

Tenth Annual
Bank of Kinderhook
OK 5k
June 7, 2008

Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Div	pl	Div	to	Time	Pace
1	Nick Conway	33	M	ALBANY	NY	1	13	15:35	5:01		
2	Chuck Terry	26	M	Albany	NY	1	15	15:38	5:02		
3	Andrew Allstadt	25	M	Endicott	NY	2	15	15:47	5:05		
4	Tim Caramore	26	M	EAST GREENBUSH	NY	3	15	16:04	5:11		
5	Dave Vona	25	M	Valatie	NY	4	15	16:31	5:19		
6	Jeff Michae Vona	21	M	Valatie	NY	1	16	16:52	5:26		
7	Tom O'Grady	23	M	ROESSLEVILLE	NY	2	16	16:55	5:27		
8	Ben Greenberg	39	M	VOORHEESVILLE	NY	1	22	16:56	5:27		
9	Justin Bishop	27	M	Colonie	NY	5	15	17:01	5:29		
10	Bradley Lewis	21	M	Troyau	NY	3	16	17:35	5:40		
11	Brian Northan	33	M	Guilderland	NY	2	13	17:39	5:41		
12	Vladimir Ilin	50	M	Albany	NY	1	31	17:55	5:46		
13	Eric Haywood	22	M	WEST STOCKBRIDG	MA	4	16	18:13	5:52		
14	Pete Nabozny	24	M	BROOKLYN	NY	5	16	18:20	5:54		
15	Joseph Pienta	25	M	Brooklyn	NY	6	15	18:31	5:58		
16	Rick Munson	51	M	PRATTSVILLE	NY	2	31	18:44	6:02		
17	Chuck Heaphy	44	M	Brooklyn	NY	1	27	18:49	6:04		
18	Eddie Habeck III	31	M	Ghent	NY	3	13	18:58	6:06		
19	Russell W Lauer	45	M	Kinderhook	NY	1	24	18:59	6:07		
20	Karen E Dolge	37	F	Valatie	NY	1	22	19:04	6:08		
21	Carl Matuszek	56	M	CHATHAM	NY	1	30	19:10	6:11		
22	Devin Frank Kelly	21	M	valatie	NY	6	16	19:17	6:13		
23	Kyle Foster	15	M	CASTLETON ON HU	NY	1	15	19:18	6:13		
24	Ryan Gildersleeve	17	M	Niverville	NY	2	15	19:19	6:14		
25	Michael Howard	42	M	Hudson	NY	2	27	19:26	6:16		
26	John Parisella	50	M	Schenectady	NY	3	31	19:41	6:21		

27	Kenneth Pierce	40	M	Hudson	NY	3	27	19:46	6:22
28	Avery Pellnat	15	M	STUYVESANT	NY	3	15	19:48	6:23
29	Joe Silver	24	M	Kinderhook	NY	7	16	19:53	6:24
30	Patrick C Lynskey	35	M	Castleton	NY	2	22	19:54	6:25
31	Amanda Jinks	27	F	Brooklyn	NY	1	23	19:59	6:26
32	Gerald DeChance III	20	M	Valatie	NY	8	16	20:00	6:27
33	Dan Michaud	49	M	EAST CHATHAM	NY	2	24	20:02	6:27
34	David Shumpert	37	M	Clifton Park	NY	3	22	20:06	6:28
35	Walter Rowl Butler	42	M	Philmont	NY	4	27	20:06	6:28
36	Thomas Hartnett Jr	19	M	ROTTERDAM	NY	4	15	20:06	6:29
37	Jack Connor	48	M	Hudson	NY	3	24	20:07	6:29
38	Ace Curtiss	54	M	LENOX	MA	4	31	20:11	6:30
39	Michael J. Bromm	48	M	VALLEY FALLS	NY	4	24	20:13	6:31
40	Alison Heaphy	41	F	North Chatham	NY	1	36	20:15	6:31
41	Craig Weidman	37	M	GLENMONT	NY	4	22	20:16	6:32
42	Rebecca Rowley	29	F	VALATIE	NY	2	23	20:27	6:35
43	Walker Cacciatore	15	M	STUYVESANT	NY	5	15	20:28	6:35
44	Ron Seyb	47	M	Ballston Spa	NY	5	24	20:29	6:36
45	Kasey Jakiela	15	M	Stuyvesant	NY	6	15	20:33	6:37
46	Terri Jordan	45	F	CLIFTON PARK	NY	1	29	20:36	6:38
47	Ken Lohmeyer	56	M	LIBERTY	NY	2	30	20:36	6:38
48	James Girmindl	52	M	Niverville	NY	5	31	20:44	6:41
49	Kimberly Miseno-Bow	37	F	Amsterdam	NY	2	22	20:45	6:41
50	Nicholas Accuosti	15	M	Valatie	NY	7	15	20:58	6:45

