FFR14': 'fast 14',
                                                  'FSR09': 'rest_09',
                                                  'FSR14': 'rest 14',
                                                  'PC FFRSALES07': 'fastspend 09',
                                                  'PC_FFRSALES12': 'fastspend_12',
                                                  'PC_FSRSALES07': 'restspend_09',
                                                  'PC_FSRSALES12': 'restspend_12'})
         df_food.set_index('FIPS', inplace = True)
In [17]: # Clean up the income data
         df income = df income.drop(['State', 'County', 'PCT NHWHITE10', 'PCT NHBLACK1
         0',
                                      'PCT HISP10', 'PCT NHASIAN10', 'PCT NHNA10', 'PCT
         NHPI10',
                                      'PCT 650LDER10', 'PCT 18YOUNGER10', 'PERPOV10', 'PER
         CHLDPOV10',
                                      'METRO13', 'POPLOSS10'], axis = 1)
         df_income = df_income.rename(index = str, columns = {'MEDHHINC15': 'income',
                                                    'POVRATE15': 'poverty rate',
                                                    'CHILDPOVRATE15': 'child poverty'})
```

```
In [18]: # Merge the datasets on FIPS
          df = pd.merge(pd.merge(df_pop, df_food, on = 'FIPS'), df_health, on = 'FIPS')
          df = df.drop(['State_y', 'County_y', 'State_x', 'County_x'], axis = 1)
          df = pd.merge(df, df income, on = 'FIPS')
In [19]:
          df.head()
Out[19]:
              FIPS
                               pop_16 fast_09 fast_14 rest_09
                                                              rest_14 fastspend_09
                   pop_census
                                                                                  fastspend_12 r
             1001
                                                                        649.511367
                                                                                      674.80272
                        54,571
                                55,416
                                           30
                                                   36
                                                           34
                                                                   29
             1003
                       182,265
                               208,563
                                                                  221
                                          112
                                                  132
                                                          202
                                                                        649.511367
                                                                                      674.80272
             1005
                        27,457
                                25,965
                                           21
                                                           12
                                                                        649.511367
                                                                                      674.80272
                                                   22
                                                                   15
             1007
                        22,915
                                22,643
                                            7
                                                    5
                                                            6
                                                                   5
                                                                        649.511367
                                                                                      674.80272
             1009
                        57,322
                                57,704
                                           24
                                                   21
                                                           19
                                                                   15
                                                                        649.511367
                                                                                      674.80272
          5 rows × 21 columns
In [20]:
          df.shape
Out[20]: (3140, 21)
In [21]: # reformat the FIPS code so they are all 5-digit integers
          df['FIPS']=df['FIPS'].apply(lambda x: '{0:0>5}'.format(x))
In [22]: df = df.set index('FIPS')
```

It looks like this data is collected every 5 years. So we even investigate the change in a few variables.

This merged dataset contains all the important variables we need, primarily. However, I will read in other datasets that might add color to our narrative throughout.

1. Big picture visualization

Here I'm looking to make sure geopandas and plotly works, and visualize some of the hypotheses that I have had about the project.

```
In [23]: countyshape = gpd.read_file(file_path + '\\tl_2018_us_county.shx')
In [24]: countyshape = countyshape.rename(index = str, columns = {'GEOID':'FIPS'})
```

Fig. 1: Southern States, Obesity Rates 2013

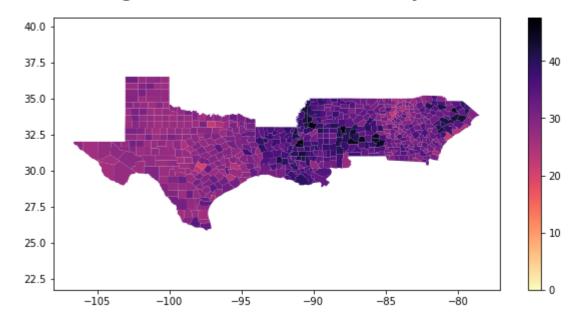


Fig. 1 shows the obesity rates in the Southern states. Parts of Louisiana and Mississippi suffer from some of the highest abortion rates in the region.

