# Where to Find Green .... In Wilmington

Green Grass, that is!

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#### Introduction:

- Green space is widely viewed as health-promoting, and positively linked to health benefits ..
- Our team recommends persuading more Wilmington residents to go out into City and State Parks, and
  - Swing on a swing,
  - ► Fly a kite, or just
  - "Prove" you can get there", for those with Accessibility challenges.

▶ We suggest a simple "Game" implementation.

#### "Where to Find Green":

- A. Challenges within Wilmington
- ▶ B. Primary Components
- C. Project Viability: Would anybody care?

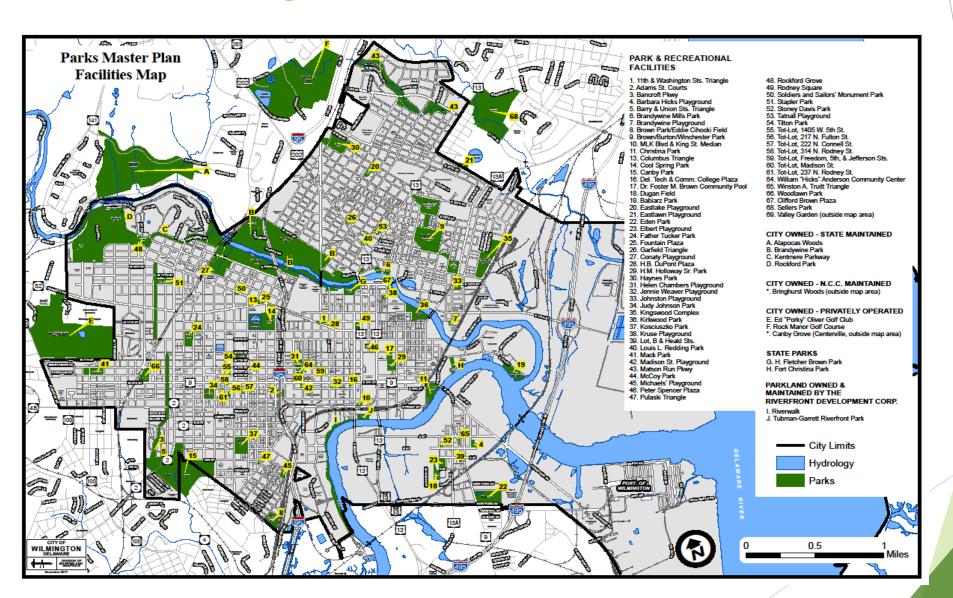
### A. Challenges within Wilmington

- 1. Green Spaces close to Home?
- 2. Who most needs "some Green"?
- 3. Parks in Proximity to SNAP HHs.

## A. Challenges: 1. Green Space close to home?

In January 2018, the Population Research Bureau (PBR) published their findings that urban dwellers, and particularly those in the lower income or socio-ethnic sectors, are less likely to take advantage of "Health-Promoting Improvements [that] are often concentrated in or convenient to more advantaged U.S. neighborhoods."

# A. Challenges: 1. Green Spaces close to home?



#### A. Challenges: 2. Who most needs "some Green"?

- PBR's findings apply in Wilmington, particularly for Low Income households, as measured by those receiving Food Stamp benefits
- ► Census Tracts in Wilmington hold an average of 3,000 people and follow "apparent boundaries" as much as possible.
- ► A Census Tract comparison allows a larger number of profile areas than Zip Codes.

