

**Sit down, bent torso,
legs folded at knees**



Raise two arms



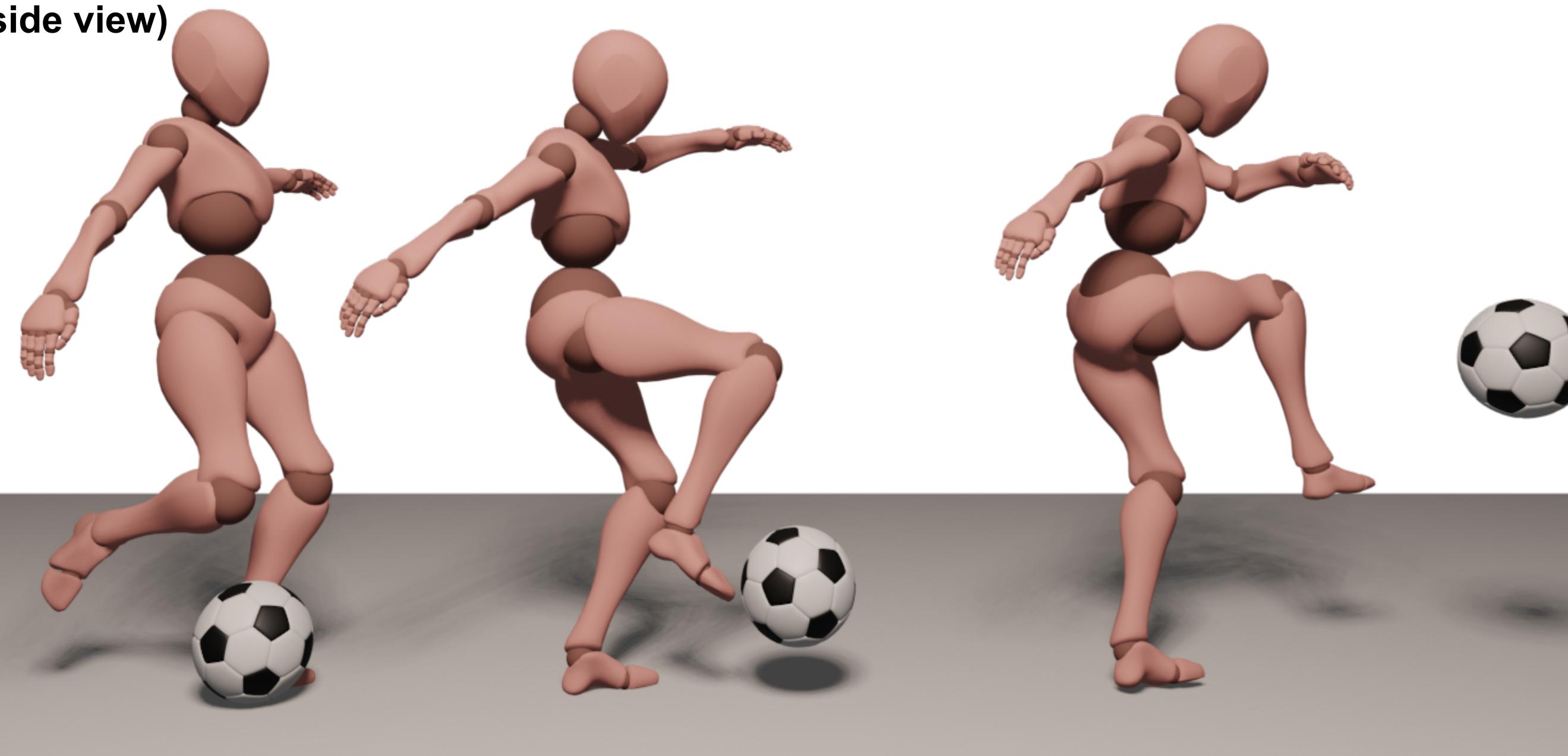
**Kick, left leg forward,
right leg retreats**



**Waltz dance, left foot
step backward, right
hand extends**



**Kick the white ball
(side view)**



**Kick the white ball
(front view)**



**Raise arm, open the door
(rear view)**

