

# Bernstein Theorem Notes

Paul Tee

The goal of this note is to provide a proof of *Bernstein's theorem* in  $\mathbb{R}^3$  following 1.4 - 1.5 of [CM11].

**Theorem 0.1** (Bernstein). *If  $u : \mathbb{R}^2 \rightarrow \mathbb{R}$  is an entire solution to the minimal surface equation, then its graph must be an affine plane.*

*Remark 0.2.* It's interesting to compare this statement to *Liouville theorem*, namely bounded (or sublinear) entire harmonic functions are constant.

## 1 Preliminaries

For  $\Sigma^2 \subset \mathbb{R}^3$  be orientable and  $\nu$  be a choice of unit normal on  $\Sigma$ . We will define two maps, which will be identified with each other [Figure 1]. The first map is the *Weingarten map*,

$$\begin{aligned} T\Sigma &\rightarrow T\Sigma \\ X &\mapsto \nabla_X \nu. \end{aligned}$$

Note that changing this to the  $(0, 2)$  version gives, up to sign, the second fundamental form

$$\text{II}(X, Y) := \langle \nabla_X \nu, Y \rangle.$$

In particular, the Weingarten map is symmetric, real-valued so it diagonalizes with eigenvalues  $\kappa_1, \kappa_2$ . The second map is the differential of the *Gauss map*,

$$\begin{aligned} d\nu : T\Sigma &\rightarrow T\mathbb{S}^2 \\ X &\mapsto d\nu(X). \end{aligned}$$

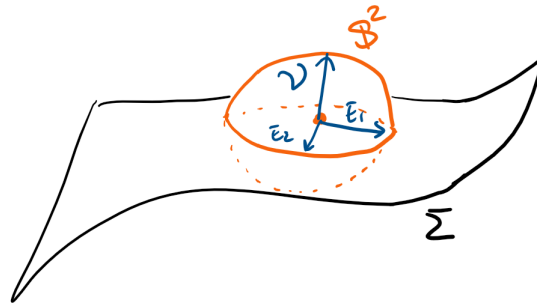


Figure 1: Weingarten map is the differential of Gauss map

Figure 2: The full Hessian of  $r$

The two maps can be identified since any orthonormal frame  $E_1, E_2$  on  $\Sigma$  can be carried to one on  $\mathbb{S}^2$ , so there is no point in distinguishing the codomain between  $T\Sigma$  or  $T\mathbb{S}^2$ . Furthermore assuming  $\Sigma$  is minimal forces  $\kappa_2 = -\kappa_1$  and gives anti-conformality of the Gauss map,

$$|d\nu|^2 = |\text{II}|^2 = \kappa_1^2 + \kappa_2^2 = -2\kappa_1\kappa_2 = -2\det(d\nu). \quad (1)$$

We briefly remark that  $\det(d\nu)$  is a common definition of *Gauss curvature*. 

We observe if  $\Sigma$  is given as the regular level set of a function  $r : \mathbb{R}^3 \rightarrow \mathbb{R}$ , then its second fundamental form is proportional the surface Hessian. Recall for  $X, Y \in \mathfrak{X}(\Sigma)$ ,

$$\nabla_\Sigma^2 r(X, Y) := \langle \nabla_X \nabla r, Y \rangle.$$

Since the gradient is perpendicular to level sets, we see that

$$\text{II} = \frac{\nabla_\Sigma^2 r}{|\nabla r|}.$$

We will apply this observation to Bernstein's theorem via the following procedure which turns any graph into a level set. Let  $u : \mathbb{R}^2 \rightarrow \mathbb{R}$  be a solution to the minimal surface equation, and consider  $\Sigma = \text{graph } u \subset \mathbb{R}^3$  with the induced metric. Consider the signed distance function  $r$  in a neighborhood of  $\Sigma$ ,

$$\begin{aligned} r : \Sigma \times (-\epsilon, \epsilon) &\rightarrow \mathbb{R} \\ (x, t) &\mapsto u(x) - t. \end{aligned}$$

