

# RtEstim: Effective reproduction number estimation with trend filtering

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## Abstract

We need an abstract.

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# 1 Introduction

The effective reproduction number (also called the instantaneous reproduction number) is a key quantity for understanding infectious disease dynamics including the potential size of a pandemic, the required stringency of prevention measures, and the efficacy of other controls. The effective reproduction number is defined to be the average number of secondary infections caused by a new primary infection that occurs at a specific time. Tracking the time series of this quantity is therefore useful for understanding whether or not future infections are likely to increase or decrease from the current state. Let  $\mathcal{R}(t)$  denote the effective reproduction number at time  $t$ . Practically, as long as  $\mathcal{R}(t) < 1$ , infections will decline gradually, eventually resulting in a disease-free equilibrium, whereas when  $\mathcal{R}(t) > 1$ , infections will continue to increase, resulting in endemic equilibrium. While  $\mathcal{R}(t)$  is fundamentally a continuous time quantity, it can be related to data only at discrete points in time  $t = 1, \dots, n$ . This sequence of effective reproduction numbers over time is not observable, but nonetheless is easily interpretable and retrospectively describes the course of an epidemic. Therefore, a number of procedures exist to estimate  $\mathcal{R}_t$  from different types of observed incidence data such as cases, deaths, or hospitalizations while relying on various domain-specific assumptions. Importantly, accurate estimation of effective reproduction numbers relies heavily on the quality of the available data, and, due to the limitations of data collection, such as underreporting and lack of standardization, epidemiological models, estimation methodologies rely on various assumptions to compensate. Because model assumptions may not be easily verifiable from data alone, it is also critical for any estimation procedure to be robust to model misspecification.

Many existing approaches for effective reproduction number estimation are Bayesian: they estimate the posterior distribution of  $\mathcal{R}_t$  conditional on the observations. One of the first such approaches is the software **EpiEstim** (Cori et al., 2020), described by Cori et al. (2013). This method is prospective, in that it uses only information available at time  $t$  in order to estimate  $\mathcal{R}_t$  for  $i = 1, \dots, t$ . An advantage of **EpiEstim** is its straightforward statistical model: incidence data follows the Poisson distribution conditional on past incidence and  $\mathcal{R}_t$ , the conjugate prior distribution for  $\mathcal{R}_t$  is Gamma with fixed hyperparameters, and the serial interval distribution is fixed and known. For this reason, **EpiEstim** requires little domain expertise for use, and it is computationally fast. Thompson et al. (2019) modified this method to distinguish imported cases from local transmission and simultaneously estimate the serial interval distribution. Nash et al. (2023) further extended **EpiEstim** by using “reconstructed” daily incidence data to handle cases when the data is not regularly spaced. Abbott et al. (2020b) proposed a Bayesian latent variable framework, **EpiNow2** (Abbott et al., 2020a), which leverages incident cases, deaths or other available streams simultaneously along with allowing

additional delay distributions (incubation period and onset to report delay) in modelling. [Lison et al. \(2023\)](#) proposed an extension that handles missing data by imputation followed by a truncation adjustment. [Parag \(2021\)](#) also proposed a Bayesian approach, **EpiFilter** based the (discretized) on Kalman Filter and Smoother. **EpiFilter** also estimates the posterior of  $\mathcal{R}_t$  given a Gamma prior and Poisson distributed incident cases. Compared to **EpiEstim**, **EpiFilter** estimates  $\mathcal{R}_t$  retrospectively using all available incidence data both prior and subsequent to time  $t$ , and provides robust estimation in low incidence cases. [Gressani et al. \(2022\)](#) proposed a Bayesian P-splines approach, **EpiLPS**, that assumes negative Binomial distributed incidences. [Trevisin et al. \(2023\)](#) proposed a Bayesian model based on particle filtering to estimate spatially explicit effective reproduction numbers. Bayesian approaches estimate the posterior distribution of the effective reproduction numbers, and possess the advantage that the credible intervals can be easily computed. A limitation of many Bayesian approaches is that they usually require heavy computational workload, especially when observed data sequences are long or hierarchical structures are complex. Below, we compare our method to two computationally efficient Bayesian models, **EpiEstim** and **EpiLPS**.

There are also frequentist approaches for  $\mathcal{R}_t$  estimation. [Abry et al. \(2020\)](#) proposed to regularize the smoothness of  $\mathcal{R}_t$  regarding its temporal and spatial evolution. They considered a penalized regression with a second-order temporal regularization and a spatial regularization on  $\mathcal{R}_t$  and with Poisson loss. [Pascal et al. \(2022\)](#) extended this procedure by introducing another penalty on outliers for robustness in. [Pircalabelu \(2023a\)](#) is a spline-based model relying on the assumption of exponential-family distributed incidences. [Ho et al. \(2023\)](#) estimates  $\mathcal{R}_t$  while monitoring the time-varying level of overdispersion. There are other spline-based approaches such as [Azmon et al. \(2014\)](#); [Gressani et al. \(2021\)](#); [Pircalabelu \(2023b\)](#), autoregressive models with random effects ([Jin et al., 2023](#)) that are robust to low incidence cases, and generalized autoregressive moving average (GARMA) model ([Hettinger et al., 2023](#)) that are robust to measurement errors in incidence data.

We propose a retrospective effective reproduction number estimator called **RtEstim** that requires only incidence data. Our model makes the conditional Poisson assumption, similar to much of the prior work described above, but is empirically more robust to misspecification. This estimator is a convex optimization problem with Poisson loss and  $\ell_1$  penalty on the temporal evolution of  $\log(\mathcal{R}_t)$  to impose smoothness over time. As a result **RtEstim** generates discrete splines, and the estimated curves appear to be piecewise polynomials of an order selected by the user. Importantly, The estimates are locally adaptive, meaning that different time ranges may possess heterogeneous smoothness.

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Our approach is straightforward and requires little expertise in domain knowledge for

implementation. We use a proximal Newton method to solve the convex optimization problem along with a number of computational tricks to produce estimates efficiently, typically in a matter of seconds even for long sequences of data. In a number of simulated experiments, we show empirically that our approach is more accurate than existing methods at estimating the true effective reproduction numbers.

The manuscript unfolds as follows. We first introduce the methodology of **RtEstim** including the usage of renewal equation, the development of Poisson trend filtering estimator, and the proximal Newton algorithm. We explain how this method can be interpreted from Bayesian perspective, connecting it to previous work in this context. We provide illustrative experiments comparing our estimator to **EpiEstim** and **EpiLPS**. We then apply our **RtEstim** on the Covid-19 pandemic incidence in British Columbia and the 1918 influenza pandemic in the United States. Finally, we conclude with a discussion on the advantages and limitations of our approach and as well as describe practical considerations for the effective reproduction number estimation.

## 2 Methods

### 2.1 Renewal model for incidence data

The effective reproduction number  $\mathcal{R}(t)$  is defined to be the expected number of secondary infections at time  $t$  produced by a primary infection sometime in the past. To make this precise, denote the number of new infections at time  $t$  as  $y(t)$ . Then the total primary infectiousness can be written as  $\eta(t) := \int_0^\infty p(i)y(t-i)\mathrm{d}i$ , where  $p(i)$  is the probability that a new secondary infection is the result primary infection which occurred  $i$  time units in the past. The reproduction number is then given as the value that equates

$$\mathbb{E}[y(t) \mid y(j), j < t] = \mathcal{R}(t)\eta(t) = \mathcal{R}(t) \int_0^\infty p(i)y(t-i)\mathrm{d}i, \quad (1)$$

otherwise known as the renewal equation. The period between primary and secondary infections is exactly the generation time of the disease, but given real data, observed at discrete times (say, daily) this delay distribution must be discretized into contiguous time intervals, say,  $(0, 1], (1, 2], \dots$ , which results in the sequence  $\{p_i\}_1^\infty$  corresponding to observations  $y_t$  and resulting in the discretized version of Equation (1),

$$\mathbb{E}[y_t \mid y_1, \dots, y_{t-1}] = \mathcal{R}_t\eta_t = \mathcal{R}_t \sum_{i=0}^\infty p_i y_{t-i}. \quad (2)$$

Many approaches to estimating  $\mathcal{R}_t$  rely on Equation (2) as motivation for their procedures, among them, EpiEstim (Cori et al., 2013) and EpiFilter (Parag, 2021).

