

# QM Lecture 12

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# UNIT SEVEN: QUANTUM HARMONIC OSCILLATOR

- ① SHO has restoring force  $\propto$  disp  
② i.e.  $m \ddot{x} = -kx$  *how to get from Hamiltonian?*

$$\hat{H} = \frac{\hat{P}_x^2}{2m} + \frac{1}{2} m \omega^2 \hat{x}^2 \quad (\text{take } H \text{ from classical, put 's'})$$

N.B.  $\hat{H} = \hat{H}(\hat{x}, \hat{p}_x) \Rightarrow$  HARD TO SOLVE FOR  
EITHER  $\psi(x)$  OR  $\psi(p)$

SOLVE w/ TRICK (rewrite  $\hat{H}$ !)

$$\hat{a} := \sqrt{\frac{m\omega}{2\hbar}} \left( \hat{x} + \frac{i}{m\omega} \hat{p}_x \right) \Rightarrow \hat{a}^\dagger = \sqrt{\frac{m\omega}{2\hbar}} \left( \hat{x} - \frac{i}{m\omega} \hat{p}_x \right)$$

INVERTING  $\hat{a} + \hat{a}^\dagger = \sqrt{\frac{m\omega}{2\hbar}} \hat{x} \quad \text{EG}$

$$\Rightarrow \begin{cases} \hat{x} = \sqrt{\frac{\hbar}{2m\omega}} (\hat{a} + \hat{a}^\dagger) \\ \hat{p}_x = -i \sqrt{\frac{m\omega\hbar}{2}} (\hat{a} - \hat{a}^\dagger) \end{cases}$$

$$\begin{aligned} [\hat{a}, \hat{a}^\dagger] &= \frac{m\omega}{2\hbar} \left[ \hat{x} + \frac{i}{m\omega} \hat{p}_x, \hat{x} - \frac{i}{m\omega} \hat{p}_x \right] \\ &= \frac{1}{2\hbar} ([\hat{p}_x, \hat{x}] \times 2) = \frac{1}{2\hbar} i(-i\hbar) \times 2 = \underline{1} \end{aligned}$$

$$[\hat{a}, \hat{a}^\dagger] = 1$$

REWRITE  $\hat{H}$

$$H = \frac{p_x^2}{2m} + \frac{1}{2} m \omega^2 \hat{x}^2 = -\frac{m\omega^2}{2} \frac{1}{2m} (a - a^\dagger)^2 + \frac{1}{2} m \omega^2 \frac{1}{2m\omega} (a + a^\dagger)^2$$
$$= \frac{\hbar\omega}{4} [-a^2 - a^{\dagger 2} + a a^\dagger + a^\dagger a + a^2 + a^{\dagger 2} + a a^\dagger + a^\dagger a]$$

$$H = \frac{\hbar\omega}{2} [a^\dagger a + a a^\dagger] = \hbar\omega (a^\dagger a + \frac{1}{2})$$

(Q: what might it mean to "solve" an  $\hat{H}$ )

(Q: so how do we do it here?)

FIND E-STATES OF  $\hat{N} = a^\dagger a$

$$\hat{N}|n\rangle = n|n\rangle$$

COOL FACTS

$$[N, a] = -a$$

$$[N, a^\dagger] = a^\dagger$$

$$\Rightarrow N a^\dagger |n\rangle = (a^\dagger N + a^\dagger) |n\rangle = (a^\dagger n + a^\dagger) |n\rangle = (n+1) a^\dagger |n\rangle$$

$$N a |n\rangle = (n-1) a |n\rangle$$

$\therefore a^\dagger \longleftrightarrow$  RAISING OP

$a \longleftrightarrow$  LOWERING OP

$$\Rightarrow a^\dagger |n\rangle = C_+ |n+1\rangle$$

$$a |n\rangle = C_- |n-1\rangle$$

$n$ ?  $|n\rangle := a^n |0\rangle \Rightarrow 0 \leq \langle n | n \rangle = \langle n | a^\dagger a | n \rangle = n \langle n | n \rangle$

$$\Rightarrow \boxed{n \geq 0}$$

$$\Rightarrow n_{\min} = 0$$

## ENERGY E-STATES

$$\hat{H}|n\rangle = \hbar\omega\left(n + \frac{1}{2}\right)|n\rangle = \hbar\omega\left(n + \frac{1}{2}\right)|n\rangle \Rightarrow \boxed{E_n = \left(n + \frac{1}{2}\right)\hbar\omega}$$

$$n = 0, 1, 2, \dots$$

$C_{\pm}$ ? PHYSICAL STATE  $\Rightarrow \langle n|n\rangle = 1 \quad \forall n$

$$a^+|n\rangle = C_+|n+1\rangle \Rightarrow \langle n|a = C_+^* \langle n+1|$$

$$\therefore \langle n|a a^+|n\rangle = |C_+|^2 \langle n+1|n+1\rangle = |C_+|^2$$

|| (comm.)

