1、图片（视频上传）

wx.chooseImage({

success (res) {

const tempFilePaths = res.tempFilePaths

wx.uploadFile({

url: 'https://example.weixin.qq.com/upload', //仅为示例，非真实的接口地址

filePath: tempFilePaths[0],

name: 'file',

formData: {

'user': 'test'

},

success (res){

const data = res.data

//do something

}

})

}})

视频上传替换为**wx.chooseVideo()**

**参考案例【含后台源码】**

<https://blog.csdn.net/weixin_39742070/article/details/80816648>;

<https://blog.csdn.net/q1923408717/article/details/99818328?depth_1-utm_source=distribute.pc_relevant.none-task-blog-BlogCommendFromMachineLearnPai2-3&utm_source=distribute.pc_relevant.none-task-blog-BlogCommendFromMachineLearnPai2-3>