In most cases, it is safe to assume that infectiousness disappears beyond  $\tau$  timepoints ( $p(i) = 0$  for  $i > \tau$ ) so that the truncated integral of the generation interval distribution  $\int_0^\tau p(i) di = 1$ . Generation time, however, is usually unobservable and tricky to estimate, so common practice is to approximate it by the serial interval: the period between the symptom onsets of primary and secondary infections. If the infectiousness profile after symptom onset is independent of the incubation period (the period from the time of infection to the time of symptom onset), then this approximation is justifiable: the serial interval distribution and the generation interval distribution share the same mean. However, other properties may not be similarly shared, and, in general, the generation interval distribution is a convolution of the serial interval distribution with the distribution of the difference between independent draws from the delay distribution from infection to symptom onset. See, for example, Gostic et al. (2020) for a fuller discussion of the dangers of this approximation. Nonetheless, treating these as interchangeable is common (Cori et al., 2013) and beyond the scope of this work. Additionally, we assume that the generation interval (and, therefore, the serial interval), is constant over time  $t$ . That is, the probability  $p(i)$  depends only on the gap between primary and secondary infections and not on the time  $t$  when the secondary infection occurs. For our methods, we will assume that the serial interval can be accurately estimated from auxilliary data (say by contact tracing, or previous epidemics) and we will take it as fixed, as is common in existing studies, e.g., Abry et al. (2020); Cori et al. (2013); Pascal et al. (2022).

The renewal equation in Equation (2) relates observable data streams (incident cases) occurring at different time points to the reproduction number given the serial interval. The fact that it depends only on the observed incidence counts makes it reasonable to estimate  $\mathcal{R}_t$ . However, this relationship obscures some difficulties in data collection. Diagnostic testing targets symptomatic individuals, omitting asymptomatic primary infections which can lead to future secondary infections. Testing practices, availability, and uptake can vary across space and time (Hitchings et al., 2021; Pitzer et al., 2021). Finally, incident cases as reported to public health are subject to delays due to laboratory confirmation, test turnaround times, and eventual submission to public health (Pellis et al., 2021). For these reasons, reported cases are lagging indicators of the course of the pandemic. Furthermore, they do not represent the actual number of new infections that occur on a given day, as indicated by exposure to the pathogen. The assumptions described above (constant serial interval distribution, homogenous mixing, similar susceptibility and social behaviours, etc.) are therefore consequential. That said, Equation (2) also provides some comfort about deviations from these assumptions. If  $y_t$  is scaled by a constant (in time) describing the reporting ratio, then it will cancel from

both sides. Similar arguments mean that even if such a scaling varies in time, as long as it varies slowly relative to the set of  $p_i$  that are larger than 0, Equation (2) will be a reasonably accurate approximation, so that  $\mathcal{R}_t$  can still be estimated well from reported incidence data. Finally, even a sudden change, say from  $c_1$  for  $i = 1, \dots, t_1$  to  $c_2$  for  $i > t_1$  would only result in large errors for  $t$  in the neighbourhood of  $t_1$  (where the size of this neighbourhood is again determined by the effective support of  $\{p_i\}$ ). This robustness to certain types of data reporting issues provides some degree of comfort when depending on Equation (2) to calculate  $\mathcal{R}_t$ .

## 2.2 Poisson trend filtering estimator

We use the daily confirmed incident cases  $y_t$  on day  $t$  to estimate the observed infectious cases under the model that  $y_t$  given previous incident cases  $y_{t-1}, \dots, y_1$  and a constant serial interval distribution follows a Poisson distribution with mean  $\Lambda_t$ . That is,

$$y_t \mid y_1, \dots, y_{t-1} \sim \text{Poisson}(\Lambda_t), \text{ where } \Lambda_t = \mathcal{R}_t \sum_{i=0}^{t-1} p_i y_{t-i} = \mathcal{R}_t \eta_t.$$

Given a history of  $n$  confirmed incidence counts  $\mathbf{y} = (y_1, \dots, y_n)^\top$ , our interest is to estimate  $\mathcal{R}_t$ . A natural approach is to maximize the likelihood, producing the MLE:

$$\begin{aligned} \hat{\mathcal{R}} &= \operatorname{argmax}_{\mathcal{R} \in \mathbb{R}_+^n} \mathbb{P}(\mathcal{R} \mid \mathbf{y}, \mathbf{p}) = \operatorname{argmax}_{\mathcal{R} \in \mathbb{R}_+^n} \prod_{t=1, \dots, n} \frac{e^{-\mathcal{R}_t \eta_t} (\mathcal{R}_t \eta_t)^{y_t}}{y_t!} \\ &= \operatorname{argmin}_{\mathcal{R} \in \mathbb{R}_+^n} \frac{1}{n} \sum_{t=1}^n \mathcal{R}_t \eta_t - y_t \log(\mathcal{R}_t \eta_t). \end{aligned} \tag{3}$$

This optimization problem, however, is easily seen to yield a one-to-one correspondence between the confirmed cases and the effective reproduction, i.e.,  $\hat{\mathcal{R}}_t = y_t / \eta_t$ , so that the estimated sequence  $\hat{\mathcal{R}}$  will have no significant graphical smoothness.

The MLE is an unbiased estimator of the true parameter  $\mathcal{R}_t$ , but unfortunately has high variance: changes in  $y_t$  result in proportional changes in  $\hat{\mathcal{R}}_t$ . To avoid this behaviour, and to match the intuition that  $\mathcal{R}_t \approx \mathcal{R}_{t-1}$ , we advocate enforcing smoothness of the effective reproduction numbers. This requirement will decrease the variance, and hopefully lead to more accurate estimation of  $\mathcal{R}$ , as long as the smoothness assumption is reasonable. Smoothness assumptions are common (see e.g., Parag (2021) or Gostic et al. (2020)), but the *type* of smoothness assumed is critical. Cori et al. (2020) imposes smoothness indirectly by estimating  $\mathcal{R}_t$  with moving windows of of past observations. The Kalman filter procedure of Parag (2021) would result in  $\ell_2$ -smoothness ( $\int_0^n (\hat{\mathcal{R}}''(t))^2 dt < C$  for some  $C$ ), although the algorithm results

in  $\hat{\mathcal{R}}$  taking values over a discrete grid. [Pascal et al. \(2022\)](#) produces piecewise-linear  $\hat{\mathcal{R}}_t$ , which turns out to be a special case of our methodology. Smoother estimated curves will provide high-level information about the entire epidemic, obscuring small local changes in  $\mathcal{R}(t)$ , but may also remove the ability to detect large sudden changes, such as those resulting from lockdowns or other major containment policies.

We choose to implement smoothness by assuming that  $\mathcal{R}(t)$  is a piecewise polynomial of arbitrary degree. We specifically consider discrete splines with various degrees of continuity. For example, 0<sup>th</sup>-degree discrete splines are piecewise constant, the 1<sup>st</sup>-degree curves are piecewise linear, and 2<sup>nd</sup>-degree curves are piecewise quadratic. For  $k \geq 1$ ,  $k^{\text{th}}$ -degree discrete splines are continuous and have continuous discrete differences up to degree  $k - 1$  at the knots. To achieve such smoothness, we regularize the size of changes between adjacent effective reproduction numbers. Because  $\mathcal{R}_t > 0$ , we explicitly penalize the divided differences (discrete derivatives) of neighbouring values of  $\log(\mathcal{R})_t$ . To achieve this, we penalize the  $\ell_1$  norm of the divided differences, which introduces sparsity into the curvature, so that the estimates have heterogeneous smoothness in different subregions of the entire domain. It is a more realistic setting compared to homogeneous smoothness created by the squared  $\ell_2$  norm. Taking different orders of divided differences result in estimated effective reproduction numbers with different smoothness assumptions.

To enforce smoothness of  $\hat{\mathcal{R}}_t$ , we add a trend filtering penalty to Equation (4) ([Kim et al., 2009](#); [Sadhanala et al., 2022](#); [Tibshirani, 2014](#); [Tibshirani et al., 2022](#)). Let  $\theta := \log(\mathcal{R}) \in \mathbb{R}^n$ , so that  $\Lambda_t = \eta_t \exp(\theta_t)$ , and  $\log(\eta_t \mathcal{R}_t) = \log(\eta_t) + \theta_t$ . For evenly spaced incident case data, we write our estimator as the solution to the optimization problem

$$\hat{\mathcal{R}} = \exp(\hat{\theta}) \quad \text{where} \quad \hat{\theta} = \underset{\theta \in \mathbb{R}^n}{\operatorname{argmin}} \eta^\top \exp(\theta) - \mathbf{y}^\top \theta + \lambda \|D^{(k+1)}\theta\|_1, \quad (4)$$

where  $\exp(\cdot)$  applies elementwise. Here,  $D^{(k+1)} \in \mathbb{Z}^{(n-k-1) \times n}$  is the  $(k+1)^{\text{th}}$  order divided difference matrix for any  $0 \leq k < n - 1$ .  $D^{(k+1)}$  is defined recursively as  $D^{(k+1)} = D^{(1)}D^{(k)}$ , where  $D^{(1)} \in \{-1, 0, 1\}^{(n-k-1) \times (n-k)}$  is a banded matrix with diagonal band:

$$D^{(1)} = \begin{pmatrix} -1 & 1 & & & \\ & -1 & 1 & & \\ & & \ddots & \ddots & \\ & & & -1 & 1 \end{pmatrix}.$$

The tuning parameter  $\lambda$  balances data fidelity with desired smoothness. When  $\lambda = 0$ , the problem in Equation (4) reduces to the MLE in Equation (3). Larger tuning parameters privilege the regularization term and yield smoother estimates. Finally, there exists  $\lambda_{\max}$  such



that any  $\lambda \geq \lambda_{\max}$  will result in  $D^{(k+1)}\hat{\theta} = 0$  and  $\hat{\theta}$  will be the Kullback-Leibler projection of  $\mathbf{y}$  onto the null space of  $D^{(k+1)}$ .