June 7, 2008

Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
51	Paul Bohl	45	M	EAST GREENBUSH	NY	6	24	20:58	6:45
52	Bryan Murray	31	M	Stuyvesant	NY	4	13	21:00	6:46
53	Matthew Phillips	20	M	Kinderhook	NY	9	16	21:00	6:46
54	Ross Wightman	12	M	Chatham	NY	1	49	21:01	6:46
55	Tom McManus	49	M	ATHENS	NY	7	24	21:07	6:48
56	Jordan Healy	12	M			2	49	21:15	6:51
57	Gaven Rolan Richard	34	M	Albany	NY	5	13	21:18	6:52
58	Andrew Gilchrist Sr	44	M	Cropseyville	NY	5	27	21:20	6:52
59	Nancy Taormina	49	F	Albany	NY	2	29	21:21	6:53
60	Anthony Altobelli	15	M	VALATIE	NY	8	15	21:23	6:53
61	Kim Seabury	41	F	Old Chatham	NY	2	36	21:27	6:55
62	Frank Scott	36	M	Somers	CT	5	22	21:29	6:55
63	Austin Fernandez	14	M	VALATIE	NY	3	49	21:36	6:57
64	Patrick LaChance	13	M	Hudson	NY	4	49	21:40	6:59
65	Kevin R Messineo	19	M	Nassau	NY	9	15	21:44	7:00
66	Ed Oldrich	35	M	Valatie	NY	6	22	21:47	7:01
67	glenn berninger	44	M	Ghent	NY	6	27	21:52	7:02
68	Brett Sears	35	M	ALBANY	NY	7	22	21:56	7:04
69	John Carlino	27	M	Schenectady	NY	7	15	21:56	7:04
70	Jeff Clark	50	M	GLENMONT	NY	6	31	21:58	7:05
71	Sam Matacchiero	14	M	Valatie	NY	5	49	21:59	7:05
72	Alec Puccio	12	M	CASTLETON ON HU	NY	6	49	22:00	7:05
73	Mary McPartlan	12	F	MARIETTA	GA	1	52	22:02	7:06
74	Deb Matacchiero	50	F	valatie	NY	1	17	22:03	7:06
75	Frank Healy	47	M	Castleton	NY	8	24	22:03	7:06
76	Bob Morris	17	M	NIVERVILLE	NY	10	15	22:04	7:06
77	Tim Perry-Coon	53	M	Latham	NY	7	31	22:08	7:08
78	Joe Murphy	41	M	WATERVLIET	NY	7	27	22:11	7:09
79	Ricky Cummings	14	M	STUYVESANT	NY	7	49	22:13	7:09
80	GUENTER BOCHEM	55	M	KINDERHOOK	NY	3	30	22:20	7:12

81	MICHAEL CHAMBERS	39	M	NEW YORK	NY	8	22	22:26	7:14
82	Hannah Springer	16	F	EAST NASSAU	NY	1	10	22:27	7:14
83	Frank Rees	49	M	Hudson	NY	9	24	22:28	7:14
84	Dan Leinung	23	M	Valatie	NY	10	16	22:37	7:17
85	Harry Matrese	53	M	RENSSELAER	NY	8	31	22:44	7:19
86	Frank Broderick	56	M	Ballston Lake	NY	4	30	22:56	7:23
87	Willie Costello	21	M	Valatie	NY	11	16	22:58	7:24
88	Cody Price	15	M	NIVERVILLE	NY	11	15	23:03	7:25
89	Paul Hoff	28	M	VALATIE	NY	8	15	23:03	7:26
90	MICHAEL BRENNAN	38	M	VALATIE	NY	9	22	23:04	7:26
91	Jon Meredith	41	M	Kinderhook	NY	8	27	23:08	7:27
92	Paul Turner	58	M	DELMAR	NY	5	30	23:08	7:27
93	Daniel Prosser	57	M	Philmont	NY	6	30	23:12	7:28
94	Jessica Van Alstyne	35	F	Austerlitz	NY	3	22	23:13	7:29
95	Rick Cummings	43	M	Stuyvesant	NY	9	27	23:16	7:30
96	Brian Kelly	52	M	Valatie	NY	9	31	23:21	7:31
97	Thomas Scalzo	23	M	KINDERHOOK	NY	12	16	23:29	7:34
98	Felipe Londono	32	M	KINDERHOOK	NY	6	13	23:30	7:34
99	Bill Jennings	51	M	Columbiaville	NY	10	31	23:31	7:35
100	Michael Lee Kipp	46	M	Kinderhook	NY	10	24	23:34	7:35

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Record	Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)
Place Name	Age S City St Divpl Divto Time Pace

=====	=====	=====	=====	=====	=====	=====	=====
101	Shylah Weber	20	F	Nassau	NY	1	10 23:37 7:36
102	Richard Phillips	53	M	Kinderhook	NY	11	31 23:40 7:37
103	Kristen Wangerin	24	F	Watervliet	NY	2	10 23:42 7:38
104	Ian Hansberger	25	M	EAST GREENBUSH	NY	9	15 23:45 7:39
105	Hilary Ferrone	42	F	Spencertown	NY	3	36 23:47 7:39
106	Richard Tucksmith	44	M	CHATHAM	NY	10	27 23:47 7:40
107	Laura DiGrigoli	34	F	Niverville	NY	1	20 23:48 7:40
108	Sydney Sericolo	12	F	VALATIE	NY	2	52 23:51 7:41
109	Courtney Dobkins	34	F	ALBANY	NY	2	20 23:55 7:42
110	Ryan Krupka	12	M			8	49 23:57 7:43
111	Frank Klose	65	M	CASTLETON ON HU	NY	1	4 23:59 7:43
112	Cameron Thompson	23	M	Kinderhook	NY	13	16 23:59 7:43
113	Alexys Wiggle	29	F	Hudson	NY	3	23 23:59 7:44
114	Jaime Rodriguez	27	M	Albany	NY	10	15 24:00 7:44
115	Thomas Eastman	28	M	STUYVESANT	NY	11	15 24:07 7:46
116	Devyn Fernandez	11	M	VALATIE	NY	9	49 24:10 7:47
117	Susan Wong	60	F	GLENMONT	NY	1	3 24:13 7:48
118	Max Flatow	12	M			10	49 24:15 7:49
119	Kevin Maloy	51	M	Valatie	NY	12	31 24:15 7:49
120	Linda Reed	50	F	Ghent	NY	2	17 24:18 7:50
121	matthew hanley	36	M	brooklyn	NY	10	22 24:19 7:50
122	Maura Theriault	40	F	Schenectady	NY	4	36 24:20 7:50
123	Gerard McPartlan	49	M	MARIETTA	GA	11	24 24:21 7:50
124	Ralph Gartner	41	M	VALATIE	NY	11	27 24:22 7:51
125	Kristina Hubert	30	F	Red Hook	NY	3	20 24:24 7:51
126	Josh Welden	22	M	STUYVESANT	NY	14	16 24:25 7:52
127	Amanda Van Alstyne	30	F	spencertown	NY	4	20 24:30 7:54
128	Erik Hansen	15	M	HUDSON	NY	12	15 24:33 7:54
129	Mary Shufelt	44	F	Old Chatham	NY	5	36 24:36 7:55
130	Hannah Riordan	13	F	Nassau	NY	3	52 24:39 7:56
131	Melissa Clarke	24	F	ALBANY	NY	3	10 24:41 7:57
132	Daniel Ernst	43	M	COHOES	NY	12	27 24:42 7:57
133	Bryce Perry	11	M			11	49 24:47 7:59
134	Timothy Lesar	53	M	Mechanicville	NY	13	31 24:50 8:00

