



FIBER BOWL / Quilt in a Bowl

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Tool/Supply List

Sewing machine able to Zigzag

Needles size 80/12 or 90/14, SHARP

Open embroidery foot or Zigzag foot, free motion embroidery foot (optional)

Extra bobbins

Fabric scissors, paper scissors, seam ripper

Tweezers

Rotary cutter and cutting mat

Pencil, note pad and Quilter's rulers.

One fat quarter for outside of bowl (batik preferred but not required)

A quilt, photo, etc. you would like to use as inspiration for your design

Fabric leftovers from that quilt or lots of fabric scraps

Decorative threads – cotton, polyester or rayon

Small iron and personal ironing pad (optional)

Teflon sheet (desired but not mandatory)

½ yard Heavy duty Duck Canvas (18 or 20oz)

4 yards Wonder Under fusible web.

If you have any questions, please do not hesitate to contact me via email at

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