For unevenly spaced incidence data, the spacing between neighboring parameters varies by the time between observations, and thus, the divided differences must be adjusted by the times that the observations occur. Given observation times  $\mathbf{x} = (x_1, \dots, x_n)^\top$ , for  $k \geq 1$ , define a  $k^{\text{th}}$ -order diagonal matrix

$$X^{(k)} = \text{diag} \left( \frac{k}{x_{k+1} - x_1}, \frac{k}{x_{k+2} - x_2}, \dots, \frac{k}{x_n - x_{n-k}} \right).$$

Let  $D^{(\mathbf{x},1)} := D^{(1)}$ . Then for  $k \geq 1$ , the  $(k+1)^{\text{th}}$ -order divided difference matrix for unevenly spaced data can be created recursively by

$$D^{(\mathbf{x},k+1)} := D^{(1)} X^{(k)} D^{(\mathbf{x},k)}.$$

Importantly, due to the penalty structure, this estimator is locally adaptive, meaning that it can potentially capture local changes such as the initiation of control measures. [Abry et al. \(2020\)](#); [Pascal et al. \(2022\)](#) considered only the 2<sup>nd</sup>-order divided difference of  $\mathcal{R}_t$  rather than its logarithm. In comparison to their work, our estimator (1) allows for arbitrary degrees of temporal smoothness and (2) avoids the potential numerical issues of penalizing/estimating positive real values. Furthermore, as we will describe below, our procedure is computationally efficient for estimation over an entire sequence of penalty strengths  $\lambda$  and provides methods for choosing how smooth the final estimate should be.

## 2.3 Numerical optimization of the $\mathcal{R}_t$ estimator

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The proximal Newton method is a second-order algorithm solving a proximal optimization iteratively followed by a line search algorithm adjusting the step size at each iteration for faster convergence. The proximal Newton method for Poisson trend filtering in Equation (4) solves an approximate problem iteratively — specifically, it takes a second-order Taylor expansion of the Poisson loss, which results in a proximal optimization, i.e., trend filtering with squared  $\ell_2$  loss, with dynamic weights during iteration, and solves it iteratively until convergence to the objective.

Let  $g(\theta) = \eta^\top \exp(\theta) - \mathbf{y}^\top \theta$  be the Poisson loss and  $h(\theta) = \lambda \|D^{(k+1)}\theta\|_1$  be the regularization in Equation (4). At iterate  $j+1$ , consider the following approximation of  $g(\theta)$  using the

second-order Taylor expansion around  $\theta^j$ ,

$$g(\theta) = g(\theta^j) + (\theta - \theta^j)^\top \nabla_\theta^{(1)} g(\theta^j) + \frac{1}{2} (\theta - \theta^j)^\top \nabla_\theta^{(2)} g(\theta^j) (\theta - \theta^j),$$

where  $\nabla_\theta^{(1)} g(\theta^j) = \frac{1}{n} \eta^\top \exp(\theta^j) - y \in \mathbb{R}^n$  is the gradient of  $g(\theta)$  evaluated at  $\theta^j$ , and  $\nabla_\theta^{(2)} g(\theta^j) = \frac{1}{n} \text{diag}(\eta \circ \exp(\theta^j)) \in \mathbb{R}^{n \times n}$  is the Hessian matrix of  $g(\theta)$  evaluated at  $\theta^j$  and  $\circ$  means elementwise product.

Define the proximal operator as  $\text{prox}_{W,D}(\mathbf{x}) := \underset{\mathbf{z} \in \mathbb{R}^n}{\text{argmin}} \frac{1}{2n} \|\mathbf{z} - \mathbf{x}\|_W^2 + \lambda \|D\theta\|_1$ , where  $\|\mathbf{a}\|_W^2 := \mathbf{a}^\top W \mathbf{a}$ . The proximal optimization problem at iterate  $j+1$  given  $\theta^j$  becomes

$$\begin{aligned} \theta^{j+} &:= \underset{\theta \in \mathbb{R}^n}{\text{argmin}} (\theta - \theta^j)^\top \nabla_\theta^{(1)} g(\theta^j) + \frac{1}{2} (\theta - \theta^j)^\top \nabla_\theta^{(2)} g(\theta^j) (\theta - \theta^j) + h(\theta), \\ &= \underset{\theta \in \mathbb{R}^n}{\text{argmin}} \frac{1}{2n} \|\theta - \mathbf{c}^j\|_{W^j}^2 + \lambda \|D^{(k+1)}\theta\|_1, \\ &= \text{prox}_{W^j, D^{(k+1)}}(\mathbf{c}^j), \end{aligned} \tag{5}$$

where  $W^j := \text{diag}(\eta \circ \exp(\theta^j))$  is the weighted (Hessian) matrix multiplied by  $n$  and

$$\mathbf{c}^j := \theta^j - n (W^j)^{-1} \nabla_\theta^{(1)} g(\theta^j) = \mathbf{y} \circ \eta^{-1} \circ \exp(-\theta^j) - \mathbf{1} + \theta^j \circ \eta^{-1}.$$

This is just univariate Gaussian trend filtering with weights  $W^t$  (Tibshirani, 2014).

We solve the trend filtering problem in Equation (5) using the specialized ADMM, proposed by Ramdas and Tibshirani (2016), with the primal  $\theta$  step solved in closed-form and the auxiliary step solved by the dynamic programming algorithm for fused lasso proposed by Johnson (2013). Let the auxiliary variable  $\mathbf{z} := D^{(k)}\theta$ . The scaled augmented Lagrangian is

$$\mathcal{L}_{\lambda, \rho}(\theta, \mathbf{z}, \mathbf{u}) = \frac{1}{2n} \|\theta - \mathbf{c}^j\|_{W^j}^2 + \lambda \|D^{(1)}\mathbf{z}\|_1 + \frac{\rho}{2} \|D^{(k)}\theta - \mathbf{z} + \mathbf{u}\|^2 - \frac{\rho}{2} \|\mathbf{u}\|^2,$$

where  $\rho$  is a scaled dual parameter and  $\mathbf{u}$  is the dual variable. At the  $(j+1)^{\text{th}}$  Newton step, the specialized ADMM solves the following subproblems, at ADMM iteration  $l+1$ :

$$\begin{aligned} \theta^{l+1} &:= \underset{\theta}{\text{argmin}} \frac{1}{2n} \|\theta - \mathbf{c}^l\|_{W^j}^2 + \frac{\rho}{2} \|D^{(k+1)}\theta - \mathbf{z}^l + \mathbf{u}^l\|_2^2, \\ \mathbf{z}^{l+1} &:= \underset{\mathbf{z}}{\text{argmin}} \frac{\lambda}{\rho} \|D^{(1)}\mathbf{z}\|_1 + \frac{1}{2} \|D^{(k+1)}\theta^{l+1} - \mathbf{z} + \mathbf{u}^l\|_2^2, \\ \mathbf{u}^{l+1} &\leftarrow \mathbf{u}^l + D^{(k+1)}\theta^{l+1} - \mathbf{z}^{l+1}. \end{aligned} \tag{6}$$

Finally, the step size  $\gamma^{j+1} \in (0, 1]$  at iterate  $j+1$  is adjusted by a backtracking line search

algorithm to solve for  $\theta^{j+1}$ , i.e.,

$$\theta^{j+1} \leftarrow \theta^j + \gamma^{j+1}(\theta^{j+} - \theta^j).$$

The proximal Newton algorithm iterates until convergence of the objective.

## 2.4 Solving over a sequence of tuning parameters

ATTN: Need a section about the solving for a sequence of  $\lambda$ .

## 2.5 Choosing a final $\lambda$

ATTN: And one about CV. Mention that other procedures don't choose this.

## 2.6 Approximate confidence bands

ATTN: And one about confidence bands.