$$\langle n|(a^+a + 1)|n\rangle = n+1$$

$$\Rightarrow C_+ = \sqrt{n+1} \quad \boxed{\hat{a}^+|n\rangle = \sqrt{n+1}|n+1\rangle}$$

SIM:  $C_- = \sqrt{n} \Rightarrow \boxed{\hat{a}|n\rangle = \sqrt{n}|n-1\rangle}$

## MATRIX REP.

$$\boxed{\begin{aligned} \langle n'|\hat{a}^+|n\rangle &= \sqrt{n+1} \delta_{n',n+1} \\ \langle n'|a|n\rangle &= \sqrt{n} \delta_{n',n-1} \end{aligned}}$$

$$a^+|n\rangle \rightarrow \begin{pmatrix} 0 & 0 & 0 & \dots \\ \sqrt{1} & 0 & 0 & \dots \\ 0 & \sqrt{2} & 0 & \dots \\ 0 & 0 & \sqrt{3} & \dots \\ \vdots & \vdots & \vdots & \ddots \end{pmatrix}$$

$$a|n\rangle \rightarrow \begin{pmatrix} 0 & \sqrt{1} & 0 & 0 & \dots \\ 0 & 0 & \sqrt{2} & 0 & \dots \\ 0 & 0 & 0 & \sqrt{3} & \dots \\ \vdots & \vdots & \vdots & \vdots & \ddots \end{pmatrix}$$

(Q: what is dim of these!? A:  $\infty$ , unlike 1st. ops)

$$(a^+)^n |0\rangle = \sqrt{n!} |n\rangle \Rightarrow \boxed{|n\rangle = \frac{(a^+)^n}{\sqrt{n!}} |0\rangle}$$

HARM. OSC. WVFN:

WANT  $\psi_n(x) \leftrightarrow |n\rangle$ .

START w/  $\psi_0(x) = \langle x|0\rangle$

$$a|0\rangle = 0$$

$$\Rightarrow \langle x|a|0\rangle = 0$$

$$= \sqrt{\frac{m\omega}{2\hbar}} \langle x|(\hat{x} + \frac{i}{m\omega} \hat{p}_x)|0\rangle$$

$$\Rightarrow x \langle x|0\rangle = -\frac{\hbar}{m\omega} \frac{\partial}{\partial x} \langle x|0\rangle$$

DIFF EQ!  $\Rightarrow \langle x|0\rangle = N e^{-m\omega x^2/2\hbar}$

GET N BY NORM, GAUSS INT

$$\Rightarrow \boxed{\psi_0(x) = \langle x|0\rangle = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4} e^{-m\omega x^2/2\hbar}}$$

$$\psi_n(x): \langle x|n \rangle = \frac{1}{\sqrt{n!}} \langle x|(a^\dagger)^n|0 \rangle = \frac{1}{\sqrt{n!}} \left(\frac{m\omega}{2\hbar}\right)^{\frac{n}{2}} \langle x|\left(\hat{x} - \frac{i}{m\omega}\hat{p}_x\right)^n|0 \rangle$$

ASIDE: (not in book)

$$\hat{p}_x|0\rangle = \int dx' |x'\rangle \frac{\hbar}{i} \frac{\partial}{\partial x'} \langle x'|0 \rangle, \quad \hat{x}|0\rangle = \int dx' |x'\rangle \langle x'|\hat{x}|0\rangle$$

$$= \int dx' |x'\rangle x' \langle x'|0\rangle$$

$$\Rightarrow \left(\hat{x} - \frac{i}{m\omega} \hat{p}_x\right)|0\rangle = \int dx' |x'\rangle \left(x - \frac{\hbar}{m\omega} \frac{\partial}{\partial x}\right) \langle x'|0\rangle$$

$$\Rightarrow \left(\hat{x} - \frac{i}{m\omega} \hat{p}_x\right)^n|0\rangle = \int dx' |x'\rangle \left(x - \frac{\hbar}{m\omega} \frac{\partial}{\partial x}\right)^n \langle x'|0\rangle$$

