

Capstone Project Harnessing NLP to Detect Stress in Social Media Early Intervention for Mental Wellbeing

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Agenda

- Bio
- Project Context & Business Problem
- Business & Data Science Considerations
- Data Overview
- Data Exploration
- Data Split
- Data Overview
- Deliver
- Summary, Conclusions & Next Steps
- Appendix



Bio

- Education
- Professional experience
- Data science learnings and experience
- Relevance to the project



Project Context & Business Problem

- Industry: NLP and Mental Health
- Problem: Detecting stress in social media text
- Interest: Growing mental health concerns, potential for early intervention, NLP advancements
- Previous Work:
 - NLP techniques: Sentiment analysis, topic modeling, machine learning
 - **Domains:** Twitter, Reddit, general datasets
 - **Key findings:** Promising accuracy, varying generalizability and robustness
 - **Limitations:** Reliance on labeled datasets, potential for bias
 - Contribution: Exploring LSTM networks, addressing limitations



Business & Data Science Considerations

- Stakeholders: Mental health professionals, social media platforms, technology companies, individuals
- Business Question: Can we accurately detect stress in social media text?
- Business Value: Early intervention, improved user experience, new market opportunities
- Data:
 - Question: Can we extract effective features for stress prediction?
 - Required: Social media text, stress labels, metadata
 - Sourced: Reddit, Twitter, Kaggle
 - **Generation:** User-generated content
 - Future Sourcing: Continued access to APIs, exploring other platforms



Data Overview (1)

Stress Detection from Social Media Articles

Source: <u>Kaggle Dataset</u>

 Objective: Develop a more accurate and efficient NLP-based approach to automatically detect stress in social media text, enabling early intervention and improved mental health support.



Data Overview (2)

Stress Detection from Social Media Articles

Datasets:

- Constructed four datasets using text articles from Reddit and Twitter.
- Each article is labeled with a class value of '0' (Stress Negative) or '1' (Stress Positive).

Dataset Descriptions:

- Reddit Combi: This dataset combines title and body text from stress and non-stress related subreddits.
- Reddit Title: This dataset consists of titles from stress and non-stress related subreddits.
- Twitter Full: This dataset contains stress and non-stress related tweets.
- Twitter Non-Advert: This dataset is a denoised version of Twitter Full, removing potential advertisements.



Data Exploration (1)

Understanding the Data

- Explored the data using Python libraries like pandas to understand the number of rows, column names, and data types.
- Examined the first few rows of each Data Frame to get a sense of the content and labels.
- Checked for missing values and handled them by dropping rows with missing entries (dropna).
- Preprocessed the data:
 - Dropped unnecessary columns (Reddit Combi).
 - Cleaned hashtags in Twitter data using regular expressions.
 - Concatenated all preprocessed Data Frames into a single one.
- Analyzed the data distribution:
 - Visualized the distribution of stress labels using a bar chart.
 - Examined the distribution of text length for stress and non-stress articles using a histogram.
 - Generated word clouds to visualize frequently used words in stress and non-stress articles.



Data Exploration (2)

Understanding the Data

Number of Rows and Columns:

Reddit Combi: 3123 rows, 4 columns

o Reddit Title: 5556 rows, 2 columns

• Twitter Full: 8900 rows, 3 columns

• Twitter Non-Advert: 2051 rows, 2 columns

Data Types:

title: object (text)

label: int64/boolean (stress label)

body: object (text) (only in Reddit Combi)

hashtags: object (text) (only in Twitter Full)

Missing Values:

Handled missing values by dropping rows with missing entries in body column.

• Data Preprocessing:

- Dropped unnecessary columns in Reddit Combi.
- Cleaned hashtags in Twitter Full using regular expressions.
- Concatenated all datasets into a single DataFrame.

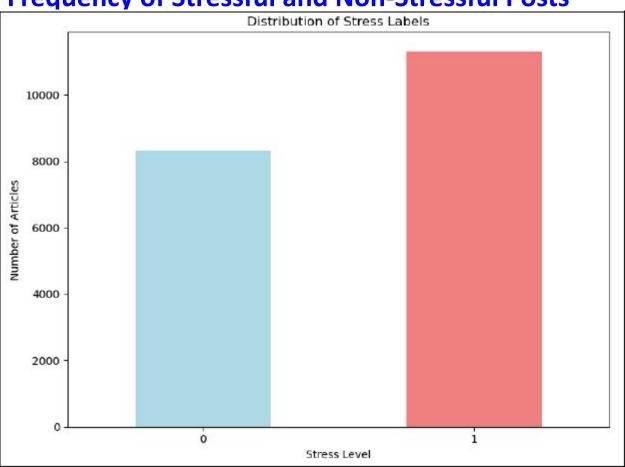
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Data Exploration (3)