We compute the norm of the gradient of  $r$  and the Hessian of  $r$  as

$$\begin{aligned} |\nabla r| &= \sqrt{(\partial_t r)^2 + |\nabla_\Sigma r|^2} = \sqrt{1 + |\nabla u|^2}, \\ \nabla_\Sigma^2 r &= \nabla_\Sigma^2 u. \end{aligned}$$

The Hessian identity follows since all derivatives in the direction of  $\Sigma$  fall onto  $u$  [Figure 2]. Therefore, the second fundamental form can be expressed purely in terms of  $u$ ,

$$\text{II} = \frac{\nabla_\Sigma^2 r}{|\nabla r|} = \frac{\nabla_\Sigma^2 u}{\sqrt{1 + |\nabla u|^2}}.$$

In particular, if the second fundamental form vanishes, then so must the Hessian, so  $u$  will graph an affine plane.

## 2 Bernstein's theorem

We begin our quest of showing  $\text{II} \equiv 0$  on  $\Sigma := \text{graph } u$  by showing that the total curvature is bounded by the energy of any cutoff function.

**Lemma 2.1.** *Let  $u : \Omega \subset \mathbb{R}^2 \rightarrow \mathbb{R}$  be a solution to the minimal surface equation. For any non-negative, Lipschitz<sup>1</sup> function  $\eta$  with support contained in  $\Omega \times \mathbb{R}$ ,*

$$\int_{\Sigma} \eta^2 |\text{II}|^2 \leq C \int_{\Sigma} |\nabla_{\Sigma} \eta|^2.$$

*Proof.* Let  $\omega$  be the area form on  $\mathbb{S}^2$  and consider the upper hemisphere. Consider the 1-form  $\alpha$  such that  $d\alpha = \omega$  on the upper hemisphere. Equation 1 implies

$$|\text{II}|^2 d\Sigma = -2 \det(d\nu) d\Sigma = 2\nu^* \omega = 2d\nu^* \alpha.$$

Furthermore, in local coordinates we have  $(\nu^* \alpha)_i = (d\nu)_i^j \alpha_j$ , so Cauchy-Schwarz implies

$$|\nu^* \alpha| \leq C |\text{II}|,$$

with  $C = C(\alpha)$ . In total,

$$\begin{aligned} \int_{\Sigma} \eta^2 |\text{II}|^2 d\Sigma &= 2 \int_{\Sigma} \eta^2 d\nu^* \alpha = \underbrace{-4 \int_{\Sigma} \eta d\eta \wedge \nu^* \alpha}_{\text{Stokes \& } \eta^2 \text{ vanishes on } \partial\Sigma} \\ &\leq 4C \int_{\Sigma} \eta |\nabla_{\Sigma} \eta| |\text{II}| d\Sigma \leq 4C \left( \int_{\Sigma} \eta^2 |\text{II}|^2 d\Sigma \right)^{\frac{1}{2}} \left( \int_{\Sigma} |\nabla_{\Sigma} \eta|^2 d\Sigma \right)^{\frac{1}{2}}, \end{aligned}$$

and so we reincorporate to get

$$\int_{\Sigma} \eta^2 |\text{II}|^2 d\Sigma \leq 16C^2 \int_{\Sigma} |\nabla_{\Sigma} \eta|^2 d\Sigma.$$

■

*Remark 2.2.* I'm not convinced that non-negativity of  $\eta$  is used in any meaningful way in the above proof. This assumption can probably be dropped.

In light of Lemma 2.1, game now is to find a sequence of non-negative Lipschitz cutoff functions  $\eta_N$  tending to 1, with energy tending to 0. Let us first work heuristically. Define radial cutoff functions [Figure 3] for  $r = |x|$ ,

$$\eta_N(r) := \begin{cases} 1 & r \leq e^N \\ 2 - \frac{\log(r)}{N} & e^N < r \leq e^{2N} \\ 0 & e^{2N} < r. \end{cases}$$

---

<sup>1</sup>It is helpful to recall Rademacher's theorem, which tells us that Lipschitz functions are differentiable almost everywhere.