→ Convince yourself!

$$\text{THEN ABOVE} = \frac{1}{\sqrt{n!}} \left(\frac{m\omega}{2\hbar}\right)^{\frac{n}{2}} \int dx' \underbrace{\langle x|x'\rangle}_{\delta(x-x')} \left(x - \frac{\hbar}{m\omega} \frac{\partial}{\partial x}\right)^n \langle x'|0\rangle$$

$$\boxed{\psi_n(x) = \frac{1}{\sqrt{n!}} \left(\frac{m\omega}{2\hbar}\right)^{\frac{n}{2}} \left(x - \frac{\hbar}{m\omega} \frac{d}{dx}\right)^n \left(\frac{m\omega}{\pi\hbar}\right)^{\frac{1}{4}} e^{-\frac{m\omega x^2}{2\hbar}}}$$

$$\text{DIRECTLY COMP } \psi_1(x) = C_1 x e^{-\frac{m\omega x^2}{2\hbar}} \quad C_1 = \left[\frac{4}{\pi} \left(\frac{m\omega}{\hbar}\right)^{\frac{3}{4}}\right]^{\frac{1}{4}}$$

$$\psi_2(x) = C_2 \left(\frac{2m\omega}{\hbar} x^2 - 1\right) e^{-\frac{m\omega x^2}{2\hbar}} \quad C_2 = \left(\frac{m\omega}{4\pi\hbar}\right)^{\frac{1}{4}}$$

⋮

$$\text{CONCLUSION } \psi_n(x) \sim P_n(x) e^{-\frac{m\omega x^2}{2\hbar}}$$

- GAUSS. w/ POLYNOMIAL PREFACTOR

( $\exists$  a lot of math rel. to these poly.)

## ENERGY THE HARD WAY:

$$E_n = \langle \hat{H} \rangle_n = \frac{\langle p_x^2 \rangle}{2m} + \frac{1}{2} m \omega^2 \langle x^2 \rangle$$

(diff from book)

$$\langle x^2 \rangle = \langle n | \hat{x}^2 | n \rangle = \frac{\hbar}{2m\omega} \langle n | (a + a^\dagger)^2 | n \rangle = \frac{\hbar}{2m\omega} \langle n | a^2 + a a^\dagger + a^\dagger a + a^{\dagger 2} | n \rangle$$

$$= \frac{\hbar}{2m\omega} \langle n | (a a^\dagger + a^\dagger a) | n \rangle = \frac{\hbar}{2m\omega} (\sqrt{n+1} \sqrt{n+1} + \sqrt{n} \sqrt{n})$$

$$= \frac{\hbar}{2m\omega} (2n+1)$$

$$\langle p_x^2 \rangle = -\frac{m\omega\hbar}{2} \langle n | (a - a^\dagger)^2 | n \rangle \quad \swarrow \begin{matrix} a^2 & a^{\dagger 2} & \text{TERMS} = 0 \end{matrix} = -\frac{m\omega\hbar}{2} \langle n | (-)(a a^\dagger + a^\dagger a) | n \rangle$$

$$= \frac{m\omega\hbar}{2} (\sqrt{n+1} \sqrt{n+1} + \sqrt{n} \sqrt{n}) = \frac{m\omega\hbar}{2} (2n+1)$$

$$\Rightarrow E_n = \frac{m\omega\hbar}{2} (2n+1) \frac{1}{2m} + \frac{1}{2} m \omega^2 \frac{\hbar}{2m\omega} (2n+1)$$

$$\boxed{E_n = \hbar \left(n + \frac{1}{2}\right)}$$

WHILE WERE AT IT:

$$\langle x \rangle = \langle n | x | n \rangle = \sqrt{\frac{\hbar}{2m\omega}} \langle n | (a + a^\dagger) | n \rangle \quad \xrightarrow{\text{OFF DIAG!}} 0$$

SIM:  $\langle p_x \rangle = 0$

ABOVE: THESE

$$\Rightarrow \left\{ \begin{array}{l} \Delta x = \sqrt{\frac{\hbar}{m\omega} \left(n + \frac{1}{2}\right)} \\ \Delta p_x = \sqrt{m\omega\hbar \left(n + \frac{1}{2}\right)} \end{array} \right. \quad \Delta x \Delta p_x = \left(n + \frac{1}{2}\right) \hbar$$