Frequency of Stressful and Non-Stressful Posts

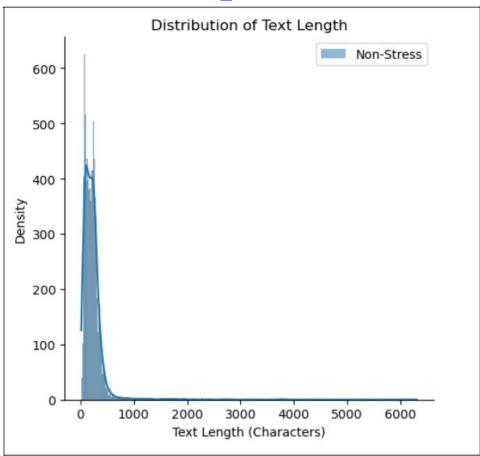


- Class imbalance: More non-stressful articles than stressful ones.
- Impact on modeling: Require techniques like class weighting or oversampling.
- Further investigation: Explore factors contributing to imbalance (e.g., labeling difficulty, data collection bias).



Data Exploration (4)

Distribution of Text Length

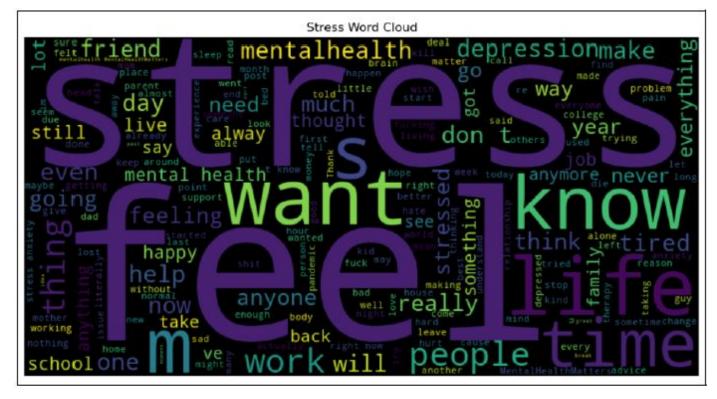


- Skewed distribution: Most posts are relatively short.
- Overlapping distributions: Text length alone may not be a strong predictor.
- Non-stressful posts: Slightly longer on average



Data Exploration (5)

Common Words Associated with Stress

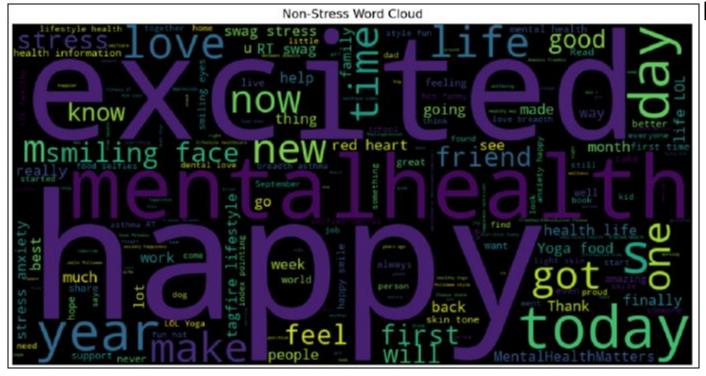


- Negative emotions: "stress,""depressed," "sad," "anxious"
- Life challenges: "work," "school,"
 "relationships," "personal
 problems"
- Seeking help: "help," "support,""therapy"



Data Exploration (6)

Common Words Associated with Non-Stress



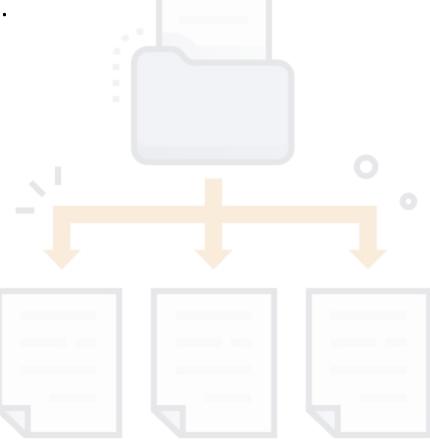
- Positive emotions: "happy,""love," "good," "excited"
- Everyday life: "daily activities,"
 "hobbies," "social interactions"
- Gratitude and appreciation:
 "thankful," "grateful," "proud"



Data Split

Data Preparation for Modeling

- Split data into features (title) and target (stress label).
- Split data into training (80%) and testing (20%) sets.