135	Jim Cochran	59	M	RENSSELAER	NY	7	30	24:55	8:02
136	Julie Keating	38	F	Kinderhook	NY	4	22	24:57	8:02
137	Jill Marie Risko	12	F	East Nassau	NY	4	52	24:58	8:02
138	Suzanne Wightman	48	F	Chatham	NY	3	29	24:59	8:03
139	Jayne Zinke	65	F	Valatie	NY	1	7	25:00	8:03
140	Katharine Sager	25	F	STUYVESANT	NY	4	23	25:03	8:04
141	Jason Lyder	36	M	Danbury	CT	11	22	25:04	8:04
142	Stephanie DeFrances	25	F	East Greenbush	NY	5	23	25:04	8:04
143	Brandon Vilorio	27	M	East Greenbush	NY	12	15	25:05	8:05
144	David Desmonie	33	M	Valatie	NY	7	13	25:06	8:05
145	Matt Gildersleeve	14	M	VALATIE	NY	12	49	25:07	8:05
146	Greg Reed	51	M	Ghent	NY	14	31	25:08	8:06
147	Eric Jordan	34	M	Wellsville	NY	8	13	25:08	8:06
148	Bill Barford	55	M	Valatie	NY	8	30	25:12	8:07
149	Alexis Lohmiller	15	F	VALATIE	NY	2	10	25:13	8:07
150	Hilary Clauss	41	F	VALATIE	NY	6	36	25:14	8:08

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
151	Stephen Chenette	58	M	East Greenbush	NY	9	30	25:15	8:08
152	Parker Race	50	M	Albany	NY	15	31	25:16	8:08
153	Daniel Samson	44	M	Delmar	NY	13	27	25:17	8:09

154	Allan Bryan Richter	41	M	Delmar	NY	14	27	25:18	8:09
155	Chris Johnson	50	M	Pittsfield	MA	16	31	25:19	8:09
156	Glenn Herbert	50	M	KINDERHOOK	NY	17	31	25:23	8:10
157	Cailin Brennan	30	F	KINDERHOOK	NY	5	20	25:23	8:11
158	Kayla Samascott	24	F	Kinderhook	NY	4	10	25:24	8:11
159	John Collins	49	M	Kinderhook	NY	12	24	25:26	8:12
160	Carolyn Jolly	16	F	North Chatham	NY	3	10	25:27	8:12
161	Andrew Johnston	41	M	Valatie	NY	15	27	25:28	8:12
162	Lee Soja	12	M			13	49	25:31	8:13
163	Evan Burgess	10	M	CANAAN	NY	14	49	25:34	8:14
164	Victoria Engel	29	F	Hudson	NY	6	23	25:39	8:16
165	Bill Mathews	54	M	Kinderhook	NY	18	31	25:41	8:16
166	Tim Moran	46	M	Valatie	NY	13	24	25:42	8:17
167	Alton MacDonald	49	M	Germantown	NY	14	24	25:42	8:17
168	Jennifer Meissner	32	F	AVERILL PARK	NY	6	20	25:46	8:18
169	Steven Keller	58	M	Averill Park	NY	10	30	25:47	8:18
170	Adrian Barber	11	M			15	49	25:51	8:19
171	Peter Aitken	11	M			16	49	25:52	8:20
172	Joyce Poulin	47	F	Amsterdam	NY	4	29	25:54	8:20
173	James Louison	53	M	AMSTERDAM	NY	19	31	25:55	8:21
174	Mark Fleszar	58	M	Troy	NY	11	30	25:58	8:22
175	Stacia Smith	37	F	NISKAYUNA	NY	5	22	25:59	8:22
176	Becky Hoff	28	F	VALATIE	NY	7	23	26:00	8:22
177	James F Perry	49	M	Castleton	NY	15	24	26:06	8:25
178	Raymond Eggert	54	M	East Greenbush	NY	20	31	26:09	8:25
179	Richard Valliere	54	M	Stuyvesant	NY	21	31	26:12	8:26
180	Reny Hoffman	10	M			17	49	26:14	8:27
181	Patrick Crowley	48	M	CASTLETON ON HU	NY	16	24	26:15	8:27
182	Gerard Kelly	56	M	HUDSON	NY	12	30	26:15	8:27
183	Andrea J Faoro	31	F	Slingerlands	NY	7	20	26:16	8:28
184	Greg Sherwood	26	M	ALBANY	NY	13	15	26:16	8:28
185	Robert Gilchrist	14	M	Cropseyville	NY	18	49	26:20	8:29
186	Fred Anders	58	M	VALATIE	NY	13	30	26:20	8:29
187	Leigh McNeil	51	M	Waterford	NY	22	31	26:23	8:30
188	Morgan VanAlstyne	15	F	Kinderhook	NY	4	10	26:23	8:30

