## The 11 Tools I Use Most: From Professional Kitchens to My Apartment Kitchen

My daily workhorse tools, tested in professional kitchens and proven at home.

By Scott Bradley - 24 Years Professional Kitchen Experience

### The 11 Tools

#### Victorinox Fibrox Pro 10" Chef's Knife

Why I use it: The longer blade is perfect for larger cuts and if you have bigger hands. I keep both sizes.

"This is the knife I grab for breaking down proteins and chopping larger vegetables. The extra 2 inches makes a real difference when you're working fast."

#### **Victorinox Fibrox Pro 8" Chef's Knife**

Why I use it: More maneuverable for precise cuts. Perfect for most home cooking tasks.

"This is the workhorse. 80% of my knife work happens with this 8-inch. It's balanced, sharp, and never lets me down."

### Victorinox 4" Paring Knife

Why I use it: Essential for detailed work - peeling, trimming, deveining shrimp.

"You can't do precision work with a chef's knife. This little guy handles everything from garlic to strawberries."

### **Victorinox Granton Edge Boning Knife**

Why I use it: Firm blade gets close to bones. Also great for filleting smaller fish. "Breaking down a whole chicken takes 3 minutes with this knife. The granton edge prevents sticking."

**Victorinox Offset Bread Knife** 

"Bread, tomatoes, cakes - anything with a delicate exterior. The offset design is a game-changer for comfort."

Why I use it: Offset handle keeps knuckles off the cutting board. Serrated edge never needs sharpening.

## Why I use it: Comfortable grip, sharp blade, swivels to follow contours.

**OXO Good Grips Swivel Peeler** 

"I've tried every peeler out there. This is the one. It just works, day after day, year after year."

"Most underrated tool in any kitchen. Once you start using one, you'll wonder how you lived without it."

**OXO Good Grips Bench Scraper** 

Why I use it: Moves chopped ingredients, scrapes dough, cleans cutting boards.

Winco Heavy Duty Tongs (12") Why I use it: Restaurant-grade tongs with proper spring tension and durability.

"These are a heavy duty version of the same style tongs used in every professional kitchen. Strong, reliable, dishwasher-safe."

**Benriner Large Mandoline** Why I use it: Professional consistency for slicing. Adjustable thickness.

"Perfect potato gratin every time. Consistent slices mean even cooking. Just watch your fingers!"

#### **ZUPERIA Bar Mops (12-pack)** Why I use it: Absorbent, durable, machine washable. These are what restaurants actually use.

"Forget fancy kitchen towels. These are what every professional kitchen uses. They last forever and actually dry things."

### **Epicurean Kitchen Cutting Board (17.5" × 13")** Why I use it: Dishwasher-safe, knife-friendly, won't harbor bacteria like wood.

"I've used wooden boards for decades. These are better. Period. Dishwasher-safe changes everything."

## Why Only 11 Tools?

I've been cooking since I was 10 years old—45 years of experience, including 24 years working professionally from Wendy's at 15 to managing kitchen operations at Mellow Mushroom and 6 years at Purple Café.

Sharp out of the box, easy to maintain, and they cost a fraction of 'luxury' brands. I've run mine through the dishwasher after every use for 20 years (though Victorinox doesn't

These 11 tools handle 99% of what I cook at home. No junk drawers. No single-use gadgets. Just workhorses that earn their space.

When I set up my home kitchen, I kept only what I actually reach for. Everything else is marketing.

**Total Investment: About \$320** 

## For roughly \$320, you get a complete professional-quality toolkit that will last decades with proper care.

Compare that to what celebrity chefs push on Instagram—\$1,000+ knife sets that mostly sit unused.

Every tool on this list has survived years of restaurant abuse. They'll handle anything your home kitchen throws at them.

**The Victorinox Advantage** 

I've tried Japanese carbon steel, German forged, ceramic—you name it. For daily professional use, Victorinox wins every time.

recommend it). The key: dry them immediately after washing and never leave them sitting in water or with food on them.

Victorinox makes the knives I used daily at Purple Café and at several other professional kitchens. Not because they're pretty—because they work.

# Here's what I've actually done for 20 years - not what the manufacturers recommend, but what works:

Hone/steel before each use (except the serrated bread knife - skip that one)

**Care & Maintenance: The Truth About How I Actually Do This** 

Notice 5 of the 11 tools are Victorinox knives? There's a reason.

**Knives:** 

• Run through the dishwasher after use (yes, even though Victorinox doesn't recommend it)

- Dry immediately when the cycle finishes don't leave them sitting wet • Never leave soaking in water or sitting with food on them (especially acidic stuff like tomatoes)
- **Everything Else:**

• Get them professionally sharpened when they're dull, or learn to use a whetstone

### • Dishwasher safe - run them daily • Don't leave soaking in water

- Don't leave with food sitting on them
- **Bar Mops:**
- Machine wash with a little bleach to keep them sanitary

# Machine dry (skip the fabric softener so it doesn't get in your food)

I've been running everything through the dishwasher daily for two decades. Same knives, same peeler, same bench scraper. They all still work perfectly. The key is drying them right away and never leaving them sitting in water or with food residue.

Sarlic press - Knife minces faster and easier to clean

What's NOT on This List (And Why)

# Seg Slicer - Knife works fine

Nocado tool - Use a spoon

- Multiple cutting boards One good one is enough Nnife block sets - You only need 4-5 knives max
- Sexpensive honing steel A good honing steel doesn't need to cost \$200 Every item I didn't include failed the 'do I actually use this?' test. Be honest with yourself—half your kitchen tools probably live in a drawer untouched.
- Where to Buy

I've included Amazon links for convenience (and yes, I earn a small commission if you buy through them).

But you can find these same items at: Restaurant supply stores (often cheaper, no membership needed)

- WebstaurantStore.com (restaurant supply that ships to homes) Sur La Table / Williams-Sonoma (though you'll pay more)
- The key is getting the RIGHT tools, not necessarily from the right store.

**BONUS: Professional Knife Skills in 5 Minutes** 

# ☐ Pinch grip - Thumb and forefinger on blade, not handle

☐ Claw hand - Curl fingertips away from blade when cutting ☐ Sharp = safe - Dull knives require more pressure and slip

☐ Hone before every use - Takes 10 seconds, keeps edge aligned ☐ Let the knife do the work - If you're forcing it, it's dull

Scott Bradley - 24 Years Professional Kitchen Experience, A.A.S. Culinary Arts (Seattle Central College), Former Kitchen Manager at Mellow Mushroom

Questions? Email scott@chefapprovedtools.com