Data Overview

- Key Findings:
 - Class imbalance: More non-stressful articles than stressful ones.
 - Overlapping text length distributions: Text length alone may not be a strong predictor of stress.
 - Distinct word patterns: Different words are frequently used in stress and non-stress articles.



Deliver (1)

Feature Engineering

- Key Features:
 - Text data (primary feature)
 - Captures sentiment, emotions, and vocabulary
- Business Significance:
 - Text features are crucial for understanding the linguistic cues associated with stress.
 - Effective feature engineering can improve model performance and interpretability.
- Techniques:
 - Text Cleaning:
 - Removes irrelevant information (punctuation, stop words, hashtags).
 - Text Normalization:
 - Lowercases text for consistency.
 - TF-IDF Vectorization:
 - Converts text into numerical features representing word importance.



Deliver (2)

Machine Models Used

- **LinearSVC:** This is a linear support vector classifier used in the initial model. It is a good choice for text classification tasks due to its simplicity and efficiency.
- **LSTM (Long Short-Term Memory):** This is a recurrent neural network architecture used in the later model. LSTMs are well-suited for sequential data like text, as they can capture long-term dependencies between words.



Deliver (3)

Evaluation Metrics

- Accuracy: Measures the proportion of correct predictions made by the model.
- **Confusion Matrix:** Visualizes the number of correct and incorrect predictions for each class (stressful vs. non-stressful).
- Classification Report: Provides detailed information about the model's performance, including precision, recall, and F1-score for each class.
- **ROC AUC Score:** This metric is used for imbalanced datasets and measures the model's ability to distinguish between classes (AUC-ROC score closer to 1 indicates better performance).



Deliver (4)

Evaluation Metrics - Accuracy



Deliver (5)

Evaluation Metrics - Confusion Matrix



Deliver (6)

Evaluation Metrics - Classification Report



Deliver (7)

Evaluation Metrics - ROC AUC Score



Summary, Conclusions & Next Steps

- Summary
 - A brief recap of the presentation
- Conclusions
 - What has been achieved?
- Next steps
 - How can this project be developed further and implemented in real life?



Appendices



References

Data Source:

https://www.kaggle.com/datasets/mexwell/stress-detection-from-social-media-articles

Source Code:

https://github.com/jimmychong1983/SocialMediaStressDetection



Questions



Thank you End of Presentation



Case study: Home loans marketing

Results comparison and business case overview

Applying the model for Banking can lead to potential annual **revenue twice as big** as the current model.

Results overview

Baseline Full Feature Difference Model Model % of identified 32% 61% +29% applicants in top 10% **Potential** 627 x \$Y 1,200 x \$Y 573 x \$Y **Profit**

Business case overview based on the Final Model

Assumptions:

- Customer Value/year is \$1000
- ❖ Customer base = 1.4 million
- ❖ Top 10% = 140,000 customers
- 2.8% applicants over 2 years ie. 1.4% annually
- ❖ 1.4% applicants in top 10% = 1,960
- ❖ 61% identified to target = 1,200
- ❖ 32% identified to target = 627

Potential profit = $573 \times 1000 \simeq $500,000$ / year $\simeq 1.5 m over 3 years





Data Science and AI

Capstone Project

Harnessing NLP to Detect Stress in Social Media

Early Intervention for Mental Wellbeing



Capstone Project

- You are required to define, design and deliver a data science project towards the end of the course.
- Project milestones:
 - <date tbd> : present 3 ideas for the project
 - <date tbd> : decide on one option
 - <date tbd> : collect data
 - <date tbd> : present initial findings
 - <date tbd> : present an update
 - <date tbd> : Dry run of final presentation
 - <date tbd> : Present final report



What to present

- Business perspective
 - Business insights uncovered
 - Business scenarios for how the project can be deployed and used
 - Approach for estimating business value
- Technical perspective
 - Techniques used
 - Pipeline
 - Model validation results



Project evaluation criteria

The project is evaluated on the quality, clarity and completeness of the definition, design and delivery of the project.

- Definition (20%)
 - Business context, stakeholders and value
 - Data description, sources, quality
- Design (30%)
 - Data exploration, analysis and visualisation
 - Documentation: text document, presentation and Notebook
 - The project planning, effort allocation and next steps
- Delivery (50%)
 - Feature Engineering
 - Creation of an effective reproducible pipeline
 - Machine Learning model algorithms and accuracy
 - Overall end-to-end solution
 - Delivery of the presentation, poise and and interite engagement



Questions?



Presentation Skeleton

Applying data science in an industry project