189	Thomas Neufeld	60	M	Valatie	NY	1	13	26:24	8:30
190	Susan Pienta	23	F	VALATIE	NY	5	10	26:24	8:30
191	Chelsea Bell	17	F	VALATIE	NY	5	10	26:26	8:31
192	Gerald Sun	64	M	Brooklyn	NY	2	13	26:27	8:31
193	Deryck Culley	38	M	Chatham	NY	12	22	26:27	8:31
194	Martin Patrick	54	M	EAST GREENBUSH	NY	23	31	26:28	8:31
195	Kelliann Cummings	44	F	Stuyvesant	NY	7	36	26:30	8:32
196	Jill McGarry	39	F	Claverack	NY	6	22	26:31	8:32
197	Jim Hotaling	67	M	Niverville	NY	2	4	26:32	8:33
198	Ken Baccaro	40	M	CHATHAM	NY	16	27	26:35	8:34
199	Brian Daggett	53	M	KINDERHOOK	NY	24	31	26:36	8:34
200	Sharon Syke Fellner	46	F	Schenectady	NY	5	29	26:39	8:35

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Record	Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)								
Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
=====	=====	===	=	=====	==	=====	=====	=====	=====
201	Tommy Miller	10	M			19	49	26:42	8:36
202	Erika Butler	41	F	DELMAR	NY	8	36	26:44	8:37
203	Christine Nytransky	34	F	Hudson	NY	8	20	26:47	8:38
204	nanette hatch	42	F	waterford	NY	9	36	26:48	8:38
205	Andrew Wilson	37	M	Kinderhook	NY	13	22	26:48	8:38
206	Joanna Tremper	38	F	EAST CHATHAM	NY	7	22	26:49	8:38
207	Tanah Corelli	51	F	LATHAM	NY	3	17	26:51	8:39

208	Peter Applebee	39	M	Delmar	NY	14	22	26:52	8:39
209	David Nealon	58	M	Troy	NY	14	30	26:53	8:40
210	Nicoleen Wiklarek	14	F	STUYVESANT	NY	5	52	26:54	8:40
211	Joanne Nolette	47	F	Rensselaer	NY	6	29	26:55	8:40
212	Judy Lynch	58	F	CASTLETON ON HU	NY	1	9	27:00	8:42
213	Sarah Plitnick	11	F	CASTLETON ON HU	NY	6	52	27:02	8:42
214	Rhobie Langwig	27	F	ALBANY	NY	8	23	27:02	8:43
215	Tom Currie	32	M	ALBANY	NY	9	13	27:05	8:43
216	Steven Hicks	55	M	SCHODACK LANDIN	NY	15	30	27:07	8:44
217	anne sager	40	F	voorheesville	NY	10	36	27:08	8:44
218	Tal Rappleyea	44	M	Valatie	NY	17	27	27:08	8:44
219	Madeline Connolly	44	F	Castleton	NY	11	36	27:10	8:45
220	Joseph Brennan	62	M	SLINGERLANDS	NY	3	13	27:17	8:47
221	Kathi Davi	50	F	Hudson	NY	4	17	27:19	8:48
222	Matthew Hen VanDerb	35	M	Kinderhook	NY	15	22	27:23	8:49
223	Dana VanAlstyne	46	F	Kinderhook	NY	7	29	27:23	8:49
224	Ed Fertik	61	M	PHILMONT	NY	4	13	27:25	8:50
225	Lexie Keenan	10	F			7	52	27:25	8:50
226	Jessica Allen	24	F	WATERFORD	NY	6	10	27:26	8:50
227	Joe Malone	26	M	ROESSLEVILLE	NY	14	15	27:28	8:51
228	Michael Cowell	33	M	Mechanicville	NY	10	13	27:32	8:52
229	Kim M Law	50	F	East Greenbush	NY	5	17	27:32	8:52
230	Karen Smith	44	F	CASTLETON ON HU	NY	12	36	27:33	8:52
231	John Lichak	55	M	Nassau	NY	16	30	27:33	8:53
232	Bonnie Illenberg	45	F	CASTLETON ON HU	NY	8	29	27:35	8:53
233	Caliber Bolt	11	M			20	49	27:40	8:55
234	Hope Desmomonie	33	F	GHENT	NY	9	20	27:43	8:55
235	Barbara Light	43	F	Nassau	NY	13	36	27:43	8:56
236	Karen Ressler	41	F	Kinderhook	NY	14	36	27:44	8:56
237	Greg Benson	65	M	East Nassau	NY	3	4	27:46	8:57
238	Susan Lesar	54	F	Mechanicville	NY	6	17	27:46	8:57
239	Lynn Dykeman	29	F	HUDSON	NY	9	23	27:48	8:57
240	Laurie Kelly	47	F	Valatie	NY	9	29	27:50	8:58
241	Russell Monroe	52	M	CHATHAM	NY	25	31	27:50	8:58
242	John R Montgomery	55	M	Clifton Park	NY	17	30	27:52	8:59

243	Thomas Alan Montgom	57	M	Clifton Park	NY	18	30	27:57	9:00
244	Kevin M. Colwell	37	M	Niverville	NY	16	22	27:59	9:01
245	Chris Robinson	19	M	NISKAYUNA	NY	13	15	28:01	9:01
246	Kate Pentland	24	F	NISKAYUNA	NY	7	10	28:01	9:01
247	Meghan Elli Gavin	28	F	Hudson	NY	10	23	28:11	9:05
248	Annie Solomon	55	F	Kinderhook	NY	2	9	28:11	9:05
249	Dan Brooks	37	M			17	22	28:12	9:05
250	Margaret Phillips	55	F	East Schodack	NY	3	9	28:12	9:05