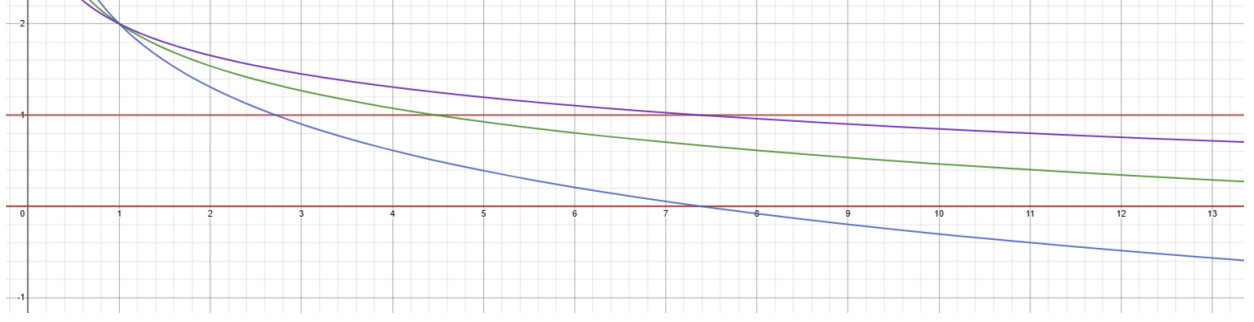


Figure 3:  $\eta_N$  for  $N = 1, 1.5, 2$

Observe  $\eta_N \rightarrow 1$  as  $N \rightarrow \infty$ . We compute  $|\nabla \eta_N| = \frac{1}{Nr}$ ,<sup>2</sup> and by co-area formula we compute

$$\int_{\mathbb{R}^2} |\nabla \eta_N|^2 = \int_0^\infty \int_{\partial B_r} |\nabla \eta_N|^2 d\sigma dr = \int_{e^N}^{e^{2N}} \frac{2\pi r}{(Nr)^2} dr = \frac{2\pi}{N}.$$

In particular, the energy of  $\eta_N$  vanishes as  $N \rightarrow \infty$ . The same computation holds with *linear perimeter growth*

$$\text{Length}(\partial B_r) \leq Cr,$$

as we may basically repeat the above argument

$$\int_{\Sigma} |\nabla \eta_N|^2 = \int_0^\infty \int_{\partial B_r} |\nabla \eta_N|^2 d\sigma dr = \int_{e^N}^{e^{2N}} \frac{\text{Length}(\partial B_r)}{(Nr)^2} dr \leq \frac{C}{N}.$$

However, what's important is that the same conclusion holds under the assumption that  $\Sigma$  obeys a *quadratic area growth*

$$\text{Area}(B_r) \leq Cr^2.$$

This is important since by a calibration argument (Corollary 1.2 of [CM11]), a minimal surface  $\Sigma^2 \subset \mathbb{R}^3$  will always satisfy a quadratic area growth (with  $C = 2\pi$ ). To prove the energy bound under this assumption, first observe  $|\nabla \eta_N|$  is monotonically decreasing, so

$$\sup_{B_{e^k} \setminus B_{e^{k-1}}} |\nabla \eta_N|^2 = |\nabla \eta_N|^2 \Big|_{\partial B_{e^{k-1}}} = N^{-2} e^{2-2k}.$$

We break up the “middle section” into concentric annuli and compute

$$\begin{aligned} \int_{\Sigma} |\nabla \eta_N|^2 &\leq \sum_{k=N+1}^{2N} \int_{B_{e^k} \setminus B_{e^{k-1}}} N^{-2} e^{2-2k} d\sigma \\ &\leq \sum_{k=N+1}^{2N} N^{-2} e^{2-2k} \text{Area}(B_{e^k} \setminus B_{e^{k-1}}) \leq \sum_{k=N+1}^{2N} C N^{-2} e^2 = \frac{C e^2}{N}. \end{aligned}$$

*Remark 2.3.* Let's take a second to summarize what happened. The energy integrand decays like  $r^{-2}$ , while the domain grows like  $r^2$ . To get the desired decay rate, you associate a constant  $N$  with the energy integrand, which pops out as  $N^{-2}$ . This combats the linear  $N$  that pops out of the sum over the annuli, leaving a final rate of  $N^{-1}$ .

