

Job stress questionnaire

name() department() other() female()

* The following questions are related to your job. Please mark the answer that you think is closest to your opinion.

division	port neck	at all yes not	yes not	Yes	very Yes
job requirements	1. I have a lot of work to do and am always pressed for time.				
	2. The workload has increased significantly.				
	3. Sufficient rest (time) is provided during work performance.				
	4. You have to do several things at the same time.				
job autonomy	5. My job requires creativity.				
	6. A high level of skill or knowledge is required to perform my job.				
	7. You are given the authority to decide on certain issues during work hours and work performance, and can exercise influence.				
	8. I can control my workload and work schedule myself.				
relationship conflict	9. My supervisor helps me complete my work.				
	10. My coworkers help me complete my work.				
	11. When I am having a hard time at work, there is someone who recognizes and understands that I am having a hard time.				
job instability	12. My work situation is unstable and my future is uncertain.				
	13. There have been or are expected to be undesirable changes (e.g. restructuring) in my working conditions or situation.				
organizational system	14. Our company's personnel system, including work evaluation, promotion, and department assignment, is fair and reasonable.				
	15. Support for personnel, space, facilities, equipment, training, etc. required for work performance is well provided.				
	16. There is no friction between our department and other departments, and work cooperation is good.				
	17. There are opportunities and channels to reflect my thoughts about work.				
Inadequate compensation	18. Considering all my efforts and achievements, I am properly respected and trusted at work.				
	19. When I think that my situation will get better in the future, I work without realizing that it is difficult.				
	20. I am given the opportunity to develop and demonstrate my abilities.				
work culture	21. The company dinner table is uncomfortable.				
	22. I receive work instructions without standards or consistency.				
	23. The atmosphere at work is authoritative and vertical.				
	24. They are disadvantaged due to sexual differences between men and women.				