

**WHEN WE TAKE  
SHORTCUTS**

**WHEN WE MOVE TOO QUICKLY, WE ARE  
TRICKING OURSELVES INTO THINKING  
WE KNOW MORE THAN WE DO**

**THIS IS WHY IT'S SO IMPORTANT THAT  
WE ARE **HYPER AWARE** OF WHAT WE  
DON'T KNOW!**



**WHEN WE TRY TO CONTINUE MAKING  
PROGRESS WITHOUT A PROPER  
FOUNDATION, IT ALL FALLS APART**

**YOU CANNOT BUILD ON TOP OF A WEAK  
FOUNDATION!**

**SO NEVER, EVER BE SHY ABOUT  
MOVING BACKWARDS!**

**ADVANCED**

**INTERMEDIATE**

**THE VERY BASICS**

**THE VERY BASICS**

**INTERMEDIATE**

**ADVANCED**



**WE THINK WE KNOW THE BASICS,  
WHEN IN REALITY WE REMEMBER, OR  
MAYBE UNDERSTAND THEM**

**SO WE KEEP MOVING FORWARD,  
BUT IT'S ALL BUILT ON A SHAKY  
FOUNDATION THAT'S ABOUT TO COME  
CRASHING DOWN**

**SO IF EVER YOU ARE STRUGGLING, STOP  
AND LOOK AT WHAT IS CAUSING YOU  
THE TROUBLE**

**IT MIGHT MAKE SENSE RIGHT AWAY.  
YOU UNDERSTAND WHAT IS HAPPENING  
AND WHY!**

**BUT IT DOESN'T SINK IN RIGHT AWAY  
AND THAT IS COMPLETELY NORMAL**

**YOU HAVE TO BUILD UP A STRONG BASE  
BEFORE YOU CAN DO ANYTHING ELSE**

**AND WE BRUTE FORCE IT!**  
**WE KEEP PUSHING AND PUSHING AND**  
**PUSHING AND IT SORT OF MAKES**  
**SENSE AND WE CAN MAKE IT WORK**

**BUT THAT DOESN'T HELP US, AND IF  
ANYTHING IT HOLDS US BACK**



**BY STARTING WITH A STRONG  
FOUNDATION, WE TAKE OUR TIME EARLY  
ON AND IT PAYS OFF IN THE LONG RUN**