<sup>2</sup>In fact, you probably start at this and define  $\eta$  from here.

*Remark 2.4.* This whole heuristic can obviously be sharpened. Two immediate directions are replacing Cauchy-Schwarz with Hölder in Lemma 2.1, and requiring a decay on the energy of  $\eta_N$  of  $N^{-\alpha}$  for any  $\alpha > 0$ . Generalizing in these directions is the content of Chapter 2.



Inspired by these heuristic computations, we perform a similar logarithmic cutoff trick to conclude Bernstein's theorem.

**Corollary 2.5.** *If  $u : \Omega \subset \mathbb{R}^2 \rightarrow \mathbb{R}$  is a solution to the minimal surface equation,  $\kappa > 1$  and  $\Omega$  contains a ball of radius  $\kappa R$  centered at the origin, then*

$$\int_{B_{\sqrt{\kappa}R} \cap \Sigma} |\Pi|^2 \leq \frac{C}{\log \kappa}.$$

*Remark 2.6.* Note that the parameter  $R$  is needed as we require  $\kappa > 1$  for taking log. But for Bernstein purposes, we can think of fixing  $R = 1$  and  $\kappa \rightarrow \infty$ .

*Proof.* Define  $\eta : \mathbb{R}^3 \rightarrow \mathbb{R}$  with support contained in  $B_{\kappa R}$ . Again for  $r = |x|$ , define

$$\eta(r) := \begin{cases} 1 & r \leq \sqrt{\kappa}R \\ 2 - \frac{2\log(\frac{r}{\sqrt{\kappa}R})}{\log \kappa} & \sqrt{\kappa}R < r \leq \kappa R \\ 0 & \kappa R < r. \end{cases}$$

We compute  $|\nabla_{\Sigma}\eta| \leq \frac{2}{r \log \kappa}$ , and assuming for simplicity  $\log \sqrt{\kappa} = \log \kappa / 2$  is an integer,

$$\begin{aligned} \int_{B_{\sqrt{\kappa}R} \cap \Sigma} |\Pi|^2 &\leq \int_{\Sigma} \eta^2 |\Pi|^2 \leq C \int_{\Sigma} |\nabla_{\Sigma}\eta|^2 \leq \frac{4C}{(\log \kappa)^2} \underbrace{\int_{B_{\kappa R} \cap \Sigma} r^{-2} dr}_{\text{quadratic decay}} \\ &\leq \frac{4C}{(\log \kappa)^2} \sum_{k=\log \sqrt{\kappa}}^{\log \kappa} \int_{B_{e^k R} \setminus B_{e^{k-1} R} \cap \Sigma} r^{-2} dr \\ &\leq \frac{4C}{(\log \kappa)^2} \sum_{k=\log \sqrt{\kappa}}^{\log \kappa} (e^{k-1} R)^{-2} \cdot \underbrace{2\pi(e^k R)^2}_{\text{quadratic area growth}} \\ &= \frac{4C}{(\log \kappa)^2} \sum_{k=\log \sqrt{\kappa}}^{\log \kappa} 2e^2 \pi = \frac{4\pi e^2 C}{\log \kappa}. \end{aligned}$$

■

## References

- [CM11] T.H. Colding and W.P. Minicozzi. *A Course in Minimal Surfaces*. Graduate studies in mathematics. American Mathematical Society, 2011. ISBN: 9780821853238.