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
251	Mike Nelson	45	M	Glenside	PA	17	24	28:13	9:05
252	Keri Walsh	26	F	MC KOWNVILLE	NY	11	23	28:14	9:06
253	Matthew McComb	30	M	MC KOWNVILLE	NY	11	13	28:14	9:06
254	Melissa Naegeli	42	F	Stuyvesant	NY	15	36	28:14	9:06
255	Gavin Clark-Gartner	13	M	VALATIE	NY	21	49	28:15	9:06
256	Kevin Murphy	37	M	Kinderhook	NY	18	22	28:17	9:06
257	Thomas Scandura	17	M	Kinderhook	NY	14	15	28:21	9:08
258	Jacci Stoliker	29	F	Red Hook	NY	12	23	28:26	9:09
259	Anthony DeChance	12	M	VALATIE	NY	22	49	28:28	9:10
260	Greg Taylor	61	M	DELMAR	NY	5	13	28:28	9:10
261	lawrence ma seward	63	M	clifton Park	NY	6	13	28:29	9:10

262	Chris Abbott	24	M	Slingerlands	NY	15	16	28:30	9:11
263	Barbara Sorrell	51	F	DELMAR	NY	7	17	28:32	9:11
264	Elisa Schneider	42	F	TROY	NY	16	36	28:37	9:13
265	Kimberly Framarin	25	F	VALATIE	NY	13	23	28:37	9:13
266	David Paul Durkin	59	M	Rennselaer	NY	19	30	28:45	9:16
267	Joelle Swere	41	F	VALATIE	NY	17	36	28:47	9:16
268	Reychel Webster	12	F	STUYVESANT	NY	8	52	28:48	9:16
269	Caleb Ehlers	11	M	SCHODACK LANDIN	NY	23	49	28:48	9:17
270	Michael T Bennett	40	M	Castleton	NY	18	27	28:49	9:17
271	Stephanie Bell	44	F	VALATIE	NY	18	36	28:50	9:17
272	Bill McLaughlin	55	M	Castleton	NY	20	30	28:51	9:18
273	David Sullivan	63	M	KINDERHOOK	NY	7	13	28:52	9:18
274	Julie Hamra Johnson	38	F	Kinderhook	NY	8	22	28:53	9:18
275	Caleb Beth Cordato	12	M	Hudson	NY	24	49	28:54	9:18
276	Alysa Kelly	10	F			9	52	28:58	9:20
277	Donna Finck	45	F	Hudson	NY	10	29	28:59	9:20
278	Erika Heiner	26	F	HUDSON	NY	14	23	28:59	9:20
279	Robin Benziger	49	F	Kinderhook	NY	11	29	29:04	9:22
280	Frank Barrie	58	M	ALBANY	NY	21	30	29:08	9:23
281	Vincen Pierce	14	M	HUDSON	NY	25	49	29:09	9:23
282	Janet Starace	52	F	STUYVESANT	NY	8	17	29:09	9:23
283	Mathew Perry	37	M	PHILMONT	NY	19	22	29:13	9:25
284	Jennifer Ketchum	33	F	Chatham	NY	10	20	29:17	9:26
285	Bill Accuosti	42	M	VALATIE	NY	19	27	29:22	9:27
286	Marie Brady	12	F	CASTLETON ON HU	NY	10	52	29:23	9:28
287	Allyson Webster	36	F	Stuyvesant	NY	9	22	29:24	9:28
288	Martha Crowley	12	F	CASTLETON ON HU	NY	11	52	29:28	9:29
289	Emily Factean	10	F	NASSAU	NY	12	52	29:30	9:30
290	Barbara Flynn	46	F	Valatie	NY	12	29	29:31	9:31
291	Shelley Johnston	40	F	VALATIE	NY	19	36	29:32	9:31
292	Nate Bryda	12	M			26	49	29:33	9:31
293	Michael Pulver	52	M	Kinderhook	NY	26	31	29:39	9:33
294	Sue Hostig	52	F	WATERFORD	NY	9	17	29:42	9:34
295	Sarah Risko	13	F	EAST NASSAU	NY	13	52	29:46	9:35
296	Paul Scott	10	M			27	49	29:49	9:36

297	Jan Poznanski	56	M	Castleton	NY	22	30	29:50	9:36
298	Brendan Connor	15	M	Hudson	NY	15	15	29:51	9:37
299	Dave O'Donnell	43	M	CASTLETON ON HU	NY	20	27	29:53	9:38
300	Cheryl LaRose	28	F	Delmar	NY	15	23	29:57	9:39

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
301	Karen Brady	43	F	Castleton on th	NY	20	36	29:57	9:39
302	Terry Labbie	32	F	Niverville	NY	11	20	29:58	9:39
303	sibyl Jacobson	65	F	Canaan	NY	2	7	29:58	9:39
304	Jud Hoffman	12	M			28	49	30:00	9:40
305	Jason Dingman	31	M	VALATIE	NY	12	13	30:00	9:40
306	Bonnie Newkirk	67	F	Ghent	NY	3	7	30:01	9:40
307	Tracy Nytransky	31	F	Hudson	NY	12	20	30:02	9:40
308	Anna Nadeau	55	F	Valatie	NY	4	9	30:03	9:41
309	Megan Sherwood	18	F	KINDERHOOK	NY	6	10	30:05	9:41
310	Lauren Sherwood	21	F	KINDERHOOK	NY	8	10	30:08	9:42
311	Deborah Torey-Phibb	42	M	CASTLETON ON HU	NY	21	27	30:09	9:42
312	Tom Howe	58	M	Rensselaer	NY	23	30	30:10	9:43
313	Jeff Burke	28	M	SCHENECTADY	NY	15	15	30:11	9:43
314	Jessa Waterhouse	24	F	VALATIE	NY	9	10	30:12	9:43
315	James S Waterhouse	54	M	Valatie	NY	27	31	30:13	9:44