## 2.7 Bayesian perspective

Unlike many other methods for  $\mathcal{R}_t$  estimation, our approach is frequentist rather than Bayesian. Nonetheless, it can have a corresponding Bayesian interpretation: as a state-space model with Poisson observational noise, autoregressive transition equation of degree  $k \geq 0$ , e.g.,  $\theta_{t+1} = 2\theta_t - \theta_{t-1} + \varepsilon_{t+1}$  for  $k = 1$ , and Laplace transition noise  $\varepsilon_{t+1} \sim \text{Laplace}(0, 1/\lambda)$ . Compared to **EpiFilter** (Parag, 2021), another retrospective study of  $\mathcal{R}_t$ , we share same observational assumptions, but our approach has a different transition noise. **EpiFilter** estimates the posterior distribution of  $\mathcal{R}_t$ , and thus it can provide credible interval estimates as well. Our approach produces the maximum *a posteriori* estimate via an efficient convex optimization, omitting the need for MCMC sampling. But the associated confidence bands are approximated differently.

# 3 Results

Implementation of the our approach is provided in the R package **rtestim**. All experiments are run in R with version 4.3.1 on Cedar cluster provided by Compute Canada **ATTN: requires attribution in the acknowledgements, possibly a citation**. The R packages used for simulation and real-data application are versions **EpiEstim\_2.2-4**, **EpiLPS\_1.2.0**, and **rtestim\_0.0.3**.

### 3.1 Simulation settings

We simulate four scenarios of the time-varying effective reproduction numbers, intended to mimic different epidemics. The first two scenarios are simple cases that are rapidly controlled by intervention, where the graphical curves consist of one discontinuity and two segments. Scenario 1 has constant  $\mathcal{R}_t$  before and after an intervention, while Scenario 2 grows exponentially, then decays. The other two scenarios are more complicated, where more waves in the epidemics are involved. Scenario 3 has four linear segments with three discontinuities, which reflect the effect of an intervention, resurgence to rapid transmission, and finally suppression of pandemic. Scenario 4 involves sinusoidal waves throughout the epidemic. The first three scenarios and the last scenario are motivated by (Gressani et al., 2022; Parag, 2021) respectively. We name the four scenarios as (1) 2-segment constant, (2) 2-segment exponential curve, (3) 4-segment linear, and (4) periodic respectively.

In all cases, the times of observation are regular, and consider epidemics of length  $n = 300$ . Specifically, in Scenario 1,  $\mathcal{R}_t = 2, 0.8$  before and after  $t = 70$ . In Scenario 2,  $\mathcal{R}_t$  increases and decreases exponentially with rates 0.015, 0.005 pre and post  $t = 50$ . In Scenario 3,  $\mathcal{R}_t$  reduces from 2.5 to 2 linearly between  $t \in [1, 60]$ , falls to 0.8 at  $t = 61$  and goes linearly down to 0.6 until  $t = 110$ , resurges to 1.7 at  $t = 111$  and grows linearly back to 2 until  $t = 150$ , and then drops to 0.9 at  $t = 151$  and descends to 0.5 until the end. In Scenario 4,  $\mathcal{R}_t$  is realization of the continuous, periodic curve generated by the function

$$\mathcal{R}(t) = 0.2 \left( \left( \sin\left(\frac{\pi t}{12}\right) + 1 \right) + \left( 2 \sin\left(\frac{\pi t}{6}\right) + 2 \right) + \left( 3 \sin\left(\frac{\pi t}{1.2}\right) + 3 \right) \right)$$

at equally spaced points  $t \in [0, 10]$ . These settings are illustrated in the left column of Figure 1.

We assume that the serial interval follows Gamma distribution with fixed shapes and scales  $(3, 3)$ ,  $(2.5, 2.5)$ ,  $(3.5, 3.5)$  and  $(3.5, 3.5)$  for Scenarios 1–4 respectively. We consider all epidemics starting from  $y_1 = 2$  cases and generating until timepoints  $t = 300$ . We compute the expected incidence  $\Lambda_t$  using the renewal equation, and generate the incidence samples from the Poisson distribution  $y_t \sim \text{Pois}(\Lambda_t)$ . To verify the performance of our model under the violation of this distributional assumption of incidence, we also generate incidence samples using the negative Binomial distribution with dispersion size 5, i.e.,  $y_t \sim \text{NB}(\Lambda_t, \text{size} = 5)$ . We generate 50 random samples for each setting of experiments, resulting in 400 total experiments. An example of each effective reproduction number scenario with a single corresponding Poisson and negative Binomial sample incidence sequence are displayed in Figure 1.

We compare RtEstim to EpiEstim and EpiLPS. Unfortunately, EpiFilter frequently

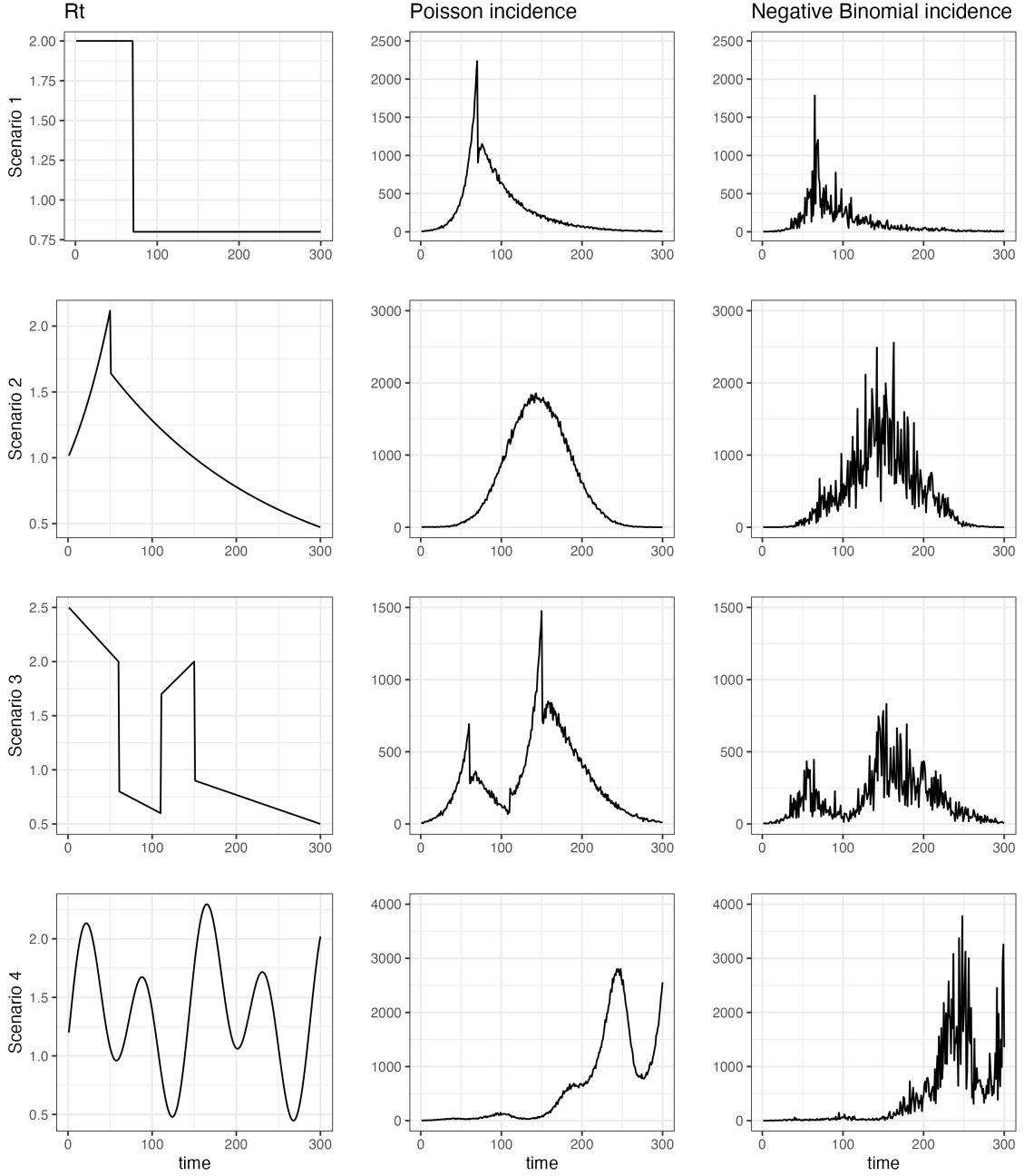


Figure 1: The effective reproduction numbers (left column) and corresponding sample incident cases drawn from a Poisson (middle column) or negative Binomial (right column) distribution. The rows correspond to the four  $\mathcal{R}_t$  settings.

fails to converge due to the large case counts in many simulations. **EpiEstim** estimates the posterior distribution of effective reproduction numbers given a Gamma prior and Poisson distributed incidences. It estimates the reproduction number over a sliding window, assuming the reproduction number is constant during the specific time window. A longer sliding window averages out more fluctuations, leading to smoother estimates, whereas, a shorter sliding window is more responsive to sudden spikes or declines. We tried the default, a weekly sliding window, as well as a monthly window. However, since neither considerably outperform the other across all scenarios, we defer the monthly case to the Appendix. **EpiLPS** is another Bayesian approach that estimates P-splines coupled with Laplace approximations of the conditional posterior based on the negative Binomial likelihood. For **RtEstim** on the four scenarios respectively, we estimate (1) piecewise constant  $k = 0$ , (2) piecewise linear & cubic  $k = 1, 3$ , (3) piecewise linear  $k = 1$  and (4) piecewise cubic polynomials  $k = 3$ . In each case, we examine a grid of 50  $\lambda$ s, selecting the best using cross validation. For all models and problems, we use the generation interval distribution used to create the data.