#### A. Challenges: 2. Who most needs some "Green"?

Census Tracts where Households (HHs) receive Food Stamp SNAP benefits

#### **Colored Underlines represent:**

Red: 50-59% of HHs

Orange: 40-49%

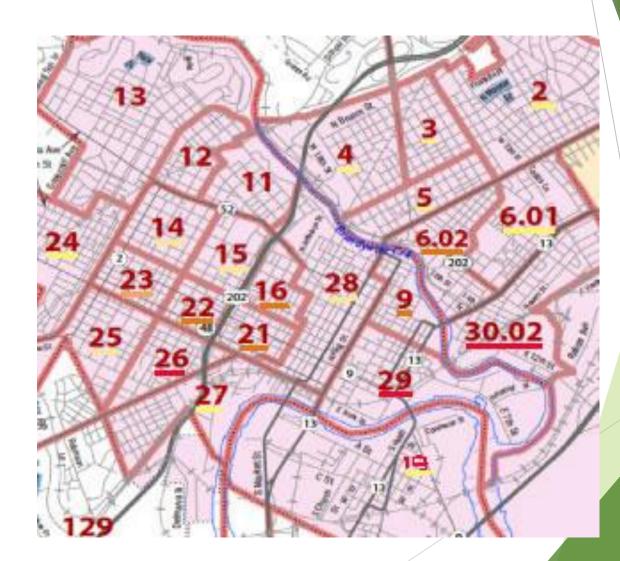
Lite Orange: 34% (cT 23 only)

Yellow: 20-29%

Lite yellow: 10-19%

Not underlined: less than 10%

Source: 2016 American Community Survey, 5-year survey, Table S2201.



# A. Challenges: 2. Who most needs some "Green"?

Food Stamp/SNAP HHs with at least one Child under 18

#### Sidebars represent:

▶ Purple: 70-78% HHs with Kids

Lite Purple: 60-69%

▶ Blue: 50-59%

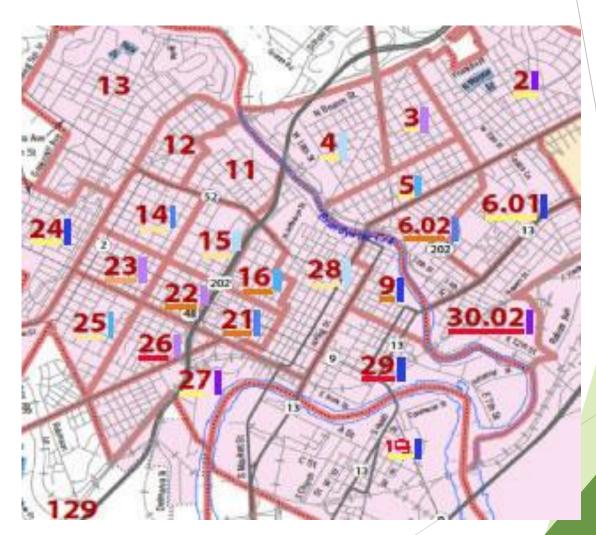
► Lite Blue: 40-49%

Turquoise: 30-39%

Lite Turquoise: 20-29%

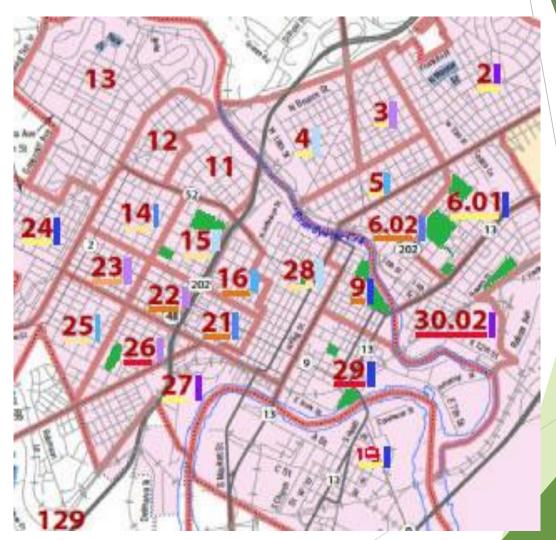
No sidebar: less than 19%

Source: 2016 American Community Survey, 5-year survey, Table S2201.