316	Meghan Heimroth	27	F	East Greenbush	NY	16	23	30:13	9:44
317	Norm Bullinger	12	M	CASTLETON ON HU	NY	29	49	30:14	9:44
318	Mike Leamy	60	M	Valatie	NY	8	13	30:18	9:45
319	michael hall	51	M	albany	NY	28	31	30:21	9:46
320	Brianne Collins	26	F	EAST GREENBUSH	NY	17	23	30:23	9:47
321	Michael Peters	12	M	CASTLETON ON HU	NY	30	49	30:25	9:48
322	Natalie Taylor	38	F	Wilton	NY	10	22	30:28	9:49
323	Christine E James	14	F	Valatie	NY	14	52	30:29	9:49
324	Susanne Keller	46	F	Averill Park	NY	13	29	30:32	9:50
325	Genesis Alvarado	11	F			15	52	30:33	9:50
326	Heather Hay	12	F			16	52	30:40	9:53
327	Gillian M Roach	20	F	Castleton	NY	10	10	30:42	9:53
328	Donna Smith	42	F	valatie	NY	21	36	30:43	9:53
329	Stefanie Jo Pitts	33	F	Schenectady	NY	13	20	30:44	9:54
330	Lynn Bartlett	42	F	Valatie	NY	22	36	30:46	9:54
331	Merry Sheils	59	F	NEW YORK	NY	5	9	30:46	9:55
332	Nan Mullenneaux	45	F	AVERILL PARK	NY	14	29	30:48	9:55
333	Cameron Renslow	12	F			17	52	30:50	9:56
334	Beau Conley	37	M	ROESSLEVILLE	NY	20	22	30:52	9:56
335	Walt Michaud	51	M	Valatie	NY	29	31	30:53	9:57
336	Nicholas Carner	10	M	CASTLETON ON HU	NY	31	49	30:58	9:58
337	Donna Miche Leonard	32	F	Troy	NY	14	20	31:00	9:59
338	Caitlyn Mainlyn	13	F	CASTLETON ON HU	NY	18	52	31:01	9:59
339	Maggie Crowley	49	F	Allston	MA	15	29	31:11	10:02
340	Kylee Arno	10	F			19	52	31:12	10:03
341	Jill Frankoski	39	F	West Sand Lake	NY	11	22	31:17	10:04
342	Emma Myers	11	F			20	52	31:21	10:06
343	Richard Dou Barrows	64	M	Orange Park	FL	9	13	31:26	10:07
344	John Myers	44	M	Castleton	NY	22	27	31:29	10:08
345	Sue Nealon	58	F	Troy	NY	6	9	31:29	10:08
346	Jennifer Lawrence	49	F	West Sand Lake	NY	16	29	31:34	10:10
347	Victoria Phibbs	13	F	CASTLETON ON HU	NY	21	52	31:35	10:10
348	Alicia Razanousky	13	F	Stuyvesant	NY	22	52	31:41	10:12
349	joanna giltner	47	F	Kinderhook	NY	17	29	31:42	10:12
350	Daniel Main III	10	M			32	49	31:42	10:13

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Record	Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)								
Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
=====	=====	===	=	=====	==	=====	=====	=====	=====
351	Kate Brass	43	F	Saint Petersbur	FL	23	36	31:42	10:13
352	Cathy Reed	48	F	CASTLETON ON HU	NY	18	29	31:43	10:13
353	Isabella Nelson	11	F	CASTLETON ON HU	NY	23	52	31:43	10:13
354	tim richard nelson	42	M	castleton	NY	23	27	31:44	10:13
355	Kerry Golden	10	F			24	52	31:47	10:14
356	Laurie Beth Cordato	48	F	Hudson	NY	19	29	31:48	10:14
357	Kelly Healy	13	F	Castleton	NY	25	52	31:57	10:17
358	J. Mark Browne	51	M	Kinderhook	NY	30	31	31:57	10:17
359	Charlot Browne	15	F	Kinderhook	NY	7	10	32:02	10:19
360	sheila Mari Golden	42	F	Delmar	NY	24	36	32:03	10:19
361	Katarina Lichak	9	F	Nassau	NY	26	52	32:05	10:20
362	geraldine m nabozny	50	F	valatie	NY	10	17	32:06	10:20
363	Travis Bryant	24	M	Cohoes	NY	16	16	32:06	10:20
364	Maryse Folmsbee	50	F	CHATHAM	NY	11	17	32:08	10:21
365	Daniel Wellner	73	M	Hillsdale	NY	1	6	32:09	10:21
366	Tom Rutkowski	57	M	GLENMONT	NY	24	30	32:12	10:22
367	Bob Ricketson	62	M	CATSKILL	NY	10	13	32:22	10:25
368	Elizabeth Roberts	10	F			27	52	32:25	10:26
369	Richard Eckhardt	74	M	MC KOWNVILLE	NY	2	6	32:29	10:27

