

Food from South Africa

In the boxes below, write down everything that you know and have found out about food from South Africa. Which are the most popular dishes of South Africa? What ingredients and spices do they include? What impact have other cultures had on the cuisine of South Africa? Why is food important to South African culture?



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Disclaimer: The nature of this resource requires independent, learner-led research. It is advisable to use only pre-selected, appropriate sources of information and websites that are appropriate to their age. Due to this, we highly recommend that you carefully consider all research activities before undertaking them with learners.