To measure estimation accuracy, we compare  $\hat{\mathcal{R}}$  to  $\mathcal{R}$  using the Kullback-Leibler (KL) divergence: a standard metric that measures the distance between two probability distributions. Since  $\mathcal{R}_t$  can be regarded as the expectation of Poisson distribution, we use the mean KL divergence for Poisson distributions (averaged across all coordinates) to measure the accuracy of the  $\mathcal{R}_t$  estimates:

$$\frac{1}{n} D_{KL}(\hat{\mathcal{R}} \parallel \mathcal{R}) = \frac{1}{n} \sum_{t=1}^n \hat{\mathcal{R}}_t \log \left( \frac{\hat{\mathcal{R}}_t}{\mathcal{R}_t} \right) + \mathcal{R}_t - \hat{\mathcal{R}}_t,$$

ATTN: I think the above formula is close but wrong. Check, but I think you need to multiply everything inside the sum by  $\eta_t$ , and you should reverse the order (expectation under the truth). This suggests using (letting  $w_t = \eta_t / \sum_t \eta_t$ ):

$$D_{KL}(\mathcal{R} \parallel \hat{\mathcal{R}}) = \sum_{t=1}^n w_t \left( \mathcal{R}_t \log \left( \frac{\mathcal{R}_t}{\hat{\mathcal{R}}_t} \right) + \hat{\mathcal{R}}_t - \mathcal{R}_t \right)$$

where  $\mathcal{R} := \{\mathcal{R}_t\}_{t=1}^n$ . To fairly compare across methods, we drop the estimates during the first week because estimates from **EpiEstim** do not begin until  $t = 8$  (using a weekly window). KL-divergence is more appropriate for measuring accuracy because it connects directly to the Poisson likelihood used to generate the data, whereas standard measures like the mean-squared error correspond to Gaussian data. This has the effect of increasing the relative cost of mistakes when  $\Lambda_t$  is small. Other details of the experimental settings are deferred to the Appendix.

ATTN: I think this goes to the Appendix too. We run leave-third-out cross validation (CV) to choose the best tuning parameter from the candidate set of size 50, i.e.,  $\boldsymbol{\lambda} = \{\lambda_1, \dots, \lambda_{50}\}$ . Specifically, we divide the all samples into three folds and build models on each sample set which excludes one fold of the samples across all hyperparameters. Every third samples are placed into the same fold by excluding the first and last samples. We select the tuning parameter that gives the lowest averaged mean squared errors (MSEs) ATTN: switch to deviance, corresponds to KL of the estimated reproduction numbers from the observed samples across all folds.

### 3.2 Simulation results

ATTN: To make this plots more readable, I think that each method should be compared to a reasonable baseline. That way the y-axis is more easily interpretable. The only option I can think of is the MLE. Typically, there's an "Oracle": what you'd do if you know something about the process. But I can't think of something that's not just  $\mathcal{R}$ .

RtEstim overall outperforms EpiEstim and EpiLPS in the experimental study. Figure 2 visualizes the KL divergence across the three models. Under both Poisson and negative Binomial distributions, RtEstim is easily the most accurate across Scenarios 1, 3, and 4: the median of KL divergence is much lower and the boxes frequently fail to overlap indicating that better performance than the other two methods across all 50 simulations. The advantage is less for the negative Binomial case compared to the Poisson case, but still obvious. EpiLPS tends to dominate in Scenario 2 as the boxes of KL scores are lower than those of the other two methods for both incidence distributions, but EpiLPS has large outliers for negative Binomial incidences cases. We will examine a single realization of each experiment to investigate these global conclusions in more detail.

Figure 3 shows 1 realization for the estimated reproduction numbers under the Poisson generative model for all 4 scenarios. Compared to EpiEstim and EpiLPS, which have rather severe difficulties at the beginning of the time series, RtEstim estimates are more accurate—they nearly overlap with the true values—without suffering from the edge problem. Scenario 2 is a difficult problem for all methods: the sharp increase at the end of the stage of exponential growth is difficult to capture. Although the truth is piecewise exponential and likely best represented with a piecewise cubic curve, the actual curvature is so gentle that linear estimation ( $k = 1$ ) appears potentially reasonable. We, therefore, fit piecewise linear and cubic  $\hat{\mathcal{R}}_t$  curves using RtEstim for Scenario 2 to evaluate model misspecification. However, both cases have difficulty recovering the acute rise in the growth phase. An explanation of such failure is that the model imposes continuity at the changepoint, which hinders the estimates from fitting the two discontinuous phases. Scenario 1 is the simplest case with only one knot and

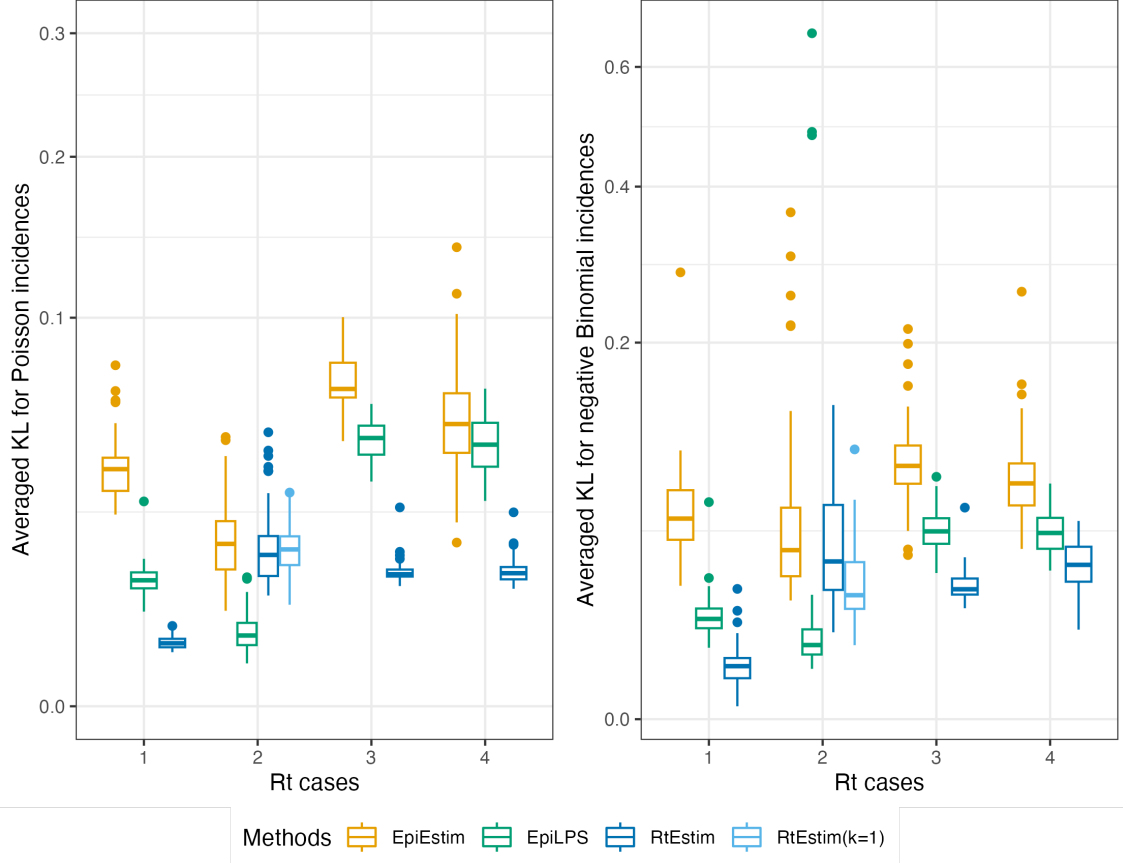


Figure 2: Boxplot of Kullback-Leibler divergence between the estimated effective reproduction numbers and the true ones across all methods given Poisson incidences and negative Binomial incidences across 50 samples. Left panel visualizes the KL divergences for the Poisson incidence cases. Right panel displays the KL divergences for the negative Binomial incidence cases.

two constant segments. Besides the edge problem, **EpiEstim** and **EpiLPS** produce “smooth” estimated curves that are continuous at the changepoint, which results in large mistakes in that neighbourhood. Since the piecewise constant **RtEstim** estimator does force any smoothness in  $\mathcal{R}_t$ , it easily captures the sharp decrease change.