370	Kayley Fountain	10	F			28	52	32:29	10:28
371	Christina Yager	40	F	Castleton	NY	25	36	32:29	10:28
372	Alecia Sears	34	F	ALBANY	NY	15	20	32:31	10:28
373	Reyna Eisenstark	38	F	NORTH CHATHAM	NY	12	22	32:32	10:29
374	Jake Newhoff	14	M	KINDERHOOK	NY	33	49	32:32	10:29
375	Devin Purdy	11	M	CASTLETON ON HU	NY	34	49	32:33	10:29
376	Kathryn McLaughlin	25	F	Castleton	NY	18	23	32:34	10:29
377	Christine Mickle	28	F	CHATHAM	NY	19	23	33:02	10:38
378	John Scott	46	M	NASSAU	NY	18	24	33:07	10:40
379	Jennifer Storz	32	F	ALBANY	NY	16	20	33:09	10:40
380	Michelle Raymond	37	F	east nassau	NY	13	22	33:13	10:42
381	Kevin Burke	32	M	LATHAM	NY	13	13	33:15	10:42
382	LauraLee Razanousky	43	F	Stuyvesant	NY	26	36	33:17	10:43
383	Anne Connor	48	F	Hudson	NY	20	29	33:18	10:44
384	Garrett Renslow	9	M			35	49	33:33	10:48
385	Steven Mueller	38	M	CASTLETON ON HU	NY	21	22	33:38	10:50
386	Nataly Dee	39	F	KINDERHOOK	NY	14	22	33:39	10:50
387	Jacqueline Tremont	57	M	AVERILL PARK	NY	25	30	33:42	10:51
388	Todd Lawren Johnson	43	M	Kinderhook	NY	24	27	33:46	10:52
389	Wendee Lentz	40	F	SCHODACK LANDIN	NY	27	36	33:47	10:53
390	Allison Pino	31	F	Kinderhook	NY	17	20	33:47	10:53
391	Ethan Baile Brown	9	M	Pleasant Valley	NY	36	49	33:48	10:53
392	Eileen Lesar	27	F	Schenectady	NY	20	23	33:49	10:54
393	Philip Lance	59	M	AVERILL PARK	NY	26	30	33:50	10:54
394	Damon Whimple	11	M			37	49	33:55	10:55
395	Vicki Burgess	49	F	CANAAN	NY	21	29	34:08	11:00
396	Lauryn Krupa	10	F			29	52	34:13	11:01
397	Michael Martin	11	M			38	49	34:14	11:02
398	Angela Dennis	12	F	GHENT	NY	30	52	34:16	11:02
399	Tim Cooke	11	M			39	49	34:23	11:04
400	Jillian Flood	11	F			31	52	34:27	11:06

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
401	Marcel Parrilla	42	M	KINDERHOOK	NY	25	27	34:39	11:09
402	Ann Birckmayer	42	F	KINDERHOOK	NY	28	36	34:40	11:10
403	Lisa Bryda	40	F	NASSAU	NY	29	36	34:40	11:10
404	Mark Riordan	41	M	wynantskill	NY	26	27	34:41	11:10
405	Victor Barbella	47	M	BRONX	NY	19	24	34:42	11:10
406	Prudence Gunsch	35	F	Catskill	NY	15	22	34:47	11:12
407	Robert Kwit	76	M	NEW YORK	NY	3	6	34:48	11:12
408	Olivia Walkinshaw	12	M	Valatie	NY	40	49	34:54	11:14
409	Jacob Krott	14	M	Kinderhook	NY	41	49	35:06	11:18
410	Joanne Bonczek	47	F	SCHENECTADY	NY	22	29	35:07	11:18
411	Monica Hood	10	F	CASTLETON ON HU	NY	32	52	35:09	11:19
412	Kayla Hanrahan	10	F			33	52	35:15	11:21
413	Scott Hanrahan	40	M	CASTLETON ON HU	NY	27	27	35:17	11:22
414	Robert Carroll	67	M	Kinderhook	NY	4	4	35:17	11:22
415	Sara Murray	31	F	STUYVESANT	NY	18	20	35:26	11:25
416	Dianna Parisi	39	F	GLENMONT	NY	16	22	35:42	11:30
417	Mark A. Schaffer	46	M	New York	NY	20	24	35:45	11:31
418	Gary Stefanick	49	M	Ghent	NY	21	24	35:47	11:31
419	Sarah Roche	12	F			34	52	35:47	11:31
420	Laurie Gambee	54	F	Kinderhook	NY	12	17	35:50	11:32
421	Mary Burns	56	F	Cohoes	NY	7	9	35:52	11:33
422	Liz Chipman	47	F	CASTLETON ON HU	NY	23	29	35:54	11:33
423	Gary Bowitch	49	M	Castleton	NY	22	24	36:00	11:35

424	John Burke	60	M	LATHAM	NY	11	13	36:00	11:36
425	Mary Colwell	32	F	Niverville	NY	19	20	36:02	11:36
426	Richard Draper	58	M	Hudson	NY	27	30	36:11	11:39
427	Andrew C Schickedan	50	M	Delanson	NY	31	31	36:22	11:42
428	Melanie Hicks	12	F	SCHODACK LANDIN	NY	35	52	36:24	11:43
429	Lauren Moulton	11	F			36	52	36:27	11:44
430	Diane Lyder	41	F	Danbury	CT	30	36	36:28	11:44
431	Tracy Bohl	42	F	EAST GREENBUSH	NY	31	36	36:30	11:45
432	Lisa Delardi	37	F	Castleton	NY	17	22	36:53	11:53
433	Kathy Sampson	53	F	Valatie	NY	13	17	36:54	11:53
434	Colette Dowling	11	F			37	52	37:08	11:58
435	Michele Canestro	11	F	CASTLETON ON HU	NY	38	52	37:09	11:58
436	Donald McBain	75	M	WYNANTSKILL	NY	4	6	37:22	12:02
437	Jen Colwell	35	F	Claverack	NY	18	22	37:26	12:03
438	Kara Nytransky	31	F	Hudson	NY	20	20	37:37	12:07
439	Stefanie Wood	10	F			39	52	37:37	12:07
440	Marybeth Dailey	47	F	Castleton	NY	24	29	37:38	12:07
441	Elizabeth V Roche	15	F	Castleton	NY	8	10	37:39	12:07
442	N.L. Ketz	62	M	Schenectady	NY	12	13	37:44	12:09
443	Lori Hitchcock	40	F	Latham	NY	32	36	37:48	12:10
444	Phoebe Dortic	10	F			40	52	37:50	12:11
445	Jack Scott	12	M			42	49	37:56	12:13
446	Morgan Percey	10	F	CASTLETON ON HU	NY	41	52	38:11	12:18
447	Cate Tully	53	F	Catleton	NY	14	17	38:13	12:18
448	Morgan Frances	15	F	VALATIE	NY	9	10	38:14	12:19
449	Laura Manchester	50	F	Hillsdale	NY	15	17	38:22	12:21
450	Peter Kellner	70	M	PHILMONT	NY	5	6	38:34	12:25