# A. Challenges: 3. Parks in Proximity to SNAP HHs

- Wilmington's largest parks are most often near areas with few or no SNAP Households
- The City does maintain at least one major park square or larger area in each of Downtown's four quadrants



# B. Project Components

- 1. Sample "going-outside" Game
- 2. Challenge Host's Website
- 3. Parks, and Places that "earn points"
- 4. Websites and Devices
- 5. "Nice to Have"

#### B. Project Components: 1. Sample "Game"

#### "Going Outside" Elements:

- Plant a vegetable in a public garden
- Identify 3 birds in each park
- Identify at least 3 trees in each park
- Ride a Wilmington city bus to get to a park or an event
  - Within a mile of your home
  - More than a mile from your home
  - ► Walk at least 2 miles
- Attend a music or arts Festival
- Fly a kite
- Suggests Multipliers for "challenges"

				_
{ Sponsor Logo }	Sponsor Name:	Your Name:		
Date you Played:				
Exploring Wilmington Parks	<u>Event</u>	Points	Your Point	
Plant a vegetable in a communit	y garden or park	4		
Identify at least 3 birds in each park you visit		3		
a.				
b.				
C.				
Identify at least 3 trees in each p	ark you visit	3		
a.				
b.				1
c.				_
Ride a Wilmington city bus to	get to a park or	event		
a. Within a mile of your home		3		
b. More than a mile from your	home	4		
c. Walk at least 2 miles		4		L
Attend a music or arts Festival		4		
Fly a kite		5		İ
Player Type Multipliers				
Youngster 6-16	2			
Young Adult (17-39)	1			
Older Adult (40-60)	1			
Senior (61+)	3			
Additional Points for				
with Bike	'+1			
with Baby & Stroller	'+3			
requires Mobility assistance	'+4			L

#### **B. Project Components:**

#### 2. Challenge Host's Website

- ▶ Where to start, if you want to play by the rules
- General Guidelines, with specific examples: eg., Where to post your score at regular intervals
- ► How to find friends and neighbors along the way
  - ► An example: Wilmington Parks Network: http://wilmingtonparksnet.wixsite.com/wilmparksnetwork
  - ► Some Social Media interaction, but with 'protections'
- A generalized License is included as an Appendix.

#### B. Project Components:

- 3. Parks, and Places that earn points
- ► City of Wilmington Parks (map on my page 6): https://www.wilmingtonde.gov/home/showdocument?id=394
- Wilmington events calendar https://www.visitwilmingtonde.com/events/
- ► Delaware "Points of Interest": https://data.delaware.gov/Recreation/Points-of-Interest/cxq8-rup6
  - You may work within your neighborhood, or stretch your capability into farther distances, points will vary!
    - ► Green" matters, but other events also earn points

#### B. Project Components:

#### 4. Websites and Devices

- DelDoT's free Travel App, in both Apple & Android [https://www.deldot.gov/mobile/]
- DelDoT is partnering with the Waze app
- Google Map's Bus and Walking routes in Downtown
- ► FirstMap's "Play Outside" example

You might be on camera, with DelDoT's Traffic Cameras!

# B. Project Components: 5. "Nice to have"

- "Location" address in EnergyEnviron's "list":
  - https://data.delaware.gov/Energy-and-Environment/State-Park-Programs/pu7t-3gai
- ► GPS or other "location" key in City of Wilmington Parks map (page 6 of this project)
- ► Recreation equipment listed for each Park
- Some indicator of the safety for youngsters, adults, the infirm, in Wilmington parks

# C. Project Viability: Would anybody "care"?

- ► Perhaps not, to a significant degree
- ► An earlier project from DNRes, a "Play Outside" component associated with FirstMap, was initiated, but not updated since 2/24/2017
- ▶ Yes, our idea is not new but has some resonance!
- By recommending a "Game" to "get folks outside", we also suggest parallel City and State improvements to Downtown recreation facilities.

#### C. Project Viability:

... in Conclusion:

- In a generalized comparison,
  - ► If fish cannot live in polluted streams,
  - How do we expect Low-Income folks to prosper in polluted neighborhoods?

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http://www1.udel.edu/V2G/researchgroups.html

Thank you for your attention.

APPENDIX: License associated with the Game suggested in this presentation:

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