



"Where Strangers become Listeners and Listeners become Soulmates."

# KAHANI THE SUMMER CAMP

**JULY 21,22** CHELLINGTON, **BEDFORD** 

**DAY 01** 

#### 2:30 PM - Check-in

Participants arrive, settle in and get familiar with the camp environment.







### 3:00 PM - Introduction & Ice Breaking

The camp's energy begins with a brief introduction and cheerful greetings. Ice-breaking activities to bring out the fun and helps everyone feel included.

#### 5:00 PM - Tea Break

A relaxing break with hot tea and snacks.

## 5:30 PM - Break away from everyday reality.

Fun-filled games and engaging activities designed to refresh your mind and lift your spirit. From laughter-packed challenges to creative team play, every moment brings joy, connection and a much needed mental reset.

#### 7:00 PM - Guest Talk

An inspiring session with a guest speaker sharing wisdom, stories or practical insights.







#### 8:00 PM - Feel the flow of Music

Artists take the stage, filling the air with joyful tunes and infectious beats. Campers relax, dance and simply enjoy the music under the stars.

## 9:00 PM - Tasting Time

A wholesome and satisfying meal shared in good company.

#### 9:30 PM - Stories Circle

A cozy storytelling session where participants can share experiences or listen to tales under the stars.

## 11:00 PM - Quiet Time

Rest and recharge for the next day.





## **DAY 02**

## 6:00 AM - Morning Sip

Early risers are treated to a soothing cup of tea.

### 6:30 AM - Lake Hiking

A guided walk through the village beauty to reconnect with nature and welcome the day.

#### **About Kingfisher Lake**

As you explore Harrold Odell Country Park, you'll come across the peaceful flow of the river and the serene expanse of Kingfisher Water—a haven for wildlife and a highlight of the park's natural beauty. This tranquil lake is a popular spot for birdwatching, with dedicated hides offering the chance to quietly observe kingfishers, herons, and other native species in their natural habitat. The surrounding paths invite quiet reflection and connection with nature, making it a memorable part of any visit.





## 8:00 AM - Morning Fuel

Nutritious breakfast to refuel after the walk.

## 10:00 AM – We listen but we don't judge

A heartwarming circle to reflect on the experience, feedback and express gratitude.

#### 11:00 AM - Check-out

participants bid farewell, taking memories, insights and new friendships with them.

A heartfelt celebration of storytelling, music, and togetherness. Designed as a oneday retreat, Kahani offers a refreshing pause from the hustle of everyday life.

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