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
=====	=====	===	=	=====	==	=====	=====	=====	=====
451	Christina Zessin	27	F	East Greenbush	NY	21	23	38:46	12:29
452	Aileen Muller	46	F	CASTLETON ON HU	NY	25	29	38:56	12:32
453	Jacob Adler	10	M			43	49	39:00	12:34
454	Davina Wright	10	F	CASTLETON ON HU	NY	42	52	39:01	12:34
455	Gerald DeChance Jr	57	M	Valatie	NY	28	30	39:03	12:35
456	Kaela Mueller	10	F			43	52	39:07	12:36
457	James Conklin	60	M	Walworth	NJ	13	13	39:10	12:37
458	Valerie Lyn Camper	46	F	Rensselaer	NY	26	29	39:11	12:37
459	Sheila Cramer	46	F	Ghent	NY	27	29	39:44	12:48
460	Kaitlin Pinette	25	F	VALATIE	NY	22	23	39:51	12:50
461	Maria Lally Clark	48	F	Valatie	NY	28	29	39:52	12:50
462	Elizabeth Sunshine	44	F	BRAINARD	NY	33	36	40:18	12:59
463	Lena Mueller	10	F			44	52	40:24	13:01
464	Theodore Fels	49	M	KINDERHOOK	NY	23	24	40:27	13:01
465	SUSAN MEGNA	58	F	CASTLETON	NY	8	9	40:46	13:08
466	Angel Velasquez, II	7	M	Nassau	NY	44	49	40:59	13:12
467	Theresa Warner	42	F	GHENT	NY	34	36	41:06	13:14
468	John Maiuri	47	M	Catskill	NY	24	24	41:06	13:14
469	Emily Ruth Brooks	16	F	Kinderhook	NY	10	10	41:18	13:18
470	Deb Nelson	40	F	Glenside	PA	35	36	41:18	13:18
471	Diane Christie	65	F	Merrick	NY	4	7	41:20	13:18
472	Lauren Lohmiller	12	F	VALATIE	NY	45	52	41:20	13:19
473	Emily M Velasquez	9	F	Nassau	NY	46	52	41:35	13:23
474	Deidre Wrigley	53	F	KINDERHOOK	NY	16	17	41:42	13:26
475	Emma Bowitch	13	F	Castleton	NY	47	52	42:19	13:38
476	Sarah Mertlik	12	F			48	52	42:35	13:43
477	Colleen Itzkowitz	37	F	Altamont	NY	19	22	42:47	13:47

478	Patricia Groeber	45	F	Altamont	NY	29	29	43:10	13:54
479	Ned Norton	73	M	ALBANY	NY	6	6	43:16	13:56
480	Kelsey Potter	11	F			49	52	43:16	13:56
481	Ellen Sullivan	58	F	KINDERHOOK	NY	9	9	43:17	13:56
482	Katie Roche	10	F			50	52	43:18	13:57
483	Debbie Brown	66	F	Castleton	NY	5	7	43:32	14:01
484	Jack Kolb	7	M	Niverville	NY	45	49	43:50	14:07
485	Natalie Kolb	35	F	Niverville	NY	20	22	43:58	14:09
486	Suzanne Carroll	69	F	Kinderhook	NY	6	7	45:01	14:30
487	Danny Herne	12	M	CASTLETON ON HU	NY	46	49	45:04	14:31
488	Elaine Flatow	43	F	CASTLETON ON HU	NY	36	36	45:08	14:32
489	Ashley Engwer	14	F	CASTLETON ON HU	NY	51	52	45:27	14:38
490	Barbara Gallagher	64	F	Hannacroix	NY	2	3	45:38	14:42
491	Austin Percey	11	M	CASTLETON ON HU	NY	47	49	45:59	14:48
492	Jane Constantine	50	F	AMSTERDAM	NY	17	17	46:28	14:58
493	Thomas Constantine	57	M	AURIESVILLE	NY	29	30	47:00	15:08
494	Anne Stonehouse	60	F	KINDERHOOK	NY	3	3	47:14	15:12
495	Cammy Salazar	35	F	KINDERHOOK	NY	21	22	47:14	15:13
496	Kelly CrinePiester	38	F	KINDERHOOK	NY	22	22	47:50	15:24
497	Jane Rose	69	F	East Greenbush	NY	7	7	48:59	15:46
498	Richard Banczek	58	M	SCHENECTADY	NY	30	30	49:00	15:47
499	Kaden Laurilla	7	M	Nassau	NY	48	49	49:02	15:47
500	Kevin Laurilla	36	M	Nassau	NY	22	22	49:02	15:47

Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
=====	=====	===	=	=====	==	=====	=====	=====	=====
501	Cailyn Schilling	12	F			52	52	49:10	15:50
502	Aaron Kehrer	11	M			49	49	50:35	16:17
503	Jaime Welcome	27	F	KINDERHOOK	NY	23	23	50:35	16:17