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Smoking Cessation B-ces Programs for Lesbian D-sxo
                                                           Gay D-sxo
                                                                          Bisexual D-sxo
                                                                                             Transgender D-gen
, and
      Intersex D-gen People: A Content-Based Systematic Review M-mth
                                                                          . Introduction
                                                                                         Tobacco use B-use
        lesbian D-sxo
                                        bisexual D-sxo , and
                                                              transgender D-gen
                                                                                     LGBT L-loc ) people is
among
                         gay D-sxo
double the general population. Limited evidence suggests high
                                                            smoking rates B-use
                                                                                 among
                                                                                          intersex D-gen
                                                                                                         LGBTI
people.
        Lesbian D-sxo
                           gay D-sxo
                                         bisexual D-sxo
                                                           transgender D-gen , and intersex D-gen (
      ) people are a priority population in Australian health policy P-reg , particularly mental health and aging.
         associations between R-rel smoking and noncommunicable diseases relevant to aging and mental health,
Despite
 LGBTI L-loc -targeted smoking cessation B-ces
                                                    interventions P-trt in
                                                                           Australia L-loc have been limited to
people living with HIV. Applying existing interventions P-trt to marginalized populations without modification and
evaluation may fail and exacerbate inequities. Aims To assess outcomes and characterize the populations served,
cultural modifications, and behavior change techniques (BCTs) of interventions P-trt to reduce
                                                                                             LGBTI L-loc
smoking. Methods We searched MEDLINE, six additional databases, and contacted authors to retrieve published and
unpublished program evaluations. Results We retrieved 19 studies (3663 participants). None used control groups M-
               quit rate B-ces was 61.0% at the end of interventions P-trt and stabilized at 38.6% at
                                                                                                     3–6
     . Overall
               . All studies included gay D-sxo
                                                 men D-gen , 13 included lesbians D-sxo
                                                                                                      LGBT I
months B-tme
                                                                                            , 13 "
    ,†12
            bisexual D-sxo people, five transgender D-gen people, and none included intersex D-gen people.
 Transgender D-gen people comprised 3% of participants. Of programs open to women D-gen
                                                                                             , 27.8% of
participants were women D-gen . Cultural modifications were used by 17 (89.5%) studies, commonly meeting in
 LGBT L-loc spaces, discussing social justice, and discussing LGBT L-loc -specific triggers. Common BCTs included
providing normative information, boosting motivation/self-efficacy, relapse B-ces prevention, social support, action
planning, and discussing consequences. Conclusions Quit rates B-ces were high; using
                                                                                     control groups M-mth
would improve evaluation. Existing programs may fail to reach groups other than
                                                                             gay D-sxo
                                                                                          men D-gen
Implications This review examines the evidence for
                                                 LGBTI L-loc -targeted smoking cessation B-ces
                                         LGBTI L-loc are not proportionally represented in smoking cessation
 interventions P-trt . Populations within
       research, and no study addressed intersex D-gen smoking. Overall, LGBT L-loc -targeted interventions
                                                 LGBT L-loc -specific group may be more R-rel effective than
P-trt appear to be effective, and simply having an
groups for the general population.
                                 More R-rel rigorous research is necessary to draw firm conclusions. Our study
                                              more R-rel targeted research on mechanisms underlying these
space analysis provides suggestions for areas of
complex interventions P-trt ' success.nan
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