

Post-Run Summary

 February 7, 2025 - 6:30 AM



Performance Highlights



Longest run this week!

Run Stats

0:07

Duration

0.00

Distance (mi)

-

Pace (min/mi)

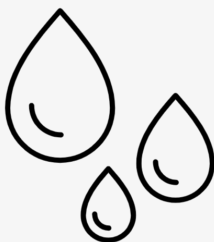
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Avg Pace (min/mi)

1

Calories

Personalized Insights



Hydration Reminder:
Drink at least 500ml of water!