```
In [28]: NE_states = ['CT', 'ME', 'MA', 'NH', 'RI', 'VT']
    new_england = geo_df[geo_df.State.isin(NE_states)]
```

Fig. 2: New England, Obesity Rates 2013

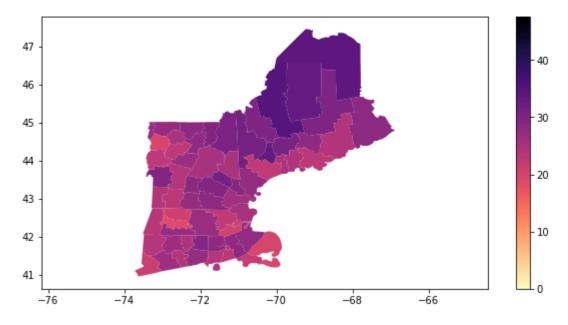


Fig. 2 shows obesity rates in the New England region. Visually, the average of this region is lower than the average of the Southern states.

2. Fast food expenditure and obesity

In this section, I explore the relationship between real income and health. I suspect that low income regions suffer from the highest rates of obesity across the nation.

```
In [38]: # Hypothesis: Clear negative relationships between household income and diabet
es rate

plt.scatter(deep_south.income, deep_south.diabetes_13, c = 'r', alpha = 0.3)
plt.title('Fig. 3: Southern Counties, Income and Diabetes', fontsize = 12)
plt.xscale('log')
```

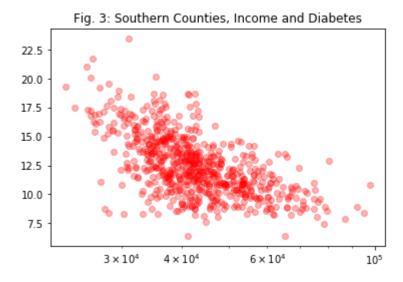


Fig. 3 shows the negative relationship between income and obesity rates in the examined counties. On average, richer counties likely spend a smaller proportion of their income on fast food than poorer counties.

```
In [39]: # Data aggregated by state
grouped = df.groupby(['State']).mean()
grouped = grouped.sort_values(by = ['fastspend_12'], ascending = False)
```

Here, I aggregate real fast food spending by state to create Figure 4.

```
In [40]: # Purchasing power differs from state to state, of course. So we normalize bas
ed on the BEA's regional price parity index

rpp_df = pd.read_excel(file_path + '\\rpp0518.xlsx', sheet_name = 'Table 3')

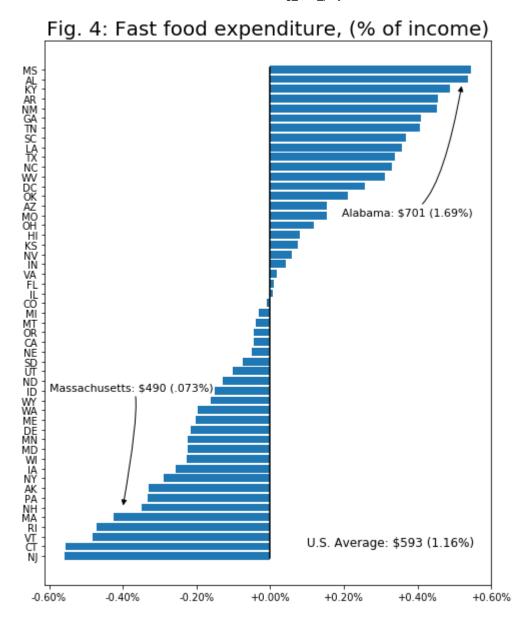
In [41]: rpp_df.columns = ['state_full', 'all_items', 'goods', 'rent', 'other']