To investigate the performance under the violation of the Poisson distributional assumption (of both **RtEstim** and **EpiEstim**), we also examine estimation accuracy with negative Binomial data. [Figure 4](#) displays a realization, analogous to the previous case, for all methods and scenarios. **RtEstim** has more difficulty relative to the Poisson incidence setting, especially at the beginning of the outbreak. This is most pronounced in Scenario 4, where **RtEstim** is overly smooth, except in the last wave. In Scenario 2, **RtEstim** successfully captures the changepoint, but suffers from the same problem as in the Poisson setting. In Scenario 3, the piecewise linear **RtEstim** recovers the curvature of  $\mathcal{R}_t$  well, but is less accurate than in the Poisson incidence cases.



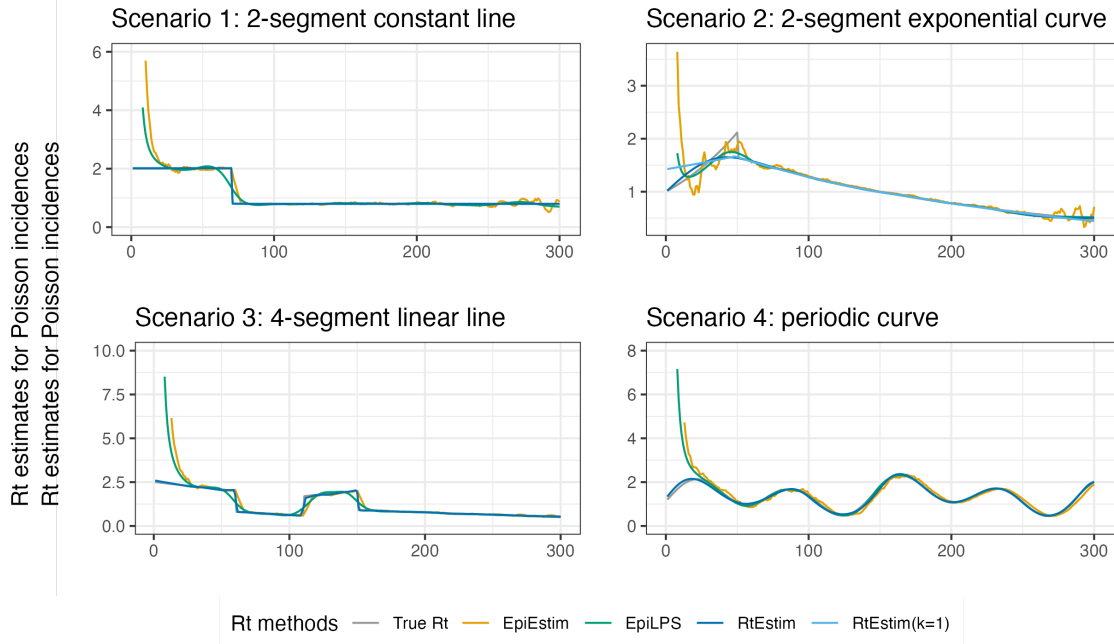


Figure 3: Effective reproduction number estimation for Poisson data. `RtEstim` ( $k=1$ ) is the alternative estimation using  $k = 1$  in Scenario 2. **ATTN: I'm not sure what this means. Can you fix the y-axis and (in the legend) put `RtEstim` ( $k=?$ ) with a space for both cases.**

Finally, it is important to provide a brief comparison of the running times of three models across the 8 experimental settings. We find that almost all models across all experiments complete within 10 seconds. `RtEstim` generally takes the longest, likely due to a relatively large candidate set—50 values of  $\lambda$  and 3 folds of cross validation—while other models run only a single time for a fixed setting of hyperparameters per experiment. Additional results on timing comparisons are deferred to the supplementary document.

### 3.3 Real-data results: Covid-19 incident cases in British Columbia

We implement `RtEstim` on Covid-19 incident confirmed cases in British Columbia (B.C.) as reported on May 18, 2023 (visualized in Figure 5) by the B.C. Centre for Disease Control. The reported incident cases provide a snapshot of how testing recommendations and practices have changed over the three years. We use the gamma distribution with shape 2.5 and scale 2.5 to approximate the serial interval function, which is empirically reasonable based on **ATTN: cite some source here...**

Considering the temporal evolution of effective reproduction numbers across 3, 4, 5 days, the estimated reproduction numbers of Covid-19 in British Columbia (illustrated in Figure 6) are less than 3 during most of the time, which means that one distinct infected individuals can on average infect less than three other individuals in the population. **ATTN: I don't**

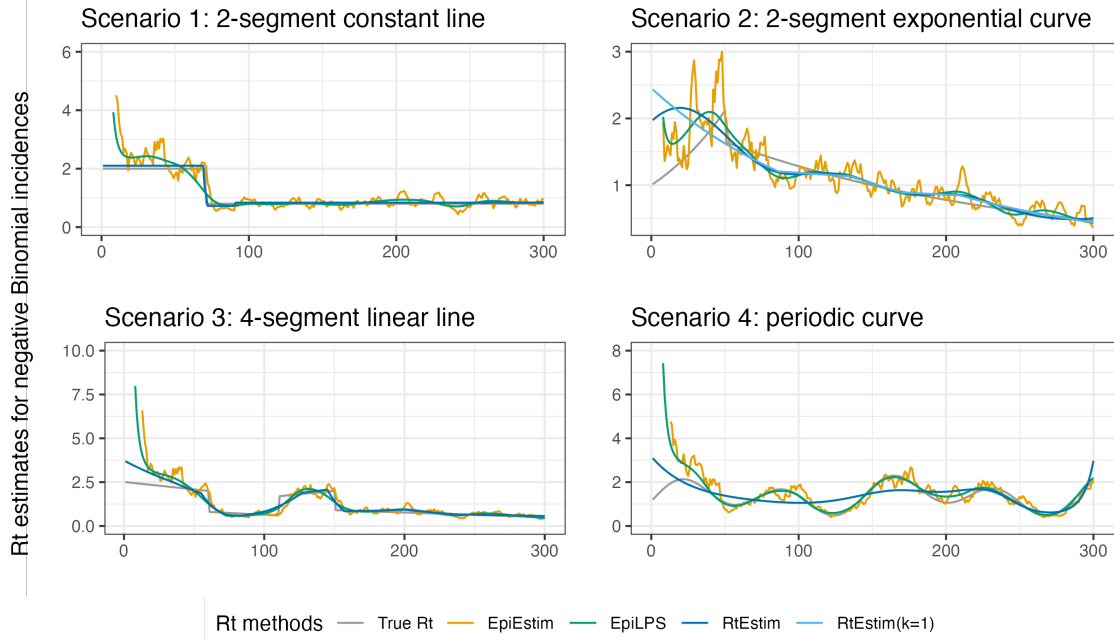


Figure 4: Effective reproduction number estimation for negative Binomial incidences. **RtEstim** ( $k=1$ ) is the alternative estimation using  $k = 1$  in Scenario 2. **ATTN: see comments on previous figure.**

**know what the previous sentence is trying to say.** Examining three different settings for  $k$ , the temporal evolution of  $\hat{\mathcal{R}}$  (across all regularization levels  $\lambda$ ) are similar near the highest peak around the end of 2021 before dropping shortly thereafter. Throughout the estimated curves, the peaks and troughs of the reproduction numbers precede the growth and decay cycles of confirmed cases, as expected. We also visualize 95% confidence bands for the point estimates at the optimal tuning parameter (in terms of MSE) in Figure 6. **ATTN: How did you calculate “best”**

The estimated reproduction numbers are relatively unstable before April 1st, 2022. The highest peak coincides with the emergence and global spread of the Omicron variant. The estimated reproduction numbers fall below 1 during two time periods—roughly from April 1st, 2021 to July 1st, 2021 and from January 1st, 2022 to April 1st, 2022. The first trough coincides with the introduction of Covid-19 vaccines in British Columbia. The second trough, shortly after the greatest peak may be due to variety of factors resulting in the depletion of the susceptible population such as increased self-isolation in response to the peak and media and immunity incurred via recent infection. Since around April 1st, 2022, estimated reproduction numbers have remained relatively stable (fluctuating around 1) corresponding to low reported cases (though reporting behaviours have also changed significantly since the Omicron wave).