In [42]: rpp_df = rpp_df[4:55]
```

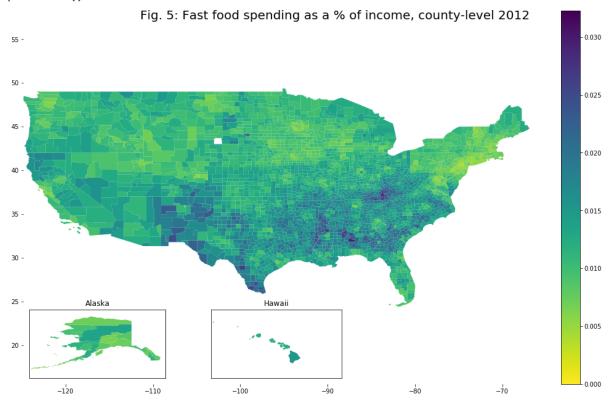
```
In [43]: # They say 'taxation without representation' but I have included D.C. in my an
          alvsis as well
          states = ["AL", "AK", "AZ", "AR", "CA", "CO", "CT", "DE", "DC", "FL", "GA",
                     "HI", "ID", "IL", "IN", "IA", "KS", "KY", "LA", "ME", "MD", "MA", "MI", "MN", "MS", "MO", "MT", "NE", "NV", "NH", "NJ",
                                       , "ND", "OH", "OK", "OR", "PA", "RI", "SC"
                          , "NY", "NC",
                     "SD", "TN", "TX", "UT", "VT", "VA", "WA", "WV", "WI", "WY"]
          rpp_df['State'] = states
          rpp df.head(3)
In [44]:
Out[44]:
              state_full all_items goods
                                        rent other State
           4
              Alabama
                           86.6
                                  96.2
                                        63.2
                                              93.3
                                                     ΑL
           5
                Alaska
                          105.4
                                 101.1 137.5
                                              96.6
                                                     ΑK
               Arizona
                           95.9
                                  97.4
                                        91.8
                                             97.2
                                                     ΑZ
          grouped = grouped.merge(rpp df, on = 'State')
In [45]:
In [46]: | # pct ffs = percentage of real income spent on fast food
          # delta ffs = the difference between a state's pct ffs and the mean
          grouped['real_fastspend_12'] = grouped.fastspend_12/grouped.goods*100
          grouped['real income'] = grouped.income/grouped.goods*100
          grouped['pct_ffs'] = grouped['real_fastspend_12']/grouped['real_income']
          grouped['delta ffs'] = grouped.pct ffs - grouped.pct ffs.mean()
          grouped = grouped.sort values(by = ['delta ffs'])
```

```
In [48]: grouped.set_index('State', inplace = True)
```

```
In [49]: fig, ax = plt.subplots(figsize = (8,10))
         ax.set title('Fig. 4: Fast food expenditure, (% of income)', fontsize = 20)
         ax.barh(grouped.index, grouped.delta ffs)
         ax.axvline(0, color = 'k', ymin = 0.05, ymax = 0.95)
         vals = ax.get xticks()
         ax.set_xticklabels(['{:+,.2%}'.format(x) for x in vals])
         ax.annotate(
             'U.S. Average: $593 (1.16%)',
             xy = (0.001, 1),
             fontsize = 12
         )
         ax.annotate(
              'Alabama: $701 (1.69%)',
             xy=(0.0052,48.5), # This is where we point at...
             xycoords="data", # Not exactly sure about this
             xytext=(0.0055, 35), # This is about where the text is
             horizontalalignment="right", # How the text is alined
             arrowprops={
                  "arrowstyle": "-|>", # This is stuff about the arrow
                  "connectionstyle": "angle3,angleA=5,angleB=80",
                  "color": "black"
             },
             fontsize=11,
         )
         ax.annotate(
              'Massachusetts: $490 (.073%)',
             xy=(-0.004,5), # This is where we point at...
             xycoords="data", # Not exactly sure about this
             xytext=(-0.006, 17), # This is about where the text is
             horizontalalignment="left", # How the text is alined
             arrowprops={
                  "arrowstyle": "-|>", # This is stuff about the arrow
                  "connectionstyle": "angle3,angleA=5,angleB=80",
                  "color": "black"
             },
             fontsize=11,
         )
         plt.show()
```



```
In [107]: fig, ax = plt.subplots(figsize = (15,9))
       plt.tight_layout()
       geo_48.plot(ax = ax,
                  edgecolor = '',
                  cmap = 'viridis_r',
                  vmin = 0, vmax = 1.1*geo_df.pct_ffs.max(),
                  legend = True,
                  column = 'pct ffs')
       plt.axis('equal')
       minx, miny, maxx, maxy = geo 48.total bounds
       ax.set xlim(minx,maxx)
       ax.set_ylim(miny,maxy)
       axins = zoomed inset axes(ax,
                           0.3,
                           loc=3,
                           borderpad=1)
       geo AK.plot(ax = axins,
                edgecolor = '',
                cmap = 'viridis_r',
                vmin = 0, vmax = 1.1*geo df.pct ffs.max(),
                legend = False,
                column = 'pct_ffs')
       x1, x2, y1, y2 = -180, -128, 48, 74
       axins.set xlim(x1, x2)
       axins.set_ylim(y1, y2)
       axins.set title("Alaska")
       axins2 = zoomed inset axes(ax,
                           loc=8,
                           borderpad=1)
       geo_HI.plot(ax = axins2,
                edgecolor = '',
                cmap = 'viridis r',
                vmin = 0, vmax = 1.1*geo df.pct ffs.max(),
                legend = False,
                column = 'pct ffs')
       x1, x2, y1, y2 = -165, -150, 17.2, 25
       axins2.set_xlim(x1, x2)
       axins2.set_ylim(y1, y2)
```



In [59]: geo_df.pct_ffs.corr(geo_df.diabetes_13)

Out[59]: 0.616192722024055