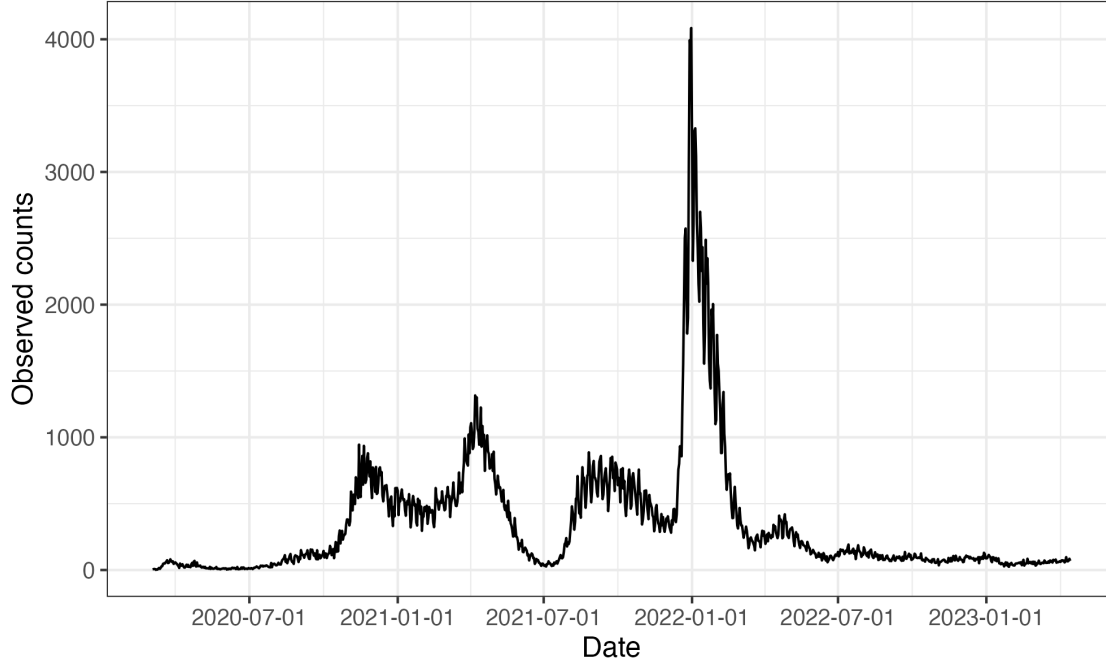


Figure 5: Covid-19 daily confirmed incident cases between March 1st, 2020 and April 15th, 2023 in British Columbia, Canada.

### 3.4 Pandemic influenza in Baltimore, Maryland, 1918

We also apply `RtEstim` to reported influenza cases in Baltimore, Maryland occurring during the world-wide pandemic of 1918. The dataset (shown in Figure 7) is included in the `EpiEstimR` package. The 1918 influenza outbreak, caused by the H1N1 influenza A virus, was an unprecedentedly deadly, infecting almost one-third of the population across the world (Taubenberger and Morens, 2006). In Figure 8, the CV-tuned piecewise cubic estimates best capture the growth at the beginning of the pandemic. It suggests that the pandemic grew rapidly over **ATTN: Is this really daily? Seems awfully fast. I suspect weekly. And possibly deaths?** the first 30 before declining below 1 when the after 50 days. However, it also suggests an increase toward the end of the period, while a steady decline (as in CV-tuned piecewise constant and linear estimates) may be more reasonable **ATTN: hard to say without more data for the next wave. I suspect that this is weekly data, and this would be the beginning of the next season. We should make sure.**

**ATTN: This sentiment is more appropriate to the discussion, I think.** The smoothness of  $\mathcal{R}_t$  curves should be chosen based on the purpose of the study in practice, e.g., epidemic forecasting may require a more wiggly curve that contains more fluctuation information, while retrospective studies that solely target on understanding of the pandemic may prefer a smoother curve with less important information smoothed out.

## 4 Discussion

The **RtEstim** methodology provides a locally adaptive estimator using Poisson trend filtering on univariate data. It captures the heterogeneous smoothness of effective reproduction numbers given observed incidence data rather than resulting in global smoothness. This is a nonparametric regression model which can be written as a convex optimization (minimization) problem. Minimizing the distance (averaged KL divergence per coordinate) between the estimators and (functions of) observations guarantees data fidelity while the divided differences between pairs of neighboring parameters imposes smoothness. The  $\ell_1$ -regularization results in sparsity of the divided differences, which leads to heterogeneous smoothness within certain periods of time.

The property of local adaptivity (heterogeneous smoothness) is useful to automatically distinguish, for example, seasonal outbreaks from outbreaks driven by other factors (behavioural changes, foreign introduction, etc.). Given a well-chosen polynomial degree, for example, the growth rates can be quickly detected, alerting public health to implement policy changes. The effective reproduction numbers can be estimated retrospectively to examine the efficacy of such policies, whether they result in  $\mathcal{R}_t$  falling below 1 or the speed of their effects.

Our method **RtEstim** provides a natural way to deal with missing data, for example, on weekends and holidays or due to changes in reporting frequency. While solving the convex optimization problem, the edge lengths of the line graphs are adjusted, correctly penalizing the distance between irregularly spaced data. Computing the total primary infectiousness is also easily generalized to irregular reporting by modifying the discretization of the serial interval distribution. Additionally, because the  $\ell_1$ -penalty introduces sparsity (operating like a median rather than a mean), this procedure is relatively insensitive to outliers compared to  $\ell_2$  regularization.

There are a number of limitations that may influence the quality of  $\mathcal{R}_t$  estimation. While our model is generic for incidence data, rather than tailored to any specific disease, it does assume that the generation interval is short relative to the period of data collection. More specialized methodologies would be required for diseases with long incubation periods such as HIV or Hepatitis. Our approach does not explicitly model imported cases, nor distinguish between subpopulations that may have different mixing behaviour. While the Poisson distribution is common, it does not handle overdispersion (observation variance larger than the mean). The negative binomial distribution is a good alternative, but more difficult to estimate in this context. As described in the introduction, justifying the expression for  $\mathcal{R}$  assumes that a relatively constant proportion of true infections are reported. However, if this proportion varies with time (say, due to change in surveillance practices and testing

recommendations), the estimates may be biased over this window. A good example is that in early January 2021, during the height of the Omicron wave, British Columbia moved from testing all symptomatic individuals to testing only those in at-risk groups. The result was a sudden change that would render  $\mathcal{R}_t$  estimates on either side of this time point incommensurable.

As currently implemented, `RtEstim` uses a fixed serial interval throughout the period of study, but as factors such as population immunity vary, the serial interval may vary as well (Nash et al., 2023). Another issue relates to the equating serial and generation intervals (also mentioned above). The serial interval distribution is generally wider than that of the generation interval, because the serial interval involves the convolution of two distributions, and is unlikely to actually follow a named distribution like Gamma, though it may be reasonably well approximated by one. Our implementation allows for an arbitrary distribution to be used, but requires the user to specify the discretization explicitly, requiring more nuanced knowledge than is typically available. Pushing this analysis further, to accommodate other types of incidence data (hospitalizations or deaths), a modified interval distribution would be necessary, and further assumptions would be required as well. Or else, one would first need to deconvolve deaths to infection onset before using our software.

ATTN: something final and positive to say?

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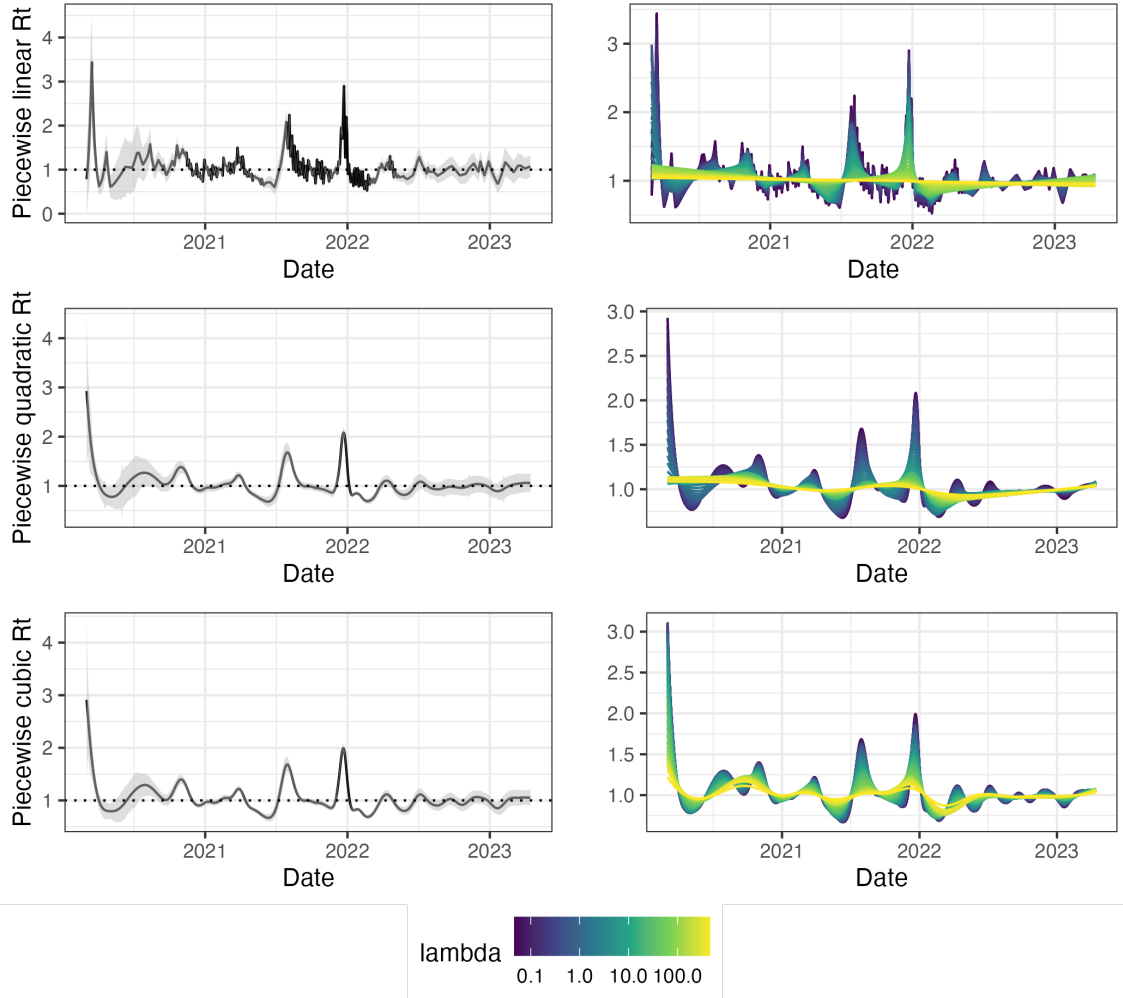


Figure 6: Estimated effective reproduction numbers for Covid19 daily confirmed counts between March 1st, 2020 and April 15th, 2023 in British Columbia, Canada. The left panels display the CV-tuned estimates with 95% confidence intervals. The right panels demonstrate estimates corresponding to 50 tuning parameters. The top, medium and bottom panels illustrate the estimated reproduction numbers ( $\mathcal{R}_t$ ) using the Poisson trend filtering (in Equation (4)) with degrees  $k = 1, 2, 3$  respectively.

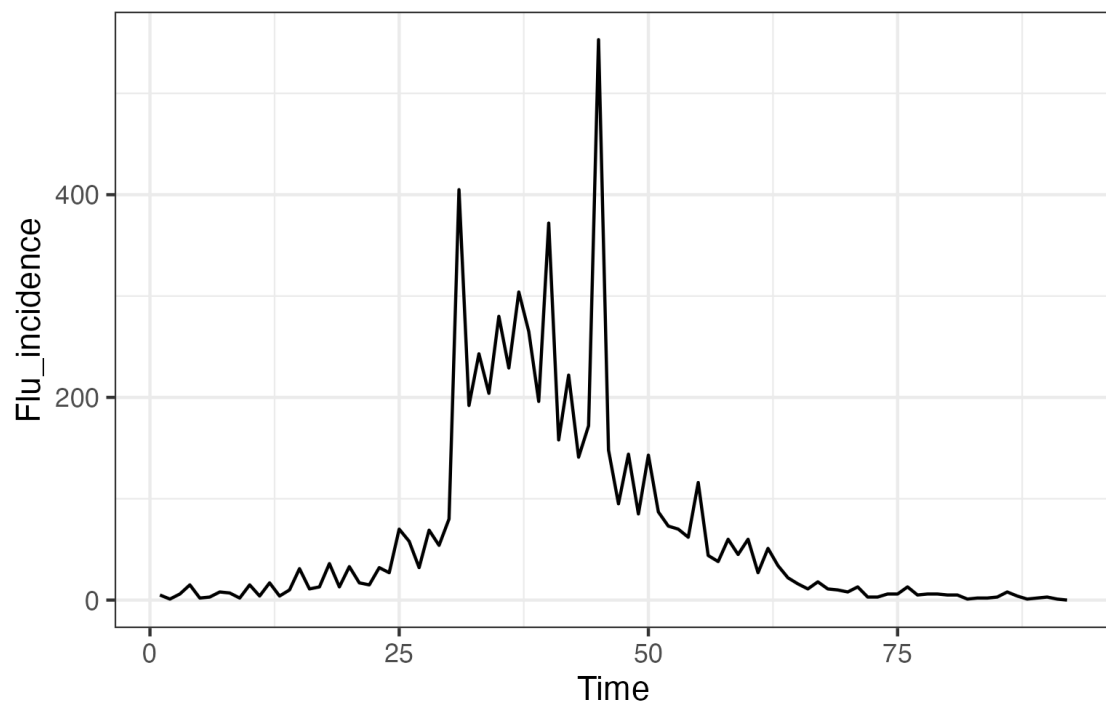


Figure 7: Influenza incidence counts in Baltimore, Maryland in 1918. **ATTN: The x-axis needs actual dates.**

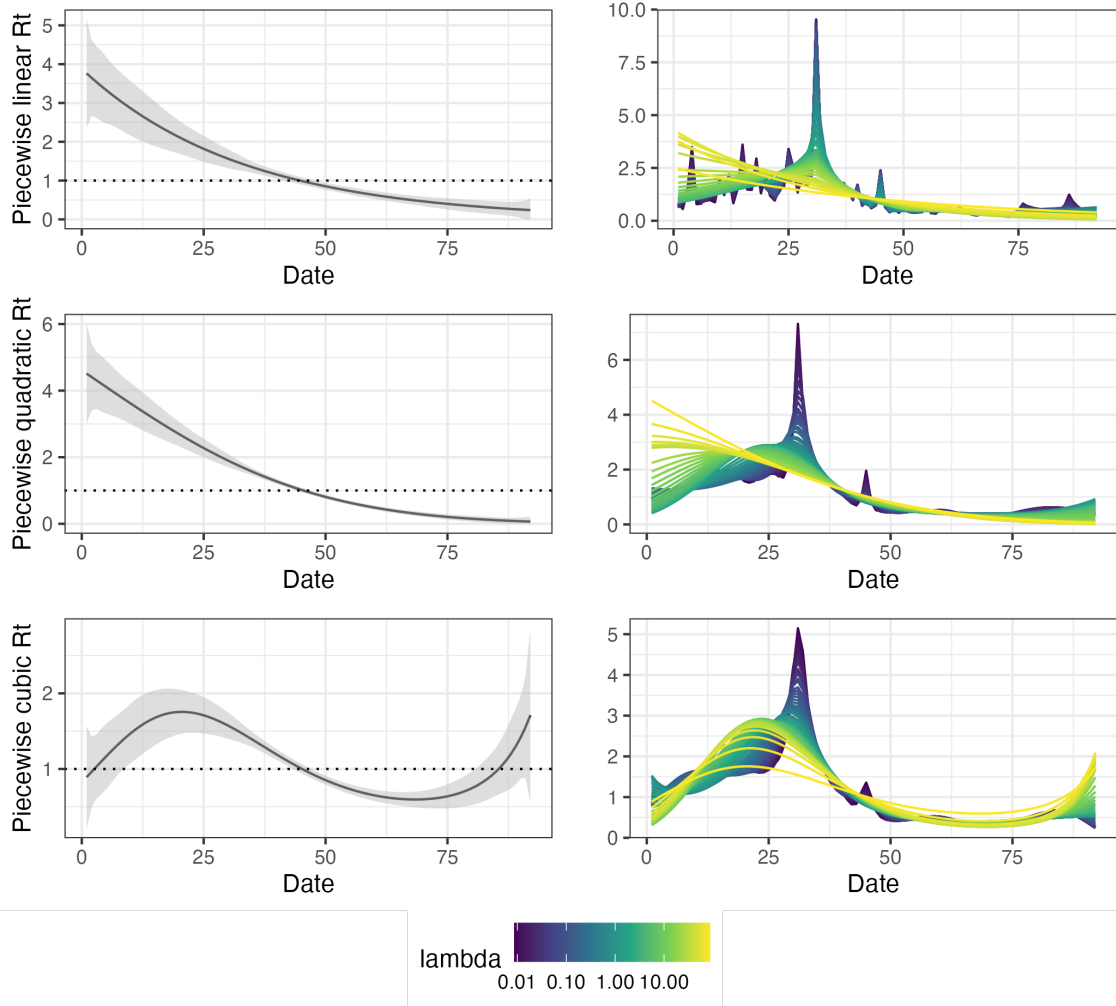


Figure 8: Estimated effective reproduction numbers for influenza in Baltimore, Maryland in 1918. The left column displays the CV-tuned estimates with 95% confidence bands. The right panels show estimates for all 50 tuning parameters under consideration. The rows (top to bottom) show estimated reproduction numbers ( $\mathcal{R}_t$ ) using the Poisson trend filtering (in Equation (4)) with degrees  $k = 1, 2, 3$  respectively.