```
In [60]: fig, ax = plt.subplots(1, 2, sharex = True, figsize = (20,10))
       plt.suptitle('Fig. 6: Higher spending linked to obesity and diabetes', fontsiz
       e = 20)
       ax[0].scatter(geo df.pct ffs, geo df.obese 13, c = 'firebrick', alpha = 0.25)
       ax[1].scatter(geo_df.pct_ffs, geo_df.diabetes_13, c = 'sienna', alpha = 0.25)
       #################
       ax[0].set title('Obesity', color = 'firebrick', fontsize = 14)
       ax[1].set_title('Diabetes', color = 'sienna', fontsize = 14)
       ax[0].set xlabel('Percentage of income spent on fast food')
       ax[1].set xlabel('Percentage of income spent on fast food')
       ax[0].set ylabel('Obesity rate in adults (18-65)')
       ax[1].set ylabel('Diabetes rate in adults (18-65)')
       ######
       ax[0].spines["right"].set visible(False)
       ax[0].spines["top"].set_visible(False)
       ax[1].spines["right"].set visible(False)
       ax[1].spines["top"].set_visible(False)
       ######################################
       xvals = ax[0].get xticks()
       ax[0].set xticklabels(['{:,.2%}'.format(x) for x in xvals])
       yvals = ax[0].get yticks()*0.01
       ax[0].set_yticklabels(['{:,.1%}'.format(x) for x in yvals])
       ax[0].text(0.03,28,
           $r^2 = 0.409',
           fontsize = 12
       xvals = ax[1].get xticks()
       ax[1].set_xticklabels(['{:,.2%}'.format(x) for x in xvals])
       yvals = ax[1].get_yticks()*0.01
       ax[1].set_yticklabels(['{:,.1%}'.format(x) for x in yvals])
       ax[1].text(0.03,12.5,
           '$r^2$ = 0.616',
           fontsize = 12
```

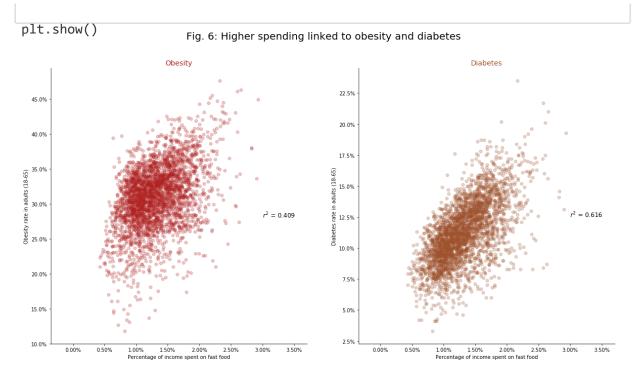


Fig. 6 is an analysis of 3,000+ counties that shows: higher fast food spending %-wise leads to higher obesity and diabetic rates.

3. Fast food concentration and Health

In this section, I explore the relationship between fast food concentration and health. I plot the concentration per 1,000 people versus obesity and diabetes to see if theres any relationship.

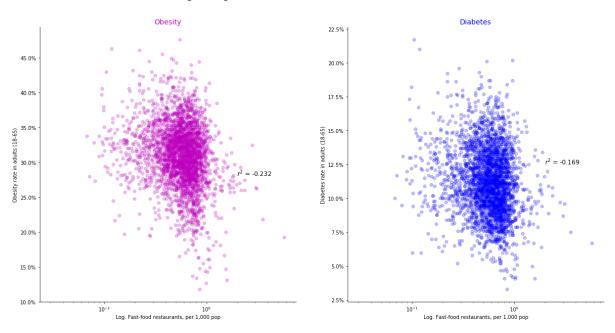
```
geo_df.pop_16 = geo_df.pop_16.str.replace(',', '').astype(float)
In [64]:
In [65]:
         geo df['ff density'] = geo df.fast 14/geo df.pop 16*1000
         geo_df['ff_density'].tail()
In [66]:
Out[66]: 3135
                 0.706286
         3136
                 0.511967
         3137
                 0.951348
         3138
                 0.762777
                 0.419432
         3139
         Name: ff_density, dtype: float64
In [67]: geo_df.ff_density = geo_df.ff_density.replace(0, np.nan)
```

- -0.16871586502592906
- -0.2321868258086288

```
In [70]: fig, ax = plt.subplots(1, 2, sharex = True, figsize = (20,10))
         plt.suptitle('Fig. 7: Higher concentration not linked to healthiness', fontsiz
         e = 20)
         ax[0].set_title('Obesity', color = 'm', fontsize = 14)
         ax[1].set_title('Diabetes', color = 'b', fontsize = 14)
         ax[0].set xlabel('Log. Fast-food restaurants, per 1,000 pop')
         ax[1].set_xlabel('Log. Fast-food restaurants, per 1,000 pop')
         ax[0].scatter(geo_df.ff_density, geo_df.obese_13, c = 'm', alpha = 0.25)
         ax[1].scatter(geo_df.ff_density, geo_df.diabetes_13, c = 'b', alpha = 0.25)
         ax[0].set ylabel('Obesity rate in adults (18-65)')
         ax[1].set_ylabel('Diabetes rate in adults (18-65)')
         ax[0].spines["right"].set_visible(False)
         ax[0].spines["top"].set_visible(False)
         ax[1].spines["right"].set visible(False)
         ax[1].spines["top"].set_visible(False)
         xvals = ax[0].get xticks()
         ax[0].set_xticklabels(['{:,.2%}'.format(x) for x in xvals])
         yvals = ax[0].get yticks()*0.01
         ax[0].set_yticklabels(['{:,.1%}'.format(x) for x in yvals])
         ax[0].text(2,28,
              $r^2 = -0.232',
             fontsize = 12
         )
         xvals = ax[1].get_xticks()
         ax[1].set_xticklabels(['{:,.2}'.format(x) for x in xvals])
         yvals = ax[1].get yticks()*0.01
         ax[1].set yticklabels(['{:,.1%}'.format(x) for x in yvals])
         ax[1].text(2,12.5,
              '$r^2$ = -0.169'
             fontsize = 12
         )
         plt.xscale('log')
         plt.show()
```

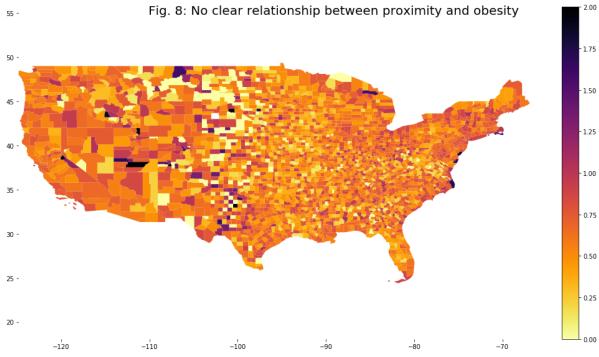
5/21/2019 Jiang_final_project

Fig. 7: Higher concentration not linked to healthiness



What is likely happening in Fig 7. is that places with higher concentrations of fast food restaurants are cities. Metro populations, on average, tend to exhibit lower obesity and diabetic rates, which may not bear any relationship to the proximity of these fast food restaurants.

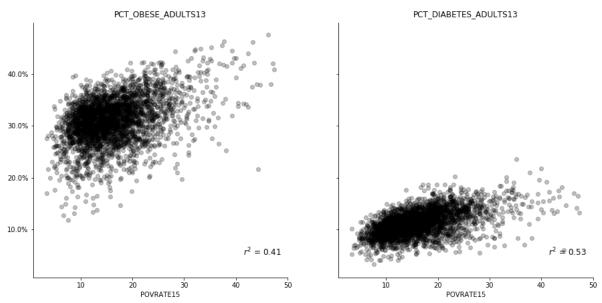
```
In [101]: fig, ax = plt.subplots(figsize = (15,8))
         plt.tight_layout()
         geo df['log density'] = np.log(geo df.ff density)
         geo df.plot(ax = ax,
                     edgecolor = '',
                     cmap = 'inferno_r',
                     vmin = 0, vmax = 2,
                     legend = True,
                     column = 'ff_density')
         plt.axis('equal')
         minx, miny, maxx, maxy = geo_48.total_bounds
         ax.set xlim(minx,maxx)
         ax.set_ylim(miny,maxy)
         plt.suptitle('Fig. 8: No clear relationship between proximity and obesity', fo
         ntsize = 20)
         ax.spines["right"].set_visible(False)
         ax.spines["top"].set_visible(False)
         ax.spines["left"].set_visible(False)
         ax.spines["bottom"].set_visible(False)
         plt.show()
```



4. Other factors worth exploring (scaling up)

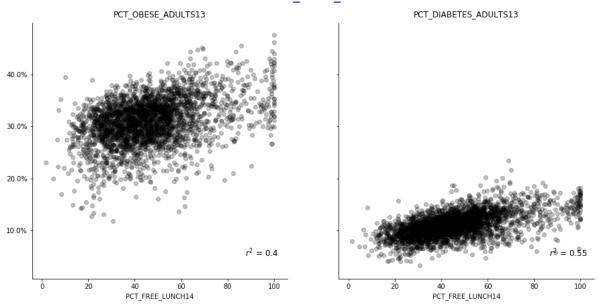
```
In [399]:
          ### I am writing a function that allows you to input any variable, and outputs
           a graph and r^2 number ###
           import matplotlib.ticker as ticker
           y_list = ['PCT_OBESE_ADULTS13', 'PCT_DIABETES_ADULTS13']
           def plot(var):
               fig, axes = plt.subplots(1,2, sharex = True, sharey = True, figsize = (15,
           7))
               plt.suptitle('Variable: ' + var, color = 'b', fontsize = 20)
               for ax, y in zip(axes.flatten(), y_list):
                   ax.scatter(df big[var], df big[v], c = 'k', alpha = '0.25')
                   ax.set_title(y, color = 'k', fontsize = 12, loc = 'center', pad = 10)
                   ax.yaxis.set major formatter(ticker.PercentFormatter(xmax = 100))
                   ax.spines["right"].set visible(False)
                   ax.spines["top"].set_visible(False)
                   ax.set xlabel(var)
                   ax.text(0.9, 0.1,
                   \frac{1}{r^2} = \frac{1}{r} + str(round(df big[var].corr(df big[v]),2)),
                   ha='center', va='center', transform=ax.transAxes,
                   fontsize = 12
           plot('POVRATE15')
```

Variable: POVRATE15



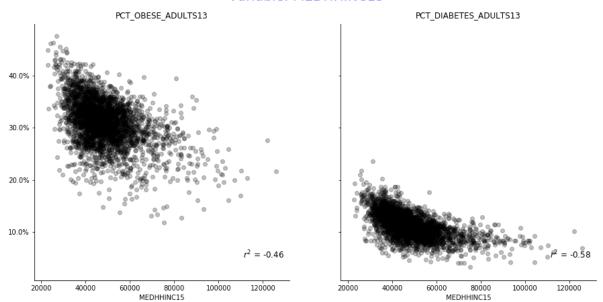
In [400]: plot('PCT_FREE_LUNCH14') # pct of students on free Lunch programs

Variable: PCT_FREE_LUNCH14



In [402]: plot('MEDHHINC15') # median household income, 2015

Variable: MEDHHINC15



In [403]: variables = pd.read_excel('https://www.ers.usda.gov/webdocs/DataFiles/48731/Da
taDownload.xls?v=0', sheet_name = 'Variable List')

In [404]: variables.head() # exhaustive list of variable list

Out[404]:

	Category Name	Category Code	Subcategory Name	Variable Name	Variable Code	Geography	Units
0	Access and Proximity to Grocery Store	ACCESS	Overall	Population, low access to store, 2010	LACCESS_POP10	CNTY10	Count
1	Access and Proximity to Grocery Store	ACCESS	Overall	Population, low access to store, 2015	LACCESS_POP15	CNTY10	Count
2	Access and Proximity to Grocery Store	ACCESS	Overall	Population, low access to store (% change), 20	PCH_LACCESS_POP_10_15	CNTY10	% change
3	Access and Proximity to Grocery Store	ACCESS	Overall	Population, low access to store (%), 2010	PCT_LACCESS_POP10	CNTY10	Percent
4	Access and Proximity to Grocery Store	ACCESS	Overall	Population, low access to store (%), 2015	PCT_LACCESS_POP15	CNTY10	Percent
4							+

In []: